

2026 123A State NCHSAA Regional Championships - 2/6/2026 to 2/7/2026

Host: Pine Forest HS

Swimming & Diving

Psych Sheet

Event 1	Women 200 Yard Medley Relay		
	2:11.99 REGA		
Team	Relay	Seed Time	
1	Raleigh Charter	1:53.58	REGA
2	Pine Lake Prep	1:58.88	REGA
3	Gray Stone Day	2:01.22	REGA
4	Com Sch Davidson	2:02.21	REGA
5	McGuinness	2:02.79	REGA
6	Bradford Prep	2:03.68	REGA
7	Mountain Island	2:03.87	REGA
8	East Surry	2:04.11	REGA
9	Voyager Academy	2:04.34	REGA
10	Franklin Academy	2:05.11	REGA
11	Hendersonville	2:05.81	REGA
12	Wake Prep	2:05.94	REGA
13	Highland Tech	2:06.25	REGA
14	Union Academy	2:07.14	REGA
15	NCSSM-Morganton	2:07.54	REGA
16	East Davidson	2:07.75	REGA
17	East Rutherford	2:08.26	REGA
18	Elkin	2:08.33	REGA
19	Cornerstone Char	2:12.17	
20	NE Carolina Prep	2:12.43	
21	Manteo	2:13.31	
22	NCSSM-Durham	2:13.51	
23	Thomas Jefferson	2:13.91	
24	Draughn	2:16.06	

Event 2	Men 200 Yard Medley Relay		
	1:55.99 REGA		
Team	Relay	Seed Time	
1	Bradford Prep	1:41.98	REGA
2	Corvian	1:44.82	REGA
3	Raleigh Charter	1:45.12	REGA
4	Com Sch Davidson	1:46.97	REGA
5	Pine Lake Prep	1:47.63	REGA
6	Christ the King	1:49.20	REGA
7	Mountain Island	1:49.41	REGA
8	Highland Tech	1:49.63	REGA
9	Res Triangle	1:50.10	REGA
10	NCSSM-Durham	1:51.67	REGA
11	East Rutherford	1:51.81	REGA
12	Gray Stone Day	1:52.59	REGA
13	Franklin Academy	1:52.66	REGA
14	McGuinness	1:53.66	REGA
15	Elkin	1:54.12	REGA
16	NCSSM-Morganton	1:57.46	
17	Camden County	1:59.26	
18	Owen	1:59.90	
19	Cornerstone Char	2:00.14	
20	Patton	2:00.77	
21	Eno River	2:01.61	
22	Mount Airy	2:02.64	
23	Northwood	2:03.30	
24	Wake Prep	2:03.72	

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Event 3 Women 200 Yard Freestyle

2:19.99 REGA

	Name	Yr	School	Seed Time	
1	Daisy Collins	JR	Woods Charter	1:53.22	REGA
2	Iris Peterson	SO	Hendersonville	2:03.52	REGA
3	Makenzie Hollingsworth	SO	Highland Tech	2:03.89	REGA
4	Caroline Schaper		Res Triangle	2:04.99	REGA
5	Emilynn Haymore		East Surry	2:05.23	REGA
6	Ava Pelletier	JR	Wake Prep	2:07.74	REGA
7	Piper Campbell	JR	Gray Stone Day	2:07.75	REGA
8	Meredith Gaskill	SR	Manteo	2:08.24	REGA
9	Finn Davis		NCSSM-Durham	2:09.78	REGA
10	Kate Kelpin	JR	Hendersonville	2:11.40	REGA
11	Ashlyn Comer		East Surry	2:11.65	REGA
12	Saylor Watson	SO	Draughn	2:11.90	REGA
13	Allyson Deans	SR	Raleigh Charter	2:11.94	REGA
14	Isabel Darling	SO	Bradford Prep	2:12.42	REGA
15	DJ Rozenbroek	SO	Owen	2:12.99	REGA
16	Marisa Jones		East Davidson	2:13.45	REGA
17	Abigail Campbell	SR	Highland Tech	2:13.86	REGA
18	McNeil Beaumont	FR	Raleigh Charter	2:15.12	REGA
19	Jenna Bolton		Res Triangle	2:15.42	REGA
20	Kynlee Venable		East Surry	2:18.46	REGA
21	Evelyn Vollbrecht	SO	Mountain Island	2:19.09	REGA
22	Molly Randolph	JR	East Rutherford	2:19.61	REGA
23	Reilley O'Donnell	SO	Com Sch Davidson	2:20.19	
24	Eva Nagel	FR	Eno River	2:20.40	
25	Beatrice Crayton	SR	Tri-County	2:21.17	
26	Harper Phipps	SR	Com Sch Davidson	2:22.29	
27	Mia Tidball	SO	Thomas Jefferson	2:22.58	
28	Alyse Remery	12	Macon Early Coll	2:23.50	
29	Sophia Evans	FR	Tri-County	2:23.91	
30	Caroline Honeycutt	SR	Vance Charter	2:28.11	
31	Alexia Dancausse	SR	McGuinness	2:28.86	
32	Aubrey Nixdorf	JR	Pine Lake Prep	2:28.87	

