

2026 8A State NCHSAA Regional Championships - - 2/6/2026 to 2/7/2026

Host: Pine Forest HS

Swimming & Diving

Psych Sheet

Event 1	Women 200 Yard Medley Relay			
	2:02.99 R8A			
	Team	Relay	Seed Time	
1	Ardrey Kell		1:46.33	R8A
2	Myers Park		1:46.65	R8A
3	Enloe		1:48.94	R8A
4	Green Hope		1:49.35	R8A
5	Athens Drive		1:50.69	R8A
6	Providence		1:50.83	R8A
7	Green Level		1:51.01	R8A
8	Hough		1:51.54	R8A
9	Broughton		1:52.15	R8A
10	South Meck		1:52.39	R8A
11	Apex Friendship		1:53.73	R8A
12	Millbrook		1:54.80	R8A
13	East Mecklenburg		1:54.89	R8A
14	Leesville Road		1:55.67	R8A
15	Corinth-Holders		1:56.31	R8A
16	Laney		1:56.73	R8A
17	Apex		1:57.18	R8A
18	Hoggard		1:57.76	R8A
19	Jordan		2:00.88	R8A
20	NW Guilford		2:00.89	R8A
21	Panther Creek		2:01.62	R8A
22	Pinecrest		2:03.92	
23	Wakefield		2:04.11	
24	Willow Spring		2:04.60	

Event 2	Men 200 Yard Medley Relay			
	1:45.99 R8A			
	Team	Relay	Seed Time	
1	Enloe		1:35.69	R8A
2	Leesville Road		1:35.86	R8A
3	Myers Park		1:36.01	R8A
4	NW Guilford		1:36.54	R8A
5	Athens Drive		1:37.58	R8A
6	Green Level		1:37.95	R8A
7	Providence		1:38.85	R8A
8	Hough		1:39.22	R8A
9	Jordan		1:39.75	R8A
10	East Mecklenburg		1:39.76	R8A
11	Panther Creek		1:39.87	R8A
12	Green Hope		1:40.38	R8A
13	Hoggard		1:40.77	R8A
14	South Meck		1:41.07	R8A
15	Ardrey Kell		1:41.60	R8A
16	Millbrook		1:41.73	R8A
17	Apex		1:41.87	R8A
18	Corinth-Holders		1:42.36	R8A
19	Broughton		1:42.59	R8A
20	West Forsyth		1:42.68	R8A
21	Apex Friendship		1:43.56	R8A
22	Pinecrest		1:44.35	R8A
23	Mallard Creek		1:51.15	
24	Willow Spring		1:51.37	

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Event 3 Women 200 Yard Freestyle

2:01.99 R8A

Name	Yr	School	Seed Time	
1 Joslyn Bolton	SR	Providence	1:52.58	R8A
2 Madeline Fox	SO	Green Level	1:53.10	R8A
3 Finnie Whelehan	FR	Green Hope	1:53.60	R8A
4 Shayna Elgart	SR	Broughton	1:54.10	R8A
5 Braelyn Miller	JR	Millbrook	1:55.22	R8A
6 Madison Schmitz	JR	Rolesville	1:55.51	R8A
7 Katherine Guenther	JR	Myers Park	1:55.69	R8A
8 Kaylee Dietrich	SO	Green Hope	1:57.24	R8A
9 Poppy Fishburn	SO	Green Level	1:57.80	R8A
10 Sophie Thornburg	SR	Jordan	1:58.18	R8A
11 Madeline Bartoszek	SO	Apex Friendship	1:58.62	R8A
12 Olivia White	JR	Ardrey Kell	1:58.68	R8A
13 Riley Hagmann	JR	Broughton	1:58.95	R8A
14 Mary Drummond	JR	Myers Park	1:59.12	R8A
15 Alexis Szostek	JR	Hough	1:59.55	R8A
16 Harper Lucas	JR	Broughton	2:01.12	R8A
17 Elizabeth McIntyre	SO	Myers Park	2:01.57	R8A
18 Sullivan Waters	SO	Athens Drive	2:01.85	R8A
19 Devin Price	FR	Hoggard	2:02.82	
20 Ella Moscufo	SO	Hough	2:03.49	
21 Katie Aldridge	FR	Millbrook	2:04.41	
22 Ansley Mason	JR	Jordan	2:04.42	
23 Alexandra Slavis	SR	Apex	2:06.29	
24 Elizabeth Nguyen	SR	Apex Friendship	2:06.69	
25 Paige Kupfrian	SR	Green Hope	2:06.78	
26 Abby Kenney	SO	Enloe	2:06.88	
27 Anna Muttillio	SO	Millbrook	2:07.31	
28 Diana Burke	SO	Millbrook	2:07.45	
29 Eleanor Crosby	JR	Leesville Road	2:07.57	
30 Addison Berkeley	JR	Ardrey Kell	2:07.96	
31 Lilly Price		South Meck	2:08.00	
32 Mckenzie Natale	FR	Providence	2:08.89	

