

2020 3A Central NCHSAA Regional Championships - 1/30/20 to 1/31/20

Host: Northern Guilford HS

Swimming & Diving

Psych Sheet

Event 1 Women 200 Yard Medley Relay

Team	Relay	Seed Time
1 N Guilford		1:54.12
2 Northwood		1:54.69
3 Western Alamance		1:55.81
4 East Chapel Hill		1:57.86
5 Mount Tabor		1:59.21
6 Orange		1:59.49
7 Chapel Hill		2:00.11
8 SW Guilford		2:00.51
9 Northern Durham		2:01.75
10 Eastern Alamance		2:03.89
11 Rockingham Co		2:05.55
12 Union Pines		2:06.96
13 SE Guilford		2:09.32
14 Western Guilford		2:09.61
15 Parkland		2:12.36
16 Asheboro		2:14.56
17 Williams		2:18.17
18 Cedar Ridge		2:21.27
19 Triton		2:29.57
20 Western Harnett		2:34.05
21 Harnett Central		2:34.10
22 S Alamance		2:46.43
23 Montgomery Cent.		2:50.79
24 Ben L Smith		3:05.79

Event 2 Men 200 Yard Medley Relay

Team	Relay	Seed Time
1 Chapel Hill		1:41.77
2 East Chapel Hill		1:41.86
3 SW Guilford		1:43.08
4 Orange		1:43.40
5 Northern Durham		1:47.29
6 N Guilford		1:47.44
7 Mount Tabor		1:49.05
8 Union Pines		1:52.42
9 Cedar Ridge		1:54.00
10 Western Guilford		1:54.39
11 Rockingham Co		1:54.55
12 Parkland		1:56.08
13 Harnett Central		1:57.02
14 Eastern Alamance		1:57.86
15 SE Guilford		1:58.32
16 Asheboro		2:04.35
17 Western Alamance		2:05.84
18 Montgomery Cent.		2:10.89
19 S Alamance		2:11.03
20 Triton		2:11.85
21 Western Harnett		2:21.55
22 Southern Lee		2:25.74
23 Ben L Smith		2:31.37

Event 3 Women 200 Yard Freestyle

Name	Yr	School	Seed Time
1 McDevitt, Elizabeth	JR	Western Alamance	1:58.89
2 Wilson, Peyton		Rockingham Co	1:59.79
3 Beane, Kyndall	JR	N Guilford	2:00.02
4 Sept, Margaret	FR	East Chapel Hill	2:00.69
5 Cook, Kourtney	JR	SE Guilford	2:02.87
6 Regelsberger, Emily	SR	East Chapel Hill	2:03.32
7 Potter, Laurin		Mount Tabor	2:03.53
8 Hannan, Zoe	JR	East Chapel Hill	2:05.68
9 Dease, Abby L	JR	Orange	2:06.47
10 Rose, Mia	SR	Chapel Hill	2:07.56
11 Kohrt, Lucy		Mount Tabor	2:09.59
12 Stevens, Abigail	SR	Western Guilford	2:11.58
13 Campbell, Melissa A	SO	Orange	2:11.84
14 Corcoran, Makenna	FR	Chapel Hill	2:12.68
15 Perez, Bianca		Northwood	2:12.92
16 Kilgallen, Emily	FR	Chapel Hill	2:12.97
17 Temple, Scotty	SR	Triton	2:13.05
18 Aitkin, Olivia		Cedar Ridge	2:14.04
19 Walsh, Katelyn		Northwood	2:16.16
20 Burge, Laurin	SR	Western Alamance	2:16.49
21 Maciejewski, Langley	FR	East Chapel Hill	2:16.97
22 Scott, Ashtyn	FR	N Guilford	2:19.98
23 Kinnamon, Caitlin	JR	Parkland	2:20.78
24 Conger, Elizabeth		Northwood	2:21.98

