

2026 123A East NCHSAA Regional Championships - 1/29/2026 to 1/31/2026

Host: Bishop McGuinness HS

Swimming & Diving

Psych Sheet

Event 1 Women 200 Yard Medley Relay

Team	Relay	Seed Time
1 Raleigh Charter		1:53.58
2 McGuinness		2:02.79
3 Voyager Academy		2:04.34
4 Franklin Academy		2:05.11
5 Wake Prep		2:05.94
6 East Davidson		2:07.75
7 Cornerstone Char		2:12.17
8 NE Carolina Prep		2:12.43
9 Manteo		2:13.31
10 NCSSM-Durham		2:13.51
11 Eno River		2:18.09
12 Goldsboro		2:21.25
13 Wheatmore		2:22.45
14 Princeton		2:28.05
15 Northwood		2:30.14
16 Eastern Randolph		3:03.45

Event 2 Men 200 Yard Medley Relay

Team	Relay	Seed Time
1 Raleigh Charter		1:45.12
2 Res Triangle		1:50.10
3 NCSSM-Durham		1:51.67
4 Franklin Academy		1:52.66
5 McGuinness		1:53.66
6 Camden County		1:59.26
7 Cornerstone Char		2:00.14
8 Eno River		2:01.61
9 Northwood		2:03.30
10 Wake Prep		2:03.72
11 Vance Charter		2:04.56
12 Tri Math and Sci		2:04.68
13 McMichael		2:05.22
14 Goldsboro		2:06.21
15 Voyager Academy		2:14.62
16 Excelsior		2:17.46

Event 3 Women 200 Yard Freestyle

Name	Yr	School	Seed Time
1 Daisy Collins	JR	Woods Charter	1:53.22
2 Caroline Schaper		Res Triangle	2:04.99
3 Ava Pelletier	JR	Wake Prep	2:07.74
4 Meredith Gaskill	SR	Manteo	2:08.24
5 Finn Davis		NCSSM-Durham	2:09.78
6 Allyson Deans	SR	Raleigh Charter	2:11.94
7 Marisa Jones		East Davidson	2:13.45
8 McNeil Beaumont	FR	Raleigh Charter	2:15.12
9 Jenna Bolton		Res Triangle	2:15.42
10 Eva Nagel	FR	Eno River	2:20.40
11 Caroline Honeycutt	SR	Vance Charter	2:28.11
12 Alexia Dancausse	SR	McGuinness	2:28.86
13 Kayla Overby	JR	Eno River	2:29.55
14 Chloe Fiala	FR	Manteo	2:31.79
15 Reagan Greene		NCSSM-Durham	2:37.57
16 Fowler Bullock		Voyager Academy	2:38.85
17 Eva Hill		NCSSM-Durham	2:39.12
18 Caroline Russell		Perquimans	2:48.83
19 Rebecca Denning	SR	Raleigh Charter	2:49.12
20 Brooke Wilson		East Carteret	2:50.39
21 Lilah Foti	SO	Manteo	2:51.30
22 Anna Almond	JR	McGuinness	2:51.42
23 Reilly Novchich		Goldsboro	2:52.60
24 Vani Garcha		Raleigh Charter	2:54.82

Event 4 Men 200 Yard Freestyle

Name	Yr	School	Seed Time
1 Alex Lee		Raleigh Charter	1:46.89
2 Drew White	JR	Woods Charter	1:54.22
3 Jackson Garrett	FR	Wake Prep	1:55.31
4 Quinn Shiosaky		Greene Central	1:59.86
5 Eli Shiosaky	FR	Greene Central	2:01.54
6 Michael Molony	FR	McGuinness	2:07.13
7 Gabriel Nagel	FR	Eno River	2:07.24
8 Owen Meehan		Res Triangle	2:07.85
9 Joe Honeycutt	JR	Vance Charter	2:08.71
10 Luke Bakelaar		NCSSM-Durham	2:09.17
11 Luke Carter Simmons	SR	McMichael	2:14.04
12 Solomon Cooper	JR	Manteo	2:16.40
13 Harry Gribbin		NCSSM-Durham	2:18.47
14 Noah Wolfe		Res Triangle	2:19.24
15 Nicolas Nagel	FR	Eno River	2:19.70
16 Noah Martinez		NCSSM-Durham	2:20.35
17 Felipe Calderini		Excelsior	2:25.09
18 Nicholas Russell	FR	Ayden-Grifton	2:25.91
19 Lucian Krummel	SO	Woods Charter	2:26.77
20 Tavin Steinbach	SO	Camden County	2:26.99
21 Carter Reed		Northwood	2:32.26
22 Levi Britt		Princeton	2:32.77
23 Jackson Hall	SO	Northwood	2:38.15

