

**2024 4A State NCHSAA State Championships - 2/9/2024 to 2/10/2024**

**Swimming & Diving  
Host: Cardinal Gibbons HS  
Psych Sheet**

**Event 1 Women 200 Yard Medley Relay**

| Team                | Relay | Seed Time |
|---------------------|-------|-----------|
| 1 Myers Park        |       | 1:42.48   |
| 2 Ardrey Kell       |       | 1:43.42   |
| 3 Lake Norman       |       | 1:44.07   |
| 4 Char Catholic     |       | 1:44.63   |
| 5 Hopewell          |       | 1:46.10   |
| 6 Hoggard           |       | 1:46.13   |
| 7 Apex              |       | 1:46.30   |
| 8 Green Hope        |       | 1:46.72   |
| 9 Marvin Ridge      |       | 1:46.86   |
| 10 Grimsley         |       | 1:48.12   |
| 11 Leesville Road   |       | 1:48.20   |
| 12 Cuthbertson      |       | 1:48.59   |
| 13 Providence       |       | 1:48.74   |
| 14 Cardinal Gibbons |       | 1:49.59   |
| 15 Broughton        |       | 1:50.13   |
| 16 Green Level      |       | 1:50.29   |
| 17 Athens Drive     |       | 1:50.61   |
| 18 TC Roberson      |       | 1:51.77   |
| 19 Middle Creek     |       | 1:51.77   |
| 20 Reagan           |       | 1:51.77   |
| 21 Enloe            |       | 1:51.94   |
| 22 West Forsyth     |       | 1:51.98   |
| 23 Hough            |       | 1:52.04   |
| 24 Ashley           |       | 1:52.16   |

**Event 2 Men 200 Yard Medley Relay**

| Team               | Relay | Seed Time |
|--------------------|-------|-----------|
| 1 Marvin Ridge     |       | 1:30.96   |
| 2 Ardrey Kell      |       | 1:32.64   |
| 3 Hoggard          |       | 1:33.18   |
| 4 Leesville Road   |       | 1:33.50   |
| 5 Ashley           |       | 1:34.06   |
| 6 Cardinal Gibbons |       | 1:34.16   |
| 7 Myers Park       |       | 1:34.25   |
| 8 Providence       |       | 1:34.86   |
| 9 Page             |       | 1:34.87   |
| 10 Green Level     |       | 1:35.33   |
| 11 Chapel Hill     |       | 1:36.14   |
| 12 Enloe           |       | 1:36.56   |
| 13 Cox Mill        |       | 1:37.35   |
| 14 Reagan          |       | 1:38.03   |
| 15 Wake Forest     |       | 1:38.23   |
| 16 Apex Friendship |       | 1:38.72   |
| 17 Hickory Ridge   |       | 1:38.89   |
| 18 Millbrook       |       | 1:39.07   |
| 19 NW Guilford     |       | 1:39.11   |
| 20 Athens Drive    |       | 1:39.15   |
| 21 Jordan          |       | 1:39.24   |
| 22 Cuthbertson     |       | 1:39.56   |
| 23 Mount Tabor     |       | 1:39.88   |
| 24 Heritage        |       | 1:39.92   |

**Event 3 Women 200 Yard Freestyle**

| Name                  | Yr | School           | Seed Time |
|-----------------------|----|------------------|-----------|
| 1 Kaylee McDonald     | SR | Marvin Ridge     | 1:48.99   |
| 2 Mere Whelehan       | JR | Green Hope       | 1:49.02   |
| 3 Isabel Wolk         | SO | East Chapel Hill | 1:49.74   |
| 4 Madison Schmitz     | FR | Rolesville       | 1:50.02   |
| 5 Sloane Whelehan     | FR | Green Hope       | 1:50.27   |
| 6 McKenna Patrick     | SR | Cuthbertson      | 1:50.86   |
| 7 Sophia Pero         | SO | Hopewell         | 1:51.02   |
| 8 Sydney Holfelder    | JR | Apex Friendship  | 1:51.09   |
| 9 Elodie Mitchell     | SR | Riverside        | 1:51.79   |
| 10 Samantha Rydzewski | SR | Middle Creek     | 1:51.82   |
| 11 Katherine Guenther | FR | Myers Park       | 1:51.87   |
| 12 Chloe Light        | SO | Enloe            | 1:52.28   |
| 13 Taylor Goodwin     | JR | TC Roberson      | 1:52.62   |
| 14 Sophie Perry       | JR | Apex             | 1:53.20   |
| 15 Riley Hawkins      | JR | Leesville Road   | 1:53.40   |
| 16 Camden Robertson   | FR | RJ Reynolds      | 1:53.42   |
| 17 Amelia Amadio      | JR | Hough            | 1:53.45   |
| 18 Sophie Thornburg   | SO | Jordan           | 1:53.60   |
| 19 Juliet Burroughs   | JR | New Hanover      | 1:53.70   |
| 20 Meghan Hadsell     | SO | Cardinal Gibbons | 1:53.92   |
| 21 Kathryn Monville   | JR | Heritage         | 1:54.38   |
| 22 Grace Tuchi        | SR | Myers Park       | 1:54.72   |
| 23 Ariel Kong         | FR | Marvin Ridge     | 1:54.83   |
| 24 Emma Barr          | SO | Lake Norman      | 1:54.93   |

