



Women's Outdoor Track State Individual Event Records



100 Meter Dash

1A				2A				3A				4A			
Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time
Jalee Brown	South Stokes	2023	:11.86	Shawnti Jackson	South Granville	2023	:11.33	Janiya Johnson	Statesville	2023	:11.70	Gabby Mayo	SE Raleigh	2006	:11.43

200 Meter Dash

1A				2A				3A				4A			
Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time
Akala Garrett	Albemarle	2023	:24.25	Shawnti Jackson	South Granville	2023	:22.70	Kelsey McCorkle	South Central	2008	:23.63	Shawnti Jackson	Car. Gibbons	2021	:23.06

400 Meter Dash

1A				2A				3A				4A			
Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time
Reneazia Collins	Monroe	2013	:56.28	Shawnti Jackson	South Granville	2023	:53.02	Alysia Johnson	Hillside	2019	:53.50	Shawnti Jackson	Wakefield	2022	52.32

800 Meter Dash

1A				2A				3A				4A			
Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time
Lauren Tolbert	Highland Tech	2022	2:09.37	Brittany Stanley	Mount Pleasant	2016	2:13.53	Megan Marvin	Chapel Hill	2018	2:12.74	Sanu Jallow	W. Mecklenburg	2021	2:07.78

1600 Meter Run

1A				2A				3A				4A			
Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time
Malia Ellington	Comm. Sch. Davidson	2014	4:59.88	Maysa Araba	Carrboro	2015	4:55.81	Alyssa Preisano	Cuthbertson	2021	4:57.34	Charlotte Bell	Cuthbertson	2023	4:43.27

3200 Meter Run

1A				2A				3A				4A			
Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time
Arizona Blankenship	Swain County	2023	10:56.58	Kaitlyn Stone	West Stokes	2016	10:53.80	Caroline Murrell	Northwood	2021	10:51.83	Mary Bonner Dalton	Myers Park	2023	10:08.64

100 Meter Hurdles

1A				2A				3A				4A			
Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time
Akala Garrett	Albemarle	2023	:13.52	Kayla Moore	Cummings	2016	:13.71	Alexis Patterson	Parkland	2019	:13.91	Ebony Williams	Parkland	2015	:13.44

300 Meter Intermediate Hurdles

1A				2A				3A				4A			
Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time
Akala Garrett	Albemarle	2023	:40.26	Nora McKiver	T.W. Andrews	2013	:42.70	Sophia Treakle	Asheville	2008	:43.15	Keni Harrison	Clayton	2011	:41.41



Women's Outdoor Track State Relay Event Records



Women's 4x100 Meter Relay

1A				2A				3A				4A			
Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time
Mica Hargrove Sloan Williams Donica Reid Jazman Richardson	Winston-Salem Prep	2012	:48.51	Aquariah McIntosh Ziavia Calvin Ny'Lasia Brown Alyssa Thompson Rowe	Lexington	2019	:48.04	Danielle Butts Amber Clark Hayley McCorkle Bryana Wyatt	South Central	2010	:46.94	Jahzara Hart Kyna Robinson Ani Judd Tia Outlaw	SE Raleigh	2019	:46.11



Women's Outdoor Track State Relay Event Records



Women's 4x200 Meter Relay

1A				2A				3A				4A			
Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time
Reneazia Collins Kendall Cox Simone Gwehi Janieyah Collins	Monroe	2012	1:41.30	Alayah Flowers Serenity Jordan Tania Brandon Shawnnti Jackson	South Granville	2023	1:40.41	Ija Mumford Alexis Patterson Del'Nique Penn Diamond Lyerly	Parkland	2019	1:38.29	McKinley McNeill Ebony Williams Miaysha Bryant Katlin Sherman	Parkland	2015	1:36.43

Women's 4x400 Meter Relay

1A				2A				3A				4A			
Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time
Amari Baldwin Abigail Clayton MaryGrace Krol Akala Garrett	Albemarle	2023	3:57.16	Breanna Walls Skylar Payne Lyrik Thorne Samantha Payne	Ledford	2019	4:00.23	Imari Deloatch Shaliyah Wilkerson Emmaya Waters Alysia Johnson	Hillside	2019	3:51.26	Emmaya Waters Alysia Johnson Ashlan Bowdry Jessica Wright	Hillside	2017	3:44.84

Women's 4x800 Meter Relay

1A				2A				3A				4A			
Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time
Davi Barbour Alex Mayes Jordan Hiatt Kirsten Parries	Mount Airy	2012	9:42.16	Bernadette O'Neil Melissa Prasnika Lauren Holesh Heather Beichner	Cardinal Gibbons	2006	9:39.06		Cuthbertson	2021	9:18.25	Justine Preisano Josie Schihl Stella Kermes Charlotte Bell	Cuthbertson	2023	9:01.84



Women's Outdoor Field State Individual Event Records



High Jump

1A				2A				3A				4A			
Name	School	Year	Mark	Name	School	Year	Mark	Name	School	Year	Mark	Name	School	Year	Mark
Shannon Meadows Hunter Welborn	Hendersonville Starmount	2001 2014	5' 08" 5' 08"	Cheyenne Miller Mikel Franklin	East Rutherford T.W. Andrews	2011 2016	5' 07" 5' 07"	April Cooke	Watauga	1983	5' 8.25"	Morgan Smalls	Panther Creek	2018	6'0.25"

Pole Vault

1A				2A				3A				4A			
Name	School	Year	Mark	Name	School	Year	Mark	Name	School	Year	Mark	Name	School	Year	Mark
Amelia Rogers	Swain County	2023	11' 0.25"	Sarah Brown	Surry Central	2019	12' 6.5"	Tessa Sheets Emma Stone	Northwood Marvin Ridge	2017 2021	12' 06" 12' 06"	Lindsay Absher	West Forsyth	2018	13' 03"

Long Jump

1A				2A				3A				4A			
Name	School	Year	Mark	Name	School	Year	Mark	Name	School	Year	Mark	Name	School	Year	Mark
Teaunna Cuthbertson	North Rowan	2010	19' 3.25"	Cora Johnson	East Carteret	2000	19' 04"	Chaunesse Barringer	NW Cabarrus	2022	19'10.25"	Kathy McMillan	Hoke County	1976	21' 07"

Triple Jump

1A				2A				3A				4A			
Name	School	Year	Mark	Name	School	Year	Mark	Name	School	Year	Mark	Name	School	Year	Mark
Zoie Shuler	Robbinsville	2022	39' 9.25"	Latasha Pharr	North Rowan	2000	40' 09"	Nikki Friday	Lexington	1990	42' 00"	Twyla Smith	Pincrest	1995	41' 2.5"

Shot Put

1A				2A				3A				4A			
Name	School	Year	Mark	Name	School	Year	Mark	Name	School	Year	Mark	Name	School	Year	Mark
Shanara Mintz	Bessemer City	2002	43' 4.75"	Beverly Burnett	Cummings	2002	44' 01.5"	Kayla Beasley	Hillside	2018	43'7.50"	Kamorean Hayes	Harding Univ.	2007	51' 3.5"

Discus Throw

1A				2A				3A				4A			
Name	School	Year	Mark	Name	School	Year	Mark	Name	School	Year	Mark	Name	School	Year	Mark
Hailey Cook	Hendersonville	2013	146' 05"	Teteateh Snoh	Durham Sch. Arts	2019	143'10"	Camryn Massey	Ashbrook	2023	148' 02"	Bryanna Hames	Myers Park	2014	159' 1"