Event 4 Men 200 Yard Freestyle

2:07.99 REGA

	Name	Yr	School	Seed Time	
1	Alex Lee		Raleigh Charter	1:46.89	REGA
2	Cullan Harding	XX	Langtree	1:47.91	REGA
3	Drew White	JR	Woods Charter	1:54.22	REGA
4	Cameron Darling	JR	Bradford Prep	1:54.43	REGA
5	Jackson Garrett	FR	Wake Prep	1:55.31	REGA
6	Ian Watson	SR	Bradford Prep	1:55.32	REGA
7	Steven Wyatt		Cherryville	1:55.48	REGA
8	Nathaniel Miller	FR	Highland Tech	1:56.79	REGA
9	Lucas Dalton	JR	Com Sch Davidson	1:57.46	REGA
10	Quinn Shiosaky		Greene Central	1:59.86	REGA
11	Brody Campbell	SR	Gray Stone Day	2:01.19	REGA
12	Eli Shiosaky	FR	Greene Central	2:01.54	REGA
13	Garrett Brewton	FR	Com Sch Davidson	2:03.38	REGA
14	Michael Tragone		Elkin	2:05.65	REGA
15	Bobby Taylor	JR	Gray Stone Day	2:06.70	REGA
16	Michael Molony	FR	McGuinness	2:07.13	REGA
17	Gabriel Nagel	FR	Eno River	2:07.24	REGA
18	Charlie James	SR	Owen	2:07.33	REGA
19	Owen Meehan		Res Triangle	2:07.85	REGA
20	Joe Honeycutt	JR	Vance Charter	2:08.71	
21	Luke Bakelaar		NCSSM-Durham	2:09.17	
22	Curren Tippet	FR	Highland Tech	2:10.09	
23	Zachary Brannon		East Surry	2:10.15	
24	Jay Collins	JR	Highland Tech	2:10.44	
25	Reid Tucker	SO	Com Sch Davidson	2:11.57	
26	Luke Carter Simmons	SR	McMichael	2:14.04	
27	Solomon Cooper	JR	Manteo	2:16.40	
28	Joseph Johnson		Elkin	2:16.42	
29	Steven Huang	SR	Mount Airy	2:17.29	
30	Harry Gribbin		NCSSM-Durham	2:18.47	
31	Charlie DiMeglio	FR	Hendersonville	2:18.80	
32	Grady Fitzpatrick	FR	Com Sch Davidson	2:18.91	

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Event 5 Women 200 Yard IM

2:34.99 REGA

Name	Yr	School	Seed Time	
1 Reina Liu	SO	Raleigh Charter	2:05.46	REGA
2 Liliana Davis	FR	Mountain Island	2:17.79	REGA
3 Kolby Knag	FR	Com Sch Davidson	2:18.51	REGA
4 Zoey Waters	SR	Gray Stone Day	2:18.85	REGA
5 Lexi Alexander	SR	Wake Prep	2:20.54	REGA
6 Hannah Baughman	FR	East Rutherford	2:22.10	REGA
7 Lucy Kilpatrick	SR	Hendersonville	2:23.61	REGA
8 Layla Comer		East Surry	2:25.15	REGA
9 Alannah Keough	FR	Franklin Academy	2:25.60	REGA
10 Vari Yumagulova	SR	Mtn Heritage	2:25.85	REGA
11 Emily Mann		NE Carolina Prep	2:26.96	REGA
12 Nora Degner	JR	Pine Lake Prep	2:27.51	REGA
13 Lindsay Najera Flores		East Davidson	2:27.59	REGA
14 Ella Delgross	FR	Woods Charter	2:27.69	REGA
15 Anna Melton	FR	Eno River	2:27.72	REGA
16 Molly Smith	FR	Cornerstone Char	2:27.81	REGA
17 Serenity Ault	JR	Cornerstone Char	2:28.92	REGA
18 Grace Roberts		NCSSM-Durham	2:30.94	REGA
19 Caitlin Allen	SR	East Rutherford	2:32.47	REGA
20 Saylor Vitale	JR	Gray Stone Day	2:32.95	REGA
21 Devanshi Garg		Raleigh Charter	2:33.59	REGA
22 Lilah Johnson		NCSSM-Morganton	2:34.51	REGA
23 Roza Lakatos		Goldsboro	2:35.19	
24 Katie Roy	JR	Union Academy	2:36.27	
25 Patterson Herlocker	SO	Gray Stone Day	2:38.63	
26 Zoe Mielke	FR	Manteo	2:39.32	
27 Anabeth Heath	FR	McMichael	2:43.25	
28 Amy Lin		Raleigh Charter	2:43.52	
29 Ana Sic	JR	Patton	2:49.34	
30 Margaret (Mae) Hodge	SO	Hendersonville	2:51.21	
31 Sophie Williamson	JR	Wheatmore	2:52.94	
32 Jordan Doyle	JR	Hendersonville	2:53.92	

Event 6 Men 200 Yard IM

2:27.99 REGA

Name	Yr	School	Seed Time	
1 Calvin Schaper		Res Triangle	1:59.45	REGA
2 Beck Armstrong	SR	Mountain Island	2:00.38	REGA
3 Shane Keough	SO	Franklin Academy	2:01.90	REGA
4 Truman Lee	SR	Bradford Prep	2:02.17	REGA
5 Miles Gragg	SR	Shelby	2:02.92	REGA
6 Roger Zhang		Raleigh Charter	2:03.52	REGA
7 Evan Jackson	FR	Corvian	2:05.44	REGA
8 Ryan Terkelsen	SO	Owen	2:06.10	REGA
9 Alexander Romero	SO	Hendersonville	2:07.54	REGA
10 Grant Degner	FR	Pine Lake Prep	2:09.13	REGA
11 Ryken Randolph	JR	East Rutherford	2:11.01	REGA
12 Carter Faistl	JR	Surry Central	2:11.93	REGA
13 Vivahn Patel	SO	Pine Lake Prep	2:13.69	REGA
14 Aiden Marshall		NCSSM-Morganton	2:14.21	REGA
15 Martin Matera	SO	Union Academy	2:14.57	REGA
16 Kurt DiMeglio	SR	Hendersonville	2:22.26	REGA
17 Owen Bell	FR	Corvian	2:22.73	REGA
18 Brandon Kafitz	SO	Gray Stone Day	2:24.47	REGA
19 Fritz Rutledge		Goldsboro	2:24.64	REGA
20 Jack Schuermann	SR	Com Sch Davidson	2:24.67	REGA
21 Nicholas Sedman-Young	SR	Eno River	2:26.61	REGA
22 Samuel Garcia Barrios	JR	Mount Airy	2:31.44	
23 Michael Whitfield	FR	Corvian	2:32.29	
24 Braden Hudson	11	Thomas Jefferson	2:33.22	
25 Avi Patel	FR	Wake Prep	2:34.20	
26 Rohan Verma	FR	Pine Lake Prep	2:34.39	
27 Sebastian Ninke		East Carteret	2:36.38	
28 William Brooks	SO	McGuinness	2:36.82	
29 James Scott	FR	Manteo	2:36.86	
30 Ramsey Hampton	FR	McGuinness	2:38.97	
31 Lauchlan Young		Excelsior	2:42.55	
32 Nicolas Nagel	FR	Eno River	2:46.39	

