

**2024 4A State NCHSAA State Championships - 2/9/2024 to 2/10/2024**

**Swimming & Diving  
Host: Cardinal Gibbons HS  
Psych Sheet**

<b>Event 1 Women 200 Yard Medley Relay</b>		
<b>Team</b>	<b>Relay</b>	<b>Seed Time</b>
1 Myers Park		1:42.48
2 Ardrey Kell		1:43.42
3 Lake Norman		1:44.07
4 Char Catholic		1:44.63
5 Hopewell		1:46.10
6 Hoggard		1:46.13
7 Apex		1:46.30
8 Green Hope		1:46.72
9 Marvin Ridge		1:46.86
10 Grimsley		1:48.12
11 Leesville Road		1:48.20
12 Cuthbertson		1:48.59
13 Providence		1:48.74
14 Cardinal Gibbons		1:49.59
15 Broughton		1:50.13
16 Green Level		1:50.29
17 Athens Drive		1:50.61
18 TC Roberson		1:51.77
19 Middle Creek		1:51.77
20 Reagan		1:51.77
21 Enloe		1:51.94
22 West Forsyth		1:51.98
23 Hough		1:52.04
24 Ashley		1:52.16

<b>Event 2 Men 200 Yard Medley Relay</b>		
<b>Team</b>	<b>Relay</b>	<b>Seed Time</b>
1 Marvin Ridge		1:30.96
2 Ardrey Kell		1:32.64
3 Hoggard		1:33.18
4 Leesville Road		1:33.50
5 Ashley		1:34.06
6 Cardinal Gibbons		1:34.16
7 Myers Park		1:34.25
8 Providence		1:34.86
9 Page		1:34.87
10 Green Level		1:35.33
11 Chapel Hill		1:36.14
12 Enloe		1:36.56
13 Cox Mill		1:37.35
14 Reagan		1:38.03
15 Wake Forest		1:38.23
16 Apex Friendship		1:38.72
17 Hickory Ridge		1:38.89
18 Millbrook		1:39.07
19 NW Guilford		1:39.11
20 Athens Drive		1:39.15
21 Jordan		1:39.24
22 Cuthbertson		1:39.56
23 Mount Tabor		1:39.88
24 Heritage		1:39.92

<b>Event 3 Women 200 Yard Freestyle</b>				
<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Seed Time</b>	
1 Kaylee McDonald	SR	Marvin Ridge	1:48.99	
2 Mere Whelehan	JR	Green Hope	1:49.02	
3 Isabel Wolk	SO	East Chapel Hill	1:49.74	
4 Madison Schmitz	FR	Rolesville	1:50.02	
5 Sloane Whelehan	FR	Green Hope	1:50.27	
6 McKenna Patrick	SR	Cuthbertson	1:50.86	
7 Sophia Pero	SO	Hopewell	1:51.02	
8 Sydney Holfelder	JR	Apex Friendship	1:51.09	
9 Elodie Mitchell	SR	Riverside	1:51.79	
10 Samantha Rydzewski	SR	Middle Creek	1:51.82	
11 Katherine Guenther	FR	Myers Park	1:51.87	
12 Chloe Light	SO	Enloe	1:52.28	
13 Taylor Goodwin	JR	TC Roberson	1:52.62	
14 Sophie Perry	JR	Apex	1:53.20	
15 Riley Hawkins	JR	Leesville Road	1:53.40	
16 Camden Robertson	FR	RJ Reynolds	1:53.42	
17 Amelia Amadio	JR	Hough	1:53.45	
18 Sophie Thornburg	SO	Jordan	1:53.60	
19 Juliet Burroughs	JR	New Hanover	1:53.70	
20 Meghan Hadsell	SO	Cardinal Gibbons	1:53.92	
21 Kathryn Monville	JR	Heritage	1:54.38	
22 Grace Tuchi	SR	Myers Park	1:54.72	
23 Ariel Kong	FR	Marvin Ridge	1:54.83	
24 Emma Barr	SO	Lake Norman	1:54.93	

