

2026 7A State NCHSAA Regional Championships - - 2/4/2026 to 2/5/2026
Swimming & Diving
{Advanced to State Meet - Top 12 Individual (8 Relays) East & West & ALL R7A
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Event 1	Women 200 Yard Medley Relay			
	1:56.99 R7A			
Team	Relay	Seed Time		
1 Cardinal Gibbons		1:46.48	R7A	
2 Marvin Ridge		1:48.08	R7A	
3 Reagan		1:48.18	R7A	
4 RJ Reynolds		1:50.63	R7A	
5 Hopewell		1:51.66	R7A	
6 Weddington		1:52.04	R7A	
7 Davie		1:53.12	R7A	
8 West Cabarrus		1:53.53	R7A	
9 Ashley		1:53.56	R7A	
10 Lake Norman		1:53.61	R7A	
11 Cary		1:53.68	R7A	
12 Topsail		1:54.09	R7A	
13 Heritage		1:54.22	R7A	
14 Sanderson		1:55.95	R7A	
15 Cox Mill		1:57.22		
16 Chapel Hill		1:57.59		
17 Page		1:57.83		
18 Grimsley		1:58.81		
19 Smithfield-Selma		1:59.18		
20 Hickory Ridge		2:00.63		
21 Cuthbertson		2:00.66		
22 Riverside		2:03.00		
23 Ballantyne		2:03.19		
24 Butler		2:03.75		

Event 2	Men 200 Yard Medley Relay			
	1:44.99 R7A			
Team	Relay	Seed Time		
1 Reagan		1:36.16	R7A	
2 Page		1:36.42	R7A	
3 Cardinal Gibbons		1:36.48	R7A	
4 Marvin Ridge		1:36.80	R7A	
5 Davie		1:38.79	R7A	
6 Ashley		1:38.96	R7A	
7 Grimsley		1:40.16	R7A	
8 Chapel Hill		1:40.19	R7A	
9 Cuthbertson		1:40.92	R7A	
10 Sanderson		1:40.96	R7A	
11 Hickory Ridge		1:40.98	R7A	
12 Lake Norman		1:42.64	R7A	
13 Porter Ridge		1:43.08	R7A	
14 Heritage		1:43.65	R7A	
15 Cox Mill		1:44.28	R7A	
16 Weddington		1:44.46	R7A	
17 Hopewell		1:45.56		
18 Holly Springs		1:45.85		
19 SW Guilford		1:46.02		
20 Wake Forest		1:46.15		
21 Cary		1:46.98		
22 Ballantyne		1:47.81		
23 Butler		1:47.90		
24 Topsail		1:49.12		

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Event 3 Women 200 Yard Freestyle

2:02.99 R7A				
Name	Yr	School	Seed Time	
1 Sophia Pero	SR	Hopewell	1:53.04	R7A
2 Meghan Hadsell	SR	Cardinal Gibbons	1:54.16	R7A
3 Lucy Hastings	FR	New Hanover	1:56.53	R7A
4 Cam Robertson	JR	RJ Reynolds	1:56.77	R7A
5 Julia Zettler	FR	Weddington	1:58.29	R7A
6 Anna Burns	JR	Cary	1:58.29	R7A
7 Sloan Searight	SO	Marvin Ridge	1:58.35	R7A
8 Millan Crowder	FR	Cardinal Gibbons	1:59.08	R7A
9 Amelia Peterson	FR	Cardinal Gibbons	1:59.35	R7A
10 Emma Barr	SR	Lake Norman	1:59.93	R7A
11 Catelyn Henderson	JR	Page	2:00.05	R7A
12 Theresa Presley	JR	Cox Mill	2:00.66	R7A
13 Ruby Senko	JR	Cardinal Gibbons	2:01.37	R7A
14 Isabella Bitti	SO	Weddington	2:01.95	R7A
15 Leah Wolfe	JR	Weddington	2:02.27	R7A
16 Aubrey Taylor	FR	Butler	2:02.33	R7A
17 Ellory Carpenter	JR	Weddington	2:02.97	R7A
18 Esme O'Neill	JR	Grimsley	2:03.19	
19 Morgan Jackson	SO	Butler	2:04.97	
20 Charlotte Goins	SO	Sanderson	2:07.78	
21 Scarlett Norris	10	Wake Forest	2:07.81	
22 Louisa Sanoff	SR	Chapel Hill	2:09.07	
23 Hanna Vargas	JR	Reagan	2:09.52	
24 Colleen Sandlin	FR	Topsail	2:10.22	
25 Sarah Wilcox	FR	Riverside	2:10.27	
26 Oliviana Sakmar	SO	Marvin Ridge	2:10.67	
27 Ava Lieber	JR	Ballantyne	2:11.72	
28 Samantha Maley	JR	Page	2:11.80	
29 Rachel Jia	FR	Chapel Hill	2:11.99	
30 Adah Clifford	SR	Reagan	2:12.48	
31 Isla Heit	FR	Riverside	2:14.42	
32 Lisa Shearman	SO	New Bern	2:14.66	

