



# Women's Swimming & Diving Multi-Event State Champions



<b>T1)</b>	<b>Margaret Bardin Williams</b>	<b>8</b>	<b>T6)</b>	<b>Amy Hendrick Shelby</b>	<b>7</b>	<b>T13)</b>	<b>Kelly Frazier Ashbrook</b>	<b>6</b>			
2003	3A	50 Freestyle	24.48	1995	1/2/3A	50 Freestyle	24.61	1991	0	200 IM	2:08.06
2004	3A	50 Freestyle	24.20	1998	1/2/3A	100 Freestyle	53.58	1992	4A	200 IM	2:05.35
2005	3A	50 Freestyle	24.05	1995	1/2/3A	100 Backstroke	58.42	1993	4A	200 IM	2:07.41
2006	3A	50 Freestyle	24.01	1996	1/2/3A	100 Backstroke	59.31	1991	0	100 Freestyle	53.03
2003	3A	100 Freestyle	54.51	1997	1/2/3A	100 Backstroke	59.00	1992	4A	100 Freestyle	52.60
2004	3A	100 Freestyle	53.36	1998	1/2/3A	100 Backstroke	57.77	1993	4A	100 Freestyle	52.77
2005	3A	100 Freestyle	52.71	1997	1/2/3A	100 Breaststroke	1:05.71				
2006	3A	100 Freestyle	52.40								
<b>T1)</b>	<b>Claire Curzan Cardinal Gibbons</b>	<b>8</b>	<b>T6)</b>	<b>Alexis Kato Enloe</b>	<b>7</b>	<b>T13)</b>	<b>Caroline Hauder Marvin Ridge</b>	<b>6</b>			
2019	4A	100 Butterfly	51.60	1993	4A	200 Freestyle	1:56.24	2017	3A	200 Freestyle	1:48.52
2020	4A	100 Butterfly	50.35	1994	4A	200 Freestyle	1:54.60	2016	3A	200 IM	1:58.85
2019	4A	100 Backstroke	51.88	1995	4A	200 Freestyle	1:52.55	2017	3A	200 IM	2:01.52
2020	4A	100 Backstroke	51.38	1996	4A	200 Freestyle	1:51.29	2015	3A	100 Backstroke	56.21
2021	4A	100 Butterfly	50.35	1994	4A	500 Freestyle	5:04.01	2015	3A	100 Breaststroke	1:03.79
2021	4A	100 Backstroke	51.67	1995	4A	500 Freestyle	4:58.43	2016	3A	100 Breaststroke	1:02.15
2022	4A	100 Butterfly	49.24	1996	4A	500 Freestyle	4:53.07				
2022	4A	100 Backstroke	49.61	<b>T6)</b>	<b>Christina Lappin Lincoln Charter</b>	<b>7</b>	<b>T13)</b>	<b>Alexandra Martelle S. Mecklenburg/T. Jefferson</b>	<b>6</b>		
				2014	1/2A	200 Freestyle	1:49.31	2011	4A	50 Freestyle	23.74
				2016	1/2A	200 Freestyle	1:49.95	2013	4A	200 IM	2:03.32
				2013	1/2A	50 Freestyle	23.76	2011	1/2A	200 IM	2:06.49
<b>T1)</b>	<b>Wendy Henson Chase</b>	<b>8</b>		2014	1/2A	50 Freestyle	23.46	2012	1/2A	200 IM	2:04.55
1992	1/2/3A	200 Freestyle	1:53.05	2013	1/2A	100 Butterfly	55.60	2013	4A	100 Breaststroke	1:03.21
1993	1/2/3A	200 Freestyle	1:53.05	2015	1/2A	100 Butterfly	51.80	2011	1/2A	100 Breaststroke	1:04.30
1995	1/2/3A	200 Freestyle	1:51.06	2016	1/2A	100 Freestyle	50.64				
1994	1/2/3A	200 IM	2:08.53					<b>T13)</b>	<b>Julia Menkhaus Charlotte Catholic</b>	<b>6</b>	
1992	1/2/3A	100 Freestyle	52.85	<b>T6)</b>	<b>Alyssa Marsh Pine Lake Prep</b>	<b>7</b>	2016	4A	100 Butterfly	54.12	
1993	1/2/3A	100 Freestyle	52.16	2016	1/2A	50 Freestyle	22.83	2017	4A	100 Butterfly	53.61
1994	1/2/3A	500 Freestyle	5:01.45	2014	1/2A	100 Butterfly	53.72	2018	3A	100 Butterfly	53.84
1995	1/2/3A	500 Freestyle	4:57.30	2015	1/2A	100 Butterfly	54.08	2016	4A	100 Backstroke	53.84
				2016	1/2A	100 Butterfly	53.23	2017	4A	100 Backstroke	53.74
<b>T1)</b>	<b>Emme Nelson C.S. of Davidson</b>	<b>8</b>		2013	1/2A	100 Backstroke	57.11	2018	3A	100 Backstroke	53.70
