

NCHSAA 3A Indoor Track State Championships - 2/11/2026
Wednesday Afternoon February 11
JDL Fast Track
Performance List

Event 1 Girls Shot Put

Wednesday 2/11/2026 - 4:00 PM

3AMeetRecord: 45-06.25 2/10/2024 Camryn Massey, Ashbrook
StateMeetRec: 48-11.75 2007 Karmorean Hayes, Harding

Name	Year	School	Seed Mark
1	Mirianna Corea	12 Eastern Randolph High School	35-10.00
2	Kayla Jackson	12 North Stanly	32-06.75
3	Mariclaire Smith	11 Madison	31-11.50
4	Mayce Williams	12 West Caldwell	30-01.00
5	ZaMiya Glasper	12 Northeastern	29-00.00
6	Grace DeMoss	11 Union Academy	28-08.50
7	Taylor Robinson	9 Madison	27-03.00
8	Symer Houge	10 Shelby	26-04.00
9	Rokeya Alston	9 Kinston	25-06.50
10	Paisley Boone	9 Wheatmore High School	25-06.00
11	Destiny Yelverton	9 Princeton	25-02.50
12	TaKyra Henderson	12 Bartlett Yancey	25-02.00
13	Kandi Lopez	12 Spring Creek	25-02.00

Event 3 Boys Shot Put

Wednesday 2/11/2026 - 6:00 PM

3AMeetRecord: 57-11 1990 Ed Robertson, TW Andrews
StateMeetRec: 61-10 2013 Jon Beyle, East Chapel Hill

Name	Year	School	Seed Mark
1	Keith Neal	11 Kinston	46-07.50
2	Jalyn Kinsey	11 Kinston	44-09.00
3	Quarsre Spratley	12 Hertford County	43-08.00
4	Jack Hightower	10 Union Academy	43-07.75
5	Noah Gartner	12 Shelby	42-09.00
6	Caleb Terhune	12 North Stanly	42-06.75
7	Dejon Randolph	9 Farmville Central	41-06.50
8	Sam Rhein	10 Polk County	39-06.00
9	Noah Wyrick	10 Wheatmore High School	39-05.00
10	Jaden Joyner	11 Ayden-Grifton	38-06.00
11	Ryan Robinson Jr.	12 Bartlett Yancey	38-04.00
12	Charles Eure	11 Hertford County	37-11.50

Event 5 Girls Long Jump

Wednesday 2/11/2026 - 4:00 PM

3AMeetRecord: 18-07 2/15/2025 Elizabeth Deen, So. Guilford
StateMeetRec: 19-11.25 2019 Morgan Smalls, Panther Creek

Name	Year	School	Seed Mark
1	Emory Freeman	11 Hendersonville	17-05.00
2	Makae'Lee Kuhre	11 Northeastern	17-03.50
3	Abigaelle Midy	12 Ayden-Grifton	16-02.00
4	Alicia Doornewerd	11 Shelby	15-05.00
5	Kennedy Ware	10 Union Academy	15-04.50
6	Gabrielle Evans	12 Greene Central	15-00.00
7	Malaysia Covington	10 Union Academy	14-11.00
8	Olivia Oliver	12 Shelby	14-10.00
9	Le' Onna Butler	11 Pasquotank County	14-09.50

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	Name	Year	School	Seed Mark
10	Lilly Fruchtenicht	11	West Wilkes	14-07.50
11	Amber Minton	11	West Wilkes	14-07.00
12	Anna Cape	12	Draughn	14-05.75

Event 6 Boys Long Jump**Wednesday 2/11/2026 - 4:00 PM****3AMeetRecord: 23-09.75 1991****Brian Ellis, North Rowan****StateMeetRec: 24-07.25 1997****Marcus O'Neal, Dudley**

	Name	Year	School	Seed Mark
1	Sam Rhein	10	Polk County	21-00.00
2	Christian Ferebee	11	Northeastern	20-06.25
3	Jamarcus Saltibus	11	Ayden-Grifton	20-06.00
4	Elijah Shine	12	Union Academy	20-04.50
5	Cornelius Smith	11	Beddingfield, E.T.	20-03.25
6	Dalleon Johnson	11	Bartlett Yancey	20-03.00
7	Zavion Hughes	12	Bartlett Yancey	20-02.00
8	Andrew Herman	10	West Wilkes	20-02.00
9	Kayden Noah-Terron	9	Hendersonville	20-00.50
10	Trenton Ramseur	12	West Caldwell	20-00.50
11	Kaleb Powell	11	Northwood	19-10.50
12	Jesse Moore	10	Polk County	19-07.00
13	Jack Golon	11	Pine Lake Preparatory	19-07.00
14	Yorel Talbert	11	Shelby	19-07.00

Event 7 Girls Triple Jump**Wednesday 2/11/2026 - 6:00 PM****3AMeetRecord: 39-07 2/10/2023****Alexis Willis, Stuart Cramer****StateMeetRec: 41-09.75 2019****Morgan Smalls, Panther Creek**

