

2023 4A West NCHSAA Regional Championships - 2/2/2024**Host: Marvin Ridge HS****Swimming & Diving****Psych Sheet****Event 1 Women 200 Yard Medley Relay**

Team	Relay	Seed Time
1 Lake Norman		1:46.57
2 Myers Park		1:46.86
3 Ardrey Kell		1:47.13
4 Char Catholic		1:48.96
5 Hopewell		1:49.71
6 Marvin Ridge		1:50.99
7 Weddington		1:52.75
8 Watauga		1:52.79
9 Cuthbertson		1:53.26
10 South Meck		1:53.80
11 Providence		1:54.14
12 Hough		1:55.00
13 TC Roberson		1:56.32
14 Cox Mill		2:00.37
15 East Mecklenburg		2:01.35
16 West Cabarrus		2:02.49
17 Asheville		2:04.28
18 Hickory Ridge		2:04.33
19 South Iredell		2:05.04
20 Palisades		2:05.46
21 South Caldwell		2:07.08
22 Porter Ridge		2:07.23
23 Sun Valley		2:10.51
24 Mooresville		2:12.24

Event 2 Men 200 Yard Medley Relay

Team	Relay	Seed Time
1 Marvin Ridge		1:33.06
2 Ardrey Kell		1:36.81
3 Cox Mill		1:37.28
4 Hickory Ridge		1:37.55
5 Myers Park		1:37.63
6 Providence		1:39.30
7 East Mecklenburg		1:41.04
8 South Meck		1:41.87
9 Cuthbertson		1:42.69
10 Hopewell		1:43.14
11 Char Catholic		1:43.22
12 West Cabarrus		1:45.05
13 Hough		1:47.73
14 Asheville		1:48.66
15 Butler		1:49.24
16 South Caldwell		1:49.84
17 TC Roberson		1:51.54
18 Lake Norman		1:53.10
19 North Meck		1:56.05
20 Watauga		1:57.00
21 Palisades		1:57.10
22 Porter Ridge		2:02.68
23 South Iredell		2:02.76
24 Mallard Creek		2:03.59

Event 3 Women 200 Yard Freestyle

Name	Yr	School	Seed Time
1 Kaylee McDonald	SR	Marvin Ridge	1:52.37
2 Taylor Goodwin	JR	TC Roberson	1:54.13
3 Emma Barr	SO	Lake Norman	1:55.75
4 McKenna Patrick	SR	Cuthbertson	1:55.79
5 Sophia Pero	SO	Hopewell	1:56.23
6 Amelia Amadio	JR	Hough	1:56.38
7 Katherine Guenther	FR	Myers Park	1:56.78
8 Reese Briggs	JR	South Meck	1:56.99
9 Claire Oettinger	SR	Providence	1:57.21
10 Sarah Virkler	SR	Providence	1:57.34
11 Emma Lee	SR	Marvin Ridge	1:57.35
12 Laura Rinker	FR	West Cabarrus	1:58.23
13 Delaney Schwab	SO	Asheville	1:58.27
14 Alexis Szostek	FR	Hough	1:58.88
15 Ariel Kong	FR	Marvin Ridge	1:58.90
16 Grace Tuchi	SR	Myers Park	2:00.08
17 Caroline Meehan	SO	Char Catholic	2:00.79
18 Allison Repella	SR	Myers Park	2:01.11
19 Ellory Carpenter	FR	Weddington	2:02.55
20 Reese Bednar	JR	Marvin Ridge	2:02.65
21 Ashley Xu	FR	Ardrey Kell	2:03.29
22 Bronwyn Bartis	JR	Myers Park	2:03.38
23 Theresa Presley	FR	Cox Mill	2:04.96
24 Olivia Jacobsen	SO	Char Catholic	2:05.62

