

NCHSAA 3A Indoor Track State Championships - 2/10/2024

JDL Fast Track

School Entries - All Events

A.C. Reynolds (ACR)

1.	Eli Card - Male - Year: 10 - Ind/Rel: 0 / 1			
	#14 Boys 4x800 Meter Relay (1)	8:37.02		
2.	Ben Carpenter - Male - Year: 11 - Ind/Rel: 0 / 1			
	#14 Boys 4x800 Meter Relay (3)	8:37.02		
3.	Stella Chudomel - Female - Year: 12 - Ind/Rel: 0 / 1			
	#35 Girls 4x400 Meter Relay (2)	4:21.44		
4.	Jill Cochrane - Female - Year: 10 - Ind/Rel: 0 / 1			
	#13 Girls 4x800 Meter Relay (4)	10:40.46		
5.	Cora Elliott - Female - Year: 10 - Ind/Rel: 0 / 2			
	#13 Girls 4x800 Meter Relay (1)	10:40.46	#35 Girls 4x400 Meter Relay (3)	4:21.44
6.	Brogan Elsen - Male - Year: 11 - Ind/Rel: 1 / 0			
	#8 Boys Triple Jump	40-06.50		
7.	Evva Hamilton - Female - Year: 11 - Ind/Rel: 0 / 1			
	#35 Girls 4x400 Meter Relay (1)	4:21.44		
8.	Joliene Homan - Female - Year: 10 - Ind/Rel: 0 / 2			
	#13 Girls 4x800 Meter Relay (2)	10:40.46	#35 Girls 4x400 Meter Relay (4)	4:21.44
9.	Elliott Kohn - Male - Year: 12 - Ind/Rel: 0 / 1			
	#14 Boys 4x800 Meter Relay (2)	8:37.02		
10.	Julia Lang - Female - Year: 10 - Ind/Rel: 0 / 1			
	#13 Girls 4x800 Meter Relay (3)	10:40.46		
11.	Jake Ramage - Male - Year: 12 - Ind/Rel: 1 / 0			
	#16 Boys 55 Meter Hurdles Prelims	8.21		
12.	Gus Simmons - Male - Year: 10 - Ind/Rel: 0 / 1			
	#14 Boys 4x800 Meter Relay (4)	8:37.02		
1.	A.C. Reynolds - 'A'		#13 Girls 4x800 Meter Relay	10:40.46
	Cora Elliott 10; Joliene Homan 10; Julia Lang 10; Jill Cochrane 10			
2.	A.C. Reynolds - 'A'		#14 Boys 4x800 Meter Relay	8:37.02
	Eli Card 10; Elliott Kohn 12; Ben Carpenter 11; Gus Simmons 10			
3.	A.C. Reynolds - 'A'		#35 Girls 4x400 Meter Relay	4:21.44
	Evva Hamilton 11; Stella Chudomel 12; Cora Elliott 10; Joliene Homan 10			
	A.C. Reynolds Total Individual Entries: 2 - Total Relays: 3			

NCHSAA 3A Indoor Track State Championships - 2/10/2024

JDL Fast Track

School Entries - All Events

Ashbrook (ASHB)

1. Amir Goines - Male - Year: 11 - Ind/Rel: 1 / 0
#26 Boys 500 Meter Dash 1:07.66
2. Camryn Massey - Female - Year: 12 - Ind/Rel: 1 / 0
#1 Girls Shot Put 46-09.25
3. Mahogany Spikes - Female - Year: 10 - Ind/Rel: 3 / 0
#17 Girls 55 Meter Dash Prelims 7.36 #25 Girls 500 Meter Dash 1:18.49
#29 Girls 300 Meter Dash 40.58

Ashbrook Total Individual Entries: 5 - Total Relays: 0

NCHSAA 3A Indoor Track State Championships - 2/10/2024

JDL Fast Track

School Entries - All Events

Ashe County (ASHC)

1. Elliott Cox - Male - Year: 12 - Ind/Rel: 1 / 0
#3 Boys Shot Put 44-01.00
2. Sawyer Greene - Male - Year: 10 - Ind/Rel: 1 / 0
#10 Boys High Jump 6-00.00
3. Emily Hartsoe - Female - Year: 12 - Ind/Rel: 1 / 0
#1 Girls Shot Put 42-05.00

Ashe County Total Individual Entries: 3 - Total Relays: 0

NCHSAA 3A Indoor Track State Championships - 2/10/2024

JDL Fast Track

School Entries - All Events

Asheboro (ABOR)

1. Lance Everhart - Male - Year: 12 - Ind/Rel: 3 / 0

#6 Boys Long Jump	21-08.00	#10 Boys High Jump	6-05.00
#12 Boys Pole Vault	14-00.00		
2. Valentino Mark - Male - Year: 12 - Ind/Rel: 1 / 0

#8 Boys Triple Jump	41-00.25		
---------------------	----------	--	--
3. Kai Matthews - Male - Year: 12 - Ind/Rel: 1 / 0

#6 Boys Long Jump	22-03.50		
-------------------	----------	--	--
4. Jalaya Showers - Female - Year: 10 - Ind/Rel: 1 / 0

#17 Girls 55 Meter Dash Prelims	7.15		
---------------------------------	------	--	--

Asheboro Total Individual Entries: 6 - Total Relays: 0

NCHSAA 3A Indoor Track State Championships - 2/10/2024

JDL Fast Track

School Entries - All Events

Atkins (ATKN)

1. Christopher Allen - Male - Year: 12 - Ind/Rel: 0 / 1
#14 Boys 4x800 Meter Relay (1) 8:34.54
 2. Sekani Carter - Male - Year: 10 - Ind/Rel: 0 / 1
#22 Boys 4x200 Meter Relay (3) 1:34.21
 3. Maddison Davis - Female - Year: 9 - Ind/Rel: 1 / 0
#1 Girls Shot Put 35-03.00
 4. Will Downs - Male - Year: 12 - Ind/Rel: 3 / 0
#24 Boys 1600 Meter Run 4:25.11 #28 Boys 1000 Meter Run 2:32.61
#34 Boys 3200 Meter Run 9:33.52
 5. Elijah Elliott - Male - Year: 11 - Ind/Rel: 0 / 1
#22 Boys 4x200 Meter Relay (1) 1:34.21
 6. Ogechi Ezeigbo - Female - Year: 11 - Ind/Rel: 2 / 2
#5 Girls Long Jump 16-00.25 #15 Girls 55 Meter Hurdles Prelims 8.40
#21 Girls 4x200 Meter Relay (2) 1:43.97 #35 Girls 4x400 Meter Relay (3) 4:10.31
 7. Onyi Ezeigbo - Female - Year: 10 - Ind/Rel: 2 / 2
#17 Girls 55 Meter Dash Prelims 7.08 #29 Girls 300 Meter Dash 40.11
#21 Girls 4x200 Meter Relay (1) 1:43.97 #35 Girls 4x400 Meter Relay (1) 4:10.31
 8. Zaire Friend - Male - Year: 12 - Ind/Rel: 0 / 1
#22 Boys 4x200 Meter Relay (2) 1:34.21
 9. Mariah House - Female - Year: 9 - Ind/Rel: 0 / 1
#13 Girls 4x800 Meter Relay (2) 10:57.07
 10. Paige Kiesling - Female - Year: 10 - Ind/Rel: 2 / 0
#23 Girls 1600 Meter Run 5:31.11 #27 Girls 1000 Meter Run 3:14.30
 11. Ja'Naya Linder - Female - Year: 12 - Ind/Rel: 2 / 2
#17 Girls 55 Meter Dash Prelims 7.29 #29 Girls 300 Meter Dash 39.86
#21 Girls 4x200 Meter Relay (3) 1:43.97 #35 Girls 4x400 Meter Relay (2) 4:10.31
 12. Ja'Nique Linder - Female - Year: 10 - Ind/Rel: 0 / 2
#21 Girls 4x200 Meter Relay (4) 1:43.97 #35 Girls 4x400 Meter Relay (4) 4:10.31
 13. Quenton Newkirk - Male - Year: 12 - Ind/Rel: 1 / 0
#16 Boys 55 Meter Hurdles Prelims 7.99
 14. Amy Niang - Female - Year: 10 - Ind/Rel: 0 / 1
#13 Girls 4x800 Meter Relay (1) 10:57.07
 15. Lucas O'Neal - Male - Year: 12 - Ind/Rel: 0 / 1
#14 Boys 4x800 Meter Relay (2) 8:34.54
 16. Chloe Peck - Female - Year: 11 - Ind/Rel: 0 / 1
#13 Girls 4x800 Meter Relay (4) 10:57.07
 17. William Roehrenbeck - Male - Year: 10 - Ind/Rel: 0 / 1
#14 Boys 4x800 Meter Relay (3) 8:34.54
 18. Ellie Scott - Female - Year: 10 - Ind/Rel: 0 / 1
#13 Girls 4x800 Meter Relay (3) 10:57.07
 19. Brayden Yoder - Male - Year: 11 - Ind/Rel: 0 / 1
#14 Boys 4x800 Meter Relay (4) 8:34.54
 20. Jeremiah Young - Male - Year: 11 - Ind/Rel: 0 / 1
#22 Boys 4x200 Meter Relay (4) 1:34.21
-
1. Atkins - 'A' #13 Girls 4x800 Meter Relay 10:57.07
Amy Niang 10; Mariah House 9; Ellie Scott 10; Chloe Peck 11
 2. Atkins - 'A' #14 Boys 4x800 Meter Relay 8:34.54
Christopher Allen 12; Lucas O'Neal 12; William Roehrenbeck 10; Brayden Yoder 11
 3. Atkins - 'A' #21 Girls 4x200 Meter Relay 1:43.97
Onyi Ezeigbo 10; Ogechi Ezeigbo 11; Ja'Naya Linder 12; Ja'Nique Linder 10
 4. Atkins - 'A' #22 Boys 4x200 Meter Relay 1:34.21
Elijah Elliott 11; Zaire Friend 12; Sekani Carter 10; Jeremiah Young 11

NCHSAA 3A Indoor Track State Championships - 2/10/2024

JDL Fast Track

School Entries - All Events

Atkins (ATKN)

5. Atkins - 'A' #35 Girls 4x400 Meter Relay 4:10.31

Onyi Ezeigbo 10; Ja'Naya Linder 12; Ogechi Ezeigbo 11; Ja'Nique Linder 10

Atkins Total Individual Entries: 13 - Total Relays: 5

NCHSAA 3A Indoor Track State Championships - 2/10/2024

JDL Fast Track

School Entries - All Events

Aycock, Charles B (AYC)

1. Atha Brantley - Female - Year: 10 - Ind/Rel: 1 / 0
#23 Girls 1600 Meter Run 5:28.00

2. William Seth Cowan - Male - Year: 10 - Ind/Rel: 1 / 0
#3 Boys Shot Put 43-07.00

Aycock, Charles B Total Individual Entries: 2 - Total Relays: 0

NCHSAA 3A Indoor Track State Championships - 2/10/2024

JDL Fast Track

School Entries - All Events

Ben L. Smith (BSMI)

1. Zaria Burnett - Female - Year: 11 - Ind/Rel: 2 / 0

#5 Girls Long Jump

16-07.00

#15 Girls 55 Meter Hurdles Prelims

8.90

Ben L. Smith Total Individual Entries: 2 - Total Relays: 0

NCHSAA 3A Indoor Track State Championships - 2/10/2024

JDL Fast Track

School Entries - All Events

Carrboro (CARR)

- | | | | | |
|----|---|----------|---------------------------------|---------|
| 1. | Arabelle Baruch - Female - Year: 9 - Ind/Rel: 1 / 1 | | | |
| | #25 Girls 500 Meter Dash | 1:21.92 | #35 Girls 4x400 Meter Relay (2) | 4:17.20 |
| 2. | Ryan Becker - Male - Year: 12 - Ind/Rel: 1 / 0 | | | |
| | #12 Boys Pole Vault | 13-06.00 | | |
| 3. | Elliott Ferris - Male - Year: 11 - Ind/Rel: 1 / 0 | | | |
| | #26 Boys 500 Meter Dash | 1:08.30 | | |
| 4. | Casey Greene - Female - Year: 12 - Ind/Rel: 0 / 1 | | | |
| | #35 Girls 4x400 Meter Relay (3) | 4:17.20 | | |
| 5. | Naomi Hirsch - Female - Year: 9 - Ind/Rel: 1 / 0 | | | |
| | #23 Girls 1600 Meter Run | 5:33.14 | | |
| 6. | Aylin McGowan - Female - Year: 10 - Ind/Rel: 0 / 1 | | | |
| | #35 Girls 4x400 Meter Relay (4) | 4:17.20 | | |
| 7. | Zadie Taylor - Female - Year: 11 - Ind/Rel: 0 / 1 | | | |
| | #35 Girls 4x400 Meter Relay (1) | 4:17.20 | | |
| 1. | Carrboro - 'A' | | #35 Girls 4x400 Meter Relay | 4:17.20 |
| | Zadie Taylor 11; Arabelle Baruch 9; Casey Greene 12; Aylin McGowan 10 | | | |
| | Carrboro Total Individual Entries: 4 - Total Relays: 1 | | | |

NCHSAA 3A Indoor Track State Championships - 2/10/2024**JDL Fast Track****School Entries - All Events****Central Academy of Technology (CATA)**

1. Andrew Catapano - Male - Year: 12 - Ind/Rel: 2 / 2			
#24 Boys 1600 Meter Run	4:34.24	#34 Boys 3200 Meter Run	10:00.13
#14 Boys 4x800 Meter Relay (4)	8:07.31	#36 Boys 4x400 Meter Relay (3)	3:28.78
2. Heyden Christensen - Male - Year: 11 - Ind/Rel: 1 / 1			
#24 Boys 1600 Meter Run	4:32.13	#14 Boys 4x800 Meter Relay (2)	8:07.31
3. Aaliyah Green - Female - Year: 12 - Ind/Rel: 1 / 0			
#29 Girls 300 Meter Dash	42.45		
4. Aaron Higgins - Male - Year: 12 - Ind/Rel: 3 / 1			
#6 Boys Long Jump	21-04.25	#18 Boys 55 Meter Dash Prelims	6.44
#30 Boys 300 Meter Dash	35.64	#22 Boys 4x200 Meter Relay (4)	1:31.85
5. Gavin Jansen - Male - Year: 11 - Ind/Rel: 1 / 1			
#34 Boys 3200 Meter Run	9:56.67	#14 Boys 4x800 Meter Relay (3)	8:07.31
6. Cameron Little - Male - Year: 11 - Ind/Rel: 1 / 2			
#30 Boys 300 Meter Dash	35.95	#22 Boys 4x200 Meter Relay (1)	1:31.85
#36 Boys 4x400 Meter Relay (1)	3:28.78		
7. Timothy Parsons - Male - Year: 10 - Ind/Rel: 2 / 2			
#26 Boys 500 Meter Dash	1:07.57	#28 Boys 1000 Meter Run	2:40.81
#14 Boys 4x800 Meter Relay (1)	8:07.31	#36 Boys 4x400 Meter Relay (4)	3:28.78
8. Matthew Pfister - Male - Year: 11 - Ind/Rel: 0 / 1			
#22 Boys 4x200 Meter Relay (2)	1:31.85		
9. Jadah Pringle - Female - Year: 11 - Ind/Rel: 1 / 0			
#1 Girls Shot Put	34-01.00		
10. Jayden Rutledge - Male - Year: 11 - Ind/Rel: 2 / 2			
#26 Boys 500 Meter Dash	1:07.80	#30 Boys 300 Meter Dash	36.33
#22 Boys 4x200 Meter Relay (3)	1:31.85	#36 Boys 4x400 Meter Relay (2)	3:28.78
1. Central Academy of Technology - 'A'	#14 Boys 4x800 Meter Relay		8:07.31
Timothy Parsons 10; Heyden Christensen 11; Gavin Jansen 11; Andrew Catapano 12			
2. Central Academy of Technology - 'A'	#22 Boys 4x200 Meter Relay		1:31.85
Cameron Little 11; Matthew Pfister 11; Jayden Rutledge 11; Aaron Higgins 12			
3. Central Academy of Technology - 'A'	#36 Boys 4x400 Meter Relay		3:28.78
Cameron Little 11; Jayden Rutledge 11; Andrew Catapano 12; Timothy Parsons 10			
Central Academy of Technology	Total Individual Entries: 14	Total Relays: 3	

