

2026 NCHSAA 1A & 3A Track & Field State Championships - Meet Schedule

Thursday, May 14, 2026

North Carolina A&T University, Greensboro, NC

8:00 AM	Gates Open for Team (Rear Gates Only)
8:00 AM	Implement Inspection / Pole Vault Weight-Ins Begin (Vistor's side concourse)
8:30 AM	Gates Open for Sepctators - Main entrance only - NO spectators may enter at rear gate.
8:30 AM	Officials Meeting (Under Clerk's Tent at 200 Meter Start)
9:00 AM	Coaches Meeting (Under Clerk's Tent at 200 Meter Start)
9:20 AM	Mandatory Athlete Meeting (in turn 3 & 4 - Long Jump Area)

Implement Inspection Schedule

Discus

3A Girls Discus: Inspection closes at 9:15 am
 1A Girls Discus: Inspection closes at 11:15 am
 3A Boys Discus: Inspection closes at 1:15 pm
 1A Boys Discus: Inspection closes at 3:15 pm

Shot Put

1A Girls and Boys Shot: Inspection closes at 9:15 am
 3A Girls and Boys Shot: Inspection closes at 11:15 am

Pole Vulat Certification & Weight-ins Close 1 Hour Prior to the Event

1A & 3A Girls Pole Vault Certification & Weigh-ins closes at 9:15 am
 1A & 3A Boys Pole Vault Certification & Weigh-ins closes at 11:15 am

Field Event Order: All Field Events will have 1 Flight

Start Time	Field Event			
10:00 AM	LongJump	3A Girls	followed by	1A Girls
	Triple Jump	3A Girls	will follow	1A Girls Long Jump
	Triple Jump	1A Girls	will follow	3A Girls Triple Jump
10:00 AM	Long Jump	3A Boys	followed by	1A Boys
	Triple Jump	3A Boys	will follow	1A Boys Long Jump
	Triple Jump	1A Boys	will follow	3A Boys Triple Jump
10:00 AM	High Jump	1A Girls	Mat - A	Followed by 1A Boys High Jump
	High Jump	3A Girls	Mat - B	Followed by 3A Boys High Jump
10:00 AM	Pole Vault	1A Girls	Mat - A	Followed by 1A Boys Pole Vault
	Pole Vault	3A Girls	Mat - B	Followed by 3A Boys Pole Vault
10:00 AM	Shot Put	1A Girls	Pit - A	Followed by 3A Girls Shot Put
	Shot Put	1A Boys	Pit - B	Followed by 3A Boys Shot Put
10:00 AM	Discus	3A Girls		
	Discus	1A Girls		
	Discus	1A Boys		
	Discus	3A Boys		

10:00 AM - Morning Session Running Events: **SEMI-FINALS** - WE'RE ON A ROLLING SCHEDULE

<u>Time</u>	<u>Event</u>	<u>Class/Gender</u>		<u>Event</u>	<u>Class/Gen</u>
10:00 AM	100 M Hurdles	1A Girls	followed by	100 M Hurdles	3A Girls
	110 M Hurdles	1A Boys	followed by	110 M Hurdles	3A Boys
	100 M Dash	1A Girls	followed by	100 M Dash	1A Boys
	100 M Dash	3A Girls	followed by	100 M Dash	3A Boys
	3200 Relay Finals	1A Girls	followed by	3200 Relay Finals	1A Boys
	3200 Relay Finals	3A Girls	followed by	3200 Relay Finals	3A Boys
12:45 PM	National Anthem				

1:00 PM - Afternoon Session Running Events: **FINALS - WE'RE ON A ROLLING SCHEDULE**

<u>Time</u>	<u>Event</u>	<u>Class/Gender</u>		<u>Event</u>	<u>Class/Gen</u>
1:00 PM	100 M Hurdles	1A Girls	followed by	100 M Hurdles	3A Girls
	110 M Hurdles	1A Boys	followed by	110 M Hurdles	3A Boys
	100 M Dash	1A Girls	followed by	100 M Dash	1A Boys
	100 M Dash	3A Girls	followed by	100 M Dash	3A Boys
	800 M Relay	1A Girls	followed by	800 M Relay	1A Boys
	800 M Relay	3A Girls	followed by	800 M Relay	3A Boys
	1600 M Run	1A Girls	followed by	1600 M Run	3A Girls
	1600 M Run	1A Boys	followed by	1600 M Run	3A Boys
	400 M Relay	1A Girls	followed by	400 M Relay	1A Boys
	400 M Relay	3A Girls	followed by	400 M Relay	3A Boys
	400 M Dash	1A Girls	followed by	400 M Dash	3A Girls
	400 M Dash	1A Boys	followed by	400 M Dash	3A Boys

<u>Event</u>	<u>Class/Gender</u>		<u>Event</u>	<u>Class/Gen</u>
300 M Hurdles	1A Girls	followed by	300 M Hurdles	3A Girls
300 M Hurdles	1A Boys	followed by	300 M Hurdles	3A Boys
800 M Run	1A Girls	followed by	800 M Run	3A Girls
800 M Run	1A Boys	followed by	800 M Run	3A Boys
200 M Dash	1A Girls	followed by	200 M Dash	1A Boys
200 M Dash	3A Girls	followed by	200 M Dash	3A Boys
3200 M Run	1A Girls	followed by	3200 M Run	3A Girls
3200 M Run	1A Boys	followed by	3200 M Run	3A Boys
1600 M Relay	1A Girls	followed by	1600 M Relay	1A Boys
1600 M Relay	3A Girls	followed by	1600 M Relay	3A Boys