Event 4 Men 200 Yard Freestyle

Name	Yr	School	Seed Time
1 Michael Rice	SO	Marvin Ridge	1:43.42
2 Kyle Wilburn	FR	Cox Mill	1:46.16
3 Jack Haywood	SR	Providence	1:46.33
4 Dylan Stewart	FR	Marvin Ridge	1:46.71
5 Benjamin Dudley	JR	Asheville	1:46.86
6 Adam Polzien	SO	Marvin Ridge	1:46.87
7 Ben Martin	JR	East Mecklenburg	1:47.39
8 Evan Prabhu	SR	Providence	1:47.48
9 Jack Rutledge	JR	Providence	1:47.57
10 William Hager	SO	Myers Park	1:48.39
11 Tyler Ligi	JR	Hickory Ridge	1:48.96
12 Max Osman	JR	South Meck	1:48.97
13 Milo Fagan	SR	Hough	1:49.23
14 Julian Malecki	FR	Char Catholic	1:50.30
15 Carson West	SO	Hough	1:50.67
16 Tate Alexander	SO	East Mecklenburg	1:50.72
17 Jack Bundy	SO	Ardrey Kell	1:50.73
18 Paarth Krishnatrey	SR	Ardrey Kell	1:50.78
19 James Tjahjadi	JR	Ardrey Kell	1:52.46
20 Owen Hohm	FR	East Mecklenburg	1:52.71
21 Peyton Buchanan	SR	Cuthbertson	1:53.81
22 Avery Annas		South Caldwell	1:55.00
23 Veer Puri	FR	Myers Park	1:55.80
24 Matthew Swett	FR	Butler	1:56.10

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Name	Yr	School	Seed Time
1 Sofia Plaza	SR	Myers Park	2:03.58
2 Avery Klamfoth	SO	Myers Park	2:05.33
3 Lauren Bernardo	SR	Char Catholic	2:06.34
4 Avery Vassil	JR	Marvin Ridge	2:09.78
5 Emmaline Reddick	SO	South Meck	2:09.95
6 Josephine Ferrari	SO	Hough	2:10.40
7 Shaelyn Shields	JR	Providence	2:10.47
8 Sarah Henderson	SO	Hopewell	2:10.49
9 Abby Druhan	SR	Char Catholic	2:10.80
10 Macie McCarter	SO	Marvin Ridge	2:10.86
11 Paige Thome	SR	Cuthbertson	2:11.01
12 Maylie Berberian	FR	Marvin Ridge	2:11.99
13 Julia Pou	SO	Myers Park	2:12.92
14 Lianna Pron	FR	Weddington	2:13.00
15 Charlotte Eckert	SR	Ardrey Kell	2:13.02
16 Maria Champion	FR	Char Catholic	2:13.43
17 Ellie Druhan	FR	Char Catholic	2:13.67
18 Raegan Sherrill	SR	Cuthbertson	2:14.36
19 Sofia Diaz	SR	Providence	2:14.72
20 Sawyer Carlson	SO	Providence	2:14.74
21 Riley Shimp-Donahue	JR	Cuthbertson	2:14.95
22 Peyton Felts		South Caldwell	2:15.01
23 Marin Schelble	SO	Myers Park	2:15.03
24 Maddie Light	SO	Ardrey Kell	2:16.46

Event 6 Men 200 Yard IM

Name	Yr	School	Seed Time
1 Charles Heisig	SR	Marvin Ridge	1:54.13
2 Tobias Winardi	SR	Marvin Ridge	1:54.84
3 Christopher Aristondo	SR	South Meck	1:55.55
4 Isaac Holtham	SR	Ardrey Kell	1:56.14
5 Quinn O'Mara	JR	Marvin Ridge	1:59.41
6 Parker Murphy	FR	Hickory Ridge	2:00.56
7 Nathan Hall	JR	Hopewell	2:00.58
8 Jordan Willis	JR	Marvin Ridge	2:01.22
9 Richard Tang	JR	Ardrey Kell	2:01.26
10 Benjamin Leckinger	SR	Cox Mill	2:01.51
11 Charles Sutorus	FR	East Mecklenburg	2:01.77
12 Jacob Miller	SO	East Mecklenburg	2:01.81
13 Tokugen Drake	SO	Providence	2:02.76
14 Oliver Ford	SO	Providence	2:03.13
15 Leo Niemoller	FR	South Meck	2:04.34
16 Jack Gessner	SR	Providence	2:05.44
17 Matviy Karachun	JR	Ardrey Kell	2:06.97
18 Vijay Chopra	FR	Providence	2:07.51
19 Tyler Tennant	FR	Cuthbertson	2:07.78
20 David Ivan	SR	Ardrey Kell	2:09.03
21 Landon Kirkpatrick	JR	Asheville	2:09.05
22 Logan Chow	FR	Myers Park	2:09.20
23 Jack Martin	FR	Myers Park	2:10.64
24 Kenneth Anderson	SO	Char Catholic	2:11.04