2017	1/2A	200 IM	2:03.98	2014	1/2A	100 Backstroke	54.86				
2018	1/2A	200 IM	2:02.01	2015	1/2A	100 Backstroke	54.86	<b>T13)</b>	<b>Olivia Ontjes Raleigh Charter</b>	<b>6</b>	
2019	1/2A	200 IM	2:00.70					2014	1/2A	200 IM	2:02.63
2020	1/2A	200 IM	2:03.49	<b>T6)</b>	<b>Nora McCullagh Charlotte Catholic</b>	<b>7</b>	2012	1/2A	100 Freestyle	51.56	
2017	1/2A	100 Breaststroke	1:02.94	2014	4A	50 Freestyle	22.88	2013	1/2A	100 Freestyle	50.75
2018	1/2A	100 Breaststroke	1:02.28	2015	4A	50 Freestyle	22.93	2013	1/2A	100 Breaststroke	1:03.94
2019	1/2A	100 Breaststroke	1:02.58	2012	3A	50 Freestyle	23.85	2014	1/2A	100 Breaststroke	1:02.73
2020	1/2A	100 Breaststroke	1:02.81	2013	3A	50 Freestyle	22.92	2015	1/2A	100 Breaststroke	1:02.64
				2014	4A	100 Backstroke	53.59				
<b>T1)</b>	<b>Kirsten Smith Athens Drive</b>	<b>8</b>		2015	4A	100 Backstroke	54.19	<b>T13)</b>	<b>Henriette Stenkvist Panther Creek</b>	<b>6</b>	
2005	4A	200 IM	2:04.55	2013	3A	100 Backstroke	55.09	2009	4A	200 Freestyle	1:49.65
2006	4A	200 IM	2:01.08					2011	4A	200 Freestyle	1:49.65
2007	4A	200 IM	2:01.45	<b>T6)</b>	<b>Madeline Smith J.H. Rose</b>	<b>7</b>	2012	4A	200 Freestyle	1:48.48	
2008	4A	200 IM	2:00.58	2020	3A	200 Freestyle	1:49.38	2010	4A	100 Freestyle	51.13
2005	4A	500 Freestyle	4:55.77	2019	3A	100 Freestyle	50.83	2011	4A	100 Freestyle	50.69
2006	4A	500 Freestyle	4:54.47	2020	3A	100 Freestyle	50.15	2012	4A	100 Backstroke	54.73
2007	4A	500 Freestyle	4:53.09	2021	3A	200 Freestyle	1:48.90				
2008	4A	500 Freestyle	4:55.87	2021	3A	100 Freestyle	:50.16	<b>T20)</b>	<b>Allyson Accordino Pine Lake Prep</b>	<b>5</b>	
				2022	3A	200 Freestyle	1:48.45	2017	1/2A	50 Freestyle	23.80
<b>T6)</b>	<b>Kelly Ann Baird West Davidson</b>	<b>7</b>		2022	3A	100 Freestyle	50.18	2018	1/2A	50 Freestyle	23.50
2008	1/2A	200 Freestyle	1:51.86					2019	1/2A	50 Freestyle	23.66
2009	1/2A	200 Freestyle	1:50.86	<b>T13)</b>	<b>Torrey Bussey Cary</b>	<b>6</b>	2018	1/2A	100 Freestyle	51.18	
2010	1/2A	200 Freestyle	1:49.86	2009	4A	200 IM	2:03.19	2019	1/2A	100 Freestyle	51.09
2007	1/2A	500 Freestyle	4:56.72	2010	4A	200 IM	2:01.07				
2008	1/2A	500 Freestyle	4:54.75	2007	4A	100 Breaststroke	1:05.87	<b>T20)</b>	<b>Emily Allen Hough</b>	<b>5</b>	
2009	1/2A	500 Freestyle	4:51.68	2008	4A	100 Breaststroke	1:04.74	2013	4A	50 Freestyle	23.02
2010	1/2A	500 Freestyle	4:49.20	2009	4A	100 Breaststroke	1:02.81	2012	4A	100 Freestyle	50.29
				2010	4A	100 Breaststroke	1:02.17	2013	4A	100 Freestyle	49.77
								2014	4A	100 Freestyle	49.68
								2015	4A	100 Freestyle	49.85



