

2026 Lacrosse Conferences

Men's Lacrosse

Conference 1

Croatan High School (5A)
First Flight High School (4A)
Havelock High School (5A)
Jacksonville High School (6A)
Junius H. Rose High School (6A)
New Bern High School (7A)
Northside High School (Jacksonville) (5A)
Swansboro High School (6A)
West Carteret High School (5A)
White Oak High School (6A)

Conference 2

Carrboro High School (4A)
Cedar Ridge High School (5A)
J.F. Webb High School (5A)
Northwood High School (3A)
Orange High School (5A)
Seaforth High School (5A)

Conference 3

Roxboro Community School (2A)
Vance Charter School (1A)
Voyager Academy (2A)
Wake Preparatory Academy (3A)

Conference 4

Emsley A. Laney High School (8A)
Eugene Ashley High School (7A)
John T. Hoggard High School (8A)
New Hanover High School (7A)
North Brunswick High School (7A)
South Brunswick High School (5A)
Topsail High School (7A)
West Brunswick High School (6A)

Conference 5

Cape Fear High School (7A)
Gray's Creek High School (6A)
Jack Britt High School (7A)
Pine Forest High School (7A)
Pinecrest High School (8A)
South View High School (6A)
Terry Sanford High School (6A)
Union Pines High School (6A)

Conference 6

Clayton High School (7A)
Cleveland High School (7A)
Fuquay-Varina High School (7A)
Garner Magnet High School (7A)
James B. Hunt High School (5A)
South Garner High School (7A)

Conference 7

Athens Drive Magnet High School (8A)
Corinth Holders High School (8A)
Leesville Road High School (8A)
Millbrook High School (8A)
Needham B. Broughton High School (8A)
Rolesville High School (8A)
Wakefield High School (8A)
William G. Enloe High School (8A)

Conference 8

Apex Friendship High School (8A)
Apex High School (8A)
Charles E. Jordan High School (8A)
Green Hope High School (8A)
Green Level High School (8A)
Panther Creek High School (8A)
Willow Spring High School (8A)

Conference 9

Eastern Alamance High School (5A)
Southeast Alamance High School (5A)
Southern Alamance High School (6A)
Walter M. Williams High School (6A)
Western Alamance High School (5A)

Conference 10

Cardinal Gibbons High School (7A)
Cary High School (7A)
Felton Grove High School (6A)
Heritage High School (7A)
Holly Springs High School (7A)
Middle Creek High School (6A)
Sanderson High School (7A)
Wake Forest High School (7A)

Conference 11

Chapel Hill High School (7A)
East Chapel Hill High School (6A)
Northern Durham High School (6A)
Riverside High School (7A)
Southern School (7A)

East/West Designations will be assigned during seeding | Three Brackets per gender 1-6A, 7A and 8A

2026 Lacrosse Conferences

Men's Lacrosse

Conference 12

Bradford Preparatory School (2A)
Christ the King Catholic High School (2A)
Community School of Davidson (2A)
Lake Norman Charter School (4A)
Lincoln Charter School (4A)
Mountain Island Charter School (2A)
Pine Lake Preparatory (3A)
Queen's Grant High School (2A)

Conference 13

Bishop McGuinness Catholic High School (2A)
Cornerstone Charter Academy (2A)
High Point Central High School (5A)
Mount Tabor High School (6A)
North Davidson High School (5A)
Robert B. Glenn High School (6A)
Simon G. Atkins Academic & Technology High School (5A)
West Stokes High School (4A)

Conference 14

Asheville High School / SILSA (6A)
Hickory High School (5A)
North Lincoln High School (5A)
Robert L. Patton High School (3A)
St. Stephens High School (6A)
T.C. Roberson High School (6A)
Watauga High School (6A)

Conference 15

Asheboro High School (6A)
Eastern Guilford High School (6A)
Grimsley Senior High School (7A)
Lucy Ragsdale High School (6A)
Northern Guilford High School (6A)
Page High School (7A)
Southeast Guilford High School (6A)
Southwest Guilford High School (7A)
Western Guilford High School (6A)

Conference 16

Charlotte Catholic High School (6A)
Cuthbertson High School (7A)
Marvin Ridge High School (7A)
Parkwood High School (5A)
Porter Ridge High School (7A)
Sun Valley High School (6A)
Weddington High School (7A)

Conference 17

David W. Butler High School (7A)
Davie County High School (7A)
Independence High School (7A)
Lake Norman High School (7A)
Mooresville High School (7A)
South Iredell High School (7A)

