

## Time to Make Regionals (2025)

**Notes:** If the place is less than (24/16) only that number of swimmers qualified in the event for regionals.

{All Relays are Top 16 places, Individual Event's Top 24 excepts 4A is Top 16.}

Times which made regionals because of a tie are not included in this chart

Times do not reflect the actual time from the previous year, they are based on new alignments.

	8A		7A		6A	
<b>Women</b>	West	East	West	East	West	East
<b>Event</b>	Time (Place)	Time (Place)	Time (Place)	Time (Place)	Time (Place)	Time (Place)
200 yard medley relay	2:19.39 (12)	2:12.41 (14)	2:04.79 (16)	2:15.77 (16)	2:22.93 (16)	3:06.70 (16)
200 yard freestyle	2:15.95 (21)	2:09.96 (24)	2:12.47 (24)	3:04.53 (23)	2:46.07 (24)	3:01.08 (24)
200 yard individual medley	2:40.14 (24)	2:31.88 (24)	2:25.37 (24)	2:33.23 (24)	3:24.52 (19)	3:26.18 (17)
50 yard freestyle	27.57 (24)	27.27 (24)	26.44 (24)	27.53 (24)	28.32 (24)	31.72 (19)
100 yard butterfly	1:09.39 (24)	1:08.00 (24)	1:06.84 (24)	1:10.08 (24)	1:43.67 (19)	1:39.60 (21)
100 yard freestyle	59.96 (24)	1:02.27 (24)	58.88 (24)	1:00.52 (24)	1:08.25 (24)	1:14.84 (24)
500 yard freestyle	6:26.38 (20)	5:43.19 (24)	6:07.77 (24)	7:18.26 (24)	7:32.89 (24)	8:06.43 (15)
200 yard freestyle relay	2:16.09 (13)	2:01.33 (15)	1:54.26 (16)	2:01.22 (16)	2:12.11 (16)	2:11.82 (16)
100 yard backstroke	1:10.69 (23)	1:06.56 (24)	1:07.50 (24)	1:29.98 (21)	1:24.07 (24)	1:31.79 (24)
100 yard breaststroke	1:23.83 (24)	1:17.61 (24)	1:16.30 (24)	1:36.20 (24)	1:43.01 (23)	1:39.67 (24)
400 yard freestyle relay	5:21.74 (12)	4:28.08 (14)	4:20.82 (16)	4:38.71 (16)	4:48.84 (16)	5:37.18 (16)

	8A		7A		6A	
<b>Men</b>	West	East	West	East	West	East
<b>Event</b>	Time (Place)	Time (Place)	Time (Place)	Time (Place)	Time (Place)	Time (Place)
200 yard medley relay	1:56.45 (12)	1:56.45 (15)	1:50.18 (16)	1:59.93 (16)	2:09.10 (16)	2:35.74 (14)
200 yard freestyle	2:10.11 (24)	2:00.15 (24)	2:01.97 (24)	2:10.77 (24)	2:16.63 (24)	2:41.22 (19)
200 yard individual medley	2:29.50 (24)	2:07.49 (24)	2:16.24 (24)	2:47.21 (24)	3:12.34 (19)	3:04.55 (19)
50 yard freestyle	24.24 (24)	23.92 (24)	23.73 (24)	24.86 (24)	26.26 (24)	27.58 (24)
100 yard butterfly	59.37 (24)	57.75 (24)	1:00.03 (24)	1:05.24 (24)	1:31.20 (20)	1:28.90 (18)
100 yard freestyle	55.51 (24)	53.54 (24)	52.37 (24)	1:08.26 (20)	1:03.17 (24)	1:07.14 (24)
500 yard freestyle	5:55.23 (24)	5:25.43 (24)	5:41.69 (24)	6:24.33 (24)	7:28.44 (16)	7:45.41 (18)
200 yard freestyle relay	2:08.59 (13)	1:42.04 (14)	1:41.24 (16)	1:49.76 (16)	1:50.66 (16)	2:19.39 (16)
100 yard backstroke	1:05.17 (20)	59.98 (24)	1:05.16 (24)	1:26.71 (23)	1:32.49 (18)	1:25.81 (24)
100 yard breaststroke	1:10.08 (24)	1:05.10 (24)	1:10.08 (24)	1:25.94 (24)	1:19.07 (24)	1:24.50 (24)
400 yard freestyle relay	3:51.47 (12)	3:50.04 (13)	3:48.16 (16)	4:11.30 (16)	4:16.98 (15)	5:18.48 (13)