**Event 4 Men 200 Yard Freestyle**

| Name                   | Yr | School           | Seed Time |
|------------------------|----|------------------|-----------|
| 1 James Bennison       | SR | Heritage         | 1:39.14   |
| 2 Michael Rice         | SO | Marvin Ridge     | 1:39.93   |
| 3 Jack Haywood         | SR | Providence       | 1:40.31   |
| 4 Aaron Davidson       | JR | Sanderson        | 1:40.42   |
| 5 Wilson Tuttle        | SR | Broughton        | 1:40.48   |
| 6 Hudson DeGroote      | SR | South Garner     | 1:41.10   |
| 7 Lucas Li             | JR | East Chapel Hill | 1:41.15   |
| 8 Jackson Scheiber     | JR | Athens Drive     | 1:41.46   |
| 9 Cooper Wiese         | JR | Cardinal Gibbons | 1:41.94   |
| 10 Kyle Wilburn        | FR | Cox Mill         | 1:42.01   |
| 11 Jack Rutledge       | JR | Providence       | 1:42.41   |
| 12 Evan Prabhu         | SR | Providence       | 1:42.61   |
| 13 Brian Farrell       | SR | Green Hope       | 1:43.11   |
| 14 Ben Martin          | JR | East Mecklenburg | 1:43.42   |
| 15 Nicholas Diacumakos | SR | Apex Friendship  | 1:43.83   |
| 16 Max Osman           | JR | South Meck       | 1:44.29   |
| 17 Maximilian Marrujo  | SR | Apex Friendship  | 1:44.44   |
| 18 Dylan Stewart       | FR | Marvin Ridge     | 1:44.47   |
| 19 Benjamin Dudley     | JR | Asheville        | 1:44.52   |
| 20 Tate Alexander      | SO | East Mecklenburg | 1:44.62   |
| 21 Vaughn Muir         | FR | SW Guilford      | 1:44.65   |
| 22 Landon Lloyd        | SR | Green Hope       | 1:45.15   |
| 23 Benjamin Pritchard  | SR | Northern Durham  | 1:45.32   |
| 24 Ben Smith           | SO | Millbrook        | 1:45.39   |

**2024 4A State NCHSAA State Championships - 2/9/2024 to 2/10/2024****Swimming & Diving  
Host: Cardinal Gibbons HS  
Psych Sheet****Event 5 Women 200 Yard IM**

| Name                | Yr | School           | Seed Time |
|---------------------|----|------------------|-----------|
| 1 Avery Klamfoth    | SO | Myers Park       | 1:59.57   |
| 2 Sofia Plaza       | SR | Myers Park       | 2:00.83   |
| 3 Lauren Bernardo   | SR | Char Catholic    | 2:01.73   |
| 4 Lily Willis       | JR | Green Level      | 2:01.76   |
| 5 Nicole Zettel     | JR | Apex Friendship  | 2:03.26   |
| 6 Shaelyn Shields   | JR | Providence       | 2:03.93   |
| 7 Paige Thome       | SR | Cuthbertson      | 2:05.01   |
| 8 Taylor Crane      | SO | Broughton        | 2:05.07   |
| 9 Maria Champion    | FR | Char Catholic    | 2:05.26   |
| 10 Emmaline Reddick | SO | South Meck       | 2:05.33   |
| 11 Katya Ivanov     | SR | Apex             | 2:05.55   |
| 12 Abby Druhan      | SR | Char Catholic    | 2:05.69   |
| 13 Ellie Druhan     | FR | Char Catholic    | 2:05.97   |
| 14 Julia Pou        | SO | Myers Park       | 2:06.02   |
| 15 Avery Vassil     | JR | Marvin Ridge     | 2:06.13   |
| 16 Caroline Furbay  | JR | Ashley           | 2:06.27   |
| 17 Mia Jeltema      | JR | Green Hope       | 2:06.32   |
| 18 Blythe Holloway  | SR | Athens Drive     | 2:06.34   |
| 19 Kiley Lloyd      | SO | Green Hope       | 2:07.34   |
| 20 Macie McCarter   | SO | Marvin Ridge     | 2:07.37   |
| 21 Breanna Smith    | SR | Panther Creek    | 2:08.16   |
| 22 Emma Thomas      | SO | Leesville Road   | 2:08.80   |
| 23 Juliet Sefried   | SO | Cardinal Gibbons | 2:09.09   |
| 24 Grace Pereira    | FR | Cardinal Gibbons | 2:10.52   |

**Event 6 Men 200 Yard IM**

| Name                     | Yr | School           | Seed Time |
|--------------------------|----|------------------|-----------|
| 1 Charles Heisig         | SR | Marvin Ridge     | 1:50.44   |
| 2 William Witmer         | SR | Hoggard          | 1:50.87   |
| 3 Ian Stutts             | JR | Enloe            | 1:50.90   |
| 4 Isaac Holtham          | SR | Ardrey Kell      | 1:51.04   |
| 5 Grayson Nye            | SR | Middle Creek     | 1:51.55   |
| 6 Bence Burton           | JR | Reagan           | 1:52.78   |
| 7 Davis Jackson          | FR | Leesville Road   | 1:53.04   |
| 8 Tobias Winardi         | SR | Marvin Ridge     | 1:53.82   |
| 9 Axel Mori              | SR | Leesville Road   | 1:54.36   |
| 10 Griffin Jones         | SR | Page             | 1:54.94   |
| 11 Quinn O'Mara          | JR | Marvin Ridge     | 1:55.18   |
| 12 Mark Brown            |    | Western Guilford | 1:55.19   |
| 13 Christopher Aristondo | SR | South Meck       | 1:55.36   |
| 14 Ethan Hadsell         | SR | Cardinal Gibbons | 1:55.59   |
| 15 Nathan Worsham        | SR | Millbrook        | 1:56.11   |
| 16 Tyler Burton          | SO | Reagan           | 1:56.21   |
| 17 Matthew Schoenagel    | SR | Green Level      | 1:56.22   |
| 18 Jordan Willis         | JR | Marvin Ridge     | 1:56.34   |
| 19 Christian Marrujo     | JR | Apex Friendship  | 1:56.42   |
| 20 Jacob Anderson        | SO | Cardinal Gibbons | 1:56.91   |
| 21 Broder Swenson        | JR | Broughton        | 1:57.44   |
| 22 Darren Liu            | JR | Green Level      | 1:57.58   |
| 23 Richard Tang          | JR | Ardrey Kell      | 1:57.87   |
| 24 Ryan Sutherland       | SO | Jordan           | 1:58.05   |