Event 4 Men 200 Yard Freestyle

1:51.99 R8A

Name	Yr	School	Seed Time	
1 Owen Lin	SR	NW Guilford	1:38.19	R8A
2 Ryan Chiu	SR	Ardrey Kell	1:41.11	R8A
3 Jean-Pierre Hennaux	JR	Hough	1:41.40	R8A
4 Carson Day	SR	Providence	1:41.78	R8A
5 Peter Cassidy	SR	Myers Park	1:44.84	R8A
6 Davis Miller	SO	Leesville Road	1:45.29	R8A
7 Isaac Harter	SR	Panther Creek	1:46.05	R8A
8 Samuel Wooten	SO	Athens Drive	1:46.58	R8A
9 Nick Shalhoub	SR	Green Hope	1:47.04	R8A
10 Sam Dellasega	SR	Millbrook	1:47.21	R8A
11 Tokugen Drake	SR	Providence	1:47.66	R8A
12 Jason Sun	JR	Green Level	1:47.87	R8A
13 Will King		South Meck	1:48.65	R8A
14 Will House	SR	Laney	1:48.66	R8A
15 Tate Alexander	SR	East Mecklenburg	1:48.86	R8A
16 Alexander Hummel	SO	Leesville Road	1:49.39	R8A
17 Efe Cumhur	FR	Green Level	1:50.10	R8A
18 Hayden Betts-Kitchen	SO	Leesville Road	1:50.30	R8A
19 Veer Puri	JR	Myers Park	1:50.32	R8A
20 Elliott Staponkus	FR	Green Level	1:50.41	R8A
21 Phillip Tchernikov	FR	Apex Friendship	1:50.70	R8A
22 MacCade Ward	JR	Enloe	1:50.91	R8A
23 Aytug Sahin	JR	Apex	1:51.06	R8A
24 John Gajowski	SR	Leesville Road	1:51.36	R8A
25 Jacob Livshin	FR	Apex	1:51.73	R8A
26 Sebastian Barrios	JR	Green Hope	1:52.05	
27 Alex Chinchilla	SO	Enloe	1:52.09	
28 Mason Waechter	JR	Millbrook	1:52.22	
29 Cole Harclerode	JR	Millbrook	1:52.48	
30 Kieran McWilliams	JR	Myers Park	1:52.52	
31 Chase Rutledge	FR	Providence	1:53.04	
32 Albrecht Yap	SO	Ardrey Kell	1:53.42	

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Event	5	Women 200 Yard IM			
		2:18.99	R8A		
		Name	Yr	School	Seed Time
1		Nola Meekins	JR	Green Hope	2:06.09 R8A
2		June Delmar	SO	Providence	2:06.37 R8A
3		Avery Klamfoth	SR	Myers Park	2:06.37 R8A
4		Carson Broadbent	JR	Apex Friendship	2:06.62 R8A
5		Louise Vidarsson	FR	Ardrey Kell	2:07.30 R8A
6		Millie Reddick		South Meck	2:08.27 R8A
7		Josephine Ferrari	SR	Hough	2:08.37 R8A
8		Chloe Light	SR	Enloe	2:09.32 R8A
9		Victoria Buffum	JR	Millbrook	2:09.45 R8A
10		Karina Plaza	SO	Myers Park	2:10.10 R8A
11		Keira Chia	JR	Green Hope	2:11.46 R8A
12		Jacqueline Smith	JR	Ardrey Kell	2:11.71 R8A
13		Marissa Locklear	JR	Green Level	2:12.10 R8A
14		Emma Thomas	SR	Leesville Road	2:13.10 R8A
15		Audrey Deras	SR	Corinth-Holders	2:14.45 R8A
16		Sawyer Carlson	SR	Providence	2:14.49 R8A
17		Annabel Townsend	JR	Enloe	2:15.10 R8A
18		Sarah Harter	FR	Panther Creek	2:15.22 R8A
19		Ashley Xu	JR	Ardrey Kell	2:16.04 R8A
20		Lizzy Harmon		South Meck	2:16.14 R8A
21		Lily Grieve	JR	Pinecrest	2:16.47 R8A
22		Winifred Stuart	SR	Apex	2:16.58 R8A
23		Gracie Ward	JR	Athens Drive	2:17.01 R8A
24		Emerson Ward	SO	Myers Park	2:17.13 R8A
25		Ella McNamee		South Meck	2:17.21 R8A
26		Andie Ko	SR	Athens Drive	2:17.70 R8A
27		Coco Uebbing	JR	Hoggard	2:17.85 R8A
28		Haley Houtz	JR	Millbrook	2:17.94 R8A
29		Remi Hagmann	SO	Broughton	2:18.33 R8A
30		Alyssa Eklund	SR	Green Level	2:18.39 R8A
31		Camila Molano	SO	Green Hope	2:18.40 R8A
32		Eleanor Donovan	FR	Green Hope	2:18.58 R8A
33		Taylor Crane	SR	Broughton	2:18.80 R8A
34		Taylor Hoopingarner	SO	South Meck	2:18.95 R8A

Event	6	Men 200 Yard IM			
		2:01.99	R8A		
		Name	Yr	School	Seed Time
1		Davis Jackson	JR	Leesville Road	1:49.01 R8A
2		Parker Van Olst	SO	Enloe	1:54.79 R8A
3		Kevin Liu	SO	Green Level	1:55.36 R8A
4		Charles Camplin	SR	Panther Creek	1:55.38 R8A
5		Jack Martin	JR	Myers Park	1:55.59 R8A
6		Leo Niemoller		South Meck	1:57.80 R8A
7		Ezra Coulter	JR	Green Hope	1:58.33 R8A
8		Tyler Largen	SO	South Meck	1:58.79 R8A
9		Gabriel DeVizia	SR	Millbrook	1:59.42 R8A
10		Raston Sharron	SR	Leesville Road	1:59.94 R8A
11		Bodhi Cummins	FR	West Forsyth	2:00.56 R8A
12		Jackson March	SR	Broughton	2:00.74 R8A
13		Noah Morgan	SR	NW Guilford	2:00.75 R8A
14		Austin Cooper	SO	Hough	2:00.79 R8A
15		Vijay Chopra	JR	Providence	2:01.19 R8A
16		Alex Carroll	SR	Corinth-Holders	2:01.39 R8A
17		Lucius Smith	SO	Ardrey Kell	2:01.52 R8A
18		Ethan Zhang	FR	Green Hope	2:02.86
19		Chauncey Gao	SO	Ardrey Kell	2:02.98
20		Jacob Miller	SR	East Mecklenburg	2:03.16
21		Lincoln Gage	JR	Leesville Road	2:03.27
22		Oleksii Kovtushenko	SR	Apex	2:04.42
23		Daniel Varabyou	JR	Apex	2:04.84
24		Samual Carlson	FR	Providence	2:05.00
25		Kevin Tang	JR	Panther Creek	2:05.13
26		Ben Repella	SO	Myers Park	2:05.94
27		Joseph Ridgell		South Meck	2:06.19
28		Colton Allen	SR	Apex Friendship	2:06.41
29		Ryan Masneri	JR	NW Guilford	2:07.40
30		James Kreel	SO	Millbrook	2:08.00
31		Jaxton Ravenel	SR	Green Hope	2:08.05
32		Daniel Puckett	SR	Enloe	2:08.41

