

TrackWrestling Instructions for Regional Entries

Read all of the instructions carefully! The regional directors and I have received countless emails regarding the accuracy of a school's regional entries.

Steps 1 - 5 below describe how to enter your individual wrestlers into the tournament

Steps 6-11 below explain the correct process on how to ensure your entries have the correct records, winning percentages, and placement points to ensure accurate seeding. Failure to complete this information for ALL of your regional entries could result in that wrestler being inaccurately seeded for the regional.

1. Login to TrackWrestling by clicking on the green envelope beside the regional entry to access the regional entry portal

:	02/08/2020	 NCHSAA Girls State Tournament, NC    
:	02/14 - 02/15/2020	 NCHSAA 3A Mideast Regional, NC    

2. Read all of the information presented and click proceed.

**NCHSAA 2A West Regional**

[Home](#) [Left Menu](#) [My Wrestlers](#) [Media Contacts](#) [Email Log](#)

Below are the windows of time for you to enter information about your wrestlers

1. You will have until 01/29/2018 03:00 p.m. C.S.T. to enter your teams lineup.

2. You will have until 01/29/2018 03:00 p.m. C.S.T. to enter seeding criteria information for each of your wrestlers.

Note: MAKE SURE YOU ANSWER 'EVERY' QUESTION ON THE SEEDING CRITERIA FORM CORRECTLY. DON'T ASSUME THE ANSWER TO ONE QUESTION CARRIES OVER TO THE OTHERS.

PROCEED



If you have any questions regarding TrackWrestling, please feel free to contact Elizabeth Carpenter at prioritieswrestling@gmail.com 704-530-0585 (cell).

3. Click “here” to import your wrestlers from your team. **It is important that you import them and not type them in individually.**

NCHSAA 2A West Regional myTRACK

Left Menu My Wrestlers Media Contacts Email Log

My Participants

Click on the participant you would like to edit.

Print My Wrestlers Information

Click [here](#) to import this teams roster from trackwrestlings dual program.

Participant Name	Team	Weight Class	Unattached	Scoring
Unknown, Unknown	West Lincoln	106	N	Y
Unknown, Unknown	West Lincoln	113	N	Y
Unknown, Unknown	West Lincoln	120	N	Y
Unknown, Unknown	West Lincoln	126	N	Y
Unknown, Unknown	West Lincoln	132	N	Y
Unknown, Unknown	West Lincoln	138	N	Y
Unknown, Unknown	West Lincoln	145	N	Y
Unknown, Unknown	West Lincoln	152	N	Y
Unknown, Unknown	West Lincoln	160	N	Y
Unknown, Unknown	West Lincoln	170	N	Y
Unknown, Unknown	West Lincoln	182	N	Y
Unknown, Unknown	West Lincoln	195	N	Y
Unknown, Unknown	West Lincoln	220	N	Y
Unknown, Unknown	West Lincoln	285	N	Y

4. Choose each wrestler. **Be sure to change the weight class to the appropriate weight.** If you have 2 wrestlers for the same weight class, it will only import 1 of the wrestlers. When you are ready to import, you must choose whether to add Media Contacts. It is always a good idea to choose yes so that your news media will receive email updates.

Import Roster from Dual Meets

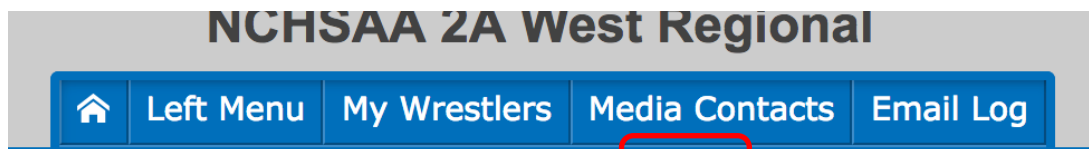
Select the wrestlers you would like to import, and then click on the [NEXT] button.

PREVIOUS NEXT Yes

☐ Weight Class	First Name	Last Name	Grade	Record	Weight	Wrestler Info
☐ 106	Treva	Phansook	Fr.	5 - 5		
☒ 113	Dylan	Avery	So.	1 - 0		
☐ 113	Langston	Hoffman	Fr.	12 - 4		
☒ 120	Luke	Stewart	Fr.	21 - 11		
☐ 126	Pedro	Reyna	So.	0 - 0		
☐ 126	Ethan	Stewart	Sr.	10 - 4		
☐ 126	Mason	Huitt	Fr.	0 - 0		
☐ 132	Chance	Norman	So.	25 - 12		

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- Check to see that all of your wrestlers were **successfully added and then click finish to finalize**. If you find that a wrestler hasn't been added, you can import from the team page again.



