

2023-24 Women's Wrestling Regional Assignments

Regions Are Divided by Longitude of School, Not by Class or Conference

School Name Updated 1/3/2024	Region
First Flight	East
Manteo	East
Currituck County	East
Northeastern	East
Northeastern	East
Pasquotank County	East
Holmes	East
East Carteret	East
Northside (Pinetown)	East
Pamlico County	East
West Carteret	East
Havelock (EAST HOST)	East
Croatan	East
Southside	East
New Bern	East
West Craven	East
Swansboro	East
D.H. Conley	East
White Oak	East
Lejeune	East
North Pitt	East
Northside (Jacksonville)	East
Jacksonville	East
South Central	East
Ayden - Grifton	East
Dixon	East
Southwest Onslow	East
Richlands	East
Farmville Central	East
SouthWest Edgecombe	East
North Lenoir	East
Greene Central	East
Topsail	East
South Lenoir	East
Rocky Mount	East
Laney	East
Eastern Wayne	East
Northern Nash	East
Heide Trask	East
Hoggard	East
Nash Central	East
Ashley	East
Fike	East
New Hanover	East

C.B. Aycock	East
Goldsboro	East
Hunt	East
North Brunswick	East
South Brunswick	East
Pender	East
Southern Wayne	East
Rosewood	East
Southern Nash	East
Bunn	East
Louisburg	East
Smithfield-Selma	East
Corinth Holders	East
Vance County	East
West Brunswick	East
East Wake	East
Rolesville	East
Franklinton	East
Clayton	East
Knightdale	East
Cleveland	East
South Johnston	East
Heritage	East
Wake Forest	East
West Johnston	East
Wakefield	East
South Garner	East
Millbrook	East
Enloe	East
Southeast Raleigh	East
Garner	Mideast
Broughton	Mideast
Triton	Mideast
South Granville	Mideast
Athens Drive	Mideast
Leesville Road	Mideast
Cardinal Gibbons	Mideast
Willow Spring	Mideast
Middle Creek	Mideast
Cape Fear	Mideast
Cary	Mideast
Harnett Central	Mideast
Fuquay - Varina	Mideast
Southern Durham	Mideast
Apex	Mideast
Holly Springs	Mideast
Green Hope	Mideast
Pine Forest	Mideast

Panther Creek	Mideast
E.E. Smith	Mideast
Green Level	Mideast
Gray's Creek	Mideast
Durham School of the Arts	Mideast
Apex Friendship	Mideast
Northern Durham	Mideast
Hillside	Mideast
Terry Sanford	Mideast
N.C. School of Science & Math	Mideast
South View	Mideast
Riverside	Mideast
Douglas Byrd	Mideast
Jordan	Mideast
Overhills	Mideast
St. Pauls	Mideast
Western Harnett	Mideast
Person	Mideast
Westover	Mideast
Lumberton	Mideast
Seventy-First	Mideast
Jack Britt (MIDEAST HOST)	Mideast
East Chapel Hill	Mideast
Seaforth	Mideast
Chapel Hill	Mideast
Carrboro	Mideast
Fairmont	Mideast
Orange	Mideast
Cedar Ridge	Mideast
Lee County	Mideast
Northwood	Mideast
Hoke County	Mideast
Southeast Alamance	Mideast
Purnell Swett	Mideast
Eastern Alamance	Mideast
Bartlett Yancey	Mideast
Union Pines	Mideast
Graham	Mideast
Southern Alamance	Mideast
Chatham Central	Mideast
Pinecrest	Mideast
Jordan-Matthews	Mideast
Williams	Mideast
Western Alamance	Mideast
Scotland	Mideast
North Moore	Mideast
Eastern Randolph	Mideast
Reidsville	Mideast

