

2025 NCHSAA 1A & 3A Track & Field State Championships – MEET SCHEDULE

Friday, May 16, 2025

- 8:00 AM Gates Open for Teams (Rear Gates Only)
- 8:00 AM Implement Inspection / Pole Vault Weigh-Ins Begin**
- 8:30 AM Gate Open for Spectators – Main entrance Only no spectators may enter at rear gate
- 8:45 AM Officials Meeting (Under Clerk's Tent at 200 Meter Start)**
- 9:15 AM Coaches Meeting (Under Clerk's Tent at 200 Meter Start)**
- 9:00 AM **Implement Inspection Schedule**
- 1. Discus Implement Inspection Schedule:**
 - a. 3A Girls Discus: Inspection closes at 9:15 am.
 - b. 1A Girls Discus: Inspection closes at 11:15 am.
 - c. 1A Boys Discus: Inspection closes at 1:15 pm.
 - d. 3A Boys Discus: Inspection closes at 3:15 pm.
 - 2. Shot put implement inspection schedule:**
 - a. 1A Girls and Boys Shot Put: Inspections closes at 9:15 am.
 - b. 3A Girls and Boys Shot Put: Inspection closes at 11:15 am.
 - 3. Pole Vault Certification & Weigh-Ins Close 1 Hour Prior to the Event**

1A & 3A Girls Pole Vault Certification & Weigh-ins Closes at 9:00 am

1A & 3A Boys Pole Vault Certification & Weigh-ins Closes at 11:30 am

9:30 AM Mandatory Athlete Meeting at High Jump

Field Events Order: All Field Events will have 1 Flight

9:30 AM Coed Unified Shot Put

10:00 AM High Jump	1A Girls	Mat – A	Followed by 1A Boys High Jump
10:00 AM High Jump	3A Girls	Mat – B	Followed by 3A Boys High Jump
10:00 AM Long Jump	3A Girls		Followed by 1A Girls Long Jump
Triple Jump	3A Girls		Will follow 1A Girls Long Jump
Triple Jump	1A Girls		Will follow 3A Girls Triple Jump
10:00 AM Long Jump	3A Boys		Followed by 1A Boys Long Jump
Triple Jump	3A Boys		Will follow 1A Boys Long Jump
Triple Jump	1A Boys		Will follow 3A Boys Triple Jump
10:00 AM Pole Vault	3A Girls	Mat – A	Followed by 3A Boys Pole Vault
10:00 AM Pole Vault	1A Girls	Mat – B	Followed by 1A Boys Pole Vault
10:00 AM Shot Put	1A Girls	Pit A	Followed by 3A Girls Shot Put
10:00 AM Shot Put	1A Boys	Pit B	Followed by 3A Boys Shot Put
10:00 AM Discus Throw	3A Girls		
Discus Throw	1A Girls		
Discus Throw	1A Boys		
Discus Throw	3A Boys		

10:00 AM **Morning Session Running Events: Semi-Finals** **WE'RE ON A ROLLING SCHEDULE**

Time	Event	Class/Gen.		Event	Class/Gen.
10:00 AM	100 M Hurdles	1A Girls	Followed by	100 M Hurdles	3A Girls
	110 M Hurdles	1A Boys	Followed by	110 M Hurdles	3A Boys
	100 M Dash	1A Girls	Followed by	100 M Dash	1A Boys
	100 M Dash	3A Girls	Followed by	100 M Dash	3A Boys
	3200 M Relay - Finals	1A Girls	Followed by	3200 M Relay - Finals	1A Boys
	3200 M Relay - Finals	3A Girls	Followed by	3200 M Relay - Finals	3A Boys

12:45 PM National Anthem

12:50 PM Unified 100 M Dash Girls Followed by Unified 100 M Dash Boys

1:00 PM **Afternoon Running Events: Finals** **WE'RE ON A ROLLING SCHEDULE**

Time	Event	Class/Gen.		Event	Class/Gen.
1:00 PM	100 M Hurdles	1A Girls	Followed by	100 M Hurdles	3A Girls
	110 M Hurdles	1A Boys	Followed by	110 M Hurdles	3A Boys
	100 M Dash	1A Girls	Followed by	100 M Dash	1A Boys
	100 M Dash	3A Girls	Followed by	100 M Dash	3A Boys
	800 M Relay	1A Girls	Followed by	800 M Relay	1A Boys
	800 M Relay	3A Girls	Followed by	800 M Relay	3A Boys
	1600 M Run	1A Girls	Followed by	1600 M Run	1A Boys
	1600 M Run	3A Girls	Followed by	1600 M Run	3A Boys
Unified Coed 400 M Relay					
	400 M Relay	1A Girls	Followed by	400 M Relay	1A Boys
	400 M Relay	3A Girls	Followed by	400 M Relay	3A Boys
	Unified 400 M Dash	Girls	Followed by	Unified 400 M Dash	Boys
	400 M Dash	1A Girls	Followed by	400 M Dash	1A Boys
	400 M Dash	3A Girls	Followed by	400 M Dash	3A Boys
	300 M Hurdles	1A Girls	Followed by	300 M Hurdles	3A Girls
	300 M Hurdles	1A Boys	Followed by	300 M Hurdles	3A Boys
	800 M Run	1A Girls	Followed by	800 M Run	1A Boys
	800 M Run	3A Girls	Followed by	800 M Run	3A Boys
	Unified 200 M	Girls	Followed by	Unified 200 M	Boys
	200 M Dash	1A Girls	Followed by	200 M Dash	1A Boys
	200 M Dash	3A Girls	Followed by	200 M Dash	3A Boys
	3200 M Run	1A Girls	Followed by	3200 M Run	1A Boys
	3200 M Run	3A Girls	Followed by	3200 M Run	3A Boys

1600 M Relay
1600 M Relay

1A Girls
3A Girls

Followed by
Followed by

1600 M Relay
1600 M Relay

1A Boys
3A Boys

Awards Presentation