**Event 7 Women 50 Yard Freestyle**

| Name                | Yr | School           | Seed Time |
|---------------------|----|------------------|-----------|
| 1 Nikki Nixon       | FR | Cardinal Gibbons | 23.19     |
| 2 Aubrey Hull       | SR | Ardrey Kell      | 23.41     |
| 3 Sloane Whelehan   | FR | Green Hope       | 23.50     |
| 4 Audrey Wolk       | SR | East Chapel Hill | 23.51     |
| 5 Kelsey Stuck      | JR | Hoggard          | 23.67     |
| 6 Joslyn Bolton     | SO | Providence       | 23.90     |
| 7 Ellie Hunt        | SR | Grimsley         | 23.98     |
| 8 Brooke Bourn      | JR | N Guilford       | 24.03     |
| 9 Sophia Bellissimo | JR | Lake Norman      | 24.04     |
| 10 Mary Drummond    | FR | Myers Park       | 24.04     |
| 11 Sarah Pierson    | SR | Hoggard          | 24.07     |
| 12 Chloi Harper     | JR | Hough            | 24.12     |
| 13 Madison Winardi  | SO | Marvin Ridge     | 24.12     |
| 14 Gracie Hunt      | SR | Grimsley         | 24.23     |
| 15 Taylor Cureton   | SR | Apex             | 24.32     |
| 16 Andie Quisumbing | SR | Green Hope       | 24.32     |
| 17 Ella Krampert    | SR | South Iredell    | 24.47     |
| 18 Braelyn Miller   | FR | Millbrook        | 24.50     |
| 19 Taylor Weaver    | SO | Myers Park       | 24.50     |
| 20 Lindsay Grant    | JR | Athens Drive     | 24.57     |
| 21 Hannah Aghjayan  | SR | Myers Park       | 24.57     |
| 22 Skylar Wainio    | FR | Wakefield        | 24.58     |
| 23 Celia Canata     | JR | Marvin Ridge     | 24.58     |
| 24 Emma Carmouche   | JR | Cardinal Gibbons | 24.66     |

**Event 8 Men 50 Yard Freestyle**

| Name                     | Yr | School           | Seed Time |
|--------------------------|----|------------------|-----------|
| 1 Sean Setzer            | SR | Ashley           | 20.26     |
| 2 Nate Hohm              | SR | East Mecklenburg | 20.45     |
| 3 Christopher Zhang      | SR | Ardrey Kell      | 20.50     |
| 4 Albert Smelzer         | SO | Page             | 20.64     |
| 5 Alex Garmon            | SR | Hickory Ridge    | 20.78     |
| 6 Troy Keen              | SR | Marvin Ridge     | 21.16     |
| 7 Carter Lange           | JR | Cardinal Gibbons | 21.26     |
| 8 Matthew Honaker        | SR | Green Level      | 21.33     |
| 9 Edward Wang            | SR | Chapel Hill      | 21.36     |
| 10 Jackson Hughes        | SR | Hoggard          | 21.37     |
| 11 Connor Vargas         | SR | Reagan           | 21.41     |
| 12 Mason Kinnavy         | SR | Providence       | 21.58     |
| 13 Constantine Gaskey    | SR | West Cabarrus    | 21.59     |
| 14 Ethan Frondoza        | JR | West Forsyth     | 21.62     |
| 15 Zack Smith            | SR | Millbrook        | 21.74     |
| 16 Nathan Arredondo      | JR | Hoggard          | 21.74     |
| 17 Luke Wierwille        | SR | Corinth-Holders  | 21.80     |
| 18 Grant Larsen          |    | Pincrest         | 21.82     |
| 19 Maverick Crowell      | JR | NW Guilford      | 21.82     |
| 20 Nikita Shulgin        | JR | Hough            | 21.82     |
| 21 Connor Solvason       | SR | Cox Mill         | 21.86     |
| 22 Christopher Schilling | SR | N Guilford       | 21.88     |
| 23 Nolan Schear          | JR | Myers Park       | 21.89     |
| 24 Carter Medlin         | FR | Providence       | 21.98     |

**2024 4A State NCHSAA State Championships - 2/9/2024 to 2/10/2024****Swimming & Diving  
Host: Cardinal Gibbons HS  
Psych Sheet****Event 9 Women 1 mtr Diving**

| Name               | Yr | School           |        |
|--------------------|----|------------------|--------|
| 1 Reagan Leckner   |    | Char Catholic    | 498.70 |
| 2 Vivian Brennan   | JR | Riverside        | 440.60 |
| 3 Chloe Perkins    | SR | Cardinal Gibbons | 432.85 |
| 4 Serena Cui       | SR | East Chapel Hill | 418.15 |
| 5 Isabella Wilhelm | JR | Providence       | 412.85 |
| 6 Laila Kwong      | FR | East Chapel Hill | 411.10 |
| 7 Miley Cook       | SO | Weddington       | 389.35 |
| 8 Isabella Tessier | SO | Page             | 384.50 |
| 9 Maya Brigman     | SR | Hoggard          | 361.15 |
| 10 Elena Wang      | JR | East Chapel Hill | 356.60 |
| 11 Blythe Duley    | SO | Myers Park       | 349.50 |
| 12 Taylor Brantley | JR | Hough            | 349.05 |
| 13 Peyton Liddle   | FR | Marvin Ridge     | 347.15 |
| 14 Kaylee Kim      | SO | Panther Creek    | 346.40 |
| 15 Sinead Valero   | JR | Holly Springs    | 340.35 |
| 16 Valerie Hardin  | JR | Broughton        | 325.35 |
| 17 Olivia Fox      | JR | Hoggard          | 325.00 |
| 18 Lillian Hulls   | SR | Hoggard          | 322.60 |
| 19 Taylor Ralph    | FR | Holly Springs    | 321.70 |
| 20 Alis Yadushlivy | SO | Apex Friendship  | 316.95 |
| 21 Zoey Tabor      | SR | Providence       | 314.25 |
| 22 Rose Conley     | SR | Lake Norman      | 313.00 |
| 23 Maela Bazemore  | SO | East Mecklenburg | 312.45 |
| 24 Rebeca Ospina   | FR | Athens Drive     | 285.55 |