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Psych Sheet

Event 7 Women 50 Yard Freestyle

27.99 REGA				
Name	Yr	School	Seed Time	
1 Grace McCarthy	JR	Pine Lake Prep	24.67	REGA
2 Kailiyah Holland	FR	Union Academy	25.30	REGA
3 Jozi Hicks	11	South Stanly	25.62	REGA
4 Liliana Davis	FR	Mountain Island	25.71	REGA
5 Madelyn Vanasek		Voyager Academy	25.76	REGA
6 Jordyn Jernigan		South Davidson	26.27	REGA
7 Karoline Jensen	SR	Bradford Prep	26.42	REGA
8 Hannah Alexander		Voyager Academy	26.64	REGA
9 Erik Wu		NCSSM-Durham	26.71	REGA
10 Addison Parker		Res Triangle	26.76	REGA
11 Kaya Kaidel		Res Triangle	26.88	REGA
12 Megan Eguiarte		NCSSM-Morganton	26.95	REGA
13 Macy Auton	JR	Draughn	27.13	REGA
14 Isabel Darling	SO	Bradford Prep	27.44	REGA
15 Marisa Jones		East Davidson	27.47	REGA
16 Aalanna Venegas	SO	Mountain Island	27.61	REGA
17 Trinitie Holland	SO	Union Academy	27.70	REGA
18 Giada DiNunzio	SO	Bradford Prep	27.75	REGA
19 Ava Greene	FR	East Rutherford	27.88	REGA
20 Lila Pearson		Langtree	28.17	
21 Sydney Chase		Raleigh Charter	28.38	
22 Jadan Rounds	JR	Com Sch Davidson	28.45	
23 Emily Lee	JR	Raleigh Charter	28.51	
24 Elissa Dickerson		Elkin	28.65	
25 Mia Swaim		Elkin	28.69	
26 Campbell Shepherd		NCSSM-Morganton	28.74	
27 Anastasia Palacios	SO	McGuinness	28.76	
28 Molly Argenta	SR	Com Sch Davidson	28.91	
29 Cailee Dewar		Voyager Academy	28.94	
30 Anezka Dovrtelova	FR	Hendersonville	28.96	
31 Emmy Smithwick	SR	Franklin Academy	29.24	
32 Ann Hrycay		NCSSM-Durham	29.35	

Event 8 Men 50 Yard Freestyle

24.49 REGA				
Name	Yr	School	Seed Time	
1 Connor McCarthy	SO	Pine Lake Prep	22.16	REGA
2 Jesse Eskelund		Chatham Central	22.37	REGA
3 Wilson Felder	SR	Bradford Prep	22.45	REGA
4 Derek White	SR	Woods Charter	23.05	REGA
5 Noah Tabor	SR	Highland Tech	23.28	REGA
6 Walker Johnston	SR	Mountain Island	23.29	REGA
7 Parker Miles		Langtree	23.36	REGA
8 Spencer Borden	JR	McGuinness	23.45	REGA
9 Jack Morris	SO	Highland Tech	23.51	REGA
10 Lucas Harris	SR	East Rutherford	23.67	REGA
11 Chasen Bourke	XX	Res Triangle	23.76	REGA
12 Ryken Randolph	JR	East Rutherford	23.77	REGA
13 Nabeel Mubarak	JR	Bradford Prep	23.80	REGA
14 Karan Singh	SR	Franklin Academy	24.04	REGA
15 Devin Sykes		Walkertown	24.15	REGA
16 Tanner DeMoor	SO	Mountain Island	24.20	REGA
17 Gus Murray		East Carteret	24.36	REGA
18 Colin Oham	JR	Gray Stone Day	24.42	REGA
19 Noah Smith	JR	Gray Stone Day	24.42	REGA
20 Aubrey Brostedt		NCSSM-Durham	24.44	REGA
21 Matthew Lappin	SR	Gray Stone Day	24.48	REGA
22 Jonas Young	JR	Com Sch Davidson	24.51	
23 Ryan Britton	SR	Franklin Academy	24.72	
24 Blaine Dawes		Hobgood Charter	24.80	
25 Sam Day		NCSSM-Morganton	24.81	
26 Eli Vining	FR	Com Sch Davidson	24.87	
27 Dmitrii Vershinskii		Tri Math and Sci	24.93	
28 Roman Keeling	SR	Camden County	25.07	
29 Stephen Ribustello	JR	Tarboro	25.12	
30 Evan Baker		Elkin	25.28	
31 Carter Weiss		Pasquotank	25.38	
32 Joseph Johnson		Elkin	25.39	

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Event	9	Women 1 mtr Diving		
	Name	Yr	School	
1	Alyvia Berkowitz	SO	Shelby	137.80
2	Alivia Irwin		Pine Lake Prep	NP
3	Gabriella McAllister	SO	Pine Lake Prep	NP
4	Ryleigh McCoy	JR	Pine Lake Prep	NP
5	Matti Grace Stachowski	SR	Pine Lake Prep	NP
6	Avery Noonan	FR	Christ the King	NP
7	Addison Nardone	JR	Com Sch Davidson	NP
8	Avery Nardone	SR	Com Sch Davidson	NP
9	Nichole Powderly	SR	Com Sch Davidson	NP

