

2025 - 2026 Time Standards

Women	8A		7A		6A	
Event	Automatic	Consideration	Automatic	Consideration	Automatic	Consideration
200 yard medley relay	2:02.99	3:30.99	1:56.99	3:30.99	2:12.99	4:00.99
200 yard freestyle	2:01.99	2:25.99	2:02.99	2:45.99	2:14.99	3:15.99
200 yard individual medley	2:18.99	2:55.99	2:14.99	2:44.99	2:40.99	3:45.99
50 yard freestyle	25.99	28.99	25.49	28.99	25.99	34.99
Diving (same for all classifications)	Automatic (11 Dives: 413.30 / 6 Dives: 212.85) Consideration (11 Dives: 237.95 / 6 Dives: 122.55)					
100 yard butterfly	1:01.99	1:16.99	1:03.99	1:16.99	1:11.99	2:10.99
100 yard freestyle	55.99	1:07.99	57.49	1:03.99	59.99	1:18.99
500 yard freestyle	5:20.99	6:45.99	5:32.99	7:15.99	6:02.99	8:25.99
200 yard freestyle relay	1:50.99	3:10.99	1:45.99	2:59.99	1:55.99	3:05.99
100 yard backstroke	1:02.99	1:15.99	1:03.99	1:35.99	1:06.99	1:39.99
100 yard breaststroke	1:11.99	1:28.99	1:08.99	1:35.99	1:20.99	1:48.99
400 yard freestyle relay	4:05.99	6:15.99	4:01.99	6:15.99	4:20.99	6:45.99

Men	8A		7A		6A	
Event	Automatic	Consideration	Automatic	Consideration	Automatic	Consideration
200 yard medley relay	1:45.99	2:59.99	1:44.99	2:59.99	1:54.99	3:25.99
200 yard freestyle	1:51.99	2:20.99	1:53.99	2:20.99	2:08.99	2:55.99
200 yard individual medley	2:01.99	2:40.99	2:03.99	2:48.99	2:21.99	3:28.99
50 yard freestyle	22.99	25.99	22.99	25.99	24.49	29.99
Diving (same for all classifications)	Automatic (11 Dives: 413.30 / 6 Dives: 212.85) Consideration (11 Dives: 237.95 / 6 Dives: 122.55)					
100 yard butterfly	53.99	1:09.99	54.99	1:09.99	1:02.99	1:55.99
100 yard freestyle	49.99	56.99	50.99	1:10.99	55.99	1:12.99
500 yard freestyle	4:59.99	6:45.99	5:12.99	7:15.99	6:13.99	8:05.99
200 yard freestyle relay	1:36.99	2:35.99	1:35.99	2:40.99	1:41.99	2:55.99
100 yard backstroke	55.99	1:10.99	58.99	1:10.99	1:09.99	1:45.99
100 yard breaststroke	1:03.99	1:16.99	1:02.99	1:19.99	1:09.99	1:36.99
400 yard freestyle relay	3:42.99	5:45.99	3:35.99	5:50.99	3:51.99	6:00.99

Women	5A		4A		1A/2A/3A	
Event	Automatic	Consideration	Automatic	Consideration	Automatic	Consideration
200 yard medley relay	2:14.99	4:00.99	2:25.99	3:20.99	2:11.99	3:20.99
200 yard freestyle	2:24.99	3:08.99	2:30.99	3:15.99	2:19.99	3:00.99
200 yard individual medley	2:48.99	3:40.99	2:48.99	3:59.99	2:34.99	4:10.99
50 yard freestyle	27.99	32.99	28.49	33.99	27.99	33.99
Diving (same for all classifications)	Automatic (11 Dives: 413.30 / 6 Dives: 212.85) Consideration (11 Dives: 237.95 / 6 Dives: 122.55)					
100 yard butterfly	1:18.99	2:10.99	1:16.99	1:59.99	1:14.99	2:09.99
100 yard freestyle	1:04.99	1:18.99	1:02.99	1:17.99	1:03.99	1:19.99
500 yard freestyle	6:37.99	8:20.99	6:12.99	8:30.99	6:05.99	8:30.99
200 yard freestyle relay	1:58.99	3:00.99	2:06.99	3:05.99	1:58.99	2:59.99
100 yard backstroke	1:14.99	1:34.99	1:13.49	1:39.99	1:07.99	1:28.99
100 yard breaststroke	1:23.99	1:38.99	1:26.99	1:49.99	1:20.99	1:35.99
400 yard freestyle relay	4:40.99	6:30.99	5:10.99	6:55.99	4:27.99	6:55.99

Men	5A		4A		1A/2A/3A	
Event	Automatic	Consideration	Automatic	Consideration	Automatic	Consideration
200 yard medley relay	1:55.99	3:15.99	2:17.99	3:15.99	1:55.99	3:15.99
200 yard freestyle	2:11.99	2:54.99	2:08.99	3:10.99	2:07.99	2:40.99
200 yard individual medley	2:30.99	3:18.99	2:41.99	3:50.99	2:27.99	3:59.99
50 yard freestyle	24.99	28.99	24.99	30.99	24.49	27.99
Diving (same for all classifications)	Automatic (11 Dives: 413.30 / 6 Dives: 212.85) Consideration (11 Dives: 237.95 / 6 Dives: 122.55)					
100 yard butterfly	1:02.99	1:59.99	1:09.99	1:55.99	1:03.99	2:00.99
100 yard freestyle	56.99	1:06.99	55.99	1:11.99	55.99	1:06.99
500 yard freestyle	6:32.99	8:20.99	6:15.99	8:30.99	5:56.99	8:30.99
200 yard freestyle relay	1:45.99	2:55.99	1:53.99	2:59.99	1:42.99	2:59.99
100 yard backstroke	1:07.99	1:45.99	1:09.99	1:49.99	1:02.99	1:22.99
100 yard breaststroke	1:14.99	1:39.99	1:19.99	1:49.99	1:12.99	1:30.99
400 yard freestyle relay	3:54.99	6:00.99	4:33.99	6:25.99	3:59.99	6:25.99