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<b>T20)</b>	<b>Leigh</b> 1999 2000 2001 1999 2001	<b>Campbell</b> 1/2/3A 1/2/3A 1/2/3A 1/2/3A 1/2/3A	<b>East Chapel Hill</b> 200 IM 200 IM 200 IM 500 Freestyle 500 Freestyle	<b>5</b> 2:10.21 2:10.01 2:10.48 5:03.16 5:06.81	<b>T20)</b>	<b>Emily</b> 2020 2019 2020 2021 2021	<b>Knorr</b> 1/2A 1/2A 1/2A 1/2A 1/2A	<b>Salisbury</b> 200 Freestyle 500 Freestyle 500 Freestyle 200 Freestyle 500 Freestyle	<b>5</b> 1:50.56 5:01.64 4:52.40 1:49.11 4:49.04	<b>T20)</b>	<b>Lindsey</b> 1997 2000 1997 1998 2000	<b>Saufley</b> 1/2/3A 1/2/3A 1/2/3A 1/2/3A 1/2/3A	<b>Southwest Guilford</b> 200 Freestyle 200 Freestyle 500 Freestyle 500 Freestyle 500 Freestyle	<b>5</b> 1:57.03 1:56.28 5:13.64 5:09.88 5:04.65
<b>T20)</b>	<b>Katie</b> 2016 2017 2018 2019 2017	<b>Corbi</b> 3A 3A 3A 3A 3A	<b>Weddington</b> 50 Freestyle 50 Freestyle 50 Freestyle 50 Freestyle 100 Freestyle	<b>5</b> 24.27 23.78 23.63 23.56 51.21	<b>T20)</b>	<b>Jennifer</b> 1997 1998 1999 2000 1999	<b>Lentz</b> 1/2/3A 1/2/3A 1/2/3A 1/2/3A 1/2/3A	<b>Brevard</b> 50 Freestyle 50 Freestyle 50 Freestyle 50 Freestyle 100 Breaststroke	<b>5</b> 25.14 24.30 24.14 24.97 1:07.07	<b>T20)</b>	<b>Caroline</b> 2008 2009 2006 2008 2009	<b>Smith</b> 1/2A 1/2A 1/2A 1/2A 1/2A	<b>South Davidson</b> 200 IM 200 IM 500 Freestyle 100 Backstroke 100 Backstroke	<b>5</b> 2:10.04 2:05.30 5:06.24 57.92 56.77
<b>T20)</b>	<b>Grace</b> 2016 2017 2018 2017 2018	<b>Countie</b> 4A 4A 4A 4A 4A	<b>Leesville Road</b> 50 Freestyle 50 Freestyle 50 Freestyle 100 Freestyle 100 Freestyle	<b>5</b> 22.75 22.60 22.54 49.98 49.69	<b>T20)</b>	<b>Teresa</b> 2006 2007 2005 2006 2007	<b>Long</b> 1/2A 1/2A 1/2A 1/2A 1/2A	<b>Raleigh Charter</b> 50 Freestyle 50 Freestyle 100 Freestyle 100 Freestyle 100 Freestyle	<b>5</b> 23.69 23.60 52.76 51.46 51.53	<b>T20)</b>	<b>Shannon</b> 2006 2005 2006 2005 2003	<b>Van Hoy</b> 3A 1/2A 3A 1/2A 1/2A	<b>Charlotte Catholic</b> 500 Freestyle 500 Freestyle 200 Freestyle 200 Freestyle 200 IM	<b>5</b> 5:08.24 5:04.27 1:55.46 1:52.58 2:12.82
<b>T20)</b>	<b>Claire</b> 2014 2015 2014 2015 2016	<b>DeSelm</b> 3A 3A 3A 3A 3A	<b>Chapel Hill</b> 200 IM 200 IM 100 Butterfly 100 Butterfly 100 Butterfly	<b>5</b> 2:02.59 2:04.84 54.77 55.39 56.32	<b>T20)</b>	<b>Keri</b> 2008 2006 2007 2008 2005	<b>McAfee</b> 3A 3A 3A 3A 1/2A	<b>Charlotte Catholic</b> 200 IM 100 Butterfly 100 Butterfly 100 Butterfly 100 Butterfly	<b>5</b> 2:07.31 58.32 57.12 56.39 1:00.42	<b>T20)</b>	<b>Sherry</b> 1994 1995 1996 1995 1996	<b>West</b> 4A 4A 4A 4A 4A	<b>Leesville Road</b> 200 IM 200 IM 50 Freestyle 100 Butterfly 100 Freestyle	<b>5</b> 2:09.33 2:06.89 24.20 57.99 52.68
<b>T20)</b>	<b>Meagan</b> 1997 1998 1999 1999 1997	<b>Drolet</b> 4A 4A 4A 4A 4A	<b>East Gaston</b> 50 Freestyle 50 Freestyle 50 Freestyle 100 Freestyle 100 Freestyle	<b>5</b> 24.47 24.94 24.37 52.30 53.70	<b>T20)</b>	<b>Hannah</b> 2012 2012 2013 2014 2013	<b>Moore</b> 4A 4A 4A 4A 4A	<b>Green Hope</b> 200 IM 500 Freestyle 500 Freestyle 500 Freestyle 100 Backstroke	<b>5</b> 2:01.56 4:51.20 4:47.66 4:40.98 54.37	<b>T20)</b>	<b>Rachel</b> 2007 2008 2009 2009 2007	<b>Wilson</b> 3A 3A 3A 3A 3A	<b>Reagan</b> 200 Freestyle 200 Freestyle 200 Freestyle 500 Freestyle 100 Backstroke	<b>5</b> 1:56.15 1:57.69 1:53.07 5:07.28 59.54