Event	10	Men 1 mtr Diving		
	Name	Yr	School	
1	Evan Myers	SO	Eno River	366.00
2	Noah Gartner	SR	Shelby	190.20
3	Grant Harris	JR	Shelby	146.60
4	Grayson Conley	SO	Pine Lake Prep	NP
5	Colby Novick		Mountain Island	NP
6	Brady McSorley	SO	Christ the King	NP
7	Lucas Schuermann	SO	Com Sch Davidson	NP

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Event	11	Women 100 Yard Butterfly			
		1:14.99 REGA			
		Name	Yr	School	Seed Time
1		Alice Arcaro	FR	Raleigh Charter	58.26 REGA
2		Lucy Ann Hefner	FR	Raleigh Charter	1:01.06 REGA
3		Taia Schneider	SR	Thomas Jefferson	1:01.19 REGA
4		Natalie Dunnigan		NCSSM-Durham	1:01.67 REGA
5		Christiana Hoang		Raleigh Charter	1:02.57 REGA
6		Ella Deardorff	SR	Pine Lake Prep	1:03.23 REGA
7		Mckaleigh Keough	FR	Franklin Academy	1:03.53 REGA
8		Bella Dontino	FR	Pine Lake Prep	1:03.62 REGA
9		Dorothy Ellen Grant		Raleigh Charter	1:03.81 REGA
10		Emilynn Haymore		East Surry	1:04.93 REGA
11		Meredith Gaskill	SR	Manteo	1:06.39 REGA
12		Eason Melton		NE Carolina Prep	1:06.95 REGA
13		Kamdyn Leute	FR	Franklin Academy	1:06.95 REGA
14		Evelyn Vollbrecht	SO	Mountain Island	1:07.35 REGA
15		Sarika Hatcher		Elkin	1:07.56 REGA
16		Abigail Campbell	SR	Highland Tech	1:07.82 REGA
17		Kate Kelpin	JR	Hendersonville	1:08.80 REGA
18		Lila Pearson		Langtree	1:08.88 REGA
19		Ali Poulliotte	FR	Com Sch Davidson	1:09.34 REGA
20		Jenna Bolton		Res Triangle	1:09.37 REGA
21		Lucy Dailey	JR	Bradford Prep	1:12.42 REGA
22		Ana Sic	JR	Patton	1:12.42 REGA
23		Helen Swafford		Voyager Academy	1:13.11 REGA
24		Alexis Palles	SO	Union Academy	1:13.88 REGA
25		Amara Simmons		Elkin	1:14.46 REGA
26		Emilia Lopez	SO	Gray Stone Day	1:15.92
27		Charley Reed	SO	Hendersonville	1:18.46
28		Clara Tinsley	FR	Gray Stone Day	1:18.60
29		Emma Ballenger	SR	McGuinness	1:19.66
30		Sophie Williamson	JR	Wheatmore	1:20.92
31		Skyler Stone	FR	Com Sch Davidson	1:20.94
32		Joanna Tidball	JR	Thomas Jefferson	1:21.40

Event	12	Men 100 Yard Butterfly			
		1:03.99 REGA			
		Name	Yr	School	Seed Time
1		Matthew Tripsa	JR	Corvian	52.52 REGA
2		Jackson Hartsell	SR	Com Sch Davidson	54.03 REGA
3		Arthur Neighbors	SR	Cornerstone Char	55.08 REGA
4		Roger Zhang		Raleigh Charter	55.29 REGA
5		Jacob Walker		Raleigh Charter	56.00 REGA
6		Ryan Terkelsen	SO	Owen	56.33 REGA
7		Cooper Clair	JR	Christ the King	57.36 REGA
8		Gavin Johnson	FR	Corvian	58.07 REGA
9		Alexander Romero	SO	Hendersonville	58.56 REGA
10		Vivahn Patel	SO	Pine Lake Prep	59.61 REGA
11		Bobby Taylor	JR	Gray Stone Day	59.66 REGA
12		Adric Ebert		NCSSM-Durham	59.87 REGA
13		Fritz Rutledge		Goldsboro	59.92 REGA
14		Liam York	SO	Corvian	1:00.44 REGA
15		Ethan Hagwood	FR	Mountain Island	1:00.58 REGA
16		Matthew Cai		NCSSM-Morganton	1:01.91 REGA
17		Quinn Shiosaky		Greene Central	1:01.96 REGA
18		Matthew Lappin	SR	Gray Stone Day	1:02.47 REGA
19		Noah Shin	JR	Mountain Island	1:02.63 REGA
20		Dmitrii Vershinskii		Tri Math and Sci	1:03.02 REGA
21		Eli Vining	FR	Com Sch Davidson	1:03.29 REGA
22		Ethan Ortiz	SR	Christ the King	1:03.75 REGA
23		Daniel Sanchez	SR	Highland Tech	1:03.79 REGA
24		Nicholas Sedman-Young	SR	Eno River	1:04.43
25		Yash Singh		Tri Math and Sci	1:04.73
26		William Brooks	SO	McGuinness	1:05.04
27		Aidan Carter	SR	Madison	1:05.50
28		Trevor Bedson		NCSSM-Durham	1:06.20
29		Carter Phillips	SO	Patton	1:06.48
30		Avi Patel	FR	Wake Prep	1:07.44
31		Jakob King		NCSSM-Durham	1:08.00
32		Grady Fitzpatrick	FR	Com Sch Davidson	1:08.02

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Event 13 Women 100 Yard Freestyle

