

2025 4A Central NCHSAA Regional Championships - 1/30/2025 to 2/1/2025

Host: Northwest Guilford HS & Grimsley HS

Swimming & Diving

Results

Scores - Women

1. Green Hope	373
2. Apex Friendship	184
3. Apex	167
4. Grimsley	144
5. Cary	140
6. RJ Reynolds	137
7. Ronald Reagan	132
7. East Chapel Hill	132
9. Green Level	117
10. Northern Guilford	111
11. Riverside	86
12. Page	85
13. Chapel Hill	74
14. Charles E Jordan	71
14. West Forsyth	71
16. Mount Tabor	69
17. Middle Creek	68
18. Holly Springs	62
19. Davie	39
20. Pinecrest	15
20. Northwest Guilford	15
22. Panther Creek	14
23. Hillside	12
24. Southwest Guilford	5
25. Southeast Guilford	2

Scores - Men

1. East Chapel Hill	295
2. Green Level	218.5
3. Ronald Reagan	206
4. Northwest Guilford	169
5. Apex	145
5. Apex Friendship	145
7. Page	139
8. Chapel Hill	123
9. Charles E Jordan	122
10. Grimsley	119
11. Mount Tabor	103
12. Green Hope	101.5
13. Cary	62
14. Panther Creek	61
15. Northern Guilford	50.5
16. Holly Springs	45
17. Pinecrest	41
18. Southwest Guilford	36.5
19. Davie	30
20. West Forsyth	26
21. Middle Creek	24
22. Ragsdale	14
23. RJ Reynolds	12
24. Southeast Guilford	10
25. Riverside	6

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Results

Event 1 Women 200 Yard Medley Relay

1:44.31 AA-A		1:46.22 AA-C		All-America	
1:56.99 REGA		3:30.99 REGC		Regional	
Team	Relay	Finals Time			
1	APEX	1:46.60	40		
	1) Sophie Perry SR	2) Elizabeth Palmer SR			
	3) Tanith Mueller SR	4) Rosemary Helmedag SR			
2	GHOPE	1:47.23	34		
	1) Nola Meekins SO	2) Mia Jeltema SR			
	3) Janice Qiu JR	4) Angelina Lu JR			
3	RJREY	1:48.57	32		
	1) Camden Robertson SO	2) Sage Howards SO			
	3) Ava Kiser JR	4) Keegan Brown SR			
4	REAGN	1:48.68	30		
	1) Claire Farrell SR	2) Abigail Burton FR			
	3) Peyton Clifford JR	4) Mary Moore FR			
5	NGUIL	1:50.39	28		
	1) Abigail Schilling JR	2) Estelle Teague SR			
	3) Brooke Bourn SR	4) Lauren Lovati SO			
6	CARY	1:50.62	26		
	1) Anna Burns SO	2) Lauren Carlson JR			
	3) Antoinette Marshall SO	4) Ada Mittendorf SO			
7	GRIMS	1:51.32	24		
	1) Gabrielle Schell SR	2) Poppy Manning SO			
	3) Ashley Crowell JR	4) Cambree Spencer SR			
8	PAGE	1:51.57	22		
	1) Anna Katherine Gill FR	2) Amelia Hartwick JR			
	3) Catelyn Henderson SO	4) Eva Doyle SR			
9	GRLVL	1:55.79	18		
	1) Kaylin Ray SO	2) Marissa Locklear SO			
	3) Lauren Schoenagel JR	4) Madeline Fox FR			
10	JORDN	1:55.85	14		
	1) Mackenzie Collins JR	2) Isabelle Kuehner JR			
	3) Sophie Thornburg JR	4) Ansley Mason SO			
11	DAVIE	1:56.50	12		
	1) Emory Butler FR	2) Skylar Zuleger FR			
	3) Sarah Rajacich SR	4) Samara McDaniel SO			
12	TABOR	1:57.74	10		
	1) Caroline Armentrout SR	2) Katie Krieger JR			
	3) Natalie Dinkins FR	4) Riley Petronzio JR			
13	HLSPG	1:57.89	8		
	1) Kennedy Oman SO	2) Rylee Barbee SR			
	3) Addison Luper SO	4) Sydney Lindberg SO			
14	CHPHL	1:58.20	6		
	1) Lillian Burton SR	2) Alena Volpe JR			
	3) Louisa Sanoff JR	4) Anna Taub SR			
15	MIDCR	1:58.52	4		
	1) Kalle Rendon JR	2) Olivia Ressler JR			
	3) Savannah Nelson SO	4) Montserrat Morales Fernandez			
16	NWGUI	2:00.08	2		
	1) Anya Kayande JR	2) Layla Seiz JR			
	3) Sophie Mcmasters SO	4) Lauron Smith SO			

17	ECHPH	2:00.10	
	1) Helen Cheng SR	2) Hannah Drecktrah SR	
	3) Alicia Su SR	4) Sydney Simon SO	
18	SEGUI	2:00.79	
	1) Anna Dimmick SO	2) Anya Dawson FR	
	3) Brittyn Schicker SO	4) Lucy Dimmick JR	
19	WFORS	2:02.66	
	1) Kallie Hill FR	2) Anna McDonald SR	
	3) Lulu Serang SR	4) Giada Williamson SO	
20	SWGVI	2:05.46	
	1) Scarlett Fernando SO	2) Evelyn McKnight SO	
	3) Hannah Vikner SR	4) Riley Manley SO	
21	PINEC	2:09.50	
	1) Shelby Brown SR	2) Meghan Fowles SR	
	3) Lexi Brown JR	4) Ava Lee SO	
22	RSIDE	2:12.52	
	1) Evelyn Walters JR	2) Olivia Schonwalder SR	
	3) Anastasia Willis FR	4) Winsloh Sweany FR	
23	RAGSD	2:18.20	
	1) Claire Johnson SR	2) Maddie Gray FR	
	3) Meribel Tars JR	4) Madison Salthouse SR	
---	AFRND	DQ	
	1) Carson Broadbent SO	2) Annabelle Martin JR	
	3) Nicole Zettel SR	4) Sydney Holfelder SR	

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Event 2 Men 200 Yard Medley Relay

