

**2024 Outdoor Track and Field Regional Sites and Host**

<b>REGIONAL</b>	<b>DATE</b>	<b>SITE</b>	<b>DIRECTOR</b>	<b>CONTACT EMAIL</b>
1A EAST	TBD	Wilson Prep High School	Daryl Woodard	d.woodard@wilsonprep.net
1A MIDEAST	11-May	Pender High School	Bevin Stokes	bevin_stokes@pender.k12.nc.us
1A MIDWEST	11-May	Davie County High School	Marc Sweet	sweetmd34@gmail.com
1A WEST	11-May	Montreat College	Ian Roper	iroper@swainmail.org
2A EAST	10-May	Kinston High School	Crystal Bryant	cbryant@lenoir.k12.nc.us
2A MIDEAST	10-May	UNC Pembroke	Michael Ferguson	mferg50@live.com
2A MIDWEST	10-May	Mt. Pleasant	Daniel Crosby	daniel.crosby@cabarrus.k12.nc.us
2A WEST	10-May	East Burke High School	Joshua Martin/Odell Williams	joshuamartin@burke.k12.nc.us
				owilliams@burke.k12.nc.us
3A EAST	11-May	Croatan High School	Rico Quispe	rdquispe@gmail.com
3A MIDEAST	10-May	UNC Pembroke	Michael Ferguson	mserg50@live.com
3A MIDWEST	11-May	Jay M. Robinson	Patrick Helm	Patrick.Helm@cabarrus.k12.nc.us
3A WEST	11-May	A.C. Reynolds	David Honea	coachhona@gmail.com
4A EAST	11-May	Willow Spring High School	Mike Dunphy	mdunphy@wcpss.net
4A MIDEAST	11-May	Pincrest	John Buchholz	johnfbuchholz@gmail.com
4A MIDWEST	11-May	Davie County High School	Marc Sweet	sweetmd34@gmail.com
4A WEST	11-May	Palisades High School	Rory Carpenter	roryr.carpenter@cms.k12.nc.us
				<b>Revised 4/15/2024 (RD)</b>