1:03.99 REGA

Name	Yr	School	Seed Time	
1 Grace McCarthy	JR	Pine Lake Prep	53.03	REGA
2 Alice Arcaro	FR	Raleigh Charter	54.73	REGA
3 Jozi Hicks	11	South Stanly	56.02	REGA
4 Kailiyah Holland	FR	Union Academy	56.41	REGA
5 Madelyn Vanasek		Voyager Academy	56.59	REGA
6 Jordyn Jernigan		South Davidson	57.72	REGA
7 Kaya Kaidel		Res Triangle	58.38	REGA
8 Megan Eguiarte		NCSSM-Morganton	58.70	REGA
9 Matilda Lee	FR	Bradford Prep	58.90	REGA
10 Erik Wu		NCSSM-Durham	59.60	REGA
11 Grace Roberts		NCSSM-Durham	59.88	REGA
12 Jillian Wolfe	SO	Wheatmore	1:00.00	REGA
13 Molly Randolph	JR	East Rutherford	1:00.25	REGA
14 Addison Parker		Res Triangle	1:00.33	REGA
15 Lucy Gaylord	FR	McGuinness	1:01.42	REGA
16 Mya Brown		Elkin	1:01.70	REGA
17 Aalanna Venegas	SO	Mountain Island	1:01.78	REGA
18 Campbell Shepherd		NCSSM-Morganton	1:01.97	REGA
19 Emersyn Handy		Elkin	1:02.15	REGA
20 Macy Auton	JR	Draughn	1:02.54	REGA
21 Evelyn Pelletier	FR	Wake Prep	1:02.89	REGA
22 Lucy Dailey	JR	Bradford Prep	1:03.30	REGA
23 Reilley O'Donnell	SO	Com Sch Davidson	1:03.30	REGA
24 Sydney Chase		Raleigh Charter	1:03.30	REGA
25 Katie Roy	JR	Union Academy	1:03.32	REGA
26 Conleigh Wilhide		Princeton	1:03.55	REGA
27 Elissa Dickerson		Elkin	1:03.71	REGA
28 Ximena Escalante	SO	Cornerstone Char	1:03.93	REGA
29 Aileen Najera-Flores		East Davidson	1:04.11	
30 Mikayla Dickerson		Elkin	1:04.22	
31 Addison Sturtz	SO	Mountain Island	1:04.33	
32 Faith Perry	JR	Chase	1:04.64	

Event 14 Men 100 Yard Freestyle

55.99 REGA

Name	Yr	School	Seed Time	
1 Connor McCarthy	SO	Pine Lake Prep	48.72	REGA
2 Jesse Eskelund		Chatham Central	49.63	REGA
3 Kevin Luo		NCSSM-Durham	50.49	REGA
4 Henry Snyder	XX	Elkin	50.65	REGA
5 Derek White	SR	Woods Charter	51.68	REGA
6 Lucas Harris	SR	East Rutherford	52.30	REGA
7 Jack Morris	SO	Highland Tech	52.41	REGA
8 Walker Johnston	SR	Mountain Island	53.08	REGA
9 Nolan Deardorff	SO	Pine Lake Prep	53.10	REGA
10 Chasen Bourke	XX	Res Triangle	53.35	REGA
11 Matthew Beaman		Greene Central	53.74	REGA
12 Gus Murray		East Carteret	53.75	REGA
13 Martin Matera	SO	Union Academy	53.85	REGA
14 Noah Smith	JR	Gray Stone Day	54.42	REGA
15 Caleb White		Elkin	54.92	REGA
16 Chase Bedson	SO	Com Sch Davidson	55.17	REGA
17 Karan Singh	SR	Franklin Academy	55.66	REGA
18 Nabeel Mubarak	JR	Bradford Prep	55.74	REGA
19 Clark Allis		Louisburg	56.03	
20 Blaine Dawes		Hobgood Charter	56.09	
21 Tanner DeMoor	SO	Mountain Island	56.20	
22 Jonas Johnson		Elkin	56.22	
23 Ryan Britton	SR	Franklin Academy	56.34	
24 Jay Collins	JR	Highland Tech	56.52	
25 Curren Tippet	FR	Highland Tech	56.64	
26 Jonas Young	JR	Com Sch Davidson	57.01	
27 Sam Day		NCSSM-Morganton	57.07	
28 Joe Honeycutt	JR	Vance Charter	57.09	
29 Grady Matney	SR	Gray Stone Day	57.24	
30 Matthew Cai		NCSSM-Morganton	57.29	
31 Lucas Rodriguez		NCSSM-Durham	57.48	
32 Roman Keeling	SR	Camden County	57.54	

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Event 15 Women 500 Yard Freestyle

6:05.99 REGA

Name	Yr	School	Seed Time	
1 Daisy Collins	JR	Woods Charter	5:02.06	REGA
2 Lucy Ann Hefner	FR	Raleigh Charter	5:15.00	REGA
3 Iris Peterson	SO	Hendersonville	5:27.88	REGA
4 Taia Schneider	SR	Thomas Jefferson	5:28.45	REGA
5 Makenzie Hollingsworth	SO	Highland Tech	5:33.34	REGA
6 Caroline Schaper		Res Triangle	5:35.80	REGA
7 Dorothy Ellen Grant		Raleigh Charter	5:39.00	REGA
8 Saylor Watson	SO	Draughn	5:43.48	REGA
9 Lindsay Najera Flores		East Davidson	5:43.87	REGA
10 Molly Smith	FR	Cornerstone Char	5:44.45	REGA
11 Kamdyn Leute	FR	Franklin Academy	5:48.88	REGA
12 Finn Davis		NCSSM-Durham	5:49.31	REGA
13 Allyson Deans	SR	Raleigh Charter	5:50.37	REGA
14 DJ Rozenbroek	SO	Owen	5:51.10	REGA
15 Logan McCrimmon	JR	Eno River	5:52.16	REGA
16 Ashlyn Comer		East Surry	5:54.43	REGA
17 Iara Silvagnoli	JR	McGuinness	5:55.81	REGA
18 Kynlee Venable		East Surry	5:58.48	REGA
19 Addison Sturtz	SO	Mountain Island	6:02.91	REGA
20 Devanshi Garg		Raleigh Charter	6:04.86	REGA
21 Alyse Remery	12	Macon Early Coll	6:16.15	
22 Patterson Herlocker	SO	Gray Stone Day	6:16.29	
23 Helen Swafford		Voyager Academy	6:19.37	
24 Beatrix Crayton	SR	Tri-County	6:20.97	
25 Nora Hatley	JR	Gray Stone Day	6:26.10	
26 Kayla Overby	JR	Eno River	6:34.08	
27 Eva Nagel	FR	Eno River	6:35.09	
28 Abbey James	SR	Owen	6:39.52	
29 Aubrey Nixdorf	JR	Pine Lake Prep	6:40.63	
30 Mary Gaylord	SR	McGuinness	6:42.62	
31 Alexandria Yount	FR	Com Sch Davidson	6:45.53	
32 Sarah Icenhour	SO	Com Sch Davidson	6:45.74	