Southeast Guilford	Mideast
Providence Grove	Mideast
Richmond Senior	Mideast
Morehead	Mideast
Rockingham County	Mideast
Page	Mideast
Randleman	Mideast
Northern Guilford	Mideast
Northeast Guilford	Mideast
Grimsley	Mideast
Uwharrie Charter	Mideast
Southern Guilford	Mideast
Montgomery Central	Mideast
Southwestern Randolph	Mideast
Western Guilford	Mideast
Ragsdale	Mideast
Northwest Guilford	Midwest
Southwest Guilford	Midwest
T.W. Andrews	Midwest
Trinity	Midwest
Wheatmore	Midwest
High Point Central	Midwest
Thomasville	Midwest
South Davidson	Midwest
East Davidson	Midwest
Anson	Midwest
Glenn	Midwest
Ledford	Midwest
Walkertown	Midwest
East Forsyth	Midwest
Oak Grove	Midwest
Atkins	Midwest
Carver	Midwest
South Stanly	Midwest
Albemarle	Midwest
Atkins	Midwest
North Stanly	Midwest
Central Davidson	Midwest
South Stokes	Midwest
North Davidson	Midwest
Parkland	Midwest
R.J. Reynolds	Midwest
North Stokes	Midwest
Mount Tabor	Midwest
West Stanly	Midwest
Reagan	Midwest
West Davidson	Midwest
West Stokes	Midwest

West Forsyth	Midwest
Sun Valley	Midwest
East Rowan	Midwest
East Surry	Midwest
Mount Pleasant	Midwest
Salisbury	Midwest
Lexington	Midwest
Piedmont	Midwest
Monroe	Midwest
Carson	Midwest
Davie	Midwest
Forbush	Midwest
Porter Ridge	Midwest
Union Academy	Midwest
Apprentice Academy	Midwest
North Rowan	Midwest
South Rowan	Midwest
Mount Airy	Midwest
A.L. Brown (MIDWEST HOST)	Midwest
Parkwood	Midwest
Hickory Ridge	Midwest
Rocky River	Midwest
West Rowan	Midwest
West Cabarrus	Midwest
Jay. M. Robinson	Midwest
Northwest Cabarrus	Midwest
North Surry	Midwest
Independence	Midwest
Butler	Midwest
Surry Central	Midwest
Weddington	Midwest
Cox Mill	Midwest
Cuthbertson	Midwest
East Mecklenburg	Midwest
Providence	Midwest
Julius Chambers	Midwest
Mallard Creek	Midwest
Corvian Community	Midwest
Starmount	Midwest
Garinger	Midwest
Ardrey Kell	Midwest
Hough	Midwest
Myers Park	Midwest
North Mecklenburg	Midwest
Langtree Charter	Midwest
West Charlotte	Midwest
Elkin	Midwest
South Mecklenburg	West

North Iredell	West
Berry	West
Statesville	West
Lake Norman	West
South Iredell	West
Hopewell	West
East Wilkes	West
Olympic	West
Harding	West
West Mecklenburg	West
West Iredell	West
Lincoln Charter	West
Palisades	West
East Lincoln	West
Cramer	West
East Gaston	West
Bandys	West
North Wilkes	West
Bunker Hill	West
North Lincoln	West
Ashbrook	West
Forestview	West
North Gaston	West
Wilkes Central	West
Alexander Central	West
Newton-Conover	West
Hunter Huss	West
Maiden	West
Lincolnton	West
West Wilkes	West
Bessemer City	West
South Caldwell	West
Cherryville	West
West Lincoln	West
South Caldwell	West
East Burke	West
Hibriten	West
Burns	West
Draughn	West
West Caldwell	West
Watauga	West
N.C. School for the Deaf	West
Freedom	West
Thomas Jefferson Classical Academy	West
East Rutherford	West
Chase	West
Avery	West
R-S Central	West

McDowell	West
Mitchell	West
Polk County	West
Owen	West
Mountain Heritage	West
North Henderson (WEST HOST)	West
East Henderson	West
Hendersonville	West
A.C. Reynolds	West
West Henderson	West
T.C. Roberson	West
Asheville	West
North Buncombe	West
Erwin	West
Enka	West
Madison	West
Brevard	West
Rosman	West
Pisgah	West
Tuscola	West
Smoky Mountain	West
Cherokee	West
Franklin	West
Swain County	West
Robbinsville	West
Hayesville	West
Murphy	West