Event 4 Men 200 Yard Freestyle

Name	Yr	School	Seed Time
1 Forst, Preston	SR	N Guilford	1:42.87
2 Hoover, Sam	JR	Chapel Hill	1:45.07
3 Xu, Ayden	SO	Chapel Hill	1:47.45
4 Charles, Miles	JR	East Chapel Hill	1:48.37
5 Wachendorfer, Matt	SO	N Guilford	1:50.60
6 Nally, Ben	SR	East Chapel Hill	1:52.46
7 Armentrout, Will	SR	Mount Tabor	1:53.62
8 Rogers, Matthew		Harnett Central	1:55.39
9 Liang, Jonathan	FR	Chapel Hill	1:55.41
10 Glebus, Chris	SO	N Guilford	1:57.88
11 Simon, Jack	SO	East Chapel Hill	1:58.67
12 Vye, Benjamin	JR	Parkland	2:01.38
13 Hagler, Austin G	SO	SW Guilford	2:04.68
14 Willett, Nico	SO	East Chapel Hill	2:04.86
15 Dulin, Collin	JR	Western Guilford	2:07.18
16 Boyer, Charlie	JR	Mount Tabor	2:09.65
17 Bauer, Cole	SO	Union Pines	2:12.46
18 Potts, Charlie P	FR	SW Guilford	2:12.55
19 Smull, Brendan	JR	Mount Tabor	2:14.87
20 Campbell, Benjamin	JR	Chapel Hill	2:16.30
21 Aguilar, Alexis	SR	Ben L Smith	2:16.90
22 Moubry, Anson	JR	Union Pines	2:17.30
23 Adt, Zachary	SO	SE Guilford	2:17.43
24 Gaillard, Alston	SO	Parkland	2:19.51

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Event 5 Women 200 Yard IM

Name	Yr	School	Seed Time
1 Georgallis, Sofia	FR	East Chapel Hill	2:17.40
2 Earnshaw, Suzanne		Northwood	2:18.14
3 Schoppa, Abby	SR	N Guilford	2:19.35
4 Kornstein, Olivia	SO	Chapel Hill	2:19.67
5 Behringer, Ashley M	JR	Orange	2:21.11
6 Wolf, Annie		Mount Tabor	2:21.67
7 Roberts, Sydney	FR	N Guilford	2:22.17
8 Everhart, Ellie	FR	Union Pines	2:23.77
9 Henderson, Abigail	SO	Western Alamance	2:24.76
10 Gwaltney, Caroline	FR	Chapel Hill	2:27.05
11 Walker, Brooke A	JR	Orange	2:28.05
12 Serrano, Emma		Northwood	2:30.15
13 Leventhal, Sydney	FR	Eastern Alamance	2:33.15
14 Tiganus, Sarah	FR	SW Guilford	2:33.20
15 Carter, Braylee	FR	Eastern Alamance	2:34.28
16 Li, Qingyang	FR	Chapel Hill	2:35.87
17 Reece, Olivia	FR	Chapel Hill	2:35.90
18 Batsaikhan, Elizabeth	JR	East Chapel Hill	2:37.30
19 Maciejewski, Langley	FR	East Chapel Hill	2:38.36
20 Qin, Annie	JR	East Chapel Hill	2:38.98
21 Southwell, Gracie	SO	SE Guilford	2:39.94
22 Scott, Chloe	FR	Eastern Alamance	2:42.37
23 Pace, Ivy		Rockingham Co	2:43.03
24 Quinn, Chelsea	FR	Western Alamance	2:44.50

Event 6 Men 200 Yard IM

Name	Yr	School	Seed Time
1 Bretzmann, Peter	JR	Chapel Hill	1:57.58
2 Bunner, Devin		Cedar Ridge	2:02.27
3 Falise, Nicholas S	SR	Northern Durham	2:02.95
4 Qaish, Danny	JR	East Chapel Hill	2:03.24
5 Vye, Nicholas	JR	Parkland	2:03.31
6 Jimison, Noah A	SR	Orange	2:03.65
7 Yang, Raymond	FR	Chapel Hill	2:11.46
8 Batsaikhan, Charles	JR	East Chapel Hill	2:13.11
9 Sawyer, Owen	FR	Eastern Alamance	2:14.25
10 Klein, Daniel	SO	East Chapel Hill	2:15.17
11 Phillips, Evan B	FR	Orange	2:15.88
12 Ballesteros, Daniel	JR	Western Guilford	2:16.59
13 Park, Daniel	FR	Union Pines	2:17.52
14 Adams, Jackson		Northwood	2:17.66
15 Everitt, Jeremy		Rockingham Co	2:18.24
16 Su, Justin	SO	East Chapel Hill	2:20.54
17 Teoh, Reid	FR	N Guilford	2:20.64
18 Daub, Seth	SO	SE Guilford	2:25.42
19 Tubergen, Aiden A	SO	Orange	2:30.47
20 Jones, Will		Harnett Central	2:31.74
21 Pyati, Tejus	SR	Chapel Hill	2:32.78
22 Moubry, Lawson	JR	Union Pines	2:33.74
23 Hips, Tigie	FR	Western Alamance	2:34.90
24 Teague, Nikolai	SO	N Guilford	2:35.60

