



# Women's Outdoor Track State Individual Event Records



## 100 Meter Dash

1A				2A				3A				4A			
Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time
Ja'Ciya Guthrie	Bessemer City	2019	:12.08	Vanessa Smith	South Granville	1986	:11.90	Nyshedra Brown	West Craven	2012	:11.77	Gabby Mayo	SE Raleigh	2006	:11.43

## 200 Meter Dash

1A				2A				3A				4A			
Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time
Leroya Banks	Perquimans	2009	:24.86	Briana Heath	Granville Central	2010	:24.33	Kelsey McCorkle	South Central	2008	:23.63	Shawnti Jackson	Car. Gibbons	2021	:23.06

## 400 Meter Dash

1A				2A				3A				4A			
Name	School	Year	Time	Name	School Y	Year	Time	Name	School	Year	Time	Name	School	Year	Time
Reneazia Collins	Monroe	2013	:56.28	Payton Russell	North Rowan	2015	:55.70	Alysia Johnson	Hillside	2019	:53.50	Shawnti Jackson	Wakefield	2022	52.32

## 800 Meter Dash

1A				2A				3A				4A			
Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time
Lauren Tolbert	Highland Tech	2022	2:09.37	Brittany Stanley	Mount Pleasant	2016	2:13.53	Megan Marvin	Chapel Hill	2018	2:12.74	Sanu Jallow	W. Mecklenburg	2021	2:07.78

## 1600 Meter Run

1A				2A				3A				4A			
Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time
Malia Ellington	Comm. Sch. Davidson	2014	4:59.88	Maysa Araba	Carrboro	2015	4:55.81	Alyssa Preisano	Cuthbertson	2021	4:57.34	Amelia Maughan	Chapel Hill	2022	4:49.69

## 3200 Meter Run

1A				2A				3A				4A			
Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time
Erika Schneble	Hendersonville	2002	11:00.97	Kaitlyn Stone	West Stokes	2016	10:53.80	Caroline Murrell	Northwood	2021	10:51.83	Nevada Mareno	Leesville Road	2016	10:17.70

## 100 Meter Hurdles

1A				2A				3A				4A			
Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time
Chandra Pulliam	Cummings	2001	:14.17	Kayla Moore	Cummings	2016	:13.71	Alexis Patterson	Parkland	2019	:13.91	Ebony Williams	Parkland	2015	:13.44

## 300 Meter Intermediate Hurdles

1A				2A				3A				4A			
Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time
Camille Wilkerson	Winston-Salem Prep	2009	:44.55	Nora McKiver	T.W. Andrews	2013	:42.70	Sophia Treakle	Asheville	2008	:43.15	Keni Harrison	Clayton	2011	:41.41



# Women's Outdoor Track State Relay Event Records



## Women's 4x100 Meter Relay

1A				2A				3A				4A			
Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time
Mica Hargrove Sloan Williams Donica Reid Jazman Richardson	Winston-Salem Prep	2012	:48.51	Aquariah McIntosh Ziavia Calvin Ny'Lasia Brown Alyssa Thompson Rowe	Lexington	2019	:48.04	Danielle Butts Amber Clark Hayley McCorkle Bryana Wyatt	South Central	2010	:46.94	Jahzara Hart Kyna Robinson Ani Judd Tia Outlaw	SE Raleigh	2019	:46.11



# Women's Outdoor Track State Relay Event Records



## Women's 4x200 Meter Relay

1A				2A				3A				4A			
Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time
Reneazia Collins	Monroe	2012	1:41.30	Ciseley Brown	T.W. Andrews	2017	1:40.71	Ija Mumford	Parkland	2019	1:38.29	McKinley McNeill	Parkland	2015	1:36.43
Kendall Cox				Peighton Simmons				Alexis Patterson				Ebony Williams			
Simone Gwehi				Jeriel Nesbitt				Del'Nique Penn				Miaysha Bryant			
Janieyah Collins				Zacora McKnight				Diamond Lyerly				Katlin Sherman			

## Women's 4x400 Meter Relay

1A				2A				3A				4A			
Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time
Rebecca Fesperman	Comm. Sch. Davidson	2015	4:04.26	Breanna Walls	Ledford	2019	4:00.23	Imari Deloatch	Hillside	2019	3:51.26	Emmaya Waters	Hillside	2017	3:44.84
Clarke Alexander				Skylar Payne				Shaliyah Wilkerson				Alysia Johnson			
Megan Perkins				Lyrik Thorne				Emmaya Waters				Ashlan Bowdry			
Malia Ellington				Samantha Payne				Alysia Johnson				Jessica Wright			

