

2020 4A East NCHSAA Regional Championships - 1/31/20 to 2/1/20

Host: Patriot Athletic Conference

Swimming & Diving

Psych Sheet

Event 1 Women 200 Yard Medley Relay

Team	Relay	Seed Time
1 Cardinal Gibbons		1:46.90
2 Enloe		1:48.13
3 Broughton		1:49.37
4 Leesville Road		1:52.98
5 Millbrook		1:53.91
6 Sanderson		1:54.22
7 Hoggard		1:55.21
8 Heritage		1:56.35
9 Wakefield		1:56.52
10 Corinth-Holders		1:58.40
11 Wake Forest		1:59.98
12 Ashley		2:00.85
13 Laney		2:02.88
14 Rolesville		2:05.54
15 South Central		2:06.06
16 New Bern		2:17.00
17 Pine Forest		2:27.92
18 Overhills		2:30.72
19 SE Raleigh		2:31.10
20 South View		2:54.20

Event 2 Men 200 Yard Medley Relay

Team	Relay	Seed Time
1 Cardinal Gibbons		1:38.85
2 Enloe		1:39.61
3 Sanderson		1:40.68
4 Wake Forest		1:42.11
5 Broughton		1:42.14
6 Ashley		1:42.24
7 Leesville Road		1:42.54
8 Millbrook		1:43.97
9 Hoggard		1:44.10
10 Wakefield		1:45.62
11 Heritage		1:45.67
12 Corinth-Holders		1:49.13
13 Rolesville		1:54.57
14 Laney		1:55.29
15 South Central		1:56.75
16 Pine Forest		1:57.24
17 New Bern		2:01.40
18 SE Raleigh		2:08.30
19 Overhills		2:12.90
20 Knightdale		2:21.68

Event 3 Women 200 Yard Freestyle

Name	Yr	School	Seed Time
1 Chignell, Katie	SO	Enloe	1:56.17
2 Welsh, Lily	FR	Broughton	1:57.13
3 Pennisi, Molly	SR	Cardinal Gibbons	1:58.71
4 Bezuidenhout, Clarissa	FR	Wake Forest	2:00.22
5 Tart, Bethany	SR	South Central	2:00.33
6 Boulware, Sophie	JR	Millbrook	2:00.39
7 Milberg, Katy	SR	Cardinal Gibbons	2:01.42
8 Fultz, Corinna	SO	Broughton	2:01.60
9 Gyure, Keenan		Heritage	2:02.12
10 Thomsen, Savannah	JR	Corinth-Holders	2:02.39
11 Price, Emily	FR	Broughton	2:02.55
12 Overton, Sam	SR	Enloe	2:02.98
13 Blommer, Bella	FR	Wakefield	2:03.29
14 Kinlaw, Abby	FR	Sanderson	2:03.56
15 Miller, Samantha	9	Millbrook	2:03.97
16 Jean, Ashley	JR	Millbrook	2:05.98
17 Hyldahl, Aubrey Ella	SR	Hoggard	2:06.64
18 Baysden, Kaley	SO	Leesville Road	2:07.29
19 Partrick, Meghan	SR	Corinth-Holders	2:07.98
20 Myhrvold, Amelia	JR	Wakefield	2:08.20
21 Hawkins, Taylor	JR	Leesville Road	2:08.41
22 Edelson, Lanie	JR	Leesville Road	2:08.89
23 Berry, Ava	FR	Sanderson	2:09.15
24 Cao, Emma	SO	Rolesville	2:10.50

Event 4 Men 200 Yard Freestyle

Name	Yr	School	Seed Time
1 Jacobs, Chad	9	Millbrook	1:46.90
2 Brodnick, Seth	JR	Leesville Road	1:47.01
3 Russell, Kellen	SO	Cardinal Gibbons	1:47.31
4 Taylor, John Reese	FR	Broughton	1:48.29
5 Blackburn, Connor	JR	Leesville Road	1:50.10
6 Chhoeung, Brandon		Pine Forest	1:50.62
7 O'Neill, Trevor	SR	Millbrook	1:51.78
8 Moore, Joshua	SO	Cardinal Gibbons	1:52.15
9 Drake, Patrick	JR	Cardinal Gibbons	1:53.00
10 Greeley, Matthew	SR	Cardinal Gibbons	1:53.11
11 Quaresma, David	SO	Wake Forest	1:53.16
12 Doherty, Torin		Heritage	1:54.76
13 Raynor, Jonathan	JR	Corinth-Holders	1:55.70
14 Zhang, Jeffrey	SO	Enloe	1:55.99
15 Kirby, Evan	JR	Hoggard	1:58.22
16 Bachmann, Cole	FR	Broughton	1:59.20
17 Pearse, Daniel	FR	Leesville Road	1:59.29
18 Tuenker, Felix	SR	Wakefield	1:59.35
19 Pathare, Vedanga	FR	Enloe	1:59.80
20 Purcell, Reiley	9	Millbrook	2:00.33
21 Lyons, Frank	JR	Hoggard	2:00.75
22 Meyer, Max	9	Millbrook	2:00.83
23 Mohs, Samir	FR	Broughton	2:03.24
24 Brown III, Philip	FR	Hoggard	2:04.42

2020 4A East NCHSAA Regional Championships - 1/31/20 to 2/1/20**Host: Patriot Athletic Conference****Swimming & Diving****Psych Sheet****Event 5 Women 200 Yard IM**

Name	Yr	School	Seed Time
1 Zhang, Jolene	JR	Enloe	2:09.59
2 Chignell, Katie	SO	Enloe	2:10.37
3 Campbell, Emily	SO	Sanderson	2:10.46
4 Dry, Elena	FR	Broughton	2:10.62
5 Hughes, Natalie	FR	Wakefield	2:14.21
6 Hartis, Sydney	JR	Millbrook	2:14.72
7 Hauser, Mary	SR	Millbrook	2:15.38
8 Teachey, Michaela	JR	Millbrook	2:16.31
9 Boulware, Olivia	SO	Millbrook	2:19.21
10 Johnson, Emma	JR	Hoggard	2:19.65
11 Russin, Ellie	JR	Cardinal Gibbons	2:19.88
12 Speerschneider, Kate	SO	Leesville Road	2:20.08
13 Harbert, Jillian	FR	Enloe	2:20.76
14 Johns, Morgan	SR	Cardinal Gibbons	2:21.01
15 Lac, Tabitha	FR	Hoggard	2:22.80
16 Hileman, Addie	SO	Leesville Road	2:23.64
17 Zalkind, Grace	SR	Sanderson	2:24.26
18 Templeton, Lindsay	FR	Enloe	2:25.06
19 McGlade, Kylie		Heritage	2:27.25
20 Dodson, Caroline	JR	Cardinal Gibbons	2:27.73
21 Christian, Emily	JR	South Central	2:28.32
22 Geroock, Austin	FR	Laney	2:29.33
23 Fischetti, Jackie	JR	Cardinal Gibbons	2:29.89
24 Anayiotou, Maria	FR	Corinth-Holders	2:30.60

Event 6 Men 200 Yard IM

Name	Yr	School	Seed Time
1 Noble, Ross	SO	Millbrook	1:57.45
2 Cairns, Zach	SR	Cardinal Gibbons	1:57.67
3 Partrick, Michael	SR	Corinth-Holders	1:59.03
4 Fortner, Luke	JR	Enloe	1:59.09
5 Bezuidenhout, Gideon	SR	Wake Forest	1:59.80
6 Perkins, Tull	JR	Cardinal Gibbons	2:00.19
7 Dunlap, Willi		Broughton	2:01.67
8 Watkins, Sammy	FR	Leesville Road	2:04.02
9 Stoner, Reese	9	Millbrook	2:04.15
10 Langtry, Ryan	FR	Hoggard	2:08.04
11 Vincent, William	FR	Enloe	2:08.07
12 Venters, Cole	FR	Leesville Road	2:08.80
13 Bailey, Bryce	SR	Cardinal Gibbons	2:11.44
14 Maier, Kyle	JR	Wakefield	2:14.13
15 Anderson, Nick	SO	Cardinal Gibbons	2:14.89
16 Jorgensen, Cale		Heritage	2:17.49
17 Hyldahl, Cooper	SO	Hoggard	2:19.52
18 Nichols, Evan	FR	Wakefield	2:19.84
19 Hoang, Eric	JR	Enloe	2:20.74
20 Tart, Ethan	FR	South Central	2:23.15
21 Hahn, Logan	SR	Corinth-Holders	2:23.82
22 Godwin, Andrew	JR	Sanderson	2:24.20
23 Hill, Alex	FR	Hoggard	2:24.86
24 Thrower, Josh	FR	Broughton	2:25.73

Event 7 Women 50 Yard Freestyle

Name	Yr	School	Seed Time
1 Gschwind, Olivia	JR	Broughton	24.08
2 Hicks, Hailey	JR	Sanderson	24.13
3 Bolduc, Parker	FR	Cardinal Gibbons	24.54
4 Morris, Taylor		Broughton	24.71
5 Grill, Jenna	SO	Laney	24.74
6 Jacobs, Jenna	9	Millbrook	25.02
7 Carlson, Alayna	JR	Millbrook	25.03
8 Nugent, Nina		Heritage	25.13
9 Mitchell, Katie	JR	Cardinal Gibbons	25.44
10 Milberg, Katy	SR	Cardinal Gibbons	25.51
11 Mast, Alexis	FR	Leesville Road	26.01
12 Wells, Mary	SR	Hoggard	26.10
13 Miller, Sadler	SO	Corinth-Holders	26.21
14 Kline, Sophie	9	Millbrook	26.37
15 Hawthorne, Morgan	FR	Hoggard	26.58
16 Balbuena, Gabby		Heritage	26.60
17 Hickey, Regan	SO	Cardinal Gibbons	26.70
18 Hochstrasser, Catelin	SO	Sanderson	26.72
19 Phillips, Paige	JR	Hoggard	26.73
20 Chando, Carin	JR	Enloe	26.83
21 Caulway, Allie	FR	Wakefield	26.93
22 Johnson, Asis	JR	Leesville Road	26.99
23 Park, Kaila	SR	Wake Forest	27.14
24 Reichow, Alana	JR	Ashley	27.16

Event 8 Men 50 Yard Freestyle

Name	Yr	School	Seed Time
1 Greeley, David	SO	Cardinal Gibbons	21.48
2 Smyre, Alex	JR	Leesville Road	21.68
3 Bacon, Tate	SO	Wake Forest	21.83
4 Parker, Will	JR	Hoggard	22.17
5 Johnson, Bryson	SR	Enloe	22.34
6 Boice, Graeme	JR	Corinth-Holders	22.47
7 Wingard, Nathan	JR	South Central	22.51
8 Furbay, Patrick	JR	Ashley	22.54
9 Walker, Wells	FR	Broughton	22.67
10 Page, Benjamin	FR	Ashley	22.82
11 Scott, Mason	SO	Leesville Road	22.94
12 Valles, Jay	SR	Wakefield	23.01
13 Morris, Will	JR	Cardinal Gibbons	23.04
14 Fuller, Eli	SO	Broughton	23.40
15 McLawhorn, Melvin	SR	Wake Forest	23.43
16 Luo, Matthew	JR	Hoggard	23.57
17 Walton, Ben	JR	Wake Forest	23.69
18 Lawson, Zander		Heritage	23.71
19 Lee, Christian	SO	Enloe	23.75
20 Paleocrassas, Stamatis	SO	Millbrook	23.85
21 Ross, Evensen	SR	Ashley	23.91
22 Matthys, Zach	SR	Cardinal Gibbons	24.02
23 Legge, Ryan	SR	Millbrook	24.11
24 Chen, Andrew	SO	Enloe	24.13

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Name	Yr	School	
1 Zuburg, Ashton	JR	Leesville Road	457.50
2 Smith, Zoe	SR	Sanderson	402.40
3 Rozansky, Rachel	JR	Enloe	338.00
4 Holene, Sabrina	JR	Millbrook	296.45
5 Thornburg, Lindsay	FR	Cardinal Gibbons	263.60
6 Storie, Quincy	FR	Leesville Road	263.45
7 Iannon, Megan	SO	Millbrook	253.30
8 Hargnet, Lauren	FR	Leesville Road	248.10
9 Clark, Sierra	JR	Enloe	236.75
10 Woods, Ella	JR	Cardinal Gibbons	195.15
11 Volpe, Bridget	JR	Cardinal Gibbons	194.90
12 Delborne, Moe	SO	Enloe	181.15
13 Miles, Makenna	JR	Cardinal Gibbons	170.15
14 Rosenberg, Lily	SR	Millbrook	44.65

Event 10 Men 1 mtr Diving

Name	Yr	School	
1 Bunn, Jason	JR	Hoggard	475.05
2 Kinney, Martin		Broughton	314.60
3 Brantley, Caleb	SR	South Central	305.30
4 Roy, Tyler		Heritage	288.50
5 Biggs, Jack	JR	Leesville Road	279.35
6 Stasiewicz, Samuel	JR	Sanderson	274.85
7 Yardley, Luke	SR	Leesville Road	267.65
8 Messenger, Hank		Broughton	257.25
9 Ziobro, Mathew	JR	Enloe	243.80
10 Morgan, Aidan		Heritage	240.00
11 Sobocinski, Lukas	SR	Cardinal Gibbons	233.50
12 Losack, Cale	FR	Cardinal Gibbons	231.60
13 Adas, Luke	SR	Cardinal Gibbons	225.15
14 Schroeder, Henning	JR	Enloe	215.90
15 Hughes, Finlay	FR	Cardinal Gibbons	196.75
16 McCallum, Peyton	9	Millbrook	166.10

Event 11 Women 100 Yard Butterfly

Name	Yr	School	Seed Time
1 Curzan, Claire	SO	Cardinal Gibbons	54.19
2 Ray, Amanda	SR	Leesville Road	55.69
3 Watts, Mimi	SR	Enloe	56.48
4 Zhu, Caroline	SR	Enloe	56.82
5 Grill, Jenna	SO	Laney	59.26
6 Hartis, Sydney	JR	Millbrook	59.79
7 Campbell, Emily	SO	Sanderson	1:00.23
8 Mitchell, Katie	JR	Cardinal Gibbons	1:00.45
9 Kozubowski, Caroline	FR	Wakefield	1:00.72
10 Boulware, Olivia	SO	Millbrook	1:00.98
11 Bezuidenhout, Chrisna	FR	Wake Forest	1:02.36
12 Hawthorne, Morgan	FR	Hoggard	1:02.71
13 Fortner, Abi	SO	Enloe	1:02.74
14 Templeton, Lindsay	FR	Enloe	1:02.89
15 Russin, Ellie	JR	Cardinal Gibbons	1:03.39
16 Ginsberg, Kinsey		Ashley	1:03.67
17 Derwin, Bridget		Heritage	1:03.85
18 Thomsen, Savannah	JR	Corinth-Holders	1:04.58
19 Pegram, Ellie	FR	Cardinal Gibbons	1:05.21
20 Hirsch, Danielle	JR	Wake Forest	1:05.65
21 Ortiz, Elaine		Heritage	1:05.97
22 Banks, Paige	JR	Leesville Road	1:06.26
23 Hileman, Addie	SO	Leesville Road	1:06.53
24 Wells, Elliot	SO	Hoggard	1:06.55

Event 12 Men 100 Yard Butterfly

Name	Yr	School	Seed Time
1 Smyre, Alex	JR	Leesville Road	51.89
2 Settlemire, Jeffrey	SR	Hoggard	52.26
3 Wombacher, Rio	SR	Cardinal Gibbons	52.69
4 Lee, Hyoseon	JR	Enloe	54.33
5 Wall, Josh	SR	Sanderson	54.58
6 Sobocinski, Lukas	SR	Cardinal Gibbons	55.05
7 Watkins, Sammy	FR	Leesville Road	56.10
8 Doherty, Evan		Heritage	56.23
9 Hetzell, Mason	FR	Corinth-Holders	56.40
10 Donnelly, Jason	SR	Millbrook	56.52
11 Doherty, Torin		Heritage	56.53
12 Kirby, Evan	JR	Hoggard	56.92
13 Maier, Kyle	JR	Wakefield	57.21
14 Lee, Christian	SO	Enloe	57.29
15 Foglia, Joseph	JR	Enloe	57.43
16 Curzan, Sean	JR	Cardinal Gibbons	57.55
17 Langtry, Ryan	FR	Hoggard	58.19
18 McLawhorn, Melvin	SR	Wake Forest	58.94
19 Johnson, Brennan	SR	Millbrook	59.04
20 Chalmers, Ian		Heritage	59.17
21 Lesko, Cameron	SR	Ashley	59.35
22 Stuck, Evan	FR	Hoggard	59.84
23 Pathare, Vedanga	FR	Enloe	1:00.09
24 Wilson, Conor	SR	Sanderson	1:01.02

2020 4A East NCHSAA Regional Championships - 1/31/20 to 2/1/20**Host: Patriot Athletic Conference****Swimming & Diving****Psych Sheet****Event 13 Women 100 Yard Freestyle**

Name	Yr	School	Seed Time
1 Gschwind, Olivia	JR	Broughton	52.08
2 Hicks, Hailey	JR	Sanderson	53.22
3 Jacobs, Jenna	9	Millbrook	53.91
4 Bolduc, Parker	FR	Cardinal Gibbons	54.67
5 Hauser, Mary	SR	Millbrook	55.11
6 Nugent, Nina		Heritage	55.44
7 Tart, Bethany	SR	South Central	55.80
8 Bazinet, Laurie-Anne	SR	Hoggard	57.35
9 Pluska, Olivia	JR	Enloe	57.41
10 Jean, Ashley	JR	Millbrook	57.48
11 Wells, Mary	SR	Hoggard	57.85
12 Miller, Sadler	SO	Corinth-Holders	58.17
13 Hochstrasser, Catelin	SO	Sanderson	58.18
14 Ogren, Virginia	JR	Cardinal Gibbons	58.45
15 Hyldahl, Aubrey Ella	SR	Hoggard	58.57
16 Hickey, Regan	SO	Cardinal Gibbons	58.61
17 Sherer, Caroline	JR	Enloe	58.73
18 Baysden, Kaley	SO	Leesville Road	58.76
19 Johnson, Asis	JR	Leesville Road	58.85
20 Kline, Sophie	9	Millbrook	59.01
21 VanSchaick, Caroline	FR	Corinth-Holders	59.78
22 Phillips, Paige	JR	Hoggard	59.87
23 Uveges, Avalon	SR	Rolesville	1:00.15
24 Chando, Carin	JR	Enloe	1:00.42

Event 14 Men 100 Yard Freestyle

Name	Yr	School	Seed Time
1 Bacon, Tate	SO	Wake Forest	47.37
2 Greeley, David	SO	Cardinal Gibbons	48.03
3 Parker, Will	JR	Hoggard	48.76
4 Coppedge, Thomas	JR	Sanderson	49.69
5 Walker, Wells	FR	Broughton	49.76
6 Boice, Graeme	JR	Corinth-Holders	49.80
7 Stepanion, Andrew	SO	Leesville Road	50.57
8 Moore, Joshua	SO	Cardinal Gibbons	51.28
9 Countie, Kyle	FR	Leesville Road	51.55
10 Quaresma, David	SO	Wake Forest	51.67
11 Fuller, Eli	SO	Broughton	51.75
12 Valles, Jay	SR	Wakefield	51.80
13 Raynor, Jonathan	JR	Corinth-Holders	52.04
14 Page, Benjamin	FR	Ashley	52.30
15 Morris, Will	JR	Cardinal Gibbons	52.52
16 Legge, Ryan	SR	Millbrook	52.96
17 Walton, Ben	JR	Wake Forest	53.07
18 Wingard, Nathan	JR	South Central	53.08
19 Foglia, Joseph	JR	Enloe	53.19
20 Chen, Andrew	SO	Enloe	53.25
21 Krupp, Clay	SR	Hoggard	53.62
22 Ross, Evensen	SR	Ashley	53.62
23 Paleocrassas, Stamatis	SO	Millbrook	54.02
24 Leary, Holt	SO	Wakefield	54.10

Event 15 Women 500 Yard Freestyle

Name	Yr	School	Seed Time
1 Ray, Amanda	SR	Leesville Road	5:08.24
2 Boulware, Sophie	JR	Millbrook	5:17.52
3 Bezuidenhout, Clarissa	FR	Wake Forest	5:20.09
4 Hughes, Natalie	FR	Wakefield	5:20.75
5 Lahiff, Julie	JR	Cardinal Gibbons	5:21.14
6 Overton, Sam	SR	Enloe	5:24.79
7 Teachey, Michaela	JR	Millbrook	5:25.24
8 Fortner, Abi	SO	Enloe	5:25.34
9 Briggs, Miyako	SO	Enloe	5:27.02
10 Inscore, Janie	JR	Millbrook	5:27.25
11 Fultz, Corinna	SO	Broughton	5:28.88
12 Sciaudone, Rose	FR	Broughton	5:29.75
13 Kinlaw, Abby	FR	Sanderson	5:31.59
14 Sadowski, Maura	SO	Cardinal Gibbons	5:33.61
15 Hawkins, Taylor	JR	Leesville Road	5:37.25
16 Blommer, Bella	FR	Wakefield	5:37.28
17 Baysden, Becca	SO	Leesville Road	5:38.62
18 Pegram, Ellie	FR	Cardinal Gibbons	5:40.05
19 Berry, Ava	FR	Sanderson	5:41.78
20 Partrick, Meghan	SR	Corinth-Holders	5:44.22
21 Jacocks, Joy Ruth	FR	Ashley	5:47.11
22 Phillips, Ellen	SO	Hoggard	5:52.39
23 Caulway, Allie	FR	Wakefield	5:55.99
24 Fischetti, Jackie	JR	Cardinal Gibbons	5:57.24

Event 16 Men 500 Yard Freestyle

Name	Yr	School	Seed Time
1 Russell, Kellen	SO	Cardinal Gibbons	4:45.11
2 Cairns, Zach	SR	Cardinal Gibbons	4:47.01
3 Partrick, Michael	SR	Corinth-Holders	4:48.75
4 Dunlap, Willi		Broughton	4:49.61
5 Brodnick, Seth	JR	Leesville Road	4:53.93
6 Chhoeung, Brandon		Pine Forest	4:57.43
7 Schrage, Avery	SR	Broughton	4:58.26
8 Jacobs, Chad	9	Millbrook	4:58.31
9 Blackburn, Connor	JR	Leesville Road	5:06.22
10 Perkins, Tull	JR	Cardinal Gibbons	5:07.05
11 Greeley, Matthew	SR	Cardinal Gibbons	5:07.22
12 Zhang, Jeffrey	SO	Enloe	5:11.55
13 Meyer, Max	9	Millbrook	5:11.81
14 Bachmann, Cole	FR	Broughton	5:12.46
15 Hyldahl, Cooper	SO	Hoggard	5:13.58
16 Butner, Mark	JR	Ashley	5:18.58
17 Purcell, Reiley	9	Millbrook	5:21.42
18 Schwier, Jacob	SO	Wake Forest	5:29.96
19 Hill, Micah	JR	Corinth-Holders	5:37.66
20 Clodgo, Cole	FR	Sanderson	5:41.68
21 Hellmann, Cam		Heritage	5:46.23
22 Dearanger, Dylan		Heritage	5:54.79
23 Kirby, Jake	SR	New Bern	5:58.15
24 Geckler, Max		Heritage	6:00.62

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Swimming & Diving

Psych Sheet

Event 17 Women 200 Yard Freestyle Relay

Team	Relay	Seed Time
1 Cardinal Gibbons		1:40.12
2 Enloe		1:42.57
3 Millbrook		1:43.15
4 Sanderson		1:44.23
5 Heritage		1:45.58
6 Hoggard		1:46.38
7 Leesville Road		1:46.60
8 Wake Forest		1:47.05
9 Broughton		1:47.77
10 Wakefield		1:48.48
11 South Central		1:50.10
12 Corinth-Holders		1:50.61
13 Ashley		1:51.43
14 Rolesville		1:52.74
15 Laney		1:55.12
16 New Bern		1:58.05
17 Pine Forest		2:12.87
18 Overhills		2:13.44
19 SE Raleigh		2:19.36
20 South View		2:26.86

Event 18 Men 200 Yard Freestyle Relay

Team	Relay	Seed Time
1 Cardinal Gibbons		1:28.75
2 Wake Forest		1:31.15
3 Sanderson		1:31.26
4 Leesville Road		1:32.17
5 Hoggard		1:33.37
6 Millbrook		1:33.48
7 Enloe		1:34.34
8 Ashley		1:34.65
9 Corinth-Holders		1:35.20
10 Broughton		1:36.08
11 Wakefield		1:36.33
12 South Central		1:38.55
13 Heritage		1:38.61
14 Rolesville		1:41.11
15 Laney		1:44.30
16 New Bern		1:44.79
17 SE Raleigh		1:46.90
18 Overhills		1:55.64
19 Pine Forest		1:58.01
20 Knightdale		2:17.13

Event 19 Women 100 Yard Backstroke

Name	Yr	School	Seed Time
1 Curzan, Claire	SO	Cardinal Gibbons	55.01
2 Welsh, Lily	FR	Broughton	57.07
3 Watts, Mimi	SR	Enloe	57.39
4 Morris, Taylor		Broughton	58.08
5 Carlson, Alayna	JR	Millbrook	59.12
6 Kozubowski, Caroline	FR	Wakefield	1:01.05
7 Bezuidenhout, Chrisna	FR	Wake Forest	1:01.48
8 Grasso, Aynslee		Heritage	1:02.07
9 Gyure, Keenan		Heritage	1:02.51
10 Myhrvold, Amelia	JR	Wakefield	1:02.57
11 Miller, Samantha	9	Millbrook	1:02.69
12 Pennisi, Molly	SR	Cardinal Gibbons	1:03.22
13 Inscore, Janie	JR	Millbrook	1:03.30
14 Price, Emily	FR	Broughton	1:03.39
15 Bazinet, Laurie-Anne	SR	Hoggard	1:03.58
16 Harbert, Jillian	FR	Enloe	1:03.93
17 Pluska, Olivia	JR	Enloe	1:03.97
18 Ogren, Virginia	JR	Cardinal Gibbons	1:04.00
19 Sadowski, Maura	SO	Cardinal Gibbons	1:04.01
20 Lac, Tabitha	FR	Hoggard	1:07.26
21 Tse, Mya	SO	Sanderson	1:07.32
22 Gerock, Austin	FR	Laney	1:07.66
23 Silvernail, Audrey	JR	Enloe	1:09.64
24 Gurdziel, Greer	FR	Sanderson	1:10.31

Event 20 Men 100 Yard Backstroke

Name	Yr	School	Seed Time
1 Noble, Ross	SO	Millbrook	52.85
2 Furbay, Patrick	JR	Ashley	53.53
3 Settlemire, Jeffrey	SR	Hoggard	53.89
4 Wombacher, Rio	SR	Cardinal Gibbons	54.15
5 Stoner, Reese	9	Millbrook	55.46
6 O'Neill, Trevor	SR	Millbrook	55.83
7 Doherty, Evan		Heritage	57.05
8 Schrage, Avery	SR	Broughton	57.31
9 Scott, Mason	SO	Leesville Road	57.53
10 Donnelly, Jason	SR	Millbrook	58.66
11 Le, Dan		Rolesville	59.02
12 Stuck, Evan	FR	Hoggard	59.36
13 Countie, Kyle	FR	Leesville Road	59.71
14 Hoang, Eric	JR	Enloe	1:00.25
15 Jorgensen, Cale		Heritage	1:00.53
16 Taylor, Mason	SO	Cardinal Gibbons	1:01.88
17 Mohs, Samir	FR	Broughton	1:02.58
18 Hill, Alex	FR	Hoggard	1:03.67
19 Curzan, Sean	JR	Cardinal Gibbons	1:03.67
20 Hebacker, Ben	SO	Leesville Road	1:04.11
21 Hill, Micah	JR	Corinth-Holders	1:05.26
22 Tuenker, Felix	SR	Wakefield	1:05.52
23 Schwier, Jacob	SO	Wake Forest	1:05.82
24 Chubb, Jackson	JR	Wakefield	1:06.66

2020 4A East NCHSAA Regional Championships - 1/31/20 to 2/1/20**Host: Patriot Athletic Conference****Swimming & Diving****Psych Sheet****Event 21 Women 100 Yard Breaststroke**