Event 4 Men 200 Yard Freestyle

1:53.99 R7A				
Name	Yr	School	Seed Time	
1 Kyle Wilburn	JR	Cox Mill	1:39.88	R7A
2 Liam Drake	JR	Cardinal Gibbons	1:40.60	R7A
3 Drew Sito	JR	Sanderson	1:40.71	R7A
4 Vaughn Muir	JR	SW Guilford	1:41.99	R7A
5 Adam Polzien	SR	Marvin Ridge	1:44.95	R7A
6 Michael Rice	SR	Marvin Ridge	1:45.53	R7A
7 Dylan Stewart	JR	Marvin Ridge	1:46.60	R7A
8 Matthew Swett	JR	Butler	1:47.23	R7A
9 David Gellin	SO	Chapel Hill	1:47.41	R7A
10 Denali Cutbush-Taylor	SR	Chapel Hill	1:47.53	R7A
11 Jacob Hoempler	JR	Lake Norman	1:48.65	R7A
12 Charlie Mahony	SO	Grimsley	1:48.87	R7A
13 Henry Williams	FR	Reagan	1:49.30	R7A
14 Joseph Froehlich	JR	Cardinal Gibbons	1:49.69	R7A
15 Hampton Frank	FR	New Hanover	1:49.96	R7A
16 Grey Duncan	SR	Cardinal Gibbons	1:50.57	R7A
17 Josh McBride	SO	Davie	1:51.01	R7A
18 Austin Poole	SR	Cardinal Gibbons	1:51.19	R7A
19 Blake Zimmermann	SO	Heritage	1:51.82	R7A
20 Alex Powell	SR	Grimsley	1:51.91	R7A
21 Dillon Csuy	SO	Hopewell	1:52.27	R7A
22 Miles Pena	FR	Marvin Ridge	1:52.41	R7A
23 Kyle Haslam	SO	Grimsley	1:52.94	R7A
24 William Xing	FR	Chapel Hill	1:53.02	R7A
25 Eden Waruiru	FR	Ballantyne	1:54.48	
26 Ethan Michel	JR	Independence	1:57.44	
27 William Benson	JR	Chapel Hill	1:58.48	
28 Reid Scoggins	SR	New Bern	1:59.08	
29 Matthew Zamora	SR	Cleveland	2:00.90	
30 Abraham Smith	JR	Riverside	2:01.42	
31 Aidan Cone	SO	Riverside	2:01.47	
32 Gabriel Lundin	SR	South Central	2:03.25	

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Event	5	Women 200 Yard IM			
		2:14.99 R7A			
	Name	Yr	School	Seed Time	
1	Elle VanderWall	SO	Cardinal Gibbons	2:07.21	R7A
2	Sarah Henderson	SR	Hopewell	2:07.27	R7A
3	Grace Pereira	JR	Cardinal Gibbons	2:07.31	R7A
4	Victoria Madewell	SO	Heritage	2:08.99	R7A
5	Laura Rinker	JR	West Cabarrus	2:09.81	R7A
6	Ava Kiser	SR	RJ Reynolds	2:10.57	R7A
7	Macie McCarter	SR	Marvin Ridge	2:10.79	R7A
8	Anna Katherine Gill	SO	Page	2:11.41	R7A
9	Emily Connors	JR	Weddington	2:11.43	R7A
10	Jayne Steier	JR	Marvin Ridge	2:11.55	R7A
11	Abigail Burton	SO	Reagan	2:14.58	R7A
12	Ezri McCue	SO	Ballantyne	2:14.60	R7A
13	Antoinette Marshall	JR	Cary	2:14.87	R7A
14	Mia Lang	FR	Garner	2:15.36	
15	Natalie Clayton	FR	Heritage	2:15.49	
16	Juliana Hinman	SO	Hopewell	2:15.71	
17	Sommer Murray	FR	Cardinal Gibbons	2:15.82	
18	Annamarie Munroe	JR	Pine Forest	2:16.01	
19	Aubrey Mitchell	SR	Riverside	2:16.37	
20	Hadley Penny	SO	Sanderson	2:16.40	
21	Lianna Pron	JR	Weddington	2:16.60	
22	Cachel Carter	SO	North Meck	2:16.70	
23	Addison Drenan	JR	Reagan	2:17.11	
24	Sage Howards	JR	RJ Reynolds	2:17.42	
25	Avery Smith	SO	Reagan	2:17.73	
26	Kate Curzan	SO	Cardinal Gibbons	2:17.88	
27	Juliet Ketchie	FR	Ballantyne	2:18.26	
28	Katrina Michalski	FR	West Cabarrus	2:18.76	
29	Lily Bica	SO	Ballantyne	2:19.01	
30	Katherine Wile	FR	Page	2:19.32	
31	Poppy Manning	JR	Grimsley	2:19.57	
32	Addison Luper	JR	Holly Springs	2:21.54	

Event	6	Men 200 Yard IM			
		2:03.99 R7A			
	Name	Yr	School	Seed Time	
1	Jacob Anderson	SR	Cardinal Gibbons	1:51.84	R7A
2	Tyler Burton	SR	Reagan	1:52.32	R7A
3	Harris Abernathy	SR	Grimsley	1:53.35	R7A
4	Calvin Provost	JR	Cary	1:55.56	R7A
5	Jacob Clark	SO	Chapel Hill	1:55.67	R7A
6	Parker Murphy	SR	Hickory Ridge	1:56.21	R7A
7	Aaron Choi	JR	Heritage	1:56.93	R7A
8	Alen Cindric	JR	Cardinal Gibbons	1:58.09	R7A
9	Keegan Fullagar	SR	Page	1:58.50	R7A
10	Marshall Hinckley	SO	New Bern	1:58.54	R7A
11	Bryson Edwards	SR	Ashley	1:58.60	R7A
12	Levi Grim	SR	Marvin Ridge	1:59.67	R7A
13	Chase Gray	FR	Hopewell	2:01.37	R7A
14	Vlad Roman	JR	West Cabarrus	2:01.61	R7A
15	Griffin Petree	SO	Marvin Ridge	2:01.94	R7A
16	Jason Pron	FR	Weddington	2:02.15	R7A
17	Elijah Austria	SO	SW Guilford	2:02.74	R7A
18	Nathan Zhang	SO	Ballantyne	2:03.47	R7A
19	Ethan Liang	SR	Chapel Hill	2:03.79	R7A
20	Jackson Pereira	FR	Cardinal Gibbons	2:03.98	R7A
21	Declan Komelasky	FR	Cardinal Gibbons	2:04.11	
22	Hugh Harris	JR	Reagan	2:04.46	
23	Michael Lychak	SR	Cary	2:07.54	
24	Sebastian Castillo-Calle	FR	Cuthbertson	2:08.61	
25	Kingsley Chen	FR	Chapel Hill	2:08.85	
26	Alex Shelby	JR	Holly Springs	2:09.36	
27	Joseph Klepar	JR	Marvin Ridge	2:09.55	
28	Chance Bacon	10	Wake Forest	2:10.20	
29	Scherbakov Valentin	SO	Heritage	2:15.32	
30	Amari Levene	JR	North Brunswick	2:15.37	
31	Lucas Ray	JR	SW Guilford	2:15.44	
32	Kai Ly		McDowell	2:17.22	
33	Micah Haines	SO	Cuthbertson	2:17.22	

