

2026 6A State NCHSAA Regional Championships -- 2/5/2026 to 2/6/2026
Swimming & Diving
{Advanced to State Meet – Top 12 Individual (8 Relays) East & West & ALL R6A
then Highlighted are At-large from any Region}

Event 1	Women 200 Yard Medley Relay			
	2:12.99 R6A			
Team	Relay	Seed Time		
1 Char Catholic		1:49.41	R6A	
2 Mount Tabor		1:51.17	R6A	
3 East Chapel Hill		1:52.39	R6A	
4 Watauga		1:54.14	R6A	
5 JH Rose		1:55.82	R6A	
6 TC Roberson		1:57.24	R6A	
7 South Caldwell		1:57.65	R6A	
8 Middle Creek		1:58.79	R6A	
9 Felton Grove		1:59.95	R6A	
10 SE Guilford		2:01.19	R6A	
11 N Guilford		2:02.77	R6A	
12 Asheville		2:03.65	R6A	
13 Central Cabarrus		2:04.19	R6A	
14 West Brunswick		2:04.93	R6A	
15 Union Pines		2:05.57	R6A	
16 AC Reynolds		2:05.84	R6A	
17 Ragsdale		2:07.07	R6A	
18 Freedom		2:09.34	R6A	
19 Swansboro		2:09.39	R6A	
20 St Stephens		2:12.49	R6A	
21 Alexander Cent		2:15.97		
22 Terry Sanford		2:16.87		
23 Williams		2:18.42		
24 Western Guilford		2:21.89		

Event 2	Men 200 Yard Medley Relay			
	1:54.99 R6A			
Team	Relay	Seed Time		
1 East Chapel Hill		1:35.91	R6A	
2 Char Catholic		1:41.32	R6A	
3 N Guilford		1:43.40	R6A	
4 JH Rose		1:45.80	R6A	
5 Northern Nash		1:45.85	R6A	
6 Swansboro		1:46.35	R6A	
7 TC Roberson		1:46.45	R6A	
8 Felton Grove		1:46.45	R6A	
9 SE Guilford		1:47.36	R6A	
10 Middle Creek		1:47.42	R6A	
11 Mount Tabor		1:47.61	R6A	
12 South Caldwell		1:48.17	R6A	
13 Watauga		1:51.03	R6A	
14 Freedom		1:51.31	R6A	
15 Union Pines		1:52.97	R6A	
16 Asheville		1:55.45		
17 Ragsdale		1:57.49		
18 West Johnston		1:59.18		
19 Central Cabarrus		2:00.22		
20 AC Reynolds		2:00.33		
21 Western Guilford		2:01.82		
22 South Johnston		2:04.11		
23 Asheboro		2:06.78		
24 Statesville		2:08.47		

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Event 3 Women 200 Yard Freestyle

2:14.99 R6A				
Name	Yr	School	Seed Time	
1 Isabel Wolk	SR	East Chapel Hill	1:52.57	R6A
2 Madi Hertzig	JR	Char Catholic	1:55.51	R6A
3 Rosario Gutierrez	FR	East Chapel Hill	1:58.79	R6A
4 Olivia Jacobsen	SR	Char Catholic	1:59.32	R6A
5 Caroline Meehan	SR	Char Catholic	2:00.61	R6A
6 Shea Cleary	SO	Char Catholic	2:00.94	R6A
7 Claire Isaac	JR	Mount Tabor	2:01.60	R6A
8 Catherine Donahue	FR	TC Roberson	2:01.73	R6A
9 Addie Brabandt		St Stephens	2:02.88	R6A
10 Katherine Vye	FR	Mount Tabor	2:03.05	R6A
11 Riley Brown	SR	JH Rose	2:04.61	R6A
12 Carolina Bumgarner	SO	Ragsdale	2:04.89	R6A
13 Yana Nichols	FR	Felton Grove	2:06.04	R6A
14 Taylor Johnson	SR	Scotland	2:06.76	R6A
15 Montserrat Morales Fernandez	SO	Middle Creek	2:06.86	R6A
16 Francesca Martin	SO	Watauga	2:07.99	R6A
17 Bergan Cassiano	SR	Swansboro	2:08.69	R6A
18 Sydney Lawler	SO	Lee County	2:09.25	R6A
19 Erin Wilson		Northern Nash	2:12.11	R6A
20 Adah Zimmer	FR	SE Guilford	2:13.09	R6A
21 Kaylee Jarvis	SR	West Brunswick	2:13.51	R6A
22 Nyah Tranel	SO	Union Pines	2:13.89	R6A
23 Blakely McMullan	FR	West Brunswick	2:17.15	
24 Elizabeth Staeheli	FR	Watauga	2:20.00	
25 Viviane Vannoy	SO	Watauga	2:21.71	
26 Lila Niedenthal	JR	Asheville	2:22.28	
27 Liza Volk	FR	Asheville	2:24.04	
28 Grace Wallace	SR	Asheville	2:24.61	
29 Jada Sheppard	SR	N Guilford	2:24.71	
30 Caitlin Dong	SO	Watauga	2:25.05	
31 Valerie Johnson		St Stephens	2:25.58	
32 Taylor Amys	SR	Asheville	2:25.67	