<b>Event 4 Men 200 Yard Freestyle</b>				
<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Seed Time</b>	
1 James Bennison	SR	Heritage	1:39.14	
2 Michael Rice	SO	Marvin Ridge	1:39.93	
3 Jack Haywood	SR	Providence	1:40.31	
4 Aaron Davidson	JR	Sanderson	1:40.42	
5 Wilson Tuttle	SR	Broughton	1:40.48	
6 Hudson DeGroote	SR	South Garner	1:41.10	
7 Lucas Li	JR	East Chapel Hill	1:41.15	
8 Jackson Scheiber	JR	Athens Drive	1:41.46	
9 Cooper Wiese	JR	Cardinal Gibbons	1:41.94	
10 Kyle Wilburn	FR	Cox Mill	1:42.01	
11 Jack Rutledge	JR	Providence	1:42.41	
12 Evan Prabhu	SR	Providence	1:42.61	
13 Brian Farrell	SR	Green Hope	1:43.11	
14 Ben Martin	JR	East Mecklenburg	1:43.42	
15 Nicholas Diacumakos	SR	Apex Friendship	1:43.83	
16 Max Osman	JR	South Meck	1:44.29	
17 Maximilian Marrujo	SR	Apex Friendship	1:44.44	
18 Dylan Stewart	FR	Marvin Ridge	1:44.47	
19 Benjamin Dudley	JR	Asheville	1:44.52	
20 Tate Alexander	SO	East Mecklenburg	1:44.62	
21 Vaughn Muir	FR	SW Guilford	1:44.65	
22 Landon Lloyd	SR	Green Hope	1:45.15	
23 Benjamin Pritchard	SR	Northern Durham	1:45.32	
24 Ben Smith	SO	Millbrook	1:45.39	

**2024 4A State NCHSAA State Championships - 2/9/2024 to 2/10/2024**

**Swimming & Diving  
Host: Cardinal Gibbons HS  
Psych Sheet**

**Event 5 Women 200 Yard IM**

Name	Yr	School	Seed Time
1 Avery Klamfoth	SO	Myers Park	1:59.57
2 Sofia Plaza	SR	Myers Park	2:00.83
3 Lauren Bernardo	SR	Char Catholic	2:01.73
4 Lily Willis	JR	Green Level	2:01.76
5 Nicole Zettel	JR	Apex Friendship	2:03.26
6 Shaelyn Shields	JR	Providence	2:03.93
7 Paige Thome	SR	Cuthbertson	2:05.01
8 Taylor Crane	SO	Broughton	2:05.07
9 Maria Champion	FR	Char Catholic	2:05.26
10 Emmaline Reddick	SO	South Meck	2:05.33
11 Katya Ivanov	SR	Apex	2:05.55
12 Abby Druhan	SR	Char Catholic	2:05.69
13 Ellie Druhan	FR	Char Catholic	2:05.97
14 Julia Pou	SO	Myers Park	2:06.02
15 Avery Vassil	JR	Marvin Ridge	2:06.13
16 Caroline Furbay	JR	Ashley	2:06.27
17 Mia Jeltema	JR	Green Hope	2:06.32
18 Blythe Holloway	SR	Athens Drive	2:06.34
19 Kyley Lloyd	SO	Green Hope	2:07.34
20 Macie McCarter	SO	Marvin Ridge	2:07.37
21 Breanna Smith	SR	Panther Creek	2:08.16
22 Emma Thomas	SO	Leesville Road	2:08.80
23 Juliet Sefried	SO	Cardinal Gibbons	2:09.09
24 Grace Pereira	FR	Cardinal Gibbons	2:10.52

**Event 6 Men 200 Yard IM**

Name	Yr	School	Seed Time
1 Charles Heisig	SR	Marvin Ridge	1:50.44
2 William Witmer	SR	Hoggard	1:50.87
3 Ian Stutts	JR	Enloe	1:50.90
4 Isaac Holtham	SR	Ardrey Kell	1:51.04
5 Grayson Nye	SR	Middle Creek	1:51.55
6 Bence Burton	JR	Reagan	1:52.78
7 Davis Jackson	FR	Leesville Road	1:53.04
8 Tobias Winardi	SR	Marvin Ridge	1:53.82
9 Axel Mori	SR	Leesville Road	1:54.36
10 Griffin Jones	SR	Page	1:54.94
11 Quinn O'Mara	JR	Marvin Ridge	1:55.18
12 Mark Brown		Western Guilford	1:55.19
13 Christopher Aristondo	SR	South Meck	1:55.36
14 Ethan Hadsell	SR	Cardinal Gibbons	1:55.59
15 Nathan Worsham	SR	Millbrook	1:56.11
16 Tyler Burton	SO	Reagan	1:56.21
17 Matthew Schoenagel	SR	Green Level	1:56.22
18 Jordan Willis	JR	Marvin Ridge	1:56.34
19 Christian Marrujo	JR	Apex Friendship	1:56.42
20 Jacob Anderson	SO	Cardinal Gibbons	1:56.91
21 Broder Swenson	JR	Broughton	1:57.44
22 Darren Liu	JR	Green Level	1:57.58
23 Richard Tang	JR	Ardrey Kell	1:57.87
24 Ryan Sutherland	SO	Jordan	1:58.05