Event 7 Women 50 Yard Freestyle

Name	Yr	School	Seed Time
1 Abbott, Tate M	SR	SW Guilford	24.87
2 Pennington, Isabel	SR	Parkland	25.05
3 Ervin, Bridgette N	JR	Northern Durham	25.56
4 Earnshaw, Julia		Northwood	25.58
5 Kent, Emma	SO	Chapel Hill	25.75
6 Walker, Calla R	JR	Orange	25.78
7 Bene, Sophie	JR	N Guilford	25.88
8 Hoeg, Gwen		Northwood	26.14
9 Whitworth, Frances	SR	Mount Tabor	26.34
10 Gaur, Ambika	SR	Chapel Hill	26.51
11 Stafford, Kathryn	JR	Western Alamance	26.54
12 Acome, Bri	JR	East Chapel Hill	26.56
13 Murphy, Rylie R	SO	SW Guilford	26.60
14 Ames, Poppy	SR	Chapel Hill	26.64
15 Berge, Isabel	FR	East Chapel Hill	26.86
16 Wachendorfer, Hannah	FR	N Guilford	26.87
17 Sun, Meghan	SR	East Chapel Hill	26.93
18 Sept, Audrey	SR	East Chapel Hill	26.98
19 Everhart, Madeline	SR	Union Pines	27.10
20 Patton, Sofia	SR	SE Guilford	27.27
21 Higgins, Avery	SO	SW Guilford	27.52
22 Knight, Ann-Marie	SO	Chapel Hill	27.62
23 Burge, Laurin	SR	Western Alamance	27.63
24 Palmer, Sarah	FR	Williams	27.71

Event 8 Men 50 Yard Freestyle

Name	Yr	School	Seed Time
1 Beasley, Josiah	SR	Triton	22.20
2 Watson, William C	JR	SW Guilford	22.34
3 Kwon, Kyle	SO	SW Guilford	22.35
4 Gerz-Escandon, Sebastian	SR	Chapel Hill	22.36
5 Kashubara, Zach	SO	Western Guilford	23.38
6 Edwards, Jonathon P	FR	SW Guilford	23.49
7 Rasinske, Owen M	JR	Orange	23.49
8 Roman, Cross M	SR	Orange	23.64
9 Vye, Benjamin	JR	Parkland	23.72
10 Wohl, David	SR	East Chapel Hill	23.81
11 McDonald, Declan	JR	East Chapel Hill	23.99
12 Jones, Jeff R	SR	SW Guilford	24.03
13 Cain, Jackson	JR	Northern Durham	24.07
14 Pollina, Ethan	SO	N Guilford	24.08
15 Coburn, Andrew	SR	Northern Durham	24.25
16 Garcia, John		Cedar Ridge	24.37
17 Everitt, John		Rockingham Co	24.53
18 Nixon, Spencer	SR	SE Guilford	24.82
19 Griffin, Harry	JR	Northern Durham	24.86
20 Kimrey, Noah	SR	Montgomery Cent.	24.89
21 Cassidy, Austin	SO	Mount Tabor	25.03
22 Kachavos, Arman	JR	East Chapel Hill	25.06
23 Xu, Daniel	SO	Chapel Hill	25.29
24 Zhang, Luke	FR	East Chapel Hill	25.47

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Event 9 Women 1 mtr Diving

Name	Yr	School	
1 Paul, Jessica	JR	N Guilford	396.30
2 McNeill, Emma	SO	Mount Tabor	288.60
3 Tate, Clara	SR	Chapel Hill	273.35
4 Petrella, Eva	SO	Chapel Hill	175.65
5 Curran, Kristi	FR	East Chapel Hill	162.50