Event 4 Men 200 Yard Freestyle

2:08.99 R6A				
Name	Yr	School	Seed Time	
1 Max Halpern	JR	East Chapel Hill	1:43.47	R6A
2 Henry Cooper	JR	N Guilford	1:45.82	R6A
3 Julian Malecki	JR	Char Catholic	1:47.12	R6A
4 Chuanxi William Zhang	JR	East Chapel Hill	1:47.34	R6A
5 Jackson Hartsough	SR	Mount Tabor	1:50.18	R6A
6 Clayton Richards	FR	Char Catholic	1:50.31	R6A
7 Mason Bowler	JR	JH Rose	1:51.20	R6A
8 Gavin Phillips	SO	Middle Creek	1:51.76	R6A
9 Josh Kim	SR	East Chapel Hill	1:52.05	R6A
10 John Dudley	SO	Asheville	1:54.80	R6A
11 Nicholas Chiota		Freedom	1:55.65	R6A
12 James Sheppard	SO	N Guilford	1:57.35	R6A
13 Celo Dawson	FR	Char Catholic	1:58.52	R6A
14 Ben Davis	SO	JH Rose	2:00.20	R6A
15 Evan Brackins	SR	TC Roberson	2:00.72	R6A
16 Liam Hicks	FR	Union Pines	2:00.91	R6A
17 Stacy Eggers	JR	Watauga	2:02.29	R6A
18 Eli Bumgarner	SO	Central Cabarrus	2:03.19	R6A
19 Owen McAbee	FR	TC Roberson	2:03.62	R6A
20 Jason Cao	FR	East Chapel Hill	2:04.28	R6A
21 Tucker Verheyen	SR	Mount Tabor	2:06.74	R6A
22 Klay Blue	SR	Union Pines	2:07.90	R6A
23 Dale Gaines	SO	N Guilford	2:09.01	
24 Thomas Tantillo	FR	Char Catholic	2:09.88	
25 Loren Cueva	FR	N Guilford	2:12.25	
26 Paxton Goldberg	FR	TC Roberson	2:12.73	
27 Aiden Culpepper	FR	Watauga	2:13.38	
28 Logan Morris	JR	SE Guilford	2:14.88	
29 Jacob Prane	FR	Swansboro	2:15.22	
30 Ryan Sindelir	JR	Southern Lee	2:18.50	
31 Davis Slott	FR	S Alamance	2:19.71	
32 Caleb Price		Northern Nash	2:20.40	

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Event	5	Women 200 Yard IM			
		2:40.99 R6A			
		Name	Yr	School	Seed Time
1		Ellie Druhan	JR	Char Catholic	2:08.79 R6A
2		Peyton James	SO	East Chapel Hill	2:10.81 R6A
3		Peyton Felts		South Caldwell	2:11.27 R6A
4		Hadleigh Kulas	SR	JH Rose	2:14.33 R6A
5		Jasmit Kondal	SO	TC Roberson	2:14.39 R6A
6		Allayna Lokits	FR	Mount Tabor	2:14.79 R6A
7		Mamie Harrington	FR	Char Catholic	2:24.00 R6A
8		Ava Milkowich	SR	Union Pines	2:28.48 R6A
9		Anya Dawson	SO	SE Guilford	2:29.36 R6A
10		Ava Williams	SR	West Brunswick	2:31.14 R6A
11		Sophia Shoneman	SR	JH Rose	2:31.93 R6A
12		Skylar Baucom	SR	Piedmont	2:32.61 R6A
13		Karsyn Davis	FR	Char Catholic	2:32.94 R6A
14		Elianna Kolomiyets	SO	AC Reynolds	2:32.99 R6A
15		Riley Elwell	SR	Union Pines	2:33.56 R6A
16		Alyece Medina		Terry Sanford	2:35.12 R6A
17		Alayna Milkowich	FR	Union Pines	2:35.21 R6A
18		Addison Burns	FR	JH Rose	2:35.35 R6A
19		Tess Caron		West Brunswick	2:36.13 R6A
20		Ireland Laxton	SR	Watauga	2:36.92 R6A
21		Carlee Bullock		St Stephens	2:36.98 R6A
22		Mary-Patricia Kolenik	SR	Char Catholic	2:38.47 R6A
23		Kate Coleman	FR	Middle Creek	2:38.56 R6A
24		Olivia Nehus	SO	JH Rose	2:39.39 R6A
25		Nora Whitlock	SO	Asheville	2:40.36 R6A
26		Lillian Wright	JR	N Guilford	2:40.38 R6A
27		Kathleen Auer	SO	Western Guilford	2:41.19
28		Katherine Lanaro	SO	Felton Grove	2:43.61
29		Evelyn Perrault	FR	Mount Tabor	2:44.18
30		Kamryn Moseman	SR	AC Reynolds	2:46.28
31		Salem Newton	SR	Central Cabarrus	2:48.03
32		Siena Joshi	JR	East Chapel Hill	2:51.06

Event	6	Men 200 Yard IM			
		2:21.99 R6A			
		Name	Yr	School	Seed Time
1		Oliver Marrujo	SO	Felton Grove	1:56.06 R6A
2		Chuanqi John Zhang	SR	East Chapel Hill	1:56.36 R6A
3		Avery Mitcham	SO	SE Guilford	1:57.53 R6A
4		Colton Chaires	JR	East Chapel Hill	1:58.96 R6A
5		Scott Williams	SO	Char Catholic	2:01.18 R6A
6		Killian Piner	JR	SE Guilford	2:01.47 R6A
7		Jacob Su	FR	East Chapel Hill	2:01.56 R6A
8		Trevor Hucal	SR	Swansboro	2:03.09 R6A
9		Jason Sliwowski	FR	East Chapel Hill	2:03.81 R6A
10		Jake Dunaway	JR	Middle Creek	2:05.05 R6A
11		Asher Tobin	SO	N Guilford	2:06.48 R6A
12		Frederik Knaeuper	JR	N Guilford	2:07.84 R6A
13		Kenneth Anderson	SR	Char Catholic	2:08.65 R6A
14		Noah Rivera	SO	Mount Tabor	2:13.02 R6A
15		Will Gregware	FR	Char Catholic	2:13.44 R6A
16		Collin Auer	SR	Western Guilford	2:15.49 R6A
17		Ian Hicks	SR	Union Pines	2:16.63 R6A
18		Alex Eady	FR	Felton Grove	2:19.44 R6A
19		Daniel Prane	SR	Swansboro	2:19.97 R6A
20		Jack Lee	FR	Mount Tabor	2:20.17 R6A
21		Keaton Ruch	SR	Asheville	2:21.61 R6A
22		Finnegan Walls		South Johnston	2:24.22
23		Maxwell Mackie		South Caldwell	2:30.86
24		Kerry Donahue	JR	Mount Tabor	2:32.20
25		Michael Wolfe	SO	N Guilford	2:32.23
26		Lukas Kay	FR	Ragsdale	2:35.68
27		Wyatt Medlin	JR	N Guilford	2:37.60
28		Jake Skibo	JR	AC Reynolds	2:38.82
29		Noah Cellini	SR	Char Catholic	2:39.46
30		Quinn Snyder	SO	AC Reynolds	2:41.49
31		Sylar Shoffner		Asheboro	2:44.19
32		Everett Gibbs		West Johnston	2:52.48