Event 16 Men 500 Yard Freestyle

5:56.99 REGA

Name	Yr	School	Seed Time	
1 Cullan Harding	XX	Langtree	4:52.65	REGA
2 Steven Wyatt		Cherryville	4:53.44	REGA
3 Alex Lee		Raleigh Charter	5:00.16	REGA
4 Elijah Su	FR	Northwood	5:02.84	REGA
5 Matthew Tripsa	JR	Corvian	5:04.36	REGA
6 Drew White	JR	Woods Charter	5:07.95	REGA
7 Calvin Chen		Raleigh Charter	5:11.50	REGA
8 Nathaniel Miller	FR	Highland Tech	5:12.07	REGA
9 Grant Degner	FR	Pine Lake Prep	5:12.29	REGA
10 Jacob Walker		Raleigh Charter	5:13.38	REGA
11 Reid Clair	FR	Christ the King	5:19.09	REGA
12 Tyler Ovens	FR	Wake Prep	5:26.13	REGA
13 Lucas Dalton	JR	Com Sch Davidson	5:27.74	REGA
14 Brylan Chapman	JR	East Rutherford	5:30.59	REGA
15 Ethan Hagwood	FR	Mountain Island	5:34.17	REGA
16 Caleb Geoffroy	FR	Mountain Island	5:34.19	REGA
17 Eli Shiosaky	FR	Greene Central	5:34.60	REGA
18 Michael Tragone		Elkin	5:38.58	REGA
19 Garrett Brewton	FR	Com Sch Davidson	5:44.88	REGA
20 Luke Bakelaar		NCSSM-Durham	5:49.03	REGA
21 Charlie James	SR	Owen	5:50.70	REGA
22 Michael Molony	FR	McGuinness	5:52.88	REGA
23 Owen Meehan		Res Triangle	5:52.97	REGA
24 Michael Whitfield	FR	Corvian	5:53.31	REGA
25 Reid Tucker	SO	Com Sch Davidson	5:55.80	REGA
26 Nixon Sipe	FR	Highland Tech	5:55.85	REGA
27 Zachary Brannon		East Surry	5:58.82	
28 Gabriel Nagel	FR	Eno River	6:03.53	
29 Ethan Overby	SR	Eno River	6:18.77	
30 Charlie DiMeglio	FR	Hendersonville	6:23.04	
31 Liam Bradshaw	FR	Patton	6:25.62	
32 Ian Batista		Highlands	6:26.55	

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Event	17	Women 200 Yard Freestyle Relay		
		1:58.99	REGA	
	Team	Relay	Seed Time	
1	Raleigh Charter		1:46.72	REGA
2	Bradford Prep		1:48.38	REGA
3	NCSSM-Durham		1:48.82	REGA
4	Res Triangle		1:49.36	REGA
5	Gray Stone Day		1:49.44	REGA
6	Pine Lake Prep		1:49.63	REGA
7	Union Academy		1:49.91	REGA
8	Hendersonville		1:50.85	REGA
9	Com Sch Davidson		1:50.86	REGA
10	McGuinness		1:51.47	REGA
11	Voyager Academy		1:51.47	REGA
12	Mountain Island		1:51.50	REGA
13	East Davidson		1:53.11	REGA
14	Franklin Academy		1:53.72	REGA
15	Highland Tech		1:54.01	REGA
16	Cornerstone Char		1:54.10	REGA
17	East Surry		1:54.17	REGA
18	Elkin		1:54.84	REGA
19	East Rutherford		1:55.15	REGA
20	Wake Prep		1:55.39	REGA
21	Draughn		1:58.44	REGA
22	NE Carolina Prep		2:01.06	
23	Wheatmore		2:01.56	
24	Jackson Day		2:02.57	

Event	18	Men 200 Yard Freestyle Relay		
		1:42.99	REGA	
	Team	Relay	Seed Time	
1	Bradford Prep		1:32.37	REGA
2	Com Sch Davidson		1:34.73	REGA
3	Corvian		1:35.48	REGA
4	Pine Lake Prep		1:35.80	REGA
5	Mountain Island		1:36.34	REGA
6	NCSSM-Durham		1:37.39	REGA
7	Highland Tech		1:37.45	REGA
8	Franklin Academy		1:37.92	REGA
9	Res Triangle		1:39.22	REGA
10	Raleigh Charter		1:39.31	REGA
11	Elkin		1:40.03	REGA
12	Gray Stone Day		1:40.30	REGA
13	McGuinness		1:40.84	REGA
14	Christ the King		1:40.96	REGA
15	East Rutherford		1:41.87	REGA
16	NCSSM-Morganton		1:44.53	
17	Union Academy		1:44.99	
18	Camden County		1:45.33	
19	McMichael		1:45.93	
20	Cornerstone Char		1:47.00	
21	Mount Airy		1:47.15	
22	Patton		1:47.48	
23	Surry Central		1:47.93	
24	Tri Math and Sci		1:48.76	