NCHSAA 3A Indoor Track State Championships - 2/10/2024

JDL Fast Track

School Entries - All Events

Central Davidson (CDVD)

1. Zane Ellis - Male - Year: 12 - Ind/Rel: 1 / 0

#3 Boys Shot Put

43-02.00

Central Davidson Total Individual Entries: 1 - Total Relays: 0

NCHSAA 3A Indoor Track State Championships - 2/10/2024

JDL Fast Track

School Entries - All Events

Concord (CON)

1. Leland Bishop - Male - Year: 11 - Ind/Rel: 1 / 0

#30 Boys 300 Meter Dash

35.53

Concord Total Individual Entries: 1 - Total Relays: 0

NCHSAA 3A Indoor Track State Championships - 2/10/2024

JDL Fast Track

School Entries - All Events

Croatan (CRTA)

1. Cailin Ames - Female - Year: 12 - Ind/Rel: 1 / 0			
#1 Girls Shot Put	39-01.00		
2. Trey Austin - Male - Year: 12 - Ind/Rel: 1 / 2			
#26 Boys 500 Meter Dash	1:05.70	#14 Boys 4x800 Meter Relay (1)	7:52.65
#36 Boys 4x400 Meter Relay (1)	3:21.08		
3. Lela Besemer - Female - Year: 9 - Ind/Rel: 2 / 2			
#17 Girls 55 Meter Dash Prelims	7.14	#29 Girls 300 Meter Dash	41.15
#21 Girls 4x200 Meter Relay (1)	1:47.51	#35 Girls 4x400 Meter Relay (1)	4:14.60
4. Jake Carroll - Male - Year: 12 - Ind/Rel: 1 / 0			
#12 Boys Pole Vault	14-03.00		
5. Tyrese Cone - Male - Year: 12 - Ind/Rel: 2 / 0			
#24 Boys 1600 Meter Run	4:29.32	#34 Boys 3200 Meter Run	9:41.77
6. Carly Gordinier - Female - Year: 12 - Ind/Rel: 1 / 0			
#11 Girls Pole Vault	11-06.00		
7. Noah Guerrero - Male - Year: 11 - Ind/Rel: 3 / 0			
#24 Boys 1600 Meter Run	4:23.54	#28 Boys 1000 Meter Run	2:32.32
#34 Boys 3200 Meter Run	9:34.43		
8. Heath Hartman - Male - Year: 9 - Ind/Rel: 1 / 0			
#10 Boys High Jump	6-02.00		
9. Peyton Heath - Male - Year: 11 - Ind/Rel: 1 / 0			
#8 Boys Triple Jump	40-05.75		
10. Ashton Kirkwood - Male - Year: 10 - Ind/Rel: 1 / 0			
#12 Boys Pole Vault	13-06.00		
11. Cameran Ladd - Female - Year: 12 - Ind/Rel: 3 / 1			
#23 Girls 1600 Meter Run	5:12.68	#27 Girls 1000 Meter Run	3:04.56
#33 Girls 3200 Meter Run	11:31.06	#13 Girls 4x800 Meter Relay (1)	9:55.17
12. Pierce Mahnke - Male - Year: 11 - Ind/Rel: 3 / 0			
#8 Boys Triple Jump	43-03.50	#10 Boys High Jump	6-04.00
#16 Boys 55 Meter Hurdles Prelims	7.94		
13. Alex McClain - Male - Year: 10 - Ind/Rel: 1 / 0			
#3 Boys Shot Put	44-05.00		
14. Jady Melby - Female - Year: 12 - Ind/Rel: 1 / 0			
#11 Girls Pole Vault	10-00.00		
15. Skylar Nawrocki - Female - Year: 11 - Ind/Rel: 0 / 1			
#13 Girls 4x800 Meter Relay (2)	9:55.17		
16. Seth Nelson - Male - Year: 11 - Ind/Rel: 0 / 2			
#14 Boys 4x800 Meter Relay (3)	7:52.65	#22 Boys 4x200 Meter Relay (3)	1:30.89
17. Luke Nicolajsen - Male - Year: 12 - Ind/Rel: 1 / 2			
#30 Boys 300 Meter Dash	34.82	#22 Boys 4x200 Meter Relay (1)	1:30.89
#36 Boys 4x400 Meter Relay (3)	3:21.08		
18. Matthew Quispe - Male - Year: 12 - Ind/Rel: 1 / 3			
#26 Boys 500 Meter Dash	1:03.89	#14 Boys 4x800 Meter Relay (4)	7:52.65
#22 Boys 4x200 Meter Relay (4)	1:30.89	#36 Boys 4x400 Meter Relay (4)	3:21.08
19. Joli Rossi - Female - Year: 9 - Ind/Rel: 1 / 3			
#27 Girls 1000 Meter Run	3:13.96	#13 Girls 4x800 Meter Relay (3)	9:55.17
#21 Girls 4x200 Meter Relay (4)	1:47.51	#35 Girls 4x400 Meter Relay (4)	4:14.60
20. Victoria Salas - Female - Year: 9 - Ind/Rel: 0 / 2			
#21 Girls 4x200 Meter Relay (2)	1:47.51	#35 Girls 4x400 Meter Relay (3)	4:14.60
21. Cooper Stephens - Male - Year: 11 - Ind/Rel: 1 / 3			
#26 Boys 500 Meter Dash	1:05.44	#14 Boys 4x800 Meter Relay (2)	7:52.65
#22 Boys 4x200 Meter Relay (2)	1:30.89	#36 Boys 4x400 Meter Relay (2)	3:21.08

NCHSAA 3A Indoor Track State Championships - 2/10/2024**JDL Fast Track****School Entries - All Events****Croatan (CRTA)**

22. Maisy Stephens - Female - Year: 9 - Ind/Rel: 2 / 1			
#23 Girls 1600 Meter Run	5:16.65	#33 Girls 3200 Meter Run	11:32.45
#13 Girls 4x800 Meter Relay (4)	9:55.17		
23. Lexi Tripp - Female - Year: 10 - Ind/Rel: 0 / 2			
#21 Girls 4x200 Meter Relay (3)	1:47.51	#35 Girls 4x400 Meter Relay (2)	4:14.60
24. Andrew Wahlgren - Male - Year: 12 - Ind/Rel: 3 / 0			
#24 Boys 1600 Meter Run	4:27.36	#28 Boys 1000 Meter Run	2:36.40
#34 Boys 3200 Meter Run	9:53.57		
25. Robert Wallace - Male - Year: 12 - Ind/Rel: 1 / 0			
#12 Boys Pole Vault	12-00.00		
1. Croatan - 'A'	#13 Girls 4x800 Meter Relay		9:55.17
Cameran Ladd 12; Skylar Nawrocki 11; Joli Rossi 9; Maisy Stephens 9			
2. Croatan - 'A'	#14 Boys 4x800 Meter Relay		7:52.65
Trey Austin 12; Cooper Stephens 11; Seth Nelson 11; Matthew Quispe 12			
3. Croatan - 'A'	#21 Girls 4x200 Meter Relay		1:47.51
Lela Besemer 9; Victoria Salas 9; Lexi Tripp 10; Joli Rossi 9			
4. Croatan - 'A'	#22 Boys 4x200 Meter Relay		1:30.89
Luke Nicolajsen 12; Cooper Stephens 11; Seth Nelson 11; Matthew Quispe 12			
5. Croatan - 'A'	#35 Girls 4x400 Meter Relay		4:14.60
Lela Besemer 9; Lexi Tripp 10; Victoria Salas 9; Joli Rossi 9			
6. Croatan - 'A'	#36 Boys 4x400 Meter Relay		3:21.08
Trey Austin 12; Cooper Stephens 11; Luke Nicolajsen 12; Matthew Quispe 12			
Croatan Total Individual Entries: 32 - Total Relays: 6			

NCHSAA 3A Indoor Track State Championships - 2/10/2024

JDL Fast Track

School Entries - All Events

Currituck County (CUR)

1. Illianna Bailey - Female - Year: 9 - Ind/Rel: 0 / 2			
#13 Girls 4x800 Meter Relay (4)	10:57.04	#35 Girls 4x400 Meter Relay (3)	4:20.10
2. Caitlyn Curran - Female - Year: 10 - Ind/Rel: 0 / 1			
#13 Girls 4x800 Meter Relay (2)	10:57.04		
3. Kylee Dinterman - Female - Year: 11 - Ind/Rel: 0 / 2			
#13 Girls 4x800 Meter Relay (1)	10:57.04	#35 Girls 4x400 Meter Relay (1)	4:20.10
4. Damon Duke - Male - Year: 12 - Ind/Rel: 0 / 1			
#36 Boys 4x400 Meter Relay (3)	3:35.40		
5. Demarcus Henderson - Male - Year: 10 - Ind/Rel: 1 / 0			
#16 Boys 55 Meter Hurdles Prelims	8.02		
6. Camden Lenz - Male - Year: 11 - Ind/Rel: 0 / 1			
#36 Boys 4x400 Meter Relay (2)	3:35.40		
7. Riley Parker - Female - Year: 12 - Ind/Rel: 0 / 2			
#13 Girls 4x800 Meter Relay (3)	10:57.04	#35 Girls 4x400 Meter Relay (4)	4:20.10
8. Rodney Smith - Male - Year: 10 - Ind/Rel: 1 / 1			
#18 Boys 55 Meter Dash Prelims	6.51	#36 Boys 4x400 Meter Relay (1)	3:35.40
9. Michael Sweeney - Male - Year: 12 - Ind/Rel: 0 / 1			
#36 Boys 4x400 Meter Relay (4)	3:35.40		
10. Logan White - Female - Year: 11 - Ind/Rel: 2 / 1			
#7 Girls Triple Jump	33-03.00	#25 Girls 500 Meter Dash	1:20.35
#35 Girls 4x400 Meter Relay (2)	4:20.10		
1. Currituck County - 'A'	#13 Girls 4x800 Meter Relay		10:57.04
Kylee Dinterman 11; Caitlyn Curran 10; Riley Parker 12; Illianna Bailey 9			
2. Currituck County - 'A'	#35 Girls 4x400 Meter Relay		4:20.10
Kylee Dinterman 11; Logan White 11; Illianna Bailey 9; Riley Parker 12			
3. Currituck County - 'A'	#36 Boys 4x400 Meter Relay		3:35.40
Rodney Smith 10; Camden Lenz 11; Damon Duke 12; Michael Sweeney 12			
Currituck County	Total Individual Entries: 4	Total Relays: 3	

NCHSAA 3A Indoor Track State Championships - 2/10/2024

JDL Fast Track

School Entries - All Events

Dixon (DXN)

1. Lana Bess - Female - Year: 12 - Ind/Rel: 0 / 1
 #13 Girls 4x800 Meter Relay (3) 10:52.00
 2. Alyssa Chiang - Female - Year: 10 - Ind/Rel: 0 / 1
 #13 Girls 4x800 Meter Relay (2) 10:52.00
 3. Christie Doucette - Female - Year: 11 - Ind/Rel: 0 / 1
 #13 Girls 4x800 Meter Relay (1) 10:52.00
 4. Tiana Greene - Female - Year: 10 - Ind/Rel: 0 / 1
 #13 Girls 4x800 Meter Relay (4) 10:52.00
 1. Dixon - 'A' #13 Girls 4x800 Meter Relay 10:52.00
 Christie Doucette 11; Alyssa Chiang 10; Lana Bess 12; Tiana Greene 10
- Dixon Total Individual Entries: 0 - Total Relays: 1**

NCHSAA 3A Indoor Track State Championships - 2/10/2024**JDL Fast Track****School Entries - All Events****Dudley (DUD)**

1. Adeniyi Adegorioye - Male - Year: 10 - Ind/Rel: 2 / 1			
#18 Boys 55 Meter Dash Prelims	6.50	#30 Boys 300 Meter Dash	36.33
#22 Boys 4x200 Meter Relay (1)	1:30.65		
2. Koredell Bartley - Male - Year: 11 - Ind/Rel: 0 / 1			
#36 Boys 4x400 Meter Relay (4)	3:27.04		
3. Sammad Bell - Male - Year: 12 - Ind/Rel: 1 / 0			
#3 Boys Shot Put	43-05.00		
4. Jalee Brown - Female - Year: 11 - Ind/Rel: 2 / 2			
#17 Girls 55 Meter Dash Prelims	7.15	#29 Girls 300 Meter Dash	40.54
#21 Girls 4x200 Meter Relay (3)	1:39.63	#35 Girls 4x400 Meter Relay (2)	4:06.15
5. Le'Ezra Brown - Male - Year: 11 - Ind/Rel: 3 / 1			
#16 Boys 55 Meter Hurdles Prelims	7.29	#18 Boys 55 Meter Dash Prelims	6.51
#30 Boys 300 Meter Dash	36.46	#22 Boys 4x200 Meter Relay (3)	1:30.65
6. Shamilia Carpenter - Female - Year: 11 - Ind/Rel: 1 / 0			
#1 Girls Shot Put	32-03.75		
7. Gabrielle Cheek - Female - Year: 12 - Ind/Rel: 2 / 2			
#25 Girls 500 Meter Dash	1:19.40	#29 Girls 300 Meter Dash	40.16
#21 Girls 4x200 Meter Relay (2)	1:39.63	#35 Girls 4x400 Meter Relay (1)	4:06.15
8. Cayden Cole - Male - Year: 11 - Ind/Rel: 1 / 0			
#3 Boys Shot Put	43-04.50		
9. Madison Crowder - Female - Year: 11 - Ind/Rel: 2 / 0			
#9 Girls High Jump	5-00.00	#15 Girls 55 Meter Hurdles Prelims	8.43
10. Nilijah Darden - Female - Year: 11 - Ind/Rel: 2 / 1			
#17 Girls 55 Meter Dash Prelims	7.17	#29 Girls 300 Meter Dash	40.76
#21 Girls 4x200 Meter Relay (1)	1:39.63		
11. Devin Dow - Male - Year: 10 - Ind/Rel: 1 / 0			
#8 Boys Triple Jump	43-09.00		
12. Keyaun Dow - Male - Year: 12 - Ind/Rel: 1 / 0			
#8 Boys Triple Jump	42-00.50		
13. Miles Foxx - Male - Year: 12 - Ind/Rel: 1 / 0			
#12 Boys Pole Vault	11-06.00		
14. Derrick Hicks - Male - Year: 11 - Ind/Rel: 1 / 1			
#26 Boys 500 Meter Dash	1:07.20	#36 Boys 4x400 Meter Relay (3)	3:27.04
15. Jordan Johnson - Female - Year: 11 - Ind/Rel: 3 / 0			
#5 Girls Long Jump	16-10.75	#7 Girls Triple Jump	35-02.00
#15 Girls 55 Meter Hurdles Prelims	8.98		
16. Serenitie Johnson - Female - Year: 11 - Ind/Rel: 2 / 0			
#5 Girls Long Jump	17-00.00	#7 Girls Triple Jump	38-00.00
17. Zariah Jones - Female - Year: 10 - Ind/Rel: 0 / 1			
#13 Girls 4x800 Meter Relay (2)	10:38.27		
18. Shalei Jordan - Female - Year: 9 - Ind/Rel: 1 / 2			
#25 Girls 500 Meter Dash	1:19.80	#13 Girls 4x800 Meter Relay (4)	10:38.27
#35 Girls 4x400 Meter Relay (3)	4:06.15		
19. Antonio Lee Jr - Male - Year: 11 - Ind/Rel: 0 / 1			
#22 Boys 4x200 Meter Relay (4)	1:30.65		
20. Aa'Niyah Massey - Female - Year: 11 - Ind/Rel: 0 / 2			
#21 Girls 4x200 Meter Relay (4)	1:39.63	#35 Girls 4x400 Meter Relay (4)	4:06.15
21. Noelle Millner - Female - Year: 12 - Ind/Rel: 1 / 0			
#1 Girls Shot Put	33-10.50		
22. Devin Mims - Male - Year: 11 - Ind/Rel: 2 / 0			
#10 Boys High Jump	6-03.00	#16 Boys 55 Meter Hurdles Prelims	8.31