**Event 7 Women 50 Yard Freestyle**

Name	Yr	School	Seed Time
1 Nikki Nixon	FR	Cardinal Gibbons	23.19
2 Aubrey Hull	SR	Ardrey Kell	23.41
3 Sloane Whelehan	FR	Green Hope	23.50
4 Audrey Wolk	SR	East Chapel Hill	23.51
5 Kelsey Stuck	JR	Hoggard	23.67
6 Joslyn Bolton	SO	Providence	23.90
7 Ellie Hunt	SR	Grimsley	23.98
8 Brooke Bourn	JR	N Guilford	24.03
9 Sophia Bellissimo	JR	Lake Norman	24.04
10 Mary Drummond	FR	Myers Park	24.04
11 Sarah Pierson	SR	Hoggard	24.07
12 Chloi Harper	JR	Hough	24.12
13 Madison Winardi	SO	Marvin Ridge	24.12
14 Gracie Hunt	SR	Grimsley	24.23
15 Taylor Cureton	SR	Apex	24.32
16 Andie Quisumbing	SR	Green Hope	24.32
17 Ella Krampert	SR	South Iredell	24.47
18 Braelyn Miller	FR	Millbrook	24.50
19 Taylor Weaver	SO	Myers Park	24.50
20 Lindsay Grant	JR	Athens Drive	24.57
21 Hannah Aghjayan	SR	Myers Park	24.57
22 Skylar Wainio	FR	Wakefield	24.58
23 Celia Canata	JR	Marvin Ridge	24.58
24 Emma Carmouche	JR	Cardinal Gibbons	24.66

**Event 8 Men 50 Yard Freestyle**

Name	Yr	School	Seed Time
1 Sean Setzer	SR	Ashley	20.26
2 Nate Hohm	SR	East Mecklenburg	20.45
3 Christopher Zhang	SR	Ardrey Kell	20.50
4 Albert Smelzer	SO	Page	20.64
5 Alex Garmon	SR	Hickory Ridge	20.78
6 Troy Keen	SR	Marvin Ridge	21.16
7 Carter Lange	JR	Cardinal Gibbons	21.26
8 Matthew Honaker	SR	Green Level	21.33
9 Edward Wang	SR	Chapel Hill	21.36
10 Jackson Hughes	SR	Hoggard	21.37
11 Connor Vargas	SR	Reagan	21.41
12 Mason Kinnavy	SR	Providence	21.58
13 Constantine Gaskey	SR	West Cabarrus	21.59
14 Ethan Frondoza	JR	West Forsyth	21.62
15 Zack Smith	SR	Millbrook	21.74
16 Nathan Arredondo	JR	Hoggard	21.74
17 Luke Wierwille	SR	Corinth-Holders	21.80
18 Grant Larsen		Pincrest	21.82
19 Maverick Crowell	JR	NW Guilford	21.82
20 Nikita Shulgin	JR	Hough	21.82
21 Connor Solvason	SR	Cox Mill	21.86
22 Christopher Schilling	SR	N Guilford	21.88
23 Nolan Schear	JR	Myers Park	21.89
24 Carter Medlin	FR	Providence	21.98

**2024 4A State NCHSAA State Championships - 2/9/2024 to 2/10/2024**

**Swimming & Diving  
Host: Cardinal Gibbons HS  
Psych Sheet**

**Event 9 Women 1 mtr Diving**

Name	Yr	School	Time
1 Reagan Leckner		Char Catholic	498.70
2 Chloe Perkins	SR	Cardinal Gibbons	458.70
3 Vivian Brennan	JR	Riverside	440.60
4 Serena Cui	SR	East Chapel Hill	418.15
5 Isabella Wilhelm	JR	Providence	412.85
6 Laila Kwong	FR	East Chapel Hill	411.10
7 Miley Cook	SO	Weddington	389.35
8 Isabella Tessier	SO	Page	384.50
9 Valerie Hardin	JR	Broughton	361.40
10 Elena Wang	JR	East Chapel Hill	356.60
11 Blythe Duley	SO	Myers Park	349.50
12 Taylor Brantley	JR	Hough	349.05
13 Peyton Liddle	FR	Marvin Ridge	347.15
14 Kaylee Kim	SO	Panther Creek	346.40
15 Sinead Valero	JR	Holly Springs	340.35
16 Taylor Ralph	FR	Holly Springs	321.70
17 Maya Brigman	SR	Hoggard	321.40
18 Alis Yadushlivy	SO	Apex Friendship	316.95
19 Zoey Tabor	SR	Providence	314.25
20 Rose Conley	SR	Lake Norman	313.00
21 Maela Bazemore	SO	East Mecklenburg	312.45
22 Olivia Fox	JR	Hoggard	306.65
23 Rebeca Ospina	FR	Athens Drive	304.95
24 Lillian Hulls	SR	Hoggard	295.35

**Event 10 Men 1 mtr Diving**

Name	Yr	School	Time
1 Cooper Thomas	SR	Cleveland	443.70
2 Jacob Pollina	SO	N Guilford	436.10
3 Nate Robinson	SO	Myers Park	396.95
4 Mason Kramer	SO	Char Catholic	384.40
5 Walker Plym	SR	South Meck	376.05
6 Nicholas Sweet	SO	Enloe	373.50
7 Thor Ziobro	FR	Enloe	362.15
8 Hudson Weinhausen	JR	Holly Springs	351.85
9 Henry Carroll	SR	Enloe	339.25
10 Bryce Nifoussi	JR	Hoggard	317.75
11 Dorian Albee	JR	Grimsley	315.80
12 Luke Forsyth	FR	South Meck	312.95
13 Reece Efird	SO	Myers Park	310.05
14 Jacob Roberts	FR	South Meck	304.15
15 Jack Adler	SR	East Chapel Hill	301.60
16 Colton Groff	SR	Leesville Road	297.55
17 Tucker Bryant	JR	Myers Park	294.75
18 Hugh Fitzgerald	FR	RJ Reynolds	285.10
19 Mason Black	SR	East Mecklenburg	279.10
20 Peyton Joncich	JR	Cary	257.05
21 Walton Lamkin	JR	RJ Reynolds	256.25
22 Aksel Pepper	JR	Green Hope	253.55
23 Nathan Eichenseer	FR	Green Hope	237.35
24 George Stiff	SR	East Mecklenburg	236.20

**Event 11 Women 100 Yard Butterfly**

Name	Yr	School	Seed Time
1 Nikki Nixon	FR	Cardinal Gibbons	53.84
2 Alyssa Claborn	JR	Lake Norman	54.41
3 Kayman Neal	SR	Myers Park	54.56
4 Sophia Pero	SO	Hopewell	55.34
5 Maeren McGonigal	SR	Grimsley	55.77
6 Andie Quisumbing	SR	Green Hope	55.94
7 Elodie Mitchell	SR	Riverside	55.94
8 Maria Champion	FR	Char Catholic	56.26
9 Taylor Crane	SO	Broughton	56.79
10 Madi Hertzog	FR	Char Catholic	56.90
11 Paige Thome	SR	Cuthbertson	56.93
12 Carly VanNote	SR	Marvin Ridge	56.98
13 Marisa White	SR	Apex	57.34
14 CJ Bernado	SO	Char Catholic	57.47
15 Madi Joy	SR	Laney	57.64
16 Ainsley Holden	FR	Myers Park	57.66
17 Lauren Patterson	SR	Watauga	57.67
18 Katherine Perdue	JR	West Forsyth	57.68
19 Taylor Cureton	SR	Apex	57.73
20 Kathryn Monville	JR	Heritage	57.80
21 Ava Kiser	SO	RJ Reynolds	57.80
22 Macy Organ	JR	Wakefield	57.81
23 Lanie Holden	SR	Myers Park	57.86
24 Hannah Wooten	SO	Broughton	57.88

**Event 12 Men 100 Yard Butterfly**

Name	Yr	School	Seed Time
1 Matthew Marsteiner	SR	Leesville Road	49.16
2 Lucas Li	JR	East Chapel Hill	49.87
3 Troy Keen	SR	Marvin Ridge	50.22
4 Alex Townsend	JR	Enloe	50.32
5 Maksym Nechydyuk	SR	Ardrey Kell	50.45
6 Landon Lloyd	SR	Green Hope	50.94
7 Gavin McCarter	SR	Marvin Ridge	51.05
8 Ben Martin	JR	East Mecklenburg	51.25
9 Evan Prabhu	SR	Providence	51.39
10 Nathan Worsham	SR	Millbrook	51.42
11 Chris Erickson	SR	Northern Durham	51.49
12 Zack Smith	SR	Millbrook	51.57
13 Grady Gospodarek	SO	Enloe	51.84
14 Nolan Schear	JR	Myers Park	51.88
15 C.J. Eickhoff	JR	Wake Forest	51.92
16 Nathan Hall	JR	Hopewell	51.92
17 Maverick Crowell	JR	NW Guilford	51.96
18 Ronan Cornpropst	FR	Cardinal Gibbons	52.11
19 Charles Henage	SR	Marvin Ridge	52.12
20 Leo O'Keefe	JR	Green Level	52.20
21 Nicholas Diacumakos	SR	Apex Friendship	52.26
22 Luke Wierwille	SR	Corinth-Holders	52.36
23 Benjamin Leckinger	SR	Cox Mill	52.36
24 Max Osman	JR	South Meck	52.41
25 Ryan Chiu	SO	Ardrey Kell	52.41

**2024 4A State NCHSAA State Championships - 2/9/2024 to 2/10/2024**

**Swimming & Diving  
Host: Cardinal Gibbons HS  
Psych Sheet**

**Event 13 Women 100 Yard Freestyle**

Name	Yr	School	Seed Time
1 Eliza Wallace	SO	Ardrey Kell	50.62
2 Mere Whelehan	JR	Green Hope	50.70
3 Kaylee McDonald	SR	Marvin Ridge	50.85
4 Isabel Wolk	SO	East Chapel Hill	51.31
5 Joslyn Bolton	SO	Providence	51.47
6 Sydney Holfelder	JR	Apex Friendship	51.54
7 Chloe Light	SO	Enloe	51.57
8 Shayna Elgart	SO	Broughton	51.73
9 McKenna Patrick	SR	Cuthbertson	51.78
10 Ellie Hunt	SR	Grimsley	52.11
11 Brooke Bourn	JR	N Guilford	52.20
12 Madison Winardi	SO	Marvin Ridge	52.20
13 Mary Drummond	FR	Myers Park	52.52
14 Sarah Pierson	SR	Hoggard	52.61
15 Sophia Bellissimo	JR	Lake Norman	52.68
16 Chloe Mihaly	JR	Riverside	52.81
17 Logan Leckner	SR	Char Catholic	52.90
18 Claire Oettinger	SR	Providence	52.91
19 Ella Krampert	SR	South Iredell	53.03
20 Juliet Burroughs	JR	New Hanover	53.27
21 Reese Briggs	JR	South Meck	53.45
22 Ava Kiser	SO	RJ Reynolds	53.54
23 Braelyn Miller	FR	Millbrook	53.64
24 Riley Hagmann	FR	Broughton	54.02

**Event 14 Men 100 Yard Freestyle**

Name	Yr	School	Seed Time
1 Christopher Zhang	SR	Ardrey Kell	44.64
2 Sean Setzer	SR	Ashley	44.95
3 Michael Rice	SO	Marvin Ridge	45.17
4 Albert Smelzer	SO	Page	45.23
5 Nate Hohm	SR	East Mecklenburg	45.25
6 Cameron Bucci	JR	Myers Park	46.12
7 Alex Garmon	SR	Hickory Ridge	46.23
8 Hil Lindsay	SR	Myers Park	46.57
9 Carter Lange	JR	Cardinal Gibbons	46.73
10 Drew Sito	FR	Sanderson	46.98
11 Nathan Arredondo	JR	Hoggard	47.05
12 Axel Mori	SR	Leesville Road	47.29
13 Cooper Wiese	JR	Cardinal Gibbons	47.30
14 Connor Solvason	SR	Cox Mill	47.45
15 Connor Vargas	SR	Reagan	47.45
16 Edward Wang	SR	Chapel Hill	47.48
17 Grant Larsen		Pincrest	47.56
18 Parker Murphy	SO	Hickory Ridge	47.63
19 Mason Kinnavy	SR	Providence	47.78
20 Dylan Stewart	FR	Marvin Ridge	47.98
21 Carter Medlin	FR	Providence	48.28
22 Max Halpern	FR	East Chapel Hill	48.32
23 Andrew Volpe	SR	Chapel Hill	48.34
24 Matthew Honaker	SR	Green Level	48.40

**Event 15 Women 500 Yard Freestyle**

Name	Yr	School	Seed Time
1 Madison Schmitz	FR	Rolesville	4:54.76
2 Charlotte LePage	JR	Marvin Ridge	4:54.76
3 Nicole Zettel	JR	Apex Friendship	4:55.75
4 Katherine Guenther	FR	Myers Park	5:00.12
5 Marisa White	SR	Apex	5:01.48
6 Taylor Goodwin	JR	TC Roberson	5:03.31
7 Meghan Hadsell	SO	Cardinal Gibbons	5:03.92
8 Nola Meekins	FR	Green Hope	5:04.21
9 Sophie Thornburg	SO	Jordan	5:04.55
10 Ariel Kong	FR	Marvin Ridge	5:04.77
11 Esther Ghim	SR	Enloe	5:05.65
12 Sarah Virkler	SR	Providence	5:05.86
13 Kate Serens	FR	New Hanover	5:07.23
14 Mackenzie Collins	SO	Jordan	5:07.45
15 Chloe Mihaly	JR	Riverside	5:07.46
16 Riley Hawkins	JR	Leesville Road	5:07.65
17 Emma Lee	SR	Marvin Ridge	5:07.85
18 Annabel Townsend	FR	Enloe	5:09.50
19 Audrey Pardue	JR	Char Catholic	5:09.72
20 Caroline Largen	JR	South Meck	5:09.99
21 Tanith Mueller	JR	Apex	5:11.98
22 Emily Wrenn	SO	Heritage	5:12.09
23 Emma Barr	SO	Lake Norman	5:13.66
24 Reese Bednar	JR	Marvin Ridge	5:14.83

**Event 16 Men 500 Yard Freestyle**

Name	Yr	School	Seed Time
1 Matthew Marsteiner	SR	Leesville Road	4:21.66
2 Hudson DeGroot	SR	South Garner	4:27.63
3 Aaron Davidson	JR	Sanderson	4:29.56
4 Wilson Tuttle	SR	Broughton	4:32.02
5 Jack Rutledge	JR	Providence	4:33.19
6 Cooper Nicholson	SR	East Chapel Hill	4:36.21
7 Jack Haywood	SR	Providence	4:38.66
8 Colton Chaires	FR	East Chapel Hill	4:38.96
9 Liam Drake	FR	Cardinal Gibbons	4:39.87
10 Broder Swenson	JR	Broughton	4:41.16
11 Connor Peck	SR	Green Level	4:42.44
12 Ben Smith	SO	Millbrook	4:42.85
13 Adam Polzien	SO	Marvin Ridge	4:43.59
14 Cooper Beebe	SR	Athens Drive	4:43.69
15 Benjamin Pritchard	SR	Northern Durham	4:44.05
16 Carson West	SO	Hough	4:44.26
17 Elijah Nelson	JR	Leesville Road	4:44.72
18 Charles Henage	SR	Marvin Ridge	4:45.62
19 Maximilian Marrujo	SR	Apex Friendship	4:46.50
20 Jordan Matz	SO	Cary	4:46.63
21 Ethan Emerton	SR	Cardinal Gibbons	4:46.92
22 Wyatt Heger	JR	Hopewell	4:47.35
23 Christian Marrujo	JR	Apex Friendship	4:49.84
24 Jack Neudecker	JR	Wake Forest	4:49.99

**2024 4A State NCHSAA State Championships - 2/9/2024 to 2/10/2024**

**Swimming & Diving  
Host: Cardinal Gibbons HS  
Psych Sheet**

**Event 17 Women 200 Yard Freestyle Relay**

Team	Relay	Seed Time
1 Green Hope		1:35.41
2 Myers Park		1:35.70
3 Lake Norman		1:36.09
4 Marvin Ridge		1:36.49
5 Hoggard		1:36.73
6 Cardinal Gibbons		1:37.22
7 Grimsley		1:37.55
8 Providence		1:37.92
9 East Chapel Hill		1:38.14
10 Broughton		1:38.33
11 Char Catholic		1:38.78
12 South Meck		1:39.02
13 Heritage		1:39.66
14 Apex		1:39.71
15 Riverside		1:39.90
16 Wakefield		1:40.30
17 Hough		1:40.43
18 Weddington		1:40.60
19 Sanderson		1:41.39
20 Athens Drive		1:41.40
21 Cary		1:41.53
22 Leesville Road		1:41.72
23 Laney		1:42.26
24 Mount Tabor		1:42.45

**Event 18 Men 200 Yard Freestyle Relay**

Team	Relay	Seed Time
1 Marvin Ridge		1:23.67
2 Ardrey Kell		1:24.10
3 Ashley		1:24.82
4 Myers Park		1:24.98
5 Hoggard		1:25.12
6 Chapel Hill		1:26.60
7 Cardinal Gibbons		1:26.74
8 East Mecklenburg		1:26.87
9 Page		1:27.55
10 Green Level		1:27.72
11 Green Hope		1:27.98
12 Broughton		1:28.13
13 East Chapel Hill		1:28.15
14 Providence		1:28.35
15 Athens Drive		1:29.02
16 Sanderson		1:29.46
17 Wake Forest		1:29.77
18 Mount Tabor		1:29.86
19 Davie		1:30.00
20 Corinth-Holders		1:30.05
21 Heritage		1:30.07
22 South Meck		1:30.10
23 Reagan		1:30.95
24 Hopewell		1:31.10

**Event 19 Women 100 Yard Backstroke**

Name	Yr	School	Seed Time
1 Aubrey Hull	SR	Ardrey Kell	53.25
2 Alyssa Claborn	JR	Lake Norman	53.61
3 Lauren Bernardo	SR	Char Catholic	54.24
4 Kayman Neal	SR	Myers Park	54.57
5 Kelsey Stuck	JR	Hoggard	55.44
6 Shaelyn Shields	JR	Providence	55.93
7 Samantha Rydzewski	SR	Middle Creek	55.97
8 Maeren McGonigal	SR	Grimsley	55.99
9 Julia Pou	SO	Myers Park	56.27
10 Shayna Elgart	SO	Broughton	56.70
11 Carly VanNote	SR	Marvin Ridge	57.44
12 Emmaline Reddick	SO	South Meck	57.67
13 Olivia White	FR	Ardrey Kell	57.74
14 Gracie Hunt	SR	Grimsley	57.82
15 Sophie Perry	JR	Apex	57.96
16 Madi Joy	SR	Laney	57.97
17 Camden Robertson	FR	RJ Reynolds	58.01
18 Claire Farrell	JR	Reagan	58.20
19 Mackenzie Collins	SO	Jordan	58.37
20 Grayson Brewster	FR	Weddington	58.41
21 Nola Meekins	FR	Green Hope	58.57
22 Kate Serens	FR	New Hanover	58.65
23 Juliet Sefried	SO	Cardinal Gibbons	59.73
24 Carmen Cardinale	JR	Leesville Road	59.89

**Event 20 Men 100 Yard Backstroke**

Name	Yr	School	Seed Time
1 William Witmer	SR	Hoggard	48.76
2 James Bennison	SR	Heritage	48.98
3 Davis Jackson	FR	Leesville Road	49.56
4 Abhay Tharakan	JR	Apex	50.02
5 Chris Erickson	SR	Northern Durham	50.08
6 Ian Stutts	JR	Enloe	50.72
7 Drew Sito	FR	Sanderson	50.80
8 Isaac Holtham	SR	Ardrey Kell	50.96
9 Leo O'Keefe	JR	Green Level	51.20
10 Christian Smith	SR	Cardinal Gibbons	51.37
11 Christopher Aristondo	SR	South Meck	51.59
12 Brian Farrell	SR	Green Hope	51.66
13 Ethan Hadsell	SR	Cardinal Gibbons	51.90
14 Hil Lindsay	SR	Myers Park	52.00
15 Charles Heisig	SR	Marvin Ridge	52.05
16 Ethan Frondoza	JR	West Forsyth	52.22
17 Brady Tangeman	SR	Apex Friendship	52.48
18 Quinn O'Mara	JR	Marvin Ridge	52.69
19 Wyatt Herger	JR	Hopewell	52.70
20 Jonathan Palamar	FR	Green Level	52.75
21 C.J Eickhoff	JR	Wake Forest	52.89
22 Cooper Nicholson	SR	East Chapel Hill	52.92
23 Ethan Liang	SO	Chapel Hill	52.93
24 Ryan West	SR	Middle Creek	53.00

