

2025 NCHSAA Women's Individual Tennis Postseason FAQ

Below is an Individual Tennis FAQ sheet for the 2025-2026 Women's Tennis Season. The Men's and Women's Individual Regional Tournaments will remain 16-entry draws in both singles and doubles. This is the same format as in previous years. However, starting this fall, berths to the Individual Regional Tournaments will no longer be distributed to conferences, but will be awarded based on pre-regional qualifying events.

Do we have to play Conference Tournaments?

- No. Conference Tournaments are optional. If conferences choose to play their conference tournaments, they must be completed prior to the Oct 13 Individual Reporting deadline. Bids to the Regional Tournament are no longer associated with Conference Tournaments.

PRE-REGIONAL INFORMATION

What are Pre-Regionals?

The Pre-Regional is one round of qualifying for the regionals.

There are three ways for a player (or doubles team) to get to the Regional Tournament.

- By being in a region with eight tennis-playing schools or fewer, in which case, every school will send two singles and two doubles directly to the regional tournament.
- By being seeded at the Pre-Regional high enough to receive a bye, and thus, automatically qualifying for the Regional Tournament.
- By winning a pre-regional match

Format

If a region has eight or fewer tennis-playing schools, then Pre-Regionals are not needed because the regional field is already at 16 or fewer entries.

If, however, the region has nine or more tennis-playing schools, then the Pre-Regionals are needed to reduce the field to sixteen.

Each region has been divided into two pre-regional pools, based primarily on geography and, to a lesser extent, conference assignment. Click [here](#) for the complete report of Pre-Regional Assignments/Directors. There is a **Pre-Regional Berth Chart 1 (See below)** to determine how many qualifiers each pool can bring to the regional tournament.

Timing and Seeding

Pre-Regional Sites and Directors are determined by the North Carolina Tennis Coaches Association. **On Saturday morning, October 4th (Women) and April 18th (Men)**, the Pre-Regional Directors will conduct their seeding meetings online, using Zoom or Google Meet. Pre-Regional Directors and Sites are determined by the NCHSTA.

During that meeting, coaches will seed the pre-regional bracket, seeding one entry for each berth at stake. The unseeded players will be randomly drawn to play against the lowest-seeded players, with the provision that teammates will not play each other. Players seeded high enough to receive a bye will automatically advance to the Regional and are not required to attend the pre-regional event.

[Pre-Regional Draw Video](#)

Play

The default date for play will be **October 6th (Women) and April 20th (Men), at 4 pm**, NOTE: Pre-Regionals may be played on another date or time during that week if mutually agreed upon by all schools in that Regional Pool. The players will play their matches using the state individual tournament format of best two-of-three sets, with the third set played in full, for both singles and doubles. The winners advance to the Regional Tournaments.

How to Determine How Many Regional Berths My Pre-Regional Will Receive

The number of berths your Pre-Regional will receive depends on the number of schools in your pre-regional that field tennis teams that season, compared to those in the other Pre-Regional of your region (see pools in pre-regional assignments). Chart 1 below shows how the berths will be assigned.

Chart 1

Regional Berth Calculator								
Teams in My Pre-Regional	Teams in the Other Pre-Regional							
	# of Teams	2	3	4	5	6	7	8
	2	8	6	5	5	4	4	3
	3	10	8	7	6	5	5	4
	4	11	9	8	7	6	6	5
	5	11	10	9	8	7	7	6
	6	12	11	10	9	8	7	7
	7	12	11	10	9	9	8	7
	8	13	12	11	10	9	9	8

To use the chart, simply find the row for the number of teams assigned to your Pre-Regional, and trace across to the column for the number of teams assigned to the other Pre-Regional in your region. The number at the intersection of the row and column will indicate the number of berths assigned to your Pre-Regional.

Chart 2

Suppose your Pre-Regional has seven teams, and the other Pre-Regional has only five teams. Using Chart 2 below, your Pre-Regional would receive nine berths, and the other Pre-Regional would receive seven, as shown below.

Regional Berth Calculator								
Teams in My Pre-Regional	Teams in the Other Pre-Regional							
	# of Teams	2	3	4	5	6	7	8
	2	8	6	5	5	4	4	3
	3	10	8	7	6	5	5	4
	4	11	9	8	7	6	6	5
	5	11	10	9	8	7	7	6
	6	12	11	10	9	8	7	7
	7	12	11	10	9	9	8	7
	8	13	12	11	10	9	9	8

REGIONAL INFORMATION

The Men's and Women's Individual Regional Tournaments will remain 16-entry draws in both singles and doubles. This is the same format as in previous years.

A change from last year is that only the Top 2 Regional finishers will qualify for the State Championships in both singles and doubles (Top 4 in 1A). State Championships will consist of 8 singles participant and 8 doubles team brackets.

Reporting Regional Qualifiers

- If you are in a region that does not require a Pre-Regional, your Coach or Athletic Director will report up to two singles and two doubles teams using this form. [Regional Reporting Form](#). You will select your region and enter your information. **The deadline to submit is October 13 at 3:00pm**
- If you are in a region that requires a Pre-Regional, your Pre-Regional Director will be responsible for reporting your regional qualifiers to the Regional Directors.

Sites/Dates

Individual Women's Tennis Regionals will take place on October 17 – 18.
[Regional Sites/Directors](#)

Individual State Championship Information

Date: Oct 24-25

Location: Burlington Tennis Center, Millbrook Exchange Park, Cary Tennis Park, Ting Park

Play/Format: Same as previous years (8 individual/team brackets)