

NCHSAA 1A and 3A - 5/18/2024
Track & Field State Championships
NC A&T University Trusit Stadium
Performance List

Event 37 Girls Shot Put NCHSAA 3A

	Name	Year	School	Seed Mark
1	Camryn Massey	12	Ashbrook	42-01.00
2	Jasmine Colwell	12	North Brunswick	40-01.00
3	Emily Hartsoe	12	Ashe County	38-03.50
4	Janna Tupuola	12	E.E. Smith	38-03.00
5	Cailin Ames	12	Croatan	37-03.00
6	Noelle Millner	12	Dudley	36-10.00
7	Allison Sanders	11	North Iredell	36-04.75
8	Rah'Shae Christopher	12	Southern Durham	36-02.00
9	Brianna Davis	9	E.E. Smith	36-00.50
10	Charley Seagle	11	Franklin	35-05.00
11	Melissa Marte	12	Western Harnett	35-03.00
12	Alanna Massey	12	Smithfield-Selma	34-08.50
13	Emma Hadley	10	Oak Grove High School	34-05.25
14	Ashlyn Lewis	12	West Carteret	34-00.50
15	Jadah Pringle	11	Central Academy of Technology	33-07.75
16	Nevaeh Bell	11	Parkwood	33-07.50

Event 38 Boys Shot Put NCHSAA 3A

	Name	Year	School	Seed Mark
1	Zahir Mcphail	11	E.E. Smith	52-08.50
2	Deontrae Barnes	11	Hunt High School	51-03.00
3	Hunter Zettl	10	North Lincoln	49-10.50
4	Graham Cannon	11	Enka	49-09.50
5	Kahmari Brown	12	White Oak	49-00.00
6	Marquan Footman	10	Cape Fear	48-10.00
7	Ethan Barletta	11	Piedmont	48-08.25
8	William Seth Cowan	10	Aycock, Charles B	48-06.50
9	Durice Adamson	12	Northside (3a)	48-05.00
10	Jacob Butler	12	East Rowan	48-01.00
11	Elliott Cox	12	Ashe County	47-07.00
12	Christopher Riley	12	Eastern Guilford High School	46-07.50
13	Adarian Surratt	12	Freedom	46-07.50
14	Hayden Lam	12	Northeast Guilford	46-06.50
15	Trevquan Gary	11	Person	45-03.00
16	Jamal Shaw	12	Triton	44-08.00

Event 39 Girls Discus Throw NCHSAA 3A

	Name	Year	School	Seed Mark
1	Camryn Massey	12	Ashbrook	139-08
2	Noelle Millner	12	Dudley	134-00
3	Ashlyn Lewis	12	West Carteret	123-09
4	Maddison Davis	9	Atkins	116-05
5	Amelia Smith	11	North Buncombe	113-00
6	Faith Yon	9	Durham School of the Arts	111-09
7	Claire Ballard	12	Franklin	109-08
8	Cailin Ames	12	Croatan	109-00
9	Promise Lovelace	10	Statesville	106-09
10	Cora Hadley	10	Oak Grove High School	106-01
11	Jasmine Colwell	12	North Brunswick	103-08
12	Ruffin JaKhyla	12	Fike High School	103-06

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Event 39 ... (Girls Discus Throw NCHSAA 3A)

	Name	Year	School	Seed Mark
13	Emma Hadley	10	Oak Grove High School	102-07
14	Iyauna Justice	11	Orange	99-10
15	Kennedy Farmer	11	Rocky Mount	97-06
16	Hannah Hooker	11	Lee County	96-02

Event 40 Boys Discus Throw NCHSAA 3A

	Name	Year	School	Seed Mark
1	Trevquan Gary	11	Person	173-02
2	Kahmari Brown	12	White Oak	167-10
3	Graham Cannon	11	Enka	166-05
4	Hunter Zettl	10	North Lincoln	165-09
5	Zahir Mcphail	11	E.E. Smith	152-04
6	Gabe Suddreth	12	Hibriten	150-05
7	Chris Harris	11	Southern Nash	150-01
8	Morgan Gardner	12	Northeast Guilford	143-10
9	Zion Coulson	10	Northeast Guilford	143-00
10	Jalile Elliott	11	Dudley	141-05
11	Daniel Perkins	12	Southern Durham	140-00
12	Dakota Brown	11	Dudley	138-06
13	Zion Glover	12	South Central	138-04
14	Preston Reed	11	Enka	136-02
15	Jabril Dashiell	12	North Brunswick	130-07
16	William Seth Cowan	10	Aycock, Charles B	130-00

Event 41 Girls Long Jump NCHSAA 3A

	Name	Year	School	Seed Mark
1	Sydney Krause	12	Central Cabarrus	18-08.00
2	Elizabeth Deen	11	Southern Guilford	18-07.75
3	Angel Scott	11	Scotland County	18-03.75
4	Jada Brown	12	Hibriten	18-03.50
5	Sanai Forte	12	Harding University	18-01.50
6	Logan Speight	11	Dudley	18-00.50
7	Mariah Logan	10	Northwest Cabarrus	17-10.50
8	Malay Mitchell	12	South Central	17-07.50
9	Kaydence Daniels	11	Northside (3a)	17-06.00
10	Victoria Simeonova	10	Durham School of the Arts	17-05.50
11	Typhany Cheek	12	Cedar Ridge	17-05.00
12	Jewel Brewington	11	Fike High School	17-03.00
13	Adelyn Alvis	10	Orange	17-02.25
14	Andria Krupcy	11	Havelock	16-09.00
15	Zaniah Field	12	Kings Mountain	16-07.00
16	Audrey Pressley	9	Franklin	16-05.75

Event 42 Boys Long Jump NCHSAA 3A

	Name	Year	School	Seed Mark
1	Jeremiah Sellers	12	North Lincoln	23-01.00
2	Savon Hatchell	12	Jacksonville	22-11.50
3	Rashid Jones	12	Terry Sanford	22-07.75
4	Jaydon Sterling	10	Union Pines	22-03.00
5	Kwan Oates	12	Hickory	22-03.00
6	Darion Coleman	10	Dudley	22-02.50

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Event 42 ... (Boys Long Jump NCHSAA 3A)

	Name	Year	School	Seed Mark
7	Devin Dow	10	Dudley	22-00.00
8	Donovan Darden	11	Havelock	21-10.75
9	William Battle	12	Rose, J.H.	21-10.25
10	Tajon Roberson	12	Eastern Alamance	21-09.75
11	Kaidon Haynes	12	Western Harnett	21-08.75
12	Keyaun Dow	12	Dudley	21-07.50
13	Jasiah Jones	11	West Carteret	21-07.00
14	Aaron Higgins	12	Central Academy of Technology	21-07.00
15	KeAndre Davis	10	Freedom	21-06.00
16	Jarvis Stevens	12	East Lincoln	21-03.50

