

NCHSAA 2A and 4A - 5/13/2026
Track & Field State Championships
NC A&T University Trusit Stadium
Performance List

Event 37 Girls Shot Put NCHSAA 4A

Wednesday 5/13/2026 - 10:00 AM

Meet Record: 51-03.50 2007

Kamorean Hayes, Harding Univ

Name	Year	School	Seed Mark
1 Alena Jimerson	11	R-S Central	41-08.00
2 Nylah Mitchell	10	Bunn	35-03.00
3 Sanaa Davis-Sutton	11	Eastern Wayne	33-09.00
4 Andrea Scarborough	12	East Duplin	33-06.00
5 Brennan Thomas	11	Uwharrie Charter Academy	33-03.00
6 Aliyah Abernathy	12	Morehead	33-01.00
7 Jaleesa Perry	9	Nash Central	32-10.00
8 Alexis Vaughn	12	Randleman	32-08.25
9 Samora Griffin	10	Brevard	32-04.00
10 Whitney Griffis	12	Cummings, Hugh M.	32-04.00
11 Shadae Davis-Sutton	10	Eastern Wayne	32-02.00
12 Zihanna Lightfoot	12	North Pitt	32-02.00
13 Chloe Henson	12	Ashe County	31-09.00
14 Amaysa Gard	10	Bandys	31-06.00
15 Taylor Hopper	10	Morehead	31-03.00
16 Jayla Williams	12	Nash Central	30-05.00

Event 38 Boys Shot Put NCHSAA 4A

Wednesday 5/13/2026 - 10:00 AM

Meet Record: 64-03.75 2022

Spencer Williams, Davie County

Name	Year	School	Seed Mark
1 Jude Tilley	11	Ashe County	52-04.50
2 Jayden Whitaker	12	Nash Central	50-09.00
3 Emmanuel Miller	12	West Craven High	50-08.00
4 Izaiah Troxler	12	Randleman	50-01.25
5 Bryson Church	12	East Burke	49-01.00
6 Korieonta Williams	12	Eastern Wayne	48-08.00
7 Kameron Tucker	12	Nash Central	47-08.00
8 Micah Long	11	West Stokes	46-07.50
9 Anthony Best	11	Eastern Wayne	46-00.00
10 Henry Casey	12	Lake Norman Charter School	45-09.00
11 Kamarion McBryde	12	Red Springs	45-08.00
12 Roan Looman	11	Pisgah	44-11.00
13 Gabriel Metcalf	11	East Burke	44-03.50
14 Tamarius Brown	12	Red Springs	43-07.00
15 Omari Graham	11	West Stokes	42-11.75
16 Aiden Carter	12	Central Davidson	42-03.50

Event 39 Girls Discus Throw NCHSAA 4A

Wednesday 5/13/2026 - 10:00 AM

Meet Record: 159-01 2014

Bryanna Hames, Myers Park

Name	Year	School	Seed Mark
1 Alena Jimerson	11	R-S Central	140-09
2 Zihanna Lightfoot	12	North Pitt	116-02
3 Dakota Peterman	12	Ashe County	112-00
4 Leah Grace Whitt	11	West Stokes	110-07
5 Georgia Crowder	12	Tuscola	107-00

NCHSAA 2A and 4A - 5/13/2026
Track & Field State Championships
NC A&T University Trusit Stadium
Performance List

Event 39 ... (Girls Discus Throw NCHSAA 4A)

	Name	Year	School	Seed Mark
6	Nylah Mitchell	10	Bunn	102-03
7	Andrea Scarborough	12	East Duplin	102-03
8	Ka'Mariya Gandy	11	Southwest Edgecombe	102-00
9	Leilany Hernandez	12	First Flight	99-03
10	Abigail Miller	11	Ashe County	98-06
11	Brennan Thomas	11	Uwharrie Charter Academy	98-02
12	Chloe Henson	12	Ashe County	96-07
13	Laila Carter	11	Clinton High School	94-05.50
14	Aniyah Gilbert	11	Washington	93-00
15	Ellie Schell	10	West Stokes	90-10
16	Aliyah Abernathy	12	Morehead	89-07

Event 40 Boys Discus Throw NCHSAA 4A

Wednesday 5/13/2026 - 10:00 AM

Meet Record: 198-09 5/17/2024

Gates Hinton, Fuquay-Varin

	Name	Year	School	Seed Mark
1	Korieonta Williams	12	Eastern Wayne	170-02
2	Emmanuel Miller	12	West Craven High	156-07.50
3	Kameron Tucker	12	Nash Central	152-04.50
4	Henry Casey	12	Lake Norman Charter School	148-00
5	Jude Tilley	11	Ashe County	147-02
6	Sam Hess	11	Ashe County	142-02
7	Justin Medlin	11	Anson	142-00
8	Keonte Brunson	12	Reidsville	140-00
9	Walker Wyatt	11	Mount Pleasant	137-08
10	Shawn Davis	12	East Duplin	136-01
11	Aiden Carter	12	Central Davidson	135-10
12	Omari Graham	11	West Stokes	134-08
13	Izaiah Troxler	12	Randleman	134-01
14	Tamarius Brown	12	Red Springs	131-04
15	Roan Looman	11	Pisgah	130-03
16	Jahiem Barnes	9	Wilkes Central	126-09