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Event 7 Women 50 Yard Freestyle

25.99 R6A				
Name	Yr	School	Seed Time	
1 Kathryn Kern	SR	Char Catholic	24.85	R6A
2 Katie Krieger	SR	Mount Tabor	25.03	R6A
3 Riley Petronzio	SR	Mount Tabor	25.44	R6A
4 Athena Elliott	SR	Watauga	25.68	R6A
5 Chloe Bolick		South Caldwell	25.91	R6A
6 Anna Dimmick	JR	SE Guilford	25.95	R6A
7 Natalie Dinkins	SO	Mount Tabor	25.96	R6A
8 Ruby Leis	SO	AC Reynolds	26.09	
9 Madelyn Yates	JR	Swansboro	26.11	
10 Lauren Lovati	JR	N Guilford	26.17	
11 Merritt Powell	FR	Watauga	26.26	
12 Clara Pierce Smith	SR	JH Rose	26.45	
13 Tessa Buchanan	JR	Watauga	26.65	
14 Carys Carson	SR	JH Rose	26.74	
15 Emma Roberts	SR	TC Roberson	26.85	
16 Brittyn Schicker	JR	SE Guilford	26.86	
17 Nour Hatem	SO	Char Catholic	26.89	
18 Audrey Goins	SR	TC Roberson	27.01	
19 Elizabeth Jacobsen	JR	Char Catholic	27.28	
20 Macie Kent	SR	Watauga	27.38	
21 Leah Cronin	JR	Central Cabarrus	27.44	
22 Sydney Simon	JR	East Chapel Hill	27.53	
23 Mia McGonnell-Jasionowsk	JR	Northern Durham	27.54	
24 Rebecca Kangas	SO	Union Pines	27.55	
25 Madeline Edmonds	SO	Mount Tabor	27.67	
26 Maggie Bishop	SR	AC Reynolds	27.74	
27 Sofia Adelino	FR	East Chapel Hill	27.82	
28 Olivia Barry	FR	Felton Grove	28.27	
29 Ema Garcia	FR	JH Rose	28.28	
30 Danielle Crossman	JR	East Chapel Hill	28.68	
31 Grace Carter		Terry Sanford	29.23	
32 Ella Springfield	SO	Felton Grove	29.33	

Event 8 Men 50 Yard Freestyle

24.49 R6A				
Name	Yr	School	Seed Time	
1 Logan Kelly		St Stephens	21.18	R6A
2 Alex Nelson	SR	East Chapel Hill	21.56	R6A
3 Max Wolk	SO	East Chapel Hill	21.57	R6A
4 Conner Ezzell		Northern Nash	21.78	R6A
5 Ezra Zapler	SR	JH Rose	22.09	R6A
6 Lanson Gilbert	SO	Watauga	22.55	R6A
7 Ian Lanier	SO	TC Roberson	22.57	R6A
8 Wyatt Sidden	JR	Mount Tabor	22.60	R6A
9 Jack Wellman	SO	East Chapel Hill	22.73	R6A
10 Jake Russo	SR	Western Guilford	23.28	R6A
11 Silas Powell	SR	Watauga	23.36	R6A
12 Kaden Harris	SO	Berry Academy	23.37	R6A
13 Henry Hughes	SR	Piedmont	23.38	R6A
14 Nicolas Garzone		Northern Nash	23.62	R6A
15 Jake Lovati	FR	N Guilford	23.77	R6A
16 Andrew Raczkowski	FR	Felton Grove	24.00	R6A
17 Jack Yeisley	SR	AC Reynolds	24.04	R6A
18 Chase Holtmann	JR	Mount Tabor	24.07	R6A
19 Brian Youker	JR	Char Catholic	24.14	R6A
20 William Guyler	SR	N Guilford	24.19	R6A
21 Robert Meredith	SR	TC Roberson	24.24	R6A
22 James Haggerty	SR	Char Catholic	24.25	R6A
23 Seifeldeen Elsalakawi	SR	Middle Creek	24.27	R6A
24 Sean Causby		Freedom	24.32	R6A
25 Nathan Hall		South Caldwell	24.33	R6A
26 Andrew Davis	SR	Union Pines	24.43	R6A
27 Thomas Sellew	JR	West Johnston	24.47	R6A
28 Jax Petronzio	SO	Mount Tabor	24.54	
29 Owen Priecheufried	SO	Swansboro	24.58	
30 William Preston	JR	N Guilford	24.61	
31 Logan Blake	SR	White Oak	24.77	
32 Benjamin Wrinkle	JR	N Guilford	24.84	

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Event	9	Women 1 mtr Diving		
		Name	Yr	School
1		Laila Kwong		East Chapel Hill
2		Adeline Whitfield	FR	TC Roberson
3		Bentley Zaffino	SR	TC Roberson
4		Zella Ann Cook	SR	Mount Tabor
5		Amelia Seagraves	SR	TC Roberson
6		Harper Erb	FR	TC Roberson
7		Nikol Sugrobova	FR	Felton Grove
8		Reagan Leckner		Char Catholic
9		Mary Kinler Newman		Char Catholic

Event	10	Men 1 mtr Diving		
		Name	Yr	School
1		Jacob Pollina	SR	N Guilford
2		Silas Theede	SO	Middle Creek
3		Andrew Dematos	SR	TC Roberson
4		Graham Hagler		East Chapel Hill
5		Alexander Randall	JR	Asheville
6		Rocco Zaffino	SO	TC Roberson
7		Nolan Kennedy		Char Catholic
8		Mason Kramer	SR	Char Catholic

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Event 11 Women 100 Yard Butterfly