	Name	Year	School	Seed Mark
1	Amoni Saunders	12	Northeastern	35-00.00
2	Emory Freeman	11	Hendersonville	34-01.00
3	Kennedy Ware	10	Union Academy	34-00.00
4	Sophie Williamson	12	Heide Trask	32-05.00
5	Alicia Doornewerd	11	Shelby	31-07.00
6	Kayla Franklin	11	Trinity High	31-04.00
7	Harper Eastridge	10	Heide Trask	31-02.00
8	Lilly Fruchtenicht	11	West Wilkes	31-00.50
9	Audrey Pace	12	Draughn	30-06.50
10	Ashlynn Overby	12	Ayden-Grifton	30-05.00
11	Alana Watson	10	Shelby	30-04.50
12	Sofia Linares Edmund	9	Hendersonville	30-03.00

Event 8 Boys Triple Jump**Wednesday 2/11/2026 - 6:00 PM****3AMeetRecord: 49-10 1998****Greg Yeldell, North Rowan****StateMeetRec: 49-10.25 2019****Eric Haddock, East Chapel Hill**

	Name	Year	School	Seed Mark
1	Jayden Quesenberry	12	West Caldwell	43-08.00
2	Christian Ferebee	11	Northeastern	43-00.00
3	Sam Rhein	10	Polk County	41-07.50

NCHSAA 3A Indoor Track State Championships - 2/11/2026**Wednesday Afternoon February 11****JDL Fast Track****Performance List****Event 8 ... (Boys Triple Jump)**

	Name	Year	School	Seed Mark
4	Dalleon Johnson	11	Bartlett Yancey	41-07.00
5	Deitrich Williams	12	Greene Central	40-10.00
6	Terry Sutton	12	Kinston	40-09.50
7	Kaiden Watson	10	Hertford County	40-06.00
8	Shamell Black	10	Kinston	39-10.00
9	Andrew Herman	10	West Wilkes	39-09.00
10	Derrick Koonce	12	Kinston	39-09.00
11	Cayleb Harkins	11	West Caldwell	39-04.50
12	Maxwell Haynes	10	Pine Lake Preparatory	38-09.00

Event 9 Girls High Jump**Wednesday 2/11/2026 - 4:00 PM****3AMeetRecord: 5-10 2004****Patience Coleman, Southern Durham****StateMeetRec: 6-01 2019****Morgan Smalls, Panther Creek**

	Name	Year	School	Seed Mark
1	Conleigh Wilhide	11	Princeton	5-04.00
2	Emory Freeman	11	Hendersonville	5-02.00
3	Ashlynn Overby	12	Ayden-Grifton	5-02.00
4	Iver Hunt	10	Hendersonville	4-10.00
5	Anais Pitts	10	Shelby	4-10.00
6	Bethanie Hardy	11	West Wilkes	4-08.00
7	Carrie Ann Key	9	West Wilkes	4-08.00
8	Taylor Johnson	9	Princeton	4-08.00
9	Adelei Morrow	10	Draughn	4-08.00
10	Selena Espinosa	11	Union Academy	4-08.00
11	Kyrah Lee	11	Kinston	4-06.00
12	Ki'Asia Wiggins	11	Hertford County	4-06.00

Event 10 Boys High Jump**Wednesday 2/11/2026 - 6:00 PM****3AMeetRecord: 6-11 2015****Christopher Garrick, Marvin Ridge****StateMeetRec: 7-01 2/12/2022****Kyzaiah Stone, Cleveland Hi**

	Name	Year	School	Seed Mark
1	Reginald McNeil	11	Kinston	6-04.00
2	Deitrich Williams	12	Greene Central	6-04.00
3	Mo Rainey	12	Hendersonville	6-02.00
4	Sawyer Davis	10	Heide Trask	6-02.00
5	Kareme Hill	10	Farmville Central	6-00.00
6	Jimek Langley	12	Farmville Central	6-00.00
7	Davion Jones	12	Kinston	6-00.00
8	Tye'von Leary	11	Northeastern	5-10.00
9	Elijah Dozier	12	Farmville Central	5-10.00
10	Jack Copeland	12	West Caldwell	5-10.00
11	Dalleon Johnson	11	Bartlett Yancey	5-10.00
12	Elijah Shine	12	Union Academy	5-08.00
13	Jeb Boykin	10	West Wilkes	5-08.00
14	Zavion Hughes	12	Bartlett Yancey	5-08.00
15	Aiden Harpe	12	East Surry	5-08.00

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Event 11 Girls Pole Vault

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3AMeetRecord: 12-07.50 2018
StateMeetRec: 13-06 2019

Riley Felts, Weddington
Lindsay Absher, West Forsyth

Name	Year	School	Seed Mark
1 Lillian Greene	12	West Wilkes	8-06.00
2 Anna Cape	12	Draughn	8-00.00
3 Leah Dotson	12	Polk County	7-09.00
4 Chloe Waldstein	12	Northwood	7-06.00
5 Evangelia Tsomos	12	Pine Lake Preparatory	7-06.00
6 Kylyn Surratt	10	Wheatmore High School	7-00.00
7 Alma Eagle	10	West Davidson	7-00.00
8 Sofie Estes	12	West Wilkes	7-00.00
9 Iris Casebere	9	Madison	6-06.00

