

**2023-2024 NCHSAA Sports Calendar**

<b>FALL 2023</b>	
<b>First Practice</b>	<b>Jul. 31</b>
<b>First Contest</b>	<b>Aug. 14</b>

<b>WOMEN'S GOLF</b>	
Reporting deadline	Oct. 18; 9pm
Regional	Oct. 23 or 24
State	Oct. 30-31

<b>VOLLEYBALL</b>	
Seeding	Oct. 19
1st Round	Oct. 21
2nd Round	Oct. 24
3rd Round	Oct. 26
4th Round	Oct. 28
Regional	Oct. 31
State	Nov. 4

<b>WOMEN'S TENNIS</b>	
<b>Individual</b>	
Reporting deadline	Oct. 16; 3pm
Regional	Oct. 20-21
State	Oct. 27-28
<b>Dual Team</b>	
Bracketing	Oct. 16
1st Round	Oct. 18
2nd Round	Oct. 23
3rd Round	Oct. 25
4th Round	Oct. 30
Regional	Nov. 1
State	Nov. 4

<b>CROSS COUNTRY</b>	
Reporting deadline	Oct. 21; 11:59 pm
Regional	Oct. 28
State	Nov. 4

<b>MEN'S SOCCER</b>	
Seeding	Oct. 27
1st Round	Oct. 30
2nd Round	Nov. 2
3rd Round	Nov. 6
4th Round	Nov. 9
Regional	Nov. 14
State	Nov. 17-18

<b>CHEERLEADING</b>	
Invitational	Dec. 2

<b>FOOTBALL</b>	
First Practice	Jul. 31
First Scrimmage	Aug. 9
Week 1	Aug. 18
Week 2	Aug. 25
Week 3	Sept. 1
Week 4	Sept. 8
Week 5	Sept. 15
Week 6	Sept. 22
Week 7	Sept. 29
Week 8	Oct. 6
Week 9	Oct. 13
Week 10	Oct. 20
Week 11	Oct. 27

<b>FOOTBALL PLAYOFFS</b>	
Seeding	Oct. 28
1st Round	Nov. 3
2nd Round	Nov. 10
3rd Round	Nov. 17
4th Round	Nov. 24
Regionals	Dec. 1
State	Dec. 8-9

<b>WINTER 2023 - 2024</b>	
<b>First Practice (Indoor Track, Swimming &amp; Diving, Wrestling)</b>	<b>Oct. 30</b>
<b>First Contest (Indoor Track, Swimming &amp; Diving, Wrestling)</b>	<b>Nov. 13</b>

<b>INDOOR TRACK</b>	
Reporting deadline	Feb. 3; 9pm
State	Feb. 9-10

<b>SWIMMING &amp; DIVING</b>	
Reporting deadline	Jan. 27; 11:59pm
Regionals	Feb. 1-3
State	Feb. 7-10

<b>WRESTLING</b>	
<b>Dual team</b>	
Bracketing	Jan. 25
1st/2nd	Jan. 27
3rd/Regionals	Jan. 31
State Championship	Feb. 3
<b>Individual</b>	
Men's/Women's Reporting deadline	Jan 25; 3pm
Women's Regional	Feb. 2-3
Men's Regional	Feb. 9-10
Men's/Women's State	Feb. 15-17

<b>BASKETBALL</b>	
First Practice	Oct. 30
First Practice (Non-FB)	Oct. 23
First Contest	Nov. 17
First Contest (Non-FB)	Nov. 6
Conference Tournament	Feb. 19-23
Seeding	Feb. 24
1st Round	Feb. 27
2nd Round	Mar. 1
3rd Round	Mar. 5
4th Round	Mar. 8
Regional/State	Mar. 11-16

<b>SUMMER DEAD PERIODS 2023</b>
July 3 - 9, 2023
July 17 - 23, 2023

<b>SCHOOL YEAR DEAD PERIODS</b>
July 31 - August 20, 2023
October 30 - November 19, 2023
February 14 - March 5, 2024
Last 5 Student Days of the 1st Semester
Last 10 Student Days of the 2nd Semester

<b>SUMMER DEAD PERIODS 2024</b>
July 1 - 7, 2024
July 15 - 21, 2024

<b>SPRING 2024</b>	
<b>First Practice</b>	<b>Feb. 14</b>
<b>First Contest</b>	<b>Feb. 26</b>

<b>MEN'S GOLF</b>	
Reporting deadline	May 1, 9pm
Regional	May 6 or 7
State	May 13-14

<b>MEN'S TENNIS</b>	
<b>Individual</b>	
Reporting deadline	Apr. 29; 3pm
Regional	May 3-4
State	May 10-11

<b>Dual Team</b>	
Seeding	Apr. 29
1st Round	May 1
2nd Round	May 6
3rd Round	May 8
4th Round	May 13
Regional	May 15
State	May 18

<b>TRACK</b>	
Reporting deadline	May 4; 9pm
Regionals	May 10-11
State	May 17-18

<b>LACROSSE</b>	
Seeding	Apr. 29
1st Round	May 1
2nd Round	May 4
3rd Round	May 7
4th Round	May 10
Regional	May 14
State	May 17-18

<b>WOMEN'S SOCCER</b>	
Seeding	May 10
1st Round	May 13
2nd Round	May 16
3rd Round	May 20
4th Round	May 23
Regional	May 28
State	May 31 - June 1

<b>SOFTBALL</b>	
Seeding	May 6
1st Round	May 7
2nd Round	May 10
3rd Round	May 14
4th Round	May 17
Regional	May 21 - 25
State	May 31 - June 1

<b>BASEBALL</b>	
Seeding	May 6
1st Round	May 7
2nd Round	May 10
3rd Round	May 14
4th Round	May 17
Regional	May 21 - 25
State	May 31 - June 1