## Women's 4x800 Meter Relay

1A				2A				3A				4A			
Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time
Davi Barbour	Mount Airy	2012	9:42.16	Bernadette O'Neil	Cardinal Gibbons	2006	9:39.06		Cuthbertson	2021	9:18.25	Deanna Foshee	Cary	2011	9:06.17
Alex Mayes				Melissa Prasnika								Sheridan Jordan			
Jordan Hiatt				Lauren Holesh								Jenna Christensen			
Kirsten Parries				Heather Beichner								Erin Foshee			



# Women's Outdoor Field State Individual Event Records



## High Jump

1A				2A				3A				4A			
Name	School	Year	Mark	Name	School	Year	Mark	Name	School	Year	Mark	Name	School	Year	Mark
Shannon Meadows	Hendersonville	2001	5' 08"	Cheyenne Miller	East Rutherford	2011	5' 07"	April Cooke	Watauga	1983	5' 8.25"	Morgan Smalls	Panther Creek	2018	6'0.25"
Hunter Welborn	Starmount	2014	5' 08"	Mikel Franklin	T.W. Andrews	2016	5' 07"								

## Pole Vault

1A				2A				3A				4A			
Name	School	Year	Mark	Name	School	Year	Mark	Name	School	Year	Mark	Name	School	Year	Mark
Tess Rogers	North Stokes	2011	11' 00"	Sarah Brown	Surry Central	2019	12'6.5"	Tessa Sheets	Northwood	2017	12' 06"	Lindsay Absher	West Forsyth	2018	13' 03"
Lakelyn Bass	Hobpton	2018	11' 00"					Emma Stone	Marvin Ridge	2021	12' 06"				

## Long Jump

1A				2A				3A				4A			
Name	School	Year	Mark	Name	School	Year	Mark	Name	School	Year	Mark	Name	School	Year	Mark
Teaunna Cuthbertson	North Rowan	2010	19' 3.25"	Cora Johnson	East Carteret	2000	19' 04"	Chaunesse Barringer	NW Cabarrus	2022	19'10.25"	Kathy McMillan	Hoke County	1976	21' 07"

## Triple Jump

1A				2A				3A				4A			
Name	School	Year	Mark	Name	School	Year	Mark	Name	School	Year	Mark	Name	School	Year	Mark
Zoie Shuler	Robbinsville	2022	39' 9.25"	Latasha Pharr	North Rowan	2000	40' 09"	Nikki Friday	Lexington	1990	42' 00"	Twyla Smith	Pincrest	1995	41' 2.5"

## Shot Put

1A				2A				3A				4A			
Name	School	Year	Mark	Name	School	Year	Mark	Name	School	Year	Mark	Name	School	Year	Mark
Shanara Mintz	Bessemer City	2002	43' 4.75"	Beverly Burnett	Cummings	2002	44' 01.5"	Kayla Beasley	Hillside	2018	43'7.50"	Kamorean Hayes	Harding Univ.	2007	51' 3.5"

## Discus Throw

1A				2A				3A				4A			
Name	School	Year	Mark	Name	School	Year	Mark	Name	School	Year	Mark	Name	School	Year	Mark
Hailey Cook	Hendersonville	2013	146' 05"	Teteateh Snoh	Durham Sch. Arts	2019	143'10"	Camryn Massey	Ashbrook	2021	140' 09"	Bryanna Hames	Myers Park	2014	159' 1"



# Men's Outdoor Track State Individual Event Records



## 100 Meter Dash

1A				2A				3A				4A			
Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time
Trentavis Friday	Cherryville	2013	:10.48	Kedrick Davis	Berry Academy	2011	:10.47	Kadarius Lotharp	Sun Valley	2015	:10.37	Cravont Charleston	Mallard Creek	2016	:10.38

## 200 Meter Dash

1A				2A				3A				4A			
Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time
Trentavis Friday	Cherryville	2014	:20.95	James Drummond	Lexington	2013	:21.23	Isaiah Monroe	Dudley	2022	:21.12	J-Mee Samuels	Mount Tabor	2005	:20.61

## 400 Meter Dash

1A				2A				3A				4A			
Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time
Trevin Moyer	Mountain Island Char.	2022	46.97	Andre Steele	Salisbury	1989	:47.41	T.J. Robbins-Lockhart	Piedmont	2015	:46.72	Delton Hall	Grimsley	1983	:46.41

## 800 Meter Run

1A				2A				3A				4A			
Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time
Greg Taylor	Swain County	1988	1:54.30	Elijah Inuwa	Central Academy	2005	1:51.70	Kyle Durham	Weddington	2019	1:51.72	Greg Roseboro	Hillside	1980	1:51.39