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Event 7 Women 50 Yard Freestyle

25.99 R8A				
Name	Yr	School	Seed Time	
1 Emma Richardson	SO	Myers Park	24.18	R8A
2 Sloane Whelehan	JR	Green Hope	24.24	R8A
3 Campbell Nevins	SO	Ardrey Kell	24.39	R8A
4 Leah Smith	SO	Enloe	24.53	R8A
5 Sarah Jo Draper	SO	Hough	24.56	R8A
6 Fiona O'Malley	SO	Broughton	24.72	R8A
7 Heidi Bollenbacher	JR	Laney	24.83	R8A
8 Taylor Weaver	SR	Myers Park	25.04	R8A
9 Ayla Pulver		South Meck	25.07	R8A
10 Kaylea Bescher	SO	Corinth-Holders	25.27	R8A
11 Emily Wilson	SO	Green Hope	25.31	R8A
12 Brooke Watne	JR	Ardrey Kell	25.45	R8A
13 Aria Wood	SO	Leesville Road	25.47	R8A
14 Emery Kaplan	SO	Providence	25.50	R8A
15 Jackie Haxholdt	JR	Athens Drive	25.56	R8A
16 Lyla Holfelder	JR	Apex Friendship	25.61	R8A
17 Hope Lu	SO	Ardrey Kell	25.69	R8A
18 Maris Green	SO	Providence	25.71	R8A
19 Ally Francis	SO	Wakefield	25.86	R8A
20 Emilia Royal	SR	Hough	25.93	R8A
21 Keira Clement	JR	Hough	25.94	R8A
22 Emma Tadd	FR	Millbrook	25.96	R8A
23 Frances Norton		South Meck	26.19	
24 Taegen Mackey		Apex	26.19	
25 Helen Koonce	SR	Broughton	26.21	
26 Sophie Mcmasters	JR	NW Guilford	26.24	
27 Delainey Gilreath	SR	Apex Friendship	26.29	
28 Sallie Gilreath	SO	Apex Friendship	26.34	
29 Grace Gatehouse		South Meck	26.37	
30 Ash Minehart	SO	Leesville Road	26.45	
31 Ava Manners	SR	Millbrook	26.47	
32 Grace Jeeves	JR	Hoggard	26.47	

Event 8 Men 50 Yard Freestyle

22.99 R8A				
Name	Yr	School	Seed Time	
1 Carter Medlin	JR	Providence	21.33	R8A
2 Grant Larsen	JR	Pincrest	21.41	R8A
3 Haoran Yang	JR	Green Hope	21.67	R8A
4 Bryce Keaton	JR	Jordan	21.75	R8A
5 Behrett Petroff	JR	Hoggard	21.97	R8A
6 Logan Chow	JR	Myers Park	22.01	R8A
7 Owen Hohm	JR	East Mecklenburg	22.08	R8A
8 Kavin Chudgar	SO	Enloe	22.14	R8A
9 Jake Zhou	SR	Ardrey Kell	22.18	R8A
10 Jackson Kline	SR	Millbrook	22.33	R8A
11 Andrew Barger	SR	Broughton	22.34	R8A
12 Jack Bundy	SR	Ardrey Kell	22.39	R8A
13 Matt Mungas	SR	NW Guilford	22.45	R8A
14 Benjamin Valeriote	SR	Panther Creek	22.49	R8A
15 Miles Ayres	FR	Apex	22.55	R8A
16 Gino Prabhu	SR	Providence	22.59	R8A
17 Daniel Savelyev	SR	Providence	22.61	R8A
18 Nicholas Stepanian	SR	Millbrook	22.70	R8A
19 Beckham Alexander	SO	Palisades	22.87	R8A
20 Cole Sasser	SO	Hough	22.95	R8A
21 Eli Cresswell	SO	Enloe	22.98	R8A
22 Flynn Sonntag	SR	Apex	23.05	
23 Mason Barnett	JR	Hough	23.10	
24 Justin Park	SR	Green Level	23.10	
25 Benjamin Spradlin	SR	Providence	23.11	
26 Matthew Brown	SR	West Forsyth	23.12	
27 Rigs Helmedag	SR	Apex	23.17	
28 Jacob Simpson	SR	NW Guilford	23.24	
29 Lucas Ghim	SO	Enloe	23.24	
30 Jakob Karlsson		South Meck	23.29	
31 Redding Thomas	JR	Athens Drive	23.29	
32 Alex Chen	JR	NW Guilford	23.33	

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Event 9	Women 1 mtr Diving		
	Name	Yr	School
1	Riley Harmon	FR	NW Guilford
2	Alis Yadushlivi	SR	Apex Friendship
3	Emily Darnell	FR	Jordan
4	Gahyeon Kim	JR	Panther Creek
5	Mara Pfleger	SO	Broughton
6	Ash Minehart	SO	Leesville Road
7	Kenleigh Hudson	SO	Green Hope
8	Emme Rosselle	SR	Apex Friendship
9	Reilly VonTrapp		South Meck
10	Maela Bazemore	SR	East Mecklenburg
11	Savannah Jewell	JR	East Mecklenburg
12	Julianna Bamert	SR	Providence
13	Abby Cohen	JR	Providence
14	Dylan Davis	FR	Providence
15	Dylan Fagin	JR	Providence
16	Zoe Garvey-Knapp		Hough
17	Kaprice Selland		Hough
18	Morgan Turner		Hough
19	Adilyn Williams		Hough
20	Kennedy Brannan		Myers Park
21	Blythe Duley	SR	Myers Park
22	Madeline House	SR	Myers Park
23	Ellington Mrocheck	FR	Myers Park
24	Katherine Coble	SR	Hoggard
25	Kathryn Joy	SR	Laney