Event 10 Men 1 mtr Diving

Name	Yr	School	
1 Newis, Nicholas	JR	Western Guilford	459.85
2 Zitko, Stanislav	SO	Orange	358.45
3 Gentry, Bradley	JR	N Guilford	285.95
4 Ferguson, Etan	FR	Western Guilford	248.65
5 Jones, Jeff R	SR	SW Guilford	217.40
6 Caudle, Bailey	FR	Mount Tabor	212.90
7 Gaspar, Adam	SR	Mount Tabor	201.60
8 Smith, Drew		Mount Tabor	201.60
9 Purves, Jameson	JR	Chapel Hill	139.75
10 Maynard, Matthew	FR	Mount Tabor	132.15
11 Alexander, Canon	SR	Chapel Hill	117.95

Event 11 Women 100 Yard Butterfly

Name	Yr	School	Seed Time
1 Lange, Sophia	SR	Eastern Alamance	57.43
2 Schoppa, Maura	SO	N Guilford	57.55
3 McDevitt, Elizabeth	JR	Western Alamance	58.78
4 Teague, Helena	FR	N Guilford	59.98
5 Xu, Savannah	SO	Chapel Hill	1:00.84
6 Abbott, Tate M	SR	SW Guilford	1:02.00
7 Falise, Grace	FR	Northern Durham	1:02.44
8 Behringer, Ashley M	JR	Orange	1:02.86
9 Heetderks, Claire	SO	East Chapel Hill	1:04.99
10 Corcoran, Makenna	FR	Chapel Hill	1:05.99
11 Gagnon, Anna	SO	Williams	1:06.54
12 White, Kaley	FR	Eastern Guilford	1:06.65
13 Sun, Meghan	SR	East Chapel Hill	1:06.87
14 Everhart, Ellie	FR	Union Pines	1:07.49
15 Grajzar, Maddison	SR	Western Alamance	1:07.74
16 Whitworth, Frances	SR	Mount Tabor	1:07.94
17 Trice, Zuri	FR	East Chapel Hill	1:08.33
18 Batsaikhan, Elizabeth	JR	East Chapel Hill	1:08.47
19 Conger, Elizabeth		Northwood	1:09.73
20 Challa, Malli	SO	Chapel Hill	1:12.06
21 Scott, Chloe	FR	Eastern Alamance	1:12.31
22 McNeill, Emma	SO	Mount Tabor	1:12.76
23 Gagnon, Taylor		Rockingham Co	1:14.12
24 Mann, Kenzie B	FR	SW Guilford	1:15.31

Event 12 Men 100 Yard Butterfly

Name	Yr	School	Seed Time
1 Watson, William C	JR	SW Guilford	50.83
2 Geib, Matthew J	JR	Orange	52.82
3 Charles, Miles	JR	East Chapel Hill	52.98
4 Whitworth, Nate		Mount Tabor	54.29
5 Volpe, Michael	JR	Chapel Hill	54.51
6 Poteat, Max	SR	East Chapel Hill	55.03
7 Chang, Austin	JR	Chapel Hill	55.56
8 Husketh, Dalton L	JR	Northern Durham	55.81
9 Qaqish, Danny	JR	East Chapel Hill	56.05
10 Edwards, Jonathon P	FR	SW Guilford	57.12
11 Sawyer, Owen	FR	Eastern Alamance	58.20
12 Park, Daniel	FR	Union Pines	59.73
13 Dulin, Collin	JR	Western Guilford	1:01.78
14 Griffin, Harry	JR	Northern Durham	1:01.89
15 Castaneda, Gabriel		Cedar Ridge	1:02.80
16 Jeffries, Andrew	SR	Lee County	1:02.99
17 Teoh, Reid	FR	N Guilford	1:03.12
18 Moore, Ian c	SO	Orange	1:04.38
19 Parker, Caleb		Rockingham Co	1:04.58
20 Teague, Nikolai	SO	N Guilford	1:08.72
21 Kilgallen, Ryan	FR	Chapel Hill	1:08.94
22 Martin, Noah	SR	SE Guilford	1:09.53
23 Park, Samuel	JR	Union Pines	1:09.69
24 Bell, Karsen	SO	Union Pines	1:11.63