	1:32.76 AA-A	1:34.41 AA-C	All-America
	1:42.99 REGA	2:59.99 REGC	Regional
Team	Relay	Finals Time	
1 NWGUI		1:34.22	40
1) Micah Mitchell JR	2) Ryan Masneri SO		
3) Maverick Crowell SR	4) Owen Lin JR		
2 GRLVL		1:34.65	34
1) Jonathan Palamar SO	2) Darren Liu SR		
3) Kevin Liu FR	4) Leo O'Keefe SR		
3 REAGN		1:35.05	32
1) Bence Burton SR	2) Grant Turner SR		
3) Tyler Burton JR	4) JT Trowbridge JR		
4 PAGE		1:35.63	30
1) Albert Smelzer JR	2) Anderson Cathey SR		
3) Nick Brooks SO	4) Mason Duggins SO		
5 AFRND		1:35.93	28
1) Cole Tangeman SR	2) Oliver Marrujo FR		
3) Christian Marrujo SR	4) Cohen Singletary SR		
6 ECHPH		1:36.97	26
1) John Chuanqi Zhang JR	2) Max Wolk FR		
3) Cody Sha SO	4) Ames Wu JR		
7 JORDN		1:37.88	24
1) Benjamin DeSimone JR	2) Ryan Sutherland JR		
3) Jack Humbert SR	4) Bryce Keaton SO		
8 APEX		1:37.95	22
1) Abhay Tharakan SR	2) Elijah Leisten SR		
3) Domenico Trigilio JR	4) Kai Leisten SR		
9 GRIMS		1:39.78	18
1) Ryan Wells SR	2) Harris Abernathy JR		
3) Finn McGonigal JR	4) Peter Miller SR		
10 TABOR		1:39.79	14
1) Cooper Smits SR	2) Max Mahler SR		
3) Jackson Hartsough JR	4) Wyatt Sidden SO		
11 CHPHL		1:40.13	12
1) David Gellin FR	2) Jacob Clark FR		
3) Denali Cutbush-Taylor JR	4) Jackson Schooff SO		
12 CARY		1:40.76	10
1) Calvin Provost SO	2) Adrian Villalobos SR		
3) Alexander Papp SO	4) Ryan Fairlee JR		
13 GHOPE		1:41.21	8
1) Dhaval Pant JR	2) Marcus Hulbig JR		
3) Ezra Coulter SO	4) Sebastian Barrios SO		
14 DAVIE		1:41.81	6
1) Zach Hirata SO	2) Logan Zuleger JR		
3) Xaiden Groff SO	4) Josh McBride FR		
15 PANCR		1:42.00	4
1) Isaac Harter JR	2) Charles Camplin JR		
3) Gavin Gordy SR	4) Tianqi Xia JR		
16 PINEC		1:44.30	2
1) Cody Martin SO	2) Grant Larsen SO		
3) Caleb Hill SO	4) Ethan Fuller SR		

17 NGUIL		1:44.96
1) Asher Tobin FR	2) Bryson Gaines SO	
3) Henry Cooper SO	4) Quinton Heljenek SR	
18 WFORS		1:45.03
1) Carson Sweet SO	2) Carter Patterson JR	
3) Jack Williams SR	4) Matthew Brown JR	
19 HLSPG		1:45.14
1) Robert Forrest JR	2) Alex Shelby SO	
3) Jackson Zockoll SR	4) Luke Nakhla JR	
20 RSIDE		1:46.70
1) Cole Newman SR	2) David Ritchey SR	
3) Aidan Cone FR	4) Richard Rutherford FR	
21 SWGUI		1:47.98
1) Lucas Ray SO	2) Trey Dickenson SO	
3) Elijah Austria FR	4) Julian Seamon SO	
22 RJREY		1:50.02
1) Ford Shively SO	2) Matias Harvey SO	
3) Joseph Stanfield SO	4) Elliot Kengla FR	
23 MIDCR		1:54.68
1) Gavin Phillips FR	2) Skyler Vining JR	
3) Jake Dunaway SO	4) Jordan Lee SR	
24 SEGUI		2:16.31
1) Jacob Maness FR	2) Jordan Adams JR	
3) Logan Morris SO	4) Andrew Maness JR	

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Results

Event 3 Women 200 Yard Freestyle

1:48.79 AA-A		1:50.65 AA-C		All-America	
1:58.99 REGA		2:15.99 REGC		Regional	
Name	Yr	School	Finals Time		
1 Mere Whelehan	SR	GHOPE	1:49.64	20	
2 Sloane Whelehan	SO	GHOPE	1:49.99	17	
3 Isabel Wolk	JR	ECHPH	1:50.26	16	
4 Camden Robertson	SO	RJREY	1:52.67	15	
5 Madeline Fox	FR	GRLVL	1:52.83	14	
6 Sophie Thornburg	JR	JORDN	1:52.97	13	
7 Sophie Perry	SR	APEX	1:53.74	12	
8 Kaylee Dietrich	FR	GHOPE	1:53.78	11	
9 Catelyn Henderson	SO	PAGE	1:56.18	9	
10 Eva Beekman	FR	REAGN	1:57.22	7	
11 Cara Ford	FR	HLSPG	1:57.31	6	
12 Esme O'Neill	SO	GRIMS	1:57.45	5	
13 Lily Grieve	SO	PINEC	1:59.51	4	
14 Aubrey Mitchell	JR	RSIDE	2:00.18	3	
15 Katherine Bakelaar	SR	RSIDE	2:00.51	2	
16 Claire Isaac	SO	TABOR	2:01.21	1	
17 Paige Snyder	SO	CARY	2:01.62		
18 Katie Kennedy	SR	WFORS	2:01.81		
19 Reese Patterson	SO	WFORS	2:03.71		
20 Allison Adams	FR	NWGVI	2:03.77		
21 Paige Kupfrian	JR	GHOPE	2:03.90		
22 Rosemary Helmedag	SR	APEX	2:04.44		
23 Lakshmi Prasanth	SR	AFRND	2:04.53		
24 Carolina Bumgarner	FR	RAGSD	2:05.22		

Event 4 Men 200 Yard Freestyle

1:38.67 AA-A		1:40.06 AA-C		All-America	
1:48.99 REGA		2:18.99 REGC		Regional	
Name	Yr	School	Finals Time		
1 Owen Lin	JR	NWGVI	1:40.58	20	
2 Vaughn Muir	SO	SWGVI	1:41.58	17	
3 Max Halpern	SO	ECHPH	1:42.01	16	
4 Lucas Li	SR	ECHPH	1:43.14	15	
5 Isaac Harter	JR	PANCR	1:44.74	14	
6 David Gellin	FR	CHPHL	1:45.47	13	
7 Jackson Hartsough	JR	TABOR	1:45.81	12	
8 Cole Tangeman	SR	AFRND	1:46.11	11	
9 Henry Cooper	SO	NGUIL	1:46.18	9	
10 William Chuanxi Zhang	SO	ECHPH	1:46.27	7	
11 Avery Mitcham	FR	SEGVI	1:46.66	6	
12 Denali Cutbush-Taylor	JR	CHPHL	1:47.10	5	
13 Kevin Luo	SO	CHPHL	1:48.36	4	
14 Jackson Zockoll	SR	HLSPG	1:48.60	3	
15 Erik Oman	SR	HLSPG	1:48.65	2	
16 Wyatt Perkins	JR	GRLVL	1:50.75	1	
17 Alex Powell	JR	GRIMS	1:51.72		
18 Killian Piner	SO	SEGVI	1:53.66		
19 Nick Shalhoub	JR	GHOPE	1:53.89		
20 Leo Mack	SR	AFRND	1:53.91		
21 Cole Newman	SR	RSIDE	1:54.54		
22 Jerry Li	JR	GRLVL	1:54.91		
23 Matthew Shobe	SO	REAGN	1:55.01		
--- Charles Mahony	FR	GRIMS		DQ	