Event 7 Women 50 Yard Freestyle

Name	Yr	School	Seed Time
1 Aubrey Hull	SR	Ardrey Kell	24.27
2 Madison Winardi	SO	Marvin Ridge	24.40
3 Ella Krampert	SR	South Iredell	24.57
4 Sophia Bellissimo	JR	Lake Norman	24.66
5 Logan Leckner	SR	Char Catholic	24.76
6 Chloi Harper	JR	Hough	24.77
7 Joslyn Bolton	SO	Providence	24.83
8 Lauren Teague	FR	Cox Mill	24.84
9 Mary Drummond	FR	Myers Park	24.87
10 Ayla Pulver	FR	South Meck	25.14
11 Celia Canata	JR	Marvin Ridge	25.20
12 Kailee Reale	FR	Hopewell	25.27
13 Emma Condo	SR	Hough	25.40
14 Olivia White	FR	Ardrey Kell	25.42
15 Kellan Goss	FR	Char Catholic	25.54
16 Taylor Weaver	SO	Myers Park	25.54
17 Charlotte LePage	JR	Marvin Ridge	25.54
18 Hannah Aghjayan	SR	Myers Park	25.58
19 Lucy Seitz	SR	South Meck	25.69
20 Karina Morisset	SR	Mallard Creek	25.77
21 Lily Bancroft	FR	Weddington	25.79
22 Kendra Kush	FR	TC Roberson	25.97
23 Athena Elliott	SO	Watauga	26.07
24 Brooke Watne	FR	Ardrey Kell	26.19

Event 8 Men 50 Yard Freestyle

Name	Yr	School	Seed Time
1 Christopher Zhang	SR	Ardrey Kell	20.89
2 Nate Hohm	SR	East Mecklenburg	21.09
3 Alex Garmon	JR	Hickory Ridge	21.13
4 Constantine Gaskey	SR	West Cabarrus	21.49
5 Troy Keen	SR	Marvin Ridge	21.63
6 Connor Solvason	SR	Cox Mill	21.86
7 Mason Kinnavy	SR	Providence	22.00
8 Carter Medlin	FR	Providence	22.03
9 Nikita Shulgin	JR	Hough	22.30
10 Nolan Schear	JR	Myers Park	22.34
11 Aiden Lee	FR	Marvin Ridge	22.65
12 Lucas Soniat	SO	Marvin Ridge	22.78
13 Burch Barlas	SR	Char Catholic	22.90
14 Jake Delehanty	SR	Marvin Ridge	22.93
15 Lawson Brewer	SO	Hickory Ridge	22.96
16 Jake Zhou	SO	Ardrey Kell	22.96
17 Owen Griffith		South Caldwell	23.01
18 Rafael McBroom	FR	Mallard Creek	23.16
19 Luke Branscom	SO	Ardrey Kell	23.29
20 Arkady Muller	SO	South Iredell	23.32
21 Jack Callihan	SO	Asheville	23.39
22 Jed Ferry	SO	Myers Park	23.45
23 Zane Williams	FR	Providence	23.58
24 Calvin Powell	JR	Cuthbertson	23.59

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Host: Marvin Ridge HS

Swimming & Diving

Psych Sheet

Event 9 Women 1 mtr Diving

Name	Yr	School	
1 Sebla Miracle	SO	Asheville	366.25
2 Reagan Leckner		Char Catholic	299.10
3 Isabella Wilhelm	JR	Providence	235.15
4 Miley Cook	SO	Weddington	226.65
5 Peyton Liddle	FR	Marvin Ridge	216.70
6 Taylor Brantley	JR	Hough	209.40
7 Blythe Duley	SO	Myers Park	206.75
8 Lily Hildebrand	SR	Hough	186.20
9 Zoey Tabor	SR	Providence	183.60
10 Paiden Castelblanco	SR	Asheville	179.30
11 Maela Bazemore	SO	East Mecklenburg	179.20
12 Rose Conley	SR	Lake Norman	176.95
13 Raleigh Smith	FR	Cuthbertson	173.90
14 Norah Dacus	SR	South Meck	167.30
15 Bennett Rhodes	FR	South Meck	163.90
16 Dylan Fagin		Providence	153.10
17 Sophia Schulz	FR	South Meck	150.40
18 Charlotte Rhodes	FR	South Meck	147.35
19 Morgan Edwards	JR	Cuthbertson	146.90
20 Savannah Jewell		East Mecklenburg	146.90
21 Riley O'Donnell	SR	Providence	146.40
22 Sasha Smith	SR	Myers Park	144.30
23 Molly Freeman	SR	East Mecklenburg	144.15
24 Madeline House	SO	Myers Park	143.55
25 Emily Parker	SO	Lake Norman	136.45
26 Mary Kinler Newman	SO	Char Catholic	133.90
27 Natalie Madrzykowski	SR	Ardrey Kell	129.70
28 Anna Brown	JR	East Mecklenburg	128.90
29 Sabrina Becerra		Char Catholic	126.80
30 Adele Ford	FR	Myers Park	107.75