1:11.99 R6A

	Name	Yr	School	Seed Time	
1	Madisyn Upton	SO	S Alamance	56.97	R6A
2	Madi Hertzig	JR	Char Catholic	58.11	R6A
3	Peyton Felts		South Caldwell	58.19	R6A
4	Savannah Nelson	JR	Middle Creek	59.17	R6A
5	Isabel Gayzik	FR	Mount Tabor	59.32	R6A
6	Jasmit Kondal	SO	TC Roberson	59.58	R6A
7	Athena Elliott	SR	Watauga	1:00.00	R6A
8	Whitney Johns	JR	Central Cabarrus	1:00.31	R6A
9	Hannah Wasson		South Caldwell	1:01.54	R6A
10	Leah Platts-Mills	SO	East Chapel Hill	1:01.79	R6A
11	Catherine Powell	FR	East Chapel Hill	1:02.14	R6A
12	Katherine Vye	FR	Mount Tabor	1:03.64	R6A
13	Iris Eldridge	JR	JH Rose	1:03.97	R6A
14	Ayla Crawley	FR	Watauga	1:05.27	R6A
15	Mary-Patricia Kolenik	SR	Char Catholic	1:06.82	R6A
16	Layla Holland	SO	Swansboro	1:07.00	R6A
17	Rebecca Kangas	SO	Union Pines	1:07.46	R6A
18	Karsyn Davis	FR	Char Catholic	1:07.77	R6A
19	Player Morris	JR	N Guilford	1:09.49	R6A
20	Ella Springfield	SO	Felton Grove	1:09.72	R6A
21	Ava Williams	SR	West Brunswick	1:09.74	R6A
22	Guanyan Chen	FR	East Chapel Hill	1:09.95	R6A
23	Grace Wallace	SR	Asheville	1:10.96	R6A
24	Mia McGonnell-Jasionowsk	JR	Northern Durham	1:11.17	R6A
25	Elizabeth Jacobsen	JR	Char Catholic	1:11.23	R6A
26	Katherine Lanaro	SO	Felton Grove	1:11.36	R6A
27	Helena Goddard	SR	N Guilford	1:11.91	R6A
28	Liza Volk	FR	Asheville	1:12.22	
29	Olivia Nehus	SO	JH Rose	1:12.46	
30	Vivian Vallecillo	FR	Watauga	1:12.69	
31	Philomena Miguel		Freedom	1:12.94	
32	Emory Pickett	JR	AC Reynolds	1:13.95	

Event 12 Men 100 Yard Butterfly

1:02.99 R6A

	Name	Yr	School	Seed Time	
1	Alex Nelson	SR	East Chapel Hill	51.63	R6A
2	Ian Lanier	SO	TC Roberson	52.32	R6A
3	Owen Griffith		South Caldwell	52.55	R6A
4	Cody Sha	JR	East Chapel Hill	54.13	R6A
5	Jake Dunaway	JR	Middle Creek	54.37	R6A
6	Michael Kolenik	SO	Char Catholic	54.46	R6A
7	Lanson Gilbert	SO	Watauga	54.62	R6A
8	Wyatt Sidden	JR	Mount Tabor	55.20	R6A
9	Jacob Su	FR	East Chapel Hill	55.62	R6A
10	Conner Ezzell		Northern Nash	56.42	R6A
11	Michael Makdad	SR	Watauga	57.26	R6A
12	Nicolas Groesser		Northern Nash	57.35	R6A
13	James Sheppard	SO	N Guilford	57.53	R6A
14	Aaron Lin	FR	JH Rose	58.86	R6A
15	Daniel Prane	SR	Swansboro	59.84	R6A
16	William Desmond	SO	Char Catholic	59.85	R6A
17	Edward Feng	SO	East Chapel Hill	1:00.78	R6A
18	William Tantillo	JR	Char Catholic	1:00.92	R6A
19	Elijah Adams		South Johnston	1:01.24	R6A
20	Liam Miller	JR	Williams	1:02.01	R6A
21	Joseph Sadler	FR	TC Roberson	1:02.13	R6A
22	Christopher Lupo	JR	Char Catholic	1:02.46	R6A
23	Alex Eady	FR	Felton Grove	1:02.51	R6A
24	William Preston	JR	N Guilford	1:02.60	R6A
25	Isaac Moretz	SO	Mount Tabor	1:03.17	
26	Jordan Spannhake		Harnett Central	1:05.77	
27	Cullen Cox	SR	Union Pines	1:06.04	
28	Dale Gaines	SO	N Guilford	1:08.52	
29	Braxton Andrews	FR	JH Rose	1:09.25	
30	Maxwell Mackie		South Caldwell	1:10.76	
31	Brody Clark	JR	S Alamance	1:10.85	
32	Loren Cueva	FR	N Guilford	1:11.71	

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Event 13 Women 100 Yard Freestyle

59.99 R6A				
Name	Yr	School	Seed Time	
1 CJ Bernardo	SR	Char Catholic	54.50	R6A
2 Rosario Gutierrez	FR	East Chapel Hill	54.90	R6A
3 Allayna Lokits	FR	Mount Tabor	55.18	R6A
4 Delaney Schwab	SR	Asheville	55.42	R6A
5 Riley Petronzio	SR	Mount Tabor	56.10	R6A
6 Yana Nichols	FR	Felton Grove	56.41	R6A
7 Riley Brown	SR	JH Rose	56.79	R6A
8 Lauren Lovati	JR	N Guilford	57.18	R6A
9 Susanna Weimer	SO	Char Catholic	57.41	R6A
10 Reese Sturgill		Alexander Cent	57.71	R6A
11 Katie Krieger	SR	Mount Tabor	57.78	R6A
12 Montserrat Morales Fernandez	SO	Middle Creek	58.13	R6A
13 Nour Hatem	SO	Char Catholic	58.66	R6A
14 Clara Pierce Smith	SR	JH Rose	58.81	R6A
15 Kara Piacenti	SO	Felton Grove	58.92	R6A
16 Trinity Knab	FR	Felton Grove	59.03	R6A
17 Emma Roberts	SR	TC Roberson	59.41	R6A
18 Madelyn Cole	SR	Char Catholic	59.45	R6A
19 Merritt Powell	FR	Watauga	59.51	R6A
20 Lucy Jones		Freedom	59.56	R6A
21 Brittny Schicker	JR	SE Guilford	1:00.79	
22 Carys Carson	SR	JH Rose	1:00.84	
23 Madelyn Yates	JR	Swansboro	1:00.86	
24 Maya Pattanayak	JR	Asheville	1:01.20	
25 Sydney Simon	JR	East Chapel Hill	1:01.26	
26 Meribel Tars	SR	Ragsdale	1:01.58	
27 Salem Newton	SR	Central Cabarrus	1:02.03	
28 Sofia Adelino	FR	East Chapel Hill	1:02.24	
29 Olivia Barry	FR	Felton Grove	1:03.04	
30 Emily Fisher	SR	Ragsdale	1:03.59	
31 Angelina Luu	SR	AC Reynolds	1:03.63	
32 Amelia Bennett	JR	Watauga	1:04.31	