Event 5 Women 200 Yard IM

2:01.38 AA-A		2:04.11 AA-C		All-America	
2:12.99 REGA		2:45.99 REGC		Regional	
Name	Yr	School	Finals Time		
1 Nicole Zettel	SR	AFRND	1:59.91	20	
2 Lily Willis	SR	GRLVL	2:03.66	17	
3 Mia Jeltema	SR	GHOPE	2:04.02	16	
4 Nola Meekins	SO	GHOPE	2:04.48	15	
5 Anna Katherine Gill	FR	PAGE	2:05.72	14	
6 Kalle Rendon	JR	MIDCR	2:06.70	13	
7 Keira Chia	SO	GHOPE	2:06.84	12	
8 Ava Kiser	JR	RJREY	2:08.04	11	
9 Anna Burns	SO	CARY	2:10.14	9	
10 Estelle Teague	SR	NGUIL	2:11.20	7	
11 Winifred Stuart	JR	APEX	2:11.47	6	
12 Gabrielle Schell	SR	GRIMS	2:12.91	5	
13 Antoinette Marshall	SO	CARY	2:14.45	4	
14 Kennedy Oman	SO	HLSPG	2:15.19	3	
15 Poppy Manning	SO	GRIMS	2:15.56	2	
16 Claire Farrell	SR	REAGN	2:16.71	1	
17 Abigail Burton	FR	REAGN	2:16.96		
18 Alecia Brock	FR	AFRND	2:19.18		
19 Mirabella Grubb	JR	GRIMS	2:19.49		
20 Alexandria Morea	FR	GHOPE	2:19.96		
21 Mackenzie Hall	SO	CARY	2:20.05		
22 Sage Howards	SO	RJREY	2:20.21		
23 Addison Drenan	SO	REAGN	2:20.33		
24 Alyssa Eklund	JR	GRLVL	2:22.10		

Event 6 Men 200 Yard IM

1:49.50 AA-A		1:51.52 AA-C		All-America	
2:01.99 REGA		2:32.99 REGC		Regional	
Name	Yr	School	Finals Time		
1 Bence Burton	SR	REAGN	1:50.99	20	
2 Abhay Tharakan	SR	APEX	1:53.60	17	
3 Jacob Clark	FR	CHPHL	1:54.07	16	
4 Ryan Sutherland	JR	JORDN	1:54.17	15	
5 Calvin Provost	SO	CARY	1:55.35	14	
6 Harris Abernathy	JR	GRIMS	1:55.68	13	
7 Kevin Liu	FR	GRLVL	1:55.73	12	
8 Christian Marrujo	SR	AFRND	1:55.96	11	
9 John Chuanqi Zhang	JR	ECHPH	1:56.02	9	
10 Lucas Golinski	SR	RAGSD	1:57.72	7	
11 Ezra Coulter	SO	GHOPE	1:58.10	6	
12 Jason Sun	SO	GRLVL	1:58.45	5	
13 Oliver Marrujo	FR	AFRND	1:59.04	4	
14 Joseph Park	SO	GRLVL	2:00.10	3	
15 Alistair Peng	FR	GHOPE	2:01.69	2	
16 Jason Tao	JR	CHPHL	2:02.71	1	
17 Elijah Austria	FR	SWGVI	2:02.91		
18 Ryan Masneri	SO	NWGVI	2:02.94		
19 Grant Turner	SR	REAGN	2:03.03		
20 Gavin Gordy	SR	PANCR	2:04.70		
21 Hugh Harris	SO	REAGN	2:05.95		
22 Ibrihim Sahin	SO	APEX	2:10.92		
23 Daniel Varabyou	SO	APEX	2:12.74		

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Results

Event 7 Women 50 Yard Freestyle

23.08 AA-A		23.54 AA-C		All-America	
25.49 REGA		27.99 REGC		Regional	
Name	Yr	School	Finals Time		
1	Sloane Whelehan	SO	GHOPE	23.31	20
2	Brooke Bourn	SR	NGUIL	24.09	17
3	Sydney Holfelder	SR	AFRND	24.21	16
4	Abigail Townsend	FR	GRIMS	24.45	15
5	Ada Mittendorf	SO	CARY	24.53	14
6	Angelina Lu	JR	GHOPE	24.70	13
7	Luca Pirone	SR	CHPHL	24.91	12
8	Katie Krieger	JR	TABOR	24.96	11
9	Lauren Carlson	JR	CARY	25.18	9
10	Skylar Zuleger	FR	DAVIE	25.21	7
11	Lauron Smith	SO	NWGUI	25.32	6
12	Addison Mitchell	JR	REAGN	25.36	5
13	Cambree Spencer	SR	GRIMS	25.40	4
14	Keegan Brown	SR	RJREY	25.43	3
15	Sydney Hodulik	SR	CHPHL	25.60	2
16	Riley Petronzio	JR	TABOR	25.61	1
17	Mary Moore	FR	REAGN	25.64	
18	Lyla Holfelder	SO	AFRND	25.69	
19	Peyton Clifford	JR	REAGN	25.71	
20	Anna Dimmick	SO	SEGUI	25.72	
21	Delainey Gilreath	JR	AFRND	25.96	
22	Lauren Lovati	SO	NGUIL	25.99	
23	Natalie Dinkins	FR	TABOR	26.08	
24	Anna McDonald	SR	WFORS	26.43	

Event 8 Men 50 Yard Freestyle

20.43 AA-A		20.85 AA-C		All-America	
22.49 REGA		24.99 REGC		Regional	
Name	Yr	School	Finals Time		
1	Albert Smelzer	JR	PAGE	20.51	20
2	Grant Larsen	SO	PINEC	21.30	17
3	Maverick Crowell	SR	NWGUI	21.41	16
4	JT Trowbridge	JR	REAGN	21.61	15
5	Kai Leisten	SR	APEX	21.67	14
6	Cohen Singletary	SR	AFRND	21.76	13
7	Benjamin DeSimone	JR	JORDN	21.97	12
8	Max Wolk	FR	ECHPH	22.00	11
9	Haoran Yang	SO	GHOPE	22.04	9
10	Alex Nelson	JR	ECHPH	22.16	7
11	Finn McGonigal	JR	GRIMS	22.29	6
12	Mason Duggins	SO	PAGE	22.41	5
13	Ames Wu	JR	ECHPH	22.44	4
14	Bryce Keaton	SO	JORDN	22.51	3
15	Matt Mungas	JR	NWGUI	22.53	2
16	Zach Foeri	JR	REAGN	22.65	1
17	Quinton Heljenek	SR	NGUIL	22.72	
18	Cody Sha	SO	ECHPH	22.89	
19	Dhaval Pant	JR	GHOPE	22.99	
20	Benjamin Rakusin	SR	CARY	23.03	
21	Justin Park	JR	GRLVL	23.05	
22	Gavin Phillips	FR	MIDCR	23.16	
23	Trey Dickenson	SO	SWGVI	23.67	
---	Graham Presutti	JR	REAGN		DQ