## 1600 Meter Run

1A				2A				3A				4A			
Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time
Aaron Rovnak	Franklin Academy	2021	4:17.39	Sean Sewell	Cardinal Gibbons	2007	4:17.69	Jeff Hitchinson	West Rowan	1980	4:08.01	Jack Bolas	Chapel Hill	2006	4:04.38

## 3200 Meter Run

1A				2A				3A				4A			
Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time
Aaron Rovnak	Franklin Academy	2021	9:27.48	Sean Sewell	Cardinal Gibbons	2007	9:25.83	Paul Carpenter	T.C. Roberson	1985	9:11.87	Connor Lane	Car. Gibbons	2017	8:59.90

## 110 Meter Hurdles

1A				2A				3A				4A			
Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time
Isaiah Moore	Cummings	2014	:13.97	Elliott Graves	Reidsville	2016	:13.79	Johnny Dutch	Clayton	2005	:13.88	Spencer Adams	Butler	2008	:13.51

## 300 Meter Intermediate Hurdles

1A				2A				3A				4A			
Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time
T.J. Wilson	Princeton	2010	:38.58	Dylan Andrade	Forbush	2015	:37.48	Khaleb McRae	Southern Durham	2019	:36.78	Spencer Adams	Butler	2007	:36.04



# Men's Outdoor Track State Relay Event Records



## Men's 4x100 Meter Relay

1A				2A				3A				4A			
Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time
Alex Midgette Darnelle Sawyer Bobby Minor Fred Fisher	Pamlico	1999	:41.19	Kedrick Davis Camron Hudson Terrance Winchester Germone Hopper	Berry Academy	2011	:41.78	Warren Scott Jasper Roberson Junior Robinson Tony Holland	T.W. Andrews	1986	:41.45	Keasean Dirks Tazhae Woods Zavion Hamilton Daniel Moyer Jr.	Reagan	2019	:41.16



# Men's Outdoor Track State Relay Event Records



## Men's 4x200 Meter Relay

1A				2A				3A				4A			
Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time
Daniel Orr	Hendersonville	2009	1:28.10	Kedrick Davis	Berry Academy	2011	1:26.14	Sam McIver	T.W. Andrews	1991	1:25.35	Dylan James	Reagan	2019	1:25.49
Tyler Combs				Terrance Winchester				Kenny Shaw				Keasean Dirks			
Brandon Neale				Larry Gibson				Duane Hill				Tazhae Woods			
Darryl Demps				Gerhone Hopper				Darius Brewington				Daniel Moyer Jr			

## Men's 4x400 Meter Relay

1A				2A				3A				4A			
Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time
Darryl Demps	Hendersonville	2009	3:20.42	Jasper Cuthrell	North Rowan	1987	3:21.43	Noel Peterkin	T.W. Andrews	1991	3:15.51	Henry Kiedy	Knightdale	2013	3:12.87
Tyler Combs				Adrian Steele				Pernell Williams				Bernard Freeman			
James Tolleson				Anthony Brittain				Kenny Shaw				Marcell Johnson			
Brandon Neale				Harvey Archie				Duane Hill				Marquavius Johnson			

## Men's 4x800 Meter Relay

1A				2A				3A				4A			
Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time
Bladen Parrish	South Davidson	2016	8:09.31	Devin Barns	Croatan	2018	8:01.80	Aaron Rand	Richlands	2016	7:47.56	Matthew Kehn	Green Hope	2016	7:38.83
Austin Bond				Joseph Bulfer				Kevon Pascoe				Ian Delgado			
Hunter Query				Noah Bibus				R.J. Russell				Jayquan Williams			
Travis Gallimore				Michael Quispe				Darius Futrell				Henry Pehr			



# Men's Outdoor Field State Individual Event Records



## High Jump

1A				2A				3A				4A			
Name	School	Year	Mark	Name	School	Year	Mark	Name	School	Year	Mark	Name	School	Year	Mark
Dakota Dunn	East Montgomery	2003	7' 0"	Tanner Anderson	East Burke	2010	7' 2.5"	Derek Frink	West Brunswick	1995	6' 11"	Jesse Williams	Broughton	2002	7' 2"

## Pole Vault

1A				2A				3A				4A			
Name	School	Year	Mark	Name	School	Year	Mark	Name	School	Year	Mark	Name	School	Year	Mark
Matthew Gray	Swain County	2022	15' 2"	Kenneth Byrd	East Burke	2022	15' 4"	Bailey Frederick	Marvin Ridge	2016	16' 1"	Spencer Evans	Lake Norman	2019	16' 2"