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Event 7 Women 50 Yard Freestyle

25.49 R7A				
Name	Yr	School	Seed Time	
1 Campbell Lange	SO	Cardinal Gibbons	23.78	R7A
2 Madison Winardi	SR	Marvin Ridge	23.99	R7A
3 Chandler Daigle	FR	Cardinal Gibbons	24.43	R7A
4 Eva Beekman	SO	Reagan	24.50	R7A
5 Lauren Teague	JR	Cox Mill	24.56	R7A
6 Ivana Kerestes	SO	Marvin Ridge	24.78	R7A
7 Skylar Zuleger	SO	Davie	24.82	R7A
8 Violet Derry	JR	Ashley	24.96	R7A
9 Katherine Feng	SO	Weddington	24.98	R7A
10 Lauren Carlson	SR	Cary	25.02	R7A
11 Morgan Knox	SR	Marvin Ridge	25.11	R7A
12 Abby Townsend	SO	Grimsley	25.15	R7A
13 Sophia Taylor	JR	Cardinal Gibbons	25.28	R7A
14 Murray Buddin	SO	Fuquay-Varina	25.29	R7A
15 Rachel McKinnon	FR	Reagan	25.70	
16 Katie Wilson	FR	Cary	25.70	
17 Emily Spittle	FR	West Cabarrus	25.74	
18 Keelan Prince	SO	Hickory Ridge	25.75	
19 Peyton Clifford	SR	Reagan	25.83	
20 Julia Studnek	SO	Sanderson	25.83	
21 Bailey Donlin	SO	New Bern	25.89	
22 Brynn Miles	FR	Ashley	25.91	
23 Hailey Holt	FR	Hopewell	25.97	
24 Emily Wrenn	SR	Heritage	25.99	
25 Mary Moore	SO	Reagan	26.22	
26 Annie Goins	SR	Sanderson	26.27	
27 Ashley Crowell	SR	Grimsley	26.29	
28 Ada Mittendorf	JR	Cary	26.35	
29 Samara McDaniel	JR	Davie	26.50	
30 Ailey Craig	JR	Cary	26.52	
31 Caroline Dinuzzo	SR	Fuquay-Varina	26.56	
32 Olivia Dufur	JR	Davie	26.57	

Event 8 Men 50 Yard Freestyle

22.99 R7A				
Name	Yr	School	Seed Time	
1 Albert Smelzer	SR	Page	20.10	R7A
2 Brady Schermer	JR	Wake Forest	21.44	R7A
3 Arkady Muller	SR	South Iredell	21.45	R7A
4 JT Trowbridge	SR	Reagan	21.98	R7A
5 Tommy Tuescher	SR	Cardinal Gibbons	22.15	R7A
6 Eddie Anton	SR	Lake Norman	22.20	R7A
7 Stephen Butner	SR	Ashley	22.20	R7A
8 Zach Foeri	SR	Reagan	22.25	R7A
9 Cody Watts	SO	Sanderson	22.27	R7A
10 Graham Presutti	SR	Reagan	22.28	R7A
11 Andrew Vandenstockt	SO	Marvin Ridge	22.43	R7A
12 Sullivan Kothe	SO	Porter Ridge	22.44	R7A
13 Thomas Bai	FR	Marvin Ridge	22.58	R7A
14 Luke Nakhla	SR	Holly Springs	22.58	R7A
15 Coley Askew	SR	Sanderson	22.58	R7A
16 Elijah Setzer	SR	Ashley	22.66	R7A
17 Charlie Thompson		Grimsley	22.70	R7A
18 Mason Jones	SR	Cleveland	22.77	R7A
19 Mason Duggins	JR	Page	22.89	R7A
20 Finn McGonigal	SR	Grimsley	22.89	R7A
21 Smith Owens	JR	McDowell	22.89	R7A
22 Nicholas Lipson	SO	Weddington	22.92	R7A
23 Aiden Lee	JR	Marvin Ridge	23.13	
24 Finley Rossato	SR	Page	23.14	
25 Keegan Gillespie-Churchill	FR	Knightdale	23.16	
26 Fletcher Wulber	SO	Chapel Hill	23.19	
27 Keegan Kelley	JR	Cox Mill	23.27	
28 Connor McNulty	SO	Riverside	23.37	
29 Logan Zuleger	SR	Davie	23.39	
30 Anders Swartzel	JR	Fuquay-Varina	23.41	
31 Kyle Selzer	FR	Cardinal Gibbons	23.42	
32 Connor Neal	SR	Cuthbertson	23.44	
33 Everett Michalski	SR	West Cabarrus	23.44	

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Event	9	Women 1 mtr Diving		
	Name	Yr	School	
1	Mia Delgado	SO	Chapel Hill	403.35
2	Rebeca Bustamante	JR	Hillside	328.30
3	Parker Knights		Chapel Hill	301.50
4	Taylor Ralph	JR	Holly Springs	276.60
5	Olivia Baker	FR	Cardinal Gibbons	266.85
6	Marissa Pittman	SR	Cardinal Gibbons	256.55
7	Ava Rhodes	SR	Cardinal Gibbons	250.10
8	Lily Kahn	JR	Garner	245.00
9	Mae Sokolowski	JR	Fuquay-Varina	243.60
10	Abbie Sevene	SR	Cardinal Gibbons	233.40
11	Callista Coulter	SR	Cary	225.45
12	Abbygail Beauchesne	SR	Holly Springs	217.35
13	Katherine Heston	SO	Butler	NP
14	Gabriella Panichella	SR	Lake Norman	NP
15	Leiani Russell	SO	North Meck	NP
16	Peyton Liddle	JR	Marvin Ridge	NP
17	Miley Cook	SR	Weddington	NP
18	Maileigh Olivares	SO	Porter Ridge	NP
19	Anh Pham	SR	Porter Ridge	NP
20	Natalie Maurer		Hopewell	NP
21	Cara Egan	SR	New Hanover	NP
22	Emma Rogers	SO	New Hanover	NP
23	Haven Richardson	JR	Topsail	NP