Event 12 Boys Pole Vault

Wednesday 2/11/2026 - 4:00 PM

3AMeetRecord: 15-06 2015
StateMeetRec: 16-07 2020

Tistian Shaver, Ledford
Spencer Evans, Lake Norman

Name	Year	School	Seed Mark
1 Ben Altenburg	11	Northwood	15-06.00
2 Keegan McCready	12	West Davidson	12-06.00
3 Gib Martin	10	Surry Central	11-00.00
4 Nick Calhoun	12	West Caldwell	10-00.00
5 Jayvin Clark	10	Polk County	9-06.00
6 Xavier Cash	12	West Wilkes	8-10.25
7 Hernan Hernandez-Mata	12	Surry Central	8-08.00
8 Austin Martin	9	Polk County	8-06.00
9 Luke Dillard	9	West Wilkes	8-06.00
10 Jacob Ensley	11	Madison	8-06.00
11 Caleb Young	9	Polk County	8-03.00
12 Demian Paredes	11	West Wilkes	7-06.00

Event 13 Girls 4x800 Meter Relay

Wednesday 2/11/2026 - 4:35 PM

3AMeetRecord: 9:30.01 2/14/2020
StateMeetRec: 9:18.21 2/9/2024

Chapel Hill, Chapel Hill
A Weber, M Pirone, V Pridgen, M Marvin
Cardinal Gibbons, Cardinal Gib
M Whitham, A Mitchell, P LaNasa, H Shaffer

Team	Relay	Seed Time
1 Union Academy	A	10:32.37
1) Ana Leon 10	2) Peyton St. Clair 11	3) Emma Glumac 9
4) Abby Isaacs 11		
2 Patton	A	10:49.22
1) Julia Niehoff 9	2) Anna Aiken 9	3) Nora Wykle 10
4) Layla McGuire 12		
3 Owen, Charles D.	A	11:01.10
1) Evelyn Brown 10	2) Jordan Robertson 12	3) Carlee Grace Stewart 10
4) Adella Strull 10		
4 Pine Lake Preparatory	A	11:06.81
1) Carly Meredith 11	2) Eliana Grathwohl 10	3) Lucy McDuffie 10
4) Lyla Henneger 11		
5 Surry Central	A	11:42.54
1) Gracie Noonkester 9	2) Katherine Sanchez 10	3) Elizabeth Marsh 9
4) Amirra Edgar 10		
6 Chase	A	12:09.47
1) Aubrey Kever 12	2) Cheyenne Phillips 9	3) Gabriella Mackey 9
4) Alexa Arredondo 11		

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Event 13 ... (Girls 4x800 Meter Relay)

Team	Relay	Seed Time
7 Wheatmore High School	A	12:11.99
1) Olivia Hildreth 12	2) Lydia Madison 10	3) Brisa Manrique 10
4) Hannah Phillips 10		
8 Heide Trask	A	12:18.79
1) Tania Ordaz Martinez 12	2) Ana Cruz 12	3) Adilene Cruz Lopez 12
4) Lizeth Cruz Martinez 12		
9 West Wilkes	A	12:20.92
1) Kaiya Handorf 11	2) Karley Call 12	3) Alexis Cynor 12
4) Lydia Eller 12		
10 Spring Creek	A	12:47.00
1) Briana Duruttya 10	2) Stefany Canongo 9	3) Maliah Torres 10
4) Anahi Solis 10		
11 Midway High School	A	12:52.78
1) Bailey Jackson 9	2) Odalys Mijangos 10	3) Mary Harris 11
4) Ashley Gaspar 12		
12 Polk County	A	14:05.19
1) Sadie Schweitzer 9	2) Khloe Kitchen 10	3) Kendra Kitchen 11
4) Adrienne Dyson 10		

Event 14 Boys 4x800 Meter Relay

Wednesday 2/11/2026 - 4:45 PM

3AMeetRecord: 7:59.48 2018

Weddington

J. O'Hara, K. Durham J. Toomey, W. Mazur

Green Hope, Green Hope

Percival Shim, O'Driscoll, Cardenas, Mahone

StateMeetRec: 7:55.99 2/9/2024

Team	Relay	Seed Time
1 Union Academy	A	8:35.38
1) Trevor Mills 10	2) Stephen Gonzales 12	3) Ethan Williams 11
4) Preston Mills 10		
2 Farmville Central	A	8:46.65
1) Gavan Hartman 12	2) Jamari May 12	3) Keivion Tyson 12
4) Nathaniel Marshall 12		
3 Surry Central	A	8:50.37
1) Jacob Doria 12	2) Jack Hardy 10	3) Gib Martin 10
4) Eduardo Ramirez Romero		
4 Shelby	A	9:03.17
1) Will Cotton 11	2) Joel Cook 11	3) Grant Harris 11
4) Sammy Seagle 10		
5 NC School of Science & Math	A	9:03.43
1) Evan Cunanan 12	2) Joshua Harvill 12	3) Jarett Price 11
4) Simon Syrrist 11		
6 Northwood	A	9:12.22
1) Drew Yell 9	2) Tanner Gilchrist 9	3) owen Becker 10
4) Sam Bacheler 11		
7 West Wilkes	A	9:16.15
1) Jamarion Hairston 11	2) Landon Wilson 12	3) James Phillips 10
4) Demian Paredes 11		
8 Wheatmore High School	A	9:17.58
1) Ryan Mabe 9	2) Tyler McCormick 11	3) Daylan Rada 10
4) Landon Weeks 12		
9 Ayden-Grifton	A	9:18.13
1) Kelden Bethea 12	2) Kyle Dunbar 11	3) Ethan Serra 12
4) Chris Latimer 11		
10 Owen, Charles D.	A	9:19.30
1) Alex Argueta 11	2) Calvin Barker 12	3) Aaron Ferrell 9
4) Nick Sharkey 12		
11 Pine Lake Preparatory	A	9:27.64
1) James Johnson 10	2) Brody Meyer 11	3) Brady Martin 12
4) Colin Huff 11		
12 Spring Creek	A	9:36.73
1) Adonnis Hackett 11	2) Caleb Loftin 12	3) Saul Delgado 10
4) Alexis Perez 10		