<b>T20)</b>	<b>Lauren</b> 2002 2003 2004 2003 2004	<b>Faysoux</b> 3A 3A 3A 3A 3A	<b>Forestview</b> 200 Freestyle 200 IM 200 IM 500 Freestyle 500 Freestyle	<b>5</b> 1:55.48 2:08.80 2:07.80 5:05.98 5:10.42	<b>T20)</b>	<b>Emmaline</b> 2015 2014 2015 2016 2017	<b>Peterson</b> 3A 3A 3A 3A 3A	<b>Hickory</b> 200 Freestyle 500 Freestyle 500 Freestyle 500 Freestyle 500 Freestyle	<b>5</b> 1:52.11 4:54.42 4:50.11 4:52.80 4:49.84	<b>T45)</b>	<b>Erin</b> 1996 1997 1998 1999	<b>Bailey</b> 1/2/3A 1/2/3A 1/2/3A 1/2/3A	<b>Fuquay-Varina</b> 1 Meter Diving 1 Meter Diving 1 Meter Diving 1 Meter Diving	<b>4</b> 437.10 403.00 426.75 471.78
<b>T19)</b>	<b>Stephanie</b> 2004 2002 2003 2002 2004	<b>Glover</b> 4A 4A 4A 4A 4A	<b>Athens Drive</b> 50 Freestyle 100 Butterfly 100 Butterfly 100 Backstroke 100 Backstroke	<b>5</b> 24.10 57.65 57.46 57.44 58.83	<b>T20)</b>	<b>Julia</b> 2015 2016 2017 2016 2017	<b>Poole</b> 4A 4A 4A 4A 4A	<b>Middle Creek</b> 200 IM 200 IM 200 IM 100 Breaststroke 100 Breaststroke	<b>5</b> 2:00.75 1:59.76 1:58.96 1:02.62 1:01.78	<b>T45)</b>	<b>Shannon</b> 2001 2002 2001 2002	<b>Brewer</b> 1/2/3A 3A 1/2/3A 3A	<b>Hickory</b> 50 Freestyle 50 Freestyle 100 Freestyle 100 Freestyle	<b>4</b> 25.10 25.00 54.44 54.02
<b>T20)</b>	<b>Meredith</b> 1999 2000 2001 2000 2001	<b>Greene</b> 4A 4A 4A 4A 4A	<b>Chapel Hill</b> 200 IM 200 IM 200 IM 500 Freestyle 500 Freestyle	<b>5</b> 2:05.69 2:03.65 2:04.81 4:49.05 4:51.79	<b>T20)</b>	<b>Lauren</b> 1995 1996 1997 1994 1996	<b>Rafferty</b> 1/2/3A 1/2/3A 1/2/3A 1/2/3A 1/2/3A	<b>Southwest Guilford</b> 200 IM 200 IM 200 IM 100 Breaststroke 100 Breaststroke	<b>5</b> 2:11.72 2:12.63 2:09.45 1:08.88 1:09.65	<b>T45)</b>	<b>Shannon</b> 2001 2002 2001 2002	<b>Burgess</b> 0 0 0 0	<b>Hickory</b> 200 IM 200 IM 100 Backstroke 100 Backstroke	<b>4</b> 2:12.55 2:11.57 59.11 59.96
<b>T20)</b>	<b>Brittany</b> 2001 2002 2003 2003 2001	<b>Johnson</b> 4A 4A 4A 4A 4A	<b>R.J. Reynolds</b> 200 Freestyle 200 IM 200 IM 500 Freestyle 100 Breaststroke	<b>5</b> 1:51.48 2:05.48 2:04.70 4:55.90 1:06.15	<b>T20)</b>	<b>Lauren</b> 2012 2013 2011 2012 2013	<b>Rhodes</b> 3A 3A 3A 3A 3A	<b>Charlotte Catholic</b> 200 Freestyle 200 Freestyle 50 Freestyle 100 Freestyle 100 Freestyle	<b>5</b> 1:50.22 1:47.98 23.41 50.55 50.02	<b>T45)</b>	<b>Katherine</b> 2003 2005 2004 2005	<b>Caldwell</b> 3A 3A 3A 3A	<b>Concord</b> 100 Butterfly 100 Butterfly 100 Backstroke 100 Backstroke	<b>4</b> 58.42 58.31 59.49 57.88
											<b>Nikki</b> 2002 2000 2001 2002	<b>Deering</b> 1/2A 1/2/3A 1/2/3A 1/2A	<b>Central Davidson</b> 200 Freestyle 100 Butterfly 100 Butterfly 100 Freestyle	<b>4</b> 1:57.61 58.16 57.96 53.51



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<b>T45)</b>	<b>Julie Doran</b>	<b>Holly Springs</b>	<b>4</b>	<b>T45)</b>	<b>Elizabeth Myers</b>	<b>Hickory</b>	<b>4</b>	<b>T45)</b>	<b>Jackie Solady</b>	<b>Charlotte Catholic</b>	<b>4</b>	