Event 43 Girls Triple Jump NCHSAA 3A

	Name	Year	School	Seed Mark
1	Jada Brown	12	Hibriten	38-08.00
2	Elizabeth Deen	11	Southern Guilford	38-06.50
3	Sydney Krause	12	Central Cabarrus	37-03.50
4	Serenitie Johnson	11	Dudley	36-05.25
5	Emmanuelle Whitehead	10	Lee County	36-05.25
6	Jordan Johnson	11	Dudley	36-04.25
7	MaryBeth Garrison	11	West Carteret	36-03.00
8	Arlie Priestley	11	St. Stephens	35-11.50
9	Gisele Dulnuan-Kersey	12	Franklinton	35-09.50
10	Cheyenne Walker	11	Northside (3a)	35-09.00
11	Malay Mitchell	12	South Central	35-08.00
12	Breana Richards	12	Swansboro	35-08.00
13	Audrey Pressley	9	Franklin	34-11.50
14	KeSondra Pickett	12	Rocky Mount	34-05.25
15	Victoria Simeonova	10	Durham School of the Arts	34-03.00
16	Marianah Keville	11	North Lincoln	33-10.50

Event 44 Boys Triple Jump NCHSAA 3A

	Name	Year	School	Seed Mark
1	Kwan Oates	12	Hickory	46-01.50
2	Jaydon Sterling	10	Union Pines	46-00.00
3	Damarius Hester	12	White Oak	44-07.50
4	Devin Dow	10	Dudley	44-04.50
5	Tajon Roberson	12	Eastern Alamance	44-04.00
6	Trynton Wiley	12	Eastern Alamance	44-03.50
7	Dean Massaquoi	11	Swansboro	43-08.50
8	Kevin Spears	11	Harnett Central	43-08.50
9	William Battle	12	Rose, J.H.	43-08.00
10	Michael Carlock	12	Jacksonville	43-06.00
11	Tiras Walker	11	Freedom	43-05.50
12	Jordan Brooks	12	East Rowan	43-02.00
13	Jeremiah Sellers	12	North Lincoln	42-11.00
14	Keyaun Dow	12	Dudley	42-06.00
15	Josh Flack	11	Enka	42-05.25
16	Brylan Farrish	11	Eastern Guilford High School	41-10.25

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Event 45 Girls High Jump NCHSAA 3A

	Name	Year	School	Seed Mark
1	Jaylee Monteith	9	A.C. Reynolds	5-04.00
2	Macy Miller	12	South Rowan	5-03.00
3	Mckenna Panos	12	Swansboro	5-02.00
4	Madison Leonard	12	Currituck County	5-02.00
5	Justus Bradford	11	Franklin	5-02.00
6	MaCaela Claxton	11	Northside (3a)	5-02.00
7	Charity Stroud	12	E.E. Smith	5-02.00
8	Lauryn Gholston	11	Jacksonville	5-02.00
9	Grace Pell	12	Orange	5-02.00
10	Paige Overcash	12	Ashe County	5-00.00
11	Keysha Mizzell	10	Rocky Mount	5-00.00
12	Isabella Shope	10	Franklin	4-10.00
13	Rebecca Wilson	11	Asheboro	4-10.00
14	Savannah McCaskill	10	Union Pines	4-10.00
15	Cadi Joyner	10	Jesse Carson	4-10.00
16	Kiara Hill	9	Southern Guilford	4-08.00

Event 46 Boys High Jump NCHSAA 3A

	Name	Year	School	Seed Mark
1	Chance Watson	11	East Wake	6-04.00
2	Josh Flack	11	Enka	6-04.00
3	Royce Johnston	11	West Henderson	6-02.00
4	Shawn Speller	10	Dudley	6-02.00
5	Carson Smith	11	Piedmont	6-02.00
6	Devin Mims	11	Dudley	6-02.00
7	Lance Everhart	12	Asheboro	6-02.00
8	Daniel Coronell	11	North Henderson	6-02.00
9	Christian Hackett	12	Union Pines	6-02.00
10	Romello Snow	12	Person	6-00.00
11	Jeremiah Taylor	12	South Central	6-00.00
12	Luke Haber	10	Currituck County	6-00.00
13	Pierce Mahnke	11	Croatan	6-00.00
14	CJ Engert	10	Franklin	6-00.00
15	Ro'Mello Pegues	12	Triton	5-10.00
16	Isaiah Ricks	11	Northern Nash	5-08.00

Event 47 Girls Pole Vault NCHSAA 3A

	Name	Year	School	Seed Mark
1	Boston Stringer	12	Franklin	11-06.00
2	Blythe Jaworsky	11	North Lincoln	11-00.00
3	Maya Flynn	12	North Buncombe	10-06.00
4	Lily Houston	12	Northwest Cabarrus	10-00.00
5	Gracie Finley	10	Ashe County	9-06.00
6	Hadley Smith	11	North Davidson	9-06.00
7	Jasmyne Brown	11	East Rowan	9-00.00
8	Jadyn Melby	12	Croatan	9-00.00
9	Kaylyn Harvey	11	Northwest Cabarrus	9-00.00
10	Etta Krans	10	Eastern Alamance	8-06.00
11	Caroline Oakley	10	Union Pines	8-00.00
12	Clara Flowkes	9	Orange	8-00.00

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Event 47 ... (Girls Pole Vault NCHSAA 3A)

	Name	Year	School	Seed Mark
13	Lily Howard	11	Orange	8-00.00
14	Zoe Crone	11	West Carteret	7-06.00
15	Sydney Dixon	10	Croatan	7-06.00
16	Makenna Mayo	9	West Carteret	7-06.00

Event 48 Boys Pole Vault NCHSAA 3A

	Name	Year	School	Seed Mark
1	Jake Carroll	12	Croatan	14-00.00
2	Caleb Robbins	12	Hibriten	13-06.00
3	Aaron Jennings	12	Franklin	13-06.00
4	Ashton Kirkwood	10	Croatan	13-06.00
5	Ryan Becker	12	Carrboro	13-06.00
6	Lance Everhart	12	Asheboro	13-00.00
7	James Yesunas	11	Swansboro	13-00.00
8	Aedan Sampey	12	Orange	13-00.00
9	Levi Maness	9	West Carteret	12-06.00
10	Aaron Dewhurst	11	Franklin	12-06.00
11	Hunter Cruise	12	Kings Mountain	12-06.00
12	Miles Foxx	12	Dudley	12-06.00
13	Jack Binon	11	Union Pines	12-03.00
14	Nathan Welborn	10	Oak Grove High School	12-00.00
15	Caleb Osborne	11	Parkwood	12-00.00
16	Ender Buchanan	10	Cedar Ridge	11-06.00