Event 15 Girls 55 Meter Hurdles Prelims

Wednesday 2/11/2026 - 4:00 PM

3AMeetRecord: 7.94 2/10/2024

Emma Hall, West Henders

StateMeetRec: 7.78 2/9/2024

Joslyn Hamilton, Rolesville H

Name	Year School	Seed Time
1 Emory Freeman	11 Hendersonville	9.29
2 Peyton St. Clair	11 Union Academy	9.93

NCHSAA 3A Indoor Track State Championships - 2/11/2026**Wednesday Afternoon February 11****JDL Fast Track****Performance List****Event 15 ... (Girls 55 Meter Hurdles Prelims)**

	Name	Year	School	Seed Time
3	Kahmarii McNeill	12	Wheatmore High School	10.23
4	Amoni Saunders	12	Northeastern	10.25
5	Kennedy Ware	10	Union Academy	10.27
6	Bethanie Hardy	11	West Wilkes	10.39
7	Raleigh West	12	Madison	10.45
8	Ruby Parks	9	Northwood	10.70
9	Renee Bright	10	Polk County	10.84
10	Carrie Ann Key	9	West Wilkes	11.35
11	Evelyn Becker	9	Northwood	11.41
12	Harper Eastridge	10	Heide Trask	11.87

Event 16 Boys 55 Meter Hurdles Prelims**Wednesday 2/11/2026 - 4:10 PM****3AMeetRecord: 7.18 2/15/2025 Le'Ezra Brown, Dudley****StateMeetRec: 7.05 2009 Wayne Davis, Southeast Raleigh**

	Name	Year	School	Seed Time
1	Derek Portillo-Revell	12	Northeastern	7.76
2	Samuel Dudley	12	Midway High School	7.95
3	Darryl Parham	11	Kinston	8.00
4	Aiden Zulpo	11	West Wilkes	8.00
5	Ben Altenburg	11	Northwood	8.00
6	Jerome Ramseur	12	Draughn	8.11
7	Cameron Hall	12	Farmville Central	8.35
8	Daniel Sylvester	10	Pasquotank County	8.39
9	Landon Smith	12	Union Academy	8.41
10	Mee'Kwon Hawkins	12	Kinston	8.45
11	Bj Gardner	12	Farmville Central	8.46
12	Nate Randolph	12	Farmville Central	8.60

Event 17 Girls 55 Meter Dash Prelims**Wednesday 2/11/2026 - 4:20 PM****3AMeetRecord: 6.91 2/10/2024 Janiya Johnson, Statesville****StateMeetRec: 6.76 2/12/2022 Shawnti Jackson, Wakefield**

	Name	Year	School	Seed Time
1	Olivia Oliver	12	Shelby	7.18
2	Noni Oliver	11	Shelby	7.36
3	Keynia Trammell-Mason	12	Shelby	7.39
4	Brihanna Ashcraft	10	Union Academy	7.44
5	Jordan Caldwell	11	Walkertown	7.47
6	Aleyah Grottini	10	Farmville Central	7.51
7	Bethany Hensley	9	Madison	7.77
8	Jewell Childress	11	Pasquotank County	7.78
9	Patience Thomas	12	Northeastern	7.78
10	Brooklyn Hittepole	9	Wheatmore High School	7.87
11	Taliyah Holley	12	Hertford County	7.88
12	Jamiea Tugman	11	West Caldwell	7.89

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Event 18 Boys 55 Meter Dash Prelims

Wednesday 2/11/2026 - 4:25 PM

3AMeetRecord: 6.32 2/14/2020 Terrell Robinson Jr, Mount Tabor
StateMeetRec: 6.19 2/11/2023 Antwan Hughes Jr, Parkland

Name	Year	School	Seed Time
1 Ex'Zavion Croom	12	Kinston	6.53
2 Justice Gramling	12	North Stanly	6.54
3 Alexandro Innocent	12	Goldsboro	6.62
4 Jamar Crote	10	North Stanly	6.66
5 Karson Strickland	12	Mount Airy	6.66
6 Elijah Shine	12	Union Academy	6.67
7 Christian Ferebee	11	Northeastern	6.69
8 Kiefer Lindsay	12	Trinity High	6.72
9 Kylan Dockery	11	North Stanly	6.73
10 Yorel Talbert	11	Shelby	6.73
11 Jacob McLaurin	12	Walkertown	6.74
12 Cordell Moon	11	Thomasville	6.74

Event 21 Girls 4x200 Meter Relay

Wednesday 2/11/2026 - 5:30 PM

3AMeetRecord: 1:40.33 2/15/2025 Dudley, Dudley
N Darden, J Brown, B Dow, S Jordan
StateMeetRec: 1:39.92 2015 Parkland
M. Bryant, K. Sherman, S. Cannon, E. Willias