	2007	4A	1 Meter Diving	464.00	1993	4A	50 Freestyle	24.58	1999	1/2/3A	100 Backstroke	59.52
	2008	4A	1 Meter Diving	454.25	1994	1/2/3A	50 Freestyle	24.61	2000	1/2/3A	100 Backstroke	59.52
	2009	4A	1 Meter Diving	429.55	1994	1/2/3A	100 Freestyle	55.25	2001	1/2/3A	100 Backstroke	58.12
	2010	4A	1 Meter Diving	448.90	1992	4A	100 Breaststroke	1:08.62	2002	1/2A	100 Backstroke	58.04
<b>T45)</b>	<b>Eileen Duley</b>	<b>Apex</b>	<b>4</b>	<b>T45)</b>	<b>Ruth Nichols</b>	<b>Leesville Road</b>	<b>4</b>	<b>T45)</b>	<b>Katy Stringfield</b>	<b>Tuscola</b>	<b>4</b>	
	1989	0	1 Meter Diving	344.75	2000	4A	50 Freestyle	24.11	2011	3A	200 Freestyle	1:50.45
	1990	0	1 Meter Diving	368.15	2001	4A	50 Freestyle	24.20	2011	3A	500 Freestyle	4:56.87
	1991	0	1 Meter Diving	364.35	2000	4A	100 Freestyle	52.95	2012	3A	500 Freestyle	4:58.35
	1992	4A	1 Meter Diving	405.95	2001	4A	100 Freestyle	52.19	2013	3A	500 Freestyle	4:56.08
<b>T45)</b>	<b>Anna Durak</b>	<b>Hickory</b>	<b>4</b>	<b>T45)</b>	<b>Joslyn Oakley</b>	<b>Langtree Charter</b>	<b>4</b>	<b>T45)</b>	<b>Kiley Wilhelm</b>	<b>Myers Park</b>	<b>4</b>	
	2016	3A	200 Freestyle	1:52.11	2019	1/2A	1 Meter Diving	472.60	2020	4A	200 IM	
	2015	3A	100 Freestyle	51.74	2020	1/2A	1 Meter Diving	480.85	2022	4A	200 IM	
	2016	3A	100 Freestyle	51.76	2021	1/2A	1 Meter Diving	492.50	2023	4A	100 Butterfly	
	2018	3A	500 Freestyle	4:52.87	2022	1/2A	1 Meter Diving	487.35	2023	4A	100 Backstroke	
<b>T45)</b>	<b>Dondrea Elliot</b>	<b>East Rowan</b>	<b>4</b>	<b>T45)</b>	<b>Victoria Oslund</b>	<b>Tuscola</b>	<b>4</b>	<b>T45)</b>	<b>Sydney Willis</b>	<b>Raleigh Charter</b>	<b>4</b>	
	1993	1/2/3A	100 Butterfly	58.86	2009	3A	200 IM	2:08.36	2018	1/2A	200 Freestyle	1:49.94
	1994	1/2/3A	100 Butterfly	59.79	2009	3A	100 Butterfly	57.68	2016	1/2A	500 Freestyle	5:06.99
	1993	1/2/3A	100 Backstroke	59.87	2010	3A	100 Butterfly	56.90	2017	1/2A	500 Freestyle	4:58.98
	1994	1/2/3A	100 Backstroke	59.56	2011	3A	100 Butterfly	55.99	2018	1/2A	500 Freestyle	4:58.27
<b>T45)</b>	<b>Kaleigh Gomes</b>	<b>Providence</b>	<b>4</b>	<b>T45)</b>	<b>Kristen Oxford</b>	<b>Providence</b>	<b>4</b>	<b>T76)</b>	<b>44 TIED WITH 3</b>			<b>3</b>
	2004	4A	100 Freestyle	52.33	2004	4A	500 Freestyle	4:58.08	Sarah Allen (East Chapel Hill), Alexandria Baker (Lincoln Charter),			
	2005	4A	100 Freestyle	53.18	2003	4A	200 Freestyle	1:52.51	Michelle Baric (Eastern Alamance), Olwyn Bartis (Myers Park/Char-			
	2006	4A	100 Freestyle	51.38	2004	4A	200 Freestyle	1:50.07	lotte Catholic), Jill Benda (Millbrook), Sabrina Benson (Broughton),			
	2004	4A	100 Breaststroke	1:06.06	2002	4A	500 Freestyle	4:54.22	Lindy Bilden (Carrboro), Jenna Bridges (Chase), Kim Campbell (East			