Event 10	Men 1 mtr Diving		
	Name	Yr	School
1	Andy Williamson	FR	Jordan
2	Nicholas Sweet	SR	Enloe
3	Tyler Veres	SO	West Forsyth
4	Nathan Eichenseer	JR	Green Hope
5	Thor Ziobro	JR	Enloe
6	Jacob Layne	FR	Green Hope
7	Luke Forsyth	JR	South Meck
8	Jamie Mellon	JR	East Mecklenburg
9	Britton Nguyen	SO	East Mecklenburg
10	Graeme Williams	SR	East Mecklenburg
11	Jake Donahue	FR	Providence
12	Reid Armstrong		Hough
13	Luke Branscom		Ardrey Kell
14	Billy Brannon	SR	Myers Park
15	Reece Efird	SR	Myers Park
16	Gavin Milgate	SO	Myers Park
17	George Robinson	SR	Myers Park
18	Liam Viyshley		Panther Creek
19	Daniel Ridlon	SR	Hoggard

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Event 11	Women 100 Yard Butterfly			
	1:01.99	R8A		
Name	Yr	School	Seed Time	
1 Emma Richardson	SO	Myers Park	54.93	R8A
2 Hannah Wooten	SR	Athens Drive	55.24	R8A
3 Louisa Petcu	FR	East Mecklenburg	56.72	R8A
4 June Delmar	SO	Providence	57.21	R8A
5 Kaitlyn Wooten	FR	Hough	57.32	R8A
6 June Gospodarek	FR	Enloe	57.55	R8A
7 Lucy Brown	SO	Hough	57.89	R8A
8 Camila Molano	SO	Green Hope	58.07	R8A
9 Caragh Magner	SR	Hough	58.37	R8A
10 Angelina Lu	SR	Green Hope	58.85	R8A
11 Tara Talwar	SR	Green Level	58.98	R8A
12 Riley Hagmann	JR	Broughton	59.16	R8A
13 Daphne Eckard	JR	Corinth-Holders	59.27	R8A
14 Millie Reddick		South Meck	59.63	R8A
15 Raygan Short	SR	Hough	1:00.37	R8A
16 Lily Grieve	JR	Pinecrest	1:00.56	R8A
17 Janice Qiu	SR	Green Hope	1:00.62	R8A
18 Ainsley Holden	JR	Myers Park	1:00.76	R8A
19 Mary Drummond	JR	Myers Park	1:00.87	R8A
20 Elise Ullman	SO	Ardrey Kell	1:01.11	R8A
21 Taylor Crane	SR	Broughton	1:01.23	R8A
22 Sadie Johnson	FR	Myers Park	1:01.28	R8A
23 Delainey Gilreath	SR	Apex Friendship	1:01.34	R8A
24 Emily Nisbet	SO	Providence	1:01.44	R8A
25 Stewart Davis	JR	East Mecklenburg	1:01.46	R8A
26 Coco Uebbing	JR	Hoggard	1:01.48	R8A
27 Kaylin Ray	JR	Green Level	1:01.88	R8A
28 Hamsika Shankar	FR	Apex Friendship	1:02.06	
29 Gianna Park	JR	Green Hope	1:02.08	
30 Andie Ko	SR	Athens Drive	1:02.77	
31 Alecia Brock	SO	Apex Friendship	1:02.85	
32 Addison Berkeley	JR	Ardrey Kell	1:03.13	

Event 12	Men 100 Yard Butterfly			
	53.99	R8A		
Name	Yr	School	Seed Time	
1 Owen Lin	SR	NW Guilford	49.13	R8A
2 Ryan Sutherland	SR	Jordan	50.49	R8A
3 Grady Gospodarek	SR	Enloe	50.99	R8A
4 Jonathan Palamar	JR	Green Level	51.67	R8A
5 Horace Mayo	FR	Hoggard	51.81	R8A
6 Carson Day	SR	Providence	51.82	R8A
7 Logan Chow	JR	Myers Park	52.05	R8A
8 Charles Sutorus	JR	East Mecklenburg	52.15	R8A
9 Will King		South Meck	52.27	R8A
10 Tyler Largen	SO	South Meck	52.55	R8A
11 Domenico Trigilio	SR	Apex	52.93	R8A
12 Alistair Peng	SO	Green Hope	52.99	R8A
13 Marat Samsonov	FR	Apex Friendship	52.99	R8A
14 Ezra Coulter	JR	Green Hope	53.49	R8A
15 Kevin Liu	SO	Green Level	53.58	R8A
16 Tate Alexander	SR	East Mecklenburg	53.59	R8A
17 James Brown	FR	Millbrook	54.00	
18 Alexander Hummel	SO	Leesville Road	54.12	
19 Andrew Fulmer	FR	Leesville Road	54.62	
20 Noah Cresswell	JR	Enloe	54.62	
21 James Davis	SR	Millbrook	54.76	
22 Jack Bundy	SR	Ardrey Kell	55.37	
23 Sebastian Barrios	JR	Green Hope	55.50	
24 Bennett White	FR	Wakefield	55.50	
25 Mason Waechter	JR	Millbrook	55.62	
26 Daniel Reynolds	SR	Leesville Road	55.68	
27 Ben O'Brien	JR	Corinth-Holders	55.83	
28 Jack MacGregor		South Meck	55.96	
29 Taylor Schmelzer	SO	Myers Park	56.04	
30 Beckett Overton	FR	Laney	56.06	
31 Caleb Hill	JR	Pinecrest	56.07	
32 Thomas Clayton	SR	Rolesville	56.38	

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Event 13 Women 100 Yard Freestyle