Event 14 Men 100 Yard Freestyle

55.99 R6A				
Name	Yr	School	Seed Time	
1 Logan Kelly		St Stephens	46.37	R6A
2 Max Halpern	JR	East Chapel Hill	48.62	R6A
3 Ezra Zapler	SR	JH Rose	49.29	R6A
4 Killian Piner	JR	SE Guilford	49.54	R6A
5 Bryson Gaines	JR	N Guilford	50.32	R6A
6 Josh Kim	SR	East Chapel Hill	50.78	R6A
7 Jack Wellman	SO	East Chapel Hill	50.84	R6A
8 Ames Wu	SR	East Chapel Hill	51.18	R6A
9 Jayden Ebersole	FR	Felton Grove	51.52	R6A
10 Silas Powell	SR	Watauga	51.72	R6A
11 Michael Kolenik	SO	Char Catholic	52.68	R6A
12 Robert Meredith	SR	TC Roberson	52.76	R6A
13 Liam Hicks	FR	Union Pines	53.03	R6A
14 Jake Russo	SR	Western Guilford	53.93	R6A
15 Chase Holtmann	JR	Mount Tabor	54.33	R6A
16 Warren Wagner	JR	TC Roberson	54.39	R6A
17 Owen McAbee	FR	TC Roberson	54.46	R6A
18 William Tantillo	JR	Char Catholic	54.71	R6A
19 Nathan Hall		South Caldwell	54.99	R6A
20 Henry Hughes	SR	Piedmont	55.04	R6A
21 Jack Yeisley	SR	AC Reynolds	55.37	R6A
22 Adam Sevier	JR	TC Roberson	55.44	R6A
23 James Haggerty	SR	Char Catholic	55.45	R6A
24 Brian Youker	JR	Char Catholic	55.65	R6A
25 Jack Lee	FR	Mount Tabor	55.76	R6A
26 Benjamin Wrinkle	JR	N Guilford	55.86	R6A
27 Nicolas Groesser		Northern Nash	56.16	
28 Andrew Davis	SR	Union Pines	57.24	
29 Thomas Sellew	JR	West Johnston	57.25	
30 Peyton Dickerson	JR	Northern Durham	57.92	
31 Parker Hansen		Jacksonville	58.02	
32 Baker Collins	SR	Statesville	58.26	

2026 6A State NCHSAA Regional Championships -- 2/5/2026 to 2/6/2026
Swimming & Diving
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Event 15 Women 500 Yard Freestyle

6:02.99 R6A

	Name	Yr	School	Seed Time	
1	Isabel Wolk	SR	East Chapel Hill	5:09.59	R6A
2	Kalle Rendon	SR	Middle Creek	5:12.84	R6A
3	Olivia Jacobsen	SR	Char Catholic	5:13.20	R6A
4	Shea Cleary	SO	Char Catholic	5:18.84	R6A
5	Caroline Meehan	SR	Char Catholic	5:19.37	R6A
6	Emma Lankford	FR	Char Catholic	5:19.53	R6A
7	Catherine Powell	FR	East Chapel Hill	5:23.43	R6A
8	Catherine Donahue	FR	TC Roberson	5:26.13	R6A
9	Addison Wilson	JR	Watauga	5:27.71	R6A
10	Addie Brabandt		St Stephens	5:28.53	R6A
11	Taylor Johnson	SR	Scotland	5:37.62	R6A
12	Abigail Schilling	SR	N Guilford	5:38.11	R6A
13	Francesca Martin	SO	Watauga	5:41.26	R6A
14	Addison Burns	FR	JH Rose	5:41.81	R6A
15	Kaylee Jarvis	SR	West Brunswick	5:46.39	R6A
16	Addison Sherill	FR	Middle Creek	5:46.50	R6A
17	Bergan Cassiano	SR	Swansboro	5:50.25	R6A
18	Erin Wilson		Northern Nash	5:53.32	R6A
19	Iris Eldridge	JR	JH Rose	5:54.75	R6A
20	Adah Zimmer	FR	SE Guilford	6:01.06	R6A
21	Kyra Westerfield		South Caldwell	6:04.31	
22	Lauren Jeffers	SR	Sun Valley	6:10.47	
23	Elizabeth Staeheli	FR	Watauga	6:14.02	
24	Blakely McMullan	FR	West Brunswick	6:15.81	
25	Kamryn Moseman	SR	AC Reynolds	6:18.66	
26	Valerie Johnson		St Stephens	6:32.78	
27	Lauren Collado	JR	East Chapel Hill	6:33.14	
28	Bailey Whelchel	JR	East Chapel Hill	6:35.57	
29	Jada Sheppard	SR	N Guilford	6:35.75	
30	Elizabeth Stokes	JR	Williams	6:38.78	
31	Taylor Oakley	SO	Piedmont	6:42.03	
32	Grace Kehl		St Stephens	6:43.24	