Event	10	Men 1 mtr Diving		
	Name	Yr	School	
1	Hugh Fitzgerald	JR	RJ Reynolds	272.75
2	Hagen Wilson	JR	Cardinal Gibbons	224.60
3	Tyler Guy	SR	Cardinal Gibbons	208.85
4	Greyson Murphy	SR	Cardinal Gibbons	196.40
5	Henry Newton	SR	Cardinal Gibbons	187.75
6	Tobin Tise		Lake Norman	NP
7	Brett Weaver	SR	Hopewell	NP
8	Declan Post	JR	Ashley	NP

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Event	11	Women 100 Yard Butterfly			
		1:03.99 R7A			
	Name	Yr	School	Seed Time	
1	Nikki Nixon	JR	Cardinal Gibbons	53.55	R7A
2	Sophia Pero	SR	Hopewell	55.72	R7A
3	Chandler Daigle	FR	Cardinal Gibbons	57.22	R7A
4	Taylor Hall	SR	Hopewell	57.37	R7A
5	Lucy Hastings	FR	New Hanover	57.49	R7A
6	Elle VanderWall	SO	Cardinal Gibbons	57.75	R7A
7	Aubrey Mitchell	SR	Riverside	58.75	R7A
8	Emma Barr	SR	Lake Norman	58.83	R7A
9	Ava Kiser	SR	RJ Reynolds	58.94	R7A
10	Ava Phillips	FR	Heritage	59.34	R7A
11	Ivana Kerestes	SO	Marvin Ridge	59.78	R7A
12	Peyton Clifford	SR	Reagan	59.89	R7A
13	Camren Reaves	SR	Topsail	59.96	R7A
14	Abigail Scharsu	SR	Lake Norman	1:00.34	R7A
15	Violet Derry	JR	Ashley	1:00.36	R7A
16	Katie Andrisson	SR	Topsail	1:01.09	R7A
17	Elizabeth Reed	SR	Cleveland	1:01.60	R7A
18	Lily Bica	SO	Ballantyne	1:01.64	R7A
19	Anna Slee	SR	Cardinal Gibbons	1:01.76	R7A
20	Grayson Brewster	JR	Weddington	1:02.08	R7A
21	Mackenzie Hall	JR	Cary	1:02.20	R7A
22	Natalie Clayton	FR	Heritage	1:02.25	R7A
23	Addison Luper	JR	Holly Springs	1:02.27	R7A
24	Melynn Holmes	SO	RJ Reynolds	1:02.37	R7A
25	Rachel McKinnon	FR	Reagan	1:02.45	R7A
26	Kira Schneider	FR	Cary	1:02.45	R7A
27	Addison Thomasson	FR	Hickory Ridge	1:02.58	R7A
28	Alana Schneider	FR	Cary	1:02.75	R7A
29	Kelly Song	SO	Cuthbertson	1:02.92	R7A
30	Oliviana Sakmar	SO	Marvin Ridge	1:02.97	R7A
31	Annie Goins	SR	Sanderson	1:03.11	R7A
32	Lara Ebert	SO	Marvin Ridge	1:03.40	R7A
33	Hazel Schmutzer		Grimsley	1:03.45	R7A
34	Riley Burnett	SO	West Cabarrus	1:03.57	R7A
35	Ainsley Wall	JR	Marvin Ridge	1:03.84	R7A
36	Isabella Leoncini	SO	Sanderson	1:03.92	R7A

Event	12	Men 100 Yard Butterfly			
		54.99 R7A			
	Name	Yr	School	Seed Time	
1	Michael Rice	SR	Marvin Ridge	49.05	R7A
2	Zach Hirata	JR	Davie	50.90	R7A
3	Jaden Guy	SO	Weddington	51.19	R7A
4	Ronan Cornpropst	JR	Cardinal Gibbons	51.37	R7A
5	Ryker Eder	SR	Ashley	51.53	R7A
6	Aaron Choi	JR	Heritage	51.56	R7A
7	Matthew Shobe	JR	Reagan	52.23	R7A
8	Bryce Dadulla	SO	Porter Ridge	52.27	R7A
9	Caleb Winardi	SO	Marvin Ridge	52.35	R7A
10	Thomas Bai	FR	Marvin Ridge	52.71	R7A
11	Parker Murphy	SR	Hickory Ridge	52.78	R7A
12	Brian Hepp	JR	Cardinal Gibbons	52.82	R7A
13	Nick Brooks	JR	Page	53.08	R7A
14	Finn McGonigal	SR	Grimsley	53.32	R7A
15	Quinn Morris	SO	Lake Norman	53.60	R7A
16	Tommy Tuescher	SR	Cardinal Gibbons	53.63	R7A
17	Tyler Tennant	JR	Cuthbertson	53.66	R7A
18	Elijah Austria	SO	SW Guilford	53.67	R7A
19	Keegan Kelley	JR	Cox Mill	53.68	R7A
20	Denali Cutbush-Taylor	SR	Chapel Hill	53.71	R7A
21	Zach Foeri	SR	Reagan	54.48	R7A
22	Malachi McAllister	SR	Porter Ridge	54.55	R7A
23	Austin Poole	SR	Cardinal Gibbons	55.32	
24	Ryder LaDelle	FR	Overhills	55.56	
25	Xaiden Groff	JR	Davie	55.95	
26	Matthew Fitzgerald	SR	New Bern	57.25	
27	Grayston Davies	JR	Cuthbertson	57.69	
28	Rhys Ehrhart	SO	Marvin Ridge	58.23	
29	Jack Cockrum	SR	Topsail	58.39	
30	Collin Swartz	JR	Holly Springs	58.54	
31	Alexander Papp	JR	Cary	58.91	
32	Matthew Slavik	SO	Heritage	59.39	