Event 49 Girls 4x800 Meter Relay NCHSAA 3A

	Team	Relay	Seed Time
1	West Carteret	A	9:35.35
	1) Sally King 11	2) Ryan Germain 12	3) Anderson Day 11
			4) Kenley Ballou 12
2	Croatan	A	9:41.83
	1) Cameran Ladd 12	2) Joli Rossi 9	3) Lexi Tripp 10
			4) Maisey Stephens 9
3	North Buncombe	A	9:51.81
	1) Maya Flynn 12	2) Eden Barnwell 12	3) Katie Johnson 12
			4) Sophia Banks 11
4	Franklin	A	10:04.04
	1) Amy Mendoza Lopez 10	2) Abigail Pope 10	3) Morgan Cress 9
			4) Mindi Holbrooks 10
5	A.C. Reynolds	A	10:05.38
	1) Jill Cochrane 10	2) Evva Hamilton 11	3) Cora Elliot 10
			4) Joliene Homan 10
6	Currituck County	A	10:07.41
	1) Kylee Dinterman 11	2) Caitlyn Curran 10	3) Ayla Baker 11
			4) Illianna Bailey 9
7	North Lincoln	A	10:07.50
	1) Keira Cavanagh 11	2) Elan Eurey 9	3) Jamie Klein 12
			4) Elsie Handy 9
8	Havelock	A	10:16.50
	1) Madelyn Perry 10	2) Sarah Fedyna 10	3) Kaitlynn Howell 11
			4) Leja Risovaite 12
9	Central Davidson	A	10:16.58
	1) Anjali Busse 12	2) Sarah Clodfelter 11	3) Chelsea Kirk 12
			4) Jillian Parks 11
10	Piedmont	A	10:24.31
	1) Adelyn Humphrey 10	2) Dylan Tepera 11	3) Makenna Tyson 12
			4) Tessa Osborne 10
11	Dudley	A	10:33.23
	1) Shalei Jordan 9	2) Christina McKinney 10	3) Kendall Penniegraft 10
			4) Daryn Stanback 9
12	Rocky Mount	A	10:40.17
	1) Kimora Bandy 11	2) Keysha Mizzell 10	3) NiQuira Bell 11
			4) KeSondra Pickett 12
13	Oak Grove High School	A	10:45.53
	1) Natalia Everhart 12	2) Melody Murray 12	3) Raegan Norris 11
			4) Hannah Creech 10

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Event 49 ... (Girls 4x800 Meter Relay NCHSAA 3A)

	Team	Relay	Seed Time
14	Union Pines	A	10:48.17
	1) Natalie Blackmore 10	2) Allyson Flewwellin 11	3) Clara Kellner 12
			4) Marie Weber 9
15	E.E. Smith	A	11:00.44
	1) Lakeiya Sanders 11	2) Elizabeth McKinzey 9	3) Miyah Young 11
			4) Leneshia Durr 9
16	Durham School of the Arts	A	11:04.99
	1) Ella Werley 9	2) Serena Kanu 11	3) Anjali Landry 9
			4) Anna Long 10

Event 50 Boys 4x800 Meter Relay NCHSAA 3A

	Team	Relay	Seed Time
1	Croatan	A	7:56.12
	1) Luke Nicolajsen 12	2) Cooper Stephens 11	3) Matthew Quispe 12
			4) Noah Guerrero 11
2	Jesse Carson	A	8:06.96
	1) Connor Price 12	2) James Anderson 12	3) Eric Gillis 10
			4) Bricen Burleson 12
3	Central Academy of Technology	A	8:07.05
	1) Heyden Christensen 11	2) Timothy Parsons 10	3) Gavin Jansen 11
			4) Andrew Catapano 12
4	Franklin	A	8:10.88
	1) Logan Russo 12	2) Barrett Stork 12	3) Matheson Post 11
			4) Cooper Tyler 11
5	West Henderson	A	8:11.10
	1) Eli Clonch 11	2) Hudson Rice 12	3) Keagan Saft 11
			4) Brady Merrill 10
6	Atkins	A	8:11.39
	1) Will Downs 12	2) Lucas O'Neal 12	3) Nicholas Whittington 9
			4) Brayden Yoder 11
7	A.C. Reynolds	A	8:14.52
	1) Ben Carpenter 11	2) Brady Clausen 10	3) Elliott Kohn 12
			4) Gus Simmons 10
8	Tuscola	A	8:14.74
	1) Brandon Jordan 10	2) Noah Clancy 11	3) Christopher Wells 11
			4) Brooks Barbee 9
9	West Carteret	A	8:16.00
	1) Jake Knight 11	2) Sean Cartwright 11	3) Tucker Dickinson 9
			4) Chance McCubbin 11
10	Richlands	A	8:22.60
	1) Lok Blizzard 11	2) Atticus Brinson 9	3) Nate Elbinger 12
			4) Luke Rials 11
11	Currituck County	A	8:22.69
	1) Luke Morgan 12	2) Jason Mercer 11	3) Oliver Green 9
			4) Camden Lenz 11
12	Northern Nash	A	8:23.86
	1) Derrick Harris 12	2) Aaron Mowatt 11	3) Benjamin Spain 9
			4) Khaleek Evans 9
13	Dudley	A	8:24.34
	1) Derrick Hicks 11	2) Aaron Spears 12	3) Anthony Arant 10
			4) Brice Douglas 10
14	Union Pines	A	8:26.56
	1) Braiden Benedict 11	2) Monte Hay 10	3) Braydon Muhly 12
			4) Logan Totten-Lancaster 11
15	Orange	A	8:29.29
	1) Myles Jermyn 10	2) Dallas Johnson 10	3) Cyrus Neal 11
			4) Aiden Viola 11
16	Western Harnett	A	8:30.76
	1) Miguel Macias 9	2) Logan Johnson 10	3) Logan McFadden 11
			4) Ethan Rich 10

Event 51 Girls 100 Meter Hurdles NCHSAA 3A Prelims

	Name	Year	School	Seed Time
1	Emma Hall	12	West Henderson	14.18
2	Elizabeth Deen	11	Southern Guilford	14.69
3	Ogechi Ezeigbo	11	Atkins	14.70
4	Lexi Tripp	10	Croatan	14.74
5	Jamia Witcher-Knox	11	Statesville	14.91
6	Laura Covarrubias	11	Franklin	15.09
7	Madison Crowder	11	Dudley	15.17
8	Ashlynn Hudson	10	Southern Durham	15.18

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Event 51 ... (Girls 100 Meter Hurdles NCHSAA 3A Prelims)

	Name	Year	School	Seed Time
9	Jordan Johnson	11	Dudley	15.22
10	Samone Arrington	10	Southern Durham	15.59
11	Jy'Asha Cousins	11	Southern Wayne	15.61
12	MaCaela Claxton	11	Northside (3a)	15.64
13	Paige Overcash	12	Ashe County	15.97
14	Brianna Lofton	10	Jacksonville	16.36
15	Kelis Spencer	10	E.E. Smith	16.42
16	Jo Mariah Bethune	10	Union Pines	17.01