Event 13 Women 100 Yard Freestyle

Name	Yr	School	Seed Time
1 Earnshaw, Julia		Northwood	54.53
2 Beane, Kyndall	JR	N Guilford	56.25
3 Sept, Margaret	FR	East Chapel Hill	56.26
4 Teague, Helena	FR	N Guilford	56.67
5 Potter, Laurin		Mount Tabor	56.95
6 Kent, Emma	SO	Chapel Hill	57.13
7 Gaur, Ambika	SR	Chapel Hill	57.79
8 Acome, Bri	JR	East Chapel Hill	57.95
9 Berge, Isabel	FR	East Chapel Hill	58.14
10 Wachendorfer, Hannah	FR	N Guilford	58.31
11 Hoeg, Gwen		Northwood	58.77
12 Walker, Calla R	JR	Orange	59.44
13 Ames, Poppy	SR	Chapel Hill	59.60
14 Lee, Tricia	SR	East Chapel Hill	59.71
15 Swink, Ashlyn	SR	Mount Tabor	1:00.36
16 Bene, Sophie	JR	N Guilford	1:01.40
17 Tiganus, Sarah	FR	SW Guilford	1:01.41
18 Denson, Bethany		Rockingham Co	1:01.53
19 Johansson, Majken E	SO	SW Guilford	1:01.78
20 Walsh, Katelyn		Northwood	1:02.00
21 Patton, Sofia	SR	SE Guilford	1:02.74
22 Tate, Hunter		Rockingham Co	1:04.67
23 Evans, Grace	SO	Western Guilford	1:04.81
24 Muir, Dascia R	FR	SW Guilford	1:05.52

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Event 14 Men 100 Yard Freestyle

Name	Yr	School	Seed Time
1 Hoover, Sam	JR	Chapel Hill	46.71
2 Mu, Andy	SR	East Chapel Hill	48.18
3 Beasley, Josiah	SR	Triton	48.31
4 Xu, Ayden	SO	Chapel Hill	49.04
5 Kwon, Kyle	SO	SW Guilford	49.38
6 Wachendorfer, Matt	SO	N Guilford	50.11
7 Nally, Ben	SR	East Chapel Hill	50.97
8 Rasinske, Owen M	JR	Orange	51.14
9 Grubbs, John Avery	SR	Mount Tabor	51.80
10 Cotton, Michael	SR	Chapel Hill	52.69
11 Cain, Jackson	JR	Northern Durham	53.37
12 Kashubara, Zach	SO	Western Guilford	54.68
13 Armentrout, Owen	SO	Mount Tabor	54.69
14 Nason, Chandler	JR	Northern Durham	55.12
15 Kachavos, Arman	JR	East Chapel Hill	55.46
16 Sherwood, Joshua	JR	Chapel Hill	55.64
17 Nixon, Spencer	SR	SE Guilford	55.73
18 Wohl, David	SR	East Chapel Hill	55.87
19 Culler, Charles	SR	Union Pines	56.46
20 Murray, Samuel	JR	Western Alamance	56.59
21 Jones, Will		Harnett Central	57.18
22 Horton, Tanner	SR	Northern Durham	57.36
23 Bauer, Cole	SO	Union Pines	57.79
24 Lyon, Josh	SR	SW Guilford	58.21

Event 15 Women 500 Yard Freestyle

Name	Yr	School	Seed Time
1 Lange, Sophia	SR	Eastern Alamance	5:13.03
2 Corrado, Mia		Northwood	5:17.03
3 Wilson, Peyton		Rockingham Co	5:19.94
4 Cook, Kourtney	JR	SE Guilford	5:22.75
5 Regelsberger, Emily	SR	East Chapel Hill	5:24.75
6 Falise, Grace	FR	Northern Durham	5:28.66
7 Rose, Mia	SR	Chapel Hill	5:34.84
8 Kornstein, Olivia	SO	Chapel Hill	5:37.27
9 Cress, AnnaBella	FR	Western Alamance	5:39.91
10 Dease, Abby L	JR	Orange	5:41.41
11 Ballard, Meghan	JR	Western Alamance	5:41.95
12 Holmes, Mary	SO	East Chapel Hill	5:44.32
13 Campbell, Melissa A	SO	Orange	5:48.09
14 Kohrt, Lucy		Mount Tabor	5:48.82
15 Temple, Scotty	SR	Triton	5:54.88
16 Stevens, Abigail	SR	Western Guilford	6:00.17
17 Sirgany, Madison R	JR	Orange	6:01.54
18 Perez, Bianca		Northwood	6:02.50
19 Aitkin, Olivia		Cedar Ridge	6:02.74
20 Foye, Katie		Northwood	6:04.39
21 Palmer, Sarah	FR	Williams	6:07.70
22 White, Kaley	FR	Eastern Guilford	6:08.12
23 Singh, Sanya	JR	N Guilford	6:18.02
24 Nash, Kathryn	SO	East Chapel Hill	6:22.13