2026 123A East NCHSAA Regional Championships - 1/29/2026 to 1/31/2026**Host: Bishop McGuinness HS****Swimming & Diving****Psych Sheet****Event 5 Women 200 Yard IM**

Name	Yr	School	Seed Time
1 Reina Liu	SO	Raleigh Charter	2:05.46
2 Lexi Alexander	SR	Wake Prep	2:20.54
3 Alannah Keough	FR	Franklin Academy	2:25.60
4 Emily Mann		NE Carolina Prep	2:26.96
5 Lindsay Najera Flores		East Davidson	2:27.59
6 Ella Delgross	FR	Woods Charter	2:27.69
7 Anna Melton	FR	Eno River	2:27.72
8 Molly Smith	FR	Cornerstone Char	2:27.81
9 Serenity Ault	JR	Cornerstone Char	2:28.92
10 Grace Roberts		NCSSM-Durham	2:30.94
11 Devanshi Garg		Raleigh Charter	2:33.59
12 Roza Lakatos		Goldsboro	2:35.19
13 Zoe Mielke	FR	Manteo	2:39.32
14 Anabeth Heath	FR	McMichael	2:43.25
15 Amy Lin		Raleigh Charter	2:43.52
16 Sophie Williamson	JR	Wheatmore	2:52.94
17 Zaharah McNish	JR	Vance Charter	2:57.69
18 Emilia Smith Pumalpa		Northwood	2:59.03
19 Emma Ballenger	SR	McGuinness	3:03.81
20 Sarah Marshall Gallop		NCSSM-Durham	3:12.39
21 Emery Rollins		NCSSM-Durham	3:14.41
22 Kellynn Hill	JR	Ayden-Grifton	3:16.42
23 Shelby Woodrum		East Davidson	3:37.80
24 Audrey Nicholson	JR	Pasquotank	3:43.10

Event 6 Men 200 Yard IM

Name	Yr	School	Seed Time
1 Calvin Schaper		Res Triangle	1:59.45
2 Shane Keough	SO	Franklin Academy	2:01.90
3 Roger Zhang		Raleigh Charter	2:03.52
4 Fritz Rutledge		Goldsboro	2:24.64
5 Nicholas Sedman-Young	SR	Eno River	2:26.61
6 Avi Patel	FR	Wake Prep	2:34.20
7 Sebastian Ninke		East Carteret	2:36.38
8 William Brooks	SO	McGuinness	2:36.82
9 James Scott	FR	Manteo	2:36.86
10 Ramsey Hampton	FR	McGuinness	2:38.97
11 Lauchlan Young		Excelsior	2:42.55
12 Nicolas Nagel	FR	Eno River	2:46.39
13 Nicholas Kiser	JR	Manteo	2:48.84
14 Conner Carter	SO	McMichael	2:50.07
15 Jaden Kilcullen	SO	Wheatmore	2:50.48
16 Davis Piatt		Voyager Academy	2:52.67
17 Ethan Barclift	SR	Camden County	2:53.92
18 Isaac Martin	FR	McMichael	2:56.35
19 Charlie Fox	JR	Eno River	3:00.54
20 Henry Hall	SR	Vance Charter	3:00.67
21 Lucas Barclift	SO	Camden County	3:05.17
22 Talan Dietsch		Voyager Academy	3:08.64
23 Cooper Smale		Princeton	3:09.37
24 Gage Shoal		East Davidson	3:25.38

