

**2021-25 Regional Assignments
Swimming and Diving**

1A/2A East	1A/2A Central	1A/2A West
Atlantic 1A Carolina 1A Central Tar Heel 1A Coastal Plains 1A/2A East Central 2A Eastern Plains 2A Four Rivers 1A/2A Neuse 6 2A Northeastern Coastal 2A/3A Southeastern Athletic 2A Super Six 1A/2A Tar Roanoke 1A The Big East 2A/3A Triangle North 1A Waccamaw 1A/2A	Central Carolina 1A/2A Foothills 2A Mid-Carolina 1A/2A Mid-State 2A Northern Lakes Athletic 2A/3A Northwest 1A Northwest Piedmont 1A Piedmont Athletic 1A/2A Yadkin Valley 1A/2A	Catawba Shores Athletic 1A/2A Catawba Valley Athletic 2A Metro 8 1A Mountain Foothills 7 1A/2A Rocky River 2A/3A Smoky Mountain 1A Southern Piedmont 1A/2A Western Highlands 1A/2A
3A East	3A Central	3A West
All American 3A/4A Big Carolina 3A/4A Coastal 3A Mideastern 3A/4A Northeastern Coastal 2A/3A Quad County 3A The Big East 2A/3A United 8 3A/4A	Central 3A Mid Piedmont 3A Mid-State 3A Northern Lakes Athletic 2A/3A Sandhills 3A/4A	Big South 3A Mountain 7 3A Northwestern 3A/4A Queen City 3A/4A Rocky River 2A/3A South Piedmont 3A The Mountain 3A/4A Western Foothills 3A
4A East	4A Central	4A West
All American 3A/4A Big Carolina 3A/4A CAP 6 4A Greater Neuse River 4A Mideastern 3A/4A Northern Athletic 4A United 8 3A/4A	Central Piedmont 4A DC 6 4A Metro 4A Sandhills 3A/4A Southwest Wake 4A	Greater Metro 4A Northwestern 3A/4A Queen City 3A/4A So Meck 4A Southern Carolina 4A Southwestern 4A The Mountain 3A/4A