<b>T45)</b>	<b>Kaylee Hamblin</b>	<b>Parkwood</b>	<b>4</b>	<b>T45)</b>	<b>Lauren Perdue</b>	<b>J.H. Rose</b>	<b>4</b>	Chapel Hill), Nikki Canale (Marvin Ridge), Caitlin Casazza (Bishop McGuinness), Keelan Cotter (Green Hope), Cara Dunnaway (Apex), Annabelle Durham (Chapel Hill), Nicole Emery (Charlotte Catholic), Maddy Flickinger (Weddington), Kenna Haney (Sanderson), Emma Hastings (J.H. Rose), Elizabeth Heatherington (Chapel Hill), Blythe Ho- gan (Williams), Mandy Huff (North Stanly), Margaret Ireland (Raleigh Charter), Teresa Ivan (Ardrey Kell), Carrie Knoeber (Enloe), Ashlyn Koletic (Charlotte Catholic), Adyson Lowe (Lake Norman Charter), Annie McCoy (Ragsdale), Christen McDonough (Charlotte Catholic), Trish McHardy (Providence/East Mecklenburg), Madeline Menkhaus (Charlotte Catholic), Alison Menzies (Reagan), Theresa Meyer (Durham School of the Arts), Kathryn Morrison (Salisbury), Ashley Murray (North Mecklenburg), Mandy Myers (Hickory), Rebecca Perry (J.H. Rose), Katherine Plevka (Weddington), Lakenn Reynolds (Elkin), Kelsy Smith (Athens Drive), Anna Stringfield (Tuscola), Elle VanNote (Marvin Ridge), Elsa Welshofer (Charlotte Catholic), AshtonZuburg (Leesville Road), Brooke Zettel (Apex Friendship), Mere Whelehan (Green Hope)				
	2018	3A	100 Breaststroke	1:03.08	2006	4A	50 Freestyle					23.68
	2019	3A	100 Breaststroke	1:02.79	2007	4A	50 Freestyle					24.12
	2020	3A	100 Breaststroke	1:02.33	2009	4A	50 Freestyle					23.08
	2021	3A	100 Breaststroke	1:00.35	2009	4A	100 Freestyle					49.80
<b>T45)</b>	<b>Sarah Henry</b>	<b>West Johnston</b>	<b>4</b>	<b>T45)</b>	<b>Julianna Prim</b>	<b>Starmount</b>	<b>4</b>	Shannon Allison (Apex), Grace Baird (West Davidson), Cristina Baric (Eastern Alamance), Maria Baric (Green Hope), Rebecca Bentley (Durham School of the Arts), Cari Blalock (New Hanover), Lee Anne Britt (East Wake), Erika Brown (Hough), Megan Chenier (Eastern Wayne), Allison Cochran (R-S Central), Emily Cowling (Broughton), Robbi Dalton (Mount Tabor), Jenna Delong (Mount Tabor), Tara DeSorbo (Salisbury), Laura Filip (Durham School of the Arts), Katie Furey (Carrboro), Erin Gaeckle (Charlotte Catholic), Suzanne Gardin- er (Cary), Maddie Geyer (Parkwood), Jennifer Giacalone (Hough), Erin Gottschalk (Hoggard), Katie Hathaway (East Mecklenburg), Rachel Hatt (Raleigh Charter), Carly Hensel (Ragsdale), Page Holloway (Charlotte Catholic), Katie Knorr (Salisbury), Anabell Kosten (T.C. Roberson), Kristen Kunkle (Western Alamance), Katie Leonard (Chapel Hill), Hannah Lincoln (Leesville Road), Sarah Mandis (First Flight), Julie McKinney (Sanderson), Kensley Merritt (Hough), J. Miller (Myers Park), Mary Elizabeth Miller (Grimsley), Victoria Mitchell (Cary), Renne Paradise (Chapel Hill), Virginia Pate (Mount Tabor), Haley Powell (Lake Norman), Ana Pozder (Apex), Sarah Proctor				
	2010	4A	200 Freestyle	1:47.97	2008	1/2A	50 Freestyle					25.05
	2007	4A	100 Butterfly	56.87	2007	1/2A	100 Butterfly					56.94
	2009	4A	500 Freestyle	4:53.53	2008	1/2A	100 Butterfly					57.28
	2010	4A	500 Freestyle	4:46.69	2009	1/2A	100 Butterfly					57.51