Event 7 Women 50 Yard Freestyle

Name	Yr	School	Seed Time
1 Madelyn Vanasek		Voyager Academy	25.76
2 Jordyn Jernigan		South Davidson	26.27
3 Hannah Alexander		Voyager Academy	26.64
4 Erik Wu		NCSSM-Durham	26.71
5 Addison Parker		Res Triangle	26.76
6 Kaya Kaidel		Res Triangle	26.88
7 Marisa Jones		East Davidson	27.47
8 Sydney Chase		Raleigh Charter	28.38
9 Emily Lee	JR	Raleigh Charter	28.51
10 Anastasia Palacios	SO	McGuinness	28.76
11 Cailee Dewar		Voyager Academy	28.94
12 Emmy Smithwick	SR	Franklin Academy	29.24
13 Ann Hrycay		NCSSM-Durham	29.35
14 Ruby Kovach		Voyager Academy	29.72
15 Ava Fallin		Goldsboro	29.73
16 Riley Aberant	JR	Wake Prep	29.96
17 Abbie Phillips	SR	Franklin Academy	29.98
18 MaKenna Lawrence	FR	Wheatmore	30.28
19 Kylyn Surratt	SO	Wheatmore	30.40
20 Audrey Nicholson	JR	Pasquotank	30.57
21 Serine Boussaidane	FR	Wake Prep	30.82
22 Katelyn Knox		NE Carolina Prep	30.94
23 Genevieve Foust	FR	Northwood	31.06
24 Hanna Zheng		Henderson Coll	31.16

Event 8 Men 50 Yard Freestyle

Name	Yr	School	Seed Time
1 Jesse Eskelund		Chatham Central	22.37
2 Derek White	SR	Woods Charter	23.05
3 Spencer Borden	JR	McGuinness	23.45
4 Chasen Bourke	XX	Res Triangle	23.76
5 Karan Singh	SR	Franklin Academy	24.04
6 Devin Sykes		Walkertown	24.15
7 Gus Murray		East Carteret	24.36
8 Aubrey Brostedt		NCSSM-Durham	24.44
9 Ryan Britton	SR	Franklin Academy	24.72
10 Blaine Dawes		Hobgood Charter	24.80
11 Dmitrii Vershinskii		Tri Math and Sci	24.93
12 Roman Keeling	SR	Camden County	25.07
13 Stephen Ribustello	JR	Tarboro	25.12
14 Carter Weiss		Pasquotank	25.38
15 Nate Joyner		Res Triangle	25.56
16 Samir Tinajero		NCSSM-Durham	25.69
17 Austin Williams	SO	Camden County	25.79
18 Jakob King		NCSSM-Durham	26.12
19 Reagan Baynes	SR	McMichael	26.14
20 Denyn Brawner	SR	Franklin Academy	26.15
21 Matthew Letchworth		Goldsboro	26.22
22 Tyler Ovens	FR	Wake Prep	26.34
23 Jacob Paynter	SR	Vance Charter	26.44
24 Connor Skeels		NCSSM-Durham	26.54

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Swimming & Diving

Psych Sheet

Event	10	Men 1 mtr Diving		
		Name	Yr	School
1		Evan Myers	SO	Eno River
				366.00

Event	11	Women 100 Yard Butterfly			
		Name	Yr	School	Seed Time
1		Alice Arcaro	FR	Raleigh Charter	58.26
2		Lucy Ann Hefner	FR	Raleigh Charter	1:01.06
3		Natalie Dunnigan		NCSSM-Durham	1:01.67
4		Christiana Hoang		Raleigh Charter	1:02.57
5		Mckaleigh Keough	FR	Franklin Academy	1:03.53
6		Dorothy Ellen Grant		Raleigh Charter	1:03.81
7		Meredith Gaskill	SR	Manteo	1:06.39
8		Eason Melton		NE Carolina Prep	1:06.95
9		Kamdyn Leute	FR	Franklin Academy	1:06.95
10		Jenna Bolton		Res Triangle	1:09.37
11		Helen Swafford		Voyager Academy	1:13.11
12		Emma Ballenger	SR	McGuinness	1:19.66
13		Sophie Williamson	JR	Wheatmore	1:20.92
14		Cynthia Zou		NCSSM-Durham	1:23.49
15		Emilia Smith Pumalpa		Northwood	1:26.17
16		Kellynn Hill	JR	Ayden-Grifton	1:28.27
17		Reagan Greene		NCSSM-Durham	1:28.39
18		Danielle Perry	SR	Wheatmore	1:37.66
19		Shelby Woodrum		East Davidson	1:45.27