The importing process is complete. Click **FINISH** to finalize everything.

Trevan Phansook was successfully added.
 Luke Stewart is was successfully updated.
 Chance Norman was successfully added.
 Michael Waldrop was successfully added.
 Kolbe Ayres was successfully added.
 Jessie Hatcher was successfully added.
 Daniel Wilkins was successfully added.
 David Willis was successfully added.
 Nakathan Phansook was successfully added.
 Austin Robertson was successfully added.
 Jacob Brown was successfully added.
 Harley Scronce was successfully added.

- All of your wrestlers should now show up on your "My Participants" page. If you don't see one of your wrestlers, you can click "here" to import again. **The first thing to check if your wrestler wasn't added was if they are listed on the Import Roster under a weight class that you already have a wrestler listed.**

Click on the participant you would like to edit.

my Participants

Print My Wrestlers Information

Click [here](#) to import this teams roster from trackwrestlings dual program.

Participant Name	Team	Weight Class	Unattached	Scoring
Phansook, Trevan	West Lincoln	106	N	Y
Avery, Dylan	West Lincoln	113	N	Y
Stewart, Luke	West Lincoln	120	N	Y
Unknown, Unknown	West Lincoln	126	N	Y
Norman, Chance	West Lincoln	132	N	Y
Waldrop, Michael	West Lincoln	138	N	Y
Ayres, Kolbe	West Lincoln	145	N	Y
Hatcher, Jessie	West Lincoln	152	N	Y
Wilkins, Daniel	West Lincoln	160	N	Y
Willis, David	West Lincoln	170	N	Y
Phansook, Nakathan	West Lincoln	182	N	Y
Robertson, Austin	West Lincoln	195	N	Y
Brown, Jacob	West Lincoln	220	N	Y
Scronce, Harley	West Lincoln	285	N	Y

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7. Click on each participant's name to enter the needed seeding information for each wrestler. Your first screen will be the Participant Info. Enter the Adjusted Seeding Record here. **If a wrestler has 15 or more matches, you will need to enter the wrestler's record in the Adjusted Seeding Record. If needed, give the wrestler enough losses to reach 15 matches.**

Participant First Name	Test 5
Participant Last Name	Test 5
Team	Test
Weight Class	106
Grade	Sophomore
Actual 2018-19 Record	10 5
2018-19 Adjusted/Seeding Record (prior to the week of Jan. 28th)	10 5
Actual Weight	
Unattached	No
Scoring Wrestler	Yes
Notes	
Save Delete	

Participant First Name	Test 5
Participant Last Name	Test 5
Team	Test
Weight Class	106
Grade	Sophomore
Actual 2018-19 Record	8 5
2018-19 Adjusted/Seeding Record (prior to the week of Jan. 28th)	10 5
Actual Weight	
Unattached	No
Scoring Wrestler	Yes
Notes	
Save Delete	

8. Once you save the wrestler's information, you will be directed to the Edit Seeding Criteria page. The spreadsheet you are receiving will be a huge help in feeling out this page.

Edit Test 5 Test 5's Criteria

[Participant Info](#) | [Criteria Values](#) | [Head to Head](#) | [Weight Class](#) | [Team Members](#)

Calculated Seed Points: Calculated Seed Points
0.0

Adjusted Winning Percentage (15 match minimum): Divide wins by the total number of matches wrestled. If under 15 matches divide wins by 15.
0%

State Placement Last Year: Select one of the options in the select box.
DID NOT Qualify

Has had 15 match(es) towards 2018-19 Adjusted/Seeding Record (prior to the week of Jan. 28th): Select yes or no from the select box
Yes

2018-19 Adjusted/Seeding Record (prior to the week of Jan. 28th) winning percentage: Enter the value of (Number of 2018-19 Adjusted/Seeding Record (prior to the week of Jan. 28th) wins)/(Total 2018-19 Adjusted/Seeding Record (prior to the week of Jan. 28th) matches)
0.667

2018-19 Adjusted/Seeding Record (prior to the week of Jan. 28th) wins: Enter the number of 2018-19 Adjusted/Seeding Record (prior to the week of Jan. 28th) wins
10.0