Event 41 Girls Long Jump NCHSAA 4A

Wednesday 5/13/2026 - 10:00 AM

Meet Record: 21-07 1976

Kathy McMillan, Hoke County

	Name	Year	School	Seed Mark
1	D'Anna Cotton	12	Cummings, Hugh M.	20-07.00
2	Diamond Moore	12	Cummings, Hugh M.	19-02.75
3	Avariah Bryant	10	Eastern Wayne	18-07.50
4	Kaili Payne	10	Cummings, Hugh M.	18-06.50
5	Kayden Leggett	11	Lake Norman Charter School	17-06.50
6	Destini Spencer	12	Washington	17-05.00
7	Kaliyah Pollard	11	Mount Pleasant	16-03.50
8	Grace Hodge	11	Burns	16-01.50
9	Emma Ryan	9	First Flight	16-01.00
10	Sarah Rhinehart	12	Pisgah	16-00.00
11	Alaysia Caraway	12	Anson	16-00.00
12	Gracie Finley	12	Ashe County	15-11.75
13	Mika Langdon	12	Bandys	15-11.50

NCHSAA 2A and 4A - 5/13/2026
Track & Field State Championships
NC A&T University Trusit Stadium
Performance List

Event 41 ... (Girls Long Jump NCHSAA 4A)

	Name	Year	School	Seed Mark
14	A'Noah Henderson	11	Lexington	15-09.25
15	Jada Harris	11	Eastern Wayne	15-07.50
16	Harmony Dupree	9	Nash Central	15-06.50

Event 42 Boys Long Jump NCHSAA 4A

Wednesday 5/13/2026 - 10:00 AM

Meet Record: 24-10.50 2001

AJ Davis, Northern Durham

	Name	Year	School	Seed Mark
1	Ryker Atkinson	12	Lake Norman Charter School	22-11.00
2	Taquan Ellerbe	12	Red Springs	22-09.50
3	Derrick Reid Jr	12	Carver	22-05.00
4	Tiquavious Sivels	10	Southwest Edgecombe	22-01.00
5	Mike Hiatt	12	North Surry	21-11.75
6	Kamarian Spell	11	Nash Central	21-11.50
7	Kamarie Hadley	12	Jordan-Matthews	21-08.75
8	Zion Horne-Harris	10	Southwest Edgecombe	21-08.00
9	Elijah Sellers	11	Anson	21-06.75
10	Fareed Ray	11	Randleman	21-05.00
11	Clifton Kearney	12	Bunn	21-01.00
12	Bobby Hawkins	12	Roanoke Rapids	21-00.75
13	Grady Beam	11	Hibriten	20-05.75
14	Justice Haggins	12	Bunker Hill	20-02.50
15	Jhamyrius Maddox	12	Stuart W. Cramer	19-11.50
16	Jax Lambert	12	Bandys	19-10.50

Event 43 Girls Triple Jump NCHSAA 4A

Wednesday 5/13/2026 - 10:00 AM

Meet Record: 41-03.50 5/17/2024

Kori Randle, Garner

	Name	Year	School	Seed Mark
1	D'Anna Cotton	12	Cummings, Hugh M.	40-03.00
2	Kaili Payne	10	Cummings, Hugh M.	36-11.50
3	Diamond Moore	12	Cummings, Hugh M.	36-06.00
4	Kyah Davis	10	Anson	35-04.00
5	Jazrion Wilson	10	Hibriten	33-11.00
6	Kayden Leggett	11	Lake Norman Charter School	33-10.00
7	Bailey Osborne	12	Wilkes Central	33-04.25
8	Cora Hogan	12	Tuscola	32-11.00
9	Janiyah Brooks	11	Randleman	32-09.75
10	Mika Langdon	12	Bandys	32-07.00
11	Alexis Ford	12	East Gaston	32-04.00
12	Georgia Moffitt	11	West Stanly	32-03.75
13	Kate Bivens	10	Wilkes Central	32-03.50
14	Sarabeth Bradley	9	East Burke	32-02.00
15	Trinity Sellers	12	Anson	32-01.25
16	Perez Juanita	10	Jordan-Matthews	28-03.00

NCHSAA 2A and 4A - 5/13/2026
Track & Field State Championships
NC A&T University Trusit Stadium
Performance List

Event 44 Boys Triple Jump NCHSAA 4A

Wednesday 5/13/2026 - 10:00 AM

Meet Record: 51-05.50 1977

Greg Artis, Fike

Name	Year	School	Seed Mark
1 Jazai Cassidy	12	Randleman	44-10.00
2 Mason Anderson	11	Lake Norman Charter School	44-07.00
3 Kamarie Hadley	12	Jordan-Matthews	42-10.00
4 Kamarian Spell	11	Nash Central	41-09.00
5 Tavion Peterson	12	Morehead	41-06.00
6 Jaden Ide	11	Eastern Wayne	41-04.00
7 Elijah Sellers	11	Anson	41-03.50
8 Grady Beam	11	Hibriten	41-03.00
9 Dereon Miller	12	Eastern Wayne	41-02.00
10 Jaelynn Dukes	11	Wilkes Central	41-01.00
11 Cody Brigman	12	Roanoke Rapids	40-08.00
12 Naxary Johnson	11	Red Springs	40-08.00
13 Joshua Hicks	12	East Burke	40-07.50
14 Bryce Lockamy	11	West Stanly	40-06.25
15 Khean Sor	10	Central Davidson	40-02.50
16 Cameron Ruff	12	Bunker Hill	39-11.00