Name	Yr	School	Seed Time
1 Zhang, Jolene	JR	Enloe	1:06.54
2 Zhu, Caroline	SR	Enloe	1:07.49
3 Lahiff, Julie	JR	Cardinal Gibbons	1:08.49
4 Johnson, Emma	JR	Hoggard	1:08.88
5 Dry, Elena	FR	Broughton	1:08.96
6 Reichow, Alana	JR	Ashley	1:10.54
7 Dodson, Caroline	JR	Cardinal Gibbons	1:11.34
8 Speerschneider, Kate	SO	Leesville Road	1:12.52
9 McGlade, Kylie		Heritage	1:12.63
10 Johns, Morgan	SR	Cardinal Gibbons	1:13.16
11 Zalkind, Grace	SR	Sanderson	1:13.52
12 Mast, Alexis	FR	Leesville Road	1:14.75
13 Banks, Paige	JR	Leesville Road	1:14.78
14 Carter, Alexis	SR	Corinth-Holders	1:15.32
15 Ginsberg, Kinsey		Ashley	1:15.58
16 Kasper, Julia	JR	Enloe	1:15.73
17 Sciaudone, Rose	FR	Broughton	1:15.85
18 Christian, Emily	JR	South Central	1:18.44
19 Mischke, Brooke	SO	Leesville Road	1:18.56
20 Norris, Maddie	SR	Wakefield	1:18.62
21 Daniel, Ally	SO	Sanderson	1:18.82
22 Jackson, Annette	FR	Wakefield	1:18.98
23 Shannon, Abigail	SO	Sanderson	1:19.22
24 Secan, Rachel	JR	Millbrook	1:19.35

Event 22 Men 100 Yard Breaststroke

Name	Yr	School	Seed Time
1 Taylor, John Reese	FR	Broughton	58.80
2 Fortner, Luke	JR	Enloe	59.51
3 Becker, Perry	SR	Sanderson	59.78
4 Drake, Patrick	JR	Cardinal Gibbons	1:00.86
5 Butner, Mark	JR	Ashley	1:01.27
6 Lee, Hyoseon	JR	Enloe	1:01.59
7 Bezuidenhout, Gideon	SR	Wake Forest	1:02.94
8 Bailey, Bryce	SR	Cardinal Gibbons	1:04.37
9 Hetzell, Mason	FR	Corinth-Holders	1:04.58
10 Roberts, Grayson	SR	Sanderson	1:04.75
11 Vincent, William	FR	Enloe	1:05.63
12 Nichols, Evan	FR	Wakefield	1:05.91
13 Anderson, Nick	SO	Cardinal Gibbons	1:06.34
14 Huo, Jack	SO	Hoggard	1:06.58
15 Stepanion, Andrew	SO	Leesville Road	1:06.69
16 Venters, Cole	FR	Leesville Road	1:07.13
17 Gillespie, Jacob	SO	Hoggard	1:07.34
18 Key, David	SR	Millbrook	1:07.50
19 Perrone, Nicholas	FR	Enloe	1:07.69
20 Westfall, Max	FR	Wake Forest	1:07.76
21 Johnson, Brennan	SR	Millbrook	1:08.01
22 Adas, Luke	SR	Cardinal Gibbons	1:08.83
23 Jones, Nathan	SR	Millbrook	1:08.89
24 Pearse, Daniel	FR	Leesville Road	1:09.54

Event 23 Women 400 Yard Freestyle Relay

Team	Relay	Seed Time
1 Enloe		3:33.76
2 Millbrook		3:38.50
3 Broughton		3:38.55
4 Cardinal Gibbons		3:44.36
5 Heritage		3:49.65
6 Leesville Road		3:50.44
7 Wakefield		3:53.46
8 Corinth-Holders		3:57.38
9 Hoggard		3:58.75
10 Sanderson		3:58.90
11 Rolesville		4:07.40
12 Ashley		4:15.26
13 Laney		4:22.80
14 New Bern		4:26.23
15 Wake Forest		4:40.21
16 Pine Forest		4:49.17
17 Overhills		4:53.84
18 SE Raleigh		5:01.42
19 South View		5:40.94

Event 24 Men 400 Yard Freestyle Relay

Team	Relay	Seed Time
1 Cardinal Gibbons		3:15.96
2 Sanderson		3:18.27
3 Broughton		3:19.91
4 Millbrook		3:20.41
5 Leesville Road		3:21.88
6 Enloe		3:21.92
7 Corinth-Holders		3:29.16
8 Ashley		3:30.41
9 Heritage		3:31.70
10 Hoggard		3:31.71
11 Wakefield		3:32.26
12 Rolesville		3:46.77
13 Wake Forest		3:47.88
14 Laney		3:56.24
15 New Bern		3:59.89
16 Pine Forest		4:00.95
17 South Central		4:27.32
18 SE Raleigh		4:34.01
19 Overhills		4:34.56