55.99 R8A				
Name	Yr	School	Seed Time	
1 Joslyn Bolton	SR	Providence	51.15	R8A
2 Eliza Wallace	SR	Ardrey Kell	52.35	R8A
3 Braelyn Miller	JR	Millbrook	52.60	R8A
4 Leah Smith	SO	Enloe	52.77	R8A
5 Sloane Whelehan	JR	Green Hope	53.24	R8A
6 Katherine Guenther	JR	Myers Park	53.49	R8A
7 Campbell Nevins	SO	Ardrey Kell	53.53	R8A
8 Sarah Jo Draper	SO	Hough	53.81	R8A
9 Heidi Bollenbacher	JR	Laney	53.97	R8A
10 Alexis Szostek	JR	Hough	54.19	R8A
11 Emilia Royal	SR	Hough	54.86	R8A
12 Olivia Pittenger	SO	Millbrook	54.92	R8A
13 Brooke Watne	JR	Ardrey Kell	55.16	R8A
14 Elizabeth McIntyre	SO	Myers Park	55.29	R8A
15 Amelia Slavis	FR	Apex	55.47	R8A
16 Ayla Pulver		South Meck	55.63	R8A
17 Poppy Fishburn	SO	Green Level	55.64	R8A
18 Lyla Holfelder	JR	Apex Friendship	55.83	R8A
19 Kaylea Bescher	SO	Corinth-Holders	55.86	R8A
20 Emery Kaplan	SO	Providence	56.01	
21 Devin Price	FR	Hoggard	56.29	
22 Aria Wood	SO	Leesville Road	56.41	
23 Sallie Gilreath	SO	Apex Friendship	56.54	
24 Emma Tadd	FR	Millbrook	56.91	
25 Emily Wilson	SO	Green Hope	56.92	
26 Bethany Risseeuw	FR	Pinecrest	57.12	
27 Frances Norton		South Meck	57.25	
28 Olivia Edwards	FR	Millbrook	57.35	
29 Sophie Pavlicek	FR	Jordan	57.88	
30 Paige Kupfrian	SR	Green Hope	58.35	
31 Anneliese Goettsch	SO	Enloe	58.75	
32 Kaitlyn Davis	FR	Apex Friendship	58.82	

Event 14 Men 100 Yard Freestyle

49.99 R8A				
Name	Yr	School	Seed Time	
1 Bryce Keaton	JR	Jordan	46.79	R8A
2 Haoran Yang	JR	Green Hope	47.28	R8A
3 Carter Medlin	JR	Providence	47.49	R8A
4 Grant Larsen	JR	Pinecrest	47.63	R8A
5 Peter Cassidy	SR	Myers Park	47.99	R8A
6 Owen Hohm	JR	East Mecklenburg	48.06	R8A
7 Davis Miller	SO	Leesville Road	48.14	R8A
8 Micah Mitchell	SR	NW Guilford	48.42	R8A
9 Kavin Chudgar	SO	Enloe	48.49	R8A
10 Gabriel DeVizia	SR	Millbrook	48.60	R8A
11 Jake Zhou	SR	Ardrey Kell	48.85	R8A
12 Nicholas Chilom	SR	Ardrey Kell	48.86	R8A
13 Noah Morgan	SR	NW Guilford	48.97	R8A
14 Jason Sun	JR	Green Level	49.01	R8A
15 Jacob Miller	SR	East Mecklenburg	49.14	R8A
16 Andrew Barger	SR	Broughton	49.53	R8A
17 Cole Sasser	SO	Hough	49.62	R8A
18 Miles Ayres	FR	Apex	49.63	R8A
19 Tokugen Drake	SR	Providence	49.69	R8A
20 Domenico Trigilio	SR	Apex	49.78	R8A
21 Benjamin Valeriot	SR	Panther Creek	49.95	R8A
22 Will House	SR	Laney	50.05	
23 Gino Prabhu	SR	Providence	50.30	
24 Jackson Kline	SR	Millbrook	50.33	
25 Flynn Sonntag	SR	Apex	50.36	
26 MacCade Ward	JR	Enloe	50.50	
27 Lincoln Gage	JR	Leesville Road	50.70	
28 Eli Cresswell	SO	Enloe	50.83	
29 Logan White	JR	Millbrook	50.87	
30 Alex Chen	JR	NW Guilford	51.08	
31 Gavin Ivory	FR	Leesville Road	51.10	
32 Nicholas Stepanian	SR	Millbrook	51.54	

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Event 15 Women 500 Yard Freestyle

5:20.99 R8A

Name	Yr	School	Seed Time	
1 Madeline Fox	SO	Green Level	5:01.84	R8A
2 Hannah Wooten	SR	Athens Drive	5:03.72	R8A
3 Kaylee Dietrich	SO	Green Hope	5:04.23	R8A
4 Nola Meekins	JR	Green Hope	5:04.31	R8A
5 Annabelle Martin	SR	Apex Friendship	5:05.80	R8A
6 Carson Broadbent	JR	Apex Friendship	5:08.40	R8A
7 Madison Schmitz	JR	Rolesville	5:09.46	R8A
8 June Gospodarek	FR	Enloe	5:12.67	R8A
9 Sophie Thornburg	SR	Jordan	5:15.00	R8A
10 Mackenzie Collins	SR	Jordan	5:16.00	R8A
11 Josephine Ferrari	SR	Hough	5:19.07	R8A
12 Sarah Harter	FR	Panther Creek	5:19.70	R8A
13 Daphne Eckard	JR	Corinth-Holders	5:20.45	R8A
14 Lizzy Harmon		South Meck	5:22.48	
15 Keira Chia	JR	Green Hope	5:23.90	
16 Payton McNutt	JR	Green Level	5:25.13	
17 Summer Spencer		Laney	5:25.35	
18 Ella Moscufo	SO	Hough	5:30.48	
19 Abby Kenney	SO	Enloe	5:30.87	
20 Kaitlyn King	JR	Panther Creek	5:31.62	
21 Katie Aldridge	FR	Millbrook	5:31.86	
22 Ainsley Holden	JR	Myers Park	5:36.00	
23 Emerson Ward	SO	Myers Park	5:36.01	
24 Diana Burke	SO	Millbrook	5:37.27	
25 Carly Barillaro	JR	Broughton	5:37.60	
26 Chloe Lavergne	FR	Apex Friendship	5:38.09	
27 Avery Culley	SO	Broughton	5:41.56	
28 Anna Murphy		South Meck	5:41.96	
29 Mckenzie Natale	FR	Providence	5:42.49	
30 Elsa Babani		South Meck	5:47.57	
31 Peyton Higgins	FR	Hough	5:47.99	
32 Aurora Atzeni	SR	Hough	5:55.03	