Event 52 Boys 110 Meter Hurdles NCHSAA 3A Prelims

	Name	Year	School	Seed Time
1	Tayman Howell	11	West Henderson	13.96
2	Le'Ezra Brown	11	Dudley	14.13
3	Caleb Milton	11	Union Pines	14.38
4	Rian Jones	11	West Henderson	14.56
5	Pierce Mahnke	11	Croatan	14.64
6	Quinn Mushington	12	Parkwood	14.79
7	Major Leak	11	Lake Norman Charter School	14.81
8	Jeremy Johnson	10	Aycock, Charles B	14.94
9	Eliezer Pineda	12	White Oak	14.95
10	Elijah Cochran	12	Franklin	14.99
11	Joe Lewis	12	Rocky Mount	15.05
12	Jake Ramage	12	A.C. Reynolds	15.18
13	Jassai Hackett	12	Eastern Guilford High School	15.29
14	Braylon McCollum	12	Eastern Alamance	15.44
15	Zion Kiser	12	Union Pines	15.48
16	Demarcus Henderson	10	Currituck County	15.59

Event 53 Girls 100 Meter Dash NCHSAA 3A Prelims

	Name	Year	School	Seed Time
1	Janiya Johnson	12	Statesville	11.68
2	Briana St Louis	11	Union Pines	11.84
3	Jalee Brown	11	Dudley	11.96
4	Zaniya LittleJohn	12	West Charlotte	12.12
5	Nilijah Darden	11	Dudley	12.13
6	Shaliah Jones	12	South Central	12.28
7	Kaydence Daniels	11	Northside (3a)	12.29
8	Jasmine Banks	12	West Henderson	12.31
9	Kristian Gwynn	12	Northeast Guilford	12.33
10	Angel Scott	11	Scotland County	12.40
11	Zaniah Field	12	Kings Mountain	12.40
12	Coryn Tucker	10	Jay M Robinson	12.41
13	Taliyha Brown	10	Western Alamance	12.46
14	Deon Gaines-Scarborough	11	Southern Lee	12.60
15	Amani Dawson	10	Currituck County	12.61
16	Lela Besemer	9	Croatan	12.64

Event 54 Boys 100 Meter Dash NCHSAA 3A Prelims

	Name	Year	School	Seed Time
1	Bryson Lomick	12	South Point	10.53
2	Ethan Biggs	12	Union Pines	10.68

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Event 54 ... (Boys 100 Meter Dash NCHSAA 3A Prelims)

	Name	Year	School	Seed Time
3	Max Guest	11	A.C. Reynolds	10.75
4	Cavalli Montgomery	11	A.C. Reynolds	10.76
5	Kaden McLean	12	Southern Lee	10.78
6	Myles Darroch	12	Southern Alamance	10.82
7	Jaylen Roseboro	12	East Lincoln	10.85
8	Savon Hatchell	12	Jacksonville	10.85
9	James Newton	11	Western Alamance	11.00
10	Rodney Smith	10	Currituck County	11.00
11	Le'Ezra Brown	11	Dudley	11.02
12	Camden Best	12	Rose, J.H.	11.03
13	Adeniyi Adegrioye	10	Dudley	11.05
14	Jonathan Williams	11	Havelock	11.08
15	Valentino Mark	12	Asheboro	11.25
16	Cameron Tucker	10	Jay M Robinson	11.28

Event 55 Girls 4x200 Meter Relay NCHSAA 3A

	Team	Relay	Seed Time	
1	Dudley	A	1:40.49	
	1) Jalee Brown 11	2) Nilijah Darden 11	3) Gabrielle Cheek 12	4) Aa'Niyah Massey 11
2	Northside (3a)	A	1:41.90	
	1) Skyla Claxton 9	2) Cheyenne Walker 11	3) MaCaela Claxton 11	4) Kaydence Daniels 11
3	Statesville	A	1:41.93	
	1) Jamia Witcher-Knox 11	2) Dynasty Hamilton 12	3) Nakirah Adams 11	4) Janiya Johnson 12
4	Jacksonville	A	1:43.79	
	1) London Gates 9	2) Lauryn Gholston 11	3) Sanaa Mosley 11	4) NaQuayla Stanford 11
5	Terry Sanford	A	1:43.98	
	1) Ameya Brown 10	2) Keida Smith 10	3) Zariyah Wilson 10	4) Aminata Morgan 11
6	Franklin	A	1:44.79	
	1) Michelle Ortega 10	2) Anna Timan 9	3) Hope Smith 12	4) Laura Covarrubias 11
7	West Charlotte	A	1:44.83	
	1) Zekya Allison 10	2) Jaselle Matthews 9	3) Aniya Higgins 10	4) Mya Horsley 10
8	Jay M Robinson	A	1:45.53	
	1) Alexia Johnson 12	2) Zariya York 9	3) Chelsea McLeod 11	4) Alivia Johnson 11
9	East Wake	A	1:45.60	
	1) Ayana Fox 11	2) Devyn Soles 11	3) Anya Young 9	4) Iyana Coats 12
10	A.C. Reynolds	A	1:45.81	
	1) Stella Chudomel 12	2) Mariah Eberhardt 12	3) Evva Hamilton 11	4) Jaylee Monteith 9
11	Havelock	A	1:46.24	
	1) Timayah Brown 11	2) Makenna Smith 11	3) Andria Krupey 11	4) Jaliyah Bradley 10
12	Eastern Guilford High School	A	1:47.00	
	1) Alexandra Taylor-Ramsey 12	2) Raven Womack 11	3) Uria Walters 11	4) Nadia Wright 11
13	Orange	A	1:47.02	
	1) Adelyn Alvis 10	2) Bree Harris 12	3) Gianni Burnette 9	4) Asia Whitsett 9
14	Northwest Cabarrus	A	1:47.22	
	1) Andrea Robinson 10	2) Elly Selmer 11	3) Ceaire Barringer 11	4) Madison White 9
15	Williams, Walter M	A	1:47.52	
	1) Heaven Carter 9	2) Nina Dusu 11	3) Ivy Robinson 11	4) Takhiya McFadden 12
16	Seventy-First	A	1:47.83	

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Event 56 Boys 4x200 Meter Relay NCHSAA 3A