NCHSAA 3A Indoor Track State Championships - 2/10/2024

JDL Fast Track

School Entries - All Events

Dudley (DUD)

- | | | | |
|-----|---|-----------------------------|--|
| 23. | Sofiyan Oumarou - Male - Year: 12 - Ind/Rel: 1 / 0 | | |
| | #18 Boys 55 Meter Dash Prelims | 6.48 | |
| 24. | Donyel Parker - Male - Year: 11 - Ind/Rel: 1 / 0 | | |
| | #16 Boys 55 Meter Hurdles Prelims | 7.80 | |
| 25. | Kendall Penniegraft - Female - Year: 10 - Ind/Rel: 0 / 1 | | |
| | #13 Girls 4x800 Meter Relay (3) | 10:38.27 | |
| 26. | Abishek Pradhan - Male - Year: 12 - Ind/Rel: 1 / 0 | | |
| | #28 Boys 1000 Meter Run | 2:40.67 | |
| 27. | Senadzi Rankin - Female - Year: 12 - Ind/Rel: 1 / 0 | | |
| | #15 Girls 55 Meter Hurdles Prelims | 8.23 | |
| 28. | Jordyn Ratliff - Male - Year: 11 - Ind/Rel: 1 / 0 | | |
| | #3 Boys Shot Put | 43-05.50 | |
| 29. | Kamaal Ryan - Male - Year: 10 - Ind/Rel: 2 / 2 | | |
| | #26 Boys 500 Meter Dash | 1:08.41 | #30 Boys 300 Meter Dash 35.61 |
| | #22 Boys 4x200 Meter Relay (2) | 1:30.65 | #36 Boys 4x400 Meter Relay (2) 3:27.04 |
| 30. | Aaron Spears - Male - Year: 12 - Ind/Rel: 1 / 1 | | |
| | #28 Boys 1000 Meter Run | 2:40.54 | #36 Boys 4x400 Meter Relay (1) 3:27.04 |
| 31. | Logan Speight - Female - Year: 11 - Ind/Rel: 2 / 0 | | |
| | #5 Girls Long Jump | 16-11.00 | #7 Girls Triple Jump 33-11.00 |
| 32. | Daryn Stanback - Female - Year: 9 - Ind/Rel: 0 / 1 | | |
| | #13 Girls 4x800 Meter Relay (1) | 10:38.27 | |
| 33. | Lyric Watkins - Female - Year: 12 - Ind/Rel: 1 / 0 | | |
| | #1 Girls Shot Put | 36-02.50 | |
| 1. | Dudley - 'A' | #13 Girls 4x800 Meter Relay | 10:38.27 |
| | Daryn Stanback 9; Zariah Jones 10; Kendall Penniegraft 10; Shalei Jordan 9 | | |
| 2. | Dudley - 'A' | #21 Girls 4x200 Meter Relay | 1:39.63 |
| | Nilijah Darden 11; Gabrielle Cheek 12; Jalee Brown 11; Aa'Niyah Massey 11 | | |
| 3. | Dudley - 'A' | #22 Boys 4x200 Meter Relay | 1:30.65 |
| | Adeniyi Adegoriyoye 10; Kamaal Ryan 10; Le'Ezra Brown 11; Antonio Lee Jr 11 | | |
| 4. | Dudley - 'A' | #35 Girls 4x400 Meter Relay | 4:06.15 |
| | Gabrielle Cheek 12; Jalee Brown 11; Shalei Jordan 9; Aa'Niyah Massey 11 | | |
| 5. | Dudley - 'A' | #36 Boys 4x400 Meter Relay | 3:27.04 |
| | Aaron Spears 12; Kamaal Ryan 10; Derrick Hicks 11; Koredell Bartley 11 | | |

Dudley Total Individual Entries: 40 - Total Relays: 5

NCHSAA 3A Indoor Track State Championships - 2/10/2024

JDL Fast Track

School Entries - All Events

Durham School of the Arts (DSCA)

1. Khamani Johnson - Male - Year: 12 - Ind/Rel: 1 / 0
#3 Boys Shot Put 48-06.00
2. Tamia Johnson - Female - Year: 12 - Ind/Rel: 1 / 0
#7 Girls Triple Jump 34-05.00
3. Victoria Simeonova - Female - Year: 10 - Ind/Rel: 2 / 0
#5 Girls Long Jump 16-09.00 #7 Girls Triple Jump 33-09.00

Durham School of the Arts Total Individual Entries: 4 - Total Relays: 0

NCHSAA 3A Indoor Track State Championships - 2/10/2024

JDL Fast Track

School Entries - All Events

E.E. Smith (EEHS)

1. Aundre Davis - Male - Year: 11 - Ind/Rel: 1 / 0
#30 Boys 300 Meter Dash 36.54
2. Zahir Mcphail - Male - Year: 11 - Ind/Rel: 1 / 0
#3 Boys Shot Put 53-05.25
3. Charity Stroud - Female - Year: 12 - Ind/Rel: 1 / 0
#9 Girls High Jump 5-04.00

E.E. Smith Total Individual Entries: 3 - Total Relays: 0

NCHSAA 3A Indoor Track State Championships - 2/10/2024

JDL Fast Track

School Entries - All Events

East Lincoln (ELNC)

1. Jaylen Roseboro - Male - Year: 12 - Ind/Rel: 1 / 0

#30 Boys 300 Meter Dash

36.23

East Lincoln Total Individual Entries: 1 - Total Relays: 0

NCHSAA 3A Indoor Track State Championships - 2/10/2024

JDL Fast Track

School Entries - All Events

East Rowan (EROW)

1. Jacob Butler - Male - Year: 12 - Ind/Rel: 1 / 0

#3 Boys Shot Put

43-02.00

East Rowan Total Individual Entries: 1 - Total Relays: 0

NCHSAA 3A Indoor Track State Championships - 2/10/2024

JDL Fast Track

School Entries - All Events

East Wake (EWAK)

1. Iyana Coats - Female - Year: 12 - Ind/Rel: 0 / 1
 #21 Girls 4x200 Meter Relay (1) 1:49.90
2. Destiny Evans - Female - Year: 10 - Ind/Rel: 1 / 0
 #17 Girls 55 Meter Dash Prelims 7.37
3. Keira Finjap - Female - Year: 11 - Ind/Rel: 1 / 0
 #7 Girls Triple Jump 33-01.50
4. Ayana Fox - Female - Year: 11 - Ind/Rel: 0 / 2
 #21 Girls 4x200 Meter Relay (2) 1:49.90 #35 Girls 4x400 Meter Relay (1) 4:22.82
5. Nevele Oritsegbubemi - Female - Year: 10 - Ind/Rel: 0 / 1
 #35 Girls 4x400 Meter Relay (2) 4:22.82
6. Devyn Soles - Female - Year: 10 - Ind/Rel: 0 / 2
 #21 Girls 4x200 Meter Relay (3) 1:49.90 #35 Girls 4x400 Meter Relay (3) 4:22.82
7. Zsevan Tookes - Male - Year: 11 - Ind/Rel: 1 / 0
 #8 Boys Triple Jump 42-11.75
8. Chance Watson - Male - Year: 11 - Ind/Rel: 1 / 0
 #10 Boys High Jump 6-03.00
9. Anya Young - Female - Year: 9 - Ind/Rel: 0 / 2
 #21 Girls 4x200 Meter Relay (4) 1:49.90 #35 Girls 4x400 Meter Relay (4) 4:22.82
1. East Wake - 'A' #21 Girls 4x200 Meter Relay 1:49.90
 Iyana Coats 12; Ayana Fox 11; Devyn Soles 10; Anya Young 9
2. East Wake - 'A' #35 Girls 4x400 Meter Relay 4:22.82
 Ayana Fox 11; Nevele Oritsegbubemi 10; Devyn Soles 10; Anya Young 9

East Wake Total Individual Entries: 4 - Total Relays: 2

NCHSAA 3A Indoor Track State Championships - 2/10/2024

JDL Fast Track

School Entries - All Events

Eastern Alamance (EALA)

1. Tajon Roberson - Male - Year: 12 - Ind/Rel: 1 / 0
#6 Boys Long Jump 21-04.00
 2. Trynton Wiley - Male - Year: 12 - Ind/Rel: 2 / 0
#6 Boys Long Jump 21-04.00 #8 Boys Triple Jump 41-01.00
- Eastern Alamance Total Individual Entries: 3 - Total Relays: 0**

NCHSAA 3A Indoor Track State Championships - 2/10/2024

JDL Fast Track

School Entries - All Events

Eastern Guilford High School (EGUL)

1. Justin Bryant - Male - Year: 12 - Ind/Rel: 2 / 0
 #26 Boys 500 Meter Dash 1:07.14 #30 Boys 300 Meter Dash 35.78
2. Brylan Farrish - Male - Year: 11 - Ind/Rel: 1 / 0
 #8 Boys Triple Jump 40-06.50
3. Jassai Hackett - Male - Year: 12 - Ind/Rel: 1 / 0
 #16 Boys 55 Meter Hurdles Prelims 8.14
4. Aaron Thompson - Male - Year: 12 - Ind/Rel: 1 / 0
 #26 Boys 500 Meter Dash 1:06.99

Eastern Guilford High School Total Individual Entries: 5 - Total Relays: 0

NCHSAA 3A Indoor Track State Championships - 2/10/2024

JDL Fast Track

School Entries - All Events

Enka (ENKA)

1. Malakai Davis - Male - Year: 12 - Ind/Rel: 1 / 0
#10 Boys High Jump 6-02.00
 2. Josh Flack - Male - Year: 11 - Ind/Rel: 1 / 0
#10 Boys High Jump 6-06.00
- Enka Total Individual Entries: 2 - Total Relays: 0**

NCHSAA 3A Indoor Track State Championships - 2/10/2024

JDL Fast Track

School Entries - All Events

Fike High School (FIKE)

1. Pope Erin - Female - Year: 12 - Ind/Rel: 3 / 0

#23 Girls 1600 Meter Run 5:14.00 #27 Girls 1000 Meter Run 3:16.00

#33 Girls 3200 Meter Run 11:03.00

2. Diggins Kaleb - Male - Year: 11 - Ind/Rel: 2 / 0

#6 Boys Long Jump 21-00.00 #10 Boys High Jump 6-00.00

Fike High School Total Individual Entries: 5 - Total Relays: 0

NCHSAA 3A Indoor Track State Championships - 2/10/2024

JDL Fast Track

School Entries - All Events

First Flight (FLIG)

1. Kayla Folkes - Female - Year: 9 - Ind/Rel: 3 / 1			
#23 Girls 1600 Meter Run	5:28.70	#27 Girls 1000 Meter Run	3:02.90
#33 Girls 3200 Meter Run	11:30.41	#35 Girls 4x400 Meter Relay (4)	4:19.31
2. Moira Furr - Female - Year: 10 - Ind/Rel: 1 / 2			
#27 Girls 1000 Meter Run	3:04.43	#13 Girls 4x800 Meter Relay (1)	10:05.25
#35 Girls 4x400 Meter Relay (1)	4:19.31		
3. Ellery Knight - Female - Year: 9 - Ind/Rel: 0 / 1			
#35 Girls 4x400 Meter Relay (3)	4:19.31		
4. Judah Lacroix - Male - Year: 12 - Ind/Rel: 2 / 1			
#24 Boys 1600 Meter Run	4:30.35	#34 Boys 3200 Meter Run	9:40.40
#14 Boys 4x800 Meter Relay (4)	8:38.00		
5. Catalina Lokie - Female - Year: 11 - Ind/Rel: 1 / 0			
#1 Girls Shot Put	32-11.00		
6. Alex Lutz - Male - Year: 10 - Ind/Rel: 0 / 1			
#14 Boys 4x800 Meter Relay (1)	8:38.00		
7. Chase Matis - Male - Year: 11 - Ind/Rel: 0 / 1			
#14 Boys 4x800 Meter Relay (2)	8:38.00		
8. Morgan Miller - Female - Year: 10 - Ind/Rel: 3 / 0			
#23 Girls 1600 Meter Run	5:12.48	#27 Girls 1000 Meter Run	3:04.47
#33 Girls 3200 Meter Run	10:51.26		
9. Liam Minnich - Male - Year: 11 - Ind/Rel: 0 / 1			
#14 Boys 4x800 Meter Relay (3)	8:38.00		
10. Rebekah Newell - Female - Year: 11 - Ind/Rel: 0 / 1			
#13 Girls 4x800 Meter Relay (2)	10:05.25		
11. Lucy Stecher - Female - Year: 12 - Ind/Rel: 1 / 1			
#33 Girls 3200 Meter Run	11:29.69	#13 Girls 4x800 Meter Relay (4)	10:05.25
12. Chessa Woods - Female - Year: 10 - Ind/Rel: 0 / 2			
#13 Girls 4x800 Meter Relay (3)	10:05.25	#35 Girls 4x400 Meter Relay (2)	4:19.31
1. First Flight - 'A'	#13 Girls 4x800 Meter Relay		10:05.25
Moira Furr 10; Rebekah Newell 11; Chessa Woods 10; Lucy Stecher 12			
2. First Flight - 'A'	#14 Boys 4x800 Meter Relay		8:38.00
Alex Lutz 10; Chase Matis 11; Liam Minnich 11; Judah Lacroix 12			
3. First Flight - 'A'	#35 Girls 4x400 Meter Relay		4:19.31
Moira Furr 10; Chessa Woods 10; Ellery Knight 9; Kayla Folkes 9			
First Flight	Total Individual Entries: 11	Total Relays: 3	

NCHSAA 3A Indoor Track State Championships - 2/10/2024

JDL Fast Track

School Entries - All Events

Franklin (FRAN)

