2026 Outdoor Track and Field Regional Site Information

Regional	Regional Date	Time	School	Location	Timer	Meet Director	Email
1A East	May 8, 2026	TBA	Wilson Prep	Wilson Prep	Clennie Wilkins	Clennie Wilkins / Daryl Woodard	clenniewilkins@gmail.com
							d.woodard@wilsonprpe.net
1A Central	May 9, 2026	10:00 AM	South Davidson	South Davidson	Foothills Timing	Robert Youtz / Josh Moses	joshuamoses@davidson.k12.nc.us
							126.ryoutz@nhaschools.com
1A West	May 8, 2026	10:00 AM	North Stokes	Montreat College	Foothills Timing	Rodney King	rodney.king@stokes.k12.nc.us
2A East	May 9, 2026	10:00 AM	Pamilco County High School	Pamilco County High School	XCELLERATED Timing	Debbie Bryant	Debra.Bryant@dodea.edu
2A Central	May 9, 2026	10:00 AM	South Davidson	South Davidson High School	Foothills Timing	Robert Youtz and Josh Moses	joshuamoses@davidson.k12.nc.us
							126.ryoutz@nhaschools.com
2A West	May 8, 2026	10:00 AM	Swain	Montreat College	Foothills Timing	Ian Roper	iroper@swainmail.org
3A East	May 9, 2026	10:00 AM	Kinston	Kinston	Start to Finish	Crystal Bryant	cbryant@lenoir.k12.nc.us
3A Central	May 8, 2026	10:00 AM	TW Andrews	High Point Athletic Complex	Rhodes Race Timing	Ty Mathis	dtmathis24@gmail.com
3A West	May 9, 2026	10:00 AM	Polk County	Polk County	Polk County	Allan Peoples	silverfishltd@windstream.net
							scottmharding78@gmail.com
4A East							
4A Central	May 9, 2026	10:00 AM	TW Andrews	High Point Athletic Complex	Rhodes Race Timing	Ty Mathis	dtmathis24@gmail.com
4A West	May 8, 2026	3:00 PM	Pisgah	UNC-Asheville	Timing, INC	Danny Williamson	d.williamson@geosurfaces.com
							alapple@unca.edu
5A East	May 9, 2026	10:00 AM	Rocky Mount High School	Rocky Mount High School	Clennie Wilkins	Wilbert Barnes	wkbarnes@ncpschools.net
							mggainey@ncpschools.net
5A Central	May 9, 2026	10:00 AM	Eastern & Southeast Alamance	Southeast Alamance High School	JJ Knox	JJ Knox	kj_harold@bellsouth.net
5A West	May 8, 2026	1:00 PM	Jay M. Robinson	Jay M. Robinson	Pierre Timing	Patrick Helm	Patrick.Helm@cabarrus.k12.nc.us
6A East	May 9, 2026	10:00 AM	Swansboro High School	Swansboro High School	Swansboro	Robert McFarland & Chris Muller	Robert.McFarland@onslow.k12.nc.us
							Chris.Mueller@onslow.k12.nc.us
6A Central	May 9, 2026	10:00 AM	Asheboro HS	Asheboro High School	Ashboro	Vincent Cable	vcable@asheboro.k12.nc.us
6A West	May 9, 2026	11:00 AM	AC Reynolds	AC Reynolds	Blue Ridge Classic Timing	David Honea	david.honea@bcsemail.org
7A East	May 9, 2026	10:00 AM	Heritage High School	Heritage High School	Rick Rhoda	Brittany Ivie Eboigbodin	b.ivie.info@gmail.com
							alphonsetumer@gmail.com
7A Central							
7A West	May 9, 2026	10:00 AM	Cuthbertson	Cuthbertson	Pierre Timing	Dustin Allen	dustin.allen@ucps.k12.nc.us
8A East	May 9, 2026	10:00 AM	Green Hope	Green Hope	Bell Lap Timing	Julie Ross	jfross@wcpss.net
						Jill Gardiner	Jgardiner@wcpss.net
8A West	May 8, 2026	10:00 AM	Palisades	Palisades	Rick Rhoda	Rory Carpenter	roryr.carpenter@cms.k12.nc.us