Event 45 Girls High Jump NCHSAA 4A

Wednesday 5/13/2026 - 10:00 AM

Meet Record: 6-00.25 2018

Morgan Smalls, Panther Creek

Name	Year	School	Seed Mark
1 Ajah Carr	11	West Stanly	5-02.00
2 Amaysa Gard	10	Bandys	5-02.00
3 Maddie Beatson	9	First Flight	5-01.00
4 Tamiya Boone	11	Eastern Wayne	5-01.00
5 Ginny Claffey	10	Carrboro	5-01.00
6 Sienna Black	9	First Flight	5-01.00
7 Mika Langdon	12	Bandys	5-00.00
8 Olivia White	9	Morehead	5-00.00
9 Jamilah Ausborne	11	Lexington	4-10.00
10 Izzy Smith	11	Ledford	4-10.00
11 Savannah Price	11	East Gaston	4-08.00
12 Camille Siscoe	9	South Rowan	4-08.00
13 Phoenix Everett	11	Clinton High School	4-08.00
14 Kate Bivens	10	Wilkes Central	4-08.00
15 Bailey Osborne	12	Wilkes Central	4-08.00
16 Aubrie Lovett	12	Central Davidson	4-08.00

Event 46 Boys High Jump NCHSAA 4A

Wednesday 5/13/2026 - 10:00 AM

Meet Record: 7-02 2002

Jesse Williams, Broughton

Name	Year	School	Seed Mark
1 Jamius Montgomery	11	Central Davidson	6-04.00
2 Bobby Hawkins	12	Roanoke Rapids	6-02.00
3 TyeKavian Griffin	10	Brevard	6-02.00
4 Zach Lynch	10	Nash Central	6-02.00
5 Valensky Louis	11	Eastern Wayne	6-02.00

NCHSAA 2A and 4A - 5/13/2026
Track & Field State Championships
NC A&T University Trusit Stadium
Performance List

Event 46 ... (Boys High Jump NCHSAA 4A)

	Name	Year	School	Seed Mark
6	Treykevion Pittman	11	North Pitt	6-00.00
7	Jeremiah Faison	12	Eastern Wayne	6-00.00
8	Alonzo Adderton	12	Central Davidson	6-00.00
9	Timothy Mehalic	12	Newton-Conover	6-00.00
10	Ali Flow	11	East Duplin	6-00.00
11	Sean Taylor	11	Ledford	6-00.00
12	Isaac Hazen	12	Forbush	6-00.00
13	Marlon Williams	9	Central Davidson	5-10.00
14	Ethan Hagans	12	East Gaston	5-10.00
15	Sawyer Greene	12	Ashe County	5-10.00
16	Logan DeBoard	9	Ashe County	5-10.00

Event 47 Girls Pole Vault NCHSAA 4A**Wednesday 5/13/2026 - 10:00 AM****Meet Record: 13-03 2018****Lindsay Absher, West Forsyth**

	Name	Year	School	Seed Mark
1	Gracie Finley	12	Ashe County	10-06.00
2	Addisun Eckard	9	Forbush	9-00.00
3	Christiana Lynch	12	Nash Central	8-06.00
4	Kaylin Foster	12	Bandys	8-06.00
5	Jordan Auldredge	12	East Burke	8-06.00
6	A'Dia Cash	9	Nash Central	8-06.00
7	Zoey Overholzer	11	Bandys	8-00.00
8	Ana Brown	12	Forbush	8-00.00
9	Abby Ausborn	12	West Stokes	8-00.00
10	Millie McGee	12	West Stokes	7-06.00
11	Sophia Hatfield	9	Bunker Hill	7-00.00
12	Caroline Molesa	9	West Stokes	7-00.00
13	Avery Milner	9	R-S Central	7-00.00
14	Natalyah Lawrence		Pisgah	6-00.00

Event 48 Boys Pole Vault NCHSAA 4A**Wednesday 5/13/2026 - 10:00 AM****Meet Record: 16-02 2019****Spencer Evans, Lake Norman**

	Name	Year	School	Seed Mark
1	Isaac Hazen	12	Forbush	12-00.00
2	Liam Kopf	12	Nash Central	12-00.00
3	Kolter Rollins	10	Ashe County	11-06.00
4	Logan Mauro	10	Central Academy of Technology	11-06.00
5	Kyro Stancil	11	Wilkes Central	11-06.00
6	Justice Anderson	12	Bandys	11-06.00
7	Kamden Rowell	11	South Rowan	11-06.00
8	Ethan Lonca	11	Bunker Hill	11-00.00
9	Triston Billings	12	Central Davidson	11-00.00
10	Matthew Bowman	12	Randleman	11-00.00
11	Cole Knox	10	West Stokes	11-00.00
12	Wade James	10	Bandys	11-00.00
13	Collin Henson	11	R-S Central	10-00.00
14	Jarrell Brown	9	Nash Central	8-00.00

**NCHSAA 2A and 4A - 5/13/2026
Track & Field State Championships
NC A&T University Trusit Stadium
Performance List**

Event 49 Girls 4x800 Meter Relay NCHSAA 4A

Wednesday 5/13/2026 - 10:00 AM

Meet Record: 9:01.84 2023

**Cuthbertson, Cuthbertson
J Preisano, J Schihl, S Kermes, C Bell**

	Team	Relay	Seed Time
1	West Stokes	A	9:44.88
2	Lake Norman Charter School	A	9:46.27
3	Tuscola	A	9:53.07
4	Lincoln Charter	A	10:06.49
5	Wilkes Central	A	10:08.21
6	Brevard	A	10:12.49
7	East Duplin	A	10:32.97
8	West Stanly	A	10:39.74
9	Carrboro	A	10:49.52
10	First Flight	A	10:54.66
11	South Rowan	A	10:56.51
12	East Gaston	A	11:07.91
13	Forbush	A	11:16.20
14	Nash Central	A	11:23.49
15	Central Davidson	A	11:25.40
16	Pisgah	A	11:27.33