Event 10 Men 1 mtr Diving

Name	Yr	School	
1 Walker Plym	SR	South Meck	256.45
2 Elijah Resnick	SO	Asheville	219.45
3 Nate Robinson	SO	Myers Park	204.50
4 Mason Kramer	SO	Char Catholic	197.75
5 Jacob Roberts	FR	South Meck	176.00
6 Mason Black	SR	East Mecklenburg	156.75
7 Tucker Bryant	JR	Myers Park	154.65
8 Luke Forsyth	FR	South Meck	154.45
9 Reece Efird	SO	Myers Park	153.55
10 Max Gallinek	SR	Providence	150.05
11 George Stiff	SR	East Mecklenburg	141.65
12 Dylan Rogers	JR	Myers Park	130.25
13 Nolan Kennedy		Char Catholic	126.40
14 Ethan Fallowes	JR	East Mecklenburg	113.65
15 Max Wine	SR	East Mecklenburg	107.55
16 Nicholas Johnson	SO	Hopewell	101.85
17 Brenden Ortiz		Char Catholic	100.50

Event 11 Women 100 Yard Butterfly

Name	Yr	School	Seed Time
1 Alyssa Claborn	JR	Lake Norman	57.82
2 Kayman Neal	SR	Myers Park	57.94
3 Amelia Amadio	JR	Hough	58.41
4 Madi Hertzog	FR	Char Catholic	58.51
5 Carly VanNote	SR	Marvin Ridge	58.58
6 Charlotte Eckert	SR	Ardrey Kell	58.76
7 Maylie Berberian	FR	Marvin Ridge	58.78
8 Paige Thome	SR	Cuthbertson	59.09
9 Lauren Patterson	SR	Watauga	59.22
10 Maria Champion	FR	Char Catholic	59.38
11 Taylor Hall	SO	Hopewell	59.41
12 Charlie Zollinger	SR	Cuthbertson	59.51
13 CJ Bernado	SO	Char Catholic	59.54
14 Ella Tyminski	JR	Hough	59.67
15 Giovanna Ricciardi	FR	Cuthbertson	59.68
16 Julian Wu	SR	Providence	59.76
17 Sophia Pero	SO	Hopewell	59.85
18 Caragh Magner	SO	Hough	1:00.28
19 Sydney Boone-McDougall	SR	Hough	1:00.31
20 Caroline Norton	SR	Providence	1:00.41
21 Lanie Holden	SR	Myers Park	1:00.54
22 Whitney Austin	SR	Myers Park	1:00.73
23 Ainsley Holden	FR	Myers Park	1:00.82
24 Audrey Pardue	JR	Char Catholic	1:01.08

Event 12 Men 100 Yard Butterfly

Name	Yr	School	Seed Time
1 Troy Keen	SR	Marvin Ridge	50.59
2 Gavin McCarter	SR	Marvin Ridge	51.77
3 Nathan Hall	JR	Hopewell	51.88
4 Maksym Nechydyuk	SR	Ardrey Kell	51.90
5 Ben Martin	JR	East Mecklenburg	52.70
6 Benjamin Leckinger	SR	Cox Mill	52.70
7 Lucas Soniat	SO	Marvin Ridge	52.79
8 Nolan Schear	JR	Myers Park	52.95
9 Evan Prabhu	SR	Providence	53.25
10 Charles Henage	SR	Marvin Ridge	53.45
11 Max Osman	JR	South Meck	53.65
12 Gino Prabhu	SO	Providence	54.25
13 Mitchell Evans	FR	Hopewell	54.42
14 Nathan Hohnbaum	JR	Myers Park	54.42
15 Tate Alexander	SO	East Mecklenburg	54.94
16 Ryan Chiu	SO	Ardrey Kell	55.21
17 Alexander Pham	FR	Char Catholic	55.48
18 Matviy Karachun	JR	Ardrey Kell	55.83
19 Nicholas Chilom	SO	Ardrey Kell	56.05
20 Keegan Kelley	FR	Cox Mill	56.45
21 Trevor O'Sullivan	JR	Cuthbertson	56.73
22 Sechan Park	SR	Butler	56.77
23 Tyler Tennant	FR	Cuthbertson	56.83
24 Gabe Hardy	FR	Char Catholic	57.00