Event 9 Women 1 mtr Diving

413.30 REGA		375.00 AA-C		All-America	
237.95 REGC		237.95 REGC		Regional	
Name	Yr	School	Finals Score		
1	Laila Kwong	SO	ECHPH	441.15	20
2	Sinead Valero	SR	HLSPG	439.50	17
3	Vivian Brennan	SR	RSIDE	425.85	16
4	Mia Delgado		CHPHL	406.65	15
5	Gahyeon Kim	JR	PANCR	388.20	14
6	Alis Yadushlivy	JR	AFRND	363.80	13
7	Rebeca Ospina		HLSID	352.85	12
8	Taylor Ralph	SO	HLSPG	344.05	11
9	Elle Falkiner	SR	APEX	315.90	9
10	Olivia Rudolph	SR	NWGVI	311.05	7
11	Hailey Stuart	SO	NGUIL	303.75	6
12	Elena Perko	SR	SWGVI	302.50	5
13	Zella Ann Cook	JR	TABOR	297.20	4
14	Clara Bender	FR	GHOPE	287.15	3
15	Emory Rhodes	SR	WFORS	286.95	2
16	Michella Ward	SR	REAGN	284.75	1
17	Callie Coulter	JR	CARY	283.55	
18	Reagan Salentine	SR	HLSPG	274.25	
---	Emi Kishida	FR	TABOR		DFS

Event 10 Men 1 mtr Diving

413.30 REGA		375.00 AA-C		All-America	
237.95 REGC		237.95 REGC		Regional	
Name	Yr	School	Finals Score		
1	Jacob Pollina	JR	NGUIL	470.50	20
2	Hudson Weinhagen	SR	HLSPG	427.75	17
3	Dorian Albee	SR	GRIMS	376.15	16
4	Silas Theede	FR	MIDCR	368.90	15
5	Nathan Eichenseer	SO	GHOPE	357.45	14
6	Graham Hagler		ECHPH	348.80	13
7	Hugh Fitzgerald	SO	RJREY	327.50	12
8	Peyton Joncich	SR	CARY	318.85	11
9	Tyler Veres	FR	WFORS	307.40	9
10	Clark Brinker	9	ECHPH	258.30	7
---	Aksel Pepper	SR	GHOPE		DFS
---	Kai Lovejoy	SO	CHPHL		DFS

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Event 11 Women 100 Yard Butterfly

54.32 AA-A		55.58 AA-C		All-America	
59.99 REGA		1:11.99 REGC		Regional	
Name	Yr	School	Finals Time		
1	Ava Kiser	JR RJREY	56.28	20	
2	Tanith Mueller	SR APEX	56.39	17	
3	Katherine Perdue	SR WFORS	56.74	16	
4	Peyton James	FR ECHPH	58.06	15	
5	Aubrey Mitchell	JR RSIDE	58.11	14	
6	Savannah Nelson	SO MIDCR	58.19	13	
7	Mackenzie Collins	JR JORDN	58.33	12	
8	Lily Grieve	SO PINEC	58.41	11	
9	Janice Qiu	JR GHOPE	58.53	9	
10	Marissa Locklear	SO GRLVL	59.83	7	
11	Delainey Gilreath	JR AFRND	1:00.48	6	
12	Gianna Park	SO GHOPE	1:00.69	5	
13	Madeline Bartoszek	FR AFRND	1:01.31	4	
14	Peyton Clifford	JR REAGN	1:01.33	3	
15	Eden Byrd	SO GHOPE	1:01.73	2	
16	Mackenzie Hall	SO CARY	1:02.14	1	
17	Addison Luper	SO HLSPG	1:02.62		
18	Melynn Holmes	FR RJREY	1:02.63		
19	Adah Clifford	JR REAGN	1:02.79		
20	Katherine Bakelaar	SR RSIDE	1:03.06		
21	Isabel Wilson	FR RJREY	1:03.23		
---	Addison Holland	JR AFRND	DFS		

Event 12 Men 100 Yard Butterfly

48.57 AA-A		49.69 AA-C		All-America	
54.99 REGA		1:04.99 REGC		Regional	
Name	Yr	School	Finals Time		
1	Owen Lin	JR NWGUI	49.04	20	
2	Maverick Crowell	SR NWGUI	49.73	17	
3	Lucas Li	SR ECHPH	49.76	16	
4	Tyler Burton	JR REAGN	50.20	15	
5	Jonathan Palamar	SO GRLVL	51.23	14	
6	Nick Brooks	SO PAGE	51.42	13	
7	Jack Humbert	SR JORDN	51.64	12	
8	Zach Hirata	SO DAVIE	51.78	11	
9	Kevin Liu	FR GRLVL	51.87	9	
10	Finn McGonigal	JR GRIMS	52.28	7	
11	Jake Dunaway	SO MIDCR	52.44	6	
12	Devin Locklear	JR GRLVL	52.59	5	
13	Jackson Zockoll	SR HLSPG	52.81	4	
14	Alistair Peng	FR GHOPE	52.83	3	
15	Domenico Trigilio	JR APEX	53.10	2	
*16	Elijah Austria	FR SWGUI	53.49	0.5	
*16	Haoran Yang	SO GHOPE	53.49	0.5	
18	Ezra Coulter	SO GHOPE	53.77		
19	Benjamin DeSimone	JR JORDN	54.50		
20	Cody Sha	SO ECHPH	54.51		
21	Zach Foeri	JR REAGN	55.05		
22	Killian Piner	SO SEGUI	56.28		

Event 13 Women 100 Yard Freestyle

50.16 AA-A		50.99 AA-C		All-America	
55.49 REGA		1:02.99 REGC		Regional	
Name	Yr	School	Finals Time		
1	Mere Whelehan	SR GHOPE	50.86	20	
2	Isabel Wolk	JR ECHPH	51.32	17	
3	Brooke Bourn	SR NGUIL	52.10	16	
4	Sydney Holfelder	SR AFRND	52.70	15	
5	Anna Katherine Gill	FR PAGE	53.14	14	
6	Chloe Mihaly	SR RSIDE	53.18	13	
7	Luca Pirone	SR CHPHL	53.75	12	
8	Abigail Townsend	FR GRIMS	53.76	11	
9	Ada Mittendorf	SO CARY	53.96	9	
10	Claire Isaac	SO TABOR	55.11	7	
11	Poppy Fishburn	FR GRLVL	55.22	6	
12	Addison Mitchell	JR REAGN	55.41	5	
13	Katie Kennedy	SR WFORS	55.64	4	
14	Emily Wilson	FR GHOPE	55.96	3	
15	Eva Doyle	SR PAGE	56.06	2	
16	Mary Moore	FR REAGN	56.67	1	
17	Lyla Holfelder	SO AFRND	56.99		
18	Lauren Lovati	SO NGUIL	57.00		
19	Yasmin Mouline	SR AFRND	57.17		
20	Cambree Spencer	SR GRIMS	57.31		
21	Kaylee Bohinc	SR CARY	57.42		
22	Taylor Hinshaw	SO REAGN	57.48		
23	Kaylin Ray	SO GRLVL	57.75		
24	Lauron Smith	SO NWGUI	57.79		

