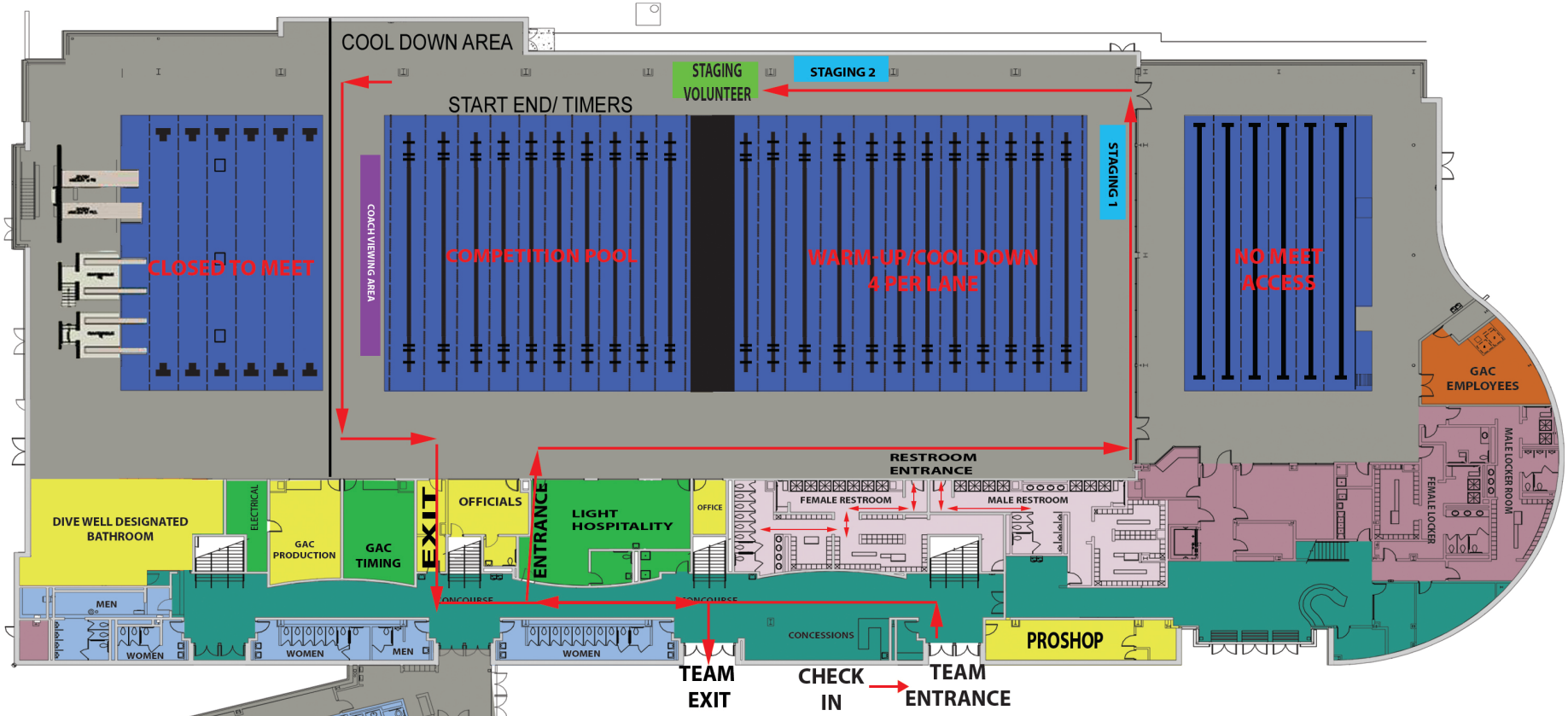

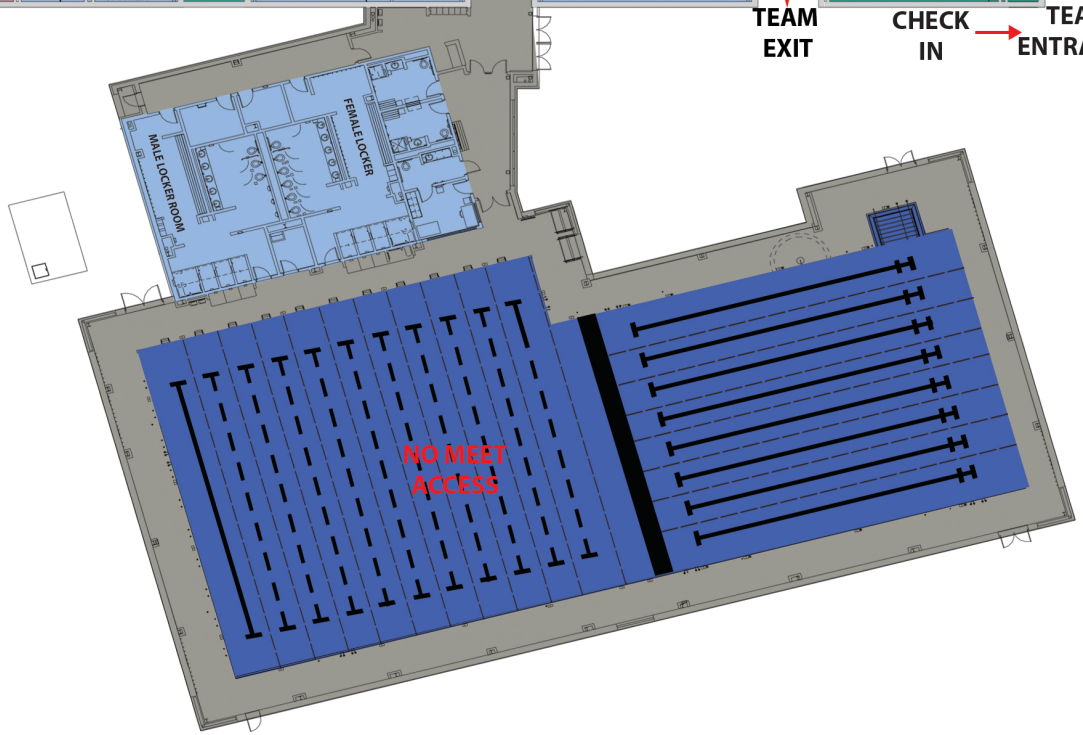

2021 NCHSAA REGIONALS SWIMMING

FEBRUARY 5TH - 6TH

NOTE

THE COOL DOWN AREA IS FOR SWIMMERS TO REST AFTER THEIR RACE. THE SWIMMERS WILL BE SOCIALLY DISTANCED AND WHILE THEY ARE IN THIS AREA THEY DO NOT HAVE TO HAVE A MASK ON. THE SWIMMERS HAVE TO LEAVE THIS AREA BEFORE THE END OF THE NEXT RACE TO ALLOW NEW SWIMMERS TO ENTER. TO LEAVE THIS AREA YOU MUST BE WEARING YOUR MASK.