**Event 10 Men 1 mtr Diving**

| Name                 | Yr | School           |        |
|----------------------|----|------------------|--------|
| 1 Jacob Pollina      | SO | N Guilford       | 436.10 |
| 2 Nate Robinson      | SO | Myers Park       | 396.95 |
| 3 Mason Kramer       | SO | Char Catholic    | 384.40 |
| 4 Cooper Thomas      | SR | Cleveland        | 381.10 |
| 5 Walker Plym        | SR | South Meck       | 376.05 |
| 6 Nicholas Sweet     | SO | Enloe            | 354.55 |
| 7 Hudson Weinhausen  | JR | Holly Springs    | 351.85 |
| 8 Thor Ziobro        | FR | Enloe            | 322.20 |
| 9 Dorian Albee       | JR | Grimsley         | 315.80 |
| 10 Luke Forsyth      | FR | South Meck       | 312.95 |
| 11 Reece Efird       | SO | Myers Park       | 310.05 |
| 12 Henry Carroll     | SR | Enloe            | 304.25 |
| 13 Jacob Roberts     | FR | South Meck       | 304.15 |
| 14 Jack Adler        | SR | East Chapel Hill | 301.60 |
| 15 Tucker Bryant     | JR | Myers Park       | 294.75 |
| 16 Hugh Fitzgerald   | FR | RJ Reynolds      | 285.10 |
| 17 Bryce Nifoussi    | JR | Hoggard          | 284.85 |
| 18 Mason Black       | SR | East Mecklenburg | 279.10 |
| 19 Peyton Joncich    | JR | Cary             | 257.05 |
| 20 Walton Lamkin     | JR | RJ Reynolds      | 256.25 |
| 21 Aksel Pepper      | JR | Green Hope       | 253.55 |
| 22 Nathan Eichenseer | FR | Green Hope       | 237.35 |
| 23 George Stiff      | SR | East Mecklenburg | 236.20 |
| 24 Hagen Wilson      | FR | Cardinal Gibbons | 176.95 |

**Event 11 Women 100 Yard Butterfly**

| Name                | Yr | School           | Seed Time |
|---------------------|----|------------------|-----------|
| 1 Nikki Nixon       | FR | Cardinal Gibbons | 53.84     |
| 2 Alyssa Claborn    | JR | Lake Norman      | 54.41     |
| 3 Kayman Neal       | SR | Myers Park       | 54.56     |
| 4 Sophia Pero       | SO | Hopewell         | 55.34     |
| 5 Maeren McGonigal  | SR | Grimsley         | 55.77     |
| 6 Andie Quisumbing  | SR | Green Hope       | 55.94     |
| 7 Elodie Mitchell   | SR | Riverside        | 55.94     |
| 8 Maria Champion    | FR | Char Catholic    | 56.26     |
| 9 Taylor Crane      | SO | Broughton        | 56.79     |
| 10 Madi Hertzog     | FR | Char Catholic    | 56.90     |
| 11 Paige Thome      | SR | Cuthbertson      | 56.93     |
| 12 Carly VanNote    | SR | Marvin Ridge     | 56.98     |
| 13 Marisa White     | SR | Apex             | 57.34     |
| 14 CJ Bernado       | SO | Char Catholic    | 57.47     |
| 15 Madi Joy         | SR | Laney            | 57.64     |
| 16 Ainsley Holden   | FR | Myers Park       | 57.66     |
| 17 Lauren Patterson | SR | Watauga          | 57.67     |
| 18 Katherine Perdue | JR | West Forsyth     | 57.68     |
| 19 Taylor Cureton   | SR | Apex             | 57.73     |
| 20 Kathryn Monville | JR | Heritage         | 57.80     |
| 21 Ava Kiser        | SO | RJ Reynolds      | 57.80     |
| 22 Macy Organ       | JR | Wakefield        | 57.81     |
| 23 Lanie Holden     | SR | Myers Park       | 57.86     |
| 24 Hannah Wooten    | SO | Broughton        | 57.88     |

**Event 12 Men 100 Yard Butterfly**

| Name                   | Yr | School           | Seed Time |
|------------------------|----|------------------|-----------|
| 1 Matthew Marsteiner   | SR | Leesville Road   | 49.16     |
| 2 Lucas Li             | JR | East Chapel Hill | 49.87     |
| 3 Troy Keen            | SR | Marvin Ridge     | 50.22     |
| 4 Alex Townsend        | JR | Enloe            | 50.32     |
| 5 Maksym Nechydyuk     | SR | Ardrey Kell      | 50.45     |
| 6 Landon Lloyd         | SR | Green Hope       | 50.94     |
| 7 Gavin McCarter       | SR | Marvin Ridge     | 51.05     |
| 8 Ben Martin           | JR | East Mecklenburg | 51.25     |
| 9 Evan Prabhu          | SR | Providence       | 51.39     |
| 10 Nathan Worsham      | SR | Millbrook        | 51.42     |
| 11 Chris Erickson      | SR | Northern Durham  | 51.49     |
| 12 Zack Smith          | SR | Millbrook        | 51.57     |
| 13 Grady Gospodarek    | SO | Enloe            | 51.84     |
| 14 Nolan Schear        | JR | Myers Park       | 51.88     |
| 15 C.J. Eickhoff       | JR | Wake Forest      | 51.92     |
| 16 Nathan Hall         | JR | Hopewell         | 51.92     |
| 17 Maverick Crowell    | JR | NW Guilford      | 51.96     |
| 18 Ronan Cornpropst    | FR | Cardinal Gibbons | 52.11     |
| 19 Charles Henage      | SR | Marvin Ridge     | 52.12     |
| 20 Leo O'Keefe         | JR | Green Level      | 52.20     |
| 21 Nicholas Diacumakos | SR | Apex Friendship  | 52.26     |
| 22 Luke Wierwille      | SR | Corinth-Holders  | 52.36     |
| 23 Benjamin Leckinger  | SR | Cox Mill         | 52.36     |
| 24 Max Osman           | JR | South Meck       | 52.41     |
| 25 Ryan Chiu           | SO | Ardrey Kell      | 52.41     |