Event 14 Men 100 Yard Freestyle

44.83 AA-A		45.64 AA-C		All-America	
49.49 REGA		55.99 REGC		Regional	
Name	Yr	School	Finals Time		
1	Albert Smelzer	JR PAGE	45.74	20	
2	Leo O'Keefe	SR GRLVL	46.97	17	
3	Grant Larsen	SO PINEC	47.05	16	
4	Kai Leisten	SR APEX	47.18	15	
5	Max Mahler	SR TABOR	47.59	14	
6	Cohen Singletary	SR AFRND	47.78	13	
7	William Chuanxi Zhang	SO ECHPH	48.46	12	
8	Logan Truskowski	SO REAGN	48.59	11	
9	Charles Mahony	FR GRIMS	49.05	9	
10	Kevin Luo	SO CHPHL	49.24	7	
11	Alex Nelson	JR ECHPH	49.30	6	
12	Bryce Keaton	SO JORDN	49.45	5	
13	Denali Cutbush-Taylor	JR CHPHL	49.49	4	
14	Noah Morgan	JR NWGUI	50.05	3	
15	Alex Powell	JR GRIMS	50.15	2	
16	Calvin Provost	SO CARY	50.25	1	
17	Josh Kim	JR ECHPH	50.27		
18	Sebastian Barrios	SO GHOPE	50.76		
19	Carter Patterson	JR WFORS	50.86		
20	Micah Mitchell	JR NWGUI	51.14		
21	Quinton Heljenek	SR NGUIL	51.23		
22	Dhaval Pant	JR GHOPE	51.65		
---	Daniel Varabyou	SO APEX	DFS		

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Event 15 Women 500 Yard Freestyle

		4:53.16 AA-A	4:58.35 AA-C	All-America
		5:22.99 REGA	6:30.99 REGC	Regional
Name	Yr	School	Finals Time	
1	Nicole Zettel	SR	AFRND	4:50.44 20
2	Kaylee Dietrich	FR	GHOPE	4:56.20 17
3	Madeline Fox	FR	GRLVL	4:58.60 16
4	Sophie Thornburg	JR	JORDN	4:59.95 15
5	Annabelle Martin	JR	AFRND	5:01.14 14
6	Nola Meekins	SO	GHOPE	5:02.24 13
7	Tanith Mueller	SR	APEX	5:04.52 12
8	Cara Ford	FR	HLSPG	5:08.95 11
9	Anna Burns	SO	CARY	5:10.52 9
10	Keira Chia	SO	GHOPE	5:11.50 7
11	Carson Broadbent	SO	AFRND	5:13.09 6
12	Esme O'Neill	SO	GRIMS	5:16.82 5
13	Payton McNutt	SO	GRLVL	5:16.99 4
14	Paige Snyder	SO	CARY	5:22.62 3
15	Catelyn Henderson	SO	PAGE	5:22.72 2
16	Abigail Schilling	JR	NGUIL	5:25.48 1
17	Scarlett Fernando	SO	SWGVI	5:28.15
18	Paige Kupfrian	JR	GHOPE	5:29.96
19	Rosemary Helmedag	SR	APEX	5:31.04
20	Kaitlyn King	SO	PANCR	5:31.19
21	Kennedy Oman	SO	HLSPG	5:31.53
22	Keegan Brown	SR	RJREY	5:35.30
23	Alicia Su	SR	ECHPH	5:35.61
---	Eva Beekman	FR	REAGN	DFS

Event 16 Men 500 Yard Freestyle

		4:29.39 AA-A	4:33.16 AA-C	All-America
		4:54.99 REGA	6:30.99 REGC	Regional
Name	Yr	School	Finals Time	
1	Colton Chaires	SO	ECHPH	4:30.94 20
2	Max Halpern	SO	ECHPH	4:37.57 17
3	Charles Camplin	JR	PANCR	4:37.86 16
4	Vaughn Muir	SO	SWGVI	4:39.06 15
5	Jacob Clark	FR	CHPHL	4:42.21 14
6	Erik Oman	SR	HLSPG	4:42.88 13
*7	Devin Locklear	JR	GRLVL	4:46.60 11.5
*7	Henry Cooper	SO	NGUIL	4:46.60 11.5
9	Jack Humbert	SR	JORDN	4:47.04 9
10	Jacob Levesque	SO	GHOPE	4:50.52 7
11	David Ritchey	SR	RSIDE	4:53.48 6
12	David Gellin	FR	CHPHL	4:54.74 5
13	Flynn Sonntag	JR	APEX	4:55.19 4
14	Rigney Helmedag	JR	APEX	4:57.38 3
15	Justin Park	JR	GRLVL	4:57.71 2
16	Nick Shalhoub	JR	GHOPE	5:03.85 1
17	Ibrihim Sahin	SO	APEX	5:05.75
18	Ayden Johnson	SO	JORDN	5:09.31
19	Matthew Shobe	SO	REAGN	5:09.86
20	Hugh Harris	SO	REAGN	5:10.47
21	Josh Kim	JR	ECHPH	5:15.42
22	Adam Stephany	JR	GRIMS	5:16.79
23	Gray Raney	SR	REAGN	5:22.68
24	Joseph Stanfield	SO	RJREY	5:23.39

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Event 17 Women 200 Yard Freestyle Relay

	1:35.48 AA-A	1:37.15 AA-C	All-America
	1:46.99 REGA	2:59.99 REGC	Regional
Team	Relay	Finals Time	
1	GHOPE		1:35.85 40
	1) Mere Whelehan SR	2) Mia Jeltema SR	
	3) Angelina Lu JR	4) Sloane Whelehan SO	
2	CARY		1:38.98 34
	1) Anna Burns SO	2) Lauren Carlson JR	
	3) Mackenzie Hall SO	4) Ada Mittendorf SO	
3	GRIMS		1:40.97 32
	1) Sadie Vest SO	2) Ashley Crowell JR	
	3) Cambree Spencer SR	4) Abigail Townsend FR	
4	APEX		1:41.03 30
	1) Sophie Perry SR	2) Alexandra Slavis JR	
	3) Elizabeth Palmer SR	4) Winifred Stuart JR	
*5	ECHPH		1:41.22 27
	1) Peyton James FR	2) Leah Platts-Mills FR	
	3) Hannah Drecktrah SR	4) Isabel Wolk JR	
*5	TABOR		1:41.22 27
	1) Claire Isaac SO	2) Natalie Dinkins FR	
	3) Riley Petronzio JR	4) Katie Krieger JR	
7	REAGN		1:41.24 24
	1) Abigail Burton FR	2) Peyton Clifford JR	
	3) Mary Moore FR	4) Addison Mitchell JR	
8	PAGE		1:41.31 22
	1) Catelyn Henderson SO	2) Amelia Hartwick JR	
	3) Eva Doyle SR	4) Anna Katherine Gill FR	
9	CHPHL		1:41.82 18
	1) Luca Pirone SR	2) Jordan Biggerstaff SR	
	3) Alena Volpe JR	4) Sydney Hodulik SR	
10	WFORS		1:42.65 14
	1) Katherine Perdue SR	2) Reese Patterson SO	
	3) Anna McDonald SR	4) Katie Kennedy SR	
11	RSIDE		1:42.91 12
	1) Aubree Spreitzer SR	2) Katherine Bakelaar SR	
	3) Aubrey Mitchell JR	4) Chloe Mihaly SR	
12	AFRND		1:43.62 10
	1) Delainey Gilreath JR	2) Addison Holland JR	
	3) Lakshmi Prasanth SR	4) Lyla Holfelder SO	
13	RJREY		1:43.67 8
	1) Claire Keever FR	2) Sage Howards SO	
	3) Emma Robertson JR	4) Melynn Holmes FR	
14	MIDCR		1:44.10 6
	1) Kalle Rendon JR	2) Olivia Ressler JR	
	3) Monserrat Morales Fernandez FR	4) Savannah Nelson SO	
15	HLSPG		1:45.01 4
	1) Sydney Lindberg SO	2) Rylee Barbee SR	
	3) Cara Ford FR	4) Addison Luper SO	
16	GRLVL		1:45.11 2
	1) Marissa Locklear SO	2) Lauren Schoenagel JR	
	3) Payton McNutt SO	4) Poppy Fishburn FR	