Team	Relay	Seed Time	
1 Shelby	A	1:43.39	
1) Zaryn Ussery 9	2) Keynia Trammell-Mason 13) Olivia Oliver 12	4) Noni Oliver 11	
2 Ayden-Grifton	A	1:51.70	
1) Da'Maiya Roach 11	2) Ne'Shaunta Whitehurst-Lit3) Isabella Ascencio 11	4) Abigaelle Midy 12	
3 Kinston	A	1:51.73	
1) Madison Green 11	2) Jasmine Prior 10	3) Kayleigh Pittman-Cannor4) Kaylin Morris 12	
4 Union Academy	A	1:52.80	
1) Scarlet Roberts 9	2) Ryah Freeman 9	3) Selena Espinosa 11	4) Dakota Blakeney 9
5 West Wilkes	A	1:59.59	
1) Lilly Fruchtenicht 11	2) Lillian Greene 12	3) Addison Nuens 11	4) Amber Minton 11
6 Goldsboro	A	2:00.04	
1) Kezaria Davis 12	2) Nieirah Smith 11	3) Dezerae Thompson 11	4) Destiny Brewington 12
7 Trinity High	A	2:01.41	
1) Kayla Franklin 11	2) Judith Davis 10	3) Leyla Martinez 12	4) Lily Kate Stratton 12
8 Heide Trask	A	2:04.62	
1) Zamari Ray 12	2) Samara Wright 11	3) Molly Jayne 12	4) Sophie Williamson 12
9 Spring Creek	A	2:07.63	
1) Camryn Eubanks 10	2) Sarah Gurley 12	3) Deanna Gamble 10	4) Destinie Wilson 11
10 Princeton	A	2:08.05	
1) Isabella Bowers 11	2) Christiana Bridges 10	3) Taylar Johnson 9	4) Kenleigh Robbins 9
11 West Caldwell	A	2:09.48	
1) Ava Beaver 9	2) Jae'den Hood 12	3) Kierra McCurdy 11	4) Jamiea Tugman 11
12 Draughn	A	2:10.11	
1) Anna Cape 12	2) Natalie Crowe 10	3) Maria Medrano 12	4) Audrey Pace 12

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Event 22 Boys 4x200 Meter Relay
Wednesday 2/11/2026 - 5:45 PM

3AMeetRecord: 1:29.46 2018

StateMeetRec: 1:27.87 2019

Weddington
D. Dracon, M. Conner, D. Livingston, E. Douds
Southeast Raleigh
E. Haddock, R. McRae, C. Ruffin, B. Williams

Team	Relay	Seed Time
1 North Stanly	A	1:30.71
1) Jamar Crote 10	2) Nathan Helms 11	3) Ra'Cere Bruton 12
4) Kylan Dockery 11		
2 Farmville Central	A	1:30.80
1) Dy'Quez Harrell 11	2) Carnell Cotton 10	3) Elijah Dozier 12
4) Joshua Howard 9		
3 Shelby	A	1:32.70
1) Yorel Talbert 11	2) Kamden Ussery 10	3) Noah Gartner 12
4) Steven Morgan 12		
4 Northwood	A	1:32.92
1) Owen Hearn 11	2) Tequone Moore 11	3) Ben Altenburg 11
4) Ezra Roebuck 12		
5 Union Academy	A	1:32.95
1) Elijah Shine 12	2) Andres Echeverry 12	3) Patrik Veteska 12
4) Landon Smith 12		
6 West Wilkes	A	1:33.91
1) Nolan Hamilton 12	2) Aiden Zulpo 11	3) Colby Shumate 9
4) Mitchell Rangel 12		
7 Walkertown	A	1:34.30
1) Kyle Coltrane 12	2) Victor Davidson 10	3) Jacob McLaurin 12
4) Terrell Savage 12		
8 Goldsboro	A	1:34.80
1) Nasir Davis 10	2) Kweli Davis-Ellis 11	3) Alexandro Innocent 12
4) Javari Smith 12		
9 Northeastern	A	1:34.93
1) Zacchaus Liverman 11	2) Derek Portillo-Revell 12	3) Dwayne Adolphe 12
4) Tye'von Leary 11		
10 Ayden-Grifton	A	1:35.00
1) Myles Sutton 10	2) Jamarcus Saltibus 11	3) Jamyier Donaldson 12
4) Kyle Dunbar 11		
11 Trinity High	A	1:36.08
1) Kiefer Lindsay 12	2) Cayden Pugh 11	3) Jax Dillard 12
4) Giovanni Jaimes 12		
12 Pine Lake Preparatory	A	1:36.79
1) Jack Golon 11	2) Landen Diaz- Luong 9	3) David Ray 9
4) Eyan Mann 11		