Has had 0 match(es) towards Actual 2018-19 Record: Select yes or no from the select box
Yes

Actual 2018-19 Record winning percentage: Enter the value of (Number of Actual 2018-19 Record wins)/(Total Actual 2018-19 Record matches)
0.615

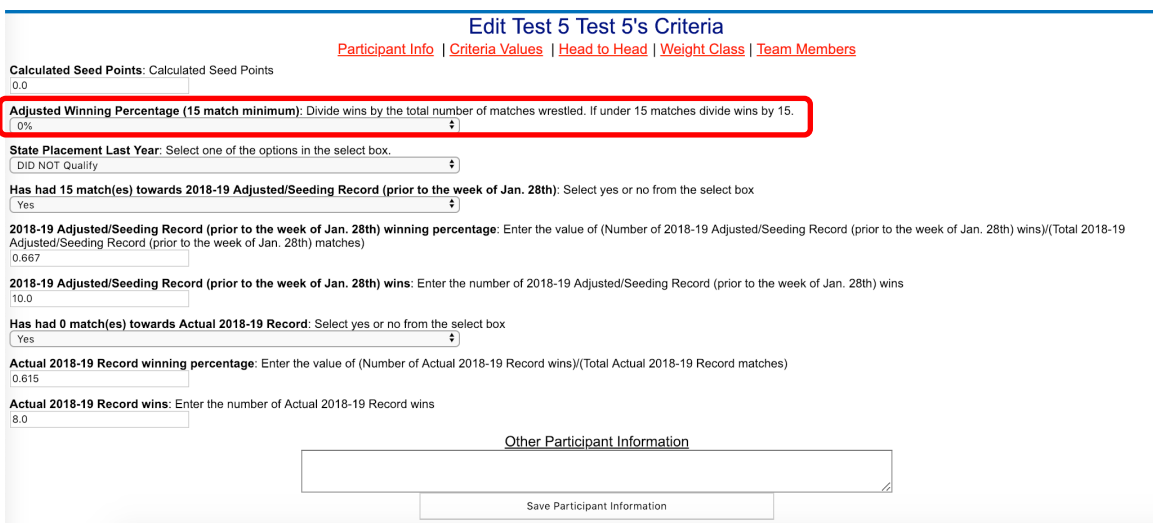
Actual 2018-19 Record wins: Enter the number of Actual 2018-19 Record wins
8.0

Other Participant Information

Save Participant Information

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9. Choose Adjusted Seeding Record Winning % (Use the 2019-2020 Adjusted/Seeding Record (all matches wrestled prior to February 3rd) winning percentage and choose from the drop down menu.



Edit Test 5 Test 5's Criteria
[Participant Info](#) | [Criteria Values](#) | [Head to Head](#) | [Weight Class](#) | [Team Members](#)

Calculated Seed Points: Calculated Seed Points
0.0

Adjusted Winning Percentage (15 match minimum): Divide wins by the total number of matches wrestled. If under 15 matches divide wins by 15.
0%

State Placement Last Year: Select one of the options in the select box.
DID NOT Qualify

Has had 15 match(es) towards 2018-19 Adjusted/Seeding Record (prior to the week of Jan. 28th): Select yes or no from the select box
Yes

2018-19 Adjusted/Seeding Record (prior to the week of Jan. 28th) winning percentage: Enter the value of (Number of 2018-19 Adjusted/Seeding Record (prior to the week of Jan. 28th) wins)/(Total 2018-19 Adjusted/Seeding Record (prior to the week of Jan. 28th) matches)
0.667

2018-19 Adjusted/Seeding Record (prior to the week of Jan. 28th) wins: Enter the number of 2018-19 Adjusted/Seeding Record (prior to the week of Jan. 28th) wins
10.0

Has had 0 match(es) towards Actual 2018-19 Record: Select yes or no from the select box
Yes