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Name	Yr	School	Seed Time
1 Joslyn Bolton	SO	Providence	52.21
2 Kaylee McDonald	SR	Marvin Ridge	52.29
3 Madison Winardi	SO	Marvin Ridge	52.93
4 Sophia Bellissimo	JR	Lake Norman	53.00
5 Eliza Wallace	SO	Ardrey Kell	53.18
6 Logan Leckner	SR	Char Catholic	53.43
7 Lauren Teague	FR	Cox Mill	53.45
8 Ella Krampert	SR	South Iredell	53.85
9 Claire Oettinger	SR	Providence	54.15
10 McKenna Patrick	SR	Cuthbertson	54.22
11 Ella Tyminski	JR	Hough	54.59
12 Reese Briggs	JR	South Meck	55.25
13 Kellan Goss	FR	Char Catholic	55.27
14 Kathryn Kern	SO	Char Catholic	55.37
15 Mary Drummond	FR	Myers Park	55.38
16 Hannah Aghjayan	SR	Myers Park	55.86
17 Allison Repella	SR	Myers Park	55.87
18 Alexis Szostek	FR	Hough	55.95
19 Maggie Cheves	JR	Watauga	56.03
20 Ayla Pulver	FR	South Meck	56.22
21 Ashley Xu	FR	Ardrey Kell	56.22
22 Emma Condo	SR	Hough	56.26
23 Jayne Steier	FR	Marvin Ridge	56.42
24 Kailee Reale	FR	Hopewell	56.56

Event 14 Men 100 Yard Freestyle

Name	Yr	School	Seed Time
1 Michael Rice	SO	Marvin Ridge	45.81
2 Christopher Zhang	SR	Ardrey Kell	45.92
3 Nate Hohm	SR	East Mecklenburg	46.68
4 Alex Garmon	JR	Hickory Ridge	47.18
5 Connor Solvason	SR	Cox Mill	47.46
6 Cameron Bucci	JR	Myers Park	47.78
7 Parker Murphy	FR	Hickory Ridge	47.83
8 Carter Medlin	FR	Providence	47.95
9 Hil Lindsay	SR	Myers Park	48.78
10 Dylan Stewart	FR	Marvin Ridge	48.85
11 Benjamin Dudley	JR	Asheville	48.86
12 Mason Kinnavy	SR	Providence	48.96
13 Andrii Polotov	SR	Cox Mill	49.15
14 Colton McBryde	SO	Marvin Ridge	49.62
15 Jacob Miller	SO	East Mecklenburg	49.82
16 Andrew Schmidt	SR	Hickory Ridge	50.04
17 James Tjahjadi	JR	Ardrey Kell	50.06
18 Milo Fagan	SR	Hough	50.31
19 Marcus Freeman	SR	Palisades	50.50
20 David Ivan	SR	Ardrey Kell	51.00
21 Owen Griffith		South Caldwell	51.45
22 Peyton Buchanan	SR	Cuthbertson	51.74
23 Jack Martin	FR	Myers Park	52.04
24 Jed Ferry	SO	Myers Park	52.10

