

Pole Vault Weight Verification Sheet

All pole vaulters are to be weighed. This is done to certify that the weight of the vaulter does not exceed the weight restrictions of the vaulting pole. After weighing the athlete, the pole vault official shall write the athlete's name and his/her name on a piece of tape placed on the pole. This verifies that the athlete may use the pole as a legal pole in the competition. As the official of the pole vault, I have read the Pole Vaulting section of the National Federation High School Rule Book.

Pole Vault Official _____ **Meet:** _____ **Date:** _____

Athlete	School	Weight/Pole Limits
1 _____	_____	_____ / _____
2 _____	_____	_____ / _____
3 _____	_____	_____ / _____
4 _____	_____	_____ / _____
5 _____	_____	_____ / _____
6 _____	_____	_____ / _____
7 _____	_____	_____ / _____
8 _____	_____	_____ / _____
9 _____	_____	_____ / _____
10 _____	_____	_____ / _____
11 _____	_____	_____ / _____
12 _____	_____	_____ / _____
13 _____	_____	_____ / _____
14 _____	_____	_____ / _____
15 _____	_____	_____ / _____
16 _____	_____	_____ / _____