



Date: April 26, 2024

NCHSAA Student Leadership Conference

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Final Details Memo

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Thank you for your interest in the 2024 Student Leadership Conference. We are excited to have you in attendance!!

Please notify us immediately should you or your student-athletes decide not to attend. We understand that changes may occur, and your cooperation will help to minimize the NCHSAA incurring expenses for “no shows”. **If possible, do this by 4:00PM Friday, April 19th.**

The following is provided for the benefit of all participants. Please share this information with each conference attendee.

**DIRECTIONS AND PARKING:**

The Townebank Center at Carter-Finley Stadium is located at **Dail plaza west, 4600 Trinity Rd, Raleigh, NC 27607.** Please use Google Maps to obtain directions | **Dail plaza west, 4600 Trinity Rd, Raleigh, NC 27607.** There is no charge for parking and there is plenty of parking for all guest in attendance.

**REGISTRATION AND CHECK-IN:**

Registration is currently open on [GoogleForms](#) and the deadline for the Student Leadership Conference is Friday April 12th, 2024. Check in will be from 8:00AM to 8:30AM on Friday, April

26th. Upon arrival, coffee, juice and pastries will be available in the check in area. As the schedule indicates, lunch will also be provided later in the day for all participants.

**TIME SCHEDULE (PLEASE ALSO PAY CLOSE ATTENTION TO THE CONFERENCE SCHEDULE):**

1. We will start the first session promptly at 8:40AM. **Please allow enough arrival time!!**
2. Each participant will receive a personalized schedule at registration, which will include the sessions they will attend along with the corresponding room and time. Each participant will benefit from all sessions.
3. The conference will end approximately 4:30PM Friday. It is a one-day conference!
4. Each participant will have the opportunity to attend the NC State vs. Ball State Baseball game Friday night April 26<sup>th</sup> at 6:00pm. The NCHSAA will provide tickets to student-athletes that are interested in going. The game is located at Dail Park on the campus of NC State | **27607, 1081 Varsity Dr, Raleigh, NC 27606.**

**DRESS CODE:**

Attire for the workshop is casual, however: any clothing with alcohol, tobacco and other drug messages or advertisement are not allowed. Clothing with messages that could be culturally sensitive or anti-social, should not be worn either. Please keep in mind that we may not have control of the temperature in each meeting space, so please plan accordingly.

**UPON ARRIVAL:**

Please plan to use the Trinity Road parking entrance to park and plan on entering the main entrance behind the Townebank Center at Carter Finley Stadium. Once you park, please enter Gate 2,3 or 4 under the Townebank Center (You will see an NCHSAA Tent Outside). You will be greeted by a member of the Student Athlete Advisory Council and welcomed to Carter Finley Stadium.

Please prepare yourself for a fully packed day! The conference is planned in understanding your **Student-Athlete Identity**, while mixing in fun activities, some time for fellowship and making a few friends from around the state. We expect attendance and attention by everyone at all sessions!

We at the NCHSAA, truly appreciate your efforts in planning to attend our North Carolina Student Leadership Conference! We look forward to seeing everyone on April 26, 2024.

## **NCHSAA Student Leadership Conference | April 26nd, 2024 | Raleigh, NC**

The North Carolina High School Athletic Association welcomes each of you to the 2024 Student Leadership Conference (SLC)! This year's theme: **Student-Athlete Identity!!**

Welcome to The North Carolina High School Athletic Association 2024 Student Leadership Conference (SLC)! Where we gather to empower and equip our future leaders with the tools they need to succeed. This year's theme is " **Student-Athlete Identity,**" and it is designed to empower and inspire our student-athletes while highlighting the multifaceted journey of being a student-athlete.

**Engaging Workshops:** Interactive sessions led by experienced facilitators will delve into topics such as time management, mental health, academic success and life balance. All tailored to being a student-athlete at the high school level.

**Inspiring Speakers:** Renowned athletes, coaches, and educators will share their personal stories and insights, offering invaluable perspectives on navigating the complexities of student-athlete life.

**Networking Opportunities:** Participants will have the chance to connect with peers from across the state, building relationships and support networks that extend beyond their own schools and teams.

**Practical Strategies:** Attendees will leave equipped with practical tools and strategies to excel both on and off the field, enhancing their overall well-being and success.

**Why Attend:** By participating in the NCHSAA Student Leadership Conference, student-athletes will:

- 1) Gain a deeper understanding of their unique identity as student-athletes.
- 2) Develop essential leadership skills to thrive in academics, athletics and beyond.
- 3) Forge meaningful connections with fellow student-athletes and mentors.
- 4) Discover practical strategies for achieving balance, managing time effectively, and prioritizing well-being.

We invite all member schools to encourage their student-athletes to participate in this enriching experience. Together, let's empower our student-athletes to embrace their identities, cultivate leadership skills, and excel in all facets of their lives.

**REMINDER:** In lieu of a registration fee, we ask that each participant bring at least two canned goods or non-perishable food items to contribute to a NC Food Bank!

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## Tentative Conference Schedule

8:00 – 8:30am: Registration (Continental Breakfast Provided by NCHSAA)  
8:45 – 9:15am: Opening General Session | Speaker: Coach Dave Pyper  
9:15 – 9:25am: Break  
9:25 – 10:15am: Breakout Session #1  
10:15 – 10:25am: Break  
10:25 – 11:15am: Breakout Session #2  
11:15-11:25am: Break  
11:25 – 12:05pm: Leadership Discussion - How to Lead as a Student-Athlete  
12:05 – 12:20pm: Follow-Up Leadership Discussion - How to Lead as a Student-Athlete  
12:20 – 1:10pm: Lunch and Game Break (Lunch Provided by NCHSAA)  
1:15 – 1:35pm: Athletes Forever  
1:35 – 1:55pm: Health and Safety Discussion  
1:55 - 2:05pm: Break  
2:10 - 3:00pm: College Student-Athlete Panel  
3:00 - 3:15pm: Break  
3:20 - 4:15pm: Closing General Session | Speaker: Dereck Whittenburg  
4:15 - 4:30pm: Closing Remarks | Commissioner Que Tucker  
6:00pm: NC State Baseball Game

\*Breakout Leaders: Omari Pearson or Leslie Barnes/Shelly Johnson/Cricket Lane