Event 50 Boys 4x800 Meter Relay NCHSAA 4A

Wednesday 5/13/2026 - 10:00 AM

Meet Record: 7:38.83 2016

**Green Hope, Green Hope
M Kehn, I Delgado, J Williams, H Pehr**

	Team	Relay	Seed Time
1	Hibriten	A	8:18.97
2	Carrboro	A	8:23.21
3	Central Davidson	A	8:26.56
4	Lake Norman Charter School	A	8:29.31
5	Wilkes Central	A	8:31.16
6	Salisbury	A	8:32.15
7	Bandys	A	8:35.42
8	West Stanly	A	8:37.35
9	Central Academy of Technology	A	8:41.18
10	First Flight	A	8:41.56
11	West Stokes	A	8:42.38
12	East Henderson	A	8:44.97
13	North Johnston	A	8:45.58
14	Lincoln Charter	A	8:46.47
15	East Duplin	A	8:50.07
16	Nash Central	A	9:01.70

Event 51 Girls 100 Meter Hurdles NCHSAA 4A Prelims

Wednesday 5/13/2026 - 10:00 AM

Meet Record: 13.44 2015

**Ebony Williams, Parkland
Year School**

	Name	Year School	Seed Time
1	D'Anna Cotton	12 Cummings, Hugh M.	13.80
2	Kaili Payne	10 Cummings, Hugh M.	14.12
3	Honesti Trollinger	11 Cummings, Hugh M.	14.42

NCHSAA 2A and 4A - 5/13/2026
Track & Field State Championships
NC A&T University Trusit Stadium
Performance List

Event 51 ... (Girls 100 Meter Hurdles NCHSAA 4A Prelims)

	Name	Year	School	Seed Time
4	Janiyah Little	12	Washington	14.89
5	Raelle Brown	12	Bandys	15.22
6	Sa'rai Bivens	11	T.W. Andrews	15.38
7	Molly Mayes	12	Central Academy of Technology	15.69
8	Annie Bailey	11	West Iredell	15.69
9	Taliyah Freeman	10	Salisbury	15.74
10	Joselyn Boyd	12	T.W. Andrews	15.94
11	Keynai Ambers	12	Salisbury	16.06
12	Kyah Davis	10	Anson	16.08
13	Olivia Powell	12	Pisgah	16.12
14	Kayla Lee	11	Carver	16.55
15	Kate Champion	11	Lake Norman Charter School	17.09
16	Ashanti Williams	12	Bandys	17.91

Event 52 Boys 110 Meter Hurdles NCHSAA 4A Prelims

Wednesday 5/13/2026 - 10:00 AM

Meet Record: 13.51 2008 Spencer Williams, Butler

	Name	Year	School	Seed Time
1	Jeremiah Faison	12	Eastern Wayne	13.45
2	Ja'Mir Fowler	11	Eastern Wayne	14.31
3	Christian Fulton	10	T.W. Andrews	14.42
4	Jaden Gause-Hughes	12	Carver	14.47
5	Kendale Cook	12	East Burke	15.01
6	Leonard Wright	10	Stuart W. Cramer	15.31
7	Joshua Hicks	12	East Burke	15.39
8	Sawyer Greene	12	Ashe County	15.40
9	Marquise Hicks	11	North Johnston	15.66
10	Kameron Purcell	12	Reidsville	15.77
11	Bryson Monzingo	11	Clinton High School	15.79
12	Gabriel Harshman	12	West Iredell	15.79
13	Easton Edwards	12	Tuscola	15.84
14	Landon Joyner	11	Salisbury	15.91
15	Jackson Routh	11	Randleman	16.00
16	Branson Norris	12	East Duplin	16.04

Event 53 Girls 100 Meter Dash NCHSAA 4A Prelims

Wednesday 5/13/2026 - 10:00 AM

Meet Record: 11.43 2006 Gabby Mayo, SE Raleigh

	Name	Year	School	Seed Time
1	Valerie Gainey	10	T.W. Andrews	11.84
2	Cassidee Fraser	10	North Lenoir	11.86
3	Mariah Hoy	10	T.W. Andrews	12.05
4	Kailyn Campbell	11	Stuart W. Cramer	12.09
5	Renee Fitzpatrick	9	Eastern Wayne	12.19
6	Shekiya Woodruff	11	Salisbury	12.44
7	Jada Harris	11	Eastern Wayne	12.58
8	Da'Nya Respus-Hand	10	Southwest Onslow	12.59
9	Keira Rooney	12	Lake Norman Charter School	12.67
10	Nazaiah Hatfield	11	Cummings, Hugh M.	12.77
11	Janiyah Little	12	Washington	12.86

NCHSAA 2A and 4A - 5/13/2026
Track & Field State Championships
NC A&T University Trusit Stadium
Performance List

Event 53 ... (Girls 100 Meter Dash NCHSAA 4A Prelims)

	Name	Year	School	Seed Time
12	Kendall McFalls	11	East Burke	12.89
13	Rhylea Maness	12	Southwestern Randolph	12.90
14	Chloe Deans	10	North Johnston	13.03
15	McKenna Brock	10	Wilkes Central	13.12
16	Mahleah Champion	10	R-S Central	13.29

Event 54 Boys 100 Meter Dash NCHSAA 4A Prelims

Wednesday 5/13/2026 - 10:00 AM

Meet Record: 10.38 2016 Cravont Charleston, Mallard Creek

	Name	Year	School	Seed Time
1	Ryker Atkinson	12	Lake Norman Charter School	10.63
2	Qua'Zair Delee	10	Salisbury	10.73
3	Gavin Britcher	11	Eastern Wayne	10.80
4	Elijah Sellers	11	Anson	10.93
5	Zavier Davis	12	Southwest Onslow	10.93
6	Dallas Lilly	12	Anson	11.03
7	Jadyn Hicks	11	Bunn	11.08
8	Dorian Morgan	12	Lake Norman Charter School	11.11
9	Jeremiah Quarles	11	Lexington	11.13
10	Jesiah Rees	11	East Burke	11.22
11	Jayden Nolley	10	Stuart W. Cramer	11.24
12	Valensky Louis	11	Eastern Wayne	11.30
13	Isaiah Wilson	12	North Pitt	11.32
14	Brady Swett	12	Bandys	11.36
15	Zachariah Schweighardt	12	Newton-Conover	11.36
16	Lamarqua Watson	9	Bunker Hill	11.37