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Event 13 Women 100 Yard Freestyle

57.49 R7A				
Name	Yr	School	Seed Time	
1 Campbell Lange	SO	Cardinal Gibbons	52.19	R7A
2 Lauren Teague	JR	Cox Mill	53.57	R7A
3 Madison Winardi	SR	Marvin Ridge	53.58	R7A
4 Abby Townsend	SO	Grimsley	53.80	R7A
5 Catelyn Henderson	JR	Page	54.03	R7A
6 Elyse Johnson	JR	Cardinal Gibbons	54.49	R7A
7 Annie Schooff	FR	Chapel Hill	54.61	R7A
8 Addison Mitchell	SR	Reagan	55.03	R7A
9 Amelia Peterson	FR	Cardinal Gibbons	55.06	R7A
10 Katie Wilson	FR	Cary	55.11	R7A
11 Leah Wolfe	JR	Weddington	55.43	R7A
12 Molly McGuire	SR	Lake Norman	55.69	R7A
13 Avery Orning	SR	Cardinal Gibbons	55.70	R7A
14 Sloan Searight	SO	Marvin Ridge	55.73	R7A
15 Sophia Wert	JR	Ashley	55.73	R7A
16 Charlee Sexsmith	SO	Sanderson	55.95	R7A
17 Payton Millard	JR	Smithfield-Selma	55.97	R7A
18 Katie Henderson	FR	Cox Mill	56.45	R7A
19 Taylor Hinshaw	JR	Reagan	56.60	R7A
20 Hailey Holt	FR	Hopewell	56.78	R7A
21 Morgan Jackson	SO	Butler	56.86	R7A
22 Bailey Donlin	SO	New Bern	56.98	R7A
23 Emory Butler	SO	Davie	57.02	R7A
24 Mary Moore	SO	Reagan	57.20	R7A
25 Murray Buddin	SO	Fuquay-Varina	57.25	R7A
26 Mackenzie Hall	JR	Cary	57.32	R7A
27 Emily Wrenn	SR	Heritage	57.42	R7A
28 Riley Burnett	SO	West Cabarrus	57.52	
29 Claire Keever	SO	RJ Reynolds	57.57	
30 Kylie Baucom	JR	Hickory Ridge	57.67	
31 Samone Vermeulen	JR	Ashley	58.27	
32 Mia Benton	JR	DH Conley	58.28	

Event 14 Men 100 Yard Freestyle

50.99 R7A				
Name	Yr	School	Seed Time	
1 Albert Smelzer	SR	Page	44.84	R7A
2 Kyle Wilburn	JR	Cox Mill	45.58	R7A
3 Brady Schermer	JR	Wake Forest	47.36	R7A
4 Drew Sito	JR	Sanderson	47.57	R7A
5 Dylan Stewart	JR	Marvin Ridge	48.48	R7A
6 Stephen Butner	SR	Ashley	48.61	R7A
7 Jacob Hoempler	JR	Lake Norman	48.77	R7A
8 Arkady Muller	SR	South Iredell	48.80	R7A
9 Colton McBryde	SR	Marvin Ridge	48.88	R7A
10 Charlie Mahony	SO	Grimsley	48.99	R7A
11 Henry Williams	FR	Reagan	49.45	R7A
12 Josh McBride	SO	Davie	49.87	R7A
13 Graham Presutti	SR	Reagan	50.03	R7A
14 Ryder LaDelle	FR	Overhills	50.13	R7A
15 Joey Sinicropi	SR	Hickory Ridge	50.21	R7A
16 Nicholas Lipson	SO	Weddington	50.39	R7A
17 Kyle Haslam	SO	Grimsley	50.76	R7A
18 Mason Jones	SR	Cleveland	50.99	R7A
19 Grey Duncan	SR	Cardinal Gibbons	51.14	
20 Reid Scoggins	SR	New Bern	51.22	
21 Fletcher Wulber	SO	Chapel Hill	51.60	
22 Bryce Marks	SO	Cardinal Gibbons	51.74	
23 Hudson Williams	SR	Reagan	51.92	
24 Anders Swartzel	JR	Fuquay-Varina	51.92	
25 Gabe Emery	11	Wake Forest	52.31	
26 Gavin Switzer	SO	Topsail	52.45	
27 Pasha Sarrafi	SR	Marvin Ridge	52.75	
28 Mason Duggins	JR	Page	52.85	
29 Finley Rossato	SR	Page	53.04	
30 Julian Seamon	JR	SW Guilford	53.06	
31 Emmett Bautz	SR	Cardinal Gibbons	53.09	
32 Alex Shelby	JR	Holly Springs	53.14	

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Event	15	Women 500 Yard Freestyle			
		5:32.99 R7A			
	Name	Yr	School	Seed Time	
1	Meghan Hadsell	SR	Cardinal Gibbons	5:06.71	R7A
2	Julia Zettler	FR	Weddington	5:10.30	R7A
3	Laura Rinker	JR	West Cabarrus	5:10.78	R7A
4	Anna Burns	JR	Cary	5:13.21	R7A
5	Eva Beekman	SO	Reagan	5:19.96	R7A
6	Isabella Bitti	SO	Weddington	5:20.08	R7A
7	Theresa Presley	JR	Cox Mill	5:25.32	R7A
8	Ezri McCue	SO	Ballantyne	5:26.14	R7A
9	Millan Crowder	FR	Cardinal Gibbons	5:27.28	R7A
10	Alana Schneider	FR	Cary	5:28.31	R7A
11	Aubrey Taylor	FR	Butler	5:28.63	R7A
12	Ruby Senko	JR	Cardinal Gibbons	5:29.23	R7A
13	Susannah Ghitelman	FR	Chapel Hill	5:29.41	R7A
14	Abigail Scharsu	SR	Lake Norman	5:29.49	R7A
15	Camren Reaves	SR	Topsail	5:30.13	R7A
16	Charlotte Goins	SO	Sanderson	5:31.69	R7A
17	Esme O'Neill	JR	Grimsley	5:33.52	
18	Antoinette Marshall	JR	Cary	5:34.75	
19	Kira Schneider	FR	Cary	5:35.78	
20	Sarah O'Dell	JR	Marvin Ridge	5:36.75	
21	Sloan Kastler	SR	Hickory Ridge	5:36.75	
22	Scarlett Norris	10	Wake Forest	5:39.63	
23	Scarlett Fernando	SR	SW Guilford	5:40.61	
24	Samantha Maley	JR	Page	5:41.52	
25	Hanna Vargas	JR	Reagan	5:41.73	
26	Mary Hott	SO	New Bern	5:42.53	
27	Louisa Sanoff	SR	Chapel Hill	5:43.75	
28	Molly Bass	SO	Cuthbertson	5:44.82	
29	Julia Biersack	SR	Cardinal Gibbons	5:46.51	
30	Natalie Morabito	FR	Butler	5:47.64	
31	Ainsley Pedrick	SR	Topsail	5:49.26	
32	Tera Choi	SO	Heritage	5:49.95	