Event	12	Men 100 Yard Butterfly			
		Name	Yr	School	Seed Time
1		Arthur Neighbors	SR	Cornerstone Char	55.08
2		Roger Zhang		Raleigh Charter	55.29
3		Jacob Walker		Raleigh Charter	56.00
4		Adric Ebert		NCSSM-Durham	59.87
5		Fritz Rutledge		Goldsboro	59.92
6		Quinn Shiosaky		Greene Central	1:01.96
7		Dmitrii Vershinskii		Tri Math and Sci	1:03.02
8		Nicholas Sedman-Young	SR	Eno River	1:04.43
9		Yash Singh		Tri Math and Sci	1:04.73
10		William Brooks	SO	McGuinness	1:05.04
11		Trevor Bedson		NCSSM-Durham	1:06.20
12		Avi Patel	FR	Wake Prep	1:07.44
13		Jakob King		NCSSM-Durham	1:08.00
14		Levi Hunter	FR	Eno River	1:09.28
15		Jake Cornatzer	SR	McGuinness	1:11.44
16		Erich Junker		Voyager Academy	1:13.00
17		Asher Tewell	SO	Eno River	1:14.16
18		Nicholas Russell	FR	Ayden-Grifton	1:15.82
19		Nicholas Kiser	JR	Manteo	1:16.78
20		Nicholas Rogers	SO	Voyager Academy	1:17.12
21		Lonnie Floyd	SO	Wake Prep	1:21.06
22		Austin Williams	SO	Camden County	1:21.39
23		Yassin Benabdallah		Raleigh Charter	1:23.45
24		Lucas Barclift	SO	Camden County	1:24.43

2026 123A East NCHSAA Regional Championships - 1/29/2026 to 1/31/2026**Host: Bishop McGuinness HS****Swimming & Diving****Psych Sheet****Event 13 Women 100 Yard Freestyle**

Name	Yr	School	Seed Time
1 Alice Arcaro	FR	Raleigh Charter	54.73
2 Madelyn Vanasek		Voyager Academy	56.59
3 Jordyn Jernigan		South Davidson	57.72
4 Kaya Kaidel		Res Triangle	58.38
5 Erik Wu		NCSSM-Durham	59.60
6 Grace Roberts		NCSSM-Durham	59.88
7 Jillian Wolfe	SO	Wheatmore	1:00.00
8 Addison Parker		Res Triangle	1:00.33
9 Lucy Gaylord	FR	McGuinness	1:01.42
10 Evelyn Pelletier	FR	Wake Prep	1:02.89
11 Sydney Chase		Raleigh Charter	1:03.30
12 Conleigh Wilhide		Princeton	1:03.55
13 Ximena Escalante	SO	Cornerstone Char	1:03.93
14 Aileen Najera-Flores		East Davidson	1:04.11
15 Cailee Dewar		Voyager Academy	1:04.70
16 Anastasia Palacios	SO	McGuinness	1:05.08
17 Ariella Stock	SO	Wake Prep	1:08.59
18 Ruby Kovach		Voyager Academy	1:08.95
19 Sarah Kate Hancock	JR	Raleigh Charter	1:08.97
20 Serine Boussaidane	FR	Wake Prep	1:09.22
21 Ann Hrycay		NCSSM-Durham	1:09.24
22 Hanna Zheng		Henderson Coll	1:11.69
23 Anna Liu		NCSSM-Durham	1:12.35
24 Lilah Foti	SO	Manteo	1:12.49

Event 14 Men 100 Yard Freestyle

Name	Yr	School	Seed Time
1 Jesse Eskelund		Chatham Central	49.63
2 Kevin Luo		NCSSM-Durham	50.49
3 Derek White	SR	Woods Charter	51.68
4 Chasen Bourke	XX	Res Triangle	53.35
5 Matthew Beaman		Greene Central	53.74
6 Gus Murray		East Carteret	53.75
7 Karan Singh	SR	Franklin Academy	55.66
8 Clark Allis		Louisburg	56.03
9 Blaine Dawes		Hobgood Charter	56.09
10 Ryan Britton	SR	Franklin Academy	56.34
11 Joe Honeycutt	JR	Vance Charter	57.09
12 Lucas Rodriguez		NCSSM-Durham	57.48
13 Roman Keeling	SR	Camden County	57.54
14 Reagan Baynes	SR	McMichael	57.76
15 Luke Carter Simmons	SR	McMichael	58.20
16 Salvatore Strafaci	JR	McGuinness	58.84
17 Tumani Sissoko	JR	Northwood	58.96
18 Samir Tinajero		NCSSM-Durham	59.62
19 Arsh Kolenchery		Res Triangle	59.70
20 Christian Niu		Raleigh Charter	1:02.07
21 Brandon Hall		Princeton	1:02.58
22 Cooper Williams		NCSSM-Durham	1:03.30
23 Alexis Vega-Torres	SR	Wheatmore	1:04.19
24 Alex Ortega	FR	McGuinness	1:04.98