1.	Justus Bradford - Female - Year: 11 - Ind/Rel: 1 / 0			
	#9 Girls High Jump	5-00.00		
2.	Zachary Call - Male - Year: 11 - Ind/Rel: 0 / 1			
	#22 Boys 4x200 Meter Relay (1)	1:34.16		
3.	Rylee Cassada - Female - Year: 12 - Ind/Rel: 1 / 1			
	#25 Girls 500 Meter Dash	1:21.54	#35 Girls 4x400 Meter Relay (1)	4:11.75
4.	Elijah Cochran - Male - Year: 12 - Ind/Rel: 4 / 0			
	#6 Boys Long Jump	21-04.00	#16 Boys 55 Meter Hurdles Prelims	7.79
	#18 Boys 55 Meter Dash Prelims	6.50	#30 Boys 300 Meter Dash	34.57
5.	Addison Coker - Female - Year: 11 - Ind/Rel: 2 / 0			
	#5 Girls Long Jump	16-00.50	#7 Girls Triple Jump	33-09.75
6.	Laura Covarrubias - Female - Year: 11 - Ind/Rel: 2 / 2			
	#5 Girls Long Jump	17-07.75	#15 Girls 55 Meter Hurdles Prelims	8.40
	#21 Girls 4x200 Meter Relay (1)	1:46.36	#35 Girls 4x400 Meter Relay (3)	4:11.75
7.	Morgan Cress - Female - Year: 9 - Ind/Rel: 2 / 1			
	#23 Girls 1600 Meter Run	5:30.57	#33 Girls 3200 Meter Run	11:41.39
	#13 Girls 4x800 Meter Relay (1)	10:20.69		
8.	Braxton Deal - Male - Year: 12 - Ind/Rel: 1 / 1			
	#10 Boys High Jump	6-00.00	#22 Boys 4x200 Meter Relay (2)	1:34.16
9.	Mindi Holbrooks - Female - Year: 10 - Ind/Rel: 1 / 1			
	#27 Girls 1000 Meter Run	3:17.65	#13 Girls 4x800 Meter Relay (3)	10:20.69
10.	Aaron Jennings - Male - Year: 12 - Ind/Rel: 1 / 0			
	#12 Boys Pole Vault	13-06.00		
11.	Talley Kinsland - Female - Year: 12 - Ind/Rel: 2 / 0			
	#9 Girls High Jump	5-00.00	#15 Girls 55 Meter Hurdles Prelims	9.22
12.	Amy Mendoza Lopez - Female - Year: 10 - Ind/Rel: 2 / 3			
	#23 Girls 1600 Meter Run	5:27.68	#27 Girls 1000 Meter Run	3:16.06
	#13 Girls 4x800 Meter Relay (2)	10:20.69	#21 Girls 4x200 Meter Relay (4)	1:46.36
	#35 Girls 4x400 Meter Relay (2)	4:11.75		
13.	Jason Mesa - Male - Year: 11 - Ind/Rel: 0 / 1			
	#22 Boys 4x200 Meter Relay (3)	1:34.16		
14.	Dylan Monzon - Male - Year: 10 - Ind/Rel: 0 / 1			
	#22 Boys 4x200 Meter Relay (4)	1:34.16		
15.	Michelle Ortega - Female - Year: 10 - Ind/Rel: 0 / 1			
	#21 Girls 4x200 Meter Relay (3)	1:46.36		
16.	Abigail Pope - Female - Year: 10 - Ind/Rel: 0 / 1			
	#13 Girls 4x800 Meter Relay (4)	10:20.69		
17.	Matheson Post - Male - Year: 11 - Ind/Rel: 1 / 2			
	#28 Boys 1000 Meter Run	2:39.08	#14 Boys 4x800 Meter Relay (1)	8:12.45
	#36 Boys 4x400 Meter Relay (2)	3:27.75		
18.	Justin Rodriguez - Male - Year: 10 - Ind/Rel: 2 / 1			
	#26 Boys 500 Meter Dash	1:07.45	#30 Boys 300 Meter Dash	36.39
	#36 Boys 4x400 Meter Relay (4)	3:27.75		
19.	Adam Rogers - Male - Year: 11 - Ind/Rel: 1 / 0			
	#12 Boys Pole Vault	14-01.00		
20.	David Rogers - Male - Year: 11 - Ind/Rel: 1 / 0			
	#12 Boys Pole Vault	12-06.00		
21.	Logan Russo - Male - Year: 12 - Ind/Rel: 2 / 2			
	#24 Boys 1600 Meter Run	4:24.21	#28 Boys 1000 Meter Run	2:36.83
	#14 Boys 4x800 Meter Relay (2)	8:12.45	#36 Boys 4x400 Meter Relay (3)	3:27.75
22.	Charley Seagle - Female - Year: 11 - Ind/Rel: 1 / 0			
	#1 Girls Shot Put	40-01.00		

NCHSAA 3A Indoor Track State Championships - 2/10/2024

JDL Fast Track

School Entries - All Events

Franklin (FRAN)

23.	Isabella Shope - Female - Year: 10 - Ind/Rel: 1 / 0			
	#9 Girls High Jump	5-00.00		
24.	Hope Smith - Female - Year: 12 - Ind/Rel: 2 / 2			
	#25 Girls 500 Meter Dash	1:20.16	#29 Girls 300 Meter Dash	42.06
	#21 Girls 4x200 Meter Relay (2)	1:46.36	#35 Girls 4x400 Meter Relay (4)	4:11.75
25.	Barrett Stork - Male - Year: 12 - Ind/Rel: 2 / 2			
	#28 Boys 1000 Meter Run	2:38.58	#34 Boys 3200 Meter Run	9:56.16
	#14 Boys 4x800 Meter Relay (3)	8:12.45	#36 Boys 4x400 Meter Relay (1)	3:27.75
26.	Boston Stringer - Female - Year: 12 - Ind/Rel: 1 / 0			
	#11 Girls Pole Vault	10-09.00		
27.	Cooper Tyler - Male - Year: 11 - Ind/Rel: 0 / 1			
	#14 Boys 4x800 Meter Relay (4)	8:12.45		
1.	Franklin - 'A'	#13 Girls 4x800 Meter Relay		10:20.69
	Morgan Cress 9; Amy Mendoza Lopez 10; Mindi Holbrooks 10; Abigail Pope 10			
2.	Franklin - 'A'	#14 Boys 4x800 Meter Relay		8:12.45
	Matheson Post 11; Logan Russo 12; Barrett Stork 12; Cooper Tyler 11			
3.	Franklin - 'A'	#21 Girls 4x200 Meter Relay		1:46.36
	Laura Covarrubias 11; Hope Smith 12; Michelle Ortega 10; Amy Mendoza Lopez 10			
4.	Franklin - 'A'	#22 Boys 4x200 Meter Relay		1:34.16
	Zachary Call 11; Braxton Deal 12; Jason Mesa 11; Dylan Monzon 10			
5.	Franklin - 'A'	#35 Girls 4x400 Meter Relay		4:11.75
	Rylee Cassada 12; Amy Mendoza Lopez 10; Laura Covarrubias 11; Hope Smith 12			
6.	Franklin - 'A'	#36 Boys 4x400 Meter Relay		3:27.75
	Barrett Stork 12; Matheson Post 11; Logan Russo 12; Justin Rodriguez 10			
	Franklin Total Individual Entries: 33 - Total Relays: 6			

NCHSAA 3A Indoor Track State Championships - 2/10/2024

JDL Fast Track

School Entries - All Events

Franklinton (FRKN)

- | | | | |
|---|----------|--------------------------|----------|
| 1. Gisele Dulnuan-Kersey - Female - Year: 12 - Ind/Rel: 2 / 0 | | | |
| #5 Girls Long Jump | 16-07.00 | #7 Girls Triple Jump | 36-06.00 |
| 2. Aliya Hicks - Female - Year: 11 - Ind/Rel: 1 / 0 | | | |
| #5 Girls Long Jump | 16-01.25 | | |
| 3. Brinkley Robinson - Female - Year: 9 - Ind/Rel: 2 / 0 | | | |
| #23 Girls 1600 Meter Run | 5:22.68 | #27 Girls 1000 Meter Run | 3:09.75 |

Franklinton Total Individual Entries: 5 - Total Relays: 0

NCHSAA 3A Indoor Track State Championships - 2/10/2024

JDL Fast Track

School Entries - All Events

Harding University (HARD)

- | | | | |
|--|-----------------------------|---------------------------------|---------|
| 1. Cenya Estell - Female - Year: 12 - Ind/Rel: 0 / 2 | | | |
| #21 Girls 4x200 Meter Relay (1) | 1:49.92 | #35 Girls 4x400 Meter Relay (1) | 4:21.51 |
| 2. Sanai Forte - Female - Year: 12 - Ind/Rel: 3 / 2 | | | |
| #5 Girls Long Jump | 16-11.75 | #25 Girls 500 Meter Dash | 1:19.30 |
| #29 Girls 300 Meter Dash | 41.58 | #21 Girls 4x200 Meter Relay (2) | 1:49.92 |
| #35 Girls 4x400 Meter Relay (2) | 4:21.51 | | |
| 3. Sahanna McLeod - Female - Year: 10 - Ind/Rel: 0 / 2 | | | |
| #21 Girls 4x200 Meter Relay (3) | 1:49.92 | #35 Girls 4x400 Meter Relay (3) | 4:21.51 |
| 4. Kira Taylor - Female - Year: 9 - Ind/Rel: 0 / 1 | | | |
| #35 Girls 4x400 Meter Relay (4) | 4:21.51 | | |
| 5. Empress Voliton - Female - Year: 12 - Ind/Rel: 0 / 1 | | | |
| #21 Girls 4x200 Meter Relay (4) | 1:49.92 | | |
| 1. Harding University - 'A' | #21 Girls 4x200 Meter Relay | | 1:49.92 |
| Cenya Estell 12; Sanai Forte 12; Sahanna McLeod 10; Empress Voliton 12 | | | |
| 2. Harding University - 'A' | #35 Girls 4x400 Meter Relay | | 4:21.51 |
| Cenya Estell 12; Sanai Forte 12; Sahanna McLeod 10; Kira Taylor 9 | | | |

Harding University Total Individual Entries: 3 - Total Relays: 2

NCHSAA 3A Indoor Track State Championships - 2/10/2024

JDL Fast Track

School Entries - All Events

Harnett Central (HARN)

1. Luke Adams - Male - Year: 12 - Ind/Rel: 1 / 0
#16 Boys 55 Meter Hurdles Prelims 8.34
2. Kevin Spears - Male - Year: 11 - Ind/Rel: 1 / 0
#8 Boys Triple Jump 42-01.00

Harnett Central Total Individual Entries: 2 - Total Relays: 0

NCHSAA 3A Indoor Track State Championships - 2/10/2024

JDL Fast Track

School Entries - All Events

Hibriten (HIB)

1. Jada Brown - Female - Year: 12 - Ind/Rel: 2 / 0
#5 Girls Long Jump 17-02.25 #7 Girls Triple Jump 37-00.00
 2. Maggie Taylor - Female - Year: 12 - Ind/Rel: 1 / 0
#1 Girls Shot Put 32-07.50
- Hibriten Total Individual Entries: 3 - Total Relays: 0**

NCHSAA 3A Indoor Track State Championships - 2/10/2024

JDL Fast Track

School Entries - All Events

Hickory (HICK)

1. Kwan Oates - Male - Year: 12 - Ind/Rel: 2 / 0

#6 Boys Long Jump

21-05.00

#8 Boys Triple Jump

45-03.75

Hickory Total Individual Entries: 2 - Total Relays: 0

NCHSAA 3A Indoor Track State Championships - 2/10/2024

JDL Fast Track

School Entries - All Events

Hunt High School (HUNT)

- 1. Deontrae Barnes - Male - Year: 11 - Ind/Rel: 1 / 0
#3 Boys Shot Put 46-07.00
- 2. Brandon Batts - Male - Year: 11 - Ind/Rel: 0 / 1
#22 Boys 4x200 Meter Relay (4) 1:32.50
- 3. Serenity Frieson - Female - Year: 10 - Ind/Rel: 1 / 0
#17 Girls 55 Meter Dash Prelims 7.34
- 4. Matthew Jackson - Male - Year: 12 - Ind/Rel: 0 / 1
#22 Boys 4x200 Meter Relay (1) 1:32.50
- 5. Khamani Thomas-Collins - Male - Year: 11 - Ind/Rel: 0 / 1
#22 Boys 4x200 Meter Relay (3) 1:32.50
- 6. Messiah Truesdale - Male - Year: 10 - Ind/Rel: 0 / 1
#22 Boys 4x200 Meter Relay (2) 1:32.50
- 7. Thaddeus Tucker - Male - Year: 12 - Ind/Rel: 1 / 0
#3 Boys Shot Put 44-05.50

- 1. Hunt High School - 'A' #22 Boys 4x200 Meter Relay 1:32.50
Matthew Jackson 12; Messiah Truesdale 10; Khamani Thomas-Collins 11; Brandon Batts 11

Hunt High School Total Individual Entries: 3 - Total Relays: 1

NCHSAA 3A Indoor Track State Championships - 2/10/2024

JDL Fast Track

School Entries - All Events

Jacksonville (JVIL)

1.	Tyler Alli - Male - Year: 11 - Ind/Rel: 1 / 1			
	#30 Boys 300 Meter Dash	36.34	#22 Boys 4x200 Meter Relay (2)	1:33.20
2.	Amaree Betton - Male - Year: 10 - Ind/Rel: 0 / 1			
	#22 Boys 4x200 Meter Relay (3)	1:33.20		
3.	Titus Crider - Male - Year: 12 - Ind/Rel: 1 / 0			
	#3 Boys Shot Put	44-07.00		
4.	Robyn Ford - Female - Year: 12 - Ind/Rel: 1 / 0			
	#7 Girls Triple Jump	33-08.75		
5.	Lauryn Gholston - Female - Year: 11 - Ind/Rel: 1 / 1			
	#9 Girls High Jump	5-00.00	#21 Girls 4x200 Meter Relay (2)	1:50.10
6.	Eric Griffin - Male - Year: 11 - Ind/Rel: 0 / 1			
	#22 Boys 4x200 Meter Relay (1)	1:33.20		
7.	Savon Hatchell - Male - Year: 12 - Ind/Rel: 1 / 1			
	#18 Boys 55 Meter Dash Prelims	6.44	#22 Boys 4x200 Meter Relay (4)	1:33.20
8.	Brianna Lofton - Female - Year: 10 - Ind/Rel: 0 / 1			
	#21 Girls 4x200 Meter Relay (4)	1:50.10		
9.	Sanaa Mosley - Female - Year: 11 - Ind/Rel: 0 / 1			
	#21 Girls 4x200 Meter Relay (3)	1:50.10		
10.	NaQuayla Stanford - Female - Year: 11 - Ind/Rel: 0 / 1			
	#21 Girls 4x200 Meter Relay (1)	1:50.10		
1.	Jacksonville - 'A'		#21 Girls 4x200 Meter Relay	1:50.10
	NaQuayla Stanford 11; Lauryn Gholston 11; Sanaa Mosley 11; Brianna Lofton 10			
2.	Jacksonville - 'A'		#22 Boys 4x200 Meter Relay	1:33.20
	Eric Griffin 11; Tyler Alli 11; Amaree Betton 10; Savon Hatchell 12			
	Jacksonville Total Individual Entries: 5 - Total Relays: 2			

NCHSAA 3A Indoor Track State Championships - 2/10/2024

JDL Fast Track

School Entries - All Events

Jay M Robinson (JROB)

1. Trevor Edwards - Male - Year: 10 - Ind/Rel: 1 / 0

#3 Boys Shot Put

44-04.00

Jay M Robinson Total Individual Entries: 1 - Total Relays: 0

NCHSAA 3A Indoor Track State Championships - 2/10/2024

JDL Fast Track

School Entries - All Events

Jesse Carson (CRSN)