Event 55 Girls 4x200 Meter Relay NCHSAA 4A

Wednesday 5/13/2026 - 1:00 PM

Meet Record: 1:36.43 2015 Parkland, Parkland
M McNeill, E Williams, M Bryant, K Sherman

	Team	Relay	Seed Time
1	Eastern Wayne	A	1:42.35
2	T.W. Andrews	A	1:42.91
3	Cummings, Hugh M.	A	1:46.24
4	Anson	A	1:48.50
5	East Gaston	A	1:49.50
6	East Burke	A	1:49.99
7	Southwest Onslow	A	1:49.99
8	Southwest Edgecombe	A	1:50.51
9	Lexington	A	1:50.75
10	East Duplin	A	1:50.81
11	West Stokes	A	1:51.95
12	Fred T. Foard	A	1:52.76
13	North Johnston	A	1:52.99
14	R-S Central	A	1:53.00
15	Nash Central	A	1:53.46
16	Ledford	A	1:53.46

NCHSAA 2A and 4A - 5/13/2026
Track & Field State Championships
NC A&T University Trusit Stadium
Performance List

Event 56 Boys 4x200 Meter Relay NCHSAA 4A

Wednesday 5/13/2026 - 1:00 PM

Meet Record: 1:24.79 2023

Mallard Creek, Mallard Creek

J Lee, B Black, D Morrison, C Dixon

Team	Relay	Seed Time
1 Salisbury	A	1:29.27
2 Bunker Hill	A	1:29.45
3 Newton-Conover	A	1:29.72
4 T.W. Andrews	A	1:29.87
5 East Burke	A	1:30.31
6 West Craven High	A	1:30.48
7 Southwest Edgecombe	A	1:31.65
8 Reidsville	A	1:31.81
9 Eastern Wayne	A	1:31.95
10 Southwest Onslow	A	1:32.42
11 Hibriten	A	1:32.51
12 North Johnston	A	1:32.62
13 R-S Central	A	1:32.68
14 Bunn	A	1:32.87
15 Anson	A	1:33.09
16 Fred T. Foard	A	1:33.42

Event 57 Girls 1600 Meter Run NCHSAA 4A

Wednesday 5/13/2026 - 1:00 PM

Meet Record: 4:38.92 5/17/2024

Charlotte Bell, Cuthbertson

Name	Year	School	Seed Time
1 Aimery Coffey	10	Lake Norman Charter School	5:12.51
2 Julia Wells	11	Tuscola	5:24.62
3 Kayla Folkes	11	First Flight	5:26.38
4 Ryley Bowles	12	West Stokes	5:26.70
5 Kiah Smith	9	First Flight	5:26.81
6 Piper Mathis	10	West Stokes	5:28.84
7 Ava Redies	10	Wilkes Central	5:30.00
8 Alora Honeycutt	12	Carrboro	5:30.78
9 Emma Nelson	10	Lake Norman Charter School	5:34.05
10 Naomi Hirsch	11	Carrboro	5:34.98
11 Lorelai Reeb	11	Lincoln Charter	5:36.46
12 Emily Drumheller	9	First Flight	5:36.90
13 Veronica Jacques	10	Brevard	5:39.10
14 Mikayla Freeland	11	Lake Norman Charter School	5:39.49
15 Addie Rutterford	10	East Henderson	5:42.16
16 Millie McGee	12	West Stokes	5:49.42

Event 58 Boys 1600 Meter Run NCHSAA 4A

Wednesday 5/13/2026 - 1:00 PM

Meet Record: 4:04.38 2006

Jack Bolas, Chapel Hill

Name	Year	School	Seed Time
1 Keaton Campbell	11	Brevard	4:29.37
2 Morgan Woodard	9	Wilkes Central	4:30.26
3 Silas Hardin	11	Pisgah	4:30.74
4 Bryan Morrison	11	West Stokes	4:31.73

NCHSAA 2A and 4A - 5/13/2026
Track & Field State Championships
NC A&T University Trusit Stadium
Performance List

Event 58 ... (Boys 1600 Meter Run NCHSAA 4A)

	Name	Year	School	Seed Time
5	Adlai Berryman	10	First Flight	4:32.45
6	Bryant Moore	11	West Iredell	4:32.83
7	Blake Fink	10	Morehead	4:34.11
8	Luke Jacobi	10	West Stanly	4:34.45
9	Shane Fitzgerald	9	Carrboro	4:35.46
10	Elijah Baker	12	East Burke	4:36.06
11	Carter Hunt	10	Carrboro	4:37.71
12	Ethan Overby	11	South Rowan	4:38.07
13	Deacon Parker	12	First Flight	4:41.90
14	Benjamin Frederick	12	Carrboro	4:42.68
15	Eli Nickless	11	West Stokes	4:44.44
16	Landon Thomas	11	Central Academy of Technology	4:48.59