Event 16 Men 500 Yard Freestyle

4:59.99 R8A

Name	Yr	School	Seed Time	
1 William Hager	SR	Myers Park	4:39.45	R8A
2 Samuel Wooten	SO	Athens Drive	4:39.55	R8A
3 Jean-Pierre Hennaux	JR	Hough	4:40.96	R8A
4 Ryan Chiu	SR	Ardrey Kell	4:45.94	R8A
5 Grady Gospodarek	SR	Enloe	4:47.14	R8A
6 Sam Dellasega	SR	Millbrook	4:47.28	R8A
7 Nick Shalhoub	SR	Green Hope	4:47.46	R8A
8 Carson West	SR	Hough	4:47.67	R8A
9 Jacob Levesque	JR	Green Hope	4:49.41	R8A
10 Efe Cumhur	FR	Green Level	4:50.37	R8A
11 Hayden Betts-Kitchen	SO	Leesville Road	4:53.56	R8A
12 Alistair Peng	SO	Green Hope	4:54.14	R8A
13 Chase Rutledge	FR	Providence	4:54.21	R8A
14 Benjamin Palamar	FR	Green Level	4:54.91	R8A
15 Elijah Hammons	SO	Corinth-Holders	4:55.15	R8A
16 Austin Cooper	SO	Hough	4:56.26	R8A
17 Ryan Fortner	SR	Enloe	4:57.03	R8A
18 Kieran McWilliams	JR	Myers Park	4:57.52	R8A
19 Gardner Gannon	SR	Myers Park	4:59.65	R8A
20 Lucius Smith	SO	Ardrey Kell	4:59.68	R8A
21 Rigs Helmedag	SR	Apex	5:00.23	
22 McCauley Sural	FR	Broughton	5:02.54	
23 Charlie Burdulis	SR	Hough	5:03.12	
24 Chauncey Gao	SO	Ardrey Kell	5:06.01	
25 Aiden Gajowski	SO	Leesville Road	5:06.24	
26 Joseph Ridgell		South Meck	5:10.91	
27 Noah Brumback	JR	Apex	5:11.03	
28 Kevin Tang	JR	Panther Creek	5:12.46	
29 Connor Brown	FR	Enloe	5:12.78	
30 Viraj Chopra	SR	Providence	5:12.99	
31 Braden Hughes	FR	Green Hope	5:13.20	
32 Ben O'Brien	JR	Corinth-Holders	5:14.55	

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Event	17	Women 200 Yard Freestyle Relay			
		1:50.99	R8A		
	Team	Relay	Seed Time		
1	Providence		1:38.11 R8A		
2	Ardrey Kell		1:38.12 R8A		
3	Myers Park		1:38.70 R8A		
4	Green Hope		1:39.59 R8A		
5	Hough		1:40.50 R8A		
6	Broughton		1:40.68 R8A		
7	Millbrook		1:42.32 R8A		
8	Laney		1:43.05 R8A		
9	South Meck		1:44.33 R8A		
10	Athens Drive		1:44.63 R8A		
11	East Mecklenburg		1:44.96 R8A		
12	Hoggard		1:45.00 R8A		
13	Green Level		1:45.11 R8A		
14	Apex Friendship		1:45.89 R8A		
15	Leesville Road		1:46.51 R8A		
16	Apex		1:48.22 R8A		
17	NW Guilford		1:48.23 R8A		
18	Corinth-Holders		1:49.31 R8A		
19	Jordan		1:49.95 R8A		
20	Panther Creek		1:50.39 R8A		
21	Willow Spring		1:50.84 R8A		
22	Wakefield		1:51.73		
23	Palisades		1:51.93		
24	Pinecrest		1:52.60		

Event	18	Men 200 Yard Freestyle Relay			
		1:36.99	R8A		
	Team	Relay	Seed Time		
1	NW Guilford		1:27.43 R8A		
2	Providence		1:27.45 R8A		
3	Ardrey Kell		1:27.54 R8A		
4	Green Level		1:29.51 R8A		
5	Jordan		1:29.76 R8A		
6	Millbrook		1:29.79 R8A		
7	Green Hope		1:29.80 R8A		
8	Myers Park		1:30.18 R8A		
9	Enloe		1:30.53 R8A		
10	Apex		1:31.03 R8A		
11	Broughton		1:31.17 R8A		
12	Athens Drive		1:32.55 R8A		
13	Leesville Road		1:32.66 R8A		
14	Panther Creek		1:33.03 R8A		
15	Hough		1:33.04 R8A		
16	Hoggard		1:33.95 R8A		
17	Corinth-Holders		1:34.47 R8A		
18	West Forsyth		1:34.60 R8A		
19	South Meck		1:34.68 R8A		
20	Pinecrest		1:34.71 R8A		
21	East Mecklenburg		1:35.07 R8A		
22	Laney		1:35.37 R8A		
23	Apex Friendship		1:36.61 R8A		
24	Mallard Creek		1:40.29		