1. James Anderson - Male - Year: 12 - Ind/Rel: 0 / 1
 #14 Boys 4x800 Meter Relay (2) 8:18.79
 2. Bricen Burleson - Male - Year: 12 - Ind/Rel: 2 / 1
 #28 Boys 1000 Meter Run 2:32.97 #34 Boys 3200 Meter Run 9:49.96
 #14 Boys 4x800 Meter Relay (4) 8:18.79
 3. Jorge Clemente-Garcia - Male - Year: 11 - Ind/Rel: 1 / 1
 #34 Boys 3200 Meter Run 9:38.76 #14 Boys 4x800 Meter Relay (3) 8:18.79
 4. Eric Gillis - Male - Year: 10 - Ind/Rel: 1 / 0
 #34 Boys 3200 Meter Run 9:53.75
 5. Connor Price - Male - Year: 12 - Ind/Rel: 1 / 1
 #28 Boys 1000 Meter Run 2:39.62 #14 Boys 4x800 Meter Relay (1) 8:18.79
 1. Jesse Carson - 'A' #14 Boys 4x800 Meter Relay 8:18.79
 Connor Price 12; James Anderson 12; Jorge Clemente-Garcia 11; Bricen Burleson 12
- Jesse Carson Total Individual Entries: 5 - Total Relays: 1**

NCHSAA 3A Indoor Track State Championships - 2/10/2024

JDL Fast Track

School Entries - All Events

Kings Mountain (KING)

- | | | | |
|---|----------|--------------------------------|---------|
| 1. Hunter Cruise - Male - Year: 12 - Ind/Rel: 1 / 1 | | | |
| #12 Boys Pole Vault | 11-00.00 | #14 Boys 4x800 Meter Relay (1) | 8:39.55 |
| 2. Zaniah Field - Female - Year: 9 - Ind/Rel: 1 / 0 | | | |
| #5 Girls Long Jump | 16-06.00 | | |
| 3. Luke Howell - Male - Year: 9 - Ind/Rel: 0 / 1 | | | |
| #14 Boys 4x800 Meter Relay (4) | 8:39.55 | | |
| 4. David Johnson - Male - Year: 9 - Ind/Rel: 0 / 1 | | | |
| #14 Boys 4x800 Meter Relay (3) | 8:39.55 | | |
| 5. Tyler McIntyre - Male - Year: 11 - Ind/Rel: 1 / 0 | | | |
| #16 Boys 55 Meter Hurdles Prelims | 8.23 | | |
| 6. Barry Moore - Male - Year: 11 - Ind/Rel: 1 / 0 | | | |
| #30 Boys 300 Meter Dash | 36.32 | | |
| 7. Alanna Snelson - Female - Year: 11 - Ind/Rel: 1 / 0 | | | |
| #11 Girls Pole Vault | 9-00.00 | | |
| 8. Max Thompson - Male - Year: 11 - Ind/Rel: 1 / 0 | | | |
| #28 Boys 1000 Meter Run | 2:32.26 | | |
| 9. Isaiah Watts - Male - Year: 11 - Ind/Rel: 0 / 1 | | | |
| #14 Boys 4x800 Meter Relay (2) | 8:39.55 | | |
| 1. Kings Mountain - 'A' | | #14 Boys 4x800 Meter Relay | 8:39.55 |
| Hunter Cruise 12; Isaiah Watts 11; David Johnson 9; Luke Howell 9 | | | |
| Kings Mountain Total Individual Entries: 6 - Total Relays: 1 | | | |

NCHSAA 3A Indoor Track State Championships - 2/10/2024

JDL Fast Track

School Entries - All Events

Lee County (LEE)

1. Jakira Jacobs - Female - Year: 10 - Ind/Rel: 1 / 0
#1 Girls Shot Put 34-07.00
2. Emmanuelle Whitehead - Female - Year: 10 - Ind/Rel: 1 / 0
#7 Girls Triple Jump 36-04.50

Lee County Total Individual Entries: 2 - Total Relays: 0

NCHSAA 3A Indoor Track State Championships - 2/10/2024

JDL Fast Track

School Entries - All Events

North Brunswick (NBRW)

1. Chase Blanks - Male - Year: 12 - Ind/Rel: 0 / 1
#22 Boys 4x200 Meter Relay (3) 1:32.47
 2. Alyssa Callihan - Female - Year: 12 - Ind/Rel: 0 / 1
#13 Girls 4x800 Meter Relay (4) 10:26.14
 3. Jasmine Colwell - Female - Year: 12 - Ind/Rel: 1 / 0
#1 Girls Shot Put 38-10.50
 4. Cylie Echols - Female - Year: 11 - Ind/Rel: 0 / 1
#13 Girls 4x800 Meter Relay (3) 10:26.14
 5. Reade Frink - Male - Year: 10 - Ind/Rel: 0 / 1
#22 Boys 4x200 Meter Relay (1) 1:32.47
 6. Erin Hicks - Female - Year: 12 - Ind/Rel: 0 / 1
#13 Girls 4x800 Meter Relay (1) 10:26.14
 7. Macie Inman - Female - Year: 12 - Ind/Rel: 2 / 0
#17 Girls 55 Meter Dash Prelims 7.42 #29 Girls 300 Meter Dash 42.31
 8. Tara LeToux - Female - Year: 9 - Ind/Rel: 0 / 1
#13 Girls 4x800 Meter Relay (2) 10:26.14
 9. Sean Potter - Male - Year: 11 - Ind/Rel: 0 / 1
#22 Boys 4x200 Meter Relay (4) 1:32.47
 10. Dytrick Whitters - Male - Year: 11 - Ind/Rel: 0 / 1
#22 Boys 4x200 Meter Relay (2) 1:32.47
 1. North Brunswick - 'A' #13 Girls 4x800 Meter Relay 10:26.14
Erin Hicks 12; Tara LeToux 9; Cylie Echols 11; Alyssa Callihan 12
 2. North Brunswick - 'A' #22 Boys 4x200 Meter Relay 1:32.47
Reade Frink 10; Dytrick Whitters 11; Chase Blanks 12; Sean Potter 11
- North Brunswick Total Individual Entries: 3 - Total Relays: 2**

NCHSAA 3A Indoor Track State Championships - 2/10/2024

JDL Fast Track

School Entries - All Events

North Buncombe (NBUN)

1.	Sophia Banks - Female - Year: 11 - Ind/Rel: 1 / 1			
	#25 Girls 500 Meter Dash	1:16.99	#35 Girls 4x400 Meter Relay (4)	4:00.82
2.	Eden Barnwell - Female - Year: 12 - Ind/Rel: 1 / 1			
	#27 Girls 1000 Meter Run	3:06.76	#35 Girls 4x400 Meter Relay (2)	4:00.82
3.	Bailey Barrett - Female - Year: 10 - Ind/Rel: 0 / 1			
	#35 Girls 4x400 Meter Relay (3)	4:00.82		
4.	Gabe Ferguson - Male - Year: 11 - Ind/Rel: 0 / 1			
	#14 Boys 4x800 Meter Relay (2)	8:31.62		
5.	Michael Ferguson - Male - Year: 10 - Ind/Rel: 1 / 1			
	#34 Boys 3200 Meter Run	9:51.61	#14 Boys 4x800 Meter Relay (3)	8:31.62
6.	Maya Flynn - Female - Year: 12 - Ind/Rel: 1 / 1			
	#11 Girls Pole Vault	10:00.00	#35 Girls 4x400 Meter Relay (1)	4:00.82
7.	Derek Gilliland - Male - Year: 11 - Ind/Rel: 0 / 1			
	#14 Boys 4x800 Meter Relay (4)	8:31.62		
8.	Katie Johnson - Female - Year: 12 - Ind/Rel: 1 / 0			
	#33 Girls 3200 Meter Run	11:25.06		
9.	Miguel Popchock Moreno - Male - Year: 11 - Ind/Rel: 0 / 1			
	#14 Boys 4x800 Meter Relay (1)	8:31.62		
10.	Kyra Sowell - Female - Year: 12 - Ind/Rel: 1 / 0			
	#1 Girls Shot Put	32-11.00		
1.	North Buncombe - 'A'	#14 Boys 4x800 Meter Relay		8:31.62
	Miguel Popchock Moreno 11; Gabe Ferguson 11; Michael Ferguson 10; Derek Gilliland 11			
2.	North Buncombe - 'A'	#35 Girls 4x400 Meter Relay		4:00.82
	Maya Flynn 12; Eden Barnwell 12; Bailey Barrett 10; Sophia Banks 11			
	North Buncombe Total Individual Entries: 6 - Total Relays: 2			

NCHSAA 3A Indoor Track State Championships - 2/10/2024

JDL Fast Track

School Entries - All Events

North Lincoln (NLIN)

1. Bryce Anthony - Male - Year: 12 - Ind/Rel: 1 / 0			
#26 Boys 500 Meter Dash	1:08.07		
2. Connor Bagwell - Male - Year: 12 - Ind/Rel: 2 / 0			
#24 Boys 1600 Meter Run	4:18.52	#34 Boys 3200 Meter Run	9:26.29
3. Keira Cavanagh - Female - Year: 11 - Ind/Rel: 0 / 1			
#13 Girls 4x800 Meter Relay (1)	10:17.46		
4. Olivia Ferraro - Female - Year: 10 - Ind/Rel: 3 / 0			
#23 Girls 1600 Meter Run	5:16.93	#27 Girls 1000 Meter Run	2:58.94
#33 Girls 3200 Meter Run	10:52.93		
5. Haylee Gibson - Female - Year: 11 - Ind/Rel: 1 / 1			
#15 Girls 55 Meter Hurdles Prelims	9.21	#35 Girls 4x400 Meter Relay (1)	4:18.02
6. Bella Green - Female - Year: 11 - Ind/Rel: 3 / 1			
#23 Girls 1600 Meter Run	5:27.15	#27 Girls 1000 Meter Run	3:05.68
#33 Girls 3200 Meter Run	11:24.95	#35 Girls 4x400 Meter Relay (2)	4:18.02
7. Elsie Handy - Female - Year: 9 - Ind/Rel: 0 / 1			
#13 Girls 4x800 Meter Relay (2)	10:17.46		
8. Blythe Jaworsky - Female - Year: 11 - Ind/Rel: 1 / 1			
#11 Girls Pole Vault	10-06.00	#35 Girls 4x400 Meter Relay (3)	4:18.02
9. Kayla Leslie - Female - Year: 11 - Ind/Rel: 0 / 1			
#13 Girls 4x800 Meter Relay (4)	10:17.46		
10. Amanda Lutz - Female - Year: 9 - Ind/Rel: 0 / 1			
#35 Girls 4x400 Meter Relay (4)	4:18.02		
11. Logan Richardson - Male - Year: 11 - Ind/Rel: 1 / 0			
#24 Boys 1600 Meter Run	4:30.76		
12. Jeremiah Sellers - Male - Year: 12 - Ind/Rel: 1 / 0			
#6 Boys Long Jump	22-00.25		
13. Bella Wood - Female - Year: 12 - Ind/Rel: 2 / 1			
#23 Girls 1600 Meter Run	5:28.16	#33 Girls 3200 Meter Run	11:26.91
#13 Girls 4x800 Meter Relay (3)	10:17.46		
14. Hunter Zettle - Male - Year: 10 - Ind/Rel: 1 / 0			
#3 Boys Shot Put	43-05.00		
1. North Lincoln - 'A'		#13 Girls 4x800 Meter Relay	10:17.46
Keira Cavanagh 11; Elsie Handy 9; Bella Wood 12; Kayla Leslie 11			
2. North Lincoln - 'A'		#35 Girls 4x400 Meter Relay	4:18.02
Haylee Gibson 11; Bella Green 11; Blythe Jaworsky 11; Amanda Lutz 9			
North Lincoln Total Individual Entries: 16 - Total Relays: 2			

NCHSAA 3A Indoor Track State Championships - 2/10/2024

JDL Fast Track

School Entries - All Events

Northeast Guilford (NEGH)

1. Keith Bradley - Male - Year: 12 - Ind/Rel: 1 / 0
#16 Boys 55 Meter Hurdles Prelims 8.08
2. Navia Coles - Female - Year: 10 - Ind/Rel: 1 / 0
#29 Girls 300 Meter Dash 42.54
3. Zion Coulson - Male - Year: 10 - Ind/Rel: 1 / 0
#3 Boys Shot Put 45-10.50
4. Hayden Lam - Male - Year: 12 - Ind/Rel: 1 / 0
#3 Boys Shot Put 44-08.50

Northeast Guilford Total Individual Entries: 4 - Total Relays: 0

NCHSAA 3A Indoor Track State Championships - 2/10/2024

JDL Fast Track

School Entries - All Events

Northern Nash (NNAS)

1. Auvi Alston - Male - Year: 9 - Ind/Rel: 0 / 1
 #14 Boys 4x800 Meter Relay (1) 8:31.47
 2. Jackson Cooper - Male - Year: 12 - Ind/Rel: 0 / 1
 #14 Boys 4x800 Meter Relay (2) 8:31.47
 3. Derrick Harris - Male - Year: 12 - Ind/Rel: 1 / 0
 #28 Boys 1000 Meter Run 2:38.45
 4. Xzavien Harrison - Male - Year: 11 - Ind/Rel: 0 / 1
 #14 Boys 4x800 Meter Relay (3) 8:31.47
 5. Layla Hasan - Female - Year: 10 - Ind/Rel: 2 / 0
 #5 Girls Long Jump 16-00.25 #7 Girls Triple Jump 33-00.00
 6. Brandon Ricks - Male - Year: 12 - Ind/Rel: 1 / 0
 #8 Boys Triple Jump 40-04.00
 7. Benjamin Spain - Male - Year: 9 - Ind/Rel: 0 / 1
 #14 Boys 4x800 Meter Relay (4) 8:31.47
 8. Ahnage Vines - Male - Year: 12 - Ind/Rel: 2 / 0
 #8 Boys Triple Jump 40-04.00 #16 Boys 55 Meter Hurdles Prelims 8.14
 1. Northern Nash - 'A' #14 Boys 4x800 Meter Relay 8:31.47
 Auvi Alston 9; Jackson Cooper 12; Xzavien Harrison 11; Benjamin Spain 9
- Northern Nash Total Individual Entries: 6 - Total Relays: 1**

NCHSAA 3A Indoor Track State Championships - 2/10/2024

JDL Fast Track

School Entries - All Events

Northside (3a) (NSDE)

- | | | | |
|---|----------|------------------------------------|---------|
| 1. Janiah Boyd - Female - Year: 11 - Ind/Rel: 0 / 1 | | | |
| #21 Girls 4x200 Meter Relay (1) | 1:47.60 | | |
| 2. Kaeli Brown - Female - Year: 11 - Ind/Rel: 2 / 0 | | | |
| #9 Girls High Jump | 5-00.00 | #15 Girls 55 Meter Hurdles Prelims | 9.14 |
| 3. MaCaela Claxton - Female - Year: 11 - Ind/Rel: 2 / 1 | | | |
| #9 Girls High Jump | 5-00.00 | #15 Girls 55 Meter Hurdles Prelims | 9.04 |
| #21 Girls 4x200 Meter Relay (2) | 1:47.60 | | |
| 4. Taylor Cooper - Female - Year: 10 - Ind/Rel: 1 / 0 | | | |
| #5 Girls Long Jump | 16-03.00 | | |
| 5. Kaydence Daniels - Female - Year: 11 - Ind/Rel: 2 / 1 | | | |
| #5 Girls Long Jump | 18-03.00 | #17 Girls 55 Meter Dash Prelims | 7.24 |
| #21 Girls 4x200 Meter Relay (3) | 1:47.60 | | |
| 6. Latia Green - Female - Year: 12 - Ind/Rel: 1 / 0 | | | |
| #1 Girls Shot Put | 33-05.00 | | |
| 7. Cheyenne Walker - Female - Year: 11 - Ind/Rel: 1 / 1 | | | |
| #7 Girls Triple Jump | 33-06.50 | #21 Girls 4x200 Meter Relay (4) | 1:47.60 |
| 1. Northside (3a) - 'A' | | #21 Girls 4x200 Meter Relay | 1:47.60 |
| Janiah Boyd 11; MaCaela Claxton 11; Kaydence Daniels 11; Cheyenne Walker 11 | | | |
| Northside (3a) Total Individual Entries: 9 - Total Relays: 1 | | | |