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Event	19	Women 100 Yard Backstroke			
		1:07.99 REGA			
		Name	Yr	School	Seed Time
1		Reina Liu	SO	Raleigh Charter	56.51 REGA
2		Hannah Baughman	FR	East Rutherford	1:01.71 REGA
3		Amelia Wolff	SR	McGuinness	1:02.24 REGA
4		Natalie Dunnigan		NCSSM-Durham	1:02.48 REGA
5		Zoey Waters	SR	Gray Stone Day	1:03.03 REGA
6		Kennedy Cook		East Surry	1:03.68 REGA
7		Ella Magner	SO	Pine Lake Prep	1:04.20 REGA
8		Lucy Kilpatrick	SR	Hendersonville	1:04.90 REGA
9		Piper Campbell	JR	Gray Stone Day	1:05.16 REGA
10		Caitlin Allen	SR	East Rutherford	1:05.86 REGA
11		Layla Comer		East Surry	1:06.53 REGA
12		Emily Lee	JR	Raleigh Charter	1:06.55 REGA
13		Jillian Wolfe	SO	Wheatmore	1:06.56 REGA
14		Emma Argenta	SO	Com Sch Davidson	1:06.57 REGA
15		Sarika Hatcher		Elkin	1:06.73 REGA
16		Emily Mann		NE Carolina Prep	1:07.36 REGA
17		Tessa Giersch	SR	Bradford Prep	1:07.89 REGA
18		Logan McCrimmon	JR	Eno River	1:08.83
19		Zoe Mielke	FR	Manteo	1:10.90
20		Emersyn Handy		Elkin	1:11.65
21		Amy Lin		Raleigh Charter	1:12.01
22		Ella Howard	SR	Mountain Island	1:12.61
23		Ella McNeal	SR	Highland Tech	1:12.97
24		Joanna Tidball	JR	Thomas Jefferson	1:13.46
25		Riley Aberant	JR	Wake Prep	1:14.09
26		Clara Tinsley	FR	Gray Stone Day	1:14.99
27		Skyler Stone	FR	Com Sch Davidson	1:15.14
28		Nora Hatley	JR	Gray Stone Day	1:15.16
29		Fowler Bullock		Voyager Academy	1:15.18
30		Anna Trubey	JR	Chase	1:15.97
31		Stella Leonard	SO	Eastern Randolph	1:16.62
32		Ainsley Vorhis		NCSSM-Morganton	1:16.84

Event	20	Men 100 Yard Backstroke			
		1:02.99 REGA			
		Name	Yr	School	Seed Time
1		Truman Lee	SR	Bradford Prep	54.25 REGA
2		Beck Armstrong	SR	Mountain Island	55.05 REGA
3		Henry Snyder	XX	Elkin	56.29 REGA
4		Kevin Luo		NCSSM-Durham	56.78 REGA
5		Nolan Deardorff	SO	Pine Lake Prep	56.99 REGA
6		Arthur Neighbors	SR	Cornerstone Char	57.24 REGA
7		Parker Miles		Langtree	58.34 REGA
8		Gavin Johnson	FR	Corvian	58.42 REGA
9		Calvin Chen		Raleigh Charter	58.42 REGA
10		Jackson Garrett	FR	Wake Prep	58.82 REGA
11		Ian Watson	SR	Bradford Prep	59.08 REGA
12		Cameron Darling	JR	Bradford Prep	59.17 REGA
13		Devin Sykes		Walkertown	59.72 REGA
14		Brody Campbell	SR	Gray Stone Day	59.80 REGA
15		Matthew Beaman		Greene Central	59.90 REGA
16		Aubrey Brostedt		NCSSM-Durham	1:00.22 REGA
17		Adric Ebert		NCSSM-Durham	1:00.44 REGA
18		Liam York	SO	Corvian	1:02.04 REGA
19		Owen Bell	FR	Corvian	1:04.58
20		Eli Allis	SR	Louisburg	1:04.63
21		Tumani Sissoko	JR	Northwood	1:06.01
22		Daniel Sanchez	SR	Highland Tech	1:06.30
23		Samuel Garcia Barrios	JR	Mount Airy	1:07.32
24		Colt Abersold		Starmount	1:08.36
25		Carter Phillips	SO	Patton	1:09.19
26		Trevor Bedson		NCSSM-Durham	1:09.67
27		Sebastian Ninke		East Carteret	1:10.01
28		William Gregory	SR	Owen	1:11.22
29		Lucas Day	FR	Com Sch Davidson	1:11.34
30		Jake Cornatzer	SR	McGuinness	1:12.17
31		Denyn Brawner	SR	Franklin Academy	1:13.03
32		Anthony Smith	SR	Surry Central	1:13.11

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Event	21	Women 100 Yard Breaststroke			
		1:20.99 REGA			
		Name	Yr	School	Seed Time
1		Lexi Alexander	SR	Wake Prep	1:09.31 REGA
2		Ella Deardorff	SR	Pine Lake Prep	1:10.61 REGA
3		Christiana Hoang		Raleigh Charter	1:11.95 REGA
4		Serenity Ault	JR	Cornerstone Char	1:12.07 REGA
5		Kolby Knag	FR	Com Sch Davidson	1:12.13 REGA
6		Vari Yumagulova	SR	Mtn Heritage	1:12.72 REGA
7		McNeil Beaumont	FR	Raleigh Charter	1:12.90 REGA
8		Alannah Keough	FR	Franklin Academy	1:13.04 REGA
9		Hannah Alexander		Voyager Academy	1:13.95 REGA
10		Bella Dontino	FR	Pine Lake Prep	1:14.03 REGA
11		Mckaleigh Keough	FR	Franklin Academy	1:14.17 REGA
12		Ava Pelletier	JR	Wake Prep	1:15.08 REGA
13		Saylor Vitale	JR	Gray Stone Day	1:15.48 REGA
14		Harper Phipps	SR	Com Sch Davidson	1:15.89 REGA
15		Lilah Johnson		NCSSM-Morganton	1:15.99 REGA
16		Ella Delgross	FR	Woods Charter	1:16.48 REGA
17		Anna Melton	FR	Eno River	1:16.50 REGA
18		Ava Greene	FR	East Rutherford	1:17.23 REGA
19		Matilda Lee	FR	Bradford Prep	1:17.46 REGA
20		Eason Melton		NE Carolina Prep	1:18.35 REGA
21		Roza Lakatos		Goldsboro	1:19.39 REGA
22		Giada DiNunzio	SO	Bradford Prep	1:20.14 REGA
23		Mia Tidball	SO	Thomas Jefferson	1:20.44 REGA
24		Anabeth Heath	FR	McMichael	1:21.01
25		Charley Reed	SO	Hendersonville	1:21.76
26		Faith Perry	JR	Chase	1:21.89
27		Zaharah McNish	JR	Vance Charter	1:22.32
28		Mary Gaylord	SR	McGuinness	1:22.53
29		Conleigh Wilhide		Princeton	1:22.89
30		Kyah Rehberg		East Surry	1:23.57
31		Abbie Phillips	SR	Franklin Academy	1:23.75
32		Sophia Meadows	JR	Highland Tech	1:23.89