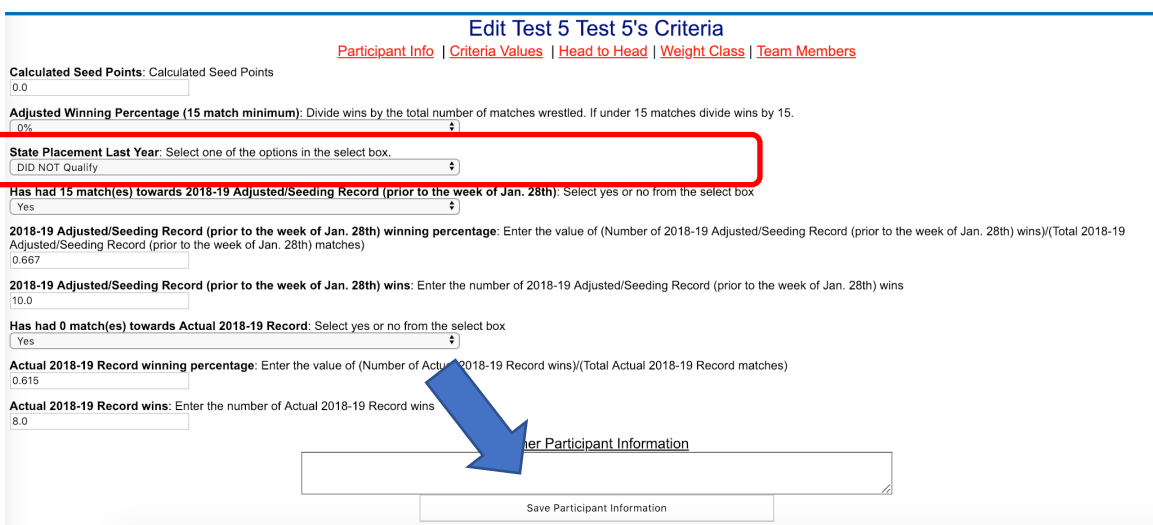
Actual 2018-19 Record winning percentage: Enter the value of (Number of Actual 2018-19 Record wins)/(Total Actual 2018-19 Record matches)
0.615

Actual 2018-19 Record wins: Enter the number of Actual 2018-19 Record wins
8.0

Other Participant Information

Save Participant Information

10. Choose State Placement for last year and then Save Participant Information.



Edit Test 5 Test 5's Criteria
[Participant Info](#) | [Criteria Values](#) | [Head to Head](#) | [Weight Class](#) | [Team Members](#)

Calculated Seed Points: Calculated Seed Points
0.0

Adjusted Winning Percentage (15 match minimum): Divide wins by the total number of matches wrestled. If under 15 matches divide wins by 15.
0%

State Placement Last Year: Select one of the options in the select box.
DID NOT Qualify

Has had 15 match(es) towards 2018-19 Adjusted/Seeding Record (prior to the week of Jan. 28th): Select yes or no from the select box
Yes

2018-19 Adjusted/Seeding Record (prior to the week of Jan. 28th) winning percentage: Enter the value of (Number of 2018-19 Adjusted/Seeding Record (prior to the week of Jan. 28th) wins)/(Total 2018-19 Adjusted/Seeding Record (prior to the week of Jan. 28th) matches)
0.667

2018-19 Adjusted/Seeding Record (prior to the week of Jan. 28th) wins: Enter the number of 2018-19 Adjusted/Seeding Record (prior to the week of Jan. 28th) wins
10.0

Has had 0 match(es) towards Actual 2018-19 Record: Select yes or no from the select box
Yes

Actual 2018-19 Record winning percentage: Enter the value of (Number of Actual 2018-19 Record wins)/(Total Actual 2018-19 Record matches)
0.615

Actual 2018-19 Record wins: Enter the number of Actual 2018-19 Record wins
8.0

Other Participant Information

Save Participant Information

**** This year, your Regional Director will calculate Seed Points** through TrackWrestling. This is dependent on the information that you enter on the Participant Information page and Seeding Criteria page.

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11. Once you save that participant, you will be taken back to the Participant Info page. Click on “My Participants” to return to your roster and continue editing your wrestlers’ info and criteria value.



Edit Participant

My Participants Participant Info Criteria Values Head to Head

Enter this wrestler's correct information using the form below and then click on the 'Save Participant' button. Click on 'My Participants' to go back to your participant list. Click on 'Criteria Values' to enter this wrestler's seeding information. Click on 'Head to Head' to indicate which wrestlers this participant has beaten this year.

Participant First Name	Unknown	
Participant Last Name	Unknown	
Team	West Lincoln	
Weight Class	106	
Grade		
Actual 2017-18 Record	0	0
2017-18 Adjusted/Seeding Record (prior to the week of Jan. 29th)	0	
Unattached	No	
Scoring Wrestler	Yes	

Save

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