Event 15 Women 500 Yard Freestyle

Name	Yr	School	Seed Time
1 Daisy Collins	JR	Woods Charter	5:02.06
2 Lucy Ann Hefner	FR	Raleigh Charter	5:15.00
3 Caroline Schaper		Res Triangle	5:35.80
4 Dorothy Ellen Grant		Raleigh Charter	5:39.00
5 Lindsay Najera Flores		East Davidson	5:43.87
6 Molly Smith	FR	Cornerstone Char	5:44.45
7 Kamdyn Leute	FR	Franklin Academy	5:48.88
8 Finn Davis		NCSSM-Durham	5:49.31
9 Allyson Deans	SR	Raleigh Charter	5:50.37
10 Logan McCrimmon	JR	Eno River	5:52.16
11 Iara Silvagnoli	JR	McGuinness	5:55.81
12 Devanshi Garg		Raleigh Charter	6:04.86
13 Helen Swafford		Voyager Academy	6:19.37
14 Kayla Overby	JR	Eno River	6:34.08
15 Eva Nagel	FR	Eno River	6:35.09
16 Mary Gaylord	SR	McGuinness	6:42.62
17 Chloe Fiala	FR	Manteo	6:46.31
18 Stella Leonard	SO	Eastern Randolph	6:48.08
19 Caroline Bowen	JR	McGuinness	6:48.86
20 Caroline Honeycutt	SR	Vance Charter	6:51.03
21 Vivian Lance		Northwood	6:57.29
22 Caroline Russell		Perquimans	7:20.74
23 Sarah Marshall Gallop		NCSSM-Durham	7:25.82
24 Brooke Wilson		East Carteret	7:37.10

Event 16 Men 500 Yard Freestyle

Name	Yr	School	Seed Time
1 Alex Lee		Raleigh Charter	5:00.16
2 Elijah Su	FR	Northwood	5:02.84
3 Drew White	JR	Woods Charter	5:07.95
4 Calvin Chen		Raleigh Charter	5:11.50
5 Jacob Walker		Raleigh Charter	5:13.38
6 Tyler Ovens	FR	Wake Prep	5:26.13
7 Eli Shiosaky	FR	Greene Central	5:34.60
8 Luke Bakelaar		NCSSM-Durham	5:49.03
9 Michael Molony	FR	McGuinness	5:52.88
10 Owen Meehan		Res Triangle	5:52.97
11 Gabriel Nagel	FR	Eno River	6:03.53
12 Ethan Overby	SR	Eno River	6:18.77
13 Solomon Cooper	JR	Manteo	6:36.18
14 Aiden Archer	JR	Vance Charter	6:38.45
15 Noah Martinez		NCSSM-Durham	6:39.21
16 James Scott	FR	Manteo	6:39.83
17 Felipe Calderini		Excelsior	6:45.59
18 Nicholas Rogers	SO	Voyager Academy	6:50.03
19 Conner Carter	SO	McMichael	6:51.70
20 Landon Weeks	SR	Wheatmore	7:14.00
21 Caleb Burns		Tri Math and Sci	7:14.97
22 Tavin Steinbach	SO	Camden County	7:16.57
23 John Skoteiniadis	JR	McGuinness	7:26.32
24 Jarett Price		NCSSM-Durham	7:26.89

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Swimming & Diving

Psych Sheet

Event 17 Women 200 Yard Freestyle Relay

Team	Relay	Seed Time
1 Raleigh Charter		1:46.72
2 NCSSM-Durham		1:48.82
3 Res Triangle		1:49.36
4 McGuinness		1:51.47
5 Voyager Academy		1:51.47
6 East Davidson		1:53.11
7 Franklin Academy		1:53.72
8 Cornerstone Char		1:54.10
9 Wake Prep		1:55.39
10 NE Carolina Prep		2:01.06
11 Wheatmore		2:01.56
12 Goldsboro		2:07.95
13 Eno River		2:10.24
14 Princeton		2:10.31
15 Northwood		2:13.63