NCHSAA 3A Indoor Track State Championships - 2/10/2024

JDL Fast Track

School Entries - All Events

Northwest Cabarrus (NCAB)

- | | | | |
|---|-----------------------------|---------------------------------|---------|
| 1. Ceaire Barringer - Female - Year: 11 - Ind/Rel: 0 / 2 | | | |
| #21 Girls 4x200 Meter Relay (1) | 1:49.45 | #35 Girls 4x400 Meter Relay (1) | 4:14.41 |
| 2. Natalie Brown - Female - Year: 11 - Ind/Rel: 1 / 2 | | | |
| #29 Girls 300 Meter Dash | 42.37 | #21 Girls 4x200 Meter Relay (2) | 1:49.45 |
| #35 Girls 4x400 Meter Relay (2) | 4:14.41 | | |
| 3. Gatsby Goode - Female - Year: 12 - Ind/Rel: 1 / 0 | | | |
| #23 Girls 1600 Meter Run | 5:26.79 | | |
| 4. Lily Houston - Female - Year: 12 - Ind/Rel: 1 / 0 | | | |
| #11 Girls Pole Vault | 12-00.00 | | |
| 5. Mariah Logan - Female - Year: 10 - Ind/Rel: 1 / 2 | | | |
| #5 Girls Long Jump | 16-00.00 | #21 Girls 4x200 Meter Relay (3) | 1:49.45 |
| #35 Girls 4x400 Meter Relay (3) | 4:14.41 | | |
| 6. Jordan Mc Gee - Female - Year: 9 - Ind/Rel: 0 / 1 | | | |
| #35 Girls 4x400 Meter Relay (4) | 4:14.41 | | |
| 7. Madison White - Female - Year: 9 - Ind/Rel: 0 / 1 | | | |
| #21 Girls 4x200 Meter Relay (4) | 1:49.45 | | |
| 1. Northwest Cabarrus - 'A' | #21 Girls 4x200 Meter Relay | | 1:49.45 |
| Ceaire Barringer 11; Natalie Brown 11; Mariah Logan 10; Madison White 9 | | | |
| 2. Northwest Cabarrus - 'A' | #35 Girls 4x400 Meter Relay | | 4:14.41 |
| Ceaire Barringer 11; Natalie Brown 11; Mariah Logan 10; Jordan Mc Gee 9 | | | |

Northwest Cabarrus Total Individual Entries: 4 - Total Relays: 2

NCHSAA 3A Indoor Track State Championships - 2/10/2024

JDL Fast Track

School Entries - All Events

Orange (ORNG)

- | | | | |
|---|----------|--------------------------------|---------|
| 1. Alden Cathey - Male - Year: 12 - Ind/Rel: 1 / 1 | | | |
| #28 Boys 1000 Meter Run | 2:40.21 | #14 Boys 4x800 Meter Relay (2) | 8:39.55 |
| 2. Myles Jermyn - Male - Year: 10 - Ind/Rel: 2 / 1 | | | |
| #24 Boys 1600 Meter Run | 4:31.33 | #34 Boys 3200 Meter Run | 9:56.35 |
| #14 Boys 4x800 Meter Relay (1) | 8:39.55 | | |
| 3. Dallas Johnson - Male - Year: 10 - Ind/Rel: 0 / 1 | | | |
| #14 Boys 4x800 Meter Relay (4) | 8:39.55 | | |
| 4. Iyauna Justice - Female - Year: 11 - Ind/Rel: 1 / 0 | | | |
| #1 Girls Shot Put | 34-00.00 | | |
| 5. Grace Pell - Female - Year: 12 - Ind/Rel: 1 / 0 | | | |
| #9 Girls High Jump | 5-00.00 | | |
| 6. Riley Potter - Male - Year: 11 - Ind/Rel: 1 / 0 | | | |
| #30 Boys 300 Meter Dash | 36.27 | | |
| 7. Aedan Sampey - Male - Year: 12 - Ind/Rel: 1 / 0 | | | |
| #12 Boys Pole Vault | 13-00.00 | | |
| 8. Lucas Van Mater - Male - Year: 10 - Ind/Rel: 1 / 1 | | | |
| #34 Boys 3200 Meter Run | 9:56.28 | #14 Boys 4x800 Meter Relay (3) | 8:39.55 |
| 1. Orange - 'A' | | #14 Boys 4x800 Meter Relay | 8:39.55 |
| Myles Jermyn 10; Alden Cathey 12; Lucas Van Mater 10; Dallas Johnson 10 | | | |
| Orange Total Individual Entries: 8 - Total Relays: 1 | | | |

NCHSAA 3A Indoor Track State Championships - 2/10/2024

JDL Fast Track

School Entries - All Events

Piedmont (PIED)

1. Ethan Barletta - Male - Year: 11 - Ind/Rel: 1 / 0
#3 Boys Shot Put 44-06.00
 2. Makayla Hill - Female - Year: 12 - Ind/Rel: 0 / 1
#21 Girls 4x200 Meter Relay (1) 1:50.70
 3. Adelyn Humphrey - Female - Year: 10 - Ind/Rel: 0 / 1
#13 Girls 4x800 Meter Relay (4) 10:52.17
 4. Laiz Olan Rodriguez - Female - Year: 10 - Ind/Rel: 0 / 1
#21 Girls 4x200 Meter Relay (3) 1:50.70
 5. Ava Privette - Female - Year: 9 - Ind/Rel: 1 / 0
#1 Girls Shot Put 35-02.50
 6. Allison Schie - Female - Year: 10 - Ind/Rel: 0 / 1
#21 Girls 4x200 Meter Relay (4) 1:50.70
 7. Andy Tepera - Female - Year: 11 - Ind/Rel: 0 / 1
#13 Girls 4x800 Meter Relay (2) 10:52.17
 8. Dylan Tepera - Female - Year: 11 - Ind/Rel: 0 / 1
#13 Girls 4x800 Meter Relay (1) 10:52.17
 9. Kaela Tyson - Female - Year: 10 - Ind/Rel: 1 / 1
#15 Girls 55 Meter Hurdles Prelims 9.04 #21 Girls 4x200 Meter Relay (2) 1:50.70
 10. Makenna Tyson - Female - Year: 12 - Ind/Rel: 0 / 1
#13 Girls 4x800 Meter Relay (3) 10:52.17
 1. Piedmont - 'A' #13 Girls 4x800 Meter Relay 10:52.17
Dylan Tepera 11; Andy Tepera 11; Makenna Tyson 12; Adelyn Humphrey 10
 2. Piedmont - 'A' #21 Girls 4x200 Meter Relay 1:50.70
Makayla Hill 12; Kaela Tyson 10; Laiz Olan Rodriguez 10; Allison Schie 10
- Piedmont Total Individual Entries: 3 - Total Relays: 2**

NCHSAA 3A Indoor Track State Championships - 2/10/2024

JDL Fast Track

School Entries - All Events

Pisgah (PSGH)

- | | | | |
|--|---------|--------------------------------|---------|
| 1. Evan Byrd - Male - Year: 12 - Ind/Rel: 2 / 1 | | | |
| #26 Boys 500 Meter Dash | 1:06.49 | #30 Boys 300 Meter Dash | 35.30 |
| #36 Boys 4x400 Meter Relay (2) | 3:36.51 | | |
| 2. Ben Frazier - Male - Year: 11 - Ind/Rel: 1 / 1 | | | |
| #26 Boys 500 Meter Dash | 1:08.42 | #36 Boys 4x400 Meter Relay (1) | 3:36.51 |
| 3. Caroline Henson - Female - Year: 11 - Ind/Rel: 1 / 0 | | | |
| #27 Girls 1000 Meter Run | 3:16.08 | | |
| 4. Dominick Messer - Male - Year: 11 - Ind/Rel: 0 / 1 | | | |
| #36 Boys 4x400 Meter Relay (4) | 3:36.51 | | |
| 5. Ashton Sutton - Male - Year: 12 - Ind/Rel: 0 / 1 | | | |
| #36 Boys 4x400 Meter Relay (3) | 3:36.51 | | |
| 1. Pisgah - 'A' | | #36 Boys 4x400 Meter Relay | 3:36.51 |
| Ben Frazier 11; Evan Byrd 12; Ashton Sutton 12; Dominick Messer 11 | | | |
| Pisgah Total Individual Entries: 4 - Total Relays: 1 | | | |

NCHSAA 3A Indoor Track State Championships - 2/10/2024

JDL Fast Track

School Entries - All Events

Richlands (RCHL)

- | | | | |
|----|---|----------------------------|---------|
| 1. | Lok Blizzard - Male - Year: 11 - Ind/Rel: 0 / 1 | | |
| | #36 Boys 4x400 Meter Relay (1) | 3:37.25 | |
| 2. | Atticus Brinson - Male - Year: 9 - Ind/Rel: 0 / 1 | | |
| | #36 Boys 4x400 Meter Relay (2) | 3:37.25 | |
| 3. | Juliuez Ramon - Male - Year: 10 - Ind/Rel: 0 / 1 | | |
| | #36 Boys 4x400 Meter Relay (3) | 3:37.25 | |
| 4. | Luke Rials - Male - Year: 11 - Ind/Rel: 0 / 1 | | |
| | #36 Boys 4x400 Meter Relay (4) | 3:37.25 | |
| 1. | Richlands - 'A' | #36 Boys 4x400 Meter Relay | 3:37.25 |
| | Lok Blizzard 11; Atticus Brinson 9; Juliuez Ramon 10; Luke Rials 11 | | |
| | Richlands Total Individual Entries: 0 - Total Relays: 1 | | |

NCHSAA 3A Indoor Track State Championships - 2/10/2024

JDL Fast Track

School Entries - All Events

Rocky Mount (RMNT)

1.	Ja'Maiya Avent - Female - Year: 10 - Ind/Rel: 0 / 1			
	#21 Girls 4x200 Meter Relay (4)	1:49.00		
2.	NiQuira Bell - Female - Year: 11 - Ind/Rel: 0 / 1			
	#21 Girls 4x200 Meter Relay (2)	1:49.00		
3.	Kara Bostick - Female - Year: 10 - Ind/Rel: 0 / 1			
	#21 Girls 4x200 Meter Relay (1)	1:49.00		
4.	Candrice Davis - Female - Year: 9 - Ind/Rel: 0 / 1			
	#21 Girls 4x200 Meter Relay (3)	1:49.00		
5.	Trenton Harrell - Male - Year: 12 - Ind/Rel: 0 / 1			
	#36 Boys 4x400 Meter Relay (4)	3:34.16		
6.	Danija Jackson - Female - Year: 12 - Ind/Rel: 1 / 0			
	#11 Girls Pole Vault	9-00.00		
7.	Jaedon Kearney - Male - Year: 12 - Ind/Rel: 3 / 0			
	#8 Boys Triple Jump	40-01.50	#26 Boys 500 Meter Dash	1:08.46
	#30 Boys 300 Meter Dash	35.77		
8.	Joe Lewis - Male - Year: 12 - Ind/Rel: 1 / 1			
	#16 Boys 55 Meter Hurdles Prelims	8.04	#22 Boys 4x200 Meter Relay (1)	1:29.14
9.	Elam Penny - Male - Year: 9 - Ind/Rel: 0 / 2			
	#22 Boys 4x200 Meter Relay (4)	1:29.14	#36 Boys 4x400 Meter Relay (1)	3:34.16
10.	KeSondra Pickett - Female - Year: 12 - Ind/Rel: 3 / 0			
	#7 Girls Triple Jump	36-00.00	#17 Girls 55 Meter Dash Prelims	7.44
	#29 Girls 300 Meter Dash	42.74		
11.	Isaiah Silver - Male - Year: 11 - Ind/Rel: 1 / 0			
	#18 Boys 55 Meter Dash Prelims	6.44		
12.	David Smith - Male - Year: 10 - Ind/Rel: 0 / 1			
	#36 Boys 4x400 Meter Relay (2)	3:34.16		
13.	Lariq Whitaker - Male - Year: 10 - Ind/Rel: 0 / 1			
	#22 Boys 4x200 Meter Relay (2)	1:29.14		
14.	Jeremiah White - Male - Year: 10 - Ind/Rel: 1 / 0			
	#8 Boys Triple Jump	40-06.50		
15.	Jaylen Williams - Male - Year: 11 - Ind/Rel: 0 / 2			
	#22 Boys 4x200 Meter Relay (3)	1:29.14	#36 Boys 4x400 Meter Relay (3)	3:34.16
1.	Rocky Mount - 'A'	#21 Girls 4x200 Meter Relay		1:49.00
	Kara Bostick 10; NiQuira Bell 11; Candrice Davis 9; Ja'Maiya Avent 10			
2.	Rocky Mount - 'A'	#22 Boys 4x200 Meter Relay		1:29.14
	Joe Lewis 12; Lariq Whitaker 10; Jaylen Williams 11; Elam Penny 9			
3.	Rocky Mount - 'A'	#36 Boys 4x400 Meter Relay		3:34.16
	Elam Penny 9; David Smith 10; Jaylen Williams 11; Trenton Harrell 12			
	Rocky Mount Total Individual Entries: 10 - Total Relays: 3			

NCHSAA 3A Indoor Track State Championships - 2/10/2024

JDL Fast Track

School Entries - All Events

Rose, J.H. (ROSE)

1. Ella Barrow - Female - Year: 9 - Ind/Rel: 1 / 0
#27 Girls 1000 Meter Run 3:16.00
 2. Camdon Best - Male - Year: 12 - Ind/Rel: 1 / 1
#18 Boys 55 Meter Dash Prelims 6.54 #22 Boys 4x200 Meter Relay (1) 1:31.00
 3. Dasan Davis - Male - Year: 11 - Ind/Rel: 2 / 1
#16 Boys 55 Meter Hurdles Prelims 7.64 #18 Boys 55 Meter Dash Prelims 6.44
#22 Boys 4x200 Meter Relay (4) 1:31.00
 4. Emarion McIntyre-Battle - Male - Year: 12 - Ind/Rel: 0 / 1
#22 Boys 4x200 Meter Relay (2) 1:31.00
 5. Amire S Smith - Male - Year: 12 - Ind/Rel: 0 / 1
#22 Boys 4x200 Meter Relay (3) 1:31.00
 1. Rose, J.H. - 'A' #22 Boys 4x200 Meter Relay 1:31.00
Camdon Best 12; Emarion McIntyre-Battle 12; Amire S Smith 12; Dasan Davis 11
- Rose, J.H. Total Individual Entries: 4 - Total Relays: 1**

NCHSAA 3A Indoor Track State Championships - 2/10/2024

JDL Fast Track

School Entries - All Events

South Brunswick (SBNW)

1. Caleb Combs - Male - Year: 12 - Ind/Rel: 1 / 0

#3 Boys Shot Put

43-02.00

South Brunswick Total Individual Entries: 1 - Total Relays: 0

NCHSAA 3A Indoor Track State Championships - 2/10/2024

JDL Fast Track

School Entries - All Events

South Point (SPOI)

1. Bryson Lomick - Male - Year: 12 - Ind/Rel: 1 / 0
#18 Boys 55 Meter Dash Prelims 6.45

2. Rachel Tolbert - Female - Year: 11 - Ind/Rel: 1 / 0
#25 Girls 500 Meter Dash 1:19.35

South Point Total Individual Entries: 2 - Total Relays: 0

NCHSAA 3A Indoor Track State Championships - 2/10/2024

JDL Fast Track

School Entries - All Events

South Rowan (SROW)