Conference 18

East Forsyth High School (7A)
Northwest Guilford High School (8A)
Parkland High School (7A)
Richard J. Reynolds High School (7A)
Ronald W. Reagan High School (7A)
West Forsyth High School (8A)

Conference 19

Ardrey Kell High School (8A)
Ballantyne Ridge High School (7A)
Hopewell High School (7A)
Myers Park High School (8A)
Providence High School (8A)
South Mecklenburg High School (8A)
William Amos Hough High School (8A)

2026 Lacrosse Conferences

Women's Lacrosse

Conference 1

Croatan High School (5A)
First Flight High School (4A)
Havelock High School (5A)
Jacksonville High School (6A)
Junius H. Rose High School (6A)
New Bern High School (7A)
Northside High School (Jacksonville) (5A)
Swansboro High School (6A)
West Carteret High School (5A)
White Oak High School (6A)

Conference 2

Cardinal Gibbons High School (7A)
Cary High School (7A)
Heritage High School (7A)
Holly Springs High School (7A)
Middle Creek High School (6A)
Sanderson High School (7A)
Wake Forest High School (7A)

Conference 3

Athens Drive Magnet High School (8A)
Corinth Holders High School (8A)
Leesville Road High School (8A)
Millbrook High School (8A)
Needham B. Broughton High School (8A)
Rolesville High School (8A)
Wakefield High School (8A)
William G. Enloe High School (8A)

Conference 4

Bishop McGuinness Catholic High School (2A)
High Point Central High School (5A)
Mount Tabor High School (6A)
North Davidson High School (5A)
Robert B. Glenn High School (6A)
Simon G. Atkins Academic & Technology High School (5A)
West Stokes High School (4A)

Conference 5

East Forsyth High School (7A)
Northwest Guilford High School (8A)
Richard J. Reynolds High School (7A)
Ronald W. Reagan High School (7A)
West Forsyth High School (8A)

Conference 6

Carrboro High School (4A)
Chapel Hill High School (7A)
East Chapel Hill High School (6A)
Northwood High School (3A)
Riverside High School (7A)
Seaforth High School (5A)

Conference 7

Community School of Davidson (2A)
Lake Norman Charter School (4A)
Lincoln Charter School (4A)
Pine Lake Preparatory (3A)

Conference 8

David W. Butler High School (7A)
Davie County High School (7A)
Independence High School (7A)
Lake Norman High School (7A)
Mooresville High School (7A)
South Iredell High School (7A)

Conference 9

Clayton High School (7A)
Cleveland High School (7A)
Fuquay-Varina High School (7A)
Garner Magnet High School (7A)
James B. Hunt High School (5A)
South Garner High School (7A)

Conference 10

Grimsley Senior High School (7A)
Lucy Ragsdale High School (6A)
Northern Guilford High School (6A)
Page High School (7A)
Southeast Guilford High School (6A)
Southwest Guilford High School (7A)

Conference 11

Emsley A. Laney High School (8A)
Eugene Ashley High School (7A)
John T. Hoggard High School (8A)
New Hanover High School (7A)
North Brunswick High School (7A)
South Brunswick High School (5A)
Topsail High School (7A)
West Brunswick High School (6A)

2026 Lacrosse Conferences

Women's Lacrosse

Conference 12

Asheville High School / SILSA (6A)
Hickory High School (5A)
North Lincoln High School (5A)
Robert L. Patton High School (3A)
St. Stephens High School (6A)
T.C. Roberson High School (6A)
Watauga High School (6A)

Conference 13

Charlotte Catholic High School (6A)
Cuthbertson High School (7A)
Marvin Ridge High School (7A)
Parkwood High School (5A)
Porter Ridge High School (7A)
Sun Valley High School (6A)
Weddington High School (7A)

Conference 14

Ardrey Kell High School (8A)
Ballantyne Ridge High School (7A)
Hopewell High School (7A)
Myers Park High School (8A)
Providence High School (8A)
South Mecklenburg High School (8A)
William Amos Hough High School (8A)

Conference 15

Apex Friendship High School (8A)
Apex High School (8A)
Charles E. Jordan High School (8A)
Green Hope High School (8A)
Green Level High School (8A)
Panther Creek High School (8A)
Willow Spring High School (8A)

Conference 16

Cape Fear High School (7A)
Gray's Creek High School (6A)
Jack Britt High School (7A)
Pine Forest High School (7A)
Pinecrest High School (8A)
Terry Sanford High School (6A)
Union Pines High School (6A)

East/West Designations will be assigned during seeding | Three Brackets per gender 1-6A, 7A and 8A