<b>T45)</b>	<b>Jenny Huber</b>	<b>Sanderson</b>	<b>4</b>	<b>T45)</b>	<b>Grace Rainey</b>	<b>Hough</b>	<b>4</b>	63 TIED WITH 2				<b>2</b>
	1988	0	50 Freestyle	24.47	2020	4A	100 Breaststroke					
	1989	0	50 Freestyle	24.26	2021	4A	100 Breaststroke					
	1988	0	100 Freestyle	53.69	2022	4A	100 Breaststroke					
	1989	0	100 Freestyle	53.73	2023	4A	100 Breaststroke					
<b>T45)</b>	<b>Ede Kosik</b>	<b>Voyager Academy</b>	<b>4</b>	<b>T45)</b>	<b>Sarah Scott</b>	<b>Northwood</b>	<b>4</b>	Shannon Allison (Apex), Grace Baird (West Davidson), Cristina Baric (Eastern Alamance), Maria Baric (Green Hope), Rebecca Bentley (Durham School of the Arts), Cari Blalock (New Hanover), Lee Anne Britt (East Wake), Erika Brown (Hough), Megan Chenier (Eastern Wayne), Allison Cochran (R-S Central), Emily Cowling (Broughton), Robbi Dalton (Mount Tabor), Jenna Delong (Mount Tabor), Tara DeSorbo (Salisbury), Laura Filip (Durham School of the Arts), Katie Furey (Carrboro), Erin Gaeckle (Charlotte Catholic), Suzanne Gardin- er (Cary), Maddie Geyer (Parkwood), Jennifer Giacalone (Hough), Erin Gottschalk (Hoggard), Katie Hathaway (East Mecklenburg), Rachel Hatt (Raleigh Charter), Carly Hensel (Ragsdale), Page Holloway (Charlotte Catholic), Katie Knorr (Salisbury), Anabell Kosten (T.C. Roberson), Kristen Kunkle (Western Alamance), Katie Leonard (Chapel Hill), Hannah Lincoln (Leesville Road), Sarah Mandis (First Flight), Julie McKinney (Sanderson), Kensley Merritt (Hough), J. Miller (Myers Park), Mary Elizabeth Miller (Grimsley), Victoria Mitchell (Cary), Renne Paradise (Chapel Hill), Virginia Pate (Mount Tabor), Haley Powell (Lake Norman), Ana Pozder (Apex), Sarah Proctor				
	2020	1/2A	100 Freestyle	50.87	2002	1/2A	50 Freestyle					24.94
	2021	1/2A	100 Freestyle	51.30	2003	1/2A	50 Freestyle					24.17
	2022	1/2A	100 Freestyle	51.11	2002	1/2A	100 Butterfly					58.38
	2022	1/2A	500 Freestyle	5:05.61	2003	1/2A	100 Butterfly					57.35
<b>T45)</b>	<b>Cara Lane</b>	<b>Providence</b>	<b>4</b>	<b>T45)</b>	<b>Carly Smith</b>	<b>Chapel Hill</b>	<b>4</b>	Shannon Allison (Apex), Grace Baird (West Davidson), Cristina Baric (Eastern Alamance), Maria Baric (Green Hope), Rebecca Bentley (Durham School of the Arts), Cari Blalock (New Hanover), Lee Anne Britt (East Wake), Erika Brown (Hough), Megan Chenier (Eastern Wayne), Allison Cochran (R-S Central), Emily Cowling (Broughton), Robbi Dalton (Mount Tabor), Jenna Delong (Mount Tabor), Tara DeSorbo (Salisbury), Laura Filip (Durham School of the Arts), Katie Furey (Carrboro), Erin Gaeckle (Charlotte Catholic), Suzanne Gardin- er (Cary), Maddie Geyer (Parkwood), Jennifer Giacalone (Hough), Erin Gottschalk (Hoggard), Katie Hathaway (East Mecklenburg), Rachel Hatt (Raleigh Charter), Carly Hensel (Ragsdale), Page Holloway (Charlotte Catholic), Katie Knorr (Salisbury), Anabell Kosten (T.C. Roberson), Kristen Kunkle (Western Alamance), Katie Leonard (Chapel Hill), Hannah Lincoln (Leesville Road), Sarah Mandis (First Flight), Julie McKinney (Sanderson), Kensley Merritt (Hough), J. Miller (Myers Park), Mary Elizabeth Miller (Grimsley), Victoria Mitchell (Cary), Renne Paradise (Chapel Hill), Virginia Pate (Mount Tabor), Haley Powell (Lake Norman), Ana Pozder (Apex), Sarah Proctor				