Event 15 Women 500 Yard Freestyle

Name	Yr	School	Seed Time
1 Charlotte LePage	JR	Marvin Ridge	5:07.23
2 Taylor Goodwin	JR	TC Roberson	5:09.35
3 Sarah Virkler	SR	Providence	5:11.08
4 Emma Lee	SR	Marvin Ridge	5:12.38
5 Ariel Kong	FR	Marvin Ridge	5:12.94
6 Caroline Largen	JR	South Meck	5:13.45
7 Caroline Meehan	SO	Char Catholic	5:15.09
8 Katherine Guenther	FR	Myers Park	5:15.43
9 Emma Barr	SO	Lake Norman	5:15.80
10 Reese Bednar	JR	Marvin Ridge	5:16.34
11 Josephine Ferrari	SO	Hough	5:16.78
12 Madi Hertzog	FR	Char Catholic	5:17.06
13 Laura Rinker	FR	West Cabarrus	5:18.33
14 Audrey Pardue	JR	Char Catholic	5:20.19
15 Allison Tonsil	JR	Hough	5:29.66
16 Gabi Fiano	JR	Asheville	5:29.68
17 Theresa Presley	FR	Cox Mill	5:31.51
18 Anna Lang	JR	Ardrey Kell	5:31.63
19 Addison Wilson	FR	Watauga	5:33.52
20 Ainsley Holden	FR	Myers Park	5:33.53
21 Katelyn Cromar	SO	Providence	5:34.75
22 Bronwyn Bartis	JR	Myers Park	5:35.35
23 Michelle Ivan	JR	Ardrey Kell	5:36.05
24 Olivia Jacobsen	SO	Char Catholic	5:37.37

Event 16 Men 500 Yard Freestyle

Name	Yr	School	Seed Time
1 Charles Henage	SR	Marvin Ridge	4:41.51
2 Adam Polzien	SO	Marvin Ridge	4:45.66
3 Jack Rutledge	JR	Providence	4:46.90
4 Jack Haywood	SR	Providence	4:48.95
5 Kyle Wilburn	FR	Cox Mill	4:49.11
6 William Hager	SO	Myers Park	4:49.15
7 Carson West	SO	Hough	4:52.65
8 Aiden Lee	FR	Marvin Ridge	4:54.86
9 Charlie Burdulis	SO	Hough	4:54.88
10 Julian Malecki	FR	Char Catholic	4:56.64
11 Jack Bundy	SO	Ardrey Kell	4:57.84
12 Lucas Moise	FR	East Mecklenburg	5:00.88
13 Ryan Chiu	SO	Ardrey Kell	5:01.79
14 Gino Prabhu	SO	Providence	5:07.17
15 Denis Tchijik	JR	South Meck	5:07.25
16 Paarth Krishnatrey	SR	Ardrey Kell	5:08.55
17 Veer Puri	FR	Myers Park	5:10.62
18 Vlad Roman	FR	West Cabarrus	5:10.85
19 Wyatt Herger	JR	Hopewell	5:11.66
20 Matthew Swett	FR	Butler	5:13.88
21 Peter Cassidy	SO	Myers Park	5:14.36
22 Viraj Chopra	SO	Providence	5:16.11
23 Gardner Gannon	SO	Myers Park	5:16.58
24 JP Hennaux	FR	Hough	5:18.42

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Host: Marvin Ridge HS

Swimming & Diving

Psych Sheet

Event	17	Women 200 Yard Freestyle Relay	
	Team	Relay	Seed Time
1	Myers Park		1:38.40
2	Marvin Ridge		1:39.63
3	Lake Norman		1:39.96
4	Providence		1:40.88
5	Char Catholic		1:40.90
6	South Meck		1:42.26
7	Hough		1:42.31
8	Hopewell		1:43.08
9	Ardrey Kell		1:44.61
10	Cuthbertson		1:45.13
11	Weddington		1:45.34
12	Watauga		1:45.70
13	TC Roberson		1:46.69
14	Cox Mill		1:48.79
15	South Iredell		1:48.82
16	West Cabarrus		1:49.81
17	East Mecklenburg		1:49.93
18	Asheville		1:52.57
19	Palisades		1:53.30
20	Hickory Ridge		1:53.43
21	South Caldwell		1:54.03
22	Porter Ridge		1:54.62
23	Sun Valley		1:56.74
24	Alexander Cent.		1:58.43

Event	18	Men 200 Yard Freestyle Relay	
	Team	Relay	Seed Time
1	Ardrey Kell		1:26.86
2	Marvin Ridge		1:27.25
3	Myers Park		1:27.91
4	East Mecklenburg		1:28.73
5	Providence		1:29.83
6	Hickory Ridge		1:30.51
7	Cox Mill		1:31.60
8	Hough		1:32.10
9	South Meck		1:32.67
10	Hopewell		1:34.04
11	Cuthbertson		1:35.06
12	Butler		1:36.98
13	West Cabarrus		1:37.96
14	South Caldwell		1:38.36
15	Char Catholic		1:38.94
16	Asheville		1:39.39
17	TC Roberson		1:39.76
18	South Iredell		1:42.12
19	Lake Norman		1:42.58
20	Palisades		1:42.60
21	North Meck		1:42.96
22	Porter Ridge		1:45.26
23	Sun Valley		1:46.43
24	Watauga		1:46.78