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Event 19	Women 100 Yard Backstroke			
	1:02.99	R8A		
Name	Yr	School	Seed Time	
1 Karina Plaza	SO	Myers Park	55.25	R8A
2 Louise Vidarsson	FR	Ardrey Kell	57.00	R8A
3 Victoria Buffum	JR	Millbrook	57.90	R8A
4 Finnie Whelehan	FR	Green Hope	58.08	R8A
5 Shayna Elgart	SR	Broughton	58.14	R8A
6 Annabel Townsend	JR	Enloe	58.18	R8A
7 Kaitlyn Wooten	FR	Hough	58.56	R8A
8 Olivia White	JR	Ardrey Kell	59.28	R8A
9 Caragh Magner	SR	Hough	59.38	R8A
10 Gracie Ward	JR	Athens Drive	59.68	R8A
11 Amelia Slavis	FR	Apex	59.91	R8A
12 Angelina Lu	SR	Green Hope	1:00.31	R8A
13 Reese Patterson	JR	West Forsyth	1:00.50	R8A
14 Maris Miller	SR	Athens Drive	1:00.58	R8A
15 Marlowe Bellerjeau	SO	Broughton	1:00.61	R8A
16 Tara Talwar	SR	Green Level	1:00.71	R8A
17 Mackenzie Collins	SR	Jordan	1:01.22	R8A
18 Taylor Weaver	SR	Myers Park	1:01.25	R8A
19 Eleanor Donovan	FR	Green Hope	1:01.26	R8A
20 Sophie Mcmasters	JR	NW Guilford	1:01.43	R8A
21 Lucy Brown	SO	Hough	1:01.53	R8A
22 Elise Ullman	SO	Ardrey Kell	1:01.81	R8A
23 Gianna Park	JR	Green Hope	1:02.04	R8A
24 Haley Houtz	JR	Millbrook	1:02.43	R8A
25 Sophie Pavlicek	FR	Jordan	1:02.63	R8A
26 Kaylin Ray	JR	Green Level	1:02.71	R8A
27 Katie Gravender	SR	Ardrey Kell	1:03.08	
28 Jackie Haxholdt	JR	Athens Drive	1:03.21	
29 Alecia Brock	SO	Apex Friendship	1:03.31	
30 Harper Lucas	JR	Broughton	1:03.47	
31 Olivia Edwards	FR	Millbrook	1:03.92	
32 Virginia Christopherson	SO	Millbrook	1:04.14	

Event 20	Men 100 Yard Backstroke			
	55.99	R8A		
Name	Yr	School	Seed Time	
1 Davis Jackson	JR	Leesville Road	48.84	R8A
2 William Hager	SR	Myers Park	51.47	R8A
3 Jonathan Palamar	JR	Green Level	52.04	R8A
4 Micah Mitchell	SR	NW Guilford	52.89	R8A
5 Jackson March	SR	Broughton	53.74	R8A
6 Leo Niemoller		South Meck	53.78	R8A
7 Veer Puri	JR	Myers Park	53.90	R8A
8 Phillip Tchernikov	FR	Apex Friendship	54.24	R8A
9 Isaac Harter	SR	Panther Creek	54.45	R8A
10 Nolan Beebe	JR	Athens Drive	54.60	R8A
11 Vijay Chopra	JR	Providence	54.65	R8A
12 Nicolas Ortega-Fernandez	SO	Providence	55.03	R8A
13 Horace Mayo	FR	Hoggard	55.03	R8A
14 Mason Barnett	JR	Hough	55.07	R8A
15 Luke Flamant	FR	Enloe	55.39	R8A
16 Cody Martin	JR	Pincrest	55.70	R8A
17 John Gajowski	SR	Leesville Road	55.73	R8A
18 Noah Cresswell	JR	Enloe	56.32	
19 Jackson Harvey	SO	Willow Spring	56.54	
20 Alex Chinchilla	SO	Enloe	56.66	
21 Aytug Sahin	JR	Apex	56.69	
22 Nolan Hennis	FR	West Forsyth	57.72	
23 James Davis	SR	Millbrook	57.75	
24 Calvin Meintel	JR	Millbrook	57.76	
25 Jacob Livshin	FR	Apex	58.00	
26 Timothy Bachle	SR	Apex	58.29	
27 JP Connor	SR	Apex	58.46	
28 Grant Trexler	SR	Broughton	58.60	
29 Alexander Osman	JR	Apex Friendship	58.71	
30 Jack Monroe	FR	Jordan	59.73	
31 Jack Edwards	SO	Ardrey Kell	1:00.11	
32 Fisher Lukens	SO	Myers Park	1:00.12	

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Event	21	Women 100 Yard Breaststroke			
		1:11.99 R8A			
		Name	Yr	School	Seed Time
1		Eliza Wallace	SR	Ardrey Kell	1:01.93 R8A
2		Avery Klamfoth	SR	Myers Park	1:04.08 R8A
3		Marissa Locklear	JR	Green Level	1:04.17 R8A
4		Annabelle Martin	SR	Apex Friendship	1:04.24 R8A
5		Audrey Deras	SR	Corinth-Holders	1:06.18 R8A
6		Jacqueline Smith	JR	Ardrey Kell	1:06.25 R8A
7		Chloe Light	SR	Enloe	1:06.64 R8A
8		Fiona O'Malley	SO	Broughton	1:06.65 R8A
9		Janice Qiu	SR	Green Hope	1:07.14 R8A
10		Ella McNamee		South Meck	1:07.27 R8A
11		Marlowe Bellerjeau	SO	Broughton	1:07.89 R8A
12		AJ Singh	JR	Ardrey Kell	1:07.90 R8A
13		Louisa Petcu	FR	East Mecklenburg	1:08.30 R8A
14		Ashley Xu	JR	Ardrey Kell	1:09.25 R8A
15		Taylor Hoopingarner	SO	South Meck	1:09.54 R8A
16		Sawyer Carlson	SR	Providence	1:09.64 R8A
17		Madeline Bartoszek	SO	Apex Friendship	1:10.20 R8A
18		Olivia Pittenger	SO	Millbrook	1:10.83 R8A
19		Stewart Davis	JR	East Mecklenburg	1:10.84 R8A
20		Summer Spencer		Laney	1:10.86 R8A
21		Ava Childress	FR	Athens Drive	1:11.07 R8A
22		Emma Thomas	SR	Leesville Road	1:11.21 R8A
23		Remi Hagmann	SO	Broughton	1:11.75 R8A
24		Ally Francis	SO	Wakefield	1:11.80 R8A
25		Eden Byrd	JR	Green Hope	1:11.82 R8A
26		Lila Stewart	FR	Apex Friendship	1:11.94 R8A
27		Emily Nisbet	SO	Providence	1:11.99 R8A
28		Winifred Stuart	SR	Apex	1:12.02
29		Chloe Lavergne	FR	Apex Friendship	1:12.17
30		Sarah Phillips	JR	Hoggard	1:12.30
31		Marin Schelble	SR	Myers Park	1:12.69
32		Taegen Mackey		Apex	1:12.85