Event 23 Girls 1600 Meter Run
Wednesday 2/11/2026 - 6:00 PM

3AMeetRecord: 4:59.99 2/12/2022

StateMeetRec: 4:44.75 2/9/2024

Navaya Zales, Croatan
Charlotte Bell, Cuthbertson

Name	Year	School	Seed Time
1 Elisabeth Sawdy	10	Patton	5:15.93
2 Abby Isaacs	11	Union Academy	5:22.57
3 Scarlett Hildreth	10	Wheatmore High School	5:32.94
4 Brooke Haynes	12	Mount Airy	5:35.79
5 Lyla Henneger	11	Pine Lake Preparatory	5:36.07
6 Ana Leon	10	Union Academy	5:37.49
7 Lucy McDuffie	10	Pine Lake Preparatory	5:41.81
8 Jordan Robertson	12	Owen, Charles D.	5:57.09
9 Sophie Parker	11	NC School of Science & Math	6:05.50
10 Nora Wykle	10	Patton	6:10.28
11 Julia Niehoff	9	Patton	6:12.30
12 Gracie Noonkester	9	Surry Central	6:15.27

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Event 24 Boys 1600 Meter Run

Wednesday 2/11/2026 - 6:10 PM

3AMeetRecord: 4:16.06 2018**Cameron Ponder, Mount Tabor****StateMeetRec: 4:10.61 2003****Bobby Mack, North Forsyth**

Name	Year	School	Seed Time
1 Craig Webb	12	Owen, Charles D.	4:25.51
2 Gavan Hartman	12	Farmville Central	4:36.57
3 Yariel Rodriguez	12	Union Academy	4:37.87
4 Joshua Harvill	12	NC School of Science & Math	4:43.26
5 Ayden Fitzgerald	10	Wheatmore High School	4:49.83
6 Sam Bacheler	11	Northwood	4:50.08
7 Jacob Doria	12	Surry Central	4:51.49
8 Blake Baldwin	11	North Stanly	4:55.01
9 Franco Zapata	11	Surry Central	4:58.10
10 Jarett Price	11	NC School of Science & Math	4:58.74
11 Jamarion Hairston	11	West Wilkes	5:00.62
12 Drew Yell	9	Northwood	5:00.76

Event 25 Girls 500 Meter Dash

Wednesday 2/11/2026 - 6:20 PM

3AMeetRecord: 1:13.20 2/15/2025**Tianna Spinks, So. Guilford****StateMeetRec: 1:12.33 2018****Kyna Robinson, Southeast Raleigh**

Name	Year	School	Seed Time
1 Aleyah Grottini	10	Farmville Central	1:20.17
2 Carlee Grace Stewart	10	Owen, Charles D.	1:21.06
3 Makae'Lee Kuhre	11	Northeastern	1:22.65
4 Brihanna Ashcraft	10	Union Academy	1:23.62
5 Skyler Brodt	11	Union Academy	1:24.44
6 Arianna Jones	10	Farmville Central	1:28.70
7 Carissa Ambrose	10	Union Academy	1:31.61
8 Renee Bright	10	Polk County	1:32.33
9 Liza Coleman	11	Heide Trask	1:32.93
10 Annabella Lamana	12	Shelby	1:33.00
11 Leyla Martinez	12	Trinity High	1:34.83
12 Drea Bowers	10	Princeton	1:35.12

Event 26 Boys 500 Meter Dash

Wednesday 2/11/2026 - 6:30 PM

3AMeetRecord: 1:04.45 2018**Khaleb McRae, Souther Durham****StateMeetRec: 1:03.44 2/15/2025****Joshua Cooper, Willow Springs**

Name	Year	School	Seed Time
1 Preston Mills	10	Union Academy	1:07.16
2 Landon McDonald	9	North Stanly	1:08.21
3 Trevor Mills	10	Union Academy	1:09.64
4 Steven Morgan	12	Shelby	1:09.97
5 Elijah Dozier	12	Farmville Central	1:10.00
6 Juan Sanchez	11	Northwood	1:10.31
7 Landon Wilson	12	West Wilkes	1:10.97
8 Giovanni Jaimes	12	Trinity High	1:11.80
9 Cameron Butts	11	Pasquotank County	1:12.44
10 Nate Randolph	12	Farmville Central	1:12.45

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Event 26 ... (Boys 500 Meter Dash)

Name	Year	School	Seed Time
11 Victor Davidson	10	Walkertown	1:12.88
12 Jamari May	12	Farmville Central	1:13.40

Event 27 Girls 1000 Meter Run

Wednesday 2/11/2026 - 6:40 PM

3AMeetRecord: 2:58.25 2014

Blake Dodge, West Carteret

StateMeetRec: 2:53.81 2015

Nevada Mareno, Leesville Road

Name	Year	School	Seed Time
1 Maya Little	11	Pine Lake Preparatory	3:03.97
2 Abby Isaacs	11	Union Academy	3:12.48
3 Ana Leon	10	Union Academy	3:17.17
4 Scarlett Hildreth	10	Wheatmore High School	3:20.62
5 Brooke Haynes	12	Mount Airy	3:21.86
6 Carlee Grace Stewart	10	Owen, Charles D.	3:22.17
7 Layla McGuire	12	Patton	3:22.17
8 Emma Glumac	9	Union Academy	3:23.95
9 Shiloh Teta	9	Northwood	3:26.53
10 Karley Call	12	West Wilkes	3:40.24
11 Sofia Linares Edmund	9	Hendersonville	3:40.70
12 Conleigh Wilhide	11	Princeton	3:44.81