Event 16 Men 500 Yard Freestyle

6:13.99 R6A

	Name	Yr	School	Seed Time	
1	Colton Chaires	JR	East Chapel Hill	4:40.27	R6A
2	Clayton Richards	FR	Char Catholic	4:49.49	R6A
3	Henry Cooper	JR	N Guilford	4:50.56	R6A
4	Chuanxi William Zhang	JR	East Chapel Hill	4:52.11	R6A
5	Mason Bowler	JR	JH Rose	4:57.31	R6A
6	John Dudley	SO	Asheville	5:13.35	R6A
7	Blake Denton		Northern Nash	5:17.22	R6A
8	Celo Dawson	FR	Char Catholic	5:18.11	R6A
9	Eli Bumgarner	SO	Central Cabarrus	5:21.70	R6A
10	Helms Kulas	SO	JH Rose	5:23.35	R6A
11	Kaden Harris	SO	Berry Academy	5:25.10	R6A
12	Jason Cao	FR	East Chapel Hill	5:33.94	R6A
13	Stacy Eggers	JR	Watauga	5:36.45	R6A
14	Pierce Hampleman	JR	TC Roberson	5:52.80	R6A
15	Santiago Jimenez	JR	East Chapel Hill	5:58.06	R6A
16	Tucker Verheyen	SR	Mount Tabor	5:58.21	R6A
17	Andrew Raczkowski	FR	Felton Grove	5:58.83	R6A
18	Harriss Inman		South Caldwell	5:59.07	R6A
19	Bolton Scruggs	SR	Piedmont	6:03.51	R6A
20	Graham Engel	SR	Char Catholic	6:03.53	R6A
21	Jeffrey Gomez-Andres		Freedom	6:05.11	R6A
22	Troy Jeske	SO	Felton Grove	6:06.16	R6A
23	Cullen Cox	SR	Union Pines	6:07.36	R6A
24	Josiah Cortez		Terry Sanford	6:11.45	R6A
25	Joshua Skjoldager	SR	TC Roberson	6:13.18	R6A
26	Jacob Prane	FR	Swansboro	6:15.26	
27	Danny Yax Paramo		South Caldwell	6:16.54	
28	Parker Hansen		Jacksonville	6:16.59	
29	Shane Dettinger	JR	N Guilford	6:21.50	
30	Beckett Barlas	JR	Char Catholic	6:22.28	
31	Devin Skoglund	SO	AC Reynolds	6:31.75	
32	Caleb Price		Northern Nash	6:32.00	

2026 6A State NCHSAA Regional Championships -- 2/5/2026 to 2/6/2026
Swimming & Diving
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Event	17	Women 200 Yard Freestyle Relay			
		1:55.99 R6A			
	Team	Relay	Seed Time		
1	Char Catholic		1:41.05	R6A	
2	East Chapel Hill		1:42.07	R6A	
3	Mount Tabor		1:44.02	R6A	
4	Watauga		1:46.21	R6A	
5	Middle Creek		1:46.57	R6A	
6	TC Roberson		1:48.44	R6A	
7	Felton Grove		1:50.75	R6A	
8	JH Rose		1:50.97	R6A	
9	Ragsdale		1:51.18	R6A	
10	SE Guilford		1:51.65	R6A	
11	AC Reynolds		1:52.20	R6A	
12	Central Cabarrus		1:52.26	R6A	
13	Asheville		1:52.40	R6A	
14	West Brunswick		1:53.28	R6A	
15	Union Pines		1:53.53	R6A	
16	Swansboro		1:54.48	R6A	
17	N Guilford		1:54.77	R6A	
18	South Caldwell		1:55.03	R6A	
19	St Stephens		1:55.95	R6A	
20	Freedom		1:58.67		
21	Alexander Cent		2:01.19		
22	Terry Sanford		2:03.47		
23	Williams		2:03.89		
24	Piedmont		2:04.55		

Event	18	Men 200 Yard Freestyle Relay			
		1:41.99 R6A			
	Team	Relay	Seed Time		
1	East Chapel Hill		1:28.62	R6A	
2	Char Catholic		1:32.62	R6A	
3	Northern Nash		1:33.64	R6A	
4	Mount Tabor		1:35.01	R6A	
5	Watauga		1:35.63	R6A	
6	TC Roberson		1:36.70	R6A	
7	Middle Creek		1:36.71	R6A	
8	Swansboro		1:37.07	R6A	
9	N Guilford		1:38.44	R6A	
10	Felton Grove		1:38.60	R6A	
11	JH Rose		1:38.99	R6A	
12	Union Pines		1:39.83	R6A	
13	Freedom		1:39.87	R6A	
14	SE Guilford		1:39.95	R6A	
15	South Caldwell		1:41.09	R6A	
16	Asheville		1:42.54		
17	Ragsdale		1:45.64		
18	AC Reynolds		1:45.75		
19	Western Guilford		1:46.08		
20	Central Cabarrus		1:46.16		
21	West Johnston		1:47.99		
22	White Oak		1:49.78		
23	Statesville		1:49.82		
24	Jacksonville		1:50.51		

