

2025 Cross-Country Regional Sites and Host

Region	Date of Regional	Location of Regional Championship	Meet Director	Meet Director Email	
1A West	October 25, 2025	Tryon International Equestrian Center	BJ Ledford (Swain) & Ben Paxton	bledford@swainmail.org	bpaxton@tryon.com
1A Central	October 25, 2025	Ivey Redmon Sports Complex	Robert Youtz (Phoenix) & Curtis Swisher (NC Leadership)	126.ryoutz@nhaschools.com	cswisher@toknc.com
1A East	October 25, 2025	Red Oak Middle School	Jeff Dodrill (N. Nash)	jdodrill@ncpschools.net	
2A West	October 25, 2025	Tryon International Equestrian Center	BJ Ledford (Swain) & Ben Paxton	bledford@swainmail.org	bpaxton@tryon.com
2A Central	October 25, 2025	Ivey Redmon Sports Complex	Robert Youtz (Phoenix) & Curtis Swisher (NC Leadership)	126.ryoutz@nhaschools.com	cswisher@toknc.com
2A East	October 25, 2025	Red Oak Middle School	Jeff Dodrill (N. Nash)	jdodrill@ncpschools.net	
3A West	October 25, 2025	Tryon International Equestrian Center	Alan Peoples (Polk) & Ben Paxton	silverfishltd@windstream.net	bpaxton@tryon.com
3A Central	October 25, 2025	Ivey Redmon Sports Complex	Robert Youtz (Phoenix) & Curtis Swisher (NC Leadership)	126.ryoutz@nhaschools.com	cswisher@toknc.com
3A East	October 25, 2025	South Lenior High School	Carlos Dodd (S. Lenior)	cdodd@lenoir.k12.nc.us	
4A West	October 25, 2025	Tryon International Equestrian Center	Josh Williams (Lincoln Charter) & Ben Paxton	josh.williams@lincolncharter.org	bpaxton@tryon.com
4A Central	October 25, 2025	Ivey Redmon Sports Complex	Robert Youtz (Phoenix) & Curtis Swisher (NC Leadership)	126.ryoutz@nhaschools.com	cswisher@toknc.com
4A East	October 25, 2025	Red Oak Middle School	Jeff Dodrill (N. Nash)	jdodrill@ncpschools.net	
5A West	October 25, 2025	Tryon International Equestrian Center	Jerry Castro (N. Lincoln) & Ben Paxton	jhcastro94@yahoo.com	bpaxton@tryon.com
5A Central	October 25, 2025	Ivey Redmon Sports Complex	Robert Youtz (Phoenix) & Curtis Swisher (NC Leadership)	126.ryoutz@nhaschools.com	cswisher@toknc.com
5A East	October 25, 2025	Wake Med	Paul Lockwood (Apex Friendship) & Paul Scruggs (Panthern Creek)	plockwood@wcpss.net	pscruggs@wcpss.net
6A West	October 25, 2025	Tryon International Equestrian Center	David Honea (AC Reynolds) & Ben Paxton	jhcastro94@yahoo.com	bpaxton@tryon.com
6A Central	October 25, 2025	Wake Med	Paul Lockwood (Apex Friendship) & Paul Scruggs (Panthern Creek)	plockwood@wcpss.net	pscruggs@wcpss.net
6A East	October 24, 2025	Red Oak Middle School	Jeff Dodrill (N. Nash)	jdodrill@ncpschools.net	
7A West	October 25, 2025	McAlpine	Rick Spencer (Weddington)	rick.spencer@ucps.k12.nc.us	
7A Central	October 25, 2025	Wake Med	Paul Lockwood (Apex Friendship) & Paul Scruggs (Panthern Creek)	plockwood@wcpss.net	pscruggs@wcpss.net
7A East	October 25, 2025	Wake Med	Paul Lockwood (Apex Friendship) & Paul Scruggs (Panthern Creek)	plockwood@wcpss.net	pscruggs@wcpss.net
8A West	October 25, 2025	McAlpine	Andrew Carrington (Hough)	andrew1.carrington@cms.k12.nc.us	
8A East	October 25, 2025	Wake Med	Paul Lockwood (Apex Friendship) & Paul Scruggs (Panthern Creek)	plockwood@wcpss.net	pscruggs@wcpss.net