

Breakout Room Leaders



Omari Pearson, Passion to Purpose

Omari Pearson has become a sought-after leader in education-driven life skills and mentoring. As an author, speaker, and consultant, he seeks to empower a generation with direction to attain their life goals through education and mentoring. He is the Founder and President to Purpose, an education-driven life-skills and mentoring company that equips middle school, high school, and college students with the necessary knowledge to empower themselves to be effective and productive members of society.

Omari serves as a consultant and trainer to the National Federation of State High School Associations (NFHS), several state high school athletic and activity associations including: Massachusetts, New Hampshire, Kentucky, Ohio, Indiana, Connecticut, Hawaii, South Carolina, and North Carolina. Being based in the Washington, DC area, Omari works with Montgomery County Public Schools, Baltimore City Public Schools, and Baltimore County Public Schools. Collegiately he works with Morgan State University and Howard University. Additionally, he works with several CUNY Colleges including: Medgar Evers College, Brooklyn College, John Jay College of Criminal Justice, and New York City College of Technology.



Deb Hult, Core Trainings

Deb Hult is a highly sought-after international speaker, leadership trainer, and mindset coach with a passion for empowering individuals to become the next best version of themselves. As the co-founder of Core Trainings, Deb specializes in relational leadership, personal growth, and youth development, delivering impactful programs across the country.

A certified Maxwell Leadership Team Speaker, Coach, and Trainer, Deb serves on the President's Advisory Committee for Youth and is an Executive Director and Global Impact Envoy for the Mindset Mastery 360 movement. Her work has positively influenced schools, athletic organizations, and corporations nationwide.

Deb is also the author of *How You Can*, a book designed to inspire transformation and intentional living. Her authentic and resilient approach, shaped by personal challenges, resonates deeply with audiences. She resides in New Hampshire with her husband of over 30 years and is a proud mother of twin boys.

Learn more about Deb and Core Trainings at coretrainings.com.



Sarah Reives-Houston, Ph.D., PsyD

(ABD) is the Director of Behavioral Health Springboard at the UNC School of Social Work. She has a Ph.D. in education psychology and is finalizing her PsyD in clinical psychology. She has over 15 years of professional experience in developing training and curriculum content focused on the treatment, intervention and prevention of trauma, mental health and substance use challenges for child and family systems and is a certified Adult and Teen MHFA Instructor.

Nina Muller, MSW

A Licensed Clinical Social Worker and a certified Youth and Teen MHFA Instructor. She currently serves as the BHS School Behavioral Health Program Specialist and has 5 years of experience as a school social worker and providing school based clinical therapy and animal assisted clinical therapy. Nina is most passionate about providing schools and students with evidence-based practices and supporting student mental health within the school setting.

Javan Richardson, M.S.Ed,

CPLC serves as the Adolescent Behavioral Health Social Clinical Research Specialist with BHS. He has a MS in Higher Ed Leadership and is completing a doctorate in Education at Liberty University. Javan is a certified Youth and Adult MHFA Instructor and is committed to supporting the implementation of youth and teen MFHA in schools and other youth-serving, community-based organizations across the state of NC.