1. Grayson Cromer - Male - Year: 12 - Ind/Rel: 2 / 0
 #24 Boys 1600 Meter Run 4:34.49 #28 Boys 1000 Meter Run 2:41.00
 2. Blythe Elliott - Female - Year: 12 - Ind/Rel: 0 / 1
 #13 Girls 4x800 Meter Relay (3) 10:52.63
 3. Madalynn Gulledege - Female - Year: 10 - Ind/Rel: 0 / 1
 #13 Girls 4x800 Meter Relay (4) 10:52.63
 4. Gracie Hinson - Female - Year: 9 - Ind/Rel: 0 / 1
 #13 Girls 4x800 Meter Relay (2) 10:52.63
 5. Eli Julian - Male - Year: 12 - Ind/Rel: 3 / 0
 #24 Boys 1600 Meter Run 4:20.26 #28 Boys 1000 Meter Run 2:32.57
 #34 Boys 3200 Meter Run 9:18.37
 6. Macy Miller - Female - Year: 12 - Ind/Rel: 1 / 0
 #9 Girls High Jump 5-03.00
 7. Brinley Patterson - Female - Year: 11 - Ind/Rel: 0 / 1
 #13 Girls 4x800 Meter Relay (1) 10:52.63
 1. South Rowan - 'A' #13 Girls 4x800 Meter Relay 10:52.63
 Brinley Patterson 11; Gracie Hinson 9; Blythe Elliott 12; Madalynn Gulledege 10
- South Rowan Total Individual Entries: 6 - Total Relays: 1**

NCHSAA 3A Indoor Track State Championships - 2/10/2024

JDL Fast Track

School Entries - All Events

Southern Durham (SDUR)

1. Samone Arrington - Female - Year: 10 - Ind/Rel: 1 / 0

#15 Girls 55 Meter Hurdles Prelims 8.92

Southern Durham Total Individual Entries: 1 - Total Relays: 0

NCHSAA 3A Indoor Track State Championships - 2/10/2024

JDL Fast Track

School Entries - All Events

Southern Guilford (SOGL)

1. Travis Covington - Male - Year: 11 - Ind/Rel: 1 / 2			
#30 Boys 300 Meter Dash	35.68	#22 Boys 4x200 Meter Relay (1)	1:31.92
#36 Boys 4x400 Meter Relay (2)	3:30.18		
2. Amiya Cox - Female - Year: 9 - Ind/Rel: 0 / 1			
#21 Girls 4x200 Meter Relay (1)	1:51.60		
3. Kameron Davis - Male - Year: 12 - Ind/Rel: 0 / 1			
#22 Boys 4x200 Meter Relay (2)	1:31.92		
4. Elizabeth Deen - Female - Year: 11 - Ind/Rel: 3 / 0			
#5 Girls Long Jump	17-09.25	#7 Girls Triple Jump	38-03.00
#15 Girls 55 Meter Hurdles Prelims	8.41		
5. Jakaii Dixon - Male - Year: 12 - Ind/Rel: 0 / 1			
#36 Boys 4x400 Meter Relay (1)	3:30.18		
6. Daivion Hall - Male - Year: 10 - Ind/Rel: 1 / 2			
#30 Boys 300 Meter Dash	36.01	#22 Boys 4x200 Meter Relay (3)	1:31.92
#36 Boys 4x400 Meter Relay (4)	3:30.18		
7. Ryan Jarrett - Male - Year: 12 - Ind/Rel: 0 / 1			
#36 Boys 4x400 Meter Relay (3)	3:30.18		
8. Taylor Price - Female - Year: 9 - Ind/Rel: 0 / 1			
#21 Girls 4x200 Meter Relay (3)	1:51.60		
9. Tianna Spinks - Female - Year: 11 - Ind/Rel: 3 / 0			
#17 Girls 55 Meter Dash Prelims	7.15	#25 Girls 500 Meter Dash	1:16.23
#29 Girls 300 Meter Dash	38.93		
10. Rachel Timbo - Female - Year: 10 - Ind/Rel: 0 / 1			
#21 Girls 4x200 Meter Relay (4)	1:51.60		
11. Damian Vaughan - Male - Year: 11 - Ind/Rel: 0 / 1			
#22 Boys 4x200 Meter Relay (4)	1:31.92		
12. Skye Wilson - Female - Year: 9 - Ind/Rel: 0 / 1			
#21 Girls 4x200 Meter Relay (2)	1:51.60		
1. Southern Guilford - 'A'		#21 Girls 4x200 Meter Relay	1:51.60
Amiya Cox 9; Skye Wilson 9; Taylor Price 9; Rachel Timbo 10			
2. Southern Guilford - 'A'		#22 Boys 4x200 Meter Relay	1:31.92
Travis Covington 11; Kameron Davis 12; Daivion Hall 10; Damian Vaughan 11			
3. Southern Guilford - 'A'		#36 Boys 4x400 Meter Relay	3:30.18
Jakaii Dixon 12; Travis Covington 11; Ryan Jarrett 12; Daivion Hall 10			
Southern Guilford Total Individual Entries: 8 - Total Relays: 3			

NCHSAA 3A Indoor Track State Championships - 2/10/2024

JDL Fast Track

School Entries - All Events

Southern Lee (SLEE)

1. Deona Gaines-Scarborough - Female - Year: 10 - Ind/Rel: 1 / 0

#17 Girls 55 Meter Dash Prelims 7.44

Southern Lee Total Individual Entries: 1 - Total Relays: 0

NCHSAA 3A Indoor Track State Championships - 2/10/2024

JDL Fast Track

School Entries - All Events

Southern Wayne (SWAY)

1. Jy'Asha Cousins - Female - Year: 11 - Ind/Rel: 1 / 0

#15 Girls 55 Meter Hurdles Prelims

8.84

Southern Wayne Total Individual Entries: 1 - Total Relays: 0

NCHSAA 3A Indoor Track State Championships - 2/10/2024

JDL Fast Track

School Entries - All Events

St. Stephens (STEP)

1. Jordyn Horan - Female - Year: 12 - Ind/Rel: 1 / 0

#11 Girls Pole Vault

9-06.00

St. Stephens Total Individual Entries: 1 - Total Relays: 0

NCHSAA 3A Indoor Track State Championships - 2/10/2024

JDL Fast Track

School Entries - All Events

Statesville (STAT)

1.	Nakirah Adams - Female - Year: 11 - Ind/Rel: 1 / 1			
	#17 Girls 55 Meter Dash Prelims	7.36	#21 Girls 4x200 Meter Relay (1)	1:42.84
2.	Davin Clarke - Male - Year: 12 - Ind/Rel: 0 / 1			
	#22 Boys 4x200 Meter Relay (2)	1:32.40		
3.	Mekiaun Davis - Male - Year: 12 - Ind/Rel: 0 / 1			
	#22 Boys 4x200 Meter Relay (4)	1:32.40		
4.	Dynasty Hamilton - Female - Year: 12 - Ind/Rel: 0 / 1			
	#21 Girls 4x200 Meter Relay (4)	1:42.84		
5.	Janiya Johnson - Female - Year: 12 - Ind/Rel: 2 / 1			
	#17 Girls 55 Meter Dash Prelims	6.99	#29 Girls 300 Meter Dash	39.73
	#21 Girls 4x200 Meter Relay (2)	1:42.84		
6.	Nicholas Porter - Male - Year: 11 - Ind/Rel: 0 / 1			
	#22 Boys 4x200 Meter Relay (3)	1:32.40		
7.	Jehahj Sherrill - Male - Year: 11 - Ind/Rel: 0 / 1			
	#22 Boys 4x200 Meter Relay (1)	1:32.40		
8.	Jamia Witcher-Knox - Female - Year: 11 - Ind/Rel: 2 / 1			
	#15 Girls 55 Meter Hurdles Prelims	8.76	#29 Girls 300 Meter Dash	42.32
	#21 Girls 4x200 Meter Relay (3)	1:42.84		
1.	Statesville - 'A'		#21 Girls 4x200 Meter Relay	1:42.84
	Nakirah Adams 11; Janiya Johnson 12; Jamia Witcher-Knox 11; Dynasty Hamilton 12			
2.	Statesville - 'A'		#22 Boys 4x200 Meter Relay	1:32.40
	Jehahj Sherrill 11; Davin Clarke 12; Nicholas Porter 11; Mekiaun Davis 12			
	Statesville Total Individual Entries: 5 - Total Relays: 2			

NCHSAA 3A Indoor Track State Championships - 2/10/2024

JDL Fast Track

School Entries - All Events

Swansboro (SWNS)

1. Kenadie Bennett - Female - Year: 9 - Ind/Rel: 1 / 0			
#7 Girls Triple Jump	33-00.00		
2. Evan Bromelle - Male - Year: 10 - Ind/Rel: 0 / 1			
#22 Boys 4x200 Meter Relay (1)	1:33.46		
3. Kyra Brownd - Female - Year: 11 - Ind/Rel: 0 / 1			
#13 Girls 4x800 Meter Relay (1)	10:53.63		
4. Derrick Buchanan - Male - Year: 12 - Ind/Rel: 2 / 2			
#10 Boys High Jump	6-00.00	#16 Boys 55 Meter Hurdles Prelims	7.88
#22 Boys 4x200 Meter Relay (2)	1:33.46	#36 Boys 4x400 Meter Relay (1)	3:36.97
5. Lisa Ferguson - Female - Year: 12 - Ind/Rel: 2 / 0			
#9 Girls High Jump	5-02.00	#15 Girls 55 Meter Hurdles Prelims	8.56
6. Delaney Horton - Female - Year: 11 - Ind/Rel: 1 / 0			
#27 Girls 1000 Meter Run	3:12.57		
7. Jack Lees - Male - Year: 12 - Ind/Rel: 0 / 2			
#22 Boys 4x200 Meter Relay (3)	1:33.46	#36 Boys 4x400 Meter Relay (4)	3:36.97
8. Madilyn Lemke - Female - Year: 10 - Ind/Rel: 0 / 1			
#13 Girls 4x800 Meter Relay (2)	10:53.63		
9. Dean Massaquoi - Male - Year: 11 - Ind/Rel: 1 / 1			
#8 Boys Triple Jump	40-11.00	#36 Boys 4x400 Meter Relay (2)	3:36.97
10. Mckenna Panos - Female - Year: 12 - Ind/Rel: 2 / 0			
#9 Girls High Jump	5-04.00	#11 Girls Pole Vault	11-00.00
11. Kimberlin Phares - Female - Year: 9 - Ind/Rel: 0 / 1			
#13 Girls 4x800 Meter Relay (4)	10:53.63		
12. Breana Richards - Female - Year: 12 - Ind/Rel: 1 / 0			
#7 Girls Triple Jump	34-10.50		
13. Kaydince Scanlon - Female - Year: 11 - Ind/Rel: 0 / 1			
#13 Girls 4x800 Meter Relay (3)	10:53.63		
14. Keyon'Dre Wright - Male - Year: 10 - Ind/Rel: 0 / 2			
#22 Boys 4x200 Meter Relay (4)	1:33.46	#36 Boys 4x400 Meter Relay (3)	3:36.97
15. James Yesunas - Male - Year: 11 - Ind/Rel: 1 / 0			
#12 Boys Pole Vault	12-06.00		
1. Swansboro - 'A'		#13 Girls 4x800 Meter Relay	10:53.63
Kyra Brownd 11; Madilyn Lemke 10; Kaydince Scanlon 11; Kimberlin Phares 9			
2. Swansboro - 'A'		#22 Boys 4x200 Meter Relay	1:33.46
Evan Bromelle 10; Derrick Buchanan 12; Jack Lees 12; Keyon'Dre Wright 10			
3. Swansboro - 'A'		#36 Boys 4x400 Meter Relay	3:36.97
Derrick Buchanan 12; Dean Massaquoi 11; Keyon'Dre Wright 10; Jack Lees 12			
Swansboro Total Individual Entries: 11 - Total Relays: 3			

NCHSAA 3A Indoor Track State Championships - 2/10/2024

JDL Fast Track

School Entries - All Events

Triton (TRIT)

1. Jamal Shaw - Male - Year: 12 - Ind/Rel: 1 / 0

#3 Boys Shot Put

44-01.00

Triton Total Individual Entries: 1 - Total Relays: 0

NCHSAA 3A Indoor Track State Championships - 2/10/2024

JDL Fast Track

School Entries - All Events

Union Pines (UPIN)

1. Braiden Benedict - Male - Year: 11 - Ind/Rel: 0 / 1 #36 Boys 4x400 Meter Relay (1)	3:34.91		
2. Ethan Biggs - Male - Year: 12 - Ind/Rel: 2 / 1 #18 Boys 55 Meter Dash Prelims #22 Boys 4x200 Meter Relay (1)	6.45 1:32.88	#30 Boys 300 Meter Dash	36.36
3. Jack Binon - Male - Year: 11 - Ind/Rel: 1 / 0 #12 Boys Pole Vault	12-06.00		
4. Melody Brown - Female - Year: 11 - Ind/Rel: 1 / 2 #7 Girls Triple Jump #35 Girls 4x400 Meter Relay (1)	33-01.00 4:24.19	#21 Girls 4x200 Meter Relay (1)	1:48.58
5. Grayson Bryant - Male - Year: 11 - Ind/Rel: 1 / 0 #12 Boys Pole Vault	12-09.00		
6. Keelyn Finn - Female - Year: 10 - Ind/Rel: 0 / 2 #21 Girls 4x200 Meter Relay (3)	1:48.58	#35 Girls 4x400 Meter Relay (2)	4:24.19
7. Anna Gaab - Female - Year: 9 - Ind/Rel: 0 / 1 #13 Girls 4x800 Meter Relay (1)	10:36.89		
8. Christian Hackett - Male - Year: 12 - Ind/Rel: 2 / 1 #8 Boys Triple Jump #22 Boys 4x200 Meter Relay (4)	41-02.00 1:32.88	#10 Boys High Jump	6-11.00
9. Monte Hay - Male - Year: 10 - Ind/Rel: 1 / 2 #26 Boys 500 Meter Dash #36 Boys 4x400 Meter Relay (2)	1:07.72 3:34.91	#14 Boys 4x800 Meter Relay (1)	8:23.97
10. Clara Kellner - Female - Year: 12 - Ind/Rel: 1 / 1 #9 Girls High Jump	5-00.00	#35 Girls 4x400 Meter Relay (4)	4:24.19
11. Selah Kellner - Female - Year: 11 - Ind/Rel: 1 / 1 #7 Girls Triple Jump	33-02.50	#13 Girls 4x800 Meter Relay (2)	10:36.89
12. Jacqueline Leone - Female - Year: 12 - Ind/Rel: 0 / 1 #13 Girls 4x800 Meter Relay (3)	10:36.89		
13. Caleb Milton - Male - Year: 11 - Ind/Rel: 1 / 2 #16 Boys 55 Meter Hurdles Prelims #36 Boys 4x400 Meter Relay (4)	7.93 3:34.91	#22 Boys 4x200 Meter Relay (3)	1:32.88
14. Braydon Muhly - Male - Year: 11 - Ind/Rel: 0 / 1 #14 Boys 4x800 Meter Relay (2)	8:23.97		
15. Nicole Norman - Female - Year: 11 - Ind/Rel: 1 / 0 #1 Girls Shot Put	34-01.00		
16. Roger Patterson - Male - Year: 10 - Ind/Rel: 0 / 1 #22 Boys 4x200 Meter Relay (2)	1:32.88		
17. Ellie Powell - Female - Year: 9 - Ind/Rel: 1 / 2 #7 Girls Triple Jump #35 Girls 4x400 Meter Relay (3)	35-02.50 4:24.19	#21 Girls 4x200 Meter Relay (2)	1:48.58
18. Janie Spicer - Female - Year: 12 - Ind/Rel: 0 / 1 #13 Girls 4x800 Meter Relay (4)	10:36.89		
19. Briana St Louis - Female - Year: 11 - Ind/Rel: 2 / 1 #17 Girls 55 Meter Dash Prelims #21 Girls 4x200 Meter Relay (4)	7.17 1:48.58	#29 Girls 300 Meter Dash	39.42
20. Jaydon Sterling - Male - Year: 10 - Ind/Rel: 2 / 0 #8 Boys Triple Jump	42-08.50	#30 Boys 300 Meter Dash	35.95
21. Logan Totten-Lancaster - Male - Year: 11 - Ind/Rel: 1 / 2 #28 Boys 1000 Meter Run #36 Boys 4x400 Meter Relay (3)	2:36.42 3:34.91	#14 Boys 4x800 Meter Relay (3)	8:23.97

