



# Women's Swimming & Diving State Meet Event Records



## 200 Medley Relay

State				4A				3A				1A/2A			
Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time
Kayman Neal	Myers Park	2023	1:42.07	Kayman Neal	Myers Park	2023	1:42.07	Madeline Menkhaus	Charlotte Catholic	2021	1:44.69	Julie Smith	Cardinal Gibbons	2006	1:46.30
Avery Klamfoth				Avery Klamfoth				Sydney Sanders				Melanie Roberts			
Kiley Wilhelm				Kiley Wilhelm				Kendra Johnson				Patrice Dason			
Sofia Plaza				Sofia Plaza				Olivia Rhodes				Lisa Pucci			

## 200 Freestyle

State				4A				3A				1A/2A			
Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time
Erika Brown	Hough	2015	1:46.47	Erika Brown	Hough	2015	1:46.47	Lauren Rhodes	Charlotte Catholic	2013	1:47.98	Emily Knorr	Salisbury	2021	1:49.11

## 200 Individual Medley

State				4A				3A				1A/2A			
Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time
Kiley Wilhelm	Myers Park	2022	1:55.79	Kiley Wilhelm	Myers Park	2022	1:55.79	Caroline Hauder	Marvin Ridge	2016	1:58.85	Emme Nelson	C.S. of Davidson	2019	2:00.70

## 50 Freestyle

State				4A				3A				1A/2A			
Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time
Katie Belle Sikes	Orange	2023	:22.17	Teresa Ivan	Ardrey Kell	2021	:22.46	Katie Belle Sikes	Orange	2023	:22.17	Alyssa Marsh	Pine Lake Prep	2016	:22.75

## 1 Meter Diving

State				4A				3A				1A/2A			
Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time
Nikki Canale	Marvin Ridge	2015	511.60	Kristen Hayden	Panther Creek	2015	507.55	Nikki Canale	Marvin Ridge	2015	511.60	Joslyn Oakley	Langtree Charter	2021	492.50

## 100 Butterfly

State				4A				3A				1A/2A			
Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time
Claire Curzan	Cardinal Gibbons	2022	:49.24	Claire Curzan	Cardinal Gibbons	2022	:49.24	Julia Menkhaus	Charlotte Catholic	2018	:53.84	Alyssa Marsh	Pine Lake Prep	2016	:53.23

## 100 Freestyle

State				4A				3A				1A/2A			
Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time
Katie Belle Sikes	Orange	2024	:48.76	Teresa Ivan	Ardrey Kell	2021	:49.25	Katie Belle Sikes	Orange	2024	:48.76	Christina Lappin	Lincoln Charter	2016	:50.64

## 500 Freestyle

State				4A				3A				1A/2A			
Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time
Hannah Moore	Green Hope	2014	4:40.98	Hannah Moore	Green Hope	2014	4:40.98	Emma Hastings	J.H. Rose	2022	4:48.78	Emily Knorr	Salisbury	2021	4:49.04

## 200 Freestyle Relay

State				4A				3A				1A/2A			
Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time
Rebecca Postoll	Charlotte Catholic	2014	1:33.22	Rebecca Postoll	Charlotte Catholic	2014	1:33.22	Olivia Rhodes	Charlotte Catholic	2020	1:34.30	Allyson Accordino	Pine Lake Prep	2016	1:36.84
Maria Sheridan				Maria Sheridan				Hope Borders				Rose Auten			
Lauren Rhodes				Lauren Rhodes				Abigail Parks				K.K. Rasbornik			
Nora McCullagh				Nora McCullagh				Alina Stout				Alyssa Marsh			

## 100 Backstroke

State				4A				3A				1A/2A			
Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time
Claire Curzan	Cardinal Gibbons	2022	:49.61	Claire Curzan	Cardinal Gibbons	2022	:49.61	Julia Menkhaus	Charlotte Catholic	2018	:53.70	Lexi Souther	Parkwood	2016	:54.64

## 100 Breaststroke

State				4A				3A				1A/2A			
Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time
Eliza Wallace	Ardrey Kell	2024	:59.67	Eliza Wallace	Ardrey Kell	2024	:59.67	Kaylee Hamblin	Parkwood	2021	1:00.35	Jennah Fadely	Jordan-Matthews	2021	1:02.11

## 400 Freestyle Relay

State				4A				3A				1A/2A			
Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time
Nora McCullagh	Charlotte Catholic	2014	3:22.15	Nora McCullagh	Charlotte Catholic	2014	3:22.15	Nora McCullagh	Charlotte Catholic	2013	3:24.61	Tara Martin	Raleigh Charter	2012	3:32.16
Elsa Welshofer				Elsa Welshofer				Nicole Emery				Rachel Hatt			
Rebecca Postoll				Rebecca Postoll				Elsa Welshofer				Alexandra van Dorsten			
Lauren Rhodes				Lauren Rhodes				Lauren Rhodes				Olivia Ontjes			