	5A		4A		1A/2A/3A	
<b>Women</b>	West	East	West	East	West	East
<b>Event</b>	Time (Place)	Time (Place)	Time (Place)	Time (Place)	Time (Place)	Time (Place)
200 yard medley relay	2:29.45 (16)	2:31.41 (16)	2:45.15 (13)	2:49.81 (15)	2:22.36 (16)	2:25.94 (16)
200 yard freestyle	2:52.45 (24)	2:41.08 (24)	2:41.66 (16)	2:48.03 (16)	2:35.50 (24)	2:40.68 (24)
200 yard individual medley	3:09.50 (24)	3:06.15 (24)	3:34.11 (16)	3:02.19 (16)	3:05.84 (24)	3:18.81 (24)
50 yard freestyle	29.67 (24)	31.41 (24)	29.84 (16)	29.64 (16)	31.06 (24)	30.11 (24)
100 yard butterfly	1:38.50 (24)	1:37.88 (24)	1:23.64 (16)	1:30.43 (16)	1:23.80 (24)	1:39.79 (20)
100 yard freestyle	1:12.18 (24)	1:11.90 (24)	1:10.73 (16)	1:10.17 (16)	1:12.70 (24)	1:10.47 (24)
500 yard freestyle	7:55.98 (24)	8:00.28 (22)	7:15.03 (16)	7:36.35 (16)	6:59.65 (24)	7:12.52 (24)
200 yard freestyle relay	2:10.11 (16)	2:10.60 (16)	2:42.04 (14)	2:37.90 (15)	2:09.72 (16)	2:09.83 (16)
100 yard backstroke	1:27.87 (24)	1:24.06 (24)	1:19.26 (16)	1:23.96 (16)	1:18.41 (24)	1:20.91 (24)
100 yard breaststroke	1:28.76 (24)	1:33.17 (24)	1:34.34 (16)	1:35.09 (16)	1:30.08 (24)	1:29.86 (24)
400 yard freestyle relay	5:27.09 (16)	6:00.62 (16)	5:34.41 (12)	5:09.16 (9)	4:53.53 (16)	5:02.82 (16)

	5A		4A		1A/2A/3A	
<b>Men</b>	West	East	West	East	West	East
<b>Event</b>	Time (Place)	Time (Place)	Time (Place)	Time (Place)	Time (Place)	Time (Place)
200 yard medley relay	2:09.78 (16)	2:33.19 (15)	2:25.48 (12)	2:40.53 (14)	2:01.67 (16)	2:10.31 (16)
200 yard freestyle	2:32.67 (24)	2:42.69 (24)	2:31.63 (16)	2:47.74 (13)	2:25.38 (24)	2:24.80 (24)
200 yard individual medley	3:00.87 (24)	3:17.98 (20)	3:07.98 (16)	3:10.25 (14)	3:14.11 (24)	3:13.65 (24)
50 yard freestyle	26.53 (24)	27.94 (24)	27.26 (16)	26.81 (16)	26.13 (24)	25.47 (24)
100 yard butterfly	1:10.99 (24)	1:36.41 (18)	1:28.27 (16)	1:30.55 (16)	1:16.39 (24)	1:44.31 (23)
100 yard freestyle	1:00.27 (24)	1:03.05 (24)	60.00 (16)	1:02.49 (16)	1:02.10 (24)	59.05 (24)
500 yard freestyle	6:58.65 (24)	8:14.05 (19)	8:25.77 (16)	7:19.88 (16)	7:05.65 (24)	7:35.00 (24)
200 yard freestyle relay	1:58.28 (16)	2:10.23 (15)	2:07.63 (15)	2:08.64 (16)	1:47.29 (16)	1:51.20 (16)
100 yard backstroke	1:14.42 (24)	1:28.28 (24)	1:16.39 (16)	1:28.12 (16)	1:14.25 (24)	1:10.47 (24)
100 yard breaststroke	1:21.19 (24)	1:32.58 (22)	1:31.31 (16)	1:29.24 (16)	1:22.41 (24)	1:21.38 (24)
400 yard freestyle relay	4:41.40 (16)	5:36.49 (16)	5:03.27 (14)	5:23.70 (13)	4:07.77 (16)	4:36.86 (16)