Event	19	Women 100 Yard Backstroke		
	Name	Yr	School	Seed Time
1	Aubrey Hull	SR	Ardrey Kell	55.48
2	Alyssa Claborn	JR	Lake Norman	55.82
3	Kayman Neal	SR	Myers Park	56.83
4	Lauren Bernardo	SR	Char Catholic	57.74
5	Julia Pou	SO	Myers Park	58.31
6	Shaelyn Shields	JR	Providence	58.47
7	Olivia White	FR	Ardrey Kell	58.70
8	Carly VanNote	SR	Marvin Ridge	58.81
9	Grayson Brewster	FR	Weddington	59.09
10	Chloi Harper	JR	Hough	59.43
11	Giovanna Ricciardi	FR	Cuthbertson	59.70
12	Emmaline Reddick	SO	South Meck	59.73
13	Sofia Diaz	SR	Providence	1:00.14
14	Meera Kondal	JR	TC Roberson	1:00.16
15	Avery Normand	SO	Weddington	1:00.49
16	Ellory Carpenter	FR	Weddington	1:00.50
17	Caragh Magner	SO	Hough	1:00.55
18	CJ Bernado	SO	Char Catholic	1:00.60
19	Delaney Schwab	SO	Asheville	1:00.84
20	Emily Connors	FR	Weddington	1:01.25
21	Maggie Cheves	JR	Watauga	1:01.30
22	Raygan Short	SO	Hough	1:01.99
23	Alexandra Sarrantonio	JR	Char Catholic	1:02.62
24	Sydney Boone-McDougall	SR	Hough	1:02.66

Event	20	Men 100 Yard Backstroke		
	Name	Yr	School	Seed Time
1	Charles Heisig	SR	Marvin Ridge	52.45
2	Christopher Aristondo	SR	South Meck	52.49
3	Isaac Holtham	SR	Ardrey Kell	52.98
4	Quinn O'Mara	JR	Marvin Ridge	53.80
5	Wyatt Herger	JR	Hopewell	54.59
6	Nikita Shulgin	JR	Hough	54.79
7	Tokugen Drake	SO	Providence	55.11
8	Hil Lindsay	SR	Myers Park	55.26
9	Colton McBryde	SO	Marvin Ridge	55.87
10	Richard Tang	JR	Ardrey Kell	56.00
11	Rak Kelly	JR	Cuthbertson	56.17
12	Logan Chow	FR	Myers Park	56.35
13	Vijay Chopra	FR	Providence	56.43
14	Jake Zhou	SO	Ardrey Kell	56.79
15	Alexander Pham	FR	Char Catholic	56.91
16	Oliver Ford	SO	Providence	57.19
17	Jack Callihan	SO	Asheville	57.35
18	Adhvik Vala	FR	Marvin Ridge	58.33
19	Devon Arnone	SR	Cox Mill	59.15
20	Vlad Roman	FR	West Cabarrus	59.47
21	Gavin Gary	JR	Ardrey Kell	1:00.00
22	Nathan Flaherty	JR	Asheville	1:02.72
23	Max Clark		South Caldwell	1:03.36
24	Austin Anderson	SO	Hickory Ridge	1:03.73

2023 4A West NCHSAA Regional Championships - 2/2/2024

Host: Marvin Ridge HS

Swimming & Diving

Psych Sheet

Event	21	Women 100 Yard Breaststroke		
	Name	Yr	School	Seed Time
1	Eliza Wallace	SO	Ardrey Kell	1:02.93
2	Amelia Betancourt	JR	Lake Norman	1:03.48
3	Avery Klamfoth	SO	Myers Park	1:04.72
4	Sarah Henderson	SO	Hopewell	1:05.37
5	Avery Vassil	JR	Marvin Ridge	1:05.77
6	Celia Canata	JR	Marvin Ridge	1:05.93
7	Abby Druhan	SR	Char Catholic	1:05.99
8	Sofia Plaza	SR	Myers Park	1:06.00
9	Taylor Hall	SO	Hopewell	1:06.05
10	Kathryn Kern	SO	Char Catholic	1:06.09
11	Sawyer Carlson	SO	Providence	1:06.60
12	Caroline Largen	JR	South Meck	1:06.78
13	Lauren Patterson	SR	Watauga	1:07.30
14	Macie McCarter	SO	Marvin Ridge	1:07.83
15	Ellie Druhan	FR	Char Catholic	1:08.65
16	Lanie Holden	SR	Myers Park	1:08.76
17	Grace Tuchi	SR	Myers Park	1:09.76
18	Raegan Sherrill	SR	Cuthbertson	1:09.90
19	Molly McGuire	SO	Lake Norman	1:10.08
20	Georgia Berberian	FR	Marvin Ridge	1:10.52
21	AJ Singh	FR	Ardrey Kell	1:10.62
22	Audrey Ryan	SR	TC Roberson	1:10.80
23	Jacqueline Smith	FR	Ardrey Kell	1:10.90
24	Karina Morisset	SR	Mallard Creek	1:10.93