**2024 4A State NCHSAA State Championships - 2/9/2024 to 2/10/2024****Swimming & Diving  
Host: Cardinal Gibbons HS  
Psych Sheet****Event 13 Women 100 Yard Freestyle**

| Name                 | Yr | School           | Seed Time |
|----------------------|----|------------------|-----------|
| 1 Eliza Wallace      | SO | Ardrey Kell      | 50.62     |
| 2 Mere Whelehan      | JR | Green Hope       | 50.70     |
| 3 Kaylee McDonald    | SR | Marvin Ridge     | 50.85     |
| 4 Isabel Wolk        | SO | East Chapel Hill | 51.31     |
| 5 Joslyn Bolton      | SO | Providence       | 51.47     |
| 6 Sydney Holfelder   | JR | Apex Friendship  | 51.54     |
| 7 Chloe Light        | SO | Enloe            | 51.57     |
| 8 Shayna Elgart      | SO | Broughton        | 51.73     |
| 9 McKenna Patrick    | SR | Cuthbertson      | 51.78     |
| 10 Ellie Hunt        | SR | Grimsley         | 52.11     |
| 11 Brooke Bourn      | JR | N Guilford       | 52.20     |
| 12 Madison Winardi   | SO | Marvin Ridge     | 52.20     |
| 13 Mary Drummond     | FR | Myers Park       | 52.52     |
| 14 Sarah Pierson     | SR | Hoggard          | 52.61     |
| 15 Sophia Bellissimo | JR | Lake Norman      | 52.68     |
| 16 Chloe Mihaly      | JR | Riverside        | 52.81     |
| 17 Logan Leckner     | SR | Char Catholic    | 52.90     |
| 18 Claire Oettinger  | SR | Providence       | 52.91     |
| 19 Ella Krampert     | SR | South Iredell    | 53.03     |
| 20 Juliet Burroughs  | JR | New Hanover      | 53.27     |
| 21 Reese Briggs      | JR | South Meck       | 53.45     |
| 22 Ava Kiser         | SO | RJ Reynolds      | 53.54     |
| 23 Braelyn Miller    | FR | Millbrook        | 53.64     |
| 24 Riley Hagmann     | FR | Broughton        | 54.02     |

**Event 14 Men 100 Yard Freestyle**

| Name                | Yr | School           | Seed Time |
|---------------------|----|------------------|-----------|
| 1 Christopher Zhang | SR | Ardrey Kell      | 44.64     |
| 2 Sean Setzer       | SR | Ashley           | 44.95     |
| 3 Michael Rice      | SO | Marvin Ridge     | 45.17     |
| 4 Albert Smelzer    | SO | Page             | 45.23     |
| 5 Nate Hohm         | SR | East Mecklenburg | 45.25     |
| 6 Cameron Bucci     | JR | Myers Park       | 46.12     |
| 7 Alex Garmon       | SR | Hickory Ridge    | 46.23     |
| 8 Hil Lindsay       | SR | Myers Park       | 46.57     |
| 9 Carter Lange      | JR | Cardinal Gibbons | 46.73     |
| 10 Drew Sito        | FR | Sanderson        | 46.98     |
| 11 Nathan Arredondo | JR | Hoggard          | 47.05     |
| 12 Axel Mori        | SR | Leesville Road   | 47.29     |
| 13 Cooper Wiese     | JR | Cardinal Gibbons | 47.30     |
| 14 Connor Solvason  | SR | Cox Mill         | 47.45     |
| 15 Connor Vargas    | SR | Reagan           | 47.45     |
| 16 Edward Wang      | SR | Chapel Hill      | 47.48     |
| 17 Grant Larsen     |    | Pinecrest        | 47.56     |
| 18 Parker Murphy    | SO | Hickory Ridge    | 47.63     |
| 19 Mason Kinnavy    | SR | Providence       | 47.78     |
| 20 Dylan Stewart    | FR | Marvin Ridge     | 47.98     |
| 21 Carter Medlin    | FR | Providence       | 48.28     |
| 22 Max Halpern      | FR | East Chapel Hill | 48.32     |
| 23 Andrew Volpe     | SR | Chapel Hill      | 48.34     |
| 24 Matthew Honaker  | SR | Green Level      | 48.40     |