Event	16	Men 500 Yard Freestyle			
		5:12.99 R7A			
	Name	Yr	School	Seed Time	
1	Liam Drake	JR	Cardinal Gibbons	4:29.62	R7A
2	Vaughn Muir	JR	SW Guilford	4:42.44	R7A
3	Alen Cindric	JR	Cardinal Gibbons	4:43.91	R7A
4	Adam Polzien	SR	Marvin Ridge	4:45.87	R7A
5	Lysander Mihaly	JR	Riverside	4:46.96	R7A
6	Matthew Swett	JR	Butler	4:47.71	R7A
7	Blake Zimmermann	SO	Heritage	4:47.97	R7A
8	Jacob Clark	SO	Chapel Hill	4:49.21	R7A
9	David Gellin	SO	Chapel Hill	4:51.79	R7A
10	Joseph Froehlich	JR	Cardinal Gibbons	4:52.13	R7A
11	Levi Grim	SR	Marvin Ridge	4:53.36	R7A
12	Aiden Lee	JR	Marvin Ridge	4:53.62	R7A
13	Bryce Golden	FR	Hickory Ridge	4:53.91	R7A
14	Declan Komelasky	FR	Cardinal Gibbons	4:54.99	R7A
15	Dillon Csuy	SO	Hopewell	4:59.36	R7A
16	Joseph Klepar	JR	Marvin Ridge	5:03.05	R7A
17	Alex Powell	SR	Grimsley	5:06.17	R7A
18	Adam Aris	SO	Ballantyne	5:06.68	R7A
19	Eden Waruiru	FR	Ballantyne	5:09.71	R7A
20	Hampton Frank	FR	New Hanover	5:10.34	R7A
21	Hugh Harris	JR	Reagan	5:11.37	R7A
22	Ethan Michel	JR	Independence	5:16.51	
23	Derek Wood	JR	Topsail	5:24.57	
24	Bo Forrest	SR	Holly Springs	5:27.10	
25	Grant Williams	SO	Grimsley	5:32.77	
26	Wes Crutchfield		Grimsley	5:32.78	
27	Richard Rutherford	SO	Riverside	5:33.25	
28	Bradley Steer		Holly Springs	5:33.37	
29	Gabriel Lundin	SR	South Central	5:33.77	
30	Colton Williams	SO	Porter Ridge	5:34.36	
31	Joseph Stanfield	JR	RJ Reynolds	5:34.77	
32	Keegan Gillespie-Churchill	FR	Knightdale	5:39.87	

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Event	17	Women 200 Yard Freestyle Relay		
		1:45.99	R7A	
	Team	Relay	Seed Time	
1	Cardinal Gibbons		1:38.01	R7A
2	Marvin Ridge		1:38.86	R7A
3	Hopewell		1:38.94	R7A
4	Reagan		1:40.94	R7A
5	Cary		1:41.33	R7A
6	Ashley		1:41.61	R7A
7	West Cabarrus		1:42.16	R7A
8	RJ Reynolds		1:42.38	R7A
9	Lake Norman		1:42.56	R7A
10	Davie		1:43.55	R7A
11	Weddington		1:43.71	R7A
12	Grimsley		1:44.04	R7A
13	Cox Mill		1:44.45	R7A
14	Heritage		1:45.00	R7A
15	Page		1:45.34	R7A
16	Sanderson		1:45.61	R7A
17	Hickory Ridge		1:45.99	R7A
18	Cuthbertson		1:47.56	
19	Chapel Hill		1:47.67	
20	Ballantyne		1:48.23	
21	Fuquay-Varina		1:48.36	
22	Wake Forest		1:49.36	
23	Smithfield-Selma		1:49.39	
24	Topsail		1:49.75	

Event	18	Men 200 Yard Freestyle Relay		
		1:35.99	R7A	
	Team	Relay	Seed Time	
1	Cardinal Gibbons		1:27.54	R7A
2	Marvin Ridge		1:27.76	R7A
3	Reagan		1:28.01	R7A
4	Page		1:29.36	R7A
5	Sanderson		1:29.82	R7A
6	Ashley		1:30.61	R7A
7	Weddington		1:31.77	R7A
8	Grimsley		1:32.27	R7A
9	Lake Norman		1:32.90	R7A
10	South Iredell		1:33.02	R7A
11	Cox Mill		1:33.18	R7A
12	Porter Ridge		1:33.38	R7A
13	Cuthbertson		1:34.04	R7A
14	Hickory Ridge		1:34.16	R7A
15	Davie		1:34.18	R7A
16	Holly Springs		1:34.23	R7A
17	Chapel Hill		1:34.53	R7A
18	Hopewell		1:34.60	R7A
19	New Bern		1:35.36	R7A
20	Heritage		1:35.39	R7A
21	SW Guilford		1:35.72	R7A
22	Ballantyne		1:36.75	
23	Wake Forest		1:36.76	
24	Topsail		1:38.03	