Event	22	Men 100 Yard Breaststroke		
	Name	Yr	School	Seed Time
1	Jordan Willis	JR	Marvin Ridge	57.88
2	Constantine Gaskey	SR	West Cabarrus	57.95
3	Cameron Bucci	JR	Myers Park	58.49
4	Tobias Winardi	SR	Marvin Ridge	58.65
5	Maksym Nechydyuk	SR	Ardrey Kell	58.65
6	Gavin McCarter	SR	Marvin Ridge	58.88
7	Trevor O'Sullivan	JR	Cuthbertson	59.71
8	Jack Gessner	SR	Providence	1:00.15
9	Gabe Hardy	FR	Char Catholic	1:00.25
10	Charles Sutorus	FR	East Mecklenburg	1:01.15
11	Tyler Ligi	JR	Hickory Ridge	1:01.37
12	Adan Bocian	JR	Ardrey Kell	1:02.14
13	Landon Kirkpatrick	JR	Asheville	1:02.68
14	Andrii Polotov	SR	Cox Mill	1:02.95
15	Eddie Anton	SO	Lake Norman	1:03.16
16	Andrea Bonino	JR	Marvin Ridge	1:03.25
17	Luke Branscom	SO	Ardrey Kell	1:03.33
18	Nicholas Chilom	SO	Ardrey Kell	1:03.96
19	Austin Yang	SO	Myers Park	1:04.11
20	Lucas Moise	FR	East Mecklenburg	1:04.57
21	Avery Annas		South Caldwell	1:04.94
22	Cannon Kush	JR	TC Roberson	1:05.11
23	Logan Berkenfield	SO	Hough	1:05.80
24	Rafael McBroom	FR	Mallard Creek	1:05.92

Event	23	Women 400 Yard Freestyle Relay	
	Team	Relay	Seed Time
1	Myers Park		3:37.99
2	Marvin Ridge		3:38.27
3	Hough		3:39.80
4	Ardrey Kell		3:40.22
5	Char Catholic		3:40.31
6	Providence		3:41.47
7	Hopewell		3:41.55
8	Cuthbertson		3:42.37
9	Lake Norman		3:46.81
10	Watauga		3:50.06
11	Weddington		3:50.77
12	South Meck		3:52.24
13	Cox Mill		3:54.36
14	TC Roberson		3:54.70
15	South Iredell		4:00.48
16	West Cabarrus		4:02.21
17	Asheville		4:05.78
18	Hickory Ridge		4:09.22
19	Palisades		4:11.33
20	South Caldwell		4:14.10
21	Sun Valley		4:21.51
22	Mooresville		4:28.39
23	Butler		4:43.52
24	Porter Ridge		4:49.33

Event	24	Men 400 Yard Freestyle Relay	
	Team	Relay	Seed Time
1	Marvin Ridge		3:11.13
2	Hickory Ridge		3:13.27
3	Cox Mill		3:16.77
4	South Meck		3:19.66
5	Providence		3:20.00
6	Ardrey Kell		3:20.27
7	Myers Park		3:21.82
8	Hough		3:24.13
9	East Mecklenburg		3:24.85
10	Cuthbertson		3:26.90
11	Hopewell		3:27.73
12	Char Catholic		3:33.26
13	Asheville		3:37.05
14	West Cabarrus		3:39.20
15	Butler		3:41.22
16	TC Roberson		3:44.28
17	Palisades		3:48.40
18	Lake Norman		3:51.23
19	South Caldwell		3:53.70
20	South Iredell		3:57.69
21	Watauga		4:00.08
22	Sun Valley		4:06.60
23	North Meck		4:08.07
24	Weddington		4:12.01