## Long Jump

1A				2A				3A				4A			
Name	School	Year	Mark	Name	School	Year	Mark	Name	School	Year	Mark	Name	School	Year	Mark
Clifton Etheridge	Hendersonville	1986	25' 0"	Robert Tillman	South Robeson	2003	24' 4"	Eric Alford	High Point Central	1991	25' 0.75"	A.J. Davis	Northern Durham	2001	24' 10.5"

## Triple Jump

1A				2A				3A				4A			
Name	School	Year	Mark	Name	School	Year	Mark	Name	School	Year	Mark	Name	School	Year	Mark
Isaac Blakeney	Monroe	2010	49' 2"	Robert Cunningham	Whiteville	1989	50' 9.25"	Brian Ellis	North Rowan	1991	52' 1.5"	Greg Artis	Fike	1977	51' 5.5"

## Shot Put

1A				2A				3A				4A			
Name	School	Year	Mark	Name	School	Year	Mark	Name	School	Year	Mark	Name	School	Year	Mark
Torrey Prayer	Farmville Central	2005	60' 10.25"	Kenneth Rowland	Northside-Jax	2009	57' 7"	Rodney Edwards	Concord	1989	60' 4.25"	Mike Salzano	Northern Durham	1975	61' 4.5"

## Discus Throw

1A				2A				3A				4A			
Name	School	Year	Mark	Name	School	Year	Mark	Name	School	Year	Mark	Name	School	Year	Mark
Ahmad Garrison	Topsail	2007	159' 6"	Andrew Byrd	Orange	2009	181' 1"	Tavis Bailey	A.L. Brown	2010	185' 1"	Terrell Adams	Middle Creek	2016	189' 3"



# Retired Outdoor Track State Event Records



## ENGLISH DISTANCE

### WOMEN

### MEN

EVENT	YEAR	NAME	SCHOOL	METRIC	ENGLISH	EVENT	YEAR	NAME	SCHOOL	METRIC	ENGLISH
110 YARD LOW HURDLES	1977	Stella Johnson	West Charlotte	(14.1)	14.2	120 YARD LOW HURDLES	1972	Charles Rhomes	Hillside	(13.6)	13.6
100 METER LOW HURDLES	1981	Clara Hairston	East Forsyth	13.50		100 YARD DASH	1973	Carter Suggs	Tarboro	(10.2)	9.3
200 METER LOW HURDLES	1984	Pam Doggett	Dudley	27.92		ONE MILE RUN	1974	Henry Jones	Ashbrook	(4:08.2)	4:09.8
100 YARD DASH	1978	Martha Stanback	Pinecrest	(11.72)	10.82	880 YARD RELAY	1977	Ronald Terry James Ledbetter Mark Jasper Derius Covington	Richmond County	(1:25.83)	1:26.33
ONE MILE RUN	1977	Julie Shea	Cardinal Gibbons	(4:41.5)	4:43.1	440 YARD DASH	1976	James Fields	New Bern	(47.8)	48.1
880 YARD RELAY	1977	Ramona Pittman Harvette Jenkins Edwina Hamilton Jean Brown	Reid Ross	(1:42.5)	1:43.0	440 YARD RELAY	1979	Phillip Jones Arthur Glenn Jesse Adams Alston Glenn	Northern Durham	(42.6)	42.8
440 YARD DASH	1978	Lisa Sherrill	Jordan	(54.5)	54.8	180 YARD LOW HURDLES	1975	Marvin Rankins	Bertie	(19.0)	19.0
440 YARD RELAY	1978	Robin Graves Teresa Holt Deborah Jones Angela Davis	Eastern Guilford	(48.7)	48.9	880 YARD DASH	1969	Tony Waldrop	Polk Central	(1:53.9)	1:53.9
220 YARD LOW HURDLES	1979	JoAnn Stallings	John Holmes	(29.3)	29.5	220 YARD DASH	1974	Carter Suggs	Tarboro	(20.9)	21.0
880 YARD DASH	1976	Lynn Lashley	Millbrook	(2:11.7)	2:12.4		1976	Otis Melvin	Terry Sanford	(20.9)	21.0
220 YARD DASH	1976	Kathy McMillan	Hoke	(24.3)	24.4	TWO MILE RUN	1978	Dan Morton	Grimsley	(8:58.91)	9:02.31
TWO MILE RUN	1978	Mary Shea	Cardinal Gibbons	(10:14.03)	10:17.43	MILE RELAY	1980	Wayne Ellis Larry Wiggins James Whitaker Gerald Mitchell	Ahoskie	(3:16.18)	3:17.28
MILE RELAY	1978	Barrett Sloan Angela Watlington Lee Ann Stelzenmuller Lisa Sherrill	Jordan	(3:51.8)	3:52.9						