17	NWGUI		1:46.84
	1) Anya Kayande JR	2) McKenzie Smith SO	
	3) Sophie Mcmasters SO	4) Lauron Smith SO	
18	JORDN		1:48.51
	1) Isa Cummings JR	2) Isabelle Kuehner JR	
	3) Isla Robertson SR	4) Ansley Mason SO	
19	DAVIE		1:50.09
	1) Kayden Richardson SO	2) Olivia Dufur SO	
	3) Samara McDaniel SO	4) Sarah Rajacich SR	
20	SEGUI		1:51.78
	1) Elin Dimmick FR	2) Brittyn Schicker SO	
	3) Lucy Dimmick JR	4) Anna Dimmick SO	
21	NGUIL		1:52.49
	1) Player Morris SO	2) Jada Sheppard JR	
	3) Lillian Wright SO	4) Helena Goddard JR	
22	RAGSD		1:52.56
	1) Meribel Tars JR	2) Madison Salthouse SR	
	3) Emily Fisher JR	4) Carolina Bumgarner FR	
23	PINEC		1:53.18
	1) Shelby Brown SR	2) Ava Lee SO	
	3) Peyton Bailey JR	4) Lily Grieve SO	
24	SWGVI		1:57.16
	1) Riley Manley SO	2) Audrey Zack FR	
	3) Ava Geisler SR	4) Evelyn McKnight SO	

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Event 18 Men 200 Yard Freestyle Relay

	1:24.34 AA-A	1:25.75 AA-C	All-America	
	1:33.99 REGA	2:35.99 REGC	Regional	
Team	Relay		Finals Time	
1 PAGE			1:25.96	40
1) Finley Rossato JR	2) Nick Brooks SO			
3) Mason Duggins SO	4) Albert Smelzer JR			
2 REAGN			1:26.41	34
1) Bence Burton SR	2) Tyler Burton JR			
3) Logan Truskowski SO	4) JT Trowbridge JR			
3 ECHPH			1:27.52	32
1) Lucas Li SR	2) William Chuanxi Zhang SO			
3) Max Wolk FR	4) Max Halpern SO			
4 GRLVL			1:29.63	30
1) Darren Liu SR	2) Justin Park JR			
3) Devin Locklear JR	4) Kevin Liu FR			
5 TABOR			1:30.01	28
1) Max Mahler SR	2) Ben Grimstead SR			
3) Cooper Smits SR	4) Wyatt Sidden SO			
6 GHOPE			1:30.31	26
1) Haoran Yang SO	2) Nick Shalhoub JR			
3) Alistair Peng FR	4) Ezra Coulter SO			
7 GRIMS			1:31.47	24
1) Ryan Wells SR	2) Alex Powell JR			
3) Peter Miller SR	4) Charles Mahony FR			
8 APEX			1:31.89	22
1) Alec Ivanov SO	2) Flynn Sonntag JR			
3) Rigney Helmedag JR	4) Domenico Trigilio JR			
9 CHPHL			1:32.07	18
1) Kevin Luo SO	2) Fletcher Wulber FR			
3) Anthony Wang SR	4) Jackson Schooff SO			
10 CARY			1:33.09	14
1) Ryan Fairlee JR	2) Benjamin Rakusin SR			
3) Alexander Papp SO	4) Michael Lychak JR			
11 WFORS			1:33.49	12
1) Jack Oghalai SR	2) Jack Williams SR			
3) Matthew Brown JR	4) Carter Patterson JR			
12 NWGUI			1:33.68	10
1) Matt Mungas JR	2) Jacob Simpson JR			
3) Ryan Masneri SO	4) Noah Morgan JR			
13 PANCR			1:34.33	8
1) Isaac Harter JR	2) Gavin Gordy SR			
3) Charles Camplin JR	4) Tianqi Xia JR			
14 PINEC			1:34.40	6
1) Cody Martin SO	2) Caleb Hill SO			
3) Ethan Fuller SR	4) Grant Larsen SO			
15 AFRND			1:34.94	4
1) Leo Mack SR	2) Dylan Adley FR			
3) Jaydon Hinton SO	4) Brennan Rothchild SR			
16 SWGUI			1:36.43	2
1) Trey Dickenson SO	2) Julian Seamon SO			
3) Owen Ray SR	4) Vaughn Muir SO			

17 NGUIL			1:36.56
1) William Guyler JR	2) William Preston SO		
3) James Wrinkle SR	4) Nathan Copeland SR		
18 RSIDE			1:37.13
1) Abraham Smith SO	2) Connor McNulty FR		
3) Evan Ruberte-Pabon FR	4) Aidan Cone FR		
19 HLSPG			1:37.59
1) Ethan Fairbairn JR	2) Alex Shelby SO		
3) Veer Dighe JR	4) Luke Nakhla JR		
20 DAVIE			1:38.14
1) Xaiden Groff SO	2) George Crowley FR		
3) Luke Wollner JR	4) Josh McBride FR		
21 MIDCR			1:38.84
1) Gavin Phillips FR	2) Jake Dunaway SO		
3) Jordan Lee SR	4) Skyler Vining JR		
22 JORDN			1:39.30
1) Erwyn Castillo SR	2) Samir Goff FR		
3) Philip Helton SO	4) Ayden Johnson SO		
23 RJREY			1:39.70
1) Ford Shively SO	2) Brooks Bossong JR		
3) Elliot Kengla FR	4) Walton Lamkin SR		
24 RAGSD			1:47.69
1) Colton Spillers SO	2) Wren Gardner SR		
3) Jagger Greenia SO	4) McCade Moody JR		

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Event 19 Women 100 Yard Backstroke

		54.69 AA-A	55.91 AA-C	All-America	
		59.99 REGA	1:10.99 REGC	Regional	
Name	Yr	School	Finals Time		
1 Kalle Rendon	JR	MIDCR	56.40	20	
2 Angelina Lu	JR	GHOPE	56.45	17	
3 Camden Robertson	SO	RJREY	56.63	16	
4 Katherine Perdue	SR	WFORS	57.13	15	
5 Sophie Perry	SR	APEX	57.49	14	
6 Mackenzie Collins	JR	JORDN	58.02	13	
7 Savannah Nelson	SO	MIDCR	58.28	12	
8 Claire Farrell	SR	REAGN	58.96	11	
9 Carson Broadbent	SO	AFRND	59.23	9	
10 Gabrielle Schell	SR	GRIMS	59.43	7	
11 Reese Patterson	SO	WFORS	59.89	6	
12 Gianna Park	SO	GHOPE	1:00.05	5	
13 Chloe Mihaly	SR	RSIDE	1:01.38	4	
14 Sydney Hodulik	SR	CHPHL	1:01.56	3	
15 Macy Davidson	SO	GHOPE	1:01.72	2	
16 Sadie Vest	SO	GRIMS	1:01.75	1	
17 Melynn Holmes	FR	RJREY	1:02.08		
18 Abigail Schilling	JR	NGUIL	1:02.43		
19 Leah Platts-Mills	FR	ECHPH	1:02.87		
20 Kaylin Ray	SO	GRLVL	1:03.02		
21 Taylor Hinshaw	SO	REAGN	1:03.69		
22 Lakshmi Prasanth	SR	AFRND	1:04.13		
23 Yasmin Mouline	SR	AFRND	1:05.70		