**Event 15 Women 500 Yard Freestyle**

| Name                 | Yr | School           | Seed Time |
|----------------------|----|------------------|-----------|
| 1 Madison Schmitz    | FR | Rolesville       | 4:54.76   |
| 2 Charlotte LePage   | JR | Marvin Ridge     | 4:54.76   |
| 3 Nicole Zettel      | JR | Apex Friendship  | 4:55.75   |
| 4 Katherine Guenther | FR | Myers Park       | 5:00.12   |
| 5 Marisa White       | SR | Apex             | 5:01.48   |
| 6 Taylor Goodwin     | JR | TC Roberson      | 5:03.31   |
| 7 Meghan Hadsell     | SO | Cardinal Gibbons | 5:03.92   |
| 8 Nola Meekins       | FR | Green Hope       | 5:04.21   |
| 9 Sophie Thornburg   | SO | Jordan           | 5:04.55   |
| 10 Ariel Kong        | FR | Marvin Ridge     | 5:04.77   |
| 11 Esther Ghim       | SR | Enloe            | 5:05.65   |
| 12 Sarah Virkler     | SR | Providence       | 5:05.86   |
| 13 Kate Serens       | FR | New Hanover      | 5:07.23   |
| 14 Mackenzie Collins | SO | Jordan           | 5:07.45   |
| 15 Chloe Mihaly      | JR | Riverside        | 5:07.46   |
| 16 Riley Hawkins     | JR | Leesville Road   | 5:07.65   |
| 17 Emma Lee          | SR | Marvin Ridge     | 5:07.85   |
| 18 Annabel Townsend  | FR | Enloe            | 5:09.50   |
| 19 Audrey Pardue     | JR | Char Catholic    | 5:09.72   |
| 20 Caroline Largen   | JR | South Meck       | 5:09.99   |
| 21 Tanith Mueller    | JR | Apex             | 5:11.98   |
| 22 Emily Wrenn       | SO | Heritage         | 5:12.09   |
| 23 Emma Barr         | SO | Lake Norman      | 5:13.66   |
| 24 Reese Bednar      | JR | Marvin Ridge     | 5:14.83   |

**Event 16 Men 500 Yard Freestyle**

| Name                  | Yr | School           | Seed Time |
|-----------------------|----|------------------|-----------|
| 1 Matthew Marsteiner  | SR | Leesville Road   | 4:21.66   |
| 2 Hudson DeGroote     | SR | South Garner     | 4:27.63   |
| 3 Aaron Davidson      | JR | Sanderson        | 4:29.56   |
| 4 Wilson Tuttle       | SR | Broughton        | 4:32.02   |
| 5 Jack Rutledge       | JR | Providence       | 4:33.19   |
| 6 Cooper Nicholson    | SR | East Chapel Hill | 4:36.21   |
| 7 Jack Haywood        | SR | Providence       | 4:38.66   |
| 8 Colton Chaires      | FR | East Chapel Hill | 4:38.96   |
| 9 Liam Drake          | FR | Cardinal Gibbons | 4:39.87   |
| 10 Broder Swenson     | JR | Broughton        | 4:41.16   |
| 11 Connor Peck        | SR | Green Level      | 4:42.44   |
| 12 Ben Smith          | SO | Millbrook        | 4:42.85   |
| 13 Adam Polzien       | SO | Marvin Ridge     | 4:43.59   |
| 14 Cooper Beebe       | SR | Athens Drive     | 4:43.69   |
| 15 Benjamin Pritchard | SR | Northern Durham  | 4:44.05   |
| 16 Carson West        | SO | Hough            | 4:44.26   |
| 17 Elijah Nelson      | JR | Leesville Road   | 4:44.72   |
| 18 Charles Henage     | SR | Marvin Ridge     | 4:45.62   |
| 19 Maximilian Marrujo | SR | Apex Friendship  | 4:46.50   |
| 20 Jordan Matz        | SO | Cary             | 4:46.63   |
| 21 Ethan Emerton      | SR | Cardinal Gibbons | 4:46.92   |
| 22 Wyatt Herger       | JR | Hopewell         | 4:47.35   |
| 23 Christian Marrujo  | JR | Apex Friendship  | 4:49.84   |
| 24 Jack Neudecker     | JR | Wake Forest      | 4:49.99   |

**2024 4A State NCHSAA State Championships - 2/9/2024 to 2/10/2024**

**Swimming & Diving  
Host: Cardinal Gibbons HS  
Psych Sheet**

**Event 17 Women 200 Yard Freestyle Relay**

| Team               | Relay | Seed Time |
|--------------------|-------|-----------|
| 1 Green Hope       |       | 1:35.41   |
| 2 Myers Park       |       | 1:35.70   |
| 3 Lake Norman      |       | 1:36.09   |
| 4 Marvin Ridge     |       | 1:36.49   |
| 5 Hoggard          |       | 1:36.73   |
| 6 Cardinal Gibbons |       | 1:37.22   |
| 7 Grimsley         |       | 1:37.55   |
| 8 Providence       |       | 1:37.92   |
| 9 East Chapel Hill |       | 1:38.14   |
| 10 Broughton       |       | 1:38.33   |
| 11 Char Catholic   |       | 1:38.78   |
| 12 South Meck      |       | 1:39.02   |
| 13 Heritage        |       | 1:39.66   |
| 14 Apex            |       | 1:39.71   |
| 15 Riverside       |       | 1:39.90   |
| 16 Wakefield       |       | 1:40.30   |
| 17 Hough           |       | 1:40.43   |
| 18 Weddington      |       | 1:40.60   |
| 19 Sanderson       |       | 1:41.39   |
| 20 Athens Drive    |       | 1:41.40   |
| 21 Cary            |       | 1:41.53   |
| 22 Leesville Road  |       | 1:41.72   |
| 23 Laney           |       | 1:42.26   |
| 24 Mount Tabor     |       | 1:42.45   |

**Event 18 Men 200 Yard Freestyle Relay**

| Team                | Relay | Seed Time |
|---------------------|-------|-----------|
| 1 Marvin Ridge      |       | 1:23.67   |
| 2 Ardrey Kell       |       | 1:24.10   |
| 3 Ashley            |       | 1:24.82   |
| 4 Myers Park        |       | 1:24.98   |
| 5 Hoggard           |       | 1:25.12   |
| 6 Chapel Hill       |       | 1:26.60   |
| 7 Cardinal Gibbons  |       | 1:26.74   |
| 8 East Mecklenburg  |       | 1:26.87   |
| 9 Page              |       | 1:27.55   |
| 10 Green Level      |       | 1:27.72   |
| 11 Green Hope       |       | 1:27.98   |
| 12 Broughton        |       | 1:28.13   |
| 13 East Chapel Hill |       | 1:28.15   |
| 14 Providence       |       | 1:28.35   |
| 15 Athens Drive     |       | 1:29.02   |
| 16 Sanderson        |       | 1:29.46   |
| 17 Wake Forest      |       | 1:29.77   |
| 18 Mount Tabor      |       | 1:29.86   |
| 19 Davie            |       | 1:30.00   |
| 20 Corinth-Holders  |       | 1:30.05   |
| 21 Heritage         |       | 1:30.07   |
| 22 South Meck       |       | 1:30.10   |
| 23 Reagan           |       | 1:30.95   |
| 24 Hopewell         |       | 1:31.10   |