Event 16 Men 500 Yard Freestyle

Name	Yr	School	Seed Time
1 Forst, Preston	SR	N Guilford	4:42.39
2 Bretzmann, Peter	JR	Chapel Hill	4:42.48
3 Falise, Nicholas S	SR	Northern Durham	4:55.21
4 Chang, Austin	JR	Chapel Hill	5:02.02
5 Liang, Jonathan	FR	Chapel Hill	5:14.72
6 Simon, Jack	SO	East Chapel Hill	5:15.70
7 Glebus, Chris	SO	N Guilford	5:16.23
8 Husketh, Dalton L	JR	Northern Durham	5:22.46
9 Rogers, Matthew		Harnett Central	5:24.74
10 Jenkins, Ammon		Harnett Central	5:28.84
11 Adams, Jackson		Northwood	5:36.71
12 Willett, Nico	SO	East Chapel Hill	5:38.83
13 Su, Justin	SO	East Chapel Hill	5:43.95
14 Keat, Aaron	JR	N Guilford	5:45.96
15 Brouwer, Ethan	SO	Eastern Alamance	5:54.86
16 Kilgallen, Ryan	FR	Chapel Hill	5:55.39
17 Garcia, John		Cedar Ridge	5:59.64
18 Cassidy, Austin	SO	Mount Tabor	6:03.44
19 Adt, Zachary	SO	SE Guilford	6:06.36
20 Smull, Brendan	JR	Mount Tabor	6:09.50
21 Gaillard, Alston	SO	Parkland	6:33.78
22 Stafford, Collin J	JR	Orange	6:43.80
23 Brummer, Greyson M	FR	Orange	6:44.85
24 Grajzar, Bradley	SO	Western Alamance	6:46.65

Event 17 Women 200 Yard Freestyle Relay

Team	Relay	Seed Time
1 N Guilford		1:43.43
2 Chapel Hill		1:44.01
3 East Chapel Hill		1:45.20
4 SW Guilford		1:46.37
5 Mount Tabor		1:46.52
6 Northern Durham		1:50.85
7 Orange		1:52.90
8 SE Guilford		1:54.19
9 Union Pines		1:54.41
10 Rockingham Co		1:54.88
11 Eastern Alamance		1:55.53
12 Western Guilford		1:57.95
13 Western Alamance		1:59.19
14 Cedar Ridge		2:02.23
15 Asheboro		2:02.76
16 Williams		2:03.27
17 Western Harnett		2:12.49
18 Harnett Central		2:12.77
19 Triton		2:15.89
20 Lee County		2:17.65
21 Montgomery Cent.		2:21.15
22 S Alamance		2:27.40
23 Southern Lee		2:27.62
24 Ben L Smith		2:28.73

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Event 18 Men 200 Yard Freestyle Relay

Team	Relay	Seed Time
1 Chapel Hill		1:30.22
2 East Chapel Hill		1:33.03
3 SW Guilford		1:33.23
4 Mount Tabor		1:34.62
5 Orange		1:35.96
6 Northern Durham		1:36.34
7 Cedar Ridge		1:38.34
8 N Guilford		1:38.54
9 Union Pines		1:41.53
10 Western Guilford		1:41.74
11 Rockingham Co		1:42.30
12 SE Guilford		1:42.91
13 Harnett Central		1:44.62
14 Eastern Alamance		1:50.02
15 Asheboro		1:50.62
16 Triton		1:52.49
17 Montgomery Cent.		1:52.49
18 Western Harnett		1:53.64
19 Western Alamance		1:53.91
20 S Alamance		1:54.60
21 Ben L Smith		1:56.33
22 Lee County		1:57.00
23 Parkland		2:00.70
24 Southern Lee		2:08.90