Event 20 Men 100 Yard Backstroke

		49.07 AA-A	50.18 AA-C	All-America	
		54.99 REGA	1:05.99 REGC	Regional	
Name	Yr	School	Finals Time		
1 Abhay Tharakan	SR	APEX	50.17	20	
2 Leo O'Keefe	SR	GRLVL	50.62	17	
3 John Chuanqi Zhang	JR	ECHPH	51.27	16	
4 Jonathan Palamar	SO	GRLVL	51.67	15	
5 Ames Wu	JR	ECHPH	52.14	14	
6 Christian Marrujo	SR	AFRND	52.42	13	
7 Ryan Sutherland	JR	JORDN	52.44	12	
8 Nick Brooks	SO	PAGE	52.47	11	
9 Zach Hirata	SO	DAVIE	52.63	9	
10 Colton Chaires	SO	ECHPH	52.73	7	
11 Cole Tangeman	SR	AFRND	52.88	6	
12 Micah Mitchell	JR	NWGUI	53.04	5	
13 Avery Mitcham	FR	SEGUI	53.31	4	
14 Isaac Harter	JR	PANCR	53.72	3	
15 Gavin Phillips	FR	MIDCR	54.01	2	
16 Jake Dunaway	SO	MIDCR	54.54	1	
17 Brennan Rothchild	SR	AFRND	54.73		
18 Noah Morgan	JR	NWGUI	55.71		
19 Everett McKone	FR	GHOPE	56.21		
20 Ryan Wells	SR	GRIMS	56.53		
21 Jason Tao	JR	CHPHL	56.65		
22 Peter Miller	SR	GRIMS	57.14		
23 Cooper Smits	SR	TABOR	58.09		
--- Ethan Liang	JR	CHPHL			DFS

Event 21 Women 100 Yard Breaststroke

		1:02.53 AA-A	1:03.85 AA-C	All-America	
		1:07.99 REGA	1:23.99 REGC	Regional	
Name	Yr	School	Finals Time		
1 Skylar Zuleger	FR	DAVIE	1:02.48	20	
2 Mia Jeltema	SR	GHOPE	1:03.19	17	
3 Annabelle Martin	JR	AFRND	1:03.77	16	
4 Janice Qiu	JR	GHOPE	1:04.09	15	
5 Abigail Burton	FR	REAGN	1:04.46	14	
6 Peyton James	FR	ECHPH	1:04.54	13	
7 Lily Willis	SR	GRLVL	1:04.58	12	
8 Marissa Locklear	SO	GRLVL	1:05.41	11	
9 Elizabeth Palmer	SR	APEX	1:05.85	9	
10 Lauren Carlson	JR	CARY	1:06.06	7	
11 Estelle Teague	SR	NGUIL	1:06.80	6	
12 Poppy Manning	SO	GRIMS	1:07.53	5	
13 Addison Drenan	SO	REAGN	1:07.94	4	
14 Antoinette Marshall	SO	CARY	1:08.31	3	
15 Anya Dawson	FR	SEGUI	1:09.26	2	
16 Madeline Bartoszek	FR	AFRND	1:09.60	1	
17 Sage Howards	SO	RJREY	1:09.96		
18 Claire Keever	FR	RJREY	1:12.35		
19 Anna Dimmick	SO	SEGUI	1:12.38		
20 Adah Clifford	JR	REAGN	1:12.80		
21 Joanna Tsao	SO	REAGN	1:13.25		
--- Jerni Olsen	JR	PINEC			DFS
--- Addison Holland	JR	AFRND			DFS

Event 22 Men 100 Yard Breaststroke

		55.44 AA-A	56.68 AA-C	All-America	
		1:01.99 REGA	1:14.99 REGC	Regional	
Name	Yr	School	Finals Time		
1 Bence Burton	SR	REAGN	55.65	20	
2 Tyler Burton	JR	REAGN	56.25	17	
3 Charles Camplin	JR	PANCR	57.37	16	
4 Logan Truskowski	SO	REAGN	58.30	15	
5 Oliver Marrujo	FR	AFRND	58.40	14	
6 Max Mahler	SR	TABOR	58.58	13	
7 Grant Turner	SR	REAGN	59.10	12	
8 Darren Liu	SR	GRLVL	59.32	11	
9 Jackson Hartsough	JR	TABOR	59.42	9	
10 Lucas Golinski	SR	RAGSD	59.57	7	
11 Harris Abernathy	JR	GRIMS	1:00.44	6	
12 Carter Patterson	JR	WFORS	1:00.48	5	
13 Adrian Villalobos	SR	CARY	1:01.13	4	
14 Marcus Hulbig	JR	GHOPE	1:01.66	3	
15 Ryan Masneri	SO	NWGUI	1:01.78	2	
16 John Nolan	SR	TABOR	1:01.85	1	
17 Brennan Rothchild	SR	AFRND	1:02.38		
18 Gavin Gordy	SR	PANCR	1:03.17		
19 Bryson Gaines	SO	NGUIL	1:03.93		
20 Logan Zuleger	JR	DAVIE	1:03.96		
21 Joseph Park	SO	GRLVL	1:04.88		
22 Max Wolk	FR	ECHPH	1:05.27		
23 Trey Dickenson	SO	SWGVI	1:07.16		

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Event 23 Women 400 Yard Freestyle Relay

