

3A EAST CONFERENCES

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2023-2024

Northeastern Coastal 2A/3A

Currituck County
First Flight
Camden County (2A)
Hertford County (2A)
Holmes (2A)
Manteo (2A)
Northeastern (2A)
Pasquotank (2A)

Coastal 3A

Croatan
Dixon
Richlands
Swansboro
West Carteret
White Oak

Big Carolina 3A/4A

Havelock
Jacksonville
J.H. Rose
Northside-Jax
South Central
D.H. Conley (4A)
New Bern (4A)

Mideastern 3A/4A

North Brunswick
South Brunswick
West Brunswick
Ashley (4A)
Hoggard (4A)
Laney (4A)
New Hanover (4A)
Topsail (4A)

Quad County 3A

C.B. Aycock
East Wake
Fike
Hunt
Smithfield-Selma
South Johnston
Southern Wayne
West Johnston

United 8 3A/4A

Douglas Byrd
Cape Fear
Seventy-First
Jack Britt (4A)
Gray's Creek (4A)
Lumberton (4A)
Purnell Swett (4A)
South View (4A)

All American 3A/4A

E.E. Smith
Harnett Central
Terry Sanford
Triton
Western Harnett
Westover
Overhills (4A)
Pine Forest (4A)

Sandhills 3A/4A

Lee County
Scotland
Southern Lee
Union Pines
Hoke County (4A)
Pincrest (4A)
Richmond (4A)

The Big East 2A/3A

Franklinton
Northern Nash
Rocky Mount
Southern Nash
Bunn (2A)
Nash Central (2A)
Roanoke Rapids (2A)

Northern Lakes Athletic 2A/3A

Carrboro
Durham School of the Arts
Southern Durham
Vance County
Granville Central (2A)
Louisburg (2A)
South Granville (2A)
J.F. Webb (2A)

Central 3A

Cedar Ridge
Eastern Alamance
Orange
Person
Southern Alamance
Western Alamance
Williams

3A WEST CONFERENCES

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2023-2024

Rocky River 2A/3A

Central Academy
Parkwood
Piedmont
Anson (2A)
Forest Hills (2A)
Monroe (2A)
West Stanly (2A)

Mid Piedmont 3A

Asheboro
Central Davidson
Ledford
Montgomery Central
North Davidson
Oak Grove

South Piedmont 3A

Central Cabarrus
Concord
East Rowan
Jesse Carson
Lake Norman Charter
Northwest Cabarrus
Robinson, Jay M.
South Rowan
West Rowan

Mid-State 3A

Atkins
Ben L. Smith
Dudley
Eastern Guilford
High Point Central
Northeast Guilford
Rockingham County
Southern Guilford

Queen City 3A/4A

Harding University
West Charlotte
West Mecklenburg
Hopewell (4A)
Hough (4A)
Mallard Creek (4A)
North Mecklenburg (4A)
Vance (Chambers) (4A)

Big South 3A

Ashbrook
Crest
Forestview
Hunter Huss
Kings Mountain
North Gaston
South Point
Stuart A. Cramer

Western Foothills 3A

East Lincoln
Fred T. Foard
Hickory
North Iredell
North Lincoln
St. Stephens
Statesville
West Iredell

Northwestern 3A/4A

Ashe County
Freedom
Hibriten
Alexander Central (4A)
South Caldwell (4A)
Watauga (4A)

The Mountain 3A/4A

Enka
Erwin
North Buncombe
Reynolds, A.C.
Asheville (4A)
McDowell (4A)
T.C. Roberson (4A)

Mountain 7 3A

East Henderson
Franklin
North Henderson
Pisgah
Smoky Mountain
Tuscola
West Henderson