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Event	19	Women 100 Yard Backstroke			
		1:03.99 R7A			
	Name	Yr	School	Seed Time	
1	Nikki Nixon	JR	Cardinal Gibbons	57.17	R7A
2	Cam Robertson	JR	RJ Reynolds	57.41	R7A
3	Grayson Brewster	JR	Weddington	58.35	R7A
4	Macie McCarter	SR	Marvin Ridge	59.09	R7A
5	Katie Andrisson	SR	Topsail	59.82	R7A
6	Erin Kuly	SO	West Cabarrus	1:00.33	R7A
7	Elyse Johnson	JR	Cardinal Gibbons	1:00.59	R7A
8	Addison Mitchell	SR	Reagan	1:00.63	R7A
9	Annie Schooff	FR	Chapel Hill	1:00.68	R7A
10	Ellory Carpenter	JR	Weddington	1:00.98	R7A
11	Emily Connors	JR	Weddington	1:01.24	R7A
12	Avery Orning	SR	Cardinal Gibbons	1:01.50	R7A
13	Katherine Feng	SO	Weddington	1:01.63	R7A
14	Juliana Hinman	SO	Hopewell	1:01.71	R7A
15	Kate Curzan	SO	Cardinal Gibbons	1:01.77	R7A
16	Taylor Hinshaw	JR	Reagan	1:01.97	R7A
17	Emory Butler	SO	Davie	1:02.39	R7A
18	Emily Spittle	FR	West Cabarrus	1:02.88	R7A
19	Lilly Holtzclaw	JR	Hopewell	1:03.09	R7A
20	Melynn Holmes	SO	RJ Reynolds	1:03.16	R7A
21	Mary Willis	FR	Page	1:03.50	R7A
22	Sadie Vest	JR	Grimsley	1:03.67	R7A
23	Katie Henderson	FR	Cox Mill	1:03.67	R7A
24	Mackenzie Carroll	JR	Ashley	1:03.75	R7A
25	Juliet Ketchie	FR	Ballantyne	1:03.85	R7A
26	Charlee Sexsmith	SO	Sanderson	1:04.08	
27	Addison Thomasson	FR	Hickory Ridge	1:04.24	
28	Elizabeth Reed	SR	Cleveland	1:04.24	
29	Tera Choi	SO	Heritage	1:04.71	
30	Brynn Miles	FR	Ashley	1:05.71	
31	Mary Hott	SO	New Bern	1:07.26	
32	Natalie Irish	JR	Smithfield-Selma	1:07.85	

Event	20	Men 100 Yard Backstroke			
		58.99 R7A			
	Name	Yr	School	Seed Time	
1	Ronan Cornpropst	JR	Cardinal Gibbons	50.73	R7A
2	Cody Watts	SO	Sanderson	51.16	R7A
3	Jacob Anderson	SR	Cardinal Gibbons	51.25	R7A
4	Caleb Winardi	SO	Marvin Ridge	52.05	R7A
5	Zach Hirata	JR	Davie	52.44	R7A
6	Bryson Edwards	SR	Ashley	52.55	R7A
7	Nick Brooks	JR	Page	54.63	R7A
8	Ethan Liang	SR	Chapel Hill	54.63	R7A
9	Vlad Roman	JR	West Cabarrus	54.79	R7A
10	Bryce Golden	FR	Hickory Ridge	54.89	R7A
11	Colton McBryde	SR	Marvin Ridge	55.12	R7A
12	Bryce Dadulla	SO	Porter Ridge	55.15	R7A
13	Quinn Morris	SO	Lake Norman	55.24	R7A
14	Matthew Shobe	JR	Reagan	55.42	R7A
15	Jackson Pereira	FR	Cardinal Gibbons	56.06	R7A
16	Charlie Thompson		Grimsley	56.07	R7A
17	Jason Pron	FR	Weddington	56.45	R7A
18	Brian Hepp	JR	Cardinal Gibbons	56.56	R7A
19	Rhys Ehrhart	SO	Marvin Ridge	56.60	R7A
20	Jaden Guy	SO	Weddington	56.79	R7A
21	Elliott Austin	SR	Cuthbertson	57.07	R7A
22	Pasha Sarrafi	SR	Marvin Ridge	57.83	R7A
23	Matthew Slavik	SO	Heritage	57.86	R7A
24	William Xing	FR	Chapel Hill	57.88	R7A
25	Wes Crutchfield		Grimsley	59.79	
26	Malachi McAllister	SR	Porter Ridge	59.79	
27	Bo Forrest	SR	Holly Springs	1:00.46	
28	Jason Tao	SR	Chapel Hill	1:00.47	
29	Matthew Fitzgerald	SR	New Bern	1:00.82	
30	Warner Peck	SO	Sanderson	1:00.93	
31	Connor Frazee	SO	Holly Springs	1:01.78	
32	Tony Lee	SO	Smithfield-Selma	1:01.93	