Event 59 Girls 4x100 Meter Relay NCHSAA 4A

Wednesday 5/13/2026 - 1:00 PM

Meet Record: 46.11 2019

SE Raleigh, SE Raleigh

J Jart, K Robinson, A Judd, T Outlaw

	Team	Relay	Seed Time
1	Eastern Wayne	A	48.79
2	Cummings, Hugh M.	A	49.03
3	Pisgah	A	49.57
4	T.W. Andrews	A	49.77
5	Washington	A	50.19
6	Lake Norman Charter School	A	50.60
7	North Lenoir	A	50.74
8	Anson	A	51.09
9	Lexington	A	51.31
10	Salisbury	A	51.76
11	Bandys	A	51.76
12	R-S Central	A	52.41
13	East Gaston	A	53.08
14	Hibriten	A	53.12
15	Maiden High	A	53.32
16	Lincoln Charter	A	53.34

Event 60 Boys 4x100 Meter Relay NCHSAA 4A

Wednesday 5/13/2026 - 1:00 PM

Meet Record: 40.66 5/17/2024

Parkland Magnet IB, Parkland Mag

K Mack, A Hughes Jr, J Bacote, M Walker

	Team	Relay	Seed Time
1	Lake Norman Charter School	A	42.52
2	Eastern Wayne	A	42.69
3	Bandys	A	42.99
4	Anson	A	43.23
5	Salisbury	A	43.41
6	Reidsville	A	43.45
7	Carver	A	43.65
8	Newton-Conover	A	43.98
9	Southwest Onslow	A	44.11
10	Southwest Edgecombe	A	44.19

NCHSAA 2A and 4A - 5/13/2026
Track & Field State Championships
NC A&T University Trusit Stadium
Performance List

Event 60 ... (Boys 4x100 Meter Relay NCHSAA 4A)

	Team	Relay	Seed Time
11	West Craven High	A	44.31
12	Bunn	A	44.44
13	East Duplin	A	44.54
14	R-S Central	A	44.58
15	Red Springs	A	44.59
16	Hibriten	A	44.66

Event 61 Girls 400 Meter Dash NCHSAA 4A

Wednesday 5/13/2026 - 1:00 PM

Meet Record: 52.32 2022

Shawnti Jackson, Wakefield

	Name	Year	School	Seed Time
1	Avariah Bryant	10	Eastern Wayne	58.51
2	Kendall McFalls	11	East Burke	59.21
3	Khloe Collins	10	Pisgah	59.56
4	Kayla Folkes	11	First Flight	1:01.11
5	Essence Davis	11	Anson	1:01.16
6	Payton Baker	11	East Gaston	1:01.31
7	Giovanna Gunnells	9	First Flight	1:01.79
8	Elise Riera-Gomez	12	Tuscola	1:02.27
9	Mikayla Taylor	12	Wilkes Central	1:02.56
10	Victoria Shushlyakova	11	West Stanly	1:02.77
11	Emma Zimmerman	9	West Stokes	1:02.93
12	Kita Torrence	11	Lexington	1:03.11
13	A'Dia Cash	9	Nash Central	1:03.26
14	Aaralyn Pollay	11	West Stokes	1:03.63
15	Sienna Black	9	First Flight	1:03.79
16	Phoenix Everett	11	Clinton High School	1:04.32

Event 62 Boys 400 Meter Dash NCHSAA 4A

Wednesday 5/13/2026 - 1:00 PM

Meet Record: 46.20 5/17/2024

Cashmere James, New Hanover

	Name	Year	School	Seed Time
1	Datavian Gaither	11	Bunker Hill	48.96
2	Ethan Dixon	12	Lake Norman Charter School	50.03
3	Alex Lutz	12	First Flight	50.06
4	Jayden Nolley	10	Stuart W. Cramer	50.16
5	Samuel Fatovic	11	Salisbury	50.77
6	Elijah Dula	12	Hibriten	50.80
7	Gavin Finchem	11	First Flight	51.51
8	Grant Miller	10	Mount Pleasant	51.52
9	Jaden Ide	11	Eastern Wayne	51.64
10	Timothy Parsons	12	Central Academy of Technology	51.89
11	Kaiden Mabe	11	Southwestern Randolph	52.16
12	Elijah Asare	11	Salisbury	52.21
13	Aaiyden Swepson	10	R-S Central	52.22
14	Bryson Nall	12	Randleman	52.23
15	Tristan Rutterford	12	East Henderson	52.51
16	Kyree Moore	10	North Pitt	53.08

NCHSAA 2A and 4A - 5/13/2026
Track & Field State Championships
NC A&T University Trusit Stadium
Performance List

Event 63 Girls 300 Meter Hurdles NCHSAA 4A

Wednesday 5/13/2026 - 1:00 PM

Meet Record: 41.10 5/17/2024 Joslyn Hamilton, Rolesville H

	Name	Year	School	Seed Time
1	Raelle Brown	12	Bandys	45.34
2	D'Anna Cotton	12	Cummings, Hugh M.	45.76
3	Annie Bailey	11	West Iredell	46.33
4	Olivia Powell	12	Pisgah	46.67
5	Kaili Payne	10	Cummings, Hugh M.	46.88
6	Honesti Trollinger	11	Cummings, Hugh M.	47.32
7	Kate Champion	11	Lake Norman Charter School	47.35
8	Janiyah Little	12	Washington	47.99
9	Kyah Davis	10	Anson	48.24
10	Sa'rai Bivens	11	T.W. Andrews	48.28
11	Molly Mayes	12	Central Academy of Technology	48.42
12	Khamya Woods	10	Jordan-Matthews	50.46
13	Gracie Smith	10	East Burke	51.09
14	Jakayla Carr	11	East Duplin	51.33
15	Kemora Turner-Williams	11	T.W. Andrews	51.38
16	Mia Parker	9	Forbush	51.91