Event 20 Men 100 Yard Backstroke

Name	Yr	School	Seed Time
1 Mu, Andy	SR	East Chapel Hill	54.43
2 Whitworth, Nate		Mount Tabor	55.73
3 Jimison, Noah A	SR	Orange	56.69
4 Poteat, Max	SR	East Chapel Hill	56.92
5 Armentrout, Will	SR	Mount Tabor	57.64
6 Grubbs, John Avery	SR	Mount Tabor	58.90
7 Jeffries, Andrew	SR	Lee County	1:01.11
8 Armentrout, Owen	SO	Mount Tabor	1:01.28
9 Cotton, Michael	SR	Chapel Hill	1:01.47
10 Nadolski, Patrick		Williams	1:01.89
11 Klein, Daniel	SO	East Chapel Hill	1:02.40
12 Ballesteros, Daniel	JR	Western Guilford	1:02.96
13 Everitt, Jeremy		Rockingham Co	1:03.34
14 Moore, Ian c	SO	Orange	1:03.48
15 McDonald, Declan	JR	East Chapel Hill	1:03.60
16 Hagler, Austin G	SO	SW Guilford	1:03.92
17 Engwall, Doc	JR	Eastern Alamance	1:04.87
18 Campbell, Benjamin	JR	Chapel Hill	1:05.32
19 Daub, Seth	SO	SE Guilford	1:05.84
20 Culler, Charles	SR	Union Pines	1:05.99
21 Castaneda, Gabriel		Cedar Ridge	1:06.80
22 Keat, Aaron	JR	N Guilford	1:09.95
23 Nason, Chandler	JR	Northern Durham	1:10.70
24 Hines, Tyler	JR	S Alamance	1:12.36

Event 19 Women 100 Yard Backstroke

Name	Yr	School	Seed Time
1 Xu, Savannah	SO	Chapel Hill	59.62
2 Schoppa, Maura	SO	N Guilford	59.72
3 Pennington, Isabel	SR	Parkland	1:00.83
4 Corrado, Mia		Northwood	1:01.33
5 Georgallis, Sofia	FR	East Chapel Hill	1:02.04
6 Roberts, Sydney	FR	N Guilford	1:03.44
7 Sept, Audrey	SR	East Chapel Hill	1:04.20
8 Heetderks, Claire	SO	East Chapel Hill	1:04.64
9 Stafford, Kathryn	JR	Western Alamance	1:04.83
10 Cress, AnnaBella	FR	Western Alamance	1:06.11
11 Higgins, Avery	SO	SW Guilford	1:06.77
12 Serrano, Emma		Northwood	1:07.04
13 Swink, Ashlyn	SR	Mount Tabor	1:07.44
14 Gwaltney, Caroline	FR	Chapel Hill	1:07.90
15 Kluepfel, Valerie	SR	N Guilford	1:08.09
16 Li, Qingyang	FR	Chapel Hill	1:08.28
17 Kilgallen, Emily	FR	Chapel Hill	1:08.57
18 Sirgany, Madison R	JR	Orange	1:08.79
19 Carter, Braylee	FR	Eastern Alamance	1:09.67
20 Tarrant, Bailey	SR	Northern Durham	1:09.88
21 Davenport, Parker	SR	Union Pines	1:10.67
22 Nash, Kathryn	SO	East Chapel Hill	1:10.87
23 Stevens, Emily	SO	Western Guilford	1:11.79
24 Mann, Haley B	SO	SW Guilford	1:12.00

Event 21 Women 100 Yard Breaststroke

Name	Yr	School	Seed Time
1 Ervin, Bridgette N	JR	Northern Durham	1:09.22
2 Schoppa, Abby	SR	N Guilford	1:10.87
3 Earnshaw, Suzanne		Northwood	1:11.92
4 Ballard, Meghan	JR	Western Alamance	1:12.02
5 Murphy, Rylie R	SO	SW Guilford	1:12.67
6 Hannan, Zