

## 2022-2023

**Big Carolina 3A/4A**

D.H. Conley  
 New Bern  
*Havelock (3A)*  
*Jacksonville (3A)*  
*J.H. Rose (3A)*  
*Northside-Jax (3A)*  
*South Central (3A)*

**Midwestern 3A/4A**

Ashley  
 Hoggard  
 Laney  
 New Hanover  
 Topsail  
*North Brunswick (3A)*  
*South Brunswick (3A)*  
*West Brunswick (3A)*

**Greater Neuse River 4A**

Corinth Holders  
 Clayton  
 Cleveland  
 Fuquay-Varina  
 Garner  
 South Garner  
 Southeast Raleigh  
 Willow Spring

**Northern Athletic 4A**

Heritage  
 Knightdale  
 Millbrook  
 Rolesville  
 Wake Forest  
 Wakefield

**CAP 6 4A**

Athens Drive  
 Broughton  
 Cardinal Gibbons  
 Enloe  
 Leesville Road  
 Sanderson

**Southwest Wake 4A**

Apex  
 Apex Friendship  
 Cary  
 Green Hope  
 Green Level  
 Holly Springs  
 Middle Creek  
 Panther Creek

**DAC-VII 4A**

C.E. Jordan  
 Chapel Hill  
 East Chapel Hill  
 Hillside  
 Northern Durham  
 Riverside-Durham  
 Southern Alamance

**United 8 3A/4A**

Jack Britt  
 Gray's Creek  
 Lumberton  
 South View  
 Purnell Swett  
*Douglas Byrd (3A)*  
*Cape Fear (3A)*  
*Seventy-First (3A)*

**All American 3A/4A**

Overhills  
 Pine Forest  
*E.E. Smith (3A)*  
*Harnett Central (3A)*  
*Terry Sanford (3A)*  
*Triton (3A)*  
*Western Harnett (3A)*  
*Westover (3A)*

**Sandhills 3A/4A**

Hoke County  
 Pinecrest  
 Richmond  
*Lee County (3A)*  
*Scotland (3A)*  
*Southern Lee (3A)*  
*Union Pines (3A)*

## 2022-2023

**Metro 4A**

Grimsley  
 Northern Guilford  
 Northwest Guilford  
 Page  
 Ragsdale  
 Southeast Guilford  
 Southwest Guilford  
 Western Guilford

**Central Piedmont 4A**

Davie County  
 East Forsyth  
 Glenn  
 Mount Tabor  
 Parkland  
 Reagan  
 RJ Reynolds  
 West Forsyth

**Greater Metro 4A**

A.L. Brown  
 Cox Mill  
 Hickory Ridge  
 Lake Norman  
 Mooresville  
 South Iredell  
 West Cabarrus

**Southern Carolina 4A**

Cuthbertson  
 Marvin Ridge  
 Piedmont  
 Porter Ridge  
 Sun Valley  
 Weddington

**Southwestern 4A**

Butler  
 Charlotte Catholic  
 East Mecklenburg  
 Garinger  
 Independence  
 Providence  
 Rocky River

**So Meck 4A**

Ardrey Kell  
 Berry Academy  
 Harding University  
 Myers Park  
 Olympic  
 Palisades  
 South Mecklenburg

**Queen City Athletic 3A/4A**

Hopewell  
 Hough  
 Mallard Creek  
 North Mecklenburg  
 Vance (Chambers)  
*West Charlotte (3A)*  
*West Mecklenburg (3A)*

**Northwestern 3A/4A**

Alexander Central  
 South Caldwell  
 Watauga  
*Ashe County (3A)*  
*Freedom (3A)*  
*Hibriten (3A)*

**The Mountain 3A/4A**

A.C. Reynolds  
 Asheville  
 McDowell  
 T.C. Roberson  
*Enka (3A)*  
*Erwin (3A)*  
*North Buncombe (3A)*