**Event 19 Women 100 Yard Backstroke**

| Name                 | Yr | School           | Seed Time |
|----------------------|----|------------------|-----------|
| 1 Aubrey Hull        | SR | Ardrey Kell      | 53.25     |
| 2 Alyssa Claborn     | JR | Lake Norman      | 53.61     |
| 3 Lauren Bernardo    | SR | Char Catholic    | 54.24     |
| 4 Kayman Neal        | SR | Myers Park       | 54.57     |
| 5 Kelsey Stuck       | JR | Hoggard          | 55.44     |
| 6 Shaelyn Shields    | JR | Providence       | 55.93     |
| 7 Samantha Rydzewski | SR | Middle Creek     | 55.97     |
| 8 Maeren McGonigal   | SR | Grimsley         | 55.99     |
| 9 Julia Pou          | SO | Myers Park       | 56.27     |
| 10 Shayna Elgart     | SO | Broughton        | 56.70     |
| 11 Carly VanNote     | SR | Marvin Ridge     | 57.44     |
| 12 Emmaline Reddick  | SO | South Meck       | 57.67     |
| 13 Olivia White      | FR | Ardrey Kell      | 57.74     |
| 14 Gracie Hunt       | SR | Grimsley         | 57.82     |
| 15 Sophie Perry      | JR | Apex             | 57.96     |
| 16 Madi Joy          | SR | Laney            | 57.97     |
| 17 Camden Robertson  | FR | RJ Reynolds      | 58.01     |
| 18 Claire Farrell    | JR | Reagan           | 58.20     |
| 19 Mackenzie Collins | SO | Jordan           | 58.37     |
| 20 Grayson Brewster  | FR | Weddington       | 58.41     |
| 21 Nola Meekins      | FR | Green Hope       | 58.57     |
| 22 Kate Serens       | FR | New Hanover      | 58.65     |
| 23 Juliet Sefried    | SO | Cardinal Gibbons | 59.73     |
| 24 Carmen Cardinale  | JR | Leesville Road   | 59.89     |

**Event 20 Men 100 Yard Backstroke**

| Name                     | Yr | School           | Seed Time |
|--------------------------|----|------------------|-----------|
| 1 William Witmer         | SR | Hoggard          | 48.76     |
| 2 James Bennison         | SR | Heritage         | 48.98     |
| 3 Davis Jackson          | FR | Leesville Road   | 49.56     |
| 4 Abhay Tharakan         | JR | Apex             | 50.02     |
| 5 Chris Erickson         | SR | Northern Durham  | 50.08     |
| 6 Ian Stutts             | JR | Enloe            | 50.72     |
| 7 Drew Sito              | FR | Sanderson        | 50.80     |
| 8 Isaac Holtham          | SR | Ardrey Kell      | 50.96     |
| 9 Leo O'Keefe            | JR | Green Level      | 51.20     |
| 10 Christian Smith       | SR | Cardinal Gibbons | 51.37     |
| 11 Christopher Aristondo | SR | South Meck       | 51.59     |
| 12 Brian Farrell         | SR | Green Hope       | 51.66     |
| 13 Ethan Hadsell         | SR | Cardinal Gibbons | 51.90     |
| 14 Hil Lindsay           | SR | Myers Park       | 52.00     |
| 15 Charles Heisig        | SR | Marvin Ridge     | 52.05     |
| 16 Ethan Frondoza        | JR | West Forsyth     | 52.22     |
| 17 Brady Tangeman        | SR | Apex Friendship  | 52.48     |
| 18 Quinn O'Mara          | JR | Marvin Ridge     | 52.69     |
| 19 Wyatt Herger          | JR | Hopewell         | 52.70     |
| 20 Jonathan Palamar      | FR | Green Level      | 52.75     |
| 21 C.J Eickhoff          | JR | Wake Forest      | 52.89     |
| 22 Cooper Nicholson      | SR | East Chapel Hill | 52.92     |
| 23 Ethan Liang           | SO | Chapel Hill      | 52.93     |
| 24 Ryan West             | SR | Middle Creek     | 53.00     |

**2024 4A State NCHSAA State Championships - 2/9/2024 to 2/10/2024****Swimming & Diving  
Host: Cardinal Gibbons HS  
Psych Sheet****Event 21 Women 100 Yard Breaststroke**

| Name                | Yr | School           | Seed Time |
|---------------------|----|------------------|-----------|
| 1 Eliza Wallace     | SO | Ardrey Kell      | 1:00.47   |
| 2 Avery Klamfoth    | SO | Myers Park       | 1:01.29   |
| 3 Emma Thomas       | SO | Leesville Road   | 1:03.08   |
| 4 Alyssa Jackson    | SR | Leesville Road   | 1:03.22   |
| 5 Audrey Deras      | FR | Cleveland        | 1:03.42   |
| 6 Amelia Betancourt | JR | Lake Norman      | 1:03.44   |
| 7 Sofia Plaza       | SR | Myers Park       | 1:03.56   |
| 8 Avery Vassil      | JR | Marvin Ridge     | 1:03.87   |
| 9 Abby Druhan       | SR | Char Catholic    | 1:03.91   |
| 10 Lily Willis      | JR | Green Level      | 1:04.09   |
| 11 Janice Qiu       | SO | Green Hope       | 1:04.12   |
| 12 Sarah Henderson  | SO | Hopewell         | 1:04.26   |
| 13 Mia Jeltema      | JR | Green Hope       | 1:04.42   |
| 14 Kaidy Stout      | FR | West Forsyth     | 1:04.68   |
| 15 Caroline Largen  | JR | South Meck       | 1:04.73   |
| 16 Blythe Holloway  | SR | Athens Drive     | 1:04.90   |
| 17 Celia Canata     | JR | Marvin Ridge     | 1:05.16   |
| 18 Audrey Wolk      | SR | East Chapel Hill | 1:05.25   |
| 19 Grace Tuchi      | SR | Myers Park       | 1:05.26   |
| 20 Katya Ivanov     | SR | Apex             | 1:05.27   |
| 21 Taylor Hall      | SO | Hopewell         | 1:05.33   |
| 22 Kathryn Kern     | SO | Char Catholic    | 1:05.42   |
| 23 Katelyn Lickfold | SO | Cardinal Gibbons | 1:06.54   |
| 24 Grace Pereira    | FR | Cardinal Gibbons | 1:06.76   |