NCHSAA 3A Indoor Track State Championships - 2/10/2024

JDL Fast Track

School Entries - All Events

Union Pines (UPIN)

22.	Corbin Weeks - Male - Year: 10 - Ind/Rel: 2 / 1		
	#24 Boys 1600 Meter Run	4:29.54	#34 Boys 3200 Meter Run 9:52.45
	#14 Boys 4x800 Meter Relay (4)	8:23.97	
1.	Union Pines - 'A'	#13 Girls 4x800 Meter Relay	10:36.89
	Anna Gaab 9; Selah Kellner 11; Jacqueline Leone 12; Janie Spicer 12		
2.	Union Pines - 'A'	#14 Boys 4x800 Meter Relay	8:23.97
	Monte Hay 10; Braydon Muhly 11; Logan Totten-Lancaster 11; Corbin Weeks 10		
3.	Union Pines - 'A'	#21 Girls 4x200 Meter Relay	1:48.58
	Melody Brown 11; Ellie Powell 9; Keelyn Finn 10; Briana St Louis 11		
4.	Union Pines - 'A'	#22 Boys 4x200 Meter Relay	1:32.88
	Ethan Biggs 12; Roger Patterson 10; Caleb Milton 11; Christian Hackett 12		
5.	Union Pines - 'A'	#35 Girls 4x400 Meter Relay	4:24.19
	Melody Brown 11; Keelyn Finn 10; Ellie Powell 9; Clara Kellner 12		
6.	Union Pines - 'A'	#36 Boys 4x400 Meter Relay	3:34.91
	Braiden Benedict 11; Monte Hay 10; Logan Totten-Lancaster 11; Caleb Milton 11		
	Union Pines Total Individual Entries: 20 - Total Relays: 6		

NCHSAA 3A Indoor Track State Championships - 2/10/2024

JDL Fast Track

School Entries - All Events

West Carteret (WCAR)

1. Kenley Ballou - Female - Year: 12 - Ind/Rel: 2 / 2			
#25 Girls 500 Meter Dash	1:17.11	#27 Girls 1000 Meter Run	3:07.05
#13 Girls 4x800 Meter Relay (4)	9:49.99	#35 Girls 4x400 Meter Relay (4)	4:07.41
2. Sean Cartwright - Male - Year: 11 - Ind/Rel: 0 / 2			
#14 Boys 4x800 Meter Relay (4)	8:34.27	#36 Boys 4x400 Meter Relay (2)	3:37.68
3. Anderson Day - Female - Year: 11 - Ind/Rel: 1 / 1			
#25 Girls 500 Meter Dash	1:20.65	#35 Girls 4x400 Meter Relay (2)	4:07.41
4. Tucker Dickinson - Male - Year: 9 - Ind/Rel: 0 / 2			
#14 Boys 4x800 Meter Relay (3)	8:34.27	#36 Boys 4x400 Meter Relay (3)	3:37.68
5. Grayson Fredeen - Female - Year: 11 - Ind/Rel: 1 / 1			
#17 Girls 55 Meter Dash Prelims	7.23	#21 Girls 4x200 Meter Relay (2)	1:51.30
6. MaryBeth Garrison - Female - Year: 11 - Ind/Rel: 2 / 0			
#5 Girls Long Jump	17-05.50	#7 Girls Triple Jump	37-02.00
7. Ryan Germain - Female - Year: 12 - Ind/Rel: 1 / 2			
#27 Girls 1000 Meter Run	3:04.70	#13 Girls 4x800 Meter Relay (3)	9:49.99
#35 Girls 4x400 Meter Relay (3)	4:07.41		
8. Derrick Kadar - Male - Year: 12 - Ind/Rel: 0 / 1			
#36 Boys 4x400 Meter Relay (4)	3:37.68		
9. Sally King - Female - Year: 11 - Ind/Rel: 1 / 2			
#25 Girls 500 Meter Dash	1:18.10	#13 Girls 4x800 Meter Relay (1)	9:49.99
#35 Girls 4x400 Meter Relay (1)	4:07.41		
10. Jake Knight - Male - Year: 11 - Ind/Rel: 2 / 2			
#24 Boys 1600 Meter Run	4:33.10	#28 Boys 1000 Meter Run	2:40.92
#14 Boys 4x800 Meter Relay (1)	8:34.27	#36 Boys 4x400 Meter Relay (1)	3:37.68
11. Ashlyn Lewis - Female - Year: 12 - Ind/Rel: 1 / 0			
#1 Girls Shot Put	33-11.50		
12. Levi Maness - Male - Year: 9 - Ind/Rel: 1 / 0			
#12 Boys Pole Vault	11-00.00		
13. Marlana Marson - Female - Year: 10 - Ind/Rel: 0 / 1			
#13 Girls 4x800 Meter Relay (2)	9:49.99		
14. Chance McCubbin - Male - Year: 11 - Ind/Rel: 0 / 1			
#14 Boys 4x800 Meter Relay (2)	8:34.27		
15. Gillam Parker - Female - Year: 9 - Ind/Rel: 0 / 1			
#21 Girls 4x200 Meter Relay (4)	1:51.30		
16. Danica Preston - Female - Year: 9 - Ind/Rel: 0 / 1			
#21 Girls 4x200 Meter Relay (3)	1:51.30		
17. Hubbard Stack - Female - Year: 11 - Ind/Rel: 1 / 1			
#15 Girls 55 Meter Hurdles Prelims	8.57	#21 Girls 4x200 Meter Relay (1)	1:51.30
1. West Carteret - 'A'	#13 Girls 4x800 Meter Relay		9:49.99
	Sally King 11; Marlana Marson 10; Ryan Germain 12; Kenley Ballou 12		
2. West Carteret - 'A'	#14 Boys 4x800 Meter Relay		8:34.27
	Jake Knight 11; Chance McCubbin 11; Tucker Dickinson 9; Sean Cartwright 11		
3. West Carteret - 'A'	#21 Girls 4x200 Meter Relay		1:51.30
	Hubbard Stack 11; Grayson Fredeen 11; Danica Preston 9; Gillam Parker 9		
4. West Carteret - 'A'	#35 Girls 4x400 Meter Relay		4:07.41
	Sally King 11; Anderson Day 11; Ryan Germain 12; Kenley Ballou 12		
5. West Carteret - 'A'	#36 Boys 4x400 Meter Relay		3:37.68
	Jake Knight 11; Sean Cartwright 11; Tucker Dickinson 9; Derrick Kadar 12		

West Carteret Total Individual Entries: 13 - Total Relays: 5

NCHSAA 3A Indoor Track State Championships - 2/10/2024

JDL Fast Track

School Entries - All Events

West Charlotte (WCHA)

1. Zekya Allison - Female - Year: 10 - Ind/Rel: 0 / 1
 #21 Girls 4x200 Meter Relay (1) 1:45.47
 2. Aniya Higgins - Female - Year: 10 - Ind/Rel: 0 / 1
 #21 Girls 4x200 Meter Relay (3) 1:45.47
 3. Mya Horsley - Female - Year: 10 - Ind/Rel: 2 / 1
 #5 Girls Long Jump 16-05.00 #17 Girls 55 Meter Dash Prelims 7.44
 #21 Girls 4x200 Meter Relay (4) 1:45.47
 4. Zaniya LittleJohn - Female - Year: 12 - Ind/Rel: 2 / 0
 #17 Girls 55 Meter Dash Prelims 7.36 #29 Girls 300 Meter Dash 40.37
 5. Jaselle Matthews - Female - Year: 9 - Ind/Rel: 1 / 1
 #17 Girls 55 Meter Dash Prelims 7.40 #21 Girls 4x200 Meter Relay (2) 1:45.47
 1. West Charlotte - 'A' #21 Girls 4x200 Meter Relay 1:45.47
 Zekya Allison 10; Jaselle Matthews 9; Aniya Higgins 10; Mya Horsley 10
- West Charlotte Total Individual Entries: 5 - Total Relays: 1**

NCHSAA 3A Indoor Track State Championships - 2/10/2024

JDL Fast Track

School Entries - All Events

West Henderson (WHEN)

1. Sarah Gorgas - Female - Year: 12 - Ind/Rel: 1 / 0			
#11 Girls Pole Vault	9-06.00		
2. Emma Hall - Female - Year: 12 - Ind/Rel: 3 / 0			
#15 Girls 55 Meter Hurdles Prelims	8.16	#17 Girls 55 Meter Dash Prelims	7.27
#29 Girls 300 Meter Dash	40.65		
3. Tayman Howell - Male - Year: 11 - Ind/Rel: 1 / 2			
#16 Boys 55 Meter Hurdles Prelims	7.57	#22 Boys 4x200 Meter Relay (1)	1:34.08
#36 Boys 4x400 Meter Relay (1)	3:32.40		
4. Rian Jones - Male - Year: 11 - Ind/Rel: 1 / 2			
#16 Boys 55 Meter Hurdles Prelims	7.77	#22 Boys 4x200 Meter Relay (2)	1:34.08
#36 Boys 4x400 Meter Relay (2)	3:32.40		
5. Asa Ostman - Male - Year: 10 - Ind/Rel: 0 / 1			
#22 Boys 4x200 Meter Relay (3)	1:34.08		
6. Hudson Rice - Male - Year: 12 - Ind/Rel: 2 / 0			
#24 Boys 1600 Meter Run	4:18.28	#34 Boys 3200 Meter Run	9:16.49
7. Will Robinson - Male - Year: 12 - Ind/Rel: 0 / 2			
#22 Boys 4x200 Meter Relay (4)	1:34.08	#36 Boys 4x400 Meter Relay (3)	3:32.40
8. Keagan Saft - Male - Year: 11 - Ind/Rel: 2 / 1			
#26 Boys 500 Meter Dash	1:07.56	#28 Boys 1000 Meter Run	2:37.37
#36 Boys 4x400 Meter Relay (4)	3:32.40		
9. Tyson Sem - Male - Year: 11 - Ind/Rel: 1 / 0			
#16 Boys 55 Meter Hurdles Prelims	8.32		
1. West Henderson - 'A'		#22 Boys 4x200 Meter Relay	1:34.08
Tayman Howell 11; Rian Jones 11; Asa Ostman 10; Will Robinson 12			
2. West Henderson - 'A'		#36 Boys 4x400 Meter Relay	3:32.40
Tayman Howell 11; Rian Jones 11; Will Robinson 12; Keagan Saft 11			
West Henderson Total Individual Entries: 11 - Total Relays: 2			

NCHSAA 3A Indoor Track State Championships - 2/10/2024

JDL Fast Track

School Entries - All Events

West Iredell (WIRE)

1. Bryant Moore - Male - Year: 9 - Ind/Rel: 1 / 0

#24 Boys 1600 Meter Run

4:33.58

West Iredell Total Individual Entries: 1 - Total Relays: 0

NCHSAA 3A Indoor Track State Championships - 2/10/2024

JDL Fast Track

School Entries - All Events

West Johnston (WJOH)

1. Warner Clark - Male - Year: 10 - Ind/Rel: 1 / 0

#34 Boys 3200 Meter Run

9:59.43

West Johnston Total Individual Entries: 1 - Total Relays: 0

NCHSAA 3A Indoor Track State Championships - 2/10/2024

JDL Fast Track

School Entries - All Events

Western Harnett (WHAR)

1. Ethan Rich - Male - Year: 10 - Ind/Rel: 2 / 0

#24 Boys 1600 Meter Run

4:31.06

#34 Boys 3200 Meter Run

9:39.70

Western Harnett Total Individual Entries: 2 - Total Relays: 0

NCHSAA 3A Indoor Track State Championships - 2/10/2024

JDL Fast Track

School Entries - All Events

White Oak (WOAK)

1. Isaiah Abenti - Male - Year: 11 - Ind/Rel: 0 / 1
#14 Boys 4x800 Meter Relay (1) 8:38.43
2. Nyla Bell - Female - Year: 11 - Ind/Rel: 0 / 1
#13 Girls 4x800 Meter Relay (2) 10:59.00
3. Yomar Cruz Rivera - Male - Year: 11 - Ind/Rel: 0 / 3
#14 Boys 4x800 Meter Relay (4) 8:38.43 #22 Boys 4x200 Meter Relay (4) 1:33.62
#36 Boys 4x400 Meter Relay (1) 3:37.51
4. Matthew Earle - Male - Year: 10 - Ind/Rel: 0 / 2
#14 Boys 4x800 Meter Relay (3) 8:38.43 #36 Boys 4x400 Meter Relay (2) 3:37.51
5. Damarius Hester - Male - Year: 12 - Ind/Rel: 0 / 1
#22 Boys 4x200 Meter Relay (3) 1:33.62
6. Elin Jennings - Male - Year: 12 - Ind/Rel: 0 / 1
#36 Boys 4x400 Meter Relay (4) 3:37.51
7. Matthew Kellner - Male - Year: 11 - Ind/Rel: 1 / 0
#12 Boys Pole Vault 11-00.00
8. Michael Milligan - Male - Year: 10 - Ind/Rel: 0 / 1
#22 Boys 4x200 Meter Relay (1) 1:33.62
9. Alexis Myers - Female - Year: 10 - Ind/Rel: 0 / 1
#13 Girls 4x800 Meter Relay (3) 10:59.00
10. Jimmy Owens - Male - Year: 11 - Ind/Rel: 0 / 2
#14 Boys 4x800 Meter Relay (2) 8:38.43 #36 Boys 4x400 Meter Relay (3) 3:37.51
11. Eliezer Pineda - Male - Year: 12 - Ind/Rel: 1 / 0
#16 Boys 55 Meter Hurdles Prelims 8.13
12. Chris Smith - Male - Year: 10 - Ind/Rel: 0 / 1
#22 Boys 4x200 Meter Relay (2) 1:33.62
13. Madison Smith - Female - Year: 11 - Ind/Rel: 0 / 1
#13 Girls 4x800 Meter Relay (4) 10:59.00
14. Brianna Watson - Female - Year: 9 - Ind/Rel: 0 / 1
#13 Girls 4x800 Meter Relay (1) 10:59.00
1. White Oak - 'A' #13 Girls 4x800 Meter Relay 10:59.00
Brianna Watson 9; Nyla Bell 11; Alexis Myers 10; Madison Smith 11
2. White Oak - 'A' #14 Boys 4x800 Meter Relay 8:38.43
Isaiah Abenti 11; Jimmy Owens 11; Matthew Earle 10; Yomar Cruz Rivera 11
3. White Oak - 'A' #22 Boys 4x200 Meter Relay 1:33.62
Michael Milligan 10; Chris Smith 10; Damarius Hester 12; Yomar Cruz Rivera 11
4. White Oak - 'A' #36 Boys 4x400 Meter Relay 3:37.51
Yomar Cruz Rivera 11; Matthew Earle 10; Jimmy Owens 11; Elin Jennings 12

White Oak Total Individual Entries: 2 - Total Relays: 4