Event	Team	Relay	Seed Time
1	Dudley	A	1:27.28
	1) Adeniyi Adegrioye 10	2) Koredell Bartley 11	3) Kamaal Ryan 10
	4) Derrick Hicks 11		
2	Statesville	A	1:28.32
	1) Telly Carter 12	2) Nicholas Porter 11	3) Mekiaun Davis 12
	4) Jehahj Sherrill 11		
3	Williams, Walter M	A	1:28.66
	1) Jaxon Goforth 11	2) Kristopher Rogers 11	3) Haneef Rasheed 12
	4) Zion Amadi 12		
4	A.C. Reynolds	A	1:28.73
	1) Max Guest 11	2) Tremaine Keeter 10	3) Cavalli Montgomery 11
	4) Wesley Rumbough 12		
5	West Henderson	A	1:29.81
	1) Diego Castro 12	2) Will Robinson 12	3) Rian Jones 11
	4) Tayman Howell 11		
6	Hunter Huss	A	1:30.09
	1) Jordan Falls 12	2) Gene Neely 11	3) Zamarius Gladden 10
	4) Tyrico Hatten 12		
7	Southern Guilford	A	1:30.20
	1) Travis Covington 11	2) Kameron Davis 12	3) Daivion Hall 10
	4) Damian Vaughan 11		
8	Central Academy of Technology	A	1:30.28
	1) Aaron Higgins 12	2) Jayden Rutledge 11	3) Matthew Pfister 11
	4) Cameron Little 11		
9	Atkins	A	1:30.44
	1) Zaire Friend 12	2) Sekani Carter 10	3) Saliou Niang 11
	4) Quenton Newkirk 12		
10	Terry Sanford	A	1:31.02
	1) Gaven Kraut 10	2) Christian Carter 10	3) Myles Pitts 10
	4) Camryn Craig 10		
11	North Brunswick	A	1:31.02
	1) Aaron Smith 12	2) Dytrick Whiter 11	3) Sean Potter 11
	4) Reade Frink 10		
12	Southern Durham	A	1:31.46
	1) Ryan Banks 11	2) Jon Dillon 9	3) Kevyn Farmer 12
	4) Lance Henderson 9		
13	Orange	A	1:31.99
	1) Malykahi Justice 12	2) Jackson Patrick 9	3) Riley Potter 11
	4) Kingston Purefoy-Farrington 1		
14	South Central	A	1:32.05
	1) Da'Viaus Johnson 11	2) Treltis Nobles 11	3) Kenadey Watson 11
	4) Cornelius Coleman 11		
15	White Oak	A	1:32.14
	1) Damarius Hester 12	2) Keenan Mintz 12	3) Derrick Benbow 12
	4) Zack Noel 12		
16	Currituck County	A	1:32.18
	1) Austin Mercer 12	2) Jett Hively 9	3) Luke Haber 10
	4) Damon Duke 12		

Event 57 Girls 1600 Meter Run NCHSAA 3A

Event	Name	Year	School	Seed Time
1	Lily Yampolsky	12	Lake Norman Charter School	4:59.22
2	Erin Pope	12	Fike High School	5:02.96
3	Olivia Ferraro	10	North Lincoln	5:08.91
4	Morgan Miller	10	First Flight	5:08.96
5	Kayla Folkes	9	First Flight	5:09.23
6	Cameran Ladd	12	Croatan	5:12.14
7	Katie Johnson	12	North Buncombe	5:14.83
8	Bella Green	11	North Lincoln	5:17.34
9	Brinkley Robinson	9	Franklinton	5:20.39
10	Morgan Cress	9	Franklin	5:20.98
11	Naomi Dyreng	11	Cedar Ridge	5:23.16
12	Paige Kiesling	10	Atkins	5:24.48
13	Ava Childress	11	Williams, Walter M	5:27.73
14	Naomi Hirsch	9	Carrboro	5:32.66
15	Hannah Metz	10	Central Academy of Technology	5:40.18
16	Dylan Tepera	11	Piedmont	5:41.43

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Event 58 Boys 1600 Meter Run NCHSAA 3A

	Name	Year	School	Seed Time
1	Eli Julian	12	South Rowan	4:21.70
2	Noah Guerrero	11	Croatan	4:22.70
3	Liam Markham	12	Durham School of the Arts	4:26.94
4	Gavin Jansen	11	Central Academy of Technology	4:26.96
5	Hudson Rice	12	West Henderson	4:27.08
6	Chase Tompkins	10	Jay M Robinson	4:27.54
7	Heyden Christensen	11	Central Academy of Technology	4:27.56
8	Ethan Rich	10	Western Harnett	4:27.98
9	Michael Ferguson	10	North Buncombe	4:29.82
10	Logan Richardson	11	North Lincoln	4:30.44
11	Myles Jermyn	10	Orange	4:30.82
12	Eli Clonch	11	West Henderson	4:30.94
13	Lucas Van Mater	10	Orange	4:31.58
14	Andrew Wahlgren	12	Croatan	4:31.87
15	Bryson Hollis	11	West Brunswick	4:32.94
16	Matthew Winstead	10	South Central	4:34.30

Event 59 Girls 4x100 Meter Relay NCHSAA 3A

	Team	Relay	Seed Time	
1	Dudley	A	46.77	
	1) Jalee Brown 11	2) Nilijah Darden 11	3) Gabrielle Cheek 12	4) Dottie Braswell 12
2	Statesville	A	48.32	
	1) Cali Mathis 10	2) Sakari Johnson 11	3) Nakirah Adams 11	4) Janiya Johnson 12
3	West Charlotte	A	49.68	
	1) Zekya Allison 10	2) Mya Horsley 10	3) McKinley Sutton 9	4) Jaselle Matthews 9
4	Asheboro	A	49.70	
	1) Anissa Goldston 9	2) Sion Murrain 12	3) Ey'Mya Cheek 10	4) Jalaya Showers 10
5	Northside (3a)	A	49.73	
	1) Janiah Boyd 11	2) Cheyenne Walker 11	3) MaCaela Claxton 11	4) Kaydence Daniels 11
6	Jay M Robinson	A	49.93	
	1) Micha Blackmon 10	2) Alexia Johnson 12	3) Chelsea McLeod 11	4) Zariya York 9
7	Jacksonville	A	50.10	
	1) Sanaa Mosley 11	2) Lauryn Gholston 11	3) Destini Benton 9	4) Brianna Lofton 10
8	Terry Sanford	A	50.11	
	1) Zariyah Wilson 10	2) Keida Smith 10	3) Alanna Donahue 9	4) Aminata Morgan 11
9	Northwest Cabarrus	A	50.17	
	1) Andrea Robinson 10	2) Madison White 9	3) Mariah Logan 10	4) Ceaire Barringer 11
10	East Wake	A	50.30	
	1) Alani Butler 12	2) Chaya Dillard 10	3) Destiny Evans 10	4) Iyana Coats 12
11	Franklin	A	50.30	
	1) Michelle Ortega 10	2) Audrey Pressley 9	3) Anna Timan 9	4) Hope Smith 12
12	South Central	A	50.63	
	1) Arin Cox 10	2) Alyssa Cheek 12	3) Kamiya Edwards 10	4) Shaliah Jones 12
13	Pisgah	A	50.78	
	1) Bailey Conner 10	2) Avery Ponder 12	3) Sarah Rhinehart 10	4) Mattie Dorlan 11
14	Lee County	A	51.31	
	1) London Byrd 11	2) Allison Johnson 9	3) Emmanuelle Whitehead 10	4) Kimora Williams 11
15	Orange	A	51.32	
	1) Samiya Baldwin 12	2) Kaleeya Fearington 9	3) Gianni Burnette 9	4) Asia Whitsett 9
16	Southern Nash	A	51.68	
	1) Chasity Battle 11	2) Anta Diop 10	3) Ken'Tarra Richardson 10	4) Ja'nhiya Riggins 10

