

2024 4A State NCHSAA State Championships - 2/9/2024 to 2/10/2024

Swimming & Diving

Host: Cardinal Gibbons HS

{Advanced to State Meet - **Highlighted are At-large from any Region**}

Event 1 Women 200 Yard Medley Relay

Team	Relay	Seed Time
1 Myers Park		1:42.48
2 Ardrey Kell		1:43.42
3 Lake Norman		1:44.07
4 Char Catholic		1:44.63
5 Hopewell		1:46.10
6 Hoggard		1:46.13
7 Apex		1:46.30
8 Green Hope		1:46.72
9 Marvin Ridge		1:46.86
10 Grimsley		1:48.12
11 Leesville Road		1:48.20
12 Cuthbertson		1:48.59
13 Providence		1:48.74
14 Cardinal Gibbons		1:49.59
15 Broughton		1:50.13
16 Green Level		1:50.29
17 Athens Drive		1:50.61
18 TC Roberson		1:51.77
19 Middle Creek		1:51.77
20 Reagan		1:51.77
21 Enloe		1:51.94
22 West Forsyth		1:51.98
23 Hough		1:52.04
24 Ashley		1:52.16

Event 2 Men 200 Yard Medley Relay

Team	Relay	Seed Time
1 Marvin Ridge		1:30.96
2 Ardrey Kell		1:32.64
3 Hoggard		1:33.18
4 Leesville Road		1:33.50
5 Ashley		1:34.06
6 Cardinal Gibbons		1:34.16
7 Myers Park		1:34.25
8 Providence		1:34.86
9 Page		1:34.87
10 Green Level		1:35.33
11 Chapel Hill		1:36.14
12 Enloe		1:36.56
13 Cox Mill		1:37.35
14 Reagan		1:38.03
15 Wake Forest		1:38.23
16 Apex Friendship		1:38.72
17 Hickory Ridge		1:38.89
18 Millbrook		1:39.07
19 NW Guilford		1:39.11
20 Athens Drive		1:39.15
21 Jordan		1:39.24
22 Cuthbertson		1:39.56
23 Mount Tabor		1:39.88
24 Heritage		1:39.92

Event 3 Women 200 Yard Freestyle

Name	Yr	School	Seed Time
1 McDonald, Kaylee	SR	Marvin Ridge	1:48.99
2 Whelehan, Mere	JR	Green Hope	1:49.02
3 Wolk, Isabel	SO	East Chapel Hill	1:49.74
4 Schmitz, Madison	FR	Rolesville	1:50.02
5 Whelehan, Sloane	FR	Green Hope	1:50.27
6 Patrick, McKenna	SR	Cuthbertson	1:50.86
7 Pero, Sophia	SO	Hopewell	1:51.02
8 Holfelder, Sydney	JR	Apex Friendship	1:51.09
9 Mitchell, Elodie	SR	Riverside	1:51.79
10 Rydzewski, Samantha	SR	Middle Creek	1:51.82
11 Guenther, Katherine	FR	Myers Park	1:51.87
12 Light, Chloe	SO	Enloe	1:52.28
13 Goodwin, Taylor	JR	TC Roberson	1:52.62
14 Perry, Sophie	JR	Apex	1:53.20
15 Hawkins, Riley	JR	Leesville Road	1:53.40
16 Robertson, Camden	FR	RJ Reynolds	1:53.42
17 Amadio, Amelia	JR	Hough	1:53.45
18 Thornburg, Sophie	SO	Jordan	1:53.60
19 Burroughs, Juliet	JR	New Hanover	1:53.70
20 Hadsell, Meghan	SO	Cardinal Gibbons	1:53.92
21 Monville, Kathryn	JR	Heritage	1:54.38
22 Tuchi, Grace	SR	Myers Park	1:54.72
23 Kong, Ariel	FR	Marvin Ridge	1:54.83
24 Barr, Emma	SO	Lake Norman	1:54.93

Event 4 Men 200 Yard Freestyle

Name	Yr	School	Seed Time
1 Bennison, James	SR	Heritage	1:39.14
2 Rice, Michael	SO	Marvin Ridge	1:39.93
3 Haywood, Jack	SR	Providence	1:40.31
4 Davidson, Aaron	JR	Sanderson	1:40.42
5 Tuttle, Wilson	SR	Broughton	1:40.48
6 DeGroote, Hudson	SR	South Garner	1:41.10
7 Li, Lucas	JR	East Chapel Hill	1:41.15
8 Scheiber, Jackson	JR	Athens Drive	1:41.46
9 Wiese, Cooper	JR	Cardinal Gibbons	1:41.94
10 Wilburn, Kyle	FR	Cox Mill	1:42.01
11 Rutledge, Jack	JR	Providence	1:42.41
12 Prabhu, Evan	SR	Providence	1:42.61
13 Farrell, Brian	SR	Green Hope	1:43.11
14 Martin, Ben	JR	East Mecklenburg	1:43.42
15 Diacumakos, Nicholas	SR	Apex Friendship	1:43.83
16 Osman, Max	JR	South Meck	1:44.29
17 Marrujo, Maximilian	SR	Apex Friendship	1:44.44
18 Stewart, Dylan	FR	Marvin Ridge	1:44.47
19 Dudley, Benjamin	JR	Asheville	1:44.52
20 Alexander, Tate	SO	East Mecklenburg	1:44.62
21 Muir, Vaughn	FR	SW Guilford	1:44.65
22 Lloyd, Landon	SR	Green Hope	1:45.15
23 Pritchard, Benjamin	SR	Northern Durham	1:45.32
24 Smith, Ben	SO	Millbrook	1:45.39

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Event 5 Women 200 Yard IM

Name	Yr	School	Seed Time
1 Klamfoth, Avery	SO	Myers Park	1:59.57
2 Plaza, Sofia	SR	Myers Park	2:00.83
3 Bernardo, Lauren	SR	Char Catholic	2:01.73
4 Willis, Lily	JR	Green Level	2:01.76
5 Zettel, Nicole	JR	Apex Friendship	2:03.26
6 Shields, Shaelyn	JR	Providence	2:03.93
7 Thome, Paige	SR	Cuthbertson	2:05.01
8 Crane, Taylor	SO	Broughton	2:05.07
9 Champion, Maria	FR	Char Catholic	2:05.26
10 Reddick, Emmaline	SO	South Meck	2:05.33
11 Ivanov, Katya	SR	Apex	2:05.55
12 Druhan, Abby	SR	Char Catholic	2:05.69
13 Druhan, Ellie	FR	Char Catholic	2:05.97
14 Pou, Julia	SO	Myers Park	2:06.02
15 Vassil, Avery	JR	Marvin Ridge	2:06.13
16 Furbay, Caroline	JR	Ashley	2:06.27
17 Jeltema, Mia	JR	Green Hope	2:06.32
18 Holloway, Blythe	SR	Athens Drive	2:06.34
19 Lloyd, Kyle	SO	Green Hope	2:07.34
20 McCarter, Macie	SO	Marvin Ridge	2:07.37
21 Smith, Breanna	SR	Panther Creek	2:08.16
22 Thomas, Emma	SO	Leesville Road	2:08.80
23 Sefried, Juliet	SO	Cardinal Gibbons	2:09.09
24 Pereira, Grace	FR	Cardinal Gibbons	2:10.52

Event 6 Men 200 Yard IM

Name	Yr	School	Seed Time
1 Heisig, Charles	SR	Marvin Ridge	1:50.44
2 Witmer, William	SR	Hoggard	1:50.87
3 Stutts, Ian	JR	Enloe	1:50.90
4 Holtham, Isaac	SR	Ardrey Kell	1:51.04
5 Nye, Grayson	SR	Middle Creek	1:51.55
6 Burton, Bence	JR	Reagan	1:52.78
7 Jackson, Davis	FR	Leesville Road	1:53.04
8 Winardi, Tobias	SR	Marvin Ridge	1:53.82
9 Mori, Axel	SR	Leesville Road	1:54.36
10 Jones, Griffin	SR	Page	1:54.94
11 O'Mara, Quinn	JR	Marvin Ridge	1:55.18
12 Brown, Mark		Western Guilford	1:55.19
13 Aristondo, Christopher	SR	South Meck	1:55.36
14 Hadsell, Ethan	SR	Cardinal Gibbons	1:55.59
15 Worsham, Nathan	SR	Millbrook	1:56.11
16 Burton, Tyler	SO	Reagan	1:56.21
17 Schoenagel, Matthew	SR	Green Level	1:56.22
18 Willis, Jordan	JR	Marvin Ridge	1:56.34
19 Marrujo, Christian	JR	Apex Friendship	1:56.42
20 Anderson, Jacob	SO	Cardinal Gibbons	1:56.91
21 Swenson, Broder	JR	Broughton	1:57.44
22 Liu, Darren	JR	Green Level	1:57.58
23 Tang, Richard	JR	Ardrey Kell	1:57.87
24 Sutherland, Ryan	SO	Jordan	1:58.05

Event 7 Women 50 Yard Freestyle

Name	Yr	School	Seed Time
1 Nixon, Nikki	FR	Cardinal Gibbons	23.19
2 Hull, Aubrey	SR	Ardrey Kell	23.41
3 Whelehan, Sloane	FR	Green Hope	23.50
4 Wolk, Audrey	SR	East Chapel Hill	23.51
5 Stuck, Kelsey	JR	Hoggard	23.67
6 Bolton, Joslyn	SO	Providence	23.90
7 Hunt, Ellie	SR	Grimsley	23.98
8 Bourn, Brooke	JR	N Guilford	24.03
9 Bellissimo, Sophia	JR	Lake Norman	24.04
10 Drummond, Mary	FR	Myers Park	24.04
11 Pierson, Sarah	SR	Hoggard	24.07
12 Harper, Chloi	JR	Hough	24.12
13 Winardi, Madison	SO	Marvin Ridge	24.12
14 LePage, Charlotte	JR	Marvin Ridge	24.19
15 Hunt, Gracie	SR	Grimsley	24.23
16 Cureton, Taylor	SR	Apex	24.32
17 Quisumbing, Andie	SR	Green Hope	24.32
18 Krampert, Ella	SR	South Iredell	24.47
19 Miller, Braelyn	FR	Millbrook	24.50
20 Weaver, Taylor	SO	Myers Park	24.50
21 Grant, Lindsay	JR	Athens Drive	24.57
22 Aghjayan, Hannah	SR	Myers Park	24.57
23 Wainio, Skylar	FR	Wakefield	24.58
24 Canata, Celia	JR	Marvin Ridge	24.58

Event 8 Men 50 Yard Freestyle

Name	Yr	School	Seed Time
1 Setzer, Sean	SR	Ashley	20.26
2 Hohm, Nate	SR	East Mecklenburg	20.45
3 Zhang, Christopher	SR	Ardrey Kell	20.50
4 Smelzer, Albert	SO	Page	20.64
5 Garmon, Alex	JR	Hickory Ridge	20.78
6 Keen, Troy	SR	Marvin Ridge	21.16
7 Lange, Carter	JR	Cardinal Gibbons	21.26
8 Honaker, Matthew	SR	Green Level	21.33
9 Wang, Edward	SR	Chapel Hill	21.36
10 Hughes, Jackson	SR	Hoggard	21.37
11 Vargas, Connor	SR	Reagan	21.41
12 Kinnavy, Mason	SR	Providence	21.58
13 Gaskey, Constantine	SR	West Cabarrus	21.59
14 Frondoza, Ethan	JR	West Forsyth	21.62
15 Smith, Zack	SR	Millbrook	21.74
16 Arredondo, Nathan	JR	Hoggard	21.74
17 Wierwille, Luke	SR	Corinth-Holders	21.80
18 Larsen, Grant		Pinecrest	21.82
19 Crowell, Maverick	JR	NW Guilford	21.82
20 Shulgin, Nikita	JR	Hough	21.82
21 Solvason, Connor	SR	Cox Mill	21.86
22 Schilling, Christopher	SR	N Guilford	21.88
23 Schear, Nolan	JR	Myers Park	21.89
24 Medlin, Carter	FR	Providence	21.98

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Event 9 Women 1 mtr Diving

Name	Yr	School	
1 Leckner, Reagan		Char Catholic	498.70
2 Perkins, Chloe	SR	Cardinal Gibbons	458.70
3 Brennan, Vivian	JR	Riverside	440.60
4 Cui, Serena	SR	East Chapel Hill	418.15
5 Wilhelm, Isabella	JR	Providence	412.85
6 Kwong, Laila	FR	East Chapel Hill	411.10
7 Cook, Miley	SO	Weddington	389.35
8 Tessier, Isabella	SO	Page	384.50
9 Hardin, Valerie	JR	Broughton	361.40
10 Wang, Elena	JR	East Chapel Hill	356.60
11 Duley, Blythe	SO	Myers Park	349.50
12 Brantley, Taylor	JR	Hough	349.05
13 Liddle, Peyton	FR	Marvin Ridge	347.15
14 Kim, Kaylee	SO	Panther Creek	346.40
15 Valero, Sinead	JR	Holly Springs	340.35
16 Miracle, Sebla	SO	Asheville	333.30
17 Ralph, Taylor	FR	Holly Springs	321.70
18 Brigman, Maya	SR	Hoggard	321.40
19 Yadushlivy, Alis	SO	Apex Friendship	316.95
20 Tabor, Zoey	SR	Providence	314.25
21 Conley, Rose	SR	Lake Norman	313.00
22 Fox, Olivia	JR	Hoggard	306.55
23 Ospina, Rebeca	FR	Athens Drive	304.95
24 Hulls, Lillian	SR	Hoggard	295.35

Event 10 Men 1 mtr Diving

Name	Yr	School	
1 Thomas, Cooper	SR	Cleveland	443.70
2 Pollina, Jacob	SO	N Guilford	436.10
3 Robinson, Nate	SO	Myers Park	396.95
4 Kramer, Mason	SO	Char Catholic	384.40
5 Plym, Walker	SR	South Meck	376.05
6 Sweet, Nicholas	SO	Enloe	373.50
7 Ziobro, Thor	FR	Enloe	362.15
8 Weinhagen, Hudson	JR	Holly Springs	351.85
9 Carroll, Henry	SR	Enloe	339.25
10 Nifoussi, Bryce	JR	Hoggard	317.75
11 Albee, Dorian	JR	Grimsley	315.80
12 Forsyth, Luke	FR	South Meck	312.95
13 Efird, Reece	SO	Myers Park	310.05
14 Roberts, Jacob	FR	South Meck	304.15
15 Adler, Jack	SR	East Chapel Hill	301.60
16 Groff, Colton	SR	Leesville Road	297.55
17 Bryant, Tucker	JR	Myers Park	294.75
18 Fitzgerald, Hugh	FR	RJ Reynolds	285.10
19 Black, Mason	SR	East Mecklenburg	279.10
20 Joncich, Peyton	JR	Cary	257.05
21 Lamkin, Walton	JR	RJ Reynolds	256.25
22 Pepper, Aksel	JR	Green Hope	253.55
23 Eichenseer, Nathan	FR	Green Hope	237.35
24 Stiff, George	SR	East Mecklenburg	236.20

Event 11 Women 100 Yard Butterfly

Name	Yr	School	Seed Time
1 Nixon, Nikki	FR	Cardinal Gibbons	53.84
2 Claborn, Alyssa	JR	Lake Norman	54.41
3 Neal, Kayman	SR	Myers Park	54.56
4 Pero, Sophia	SO	Hopewell	55.34
5 McGonigal, Maeren	SR	Grimsley	55.77
6 Quisumbing, Andie	SR	Green Hope	55.94
7 Mitchell, Elodie	SR	Riverside	55.94
8 Champion, Maria	FR	Char Catholic	56.26
9 Crane, Taylor	SO	Broughton	56.79
10 Hertzog, Madi	FR	Char Catholic	56.90
11 Thome, Paige	SR	Cuthbertson	56.93
12 VanNote, Carly	SR	Marvin Ridge	56.98
13 White, Marisa	SR	Apex	57.34
14 Bernado, CJ	SO	Char Catholic	57.47
15 Joy, Madi	SR	Laney	57.64
16 Holden, Ainsley	FR	Myers Park	57.66
17 Patterson, Lauren	SR	Watauga	57.67
18 Perdue, Katherine	JR	West Forsyth	57.68
19 Cureton, Taylor	SR	Apex	57.73
20 Monville, Kathryn	JR	Heritage	57.80
21 Kiser, Ava	SO	RJ Reynolds	57.80
22 Organ, Macy	JR	Wakefield	57.81
23 Holden, Lanie	SR	Myers Park	57.86
24 Wooten, Hannah	SO	Broughton	57.88

Event 12 Men 100 Yard Butterfly

Name	Yr	School	Seed Time
1 Marsteiner, Matthew	SR	Leesville Road	49.16
2 Li, Lucas	JR	East Chapel Hill	49.87
3 Keen, Troy	SR	Marvin Ridge	50.22
4 Townsend, Alex	JR	Enloe	50.32
5 Nechydyuk, Maksym	SR	Ardrey Kell	50.45
6 Lloyd, Landon	SR	Green Hope	50.94
7 McCarter, Gavin	SR	Marvin Ridge	51.05
8 Martin, Ben	JR	East Mecklenburg	51.25
9 Prabhu, Evan	SR	Providence	51.39
10 Worsham, Nathan	SR	Millbrook	51.42
11 Erickson, Chris	SR	Northern Durham	51.49
12 Smith, Zack	SR	Millbrook	51.57
13 Gospodarek, Grady	SO	Enloe	51.84
14 Schear, Nolan	JR	Myers Park	51.88
15 Eickhoff, C.J	JR	Wake Forest	51.92
16 Hall, Nathan	JR	Hopewell	51.92
17 Crowell, Maverick	JR	NW Guilford	51.96
18 Cornpropst, Ronan	FR	Cardinal Gibbons	52.11
19 Henage, Charles	SR	Marvin Ridge	52.12
20 O'Keefe, Leo	JR	Green Level	52.20
21 Diacumakos, Nicholas	SR	Apex Friendship	52.26
22 Wierwille, Luke	SR	Corinth-Holders	52.36
23 Leckinger, Benjamin	SR	Cox Mill	52.36
24 Osman, Max	JR	South Meck	52.41
25 Chiu, Ryan	SO	Ardrey Kell	52.41

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Event 13 Women 100 Yard Freestyle

Name	Yr	School	Seed Time
1 Wallace, Eliza	SO	Ardrey Kell	50.62
2 Whelehan, Mere	JR	Green Hope	50.70
3 McDonald, Kaylee	SR	Marvin Ridge	50.85
4 Wolk, Isabel	SO	East Chapel Hill	51.31
5 Bolton, Joslyn	SO	Providence	51.47
6 Holfelder, Sydney	JR	Apex Friendship	51.54
7 Light, Chloe	SO	Enloe	51.57
8 Elgart, Shayna	SO	Broughton	51.73
9 Patrick, McKenna	SR	Cuthbertson	51.78
10 Hunt, Ellie	SR	Grimsley	52.11
11 Bourn, Brooke	JR	N Guilford	52.20
12 Winardi, Madison	SO	Marvin Ridge	52.20
13 Drummond, Mary	FR	Myers Park	52.52
14 Pierson, Sarah	SR	Hoggard	52.61
15 Bellissimo, Sophia	JR	Lake Norman	52.68
16 Mihaly, Chloe	JR	Riverside	52.81
17 Leckner, Logan	SR	Char Catholic	52.90
18 Oettinger, Claire	SR	Providence	52.91
19 Krampert, Ella	SR	South Iredell	53.03
20 Burroughs, Juliet	JR	New Hanover	53.27
21 Briggs, Reese	JR	South Meck	53.45
22 Kiser, Ava	SO	RJ Reynolds	53.54
23 Miller, Braelyn	FR	Millbrook	53.64
24 Hagmann, Riley	FR	Broughton	54.02

Event 14 Men 100 Yard Freestyle

Name	Yr	School	Seed Time
1 Zhang, Christopher	SR	Ardrey Kell	44.64
2 Setzer, Sean	SR	Ashley	44.95
3 Rice, Michael	SO	Marvin Ridge	45.17
4 Smelzer, Albert	SO	Page	45.23
5 Hohm, Nate	SR	East Mecklenburg	45.25
6 Bucci, Cameron	JR	Myers Park	46.12
7 Garmon, Alex	JR	Hickory Ridge	46.23
8 Lindsay, Hil	SR	Myers Park	46.57
9 Lange, Carter	JR	Cardinal Gibbons	46.73
10 Sito, Drew	FR	Sanderson	46.98
11 Arredondo, Nathan	JR	Hoggard	47.05
12 Mori, Axel	SR	Leesville Road	47.29
13 Wiese, Cooper	JR	Cardinal Gibbons	47.30
14 Solvason, Connor	SR	Cox Mill	47.45
15 Vargas, Connor	SR	Reagan	47.45
16 Wang, Edward	SR	Chapel Hill	47.48
17 Larsen, Grant		Pinecrest	47.56
18 Smith, Christian	SR	Cardinal Gibbons	47.63
19 Murphy, Parker	FR	Hickory Ridge	47.63
20 Kinnavy, Mason	SR	Providence	47.78
21 Stewart, Dylan	FR	Marvin Ridge	47.98
22 Medlin, Carter	FR	Providence	48.28
23 Halpern, Max	FR	East Chapel Hill	48.32
24 Volpe, Andrew	SR	Chapel Hill	48.34

Event 15 Women 500 Yard Freestyle

Name	Yr	School	Seed Time
1 Schmitz, Madison	FR	Rolesville	4:54.76
2 LePage, Charlotte	JR	Marvin Ridge	4:54.76
3 Zettel, Nicole	JR	Apex Friendship	4:55.75
4 Guenther, Katherine	FR	Myers Park	5:00.12
5 White, Marisa	SR	Apex	5:01.48
6 Goodwin, Taylor	JR	TC Roberson	5:03.31
7 Hadsell, Meghan	SO	Cardinal Gibbons	5:03.92
8 Meekins, Nola	FR	Green Hope	5:04.21
9 Thornburg, Sophie	SO	Jordan	5:04.55
10 Kong, Ariel	FR	Marvin Ridge	5:04.77
11 Ghim, Esther	SR	Enloe	5:05.65
12 Virkler, Sarah	SR	Providence	5:05.86
13 Serens, Kate	FR	New Hanover	5:07.23
14 Collins, Mackenzie	SO	Jordan	5:07.45
15 Mihaly, Chloe	JR	Riverside	5:07.46
16 Hawkins, Riley	JR	Leesville Road	5:07.65
17 Lee, Emma	SR	Marvin Ridge	5:07.85
18 Townsend, Annabel	FR	Enloe	5:09.50
19 Pardue, Audrey	JR	Char Catholic	5:09.72
20 Largen, Caroline	JR	South Meck	5:09.99
21 Mueller, Tanith	JR	Apex	5:11.98
22 Wrenn, Emily	SO	Heritage	5:12.09
23 Barr, Emma	SO	Lake Norman	5:13.66
24 Bednar, Reese	JR	Marvin Ridge	5:14.83

Event 16 Men 500 Yard Freestyle

Name	Yr	School	Seed Time
1 Marsteiner, Matthew	SR	Leesville Road	4:21.66
2 DeGroote, Hudson	SR	South Garner	4:27.63
3 Davidson, Aaron	JR	Sanderson	4:29.56
4 Tuttle, Wilson	SR	Broughton	4:32.02
5 Rutledge, Jack	JR	Providence	4:33.19
6 Nicholson, Cooper	SR	East Chapel Hill	4:36.21
7 Haywood, Jack	SR	Providence	4:38.66
8 Chaires, Colton	FR	East Chapel Hill	4:38.96
9 Drake, Liam	FR	Cardinal Gibbons	4:39.87
10 Swenson, Broder	JR	Broughton	4:41.16
11 Peck, Connor	SR	Green Level	4:42.44
12 Smith, Ben	SO	Millbrook	4:42.85
13 Polzien, Adam	SO	Marvin Ridge	4:43.59
14 Beebe, Cooper	SR	Athens Drive	4:43.69
15 Pritchard, Benjamin	SR	Northern Durham	4:44.05
16 West, Carson	SO	Hough	4:44.26
17 Nelson, Elijah	JR	Leesville Road	4:44.72
18 Henage, Charles	SR	Marvin Ridge	4:45.62
19 Marrujo, Maximilian	SR	Apex Friendship	4:46.50
20 Matz, Jordan	SO	Cary	4:46.63
21 Emerton, Ethan	SR	Cardinal Gibbons	4:46.92
22 Herger, Wyatt	JR	Hopewell	4:47.35
23 Marrujo, Christian	JR	Apex Friendship	4:49.84
24 Neudecker, Jack	JR	Wake Forest	4:49.99

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Event 17	Women 200 Yard Freestyle Relay		
Team	Relay	Seed Time	
1	Green Hope	1:35.41	
2	Myers Park	1:35.70	
3	Lake Norman	1:36.09	
4	Marvin Ridge	1:36.49	
5	Hoggard	1:36.73	
6	Cardinal Gibbons	1:37.22	
7	Grimsley	1:37.55	
8	Providence	1:37.92	
9	East Chapel Hill	1:38.14	
10	Broughton	1:38.33	
11	Char Catholic	1:38.78	
12	South Meck	1:39.02	
13	Heritage	1:39.66	
14	Apex	1:39.71	
15	Riverside	1:39.90	
16	Wakefield	1:40.30	
17	Hough	1:40.43	
18	Weddington	1:40.60	
19	Sanderson	1:41.39	
20	Athens Drive	1:41.40	
21	Cary	1:41.53	
22	Leesville Road	1:41.72	
23	Laney	1:42.26	
24	Mount Tabor	1:42.45	

Event 18	Men 200 Yard Freestyle Relay		
Team	Relay	Seed Time	
1	Marvin Ridge	1:23.67	
2	Ardrey Kell	1:24.10	
3	Ashley	1:24.82	
4	Myers Park	1:24.98	
5	Hoggard	1:25.12	
6	Chapel Hill	1:26.60	
7	Cardinal Gibbons	1:26.74	
8	East Mecklenburg	1:26.87	
9	Page	1:27.55	
10	Green Level	1:27.72	
11	Green Hope	1:27.98	
12	Broughton	1:28.13	
13	East Chapel Hill	1:28.15	
14	Providence	1:28.35	
15	Athens Drive	1:29.02	
16	Sanderson	1:29.46	
17	Wake Forest	1:29.77	
18	Mount Tabor	1:29.86	
19	Davie	1:30.00	
20	Corinth-Holders	1:30.05	
21	Heritage	1:30.07	
22	South Meck	1:30.10	
23	Reagan	1:30.95	
24	Hopewell	1:31.10	

Event 19	Women 100 Yard Backstroke			
Name	Yr	School	Seed Time	
1	Hull, Aubrey	SR	Ardrey Kell	53.25
2	Claborn, Alyssa	JR	Lake Norman	53.61
3	Bernardo, Lauren	SR	Char Catholic	54.24
4	Neal, Kayman	SR	Myers Park	54.57
5	Stuck, Kelsey	JR	Hoggard	55.44
6	Shields, Shaelyn	JR	Providence	55.93
7	Rydzewski, Samantha	SR	Middle Creek	55.97
8	McGonigal, Maeren	SR	Grimsley	55.99
9	Pou, Julia	SO	Myers Park	56.27
10	Elgart, Shayna	SO	Broughton	56.70
11	VanNote, Carly	SR	Marvin Ridge	57.44
12	Reddick, Emmaline	SO	South Meck	57.67
13	White, Olivia	FR	Ardrey Kell	57.74
14	Hunt, Gracie	SR	Grimsley	57.82
15	Perry, Sophie	JR	Apex	57.96
16	Joy, Madi	SR	Laney	57.97
17	Robertson, Camden	FR	RJ Reynolds	58.01
18	Farrell, Claire	JR	Reagan	58.20
19	Collins, Mackenzie	SO	Jordan	58.37
20	Brewster, Grayson	FR	Weddington	58.41
21	Meekins, Nola	FR	Green Hope	58.57
22	Serens, Kate	FR	New Hanover	58.65
23	Sefried, Juliet	SO	Cardinal Gibbons	59.73
24	Cardinale, Carmen	JR	Leesville Road	59.89

Event 20	Men 100 Yard Backstroke			
Name	Yr	School	Seed Time	
1	Witmer, William	SR	Hoggard	48.76
2	Bennison, James	SR	Heritage	48.98
3	Jackson, Davis	FR	Leesville Road	49.56
4	Tharakan, Abhay	JR	Apex	50.02
5	Erickson, Chris	SR	Northern Durham	50.08
6	Stutts, Ian	JR	Enloe	50.72
7	Sito, Drew	FR	Sanderson	50.80
8	Holtham, Isaac	SR	Ardrey Kell	50.96
9	O'Keefe, Leo	JR	Green Level	51.20
10	Smith, Christian	SR	Cardinal Gibbons	51.37
11	Aristondo, Christopher	SR	South Meck	51.59
12	Farrell, Brian	SR	Green Hope	51.66
13	Hadsell, Ethan	SR	Cardinal Gibbons	51.90
14	Lindsay, Hil	SR	Myers Park	52.00
15	Heisig, Charles	SR	Marvin Ridge	52.05
16	Frondoza, Ethan	JR	West Forsyth	52.22
17	Tangeman, Brady	SR	Apex Friendship	52.48
18	O'Mara, Quinn	JR	Marvin Ridge	52.69
19	Herger, Wyatt	JR	Hopewell	52.70
20	Palamar, Jonathan	FR	Green Level	52.75
21	Eickhoff, C.J	JR	Wake Forest	52.89
22	Nicholson, Cooper	SR	East Chapel Hill	52.92
23	Liang, Ethan	SO	Chapel Hill	52.93
24	West, Ryan	SR	Middle Creek	53.00

2024 4A State NCHSAA State Championships - 2/9/2024 to 2/10/2024

Swimming & Diving

Host: Cardinal Gibbons HS

{Advanced to State Meet - Highlighted are At-large from any Region}

Event 21	Women 100 Yard Breaststroke		
Name	Yr	School	Seed Time
1 Wallace, Eliza	SO	Ardrey Kell	1:00.47
2 Klamfoth, Avery	SO	Myers Park	1:01.29
3 Thomas, Emma	SO	Leesville Road	1:03.08
4 Jackson, Alyssa	SR	Leesville Road	1:03.22
5 Deras, Audrey	FR	Cleveland	1:03.42
6 Betancourt, Amelia	JR	Lake Norman	1:03.44
7 Plaza, Sofia	SR	Myers Park	1:03.56
8 Vassil, Avery	JR	Marvin Ridge	1:03.87
9 Druhan, Abby	SR	Char Catholic	1:03.91
10 Willis, Lily	JR	Green Level	1:04.09
11 Qiu, Janice	SO	Green Hope	1:04.12
12 Henderson, Sarah	SO	Hopewell	1:04.26
13 Jeltema, Mia	JR	Green Hope	1:04.42
14 Stout, Kaidy	FR	West Forsyth	1:04.68
15 Largen, Caroline	JR	South Meck	1:04.73
16 Holloway, Blythe	SR	Athens Drive	1:04.90
17 Canata, Celia	JR	Marvin Ridge	1:05.16
18 Wolk, Audrey	SR	East Chapel Hill	1:05.25
19 Tuchi, Grace	SR	Myers Park	1:05.26
20 Ivanov, Katya	SR	Apex	1:05.27
21 Hall, Taylor	SO	Hopewell	1:05.33
22 Kern, Kathryn	SO	Char Catholic	1:05.42
23 Lickfold, Katelyn	SO	Cardinal Gibbons	1:06.54
24 Pereira, Grace	FR	Cardinal Gibbons	1:06.76

Event 22	Men 100 Yard Breaststroke		
Name	Yr	School	Seed Time
1 Willis, Jordan	JR	Marvin Ridge	54.97
2 Nye, Grayson	SR	Middle Creek	55.19
3 Nechydyuk, Maksym	SR	Ardrey Kell	56.92
4 Burton, Bence	JR	Reagan	57.20
5 Townsend, Alex	JR	Enloe	57.23
6 Bucci, Cameron	JR	Myers Park	57.37
7 Gessner, Jack	SR	Providence	57.60
8 Brown, Mark		Western Guilford	57.69
9 Jones, Griffin	SR	Page	57.71
10 Hogan, Dane	JR	Holly Springs	57.74
11 Gaskey, Constantine	SR	West Cabarrus	57.94
12 Schoenagel, Matthew	SR	Green Level	58.06
13 Hardy, Gabe	FR	Char Catholic	58.39
14 Sutherland, Ryan	SO	Jordan	58.49
15 O'Sullivan, Trevor	JR	Cuthbertson	58.60
16 Winardi, Tobias	SR	Marvin Ridge	58.62
17 Burton, Tyler	SO	Reagan	58.63
18 McCarter, Gavin	SR	Marvin Ridge	59.23
19 Emerton, Ethan	SR	Cardinal Gibbons	59.25
20 Liu, Darren	JR	Green Level	59.28
21 Scheiber, Jackson	JR	Athens Drive	59.52
22 Richardson, Zach	SR	Cardinal Gibbons	59.61
23 Aston, Ben	SR	Corinth-Holders	59.97
24 John, Nick	JR	Cardinal Gibbons	59.99

Event 23	Women 400 Yard Freestyle Relay	
Team	Relay	Seed Time
1 Marvin Ridge		3:27.27
2 Myers Park		3:27.47
3 Char Catholic		3:29.52
4 Green Hope		3:30.22
5 Ardrey Kell		3:30.53
6 Providence		3:32.03
7 Broughton		3:33.32
8 Apex Friendship		3:35.02
9 Cardinal Gibbons		3:35.23
10 Apex		3:35.98
11 Hough		3:36.40
12 East Chapel Hill		3:37.22
13 Riverside		3:37.24
14 Hopewell		3:37.38
15 Enloe		3:37.97
16 Cuthbertson		3:38.42
17 Jordan		3:38.63
18 Middle Creek		3:38.71
19 South Meck		3:38.91
20 RJ Reynolds		3:40.86
21 Weddington		3:41.06
22 Leesville Road		3:42.36
23 Sanderson		3:43.43
24 Topsail		3:44.32

Event 24	Men 400 Yard Freestyle Relay	
Team	Relay	Seed Time
1 Leesville Road		3:08.99
2 Providence		3:09.50
3 Cardinal Gibbons		3:09.98
4 East Mecklenburg		3:09.99
5 Marvin Ridge		3:10.22
6 East Chapel Hill		3:10.90
7 Millbrook		3:11.90
8 Enloe		3:12.41
9 Hickory Ridge		3:13.80
10 Broughton		3:13.87
11 Cox Mill		3:14.00
12 Apex Friendship		3:14.26
13 Reagan		3:14.32
14 South Meck		3:15.68
15 Green Hope		3:15.80
16 Ardrey Kell		3:17.49
17 Jordan		3:17.96
18 Myers Park		3:18.99
19 Grimsley		3:19.31
20 Corinth-Holders		3:19.43
21 N Guilford		3:19.94
22 Hough		3:20.73
23 Cary		3:20.77
24 NW Guilford		3:21.00