Event 28 Boys 1000 Meter Run

Wednesday 2/11/2026 - 6:45 PM

3AMeetRecord: 2:28.85 2/8/2019

Kyle Durham, Weddington H

StateMeetRec: 2:27.76 2/15/2025

Kyle Barney, Marvin Ridge

Name	Year	School	Seed Time
1 Gavan Hartman	12	Farmville Central	2:39.55
2 Jack Hardy	10	Surry Central	2:41.26
3 Blake Baldwin	11	North Stanly	2:45.54
4 Ethan Williams	11	Union Academy	2:46.22
5 Vivahn Patel	10	Pine Lake Preparatory	2:54.13
6 Alex Argueta	11	Owen, Charles D.	2:54.57
7 Jyree Rouse	11	Kinston	2:55.20
8 Isaiah Statley	12	Heide Trask	2:56.61
9 Jamarion Hairston	11	West Wilkes	2:57.29
10 Joel Cook	11	Shelby	2:58.17
11 Colby Kaminski	10	Greene Central	3:00.10
12 Noah Thomas	10	Draughn	3:00.78

Event 29 Girls 300 Meter Dash

Wednesday 2/11/2026 - 6:50 PM

3AMeetRecord: 38.62 2/15/2025

Jalee Brown, Dudley

StateMeetRec: 37.81 2017

Tamara Clark, High Point Central

Name	Year	School	Seed Time
1 Brihanna Ashcraft	10	Union Academy	40.64
2 Aleyah Grottini	10	Farmville Central	41.00
3 Noni Oliver	11	Shelby	41.85
4 Zaryn Ussery	9	Shelby	41.99
5 Jordan Caldwell	11	Walkertown	42.02
6 Makae'Lee Kuhre	11	Northeastern	42.31

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Event 29 ... (Girls 300 Meter Dash)

Name	Year	School	Seed Time
7 Patience Thomas	12	Northeastern	42.97
8 Keynia Trammell-Mason	12	Shelby	42.98
9 Mia Stephens	12	Hendersonville	43.97
10 Ruby Parks	9	Northwood	44.73
11 Amber Minton	11	West Wilkes	45.46
12 Skyler Brodt	11	Union Academy	45.70

Event 30 Boys 300 Meter Dash

Wednesday 2/11/2026 - 6:55 PM

3AMeetRecord: 34.22 2/12/2022 **Isaiah Monroe, Dudley**
StateMeetRec: 33.96 2/14/2025 **Ja'Neil Harris, TW Andrews**

Name	Year	School	Seed Time
1 Ezra Roebuck	12	Northwood	35.15
2 Terrell Savage	12	Walkertown	35.94
3 Nolan Hamilton	12	West Wilkes	36.13
4 Noah Gartner	12	Shelby	36.24
5 Landon Sides	11	North Stanly	36.33
6 Danny Bradley	10	Polk County	36.38
7 Alexandro Innocent	12	Goldsboro	36.43
8 Joshua Howard	9	Farmville Central	36.49
9 Mitchell Rangel	12	West Wilkes	36.58
10 Kyle Dunbar	11	Ayden-Grifton	36.62
11 Zacchaeus Liverman	11	Northeastern	37.09
12 Malikh Lyda	11	West Caldwell	37.10

Event 33 Girls 3200 Meter Run

Wednesday 2/11/2026 - 7:05 PM

3AMeetRecord: 10:46.69 2/12/2022 **Caroline Murrell, Northwood**
StateMeetRec: 10:26.49 2/11/2023 **Mary Bonner Dalton, Myers Park**

Name	Year	School	Seed Time
1 Elisabeth Sawdy	10	Patton	11:21.78
2 Abby Isaacs	11	Union Academy	12:02.02
3 Ana Leon	10	Union Academy	12:29.09
4 Scarlett Hildreth	10	Wheatmore High School	12:38.01
5 Hannah Kieffer	9	Pine Lake Preparatory	12:45.71
6 Emma Glumac	9	Union Academy	13:02.31
7 Nora Wykle	10	Patton	13:16.19
8 Adella Strull	10	Owen, Charles D.	13:35.42
9 Jordan Robertson	12	Owen, Charles D.	13:37.36
10 Evelyn Brown	10	Owen, Charles D.	14:15.07
11 Lydia Madison	10	Wheatmore High School	15:00.00
12 Leslie Cruz Lopez	10	Heide Trask	15:05.52

Event 34 Boys 3200 Meter Run

Wednesday 2/11/2026 - 7:20 PM

3AMeetRecord: 9:10.96 2010 **Jake Hurysz, Eastern Alamance**
StateMeetRec: 9:10.96 2010 **Jake Hurysz, Eastern Alamance**

Name	Year	School	Seed Time
1 Craig Webb	12	Owen, Charles D.	9:45.79
2 Yariel Rodriguez	12	Union Academy	9:59.05

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Event 34 ... (Boys 3200 Meter Run)

Name	Year	School	Seed Time
3 Ayden Fitzgerald	10	Wheatmore High School	10:08.40
4 Asher Legrand	10	Pine Lake Preparatory	10:13.66
5 Eduardo Ramirez Romero	10	Surry Central	10:35.07
6 Roman Immordino	11	Pine Lake Preparatory	10:42.12
7 Ayden Brown	12	West Davidson	10:43.49
8 Drew Yell	9	Northwood	10:44.47
9 Joshua Harvill	12	NC School of Science & Math	10:57.17
10 Kawika Kuhre	9	Northeastern	10:59.44
11 Cameron Willis	10	Union Academy	11:02.02
12 Tyler McCormick	11	Wheatmore High School	11:06.05