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Event 60 Boys 4x100 Meter Relay NCHSAA 3A

Team	Relay	Seed Time
1 Union Pines	A	42.01
1) Ethan Biggs 12	2) Caleb Milton 11	3) Roger Patterson 10
4) Zion Kiser 12		
2 A.C. Reynolds	A	42.24
1) Jayden Smith 10	2) Max Guest 11	3) Cavalli Montgomery 11
4) Tremaine Keeter 10		
3 Dudley	A	42.38
1) Adeniyi Adegorioye 10	2) Sofiyan Oumarou 12	3) Kamaal Ryan 10
4) Keyaun Dow 12		
4 Statesville	A	42.58
1) Telly Carter 12	2) Mekiaun Davis 12	3) Davion Summers 10
4) Jehahj Sherrill 11		
5 Hunter Huss	A	42.84
1) Israel Aladekoba 10	2) Gene Neely 11	3) Zamarius Gladden 10
4) Tyrico Hatten 12		
6 Southern Guilford	A	42.98
1) Travis Covington 11	2) Kameron Davis 12	3) Daivion Hall 10
4) Damian Vaughan 11		
7 Asheboro	A	42.99
1) Jaylon Moore 12	2) Elijah Woodle 11	3) Jalial Timmons 11
4) Valentino Mark 12		
8 Rose, J.H.	A	43.09
1) Amire S Smith 12	2) Dasan Davis 11	3) Emarion McIntyre-Battle 12
4) Camden Best 12		
9 South Point	A	43.10
1) Khamari Crawford 10	2) Aeriyon Fountain 11	3) Mar'Quavias Harris 12
4) Bryson Lomick 12		
10 Rocky Mount	A	43.18
1) Elam Penny 9	2) Jaylen Williams 11	3) Lariq Whitaker 10
4) Isaiah Silver 11		
11 North Brunswick	A	43.18
1) Dytrick Wheters 11	2) Timothy White 12	3) Marquis White 11
4) Reade Frink 10		
12 White Oak	A	43.28
1) Kahmari Brown 12	2) Zack Noel 12	3) Damarius Hester 12
4) Derrick Benbow 12		
13 Southern Alamance	A	43.28
1) Jackson Parrish 12	2) Jordan Moore 12	3) Myles Darroch 12
4) Kater Cornwell 11		
14 Richlands	A	43.37
1) Isaiah Graham 12	2) Mekhi Mack 12	3) Noah LeBlanc 10
4) Tyler Clouarte 10		
15 Lake Norman Charter School	A	43.56
1) Major Leak 11	2) Dorian Morgan 10	3) Ryker Atkinson 10
4) Sir Thomas Lawson 12		
16 Terry Sanford	A	43.63
1) Jacoby Goodwin 11	2) Rashid Jones 12	3) Myles Pitts 10
4) Christian Carter 10		

Event 61 Girls 400 Meter Dash NCHSAA 3A

Name	Year	School	Seed Time
1 Tianna Spinks	11	Southern Guilford	55.42
2 Sophia Banks	11	North Buncombe	57.14
3 Coryn Tucker	10	Jay M Robinson	57.31
4 Sanai Forte	12	Harding University	57.91
5 Ja'Naya Linder	12	Atkins	58.32
6 Zaniya LittleJohn	12	West Charlotte	58.48
7 Briana St Louis	11	Union Pines	58.66
8 Mesiyah Howell	12	South Rowan	58.70
9 Rachel Tolbert	11	South Point	58.97
10 Lela Besemer	9	Croatan	59.16
11 Adelyn Alvis	10	Orange	1:00.06
12 London Gates	9	Jacksonville	1:00.68
13 Logan White	11	Currituck County	1:00.70
14 Madelyn Perry	10	Havelock	1:01.14
15 Brinkley Robinson	9	Franklinton	1:01.37
16 Faith Yon	9	Durham School of the Arts	1:02.13

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Event 62 Boys 400 Meter Dash NCHSAA 3A

	Name	Year	School	Seed Time
1	Myles Darroch	12	Southern Alamance	48.62
2	Koredell Bartley	11	Dudley	48.67
3	Luke Nicolajsen	12	Croatan	48.97
4	Derrick Hicks	11	Dudley	48.97
5	Zion Amadi	12	Williams, Walter M	49.25
6	Justin Bryant	12	Eastern Guilford High School	49.53
7	Carson Smith	11	Piedmont	49.56
8	Justin Rodriguez	10	Franklin	49.64
9	Trey Austin	12	Croatan	49.77
10	Nicholas Porter	11	Statesville	49.99
11	Jaylen Roseboro	12	East Lincoln	50.19
12	Rian Jones	11	West Henderson	50.32
13	Jaedon Kearney	12	Rocky Mount	50.63
14	Joshua Long	12	Western Alamance	50.73
15	Rodney Smith	10	Currituck County	51.07
16	Aaron Smith	12	North Brunswick	51.91

Event 63 Girls 300 Meter Hurdles NCHSAA 3A

	Name	Year	School	Seed Time
1	Emma Hall	12	West Henderson	45.30
2	Alexia Johnson	12	Jay M Robinson	46.28
3	Ogechi Ezeigbo	11	Atkins	46.41
4	Elizabeth Deen	11	Southern Guilford	46.49
5	Sadie Featherstone	11	East Rowan	46.55
6	Emmi Cheek	12	Ashe County	46.72
7	Lexi Tripp	10	Croatan	46.76
8	Samone Arrington	10	Southern Durham	47.56
9	Laura Covarrubias	11	Franklin	47.58
10	Brianna Lofton	10	Jacksonville	47.88
11	Sahanna McLeod	10	Harding University	48.24
12	Victoria Simeonova	10	Durham School of the Arts	48.33
13	Charlotte Langdon	10	Harnett Central	48.90
14	Saoirse Runne	11	Havelock	48.93
15	Bree Harris	12	Orange	49.43
16	MaryBeth Garrison	11	West Carteret	49.71

