



Women's Swimming & Diving State Championships M.V.P.



Open ('87-'91) & 4A (beginning 1992)

1987 Cathy Burgess (Hickory)
 1988 Emily Cowling (Broughton)
 1989 Jenny Huber (Sanderson)
 1990 Trish McHardy (Providence)
 1991 Shannon Allison (Apex)
 1992 Kelly Frazier (Ashbrook)
 1993 Kelly Frazier (Ashbrook)

1994 Alexis Keto (Enloe)
 1995 Ashley Murray (North Mecklenburg)
 1996 Sherry West (Leesville Road)
 1997 Megan Drolet (East Gaston)
 1998 Katie Hathaway (East Mecklenburg)
 1999 Cara Lane (Providence)
 2000 Meredith Green (Chapel Hill)
 2001 Ruth Nichols (Leesville Road)

2002 Stephanie Glover (Athens Drive)
 2003 Brittany Johnson (R.J. Reynolds)
 2004 Kristen Oxford (Providence)
 2005 Kirsten Smith (Athens Drive)
 2006 Kirsten Smith (Athens Drive)
 2007 Kirsten Smith (Athens Drive)
 Mandy Myers (Apex)
 2008 Kirsten Smith (Athens Drive)
 2009 Lauren Perdue (J.H. Rose)

2010 Sarah Henry (West Johnston)
 2011 Henriette Stenkvis (Panther Creek)
 Victoria Mitchell (Cary)
 2012 Hannah Lincoln (Leesville Road)
 2013 Emily Allen (W.A. Hough)
 2014 Nora McCullagh (Charlotte Catholic)
 2015 Nora McCullagh (Charlotte Catholic)
 2016 Julia Poole (Middle Creek)
 2017 Julia Poole (Middle Creek)
 2018 Grace Countie (Leesville Road)
 2019 Claire Curzan (Cardinal Gibbons)
 2020 Claire Curzan (Cardinal Gibbons)
 2020 Teresa Ivan (Ardrey Kell)
 2022 Claire Curzan (Cardinal Gibbons)
 2023 Kiley Wilhelm (Myers Park)
 2024 Mere Whelehan (Green Hope)

1A/2A/3A

1992 Wendy Henson (Chase)
 1993 Wendy Henson (Chase)
 Kristen Kunkle (Western Alamance)
 1994 Wendy Henson (Chase)
 1995 Wendy Henson (Chase)
 1996 Annabell Kosten (T.C. Roberson)
 1997 Lauren Rafferty (Southwest Guilford)
 1998 Amy Hendrick (Shelby)
 1999 Jenny Lentz (Brevard)
 2000 Lindsey Saufley (Southwest Guilford)
 2001 Mandy Huff (North Stanly)

3A

2002 Carly Hensel (Hickory)
 2003 Lauren Fassoux (Forestview)
 2004 Lauren Fassoux (Forestview)
 2005 Katherine Caldwell (Concord)
 2006 Margaret Bardin (Williams)
 2007 Rachel Wilson (Reagan)
 2008 Keri McAfee (Charlotte Catholic)
 2009 Christine McDonough (Charlotte Catholic)
 2010 Erin Gaeckle (Charlotte Catholic)
 2011 Katy Stringfield (Tuscola)
 2012 Lauren Rhodes (Charlotte Catholic)
 2013 Nora McCullagh (Charlotte Catholic)
 2014 Claire DeSelm (Chapel Hill)
 2015 Caroline Hauder (Marvin Ridge)
 2016 Caroline Hauder (Marvin Ridge)
 2017 Caroline Hauder (Marvin Ridge)
 2018 Julia Menkhaus (Charlotte Catholic)
 2019 Elle VanNote (Marvin Ridge)
 2020 Madeline Smith (J.H. Rose)
 2021 Madeline Menkhaus (Charlotte Catholic)
 2022 Madeline Smith (J.H. Rose)
 2023 Katie Belle Sikes (Orange)
 2024 Katie Belle Sikes (Orange)

1A/2A

2003 Sarah Scott (Northwood)
 2004 Michelle Baric (Eastern Alamance)
 2005 Shannon Van Hoy (Charlotte Catholic)
 2006 Melanie Roberts (Cardinal Gibbons)
 Teresa Long (Raleigh Charter)
 2007 Julie Smith (Cardinal Gibbons)
 Teresa Long (Raleigh Charter)
 2008 Kelly Ann Baird (West Davidson)
 2009 Kelly Ann Baird (West Davidson)
 Carolina Smith (South Davidson)
 2010 Kelly Ann Baird (West Davidson)
 2011 Theresa Meyer (Durham School of the Arts)
 Alexandra Martelle (Thomas Jefferson)
 Caitlin Casazza (Bishop McGuinness)
 2012 Caitlin Casazza (Bishop McGuinness)
 2013 Olivia Ontjes (Raleigh Charter)
 2014 Alyssa Marsh (Pine Lake Prep)
 2015 Alyssa Marsh (Pine Lake Prep)
 2016 Alyssa Marsh (Pine Lake Prep)
 2017 Emme Nelson (Community School of Davidson)
 2018 Emme Nelson (Community School of Davidson)
 2019 Emme Nelson (Community School of Davidson)
 2020 Emme Nelson (Community School of Davidson)
 2021 Emily Knorr (Salisbury)
 2022 Mary Shanahan (Eno River Academy)
 2023 Mary Shanahan (Eno River Academy)
 2024 Alexandra Tysinger (Burns)