Event	22	Men 100 Yard Breaststroke			
		1:03.99 R8A			
		Name	Yr	School	Seed Time
1		Ryan Sutherland	SR	Jordan	55.96 R8A
2		Parker Van Olst	SO	Enloe	57.55 R8A
3		Daniel Varabyou	JR	Apex	57.75 R8A
4		Blake Valyo	SO	Athens Drive	57.78 R8A
5		Charles Camplin	SR	Panther Creek	58.06 R8A
6		Charles Sutorus	JR	East Mecklenburg	58.55 R8A
7		Jack Martin	JR	Myers Park	58.65 R8A
8		Alex Carroll	SR	Corinth-Holders	58.98 R8A
9		Behrett Petroff	JR	Hoggard	59.39 R8A
10		Bodhi Cummins	FR	West Forsyth	59.82 R8A
11		Nicholas Chilom	SR	Ardrey Kell	1:00.25 R8A
12		Carson West	SR	Hough	1:00.31 R8A
13		Raston Sharron	SR	Leesville Road	1:01.27 R8A
14		Ethan Zhang	FR	Green Hope	1:01.45 R8A
15		Elijah Hammons	SO	Corinth-Holders	1:01.52 R8A
16		Noah Asad	FR	Athens Drive	1:01.79 R8A
17		James Kreel	SO	Millbrook	1:02.43 R8A
18		Landon Banko	SO	Apex	1:02.44 R8A
19		Oleksii Kovtushenko	SR	Apex	1:02.55 R8A
20		Charlie Burdulis	SR	Hough	1:02.70 R8A
21		Gavin Hulbig	SO	Green Hope	1:02.70 R8A
22		Lucas Ghim	SO	Enloe	1:03.12 R8A
23		Owen Ziegler	JR	Apex Friendship	1:03.30 R8A
24		Ryan Masneri	JR	NW Guilford	1:03.32 R8A
25		Gardner Gannon	SR	Myers Park	1:03.38 R8A
26		Joseph Park	JR	Green Level	1:03.79 R8A
27		Thomas Clayton	SR	Rolesville	1:04.03
28		Colton Allen	SR	Apex Friendship	1:04.10
29		Logan Berkenfield	SR	Hough	1:04.24
30		Joshua Delos Santos	JR	Rolesville	1:04.35
31		Daniel Savelyev	SR	Providence	1:04.51
32		Samual Carlson	FR	Providence	1:04.83

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Event	23	Women 400 Yard Freestyle Relay			
		4:05.99	R8A		
	Team	Relay	Seed Time		
1	Enloe		3:34.92	R8A	
2	Hough		3:35.02	R8A	
3	Myers Park		3:36.07	R8A	
4	Providence		3:36.46	R8A	
5	Green Hope		3:36.96	R8A	
6	Broughton		3:37.43	R8A	
7	Ardrey Kell		3:39.96	R8A	
8	Green Level		3:41.94	R8A	
9	Millbrook		3:43.38	R8A	
10	Apex Friendship		3:46.25	R8A	
11	South Meck		3:47.52	R8A	
12	Jordan		3:50.14	R8A	
13	Athens Drive		3:54.78	R8A	
14	Hoggard		3:55.70	R8A	
15	Corinth-Holders		4:00.09	R8A	
16	Apex		4:00.17	R8A	
17	Leesville Road		4:00.99	R8A	
18	Panther Creek		4:02.25	R8A	
19	NW Guilford		4:06.35		
20	Pinecrest		4:12.08		
21	Willow Spring		4:13.01		
22	Palisades		4:21.07		
23	East Mecklenburg		4:41.73		
24	Hoke County		6:00.61		

Event	24	Men 400 Yard Freestyle Relay			
		3:42.99	R8A		
	Team	Relay	Seed Time		
1	Myers Park		3:12.12	R8A	
2	Green Level		3:12.52	R8A	
3	Leesville Road		3:12.68	R8A	
4	Green Hope		3:14.18	R8A	
5	Enloe		3:14.67	R8A	
6	NW Guilford		3:16.96	R8A	
7	Ardrey Kell		3:17.73	R8A	
8	Hough		3:19.17	R8A	
9	Panther Creek		3:19.77	R8A	
10	East Mecklenburg		3:21.72	R8A	
11	Millbrook		3:21.80	R8A	
12	Jordan		3:23.43	R8A	
13	Providence		3:24.03	R8A	
14	South Meck		3:24.54	R8A	
15	Apex		3:26.07	R8A	
16	Apex Friendship		3:26.51	R8A	
17	Athens Drive		3:26.76	R8A	
18	Laney		3:32.28	R8A	
19	Corinth-Holders		3:34.96	R8A	
20	West Forsyth		3:36.43	R8A	
21	Broughton		3:36.61	R8A	
22	Hoggard		3:37.78	R8A	
23	Pinecrest		3:40.39	R8A	
24	Willow Spring		3:40.94	R8A	