Event 64 Boys 300 Meter Hurdles NCHSAA 3A

	Name	Year	School	Seed Time
1	Le'Ezra Brown	11	Dudley	37.71
2	Tayman Howell	11	West Henderson	38.10
3	Major Leak	11	Lake Norman Charter School	39.50
4	Pierce Mahnke	11	Croatan	39.60
5	Ben Frazier	11	Pisgah	39.94
6	Cooper Stephens	11	Croatan	39.96
7	Justin Wax	12	Croatan	40.22
8	Eijah Willheim	11	Hickory	40.38
9	Ryder Phipps	12	Ashe County	40.40
10	William Battle	12	Rose, J.H.	40.49
11	DJ Pridgen	11	Southern Nash	40.54
12	Quinn Mushington	12	Parkwood	40.62

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Event 64 ... (Boys 300 Meter Hurdles NCHSAA 3A)

	Name	Year	School	Seed Time
13	Devin Mims	11	Dudley	40.93
14	Caleb Milton	11	Union Pines	40.95
15	Joe Lewis	12	Rocky Mount	41.45
16	Zion Kiser	12	Union Pines	42.09

Event 65 Girls 800 Meter Run NCHSAA 3A

	Name	Year	School	Seed Time
1	Lily Yampolsky	12	Lake Norman Charter School	2:15.53
2	Jillian Parks	11	Central Davidson	2:15.95
3	Eden Barnwell	12	North Buncombe	2:17.47
4	Kenley Ballou	12	West Carteret	2:18.67
5	Kayla Folkes	9	First Flight	2:19.66
6	Olivia Ferraro	10	North Lincoln	2:19.77
7	Cameran Ladd	12	Croatan	2:19.88
8	Moira Furr	10	First Flight	2:19.91
9	Brinkley Robinson	9	Franklinton	2:20.88
10	Bella Green	11	North Lincoln	2:21.24
11	Paige Kiesling	10	Atkins	2:25.56
12	Caroline Henson	11	Pisgah	2:25.67
13	Ava Childress	11	Williams, Walter M	2:26.19
14	Lindsey Shaw	10	High Point Central	2:26.58
15	Naomi Hirsch	9	Carrboro	2:31.13
16	Alison Williams	11	Harnett Central	2:32.70

Event 66 Boys 800 Meter Run NCHSAA 3A

	Name	Year	School	Seed Time
1	Noah Guerrero	11	Croatan	1:54.10
2	Max Thompson	11	Kings Mountain	1:55.05
3	Matthew Quispe	12	Croatan	1:55.13
4	Drew Johnson	10	Lake Norman Charter School	1:55.52
5	Gus Simmons	10	A.C. Reynolds	1:55.75
6	Logan Russo	12	Franklin	1:56.40
7	Bricen Burleson	12	Jesse Carson	1:57.54
8	Timothy Parsons	10	Central Academy of Technology	1:57.67
9	Grayson Cromer	12	South Rowan	1:57.73
10	Michael Rice Jr	11	Douglas Byrd	1:58.64
11	Jake Knight	11	West Carteret	1:58.99
12	Keagan Saft	11	West Henderson	2:00.06
13	Liam Markham	12	Durham School of the Arts	2:00.25
14	Corbin Weeks	10	Union Pines	2:00.66
15	Monte Hay	10	Union Pines	2:01.03
16	Luke Rials	11	Richlands	2:06.30

Event 67 Girls 200 Meter Dash NCHSAA 3A

	Name	Year	School	Seed Time
1	Jalee Brown	11	Dudley	24.31
2	Janiya Johnson	12	Statesville	24.35
3	Tianna Spinks	11	Southern Guilford	24.54
4	Briana St Louis	11	Union Pines	24.64
5	Zaniya LittleJohn	12	West Charlotte	24.66
6	Nilijah Darden	11	Dudley	24.77

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Event 67 ... (Girls 200 Meter Dash NCHSAA 3A)

	Name	Year	School	Seed Time
7	Coryn Tucker	10	Jay M Robinson	25.39
8	Nakirah Adams	11	Statesville	25.40
9	Akira Walker	11	Hunter Huss	25.50
10	Shaliah Jones	12	South Central	25.77
11	Lela Besemer	9	Croatan	25.78
12	Angel Scott	11	Scotland County	26.03
13	NaQuayla Stanford	11	Jacksonville	26.06
14	Aminata Morgan	11	Terry Sanford	26.24
15	Macie Inman	12	North Brunswick	26.31
16	Deon Gaines-Scarborough	11	Southern Lee	26.40

Event 68 Boys 200 Meter Dash NCHSAA 3A

	Name	Year	School	Seed Time
1	Bryson Lomick	12	South Point	21.38
2	Myles Darroch	12	Southern Alamance	21.74
3	Cameron Tucker	10	Jay M Robinson	21.90
4	Andrew Ramsey	12	East Henderson	21.91
5	Adeniyi Adegorioye	10	Dudley	21.92
6	Derick Christain	10	Ashbrook	21.94
7	Jehahj Sherrill	11	Statesville	21.98
8	Ethan Biggs	12	Union Pines	22.12
9	Damon Duke	12	Currituck County	22.17
10	Koredell Bartley	11	Dudley	22.18
11	Luke Nicolajsen	12	Croatan	22.19
12	Zaire Friend	12	Atkins	22.23
13	Isaiah Silver	11	Rocky Mount	22.37
14	Zion Amadi	12	Williams, Walter M	22.38
15	Na'jay Jackson	12	Aycock, Charles B	22.52
16	Michael Beckley	11	Havelock	22.58

Event 69 Girls 3200 Meter Run NCHSAA 3A

	Name	Year	School	Seed Time
1	Erin Pope	12	Fike High School	10:59.49
2	Morgan Miller	10	First Flight	11:18.80
3	Lucy Stecher	12	First Flight	11:27.04
4	Bella Wood	12	North Lincoln	11:29.52
5	Ellie Harrington	12	South Brunswick	11:30.00
6	Naomi Dyreng	11	Cedar Ridge	11:34.59
7	Morgan Cress	9	Franklin	11:39.12
8	Katie Johnson	12	North Buncombe	11:41.32
9	Mia Sohovich	10	North Iredell	11:59.24
10	Allyson Flewwellin	11	Union Pines	12:30.13
11	Hannah Metz	10	Central Academy of Technology	12:40.33
12	Shaina Chiniwalla	10	Northwest Cabarrus	12:41.99
13	Jasmin Romero	10	Western Harnett	12:44.30
14	Elsa Helms	9	Oak Grove High School	12:46.07
15	Mikayla Freeland	9	Lake Norman Charter School	12:48.20
16	Maddie Girouard	11	Rocky Mount	13:15.05

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Event 70 Boys 3200 Meter Run NCHSAA 3A