Event 18 Men 200 Yard Freestyle Relay

Team	Relay	Seed Time
1 NCSSM-Durham		1:37.39
2 Franklin Academy		1:37.92
3 Res Triangle		1:39.22
4 Raleigh Charter		1:39.31
5 McGuinness		1:40.84
6 Camden County		1:45.33
7 McMichael		1:45.93
8 Cornerstone Char		1:47.00
9 Tri Math and Sci		1:48.76
10 Wake Prep		1:48.96
11 Eno River		1:49.57
12 Goldsboro		1:49.81
13 Vance Charter		1:49.84
14 Northwood		1:52.40
15 Wheatmore		1:53.12
16 Voyager Academy		1:53.39

Event 19 Women 100 Yard Backstroke

Name	Yr	School	Seed Time
1 Reina Liu	SO	Raleigh Charter	56.51
2 Amelia Wolff	SR	McGuinness	1:02.24
3 Natalie Dunnigan		NCSSM-Durham	1:02.48
4 Emily Lee	JR	Raleigh Charter	1:06.55
5 Jillian Wolfe	SO	Wheatmore	1:06.56
6 Emily Mann		NE Carolina Prep	1:07.36
7 Logan McCrimmon	JR	Eno River	1:08.83
8 Zoe Mielke	FR	Manteo	1:10.90
9 Amy Lin		Raleigh Charter	1:12.01
10 Riley Aberant	JR	Wake Prep	1:14.09
11 Fowler Bullock		Voyager Academy	1:15.18
12 Stella Leonard	SO	Eastern Randolph	1:16.62
13 Sarah Kate Hancock	JR	Raleigh Charter	1:16.85
14 Mackenzie Gordon		NCSSM-Durham	1:17.78
15 Franchesca Piansay		NCSSM-Durham	1:18.12
16 Avery Savage	XX	NE Carolina Prep	1:18.62
17 Reilly Novchich		Goldsboro	1:19.07
18 Alexia Dancausse	SR	McGuinness	1:19.79
19 Emery Rollins		NCSSM-Durham	1:21.11
20 Aubrey Schnabel	FR	McMichael	1:27.72

Event 20 Men 100 Yard Backstroke

Name	Yr	School	Seed Time
1 Kevin Luo		NCSSM-Durham	56.78
2 Arthur Neighbors	SR	Cornerstone Char	57.24
3 Calvin Chen		Raleigh Charter	58.42
4 Jackson Garrett	FR	Wake Prep	58.82
5 Devin Sykes		Walkertown	59.72
6 Matthew Beaman		Greene Central	59.90
7 Aubrey Brostedt		NCSSM-Durham	1:00.22
8 Adric Ebert		NCSSM-Durham	1:00.44
9 Eli Allis	SR	Louisburg	1:04.63
10 Tumani Sissoko	JR	Northwood	1:06.01
11 Trevor Bedson		NCSSM-Durham	1:09.67
12 Sebastian Ninke		East Carteret	1:10.01
13 Jake Cornatzer	SR	McGuinness	1:12.17
14 Denyn Brawner	SR	Franklin Academy	1:13.03
15 Levi Hunter	FR	Eno River	1:14.06
16 Ethan Overby	SR	Eno River	1:14.92
17 Carter Weiss		Pasquotank	1:14.96
18 Matthew Letchworth		Goldsboro	1:16.01
19 Lauchlan Young		Excelsior	1:17.03
20 Lucian Krummel	SO	Woods Charter	1:17.33
21 Jacob Paynter	SR	Vance Charter	1:18.91
22 Jaden Kilcullen	SO	Wheatmore	1:19.19