	3:27.68 AA-A	3:31.16 AA-C	All-America	
	3:55.99 REGA	6:15.99 REGC	Regional	
Team	Relay	Relay	Finals Time	
1	GHOPE		3:28.48	40
	1) Mere Whelehan SR	2) Nola Meekins SO		
	3) Kaylee Dietrich FR	4) Sloane Whelehan SO		
2	AFRND		3:33.80	34
	1) Nicole Zettel SR	2) Lyla Holfelder SO		
	3) Annabelle Martin JR	4) Sydney Holfelder SR		
3	RJREY		3:37.72	32
	1) Camden Robertson SO	2) Keegan Brown SR		
	3) Melynn Holmes FR	4) Ava Kiser JR		
4	NGUIL		3:38.14	30
	1) Estelle Teague SR	2) Abigail Schilling JR		
	3) Lauren Lovati SO	4) Brooke Bourn SR		
5	GRIMS		3:41.48	28
	1) Gabrielle Schell SR	2) Esme O'Neill SO		
	3) Sadie Vest SO	4) Abigail Townsend FR		
6	REAGN		3:41.70	26
	1) Eva Beekman FR	2) Taylor Hinshaw SO		
	3) Claire Farrell SR	4) Addison Mitchell JR		
7	ECHPH		3:41.71	24
	1) Leah Platts-Mills FR	2) Alicia Su SR		
	3) Hannah Drecktrah SR	4) Isabel Wolk JR		
8	RSIDE		3:41.84	22
	1) Katherine Bakelaar SR	2) Aubree Spreitzer SR		
	3) Aubrey Mitchell JR	4) Chloe Mihaly SR		
9	APEX		3:43.97	18
	1) Rosemary Helmedag SR	2) Winifred Stuart JR		
	3) Alexandra Slavis JR	4) Elizabeth Palmer SR		
10	WFORS		3:44.31	14
	1) Katie Kennedy SR	2) Anna McDonald SR		
	3) Reese Patterson SO	4) Katherine Perdue SR		
11	CARY		3:44.47	12
	1) Mackenzie Hall SO	2) Paige Snyder SO		
	3) Kaylee Bohinc SR	4) Antoinette Marshall SO		
12	GRLVL		3:44.63	10
	1) Payton McNutt SO	2) Poppy Fishburn FR		
	3) Kaylin Ray SO	4) Madeline Fox FR		
13	TABOR		3:45.52	8
	1) Katie Krieger JR	2) Riley Petronzio JR		
	3) Natalie Dinkins FR	4) Claire Isaac SO		
14	CHPHL		3:45.72	6
	1) Luca Pirone SR	2) Jordan Biggerstaff SR		
	3) Helen Gallo SO	4) Sydney Hodulik SR		
15	JORDN		3:46.37	4
	1) Sophie Thornburg JR	2) Isla Robertson SR		
	3) Ansley Mason SO	4) Mackenzie Collins JR		
16	HLSPG		3:49.06	2
	1) Sydney Lindberg SO	2) Addison Luper SO		
	3) Cara Ford FR	4) Kennedy Oman SO		

17	NWGUI		4:01.51
	1) Allison Adams FR	2) Cameron Matthews SO	
	3) Anya Kayande JR	4) Layla Seiz JR	
18	DAVIE		4:07.56
	1) Kayden Richardson SO	2) Emory Butler FR	
	3) Olivia Dufur SO	4) Sarah Rajacich SR	
19	PINEC		4:11.15
	1) Shelby Brown SR	2) Colette Lovsin FR	
	3) Lexi Brown JR	4) Lily Grieve SO	
20	PANCR		4:13.78
	1) Dhriti Rao SO	2) Audrey Cheng JR	
	3) Julia Potter SR	4) Kaitlyn King SO	
21	SWGVI		4:15.06
	1) Riley Manley SO	2) Audrey Zack FR	
	3) Hannah Vikner SR	4) Scarlett Fernando SO	
22	RAGSD		4:18.81
	1) Meribel Tars JR	2) Madison Salthouse SR	
	3) Emily Fisher JR	4) Carolina Bumgarner FR	
23	SEGVI		4:39.86
	1) Elin Dimmick FR	2) Lucy Dimmick JR	
	3) Hailey Bertell SO	4) Nora Church FR	

2025 4A Central NCHSAA Regional Championships - 1/30/2025 to 2/1/2025

Host: Northwest Guilford HS & Grimsley HS

Swimming & Diving

Results

Event 24 Men 400 Yard Freestyle Relay

3:05.74 AA-A		3:08.40 AA-C		All-America	
3:27.99 REGA		5:45.99 REGC		Regional	
Team	Relay	Finals Time			
1	ECHPH			3:08.79	40
	1) Lucas Li SR	2) William Chuanxi Zhang SO			
	3) John Chuanqi Zhang JR	4) Max Halpern SO			
2	NWGVI			3:10.91	34
	1) Owen Lin JR	2) Micah Mitchell JR			
	3) Noah Morgan JR	4) Maverick Crowell SR			
3	GRLVL			3:13.54	32
	1) Justin Park JR	2) Jonathan Palamar SO			
	3) Darren Liu SR	4) Leo O'Keefe SR			
4	JORDN			3:14.51	30
	1) Benjamin DeSimone JR	2) Jack Humbert SR			
	3) Bryce Keaton SO	4) Ryan Sutherland JR			
5	AFRND			3:14.92	28
	1) Cohen Singletary SR	2) Oliver Marrujo FR			
	3) Christian Marrujo SR	4) Cole Tangeman SR			
6	APEX			3:15.28	26
	1) Rigney Helmedag JR	2) Elijah Leisten SR			
	3) Abhay Tharakan SR	4) Kai Leisten SR			
7	CHPHL			3:17.28	24
	1) Denali Cutbush-Taylor JR	2) Kevin Luo SO			
	3) Jacob Clark FR	4) Jason Tao JR			
8	GHOPE			3:17.71	22
	1) Haoran Yang SO	2) Marcus Hulbig JR			
	3) Dhaval Pant JR	4) Alistair Peng FR			
9	GRIMS			3:18.01	18
	1) Finn McGonigal JR	2) Alex Powell JR			
	3) Harris Abernathy JR	4) Charles Mahony FR			
10	REAGN			3:21.98	14
	1) Zach Foeri JR	2) Graham Presutti JR			
	3) Matthew Shobe SO	4) Logan Truskowski SO			
11	TABOR			3:22.44	12
	1) Jackson Hartsough JR	2) Wyatt Sidden SO			
	3) Maddox Pirkle SR	4) Cooper Smits SR			
12	NGUIL			3:25.42	10
	1) Quinton Heljenek SR	2) Asher Tobin FR			
	3) Bryson Gaines SO	4) Henry Cooper SO			
13	CARY			3:25.75	8
	1) Alexander Papp SO	2) Adrian Villalobos SR			
	3) Benjamin Rakusin SR	4) Calvin Provost SO			
14	HLSPG			3:28.47	6
	1) Erik Oman SR	2) Ethan Fairbairn JR			
	3) Alex Shelby SO	4) Jackson Zockoll SR			
15	DAVIE			3:29.26	4
	1) Zach Hirata SO	2) Xaiden Groff SO			
	3) Josh McBride FR	4) Logan Zuleger JR			
16	SWGVI			3:30.53	2
	1) Elijah Austria FR	2) Julian Seamon SO			
	3) Lucas Ray SO	4) Vaughn Muir SO			

17	RSIDE			3:31.09	
	1) David Ritchey SR	2) Richard Rutherford FR			
	3) Evan Ruberte-Pabon FR	4) Cole Newman SR			
18	WFORS			3:34.47	
	1) Jack Oghalai SR	2) Matthew Brown JR			
	3) Brenham Robbins SO	4) Jack Williams SR			
19	PINEC			3:38.99	
	1) Caleb Hill SO	2) Cody Martin SO			
	3) Chase Salvog FR	4) Ethan Fuller SR			
20	RJREY			3:41.08	
	1) Elliot Kengla FR	2) Ford Shively SO			
	3) Matias Harvey SO	4) Joseph Stanfield SO			
21	SEGVI			4:05.78	
	1) Andrew Maness JR	2) Jordan Adams JR			
	3) Logan Morris SO	4) Killian Piner SO			
22	RAGSD			4:06.34	
	1) Colton Spillers SO	2) Jagger Greenia SO			
	3) Wren Gardner SR	4) Lucas Golinski SR			
---	PANCR			DQ	
	1) Pradyun Nemani SO	2) Mehan Marshall SO			
	3) Arham Shaha JR	4) Kevin Tang SO			