2026 6A State NCHSAA Regional Championships -- 2/5/2026 to 2/6/2026
Swimming & Diving
{Advanced to State Meet – Top 12 Individual (8 Relays) East & West & ALL R6A
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Event	19	Women 100 Yard Backstroke			
		1:06.99 R6A			
	Name	Yr	School	Seed Time	
1	Madisyn Upton	SO	S Alamance	58.65	R6A
2	Delaney Schwab	SR	Asheville	59.71	R6A
3	Savannah Nelson	JR	Middle Creek	1:00.00	R6A
4	CJ Bernardo	SR	Char Catholic	1:00.33	R6A
5	Kalle Rendon	SR	Middle Creek	1:00.96	R6A
6	Ayla Crawley	FR	Watauga	1:03.16	R6A
7	Leah Platts-Mills	SO	East Chapel Hill	1:03.56	R6A
8	Chloe Bolick		South Caldwell	1:03.66	R6A
9	Ruby Leis	SO	AC Reynolds	1:03.85	R6A
10	Susanna Weimer	SO	Char Catholic	1:04.20	R6A
11	Emma Lankford	FR	Char Catholic	1:04.37	R6A
12	Abigail Schilling	SR	N Guilford	1:04.51	R6A
13	Addison Wilson	JR	Watauga	1:04.57	R6A
14	Sydney Lawler	SO	Lee County	1:04.87	R6A
15	Natalie Dinkins	SO	Mount Tabor	1:05.12	R6A
16	Madelyn Cole	SR	Char Catholic	1:05.17	R6A
17	Alayna Milkowich	FR	Union Pines	1:06.90	R6A
18	Elianna Kolomiyets	SO	AC Reynolds	1:08.04	
19	Audrey Goins	SR	TC Roberson	1:08.14	
20	Sophia Shoneman	SR	JH Rose	1:08.66	
21	Skylar Baucom	SR	Piedmont	1:08.89	
22	Macie Kent	SR	Watauga	1:09.62	
23	Helena Goddard	SR	N Guilford	1:09.80	
24	Guanyan Chen	FR	East Chapel Hill	1:09.83	
25	Lauren Jeffers	SR	Sun Valley	1:11.10	
26	Layla Holland	SO	Swansboro	1:11.30	
27	Leah Cronin	JR	Central Cabarrus	1:11.61	
28	Tess Caron		West Brunswick	1:12.24	
29	Elizabeth Scott	SO	Mount Tabor	1:13.18	
30	Gracie Farris		Freedom	1:13.57	
31	Uxia Abad	JR	Union Pines	1:15.57	
32	Rajasi Shah	SO	Felton Grove	1:21.21	

Event	20	Men 100 Yard Backstroke			
		1:09.99 R6A			
	Name	Yr	School	Seed Time	
1	Chuanqi John Zhang	SR	East Chapel Hill	50.81	R6A
2	Owen Griffith		South Caldwell	51.25	R6A
3	Avery Mitcham	SO	SE Guilford	52.90	R6A
4	Julian Malecki	JR	Char Catholic	53.20	R6A
5	Gavin Phillips	SO	Middle Creek	55.25	R6A
6	Cody Sha	JR	East Chapel Hill	56.52	R6A
7	Ames Wu	SR	East Chapel Hill	57.58	R6A
8	Jayden Ebersole	FR	Felton Grove	58.32	R6A
9	Asher Tobin	SO	N Guilford	58.72	R6A
10	Jake Lovati	FR	N Guilford	59.32	R6A
11	William Desmond	SO	Char Catholic	1:00.47	R6A
12	Noah Rivera	SO	Mount Tabor	1:00.65	R6A
13	Max Clark		South Caldwell	1:00.76	R6A
14	Ben Davis	SO	JH Rose	1:02.34	R6A
15	Nicolas Garzone		Northern Nash	1:02.68	R6A
16	Owen Priecheinfried	SO	Swansboro	1:02.71	R6A
17	Annan Ebersole	FR	Felton Grove	1:03.10	R6A
18	Finnegan Walls		South Johnston	1:03.82	R6A
19	Aiden Culpepper	FR	Watauga	1:04.33	R6A
20	Klay Blue	SR	Union Pines	1:04.38	R6A
21	Keaton Ruch	SR	Asheville	1:04.40	R6A
22	Jax Petronzio	SO	Mount Tabor	1:04.56	R6A
23	Adam Sevier	JR	TC Roberson	1:05.62	R6A
24	Kerry Donahue	JR	Mount Tabor	1:05.73	R6A
25	Jatin Pandya	FR	JH Rose	1:06.21	R6A
26	Willie Briggs	SR	AC Reynolds	1:06.53	R6A
27	Thomas Tantillo	FR	Char Catholic	1:07.04	R6A
28	Riley Bishop	SO	Union Pines	1:07.08	R6A
29	Pierce Hampleman	JR	TC Roberson	1:07.21	R6A
30	Paxton Goldberg	FR	TC Roberson	1:07.56	R6A
31	Sebastian Illueca	JR	Char Catholic	1:07.95	R6A
32	Michael Wolfe	SO	N Guilford	1:08.12	R6A
33	Davis Slott	FR	S Alamance	1:08.62	R6A
34	Graham Hicks		Northern Nash	1:08.64	R6A
35	Bolton Scruggs	SR	Piedmont	1:08.89	R6A
36	Sam Prague	JR	Asheville	1:08.92	R6A
37	Levi Golinski	FR	Ragsdale	1:09.00	R6A
38	Santiago Jimenez	JR	East Chapel Hill	1:09.36	R6A

2026 6A State NCHSAA Regional Championships -- 2/5/2026 to 2/6/2026
Swimming & Diving
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Event 21 Women 100 Yard Breaststroke					Event 22 Men 100 Yard Breaststroke				
1:20.99 R6A					1:09.99 R6A				
Name	Yr	School	Seed Time		Name	Yr	School	Seed Time	
1 Kathryn Kern	SR	Char Catholic	1:06.27	R6A	1 Oliver Marrujo	SO	Felton Grove	58.51	R6A
2 Peyton James	SO	East Chapel Hill	1:07.04	R6A	2 Jackson Hartsough	SR	Mount Tabor	58.57	R6A
3 Hadleigh Kulas	SR	JH Rose	1:07.23	R6A	3 Trevor Hucal	SR	Swansboro	59.46	R6A
4 Ellie Druhan	JR	Char Catholic	1:08.26	R6A	4 Scott Williams	SO	Char Catholic	1:00.55	R6A
5 Whitney Johns	JR	Central Cabarrus	1:09.48	R6A	5 Max Wolk	SO	East Chapel Hill	1:00.58	R6A
6 Claire Isaac	JR	Mount Tabor	1:11.02	R6A	6 Bryson Gaines	JR	N Guilford	1:02.43	R6A
7 Anya Dawson	SO	SE Guilford	1:12.22	R6A	7 Kenneth Anderson	SR	Char Catholic	1:04.26	R6A
8 Trinity Knab	FR	Felton Grove	1:12.32	R6A	8 Michael Makdad	SR	Watauga	1:04.58	R6A
9 Reese Sturgill		Alexander Cent	1:13.08	R6A	9 Edward Feng	SO	East Chapel Hill	1:04.79	R6A
10 Hannah Wasson		South Caldwell	1:14.04	R6A	10 Liam Miller	JR	Williams	1:05.82	R6A
11 Tessa Buchanan	JR	Watauga	1:14.27	R6A	11 Jason Sliwowski	FR	East Chapel Hill	1:05.86	R6A
12 Mamie Harrington	FR	Char Catholic	1:14.36	R6A	12 Collin Auer	SR	Western Guilford	1:06.83	R6A
13 Isabel Gayzik	FR	Mount Tabor	1:14.64	R6A	13 Evan Brackins	SR	TC Roberson	1:07.30	R6A
14 Anna Dimmick	JR	SE Guilford	1:14.95	R6A	14 Helms Kulas	SO	JH Rose	1:07.45	R6A
15 Carolina Bumgarner	SO	Ragsdale	1:15.24	R6A	15 Ian Hicks	SR	Union Pines	1:07.47	R6A
16 Alyce Medina		Terry Sanford	1:15.56	R6A	16 Annan Ebersole	FR	Felton Grove	1:07.75	R6A
17 Kara Piacenti	SO	Felton Grove	1:16.94	R6A	17 Will Gregware	FR	Char Catholic	1:07.98	R6A
18 Lila Niedenthal	JR	Asheville	1:18.37	R6A	18 Warren Wagner	JR	TC Roberson	1:08.43	R6A
19 Riley Elwell	SR	Union Pines	1:18.44	R6A	19 Blake Denton		Northern Nash	1:08.50	R6A
20 Siena Sacks	JR	TC Roberson	1:19.01	R6A	20 Seifeldeen Elsalakawi	SR	Middle Creek	1:08.80	R6A
21 Taylor Amys	SR	Asheville	1:19.34	R6A	21 Frederik Knaeuper	JR	N Guilford	1:09.12	R6A
22 Carlee Bullock		St Stephens	1:19.59	R6A	22 Aaron Lin	FR	JH Rose	1:09.84	R6A
23 Elin Dimmick	SO	SE Guilford	1:20.45	R6A	23 Braden Cullen		Freedom	1:10.54	
24 Kyra Westerfield		South Caldwell	1:20.62	R6A	24 Kenan Hill		West Johnston	1:10.99	
25 Evelyn Perrault	FR	Mount Tabor	1:20.80	R6A	25 Wyatt Medlin	JR	N Guilford	1:12.23	
26 Nora Whitlock	SO	Asheville	1:20.93	R6A	26 Jordan Spannhake		Harnett Central	1:12.23	
27 Ava Milkowich	SR	Union Pines	1:20.97	R6A	27 Joshua Skjoldager	SR	TC Roberson	1:12.74	
28 Alejandra Gonzalez Palacios	JR	Williams	1:22.06		28 Baker Collins	SR	Statesville	1:12.84	
29 Abigail Davis		West Brunswick	1:23.39		29 Isaac Moretz	SO	Mount Tabor	1:12.85	
30 Ema Garcia	FR	JH Rose	1:24.09		30 Josiah Cortez		Terry Sanford	1:12.95	
31 Danielle Crossman	JR	East Chapel Hill	1:24.72		31 Joseph Sadler	FR	TC Roberson	1:13.40	
32 Abby Dermady	FR	Felton Grove	1:25.24		32 Levi Golinski	FR	Ragsdale	1:13.50	

2026 6A State NCHSAA Regional Championships - - 2/5/2026 to 2/6/2026
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Event	23	Women 400 Yard Freestyle Relay			
		4:20.99 R6A			
	Team	Relay	Seed Time		
1	Char Catholic		3:38.82	R6A	
2	East Chapel Hill		3:45.01	R6A	
3	Mount Tabor		3:48.54	R6A	
4	Middle Creek		3:51.27	R6A	
5	JH Rose		3:54.37	R6A	
6	Watauga		3:57.78	R6A	
7	South Caldwell		3:58.58	R6A	
8	N Guilford		4:07.88	R6A	
9	TC Roberson		4:08.20	R6A	
10	Felton Grove		4:08.72	R6A	
11	Asheville		4:09.20	R6A	
12	Union Pines		4:10.30	R6A	
13	West Brunswick		4:11.20	R6A	
14	Central Cabarrus		4:12.47	R6A	
15	AC Reynolds		4:13.18	R6A	
16	SE Guilford		4:19.51	R6A	
17	Freedom		4:20.09	R6A	
18	St Stephens		4:21.94		
19	Swansboro		4:22.57		
20	Ragsdale		4:23.83		
21	Harnett Central		4:45.89		
22	Terry Sanford		4:47.43		
23	West Johnston		4:50.79		
24	Piedmont		5:02.76		

Event	24	Men 400 Yard Freestyle Relay			
		3:51.99 R6A			
	Team	Relay	Seed Time		
1	East Chapel Hill		3:13.98	R6A	
2	Char Catholic		3:23.69	R6A	
3	N Guilford		3:24.77	R6A	
4	JH Rose		3:27.22	R6A	
5	Mount Tabor		3:29.39	R6A	
6	Watauga		3:32.81	R6A	
7	South Caldwell		3:32.87	R6A	
8	Swansboro		3:36.70	R6A	
9	Middle Creek		3:39.28	R6A	
10	Northern Nash		3:40.93	R6A	
11	SE Guilford		3:41.49	R6A	
12	TC Roberson		3:47.73	R6A	
13	Freedom		3:49.87	R6A	
14	Asheville		3:50.97	R6A	
15	Felton Grove		3:56.13		
16	Union Pines		4:02.14		
17	AC Reynolds		4:02.19		
18	Jacksonville		4:10.92		
19	Ragsdale		4:12.41		
20	South Johnston		4:14.17		
21	Central Cabarrus		4:14.55		
22	S Alamance		4:15.73		
23	White Oak		4:25.22		
24	Harnett Central		4:27.61		