	1998	4A	200 Freestyle	1:51.76	2006	4A	100 Backstroke					56.47
	1999	4A	100 Butterfly	56.51	2007	4A	100 Backstroke					55.73
	1998	4A	500 Freestyle	4:50.54	2008	4A	100 Backstroke					55.72
	1999	4A	500 Freestyle	4:48.23	2009	4A	100 Backstroke					54.95
<b>T45)</b>	<b>Jessica Merritt</b>	<b>Hough</b>	<b>4</b>	<b>T45)</b>	<b>Julie Smith</b>	<b>Cardinal Gibbons</b>	<b>4</b>	Shannon Allison (Apex), Grace Baird (West Davidson), Cristina Baric (Eastern Alamance), Maria Baric (Green Hope), Rebecca Bentley (Durham School of the Arts), Cari Blalock (New Hanover), Lee Anne Britt (East Wake), Erika Brown (Hough), Megan Chenier (Eastern Wayne), Allison Cochran (R-S Central), Emily Cowling (Broughton), Robbi Dalton (Mount Tabor), Jenna Delong (Mount Tabor), Tara DeSorbo (Salisbury), Laura Filip (Durham School of the Arts), Katie Furey (Carrboro), Erin Gaeckle (Charlotte Catholic), Suzanne Gardin- er (Cary), Maddie Geyer (Parkwood), Jennifer Giacalone (Hough), Erin Gottschalk (Hoggard), Katie Hathaway (East Mecklenburg), Rachel Hatt (Raleigh Charter), Carly Hensel (Ragsdale), Page Holloway (Charlotte Catholic), Katie Knorr (Salisbury), Anabell Kosten (T.C. Roberson), Kristen Kunkle (Western Alamance), Katie Leonard (Chapel Hill), Hannah Lincoln (Leesville Road), Sarah Mandis (First Flight), Julie McKinney (Sanderson), Kensley Merritt (Hough), J. Miller (Myers Park), Mary Elizabeth Miller (Grimsley), Victoria Mitchell (Cary), Renne Paradise (Chapel Hill), Virginia Pate (Mount Tabor), Haley Powell (Lake Norman), Ana Pozder (Apex), Sarah Proctor				
	2013	4A	200 Freestyle	1:48.84	2006	1/2A	200 Freestyle					1:52.86
	2014	4A	200 Freestyle	1:47.37	2007	1/2A	200 Freestyle					1:49.68
	2016	4A	100 Freestyle	50.14	2006	1/2A	100 Backstroke					58.36
	2014	4A	100 Breaststroke	1:03.44	2007	1/2A	100 Backstroke					57.79



# Women's Swimming & Diving Multi-Event State Champions



(North Mecklenburg), Amanda Ray (Leesville Road), Lyndsey Reeve (Croatan), Jennifer Rehm (Orange), Olivia Rhodes (Charlotte Catholic), Beth Rillema (North Mecklenburg), Melanie Roberts (Cardinal Gibbons), Morgan Robertson (Surry Central), Sarah Beth Schooley (Albemarle), Maura Schoppa (Northern Guilford), Mary Shanahan (Eno River Academy), Lauren Smith (Central Cabarrus), Virginia Soderburg (Broughton), Jamie Sorrentino (East Mecklenburg), Lexi Souther (Parkwood), Jamie Stancliffe (Reagan), McKenzie Stevens (Salisbury), Mary Ellen Targonski (South Point), Clara Tate (Chapel Hill), Jessica Thompson (Butler), Casey Umberger (Hunt), Anna Weaver (East Rowan), Kelly Weeks (Leesville Road), Bayleigh Cranford (Ragsdale)