**Event 22 Men 100 Yard Breaststroke**

| Name                  | Yr | School           | Seed Time |
|-----------------------|----|------------------|-----------|
| 1 Jordan Willis       | JR | Marvin Ridge     | 54.97     |
| 2 Grayson Nye         | SR | Middle Creek     | 55.19     |
| 3 Maksym Nechydyuk    | SR | Ardrey Kell      | 56.92     |
| 4 Bence Burton        | JR | Reagan           | 57.20     |
| 5 Alex Townsend       | JR | Enloe            | 57.23     |
| 6 Cameron Bucci       | JR | Myers Park       | 57.37     |
| 7 Jack Gessner        | SR | Providence       | 57.60     |
| 8 Mark Brown          |    | Western Guilford | 57.69     |
| 9 Griffin Jones       | SR | Page             | 57.71     |
| 10 Dane Hogan         | JR | Holly Springs    | 57.74     |
| 11 Constantine Gaskey | SR | West Cabarrus    | 57.94     |
| 12 Matthew Schoenagel | SR | Green Level      | 58.06     |
| 13 Gabe Hardy         | FR | Char Catholic    | 58.39     |
| 14 Ryan Sutherland    | SO | Jordan           | 58.49     |
| 15 Trevor O'Sullivan  | JR | Cuthbertson      | 58.60     |
| 16 Tobias Winardi     | SR | Marvin Ridge     | 58.62     |
| 17 Tyler Burton       | SO | Reagan           | 58.63     |
| 18 Gavin McCarter     | SR | Marvin Ridge     | 59.23     |
| 19 Ethan Emerton      | SR | Cardinal Gibbons | 59.25     |
| 20 Darren Liu         | JR | Green Level      | 59.28     |
| 21 Jackson Scheiber   | JR | Athens Drive     | 59.52     |
| 22 Zach Richardson    | SR | Cardinal Gibbons | 59.61     |
| 23 Ben Aston          | SR | Corinth-Holders  | 59.97     |
| 24 Nick John          | JR | Cardinal Gibbons | 59.99     |

**Event 23 Women 400 Yard Freestyle Relay**

| Team                | Relay | Seed Time |
|---------------------|-------|-----------|
| 1 Marvin Ridge      |       | 3:27.27   |
| 2 Myers Park        |       | 3:27.47   |
| 3 Char Catholic     |       | 3:29.52   |
| 4 Green Hope        |       | 3:30.22   |
| 5 Ardrey Kell       |       | 3:30.53   |
| 6 Providence        |       | 3:32.03   |
| 7 Broughton         |       | 3:33.32   |
| 8 Apex Friendship   |       | 3:35.02   |
| 9 Cardinal Gibbons  |       | 3:35.23   |
| 10 Apex             |       | 3:35.98   |
| 11 Hough            |       | 3:36.40   |
| 12 East Chapel Hill |       | 3:37.22   |
| 13 Riverside        |       | 3:37.24   |
| 14 Hopewell         |       | 3:37.38   |
| 15 Enloe            |       | 3:37.97   |
| 16 Cuthbertson      |       | 3:38.42   |
| 17 Jordan           |       | 3:38.63   |
| 18 Middle Creek     |       | 3:38.71   |
| 19 South Meck       |       | 3:38.91   |
| 20 RJ Reynolds      |       | 3:40.86   |
| 21 Weddington       |       | 3:41.06   |
| 22 Leesville Road   |       | 3:42.36   |
| 23 Sanderson        |       | 3:43.43   |
| 24 Topsail          |       | 3:44.32   |

**Event 24 Men 400 Yard Freestyle Relay**

| Team               | Relay | Seed Time |
|--------------------|-------|-----------|
| 1 Leesville Road   |       | 3:08.99   |
| 2 Providence       |       | 3:09.50   |
| 3 Cardinal Gibbons |       | 3:09.98   |
| 4 East Mecklenburg |       | 3:09.99   |
| 5 Marvin Ridge     |       | 3:10.22   |
| 6 East Chapel Hill |       | 3:10.90   |
| 7 Millbrook        |       | 3:11.90   |
| 8 Enloe            |       | 3:12.41   |
| 9 Hickory Ridge    |       | 3:13.80   |
| 10 Broughton       |       | 3:13.87   |
| 11 Cox Mill        |       | 3:14.00   |
| 12 Apex Friendship |       | 3:14.26   |
| 13 Reagan          |       | 3:14.32   |
| 14 South Meck      |       | 3:15.68   |
| 15 Green Hope      |       | 3:15.80   |
| 16 Ardrey Kell     |       | 3:17.49   |
| 17 Jordan          |       | 3:17.96   |
| 18 Myers Park      |       | 3:18.99   |
| 19 Grimsley        |       | 3:19.31   |
| 20 Corinth-Holders |       | 3:19.43   |
| 21 N Guilford      |       | 3:19.94   |
| 22 Hough           |       | 3:20.73   |
| 23 Cary            |       | 3:20.77   |
| 24 NW Guilford     |       | 3:21.00   |