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Event	21	Women 100 Yard Breaststroke			
		1:08.99 R7A			
	Name	Yr	School	Seed Time	
1	Abigail Burton	SO	Reagan	1:03.27	R7A
2	Grace Pereira	JR	Cardinal Gibbons	1:04.09	R7A
3	Sarah Henderson	SR	Hopewell	1:04.22	R7A
4	Skylar Zuleger	SO	Davie	1:04.24	R7A
5	Taylor Hall	SR	Hopewell	1:05.50	R7A
6	Morgan Knox	SR	Marvin Ridge	1:05.71	R7A
7	Victoria Madewell	SO	Heritage	1:06.39	R7A
8	Erin Kuly	SO	West Cabarrus	1:06.89	R7A
9	Lauren Carlson	SR	Cary	1:07.06	R7A
10	Addison Drenan	JR	Reagan	1:07.11	R7A
11	Katherine Shannon	SR	Sanderson	1:07.55	R7A
12	Annamarie Munroe	JR	Pine Forest	1:07.79	R7A
13	Mia Lang	FR	Garner	1:08.03	R7A
14	Jayne Steier	JR	Marvin Ridge	1:08.21	R7A
15	Hadley Penny	SO	Sanderson	1:08.22	R7A
16	Molly McGuire	SR	Lake Norman	1:08.25	R7A
17	Sage Howards	JR	RJ Reynolds	1:08.48	R7A
18	Cachel Carter	SO	North Meck	1:08.96	R7A
19	Sophia Wert	JR	Ashley	1:09.04	
20	Ava Phillips	FR	Heritage	1:09.74	
21	Anya Muminovic	SR	Smithfield-Selma	1:10.09	
22	Anna Katherine Gill	SO	Page	1:10.68	
23	Sommer Murray	FR	Cardinal Gibbons	1:10.70	
24	Poppy Manning	JR	Grimsley	1:10.75	
25	Katelyn Lickfold	SR	Cardinal Gibbons	1:11.09	
26	Lara Ebert	SO	Marvin Ridge	1:11.38	
27	Sophia Taylor	JR	Cardinal Gibbons	1:12.30	
28	Katrina Michalski	FR	West Cabarrus	1:12.34	
29	Avery Smith	SO	Reagan	1:12.77	
30	Lianna Pron	JR	Weddington	1:12.85	
31	Claire Kever	SO	RJ Reynolds	1:13.04	
32	Amelia Hartwick	SR	Page	1:13.88	

Event	22	Men 100 Yard Breaststroke			
		1:02.99 R7A			
	Name	Yr	School	Seed Time	
1	Tyler Burton	SR	Reagan	56.03	R7A
2	Ryker Eder	SR	Ashley	58.64	R7A
3	Calvin Provost	JR	Cary	58.83	R7A
4	Joey Sinicropi	SR	Hickory Ridge	59.64	R7A
5	Marshall Hinckley	SO	New Bern	59.70	R7A
6	Keegan Fullagar	SR	Page	59.80	R7A
7	Harris Abernathy	SR	Grimsley	59.99	R7A
8	Andrew Vandenstockt	SO	Marvin Ridge	1:00.38	R7A
9	Griffin Petree	SO	Marvin Ridge	1:00.74	R7A
10	Chase Gray	FR	Hopewell	1:00.86	R7A
11	Nathan Zhang	SO	Ballantyne	1:01.37	R7A
12	Adam Aris	SO	Ballantyne	1:01.74	R7A
13	Eddie Anton	SR	Lake Norman	1:02.13	R7A
14	Lysander Mihaly	JR	Riverside	1:02.15	R7A
15	Julian Saldanha	JR	Cardinal Gibbons	1:03.02	
16	Brett Weaver	SR	Hopewell	1:03.30	
17	Michael Lychak	SR	Cary	1:03.57	
18	Chance Bacon	10	Wake Forest	1:03.82	
19	Logan Zuleger	SR	Davie	1:03.95	
20	Jason Li	SR	Chapel Hill	1:04.00	
21	Kai Ly		McDowell	1:04.39	
22	Nikita Dolotov	SO	Heritage	1:04.89	
23	Cade Lowe	FR	Cardinal Gibbons	1:05.13	
24	Miles Pena	FR	Marvin Ridge	1:05.15	
25	Sebastian Castillo-Calle	FR	Cuthbertson	1:05.22	
26	Grayston Davies	JR	Cuthbertson	1:05.63	
27	Coley Askew	SR	Sanderson	1:06.72	
28	Kyle Selzer	FR	Cardinal Gibbons	1:06.74	
29	Amari Levene	JR	North Brunswick	1:07.32	
30	Jason Tao	SR	Chapel Hill	1:07.37	
31	Sullivan Kothe	SO	Porter Ridge	1:07.63	
32	Emilio Perez	SO	Cardinal Gibbons	1:07.91	

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Event	23	Women 400 Yard Freestyle Relay		
		4:01.99 R7A		
	Team	Relay	Seed Time	
1	Hopewell		3:35.36 R7A	
2	Cardinal Gibbons		3:36.55 R7A	
3	Marvin Ridge		3:45.58 R7A	
4	Heritage		3:46.18 R7A	
5	Cary		3:47.10 R7A	
6	Weddington		3:47.93 R7A	
7	Reagan		3:49.69 R7A	
8	Topsail		3:51.96 R7A	
9	RJ Reynolds		3:54.66 R7A	
10	Ballantyne		3:54.95 R7A	
11	Chapel Hill		3:56.20 R7A	
12	Cuthbertson		3:56.60 R7A	
13	Smithfield-Selma		3:59.00 R7A	
14	Ashley		3:59.72 R7A	
15	Grimsley		3:59.99 R7A	
16	Fuquay-Varina		4:01.00 R7A	
17	Sanderson		4:01.37 R7A	
18	Butler		4:02.12	
19	Page		4:02.57	
20	Cox Mill		4:05.16	
21	Hickory Ridge		4:05.27	
22	Riverside		4:05.58	
23	Davie		4:07.31	
24	New Bern		4:08.40	

Event	24	Men 400 Yard Freestyle Relay		
		3:35.99 R7A		
	Team	Relay	Seed Time	
1	Cardinal Gibbons		3:11.92 R7A	
2	Chapel Hill		3:16.58 R7A	
3	Marvin Ridge		3:18.73 R7A	
4	Reagan		3:19.57 R7A	
5	Grimsley		3:24.07 R7A	
6	Hickory Ridge		3:24.29 R7A	
7	Weddington		3:25.06 R7A	
8	Cuthbertson		3:28.02 R7A	
9	Davie		3:28.55 R7A	
10	New Bern		3:28.93 R7A	
11	Heritage		3:29.47 R7A	
12	Ashley		3:29.64 R7A	
13	SW Guilford		3:35.77 R7A	
14	Hopewell		3:36.24	
15	Butler		3:36.68	
16	Ballantyne		3:37.17	
17	Riverside		3:37.22	
18	Holly Springs		3:38.07	
19	Cary		3:39.38	
20	Cox Mill		3:39.79	
21	Topsail		3:40.53	
22	Page		3:41.18	
23	Porter Ridge		3:41.69	
24	South Iredell		3:46.76	