	Name	Year	School	Seed Time
1	Ethan Rich	10	Western Harnett	9:32.20
2	Eli Julian	12	South Rowan	9:33.71
3	Judah Lacroix	12	First Flight	9:38.60
4	Will Downs	12	Atkins	9:38.82
5	Myles Jermyn	10	Orange	9:40.09
6	Tyrese Cone	12	Croatan	9:42.74
7	Corbin Weeks	10	Union Pines	9:42.80
8	Eric Gillis	10	Jesse Carson	9:43.41
9	Lucas Van Mater	10	Orange	9:43.46
10	Hudson Rice	12	West Henderson	9:46.82
11	Michael Ferguson	10	North Buncombe	9:50.19
12	Parker St. Jean	10	North Lincoln	9:55.27
13	Warner Clark	10	West Johnston	9:55.40
14	Jorge Clemente-Garcia	11	Jesse Carson	9:55.56
15	Eli Clonch	11	West Henderson	9:58.84
16	Andrew Wahlgren	12	Croatan	9:59.88

Event 71 Girls 4x400 Meter Relay NCHSAA 3A

	Team	Relay	Seed Time	
1	North Buncombe	A	3:55.05	
	1) Maya Flynn 12	2) Eden Barnwell 12	3) Bailey Barrett 10	4) Sophia Banks 11
2	Jacksonville	A	4:02.15	
	1) Robyn Ford 12	2) Lauryn Gholston 11	3) London Gates 9	4) NaQuayla Stanford 11
3	West Carteret	A	4:04.01	
	1) Sally King 11	2) Ryan Germain 12	3) Anderson Day 11	4) Kenley Ballou 12
4	Croatan	A	4:05.54	
	1) Joli Rossi 9	2) Lexi Tripp 10	3) Lela Besemer 9	4) Faith Eilertson 11
5	Jay M Robinson	A	4:05.54	
	1) Alivia Johnson 11	2) Coryn Tucker 10	3) Alexia Johnson 12	4) Chelsea McLeod 11
6	Dudley	A	4:07.02	
	1) Dottie Braswell 12	2) Kendall Penniegraft 10	3) Aa'Niyah Massey 11	4) Amaya Wright 11
7	A.C. Reynolds	A	4:07.24	
	1) Stella Chudomel 12	2) Narayana Haukka 10	3) Evva Hamilton 11	4) Jaylee Monteith 9
8	Franklin	A	4:07.68	
	1) Rylee Cassada 12	2) Amy Mendoza Lopez 10	3) Laura Covarrubias 11	4) Hope Smith 12
9	West Charlotte	A	4:07.84	
	1) Zekya Allison 10	2) Chloe Stitt 9	3) Aniya Higgins 10	4) Zaniya LittleJohn 12
10	Northwest Cabarrus	A	4:09.65	
	1) Elly Selmer 11	2) Natalie Brown 11	3) Ceaire Barringer 11	4) Mariah Logan 10
11	Orange	A	4:11.76	
	1) Adelyn Alvis 10	2) Bree Harris 12	3) Gianni Burnette 9	4) Asia Whitsett 9
12	Union Pines	A	4:12.33	
	1) Briana St Louis 11	2) Clara Kellner 12	3) Keelyn Finn 10	4) Melody Brown 11
13	Durham School of the Arts	A	4:12.97	
	1) Kelci Lucas 10	2) Malayna McDaniel 12	3) Tamia Johnson 12	4) Victoria Simeonova 10
14	Havelock	A	4:13.64	
	1) Madelyn Perry 10	2) Makenna Smith 11	3) Andria Krupey 11	4) Timayah Brown 11
15	South Rowan	A	4:15.85	
	1) Hannah Dellinger 11	2) Madalynn Gulledege 10	3) Mesiyah Howell 12	4) Sadie Siscoe 11
16	E.E. Smith	A	4:18.20	
	1) Lakeiya Sanders 11	2) Kelis Spencer 10	3) Elizabeth McKinzey 9	4) Lenisha Durr 9

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Event 72 Boys 4x400 Meter Relay NCHSAA 3A

	Team	Relay	Seed Time
1	Croatan	A	3:20.89
	1) Trey Austin 12	2) Cooper Stephens 11	3) Matthew Quispe 12
	4) Luke Nicolajsen 12		
2	Dudley	A	3:22.28
	1) Le'Ezra Brown 11	2) Koredell Bartley 11	3) Aaron Spears 12
	4) Derrick Hicks 11		
3	Lake Norman Charter School	A	3:25.02
	1) Alden Spencer 12	2) Chase Gentile 9	3) Cooper Wozniak 12
	4) Drew Johnson 10		
4	Pisgah	A	3:25.89
	1) Ben Frazier 11	2) Mason Putnam 10	3) Ashton Sutton 12
	4) Evan Byrd 12		
5	Franklin	A	3:26.64
	1) Elijah Cochran 12	2) Justin Rodriguez 10	3) Ken Modlin 9
	4) Logan Russo 12		
6	Central Academy of Technology	A	3:26.65
	1) Cameron Little 11	2) Timothy Parsons 10	3) Jayden Rutledge 11
	4) Matthew Pfister 11		
7	Union Pines	A	3:26.70
	1) Robert Johnson 10	2) Zion Kiser 12	3) Braiden Benedict 11
	4) Monte Hay 10		
8	West Henderson	A	3:27.51
	1) Keagan Saft 11	2) Kian Holden 11	3) Will Robinson 12
	4) Rian Jones 11		
9	Statesville	A	3:28.07
	1) Telly Carter 12	2) Noah Owens 11	3) Malik Pineda 10
	4) Nicholas Porter 11		
10	Atkins	A	3:30.30
	1) Saliou Niang 11	2) Drew Puryear 9	3) William Roehrenbeck 10
	4) Sekani Carter 10		
11	Northern Nash	A	3:30.98
	1) Jeffree Pope 11	2) Isaiah Ricks 11	3) Ahnage Vines 12
	4) Khaleek Evans 9		
12	South Central	A	3:31.19
	1) Ezra Meachem 9	2) Darryl Thomas III 12	3) Makel Smith 9
	4) Yihiem Gibbs 9		
13	Cape Fear	A	3:32.02
	1) Quentin McLaurin 11	2) Malik Whitesides 10	3) Khalil Marshall 11
	4) Tristan Sexton 12		
14	White Oak	A	3:33.41
	1) Yomar Cruz Rivera 11	2) Jimmy Owens 11	3) Ian Solano 12
	4) Keenan Mintz 12		
15	West Carteret	A	3:33.60
	1) Matthew Coker 12	2) Tucker Dickinson 9	3) Derrick Kadar 12
	4) Sean Cartwright 11		
16	Orange	A	3:33.74
	1) Merveille Ndayiringiye 10	2) Dallas Johnson 10	3) Cyrus Neal 11
	4) Aiden Viola 11		