Event 35 Girls 4x400 Meter Relay

Wednesday 2/11/2026 - 7:35 PM

3A Meet Record: 4:00.08 2/8/2019

Hillside, Hillside
E Waters, S Wilkerson, I Deloatch, A Johnson
High Point Central
M. Creary, D. Jones, O. Sharp, A. Graham

State Meet Rec: 3:48.73 2017

Team	Relay	Seed Time	
1 Union Academy	A	4:30.76	
1) Carissa Ambrose 10	2) Skyler Brodt 11	3) Peyton St. Clair 11	4) Brihanna Ashcraft 10
2 Ayden-Grifton	A	4:37.05	
1) Da'Maiya Roach 11	2) Ne'Shaunta Whitehurst-Lit3	3) Isabella Ascencio 11	4) Abigaelle Midy 12
3 Heide Trask	A	4:47.37	
1) Liza Coleman 11	2) Janiya Kelly-Green 10	3) Sophie Williamson 12	4) Alanah Watkins 12
4 Pine Lake Preparatory	A	4:50.66	
1) Isabella Cuesta 11	2) Eliana Grathwohl 10	3) Carly Meredith 11	4) Maya Little 11
5 Owen, Charles D.	A	4:51.63	
1) Kayla Drake 10	2) Ava Grant 11	3) Jordan Robertson 12	4) Carlee Grace Stewart 10
6 Surry Central	A	4:53.52	
1) Elizabeth Marsh 9	2) Gracie Noonkester 9	3) Katherine Sanchez 10	4) Amirra Edgar 10
7 West Wilkes	A	4:59.09	
1) Addison Nuens 11	2) Lydia Eller 12	3) Sofie Estes 12	4) Amber Minton 11
8 Trinity High	A	5:00.44	
1) Lily Kate Stratton 12	2) Gaby Lopez 10	3) Leyla Martinez 12	4) Kayla Franklin 11
9 Princeton	A	5:05.35	
1) Drea Bowers 10	2) Isabella Bowers 11	3) Neveah Jackson 10	4) Conleigh Wilhide 11
10 Goldsboro	A	5:05.94	
1) Kennedy Barbour 9	2) Kezaria Davis 12	3) Dezerae Thompson 11	4) Destiny Brewington 12
11 Midway High School	A	5:23.03	
1) Kaydee Seabolt 11	2) Ivey Kate Peterson 9	3) Bailey Jackson 9	4) Ashley Gaspar 12
12 Spring Creek	A	5:29.00	
1) Sarah Gurley 12	2) Aryhanna Harris 10	3) Deanna Gamble 10	4) Destinie Wilson 11

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Event 36 Boys 4x400 Meter Relay

Wednesday 2/11/2026 - 7:50 PM

3A Meet Record: 3:24.21 2018

Weddington

D. Dracon, D. Livingston, K. Durham, E. Douds

State Meet Rec: 3:21.79 2009

New Bern

A. Hendrix, F. Greene, M. Sparks, A. Hendrix

Team	Relay	Seed Time
1 Northwood	A	3:31.45
1) Tequone Moore 11	2) Juan Sanchez 11	3) Ben Altenburg 11
4) Ezra Roebuck 12		
2 Union Academy	A	3:33.39
1) Trevor Mills 10	2) Ethan Williams 11	3) Stephen Gonzales 12
4) Preston Mills 10		
3 Farmville Central	A	3:34.30
1) Elijah Dozier 12	2) Joshua Howard 9	3) Jamari May 12
4) Nate Randolph 12		
4 West Wilkes	A	3:37.54
1) Mitchell Rangel 12	2) Landon Wilson 12	3) Aiden Zulpo 11
4) Nolan Hamilton 12		
5 North Stanly	A	3:41.30
1) Landon Sides 11	2) Blake Baldwin 11	3) Alvon Thigpen 11
4) Landon McDonald 9		
6 Northeastern	A	3:41.52
1) Zacchaus Liverman 11	2) Tye'von Leary 11	3) Dwayne Adolphe 12
4) Derek Portillo-Revell 12		
7 Surry Central	A	3:42.71
1) Jacob Doria 12	2) Jack Hardy 10	3) Eduardo Ramirez Romer
4) Gib Martin 10		
8 Ayden-Grifton	A	3:44.12
1) Jamarcus Saltibus 11	2) Kelden Bethea 12	3) Demarius Peterson 11
4) Kyle Dunbar 11		
9 West Caldwell	A	3:46.30
1) Xavier Ferguson 12	2) Malikhi Lyda 11	3) Mikah Lyda 11
4) Jayden Quesenberry 12		
10 Pine Lake Preparatory	A	3:47.85
1) Vivahn Patel 10	2) Quinn Colas 12	3) Brody Meyer 11
4) Jack Golon 11		
11 Heide Trask	A	3:49.95
1) Joshua Talarico 12	2) Sawyer Davis 10	3) Isaiah Statley 12
4) Tyler Colburn 11		
12 Kinston	A	3:54.10
1) Demarion Barton 12	2) Ex'Zavion Croom 12	3) Mee'Kwon Hawkins 12
4) Darryl Parham 11		