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Psych Sheet

Event 21 Women 100 Yard Breaststroke

Name	Yr	School	Seed Time
1 Lexi Alexander	SR	Wake Prep	1:09.31
2 Christiana Hoang		Raleigh Charter	1:11.95
3 Serenity Ault	JR	Cornerstone Char	1:12.07
4 McNeil Beaumont	FR	Raleigh Charter	1:12.90
5 Alannah Keough	FR	Franklin Academy	1:13.04
6 Hannah Alexander		Voyager Academy	1:13.95
7 Mckaleigh Keough	FR	Franklin Academy	1:14.17
8 Ava Pelletier	JR	Wake Prep	1:15.08
9 Ella Delgross	FR	Woods Charter	1:16.48
10 Anna Melton	FR	Eno River	1:16.50
11 Eason Melton		NE Carolina Prep	1:18.35
12 Roza Lakatos		Goldsboro	1:19.39
13 Anabeth Heath	FR	McMichael	1:21.01
14 Zaharah McNish	JR	Vance Charter	1:22.32
15 Mary Gaylord	SR	McGuinness	1:22.53
16 Conleigh Wilhide		Princeton	1:22.89
17 Abbie Phillips	SR	Franklin Academy	1:23.75
18 Emmy Smithwick	SR	Franklin Academy	1:24.28
19 Avery Savage	XX	NE Carolina Prep	1:25.54
20 Aileen Najera-Flores		East Davidson	1:25.74
21 Caroline Bowen	JR	McGuinness	1:28.79
22 Jenna O'Day	JR	McGuinness	1:30.22
23 Rhoslyn Brant	SR	Raleigh Charter	1:31.55
24 Alex Domachowski		NCSSM-Durham	1:31.63

Event 22 Men 100 Yard Breaststroke

Name	Yr	School	Seed Time
1 Calvin Schaper		Res Triangle	59.50
2 Shane Keough	SO	Franklin Academy	1:00.60
3 Elijah Su	FR	Northwood	1:04.47
4 Eddy Ma		Raleigh Charter	1:05.27
5 Clark Allis		Louisburg	1:08.47
6 Aiden Tickle	SR	McMichael	1:11.09
7 Salvatore Strafacci	JR	McGuinness	1:11.94
8 Stephen Ribustello	JR	Tarboro	1:12.36
9 Adrian Dancausse	SR	McGuinness	1:13.37
10 Arsh Kolenchery		Res Triangle	1:15.03
11 Nate Joyner		Res Triangle	1:16.80
12 Harry Gribbin		NCSSM-Durham	1:17.36
13 Landon Weeks	SR	Wheatmore	1:18.53
14 Ethan Barclift	SR	Camden County	1:20.61
15 Noah Wolfe		Res Triangle	1:20.90
16 Ramsey Hampton	FR	McGuinness	1:22.20
17 Aiden Archer	JR	Vance Charter	1:22.56
18 Asher Tewell	SO	Eno River	1:22.74
19 Yassin Benabdallah		Raleigh Charter	1:23.21
20 Connor Skeels		NCSSM-Durham	1:24.56
21 Charlie Fox	JR	Eno River	1:25.75
22 Asher Johnson		Excelsior	1:26.18
23 Maddox Bevell		Goldsboro	1:27.28
24 John Skoteiniadis	JR	McGuinness	1:27.39

Event 23 Women 400 Yard Freestyle Relay

Team	Relay	Seed Time
1 Raleigh Charter		3:47.45
2 Res Triangle		3:59.35
3 NCSSM-Durham		4:00.53
4 Franklin Academy		4:07.00
5 McGuinness		4:10.34
6 Cornerstone Char		4:12.06
7 Wake Prep		4:14.19
8 Voyager Academy		4:16.67
9 Manteo		4:25.67
10 Eno River		4:27.92
11 East Davidson		4:34.31
12 NE Carolina Prep		4:51.51
13 Wheatmore		4:57.20
14 Northwood		5:00.90
15 Goldsboro		5:30.90
16 Eastern Randolph		6:29.34

Event 24 Men 400 Yard Freestyle Relay

Team	Relay	Seed Time
1 Raleigh Charter		3:27.06
2 NCSSM-Durham		3:41.95
3 McGuinness		3:47.73
4 Franklin Academy		3:56.64
5 Tri Math and Sci		4:01.40
6 McMichael		4:09.04
7 Northwood		4:14.07
8 Camden County		4:14.31
9 Eno River		4:15.00
10 Manteo		4:24.99
11 Voyager Academy		4:29.49
12 Wheatmore		4:41.74
13 East Davidson		5:24.33