

## Time to Make Regionals (2023)

Women	4A			3A			1A/2A		
	West	Central	East	West	Central	East	West	Central	East
Event	Time (Place)	Time (Place)	Time (Place)	Time (Place)	Time (Place)	Time (Place)	Time (Place)	Time (Place)	Time (Place)
200 yard medley relay	2:06.94 (24)	2:12.08 (24)	2:20.70 (24)	2:29.41 (24)	2:41.57 (19)	2:42.45 (24)	2:30.50 (24)	2:54.85 (24)	2:49.26 (21)
200 yard freestyle	2:01.89 (24)	2:04.45 (24)	2:08.72 (24)	2:34.41 (24)	2:41.57 (24)	2:38.34 (24)	2:38.56 (24)	2:45.20 (24)	2:53.42 (21)
200 yard individual medley	2:20.29 (24)	2:22.62 (24)	2:25.89 (24)	3:14.30 (24)	3:12.60 (24)	3:14.83 (24)	3:25.01 (24)	3:23.39 (24)	3:22.66 (17)
50 yard freestyle	25.67 (24)	26.15 (24)	26.48 (24)	29.64 (24)	30.05 (24)	30.65 (24)	30.43 (24)	30.31 (24)	30.69 (24)
100 yard butterfly	1:02.28 (24)	1:04.46 (24)	1:03.12 (24)	1:23.66 (24)	1:35.55 (16)	1:34.41 (24)	1:28.97 (24)	1:33.32 (22)	1:38.39 (21)
100 yard freestyle	57.40 (24)	57.99 (24)	59.02 (24)	1:05.18 (24)	1:11.22 (24)	1:10.46 (24)	1:10.23 (24)	1:09.63 (24)	1:15.64 (23)
500 yard freestyle	5:34.98 (24)	5:43.29 (24)	5:43.54 (24)	7:19.04 (24)	7:28.29 (22)	7:30.11 (24)	6:58.96 (24)	7:24.63 (17)	7:24.04 (19)
200 yard freestyle relay	1:53.99 (24)	1:53.16 (24)	2:02.89 (24)	2:09.04 (24)	2:21.62 (18)	2:20.67 (24)	2:12.21 (24)	2:25.30 (24)	2:29.25 (23)
100 yard backstroke	1:01.66 (24)	1:04.29 (24)	1:05.58 (24)	1:19.44 (24)	1:24.18 (24)	1:21.68 (24)	1:22.25 (24)	1:22.76 (24)	1:30.99 (24)
100 yard breaststroke	1:11.24 (24)	1:13.86 (24)	1:15.99 (24)	1:27.26 (24)	1:29.97 (24)	1:31.04 (24)	1:29.73 (24)	1:32.13 (24)	1:37.51 (24)
400 yard freestyle relay	4:16.60 (24)	4:38.24 (24)	5:02.11 (24)	5:31.24 (24)	5:35.64 (17)	6:01.87 (24)	6:17.76 (21)	5:53.58 (20)	5:51.23 (16)

Men	4A			3A			1A/2A		
	West	Central	East	West	Central	East	West	Central	East
Event	Time (Place)	Time (Place)	Time (Place)	Time (Place)	Time (Place)	Time (Place)	Time (Place)	Time (Place)	Time (Place)
200 yard medley relay	1:57.11 (24)	1:56.36 (24)	2:06.32 (24)	2:22.29 (24)	2:15.60 (15)	2:23.81 (24)	2:17.62 (21)	2:29.75 (22)	2:43.33 (17)
200 yard freestyle	1:54.59 (24)	1:51.53 (24)	1:55.66 (24)	2:25.30 (24)	2:26.21 (24)	2:31.90 (24)	2:22.60 (24)	2:33.26 (24)	2:37.49 (24)
200 yard individual medley	2:10.73 (24)	2:08.88 (24)	2:11.15 (24)	2:46.30 (24)	2:44.49 (24)	2:53.13 (24)	2:45.62 (24)	3:25.21 (24)	3:33.57 (21)
50 yard freestyle	23.45 (24)	22.93 (24)	23.63 (24)	25.83 (24)	26.71 (24)	26.05 (24)	25.66 (24)	26.98 (24)	27.30 (24)
100 yard butterfly	57.74 (24)	56.90 (24)	57.56 (24)	1:14.56 (24)	1:21.30 (23)	1:25.12 (24)	1:26.83 (24)	1:35.19 (24)	1:37.99 (18)
100 yard freestyle	51.16 (24)	52.32 (24)	52.73 (24)	58.77 (24)	1:01.71 (24)	1:01.74 (24)	1:02.58 (24)	1:04.06 (24)	1:05.45 (24)
500 yard freestyle	5:16.88 (24)	5:09.85 (24)	5:17.12 (24)	6:59.41 (24)	7:24.23 (23)	6:57.71 (24)	7:23.74 (24)	7:31.42 (24)	7:34.25 (18)
200 yard freestyle relay	1:49.43 (24)	1:42.78 (24)	1:46.69 (24)	1:55.95 (24)	2:25.04 (17)	1:57.26 (24)	2:00.62 (24)	2:27.42 (23)	2:21.56 (16)
100 yard backstroke	59.99 (24)	58.27 (24)	58.98 (24)	1:10.92 (24)	1:20.14 (24)	1:18.18 (24)	1:17.40 (24)	1:21.81 (24)	1:19.71 (24)
100 yard breaststroke	1:05.55 (24)	1:05.66 (24)	1:04.45 (24)	1:19.61 (24)	1:22.78 (24)	1:22.35 (24)	1:20.01 (24)	1:28.37 (24)	1:23.11 (24)
400 yard freestyle relay	4:07.51 (24)	4:00.17 (24)	4:43.15 (23)	4:55.99 (21)	5:19.87 (16)	5:15.43 (24)	5:38.51 (23)	5:02.38 (20)	5:21.53 (15)

**Notes:** If the place is less than 24 only that number of swimmers qualified in the event for regionals.

Times which made regionals because of a tie are not included in this chart

Times may not reflect the actual time from the previous year if there were any changes in alignment since they are based on new alignments.