Event	22	Men 100 Yard Breaststroke			
		1:12.99 REGA			
		Name	Yr	School	Seed Time
1		Jackson Hartsell	SR	Com Sch Davidson	58.87 REGA
2		Calvin Schaper		Res Triangle	59.50 REGA
3		Shane Keough	SO	Franklin Academy	1:00.60 REGA
4		Miles Gragg	SR	Shelby	1:02.70 REGA
5		Evan Jackson	FR	Corvian	1:03.16 REGA
6		Elijah Su	FR	Northwood	1:04.47 REGA
7		Wilson Felder	SR	Bradford Prep	1:04.91 REGA
8		Eddy Ma		Raleigh Charter	1:05.27 REGA
9		Brylan Chapman	JR	East Rutherford	1:05.84 REGA
10		Alex Ragan	SR	Christ the King	1:05.87 REGA
11		Carter Faistl	JR	Surry Central	1:07.03 REGA
12		Noah Tabor	SR	Highland Tech	1:07.19 REGA
13		Clark Allis		Louisburg	1:08.47 REGA
14		Caleb Geoffroy	FR	Mountain Island	1:09.85 REGA
15		Jack Schuermann	SR	Com Sch Davidson	1:10.42 REGA
16		Aniah McKim	SO	Highlands	1:10.65 REGA
17		Aiden Tickle	SR	McMichael	1:11.09 REGA
18		Liam Bradshaw	FR	Patton	1:11.53 REGA
19		Brandon Kafitz	SO	Gray Stone Day	1:11.68 REGA
20		Salvatore Strafaci	JR	McGuinness	1:11.94 REGA
21		Stephen Ribustello	JR	Tarboro	1:12.36 REGA
22		Logan Palmer	JR	Gray Stone Day	1:12.49 REGA
23		Yuval Dinodia		NCSSM-Morganton	1:12.78 REGA
24		Colin Oham	JR	Gray Stone Day	1:12.89 REGA
25		Boden Radel	FR	Com Sch Davidson	1:13.23
26		Adrian Dancausse	SR	McGuinness	1:13.37
27		Luca Livengood	SR	Mount Airy	1:13.56
28		Kurt DiMeglio	SR	Hendersonville	1:14.55
29		Rohan Verma	FR	Pine Lake Prep	1:14.60
30		Arsh Kolenchery		Res Triangle	1:15.03
31		Nate Joyner		Res Triangle	1:16.80
32		Harry Gribbin		NCSSM-Durham	1:17.36

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Event	23	Women 400 Yard Freestyle Relay		
		4:27.99	REGA	
	Team	Relay	Seed Time	
1	Raleigh Charter		3:47.45	REGA
2	Res Triangle		3:59.35	REGA
3	NCSSM-Durham		4:00.53	REGA
4	East Surry		4:02.73	REGA
5	Com Sch Davidson		4:05.32	REGA
6	Pine Lake Prep		4:06.20	REGA
7	Franklin Academy		4:07.00	REGA
8	Gray Stone Day		4:10.02	REGA
9	McGuinness		4:10.34	REGA
10	East Rutherford		4:10.72	REGA
11	Cornerstone Char		4:12.06	REGA
12	Hendersonville		4:13.27	REGA
13	Wake Prep		4:14.19	REGA
14	Bradford Prep		4:16.04	REGA
15	Mountain Island		4:16.13	REGA
16	Voyager Academy		4:16.67	REGA
17	Elkin		4:17.97	REGA
18	Union Academy		4:23.35	REGA
19	Manteo		4:25.67	REGA
20	Eno River		4:27.92	REGA
21	East Davidson		4:34.31	
22	Highland Tech		4:34.97	
23	Draughn		4:38.28	
24	Owen		4:41.10	

Event	24	Men 400 Yard Freestyle Relay		
		3:59.99	REGA	
	Team	Relay	Seed Time	
1	Bradford Prep		3:26.73	REGA
2	Raleigh Charter		3:27.06	REGA
3	Pine Lake Prep		3:29.60	REGA
4	Mountain Island		3:34.37	REGA
5	Com Sch Davidson		3:38.75	REGA
6	Elkin		3:40.39	REGA
7	Highland Tech		3:41.19	REGA
8	NCSSM-Durham		3:41.95	REGA
9	Christ the King		3:44.10	REGA
10	Corvian		3:45.68	REGA
11	Gray Stone Day		3:45.72	REGA
12	McGuinness		3:47.73	REGA
13	East Rutherford		3:50.56	REGA
14	Owen		3:51.81	REGA
15	Franklin Academy		3:56.64	REGA
16	NCSSM-Morganton		4:00.05	
17	Tri Math and Sci		4:01.40	
18	Union Academy		4:02.56	
19	McMichael		4:09.04	
20	Northwood		4:14.07	
21	Camden County		4:14.31	
22	Eno River		4:15.00	
23	Patton		4:15.20	
24	Mount Airy		4:19.20	