Event 64 Boys 300 Meter Hurdles NCHSAA 4A

Wednesday 5/13/2026 - 1:00 PM

Meet Record: 36.04 2007 Spencer Adams, Butler

	Name	Year	School	Seed Time
1	Derrick Reid Jr	12	Carver	38.30
2	Jeremiah Faison	12	Eastern Wayne	39.12
3	Christian Fulton	10	T.W. Andrews	39.19
4	Jaden Gause-Hughes	12	Carver	39.64
5	Kendale Cook	12	East Burke	40.69
6	Yadiel Zayas	12	Jordan-Matthews	41.41
7	ahmir nelson	10	Nash Central	41.94
8	Cooper White	11	Brevard	42.17
9	Zachary Ball	12	East Duplin	42.21
10	Dontarius Roberson	12	North Pitt	42.23
11	Landon Joyner	11	Salisbury	42.24
12	Brayden Mauney	11	Bandys	42.37
13	Easton Edwards	12	Tuscola	42.51
14	Timothy Putman	12	Red Springs	42.88
15	Giovanni Real	12	Forbush	42.93
16	Trip Sage	12	Ledford	43.03

Event 65 Girls 800 Meter Run NCHSAA 4A

Wednesday 5/13/2026 - 1:00 PM

Meet Record: 2:07.78 2021 Sanu Jallow, W. Mecklenburg

	Name	Year	School	Seed Time
1	Olivia Arnold	12	Tuscola	2:16.84
2	Maddie Galloway	11	Brevard	2:24.43
3	Kayla Folkes	11	First Flight	2:26.10
4	Hadley Merritt	9	Brevard	2:28.06
5	Kiah Smith	9	First Flight	2:28.17

NCHSAA 2A and 4A - 5/13/2026
Track & Field State Championships
NC A&T University Trusit Stadium
Performance List

Event 65 ... (Girls 800 Meter Run NCHSAA 4A)

	Name	Year	School	Seed Time
6	Emma Hayes	9	Wilkes Central	2:28.77
7	Katie Smith	11	Tuscola	2:29.24
8	Mary Caroline Williams	11	Lake Norman Charter School	2:29.63
9	Chloe Shiffert	10	West Stokes	2:29.97
10	Abby Maxwell	11	West Stokes	2:30.28
11	Anamarie Rodriguez	11	East Duplin	2:30.93
12	Emily Drumheller	9	First Flight	2:31.39
13	Daianah Racziu	12	Lake Norman Charter School	2:31.85
14	Makenna Barham	10	South Rowan	2:32.15
15	Eve Lloyd	9	Carrboro	2:33.68
16	Naomi Hirsch	11	Carrboro	2:33.85

Event 66 Boys 800 Meter Run NCHSAA 4A

Wednesday 5/13/2026 - 1:00 PM

Meet Record: 1:51.39 1980

Greg Roseboro, Hillside

	Name	Year	School	Seed Time
1	Samuel Fatovic	11	Salisbury	1:59.43
2	Bryant Moore	11	West Iredell	2:00.27
3	Adlai Berryman	10	First Flight	2:00.55
4	Lukas Sanderlin	12	Hibriten	2:01.33
5	Brock Walker	11	Burns	2:02.03
6	Hampton Garrido	12	Mount Pleasant	2:02.11
7	Benjamin Horton	12	Carrboro	2:02.13
8	Ian Sanderlin	11	Hibriten	2:03.83
9	Jeremiah Hull	11	Lake Norman Charter School	2:04.01
10	Carter Hunt	10	Carrboro	2:04.20
11	Kyler Whitener	12	Bunker Hill	2:04.60
12	Theo Kiousis	9	First Flight	2:05.02
13	Jacob Byrd	12	Central Davidson	2:05.28
14	Benjamin Lovelady	9	Carrboro	2:05.32
15	Ethan Overby	11	South Rowan	2:06.07
16	Timothy Earp	9	North Johnston	2:06.31

Event 67 Girls 200 Meter Dash NCHSAA 4A

Wednesday 5/13/2026 - 1:00 PM

Meet Record: 23.06 2021

Shawnti Jackson, Wakefield

	Name	Year	School	Seed Time
1	Cassidee Fraser	10	North Lenoir	24.62
2	Kailyn Campbell	11	Stuart W. Cramer	24.77
3	Valerie Gainey	10	T.W. Andrews	24.85
4	Diamond Edwards	11	Eastern Wayne	25.41
5	Shekiya Woodruff	11	Salisbury	25.81
6	Mariah Hoy	10	T.W. Andrews	26.18
7	Bailey Conner	12	Pisgah	26.23
8	Avariah Bryant	10	Eastern Wayne	26.53
9	Aiyana Neilly	10	Graham	26.54
10	Keira Rooney	12	Lake Norman Charter School	26.62
11	Da'Nya Respus-Hand	10	Southwest Onslow	26.93
12	Destini Spencer	12	Washington	27.24
13	Chloe Burton	10	Lake Norman Charter School	27.25

NCHSAA 2A and 4A - 5/13/2026
Track & Field State Championships
NC A&T University Trusit Stadium
Performance List

Event 67 ... (Girls 200 Meter Dash NCHSAA 4A)

	Name	Year	School	Seed Time
14	Taliyah Freeman	10	Salisbury	27.29
15	Mya Johnson	10	West Iredell	27.58
16	Ari Miller	9	Bandys	27.75