**2024 4A State NCHSAA State Championships - 2/9/2024 to 2/10/2024**

**Swimming & Diving  
Host: Cardinal Gibbons HS  
Psych Sheet**

**Event 21 Women 100 Yard Breaststroke**

Name	Yr	School	Seed Time
1 Eliza Wallace	SO	Ardrey Kell	1:00.47
2 Avery Klamfoth	SO	Myers Park	1:01.29
3 Emma Thomas	SO	Leesville Road	1:03.08
4 Alyssa Jackson	SR	Leesville Road	1:03.22
5 Audrey Deras	FR	Cleveland	1:03.42
6 Amelia Betancourt	JR	Lake Norman	1:03.44
7 Sofia Plaza	SR	Myers Park	1:03.56
8 Avery Vassil	JR	Marvin Ridge	1:03.87
9 Abby Druhan	SR	Char Catholic	1:03.91
10 Lily Willis	JR	Green Level	1:04.09
11 Janice Qiu	SO	Green Hope	1:04.12
12 Sarah Henderson	SO	Hopewell	1:04.26
13 Mia Jeltema	JR	Green Hope	1:04.42
14 Kaidy Stout	FR	West Forsyth	1:04.68
15 Caroline Largen	JR	South Meck	1:04.73
16 Blythe Holloway	SR	Athens Drive	1:04.90
17 Celia Canata	JR	Marvin Ridge	1:05.16
18 Audrey Wolk	SR	East Chapel Hill	1:05.25
19 Grace Tuchi	SR	Myers Park	1:05.26
20 Katya Ivanov	SR	Apex	1:05.27
21 Taylor Hall	SO	Hopewell	1:05.33
22 Kathryn Kern	SO	Char Catholic	1:05.42
23 Katelyn Lickfold	SO	Cardinal Gibbons	1:06.54
24 Grace Pereira	FR	Cardinal Gibbons	1:06.76

**Event 23 Women 400 Yard Freestyle Relay**

Team	Relay	Seed Time
1 Marvin Ridge		3:27.27
2 Myers Park		3:27.47
3 Char Catholic		3:29.52
4 Green Hope		3:30.22
5 Ardrey Kell		3:30.53
6 Providence		3:32.03
7 Broughton		3:33.32
8 Apex Friendship		3:35.02
9 Cardinal Gibbons		3:35.23
10 Apex		3:35.98
11 Hough		3:36.40
12 East Chapel Hill		3:37.22
13 Riverside		3:37.24
14 Hopewell		3:37.38
15 Enloe		3:37.97
16 Cuthbertson		3:38.42
17 Jordan		3:38.63
18 Middle Creek		3:38.71
19 South Meck		3:38.91
20 RJ Reynolds		3:40.86
21 Weddington		3:41.06
22 Leesville Road		3:42.36
23 Sanderson		3:43.43
24 Topsail		3:44.32

**Event 22 Men 100 Yard Breaststroke**

Name	Yr	School	Seed Time
1 Jordan Willis	JR	Marvin Ridge	54.97
2 Grayson Nye	SR	Middle Creek	55.19
3 Maksym Nechydyuk	SR	Ardrey Kell	56.92
4 Bence Burton	JR	Reagan	57.20
5 Alex Townsend	JR	Enloe	57.23
6 Cameron Bucci	JR	Myers Park	57.37
7 Jack Gessner	SR	Providence	57.60
8 Mark Brown		Western Guilford	57.69
9 Griffin Jones	SR	Page	57.71
10 Dane Hogan	JR	Holly Springs	57.74
11 Constantine Gaskey	SR	West Cabarrus	57.94
12 Matthew Schoenagel	SR	Green Level	58.06
13 Gabe Hardy	FR	Char Catholic	58.39
14 Ryan Sutherland	SO	Jordan	58.49
15 Trevor O'Sullivan	JR	Cuthbertson	58.60
16 Tobias Winardi	SR	Marvin Ridge	58.62
17 Tyler Burton	SO	Reagan	58.63
18 Gavin McCarter	SR	Marvin Ridge	59.23
19 Ethan Emerton	SR	Cardinal Gibbons	59.25
20 Darren Liu	JR	Green Level	59.28
21 Jackson Scheiber	JR	Athens Drive	59.52
22 Zach Richardson	SR	Cardinal Gibbons	59.61
23 Ben Aston	SR	Corinth-Holders	59.97
24 Nick John	JR	Cardinal Gibbons	59.99

**Event 24 Men 400 Yard Freestyle Relay**

Team	Relay	Seed Time
1 Leesville Road		3:08.99
2 Providence		3:09.50
3 Cardinal Gibbons		3:09.98
4 East Mecklenburg		3:09.99
5 Marvin Ridge		3:10.22
6 East Chapel Hill		3:10.90
7 Millbrook		3:11.90
8 Enloe		3:12.41
9 Hickory Ridge		3:13.80
10 Broughton		3:13.87
11 Cox Mill		3:14.00
12 Apex Friendship		3:14.26
13 Reagan		3:14.32
14 South Meck		3:15.68
15 Green Hope		3:15.80
16 Ardrey Kell		3:17.49
17 Jordan		3:17.96
18 Myers Park		3:18.99
19 Grimsley		3:19.31
20 Corinth-Holders		3:19.43
21 N Guilford		3:19.94
22 Hough		3:20.73
23 Cary		3:20.77
24 NW Guilford		3:21.00