Event 68 Boys 200 Meter Dash NCHSAA 4A

Wednesday 5/13/2026 - 1:00 PM

Meet Record: 20.61 2005 J-Mee Samuels, Mount Tabor

	Name	Year	School	Seed Time
1	Qua'Zair Delee	10	Salisbury	22.12
2	Gavin Britcher	11	Eastern Wayne	22.22
3	Ryker Atkinson	12	Lake Norman Charter School	22.22
4	Ethan Dixon	12	Lake Norman Charter School	22.32
5	Zavier Davis	12	Southwest Onslow	22.51
6	Xavier Cuthbertson	11	West Craven High	22.52
7	Jayden Nolley	10	Stuart W. Cramer	22.57
8	Jeremiah Quarles	11	Lexington	22.74
9	Kendale Cook	12	East Burke	22.85
10	Christion McNeely	11	Salisbury	22.87
11	Dorian Morgan	12	Lake Norman Charter School	22.91
12	Khazon Hunter	9	South Rowan	22.92
13	Zachariah Schweighardt	12	Newton-Conover	22.93
14	Christian Fulton	10	T.W. Andrews	23.02
15	Jesiah Rees	11	East Burke	23.25
16	Alex Lutz	12	First Flight	23.26

Event 69 Girls 3200 Meter Run NCHSAA 4A

Wednesday 5/13/2026 - 1:00 PM

Meet Record: 10:08.64 2023 Mary Bonner Dalton, Myers Park

	Name	Year	School	Seed Time
1	Morgan Miller	12	First Flight	10:47.83
2	Kiah Smith	9	First Flight	11:17.67
3	Aimery Coffey	10	Lake Norman Charter School	11:32.92
4	Ava Redies	10	Wilkes Central	11:38.68
5	Alora Honeycutt	12	Carrboro	11:53.49
6	Madalynn Gulledege	12	South Rowan	12:04.07
7	Rachel Bower	11	Central Davidson	12:05.33
8	Lillian Reeb	11	Lincoln Charter	12:11.17
9	Piper Mathis	10	West Stokes	12:18.23
10	Kylie Campbell	10	Brevard	12:20.88
11	Mikayla Freeland	11	Lake Norman Charter School	12:23.52
12	Ryley Bowles	12	West Stokes	12:39.29
13	Addie Rutterford	10	East Henderson	12:39.53
14	Quinn Wisecarver	9	First Flight	12:41.54
15	Lillian Lagarde	12	Carrboro	12:54.29
16	Rachel Brummer	12	Wilkes Central	12:57.19

NCHSAA 2A and 4A - 5/13/2026
Track & Field State Championships
NC A&T University Trusit Stadium
Performance List

Event 70 Boys 3200 Meter Run NCHSAA 4A

Wednesday 5/13/2026 - 1:00 PM

Meet Record: 8:58.04 2023**Jacob Laney, Porter Ridge**

Name	Year	School	Seed Time
1 Keaton Campbell	11	Brevard	9:49.38
2 Morgan Woodard	9	Wilkes Central	9:50.56
3 Bryant Moore	11	West Iredell	10:03.05
4 Silas Hardin	11	Pisgah	10:06.09
5 Bryan Morrison	11	West Stokes	10:12.13
6 Wade Benton	9	First Flight	10:12.95
7 Sean Reed	12	Bandys	10:14.75
8 Luke Jacobi	10	West Stanly	10:22.41
9 Dylan Ferguson	10	First Flight	10:27.30
10 Elijah Baker	12	East Burke	10:28.25
11 Adlai Berryman	10	First Flight	10:29.01
12 Jayden Bobo	11	West Stanly	10:30.46
13 Logan Keasler	11	South Rowan	10:30.96
14 Oliver Flannick	11	Lincoln Charter	10:31.73
15 Adam Guffey	12	Lincoln Charter	10:43.26
16 Henry Lerner	11	Carrboro	10:47.20

Event 71 Girls 4x400 Meter Relay NCHSAA 4A

Wednesday 5/13/2026 - 1:00 PM

Meet Record: 3:44.84 2017**Hillside, Hillside****E Waters, A Johnson, A Bowdry, J Wright**

Team	Relay	Seed Time
1 Pisgah	A	4:04.23
2 First Flight	A	4:11.19
3 Tuscola	A	4:13.22
4 Bandys	A	4:14.41
5 West Stokes	A	4:16.34
6 Lake Norman Charter School	A	4:16.49
7 East Duplin	A	4:19.26
8 Wilkes Central	A	4:23.19
9 Cummings, Hugh M.	A	4:25.49
10 East Burke	A	4:26.67
11 Fred T. Foard	A	4:27.88
12 Lincoln Charter	A	4:28.81
13 Brevard	A	4:30.77
14 Nash Central	A	4:31.31
15 Lexington	A	4:31.99
16 Central Academy of Technology	A	4:33.52

Event 72 Boys 4x400 Meter Relay NCHSAA 4A

Wednesday 5/13/2026 - 1:00 PM

Meet Record: 3:12.87 2013**Knightdale, Knightdale****H Kiedy, B Freeman, M Johnson, M, Johnson**

Team	Relay	Seed Time
1 Lake Norman Charter School	A	3:29.11
2 Bandys	A	3:32.71
3 First Flight	A	3:32.98

NCHSAA 2A and 4A - 5/13/2026
Track & Field State Championships
NC A&T University Trusit Stadium
Performance List

Event 72 ... (Boys 4x400 Meter Relay NCHSAA 4A)

	Team	Relay	Seed Time
4	Southwest Edgecombe	A	3:33.63
5	Ledford	A	3:33.94
6	Eastern Wayne	A	3:34.02
7	West Craven High	A	3:34.22
8	Salisbury	A	3:34.46
9	Stuart W. Cramer	A	3:35.47
10	Roanoke Rapids	A	3:35.70
11	Wilkes Central	A	3:35.93
12	Carver	A	3:36.38
13	Carrboro	A	3:36.87
14	Morehead	A	3:37.78
15	Ashe County	A	3:38.10
16	North Pitt	A	3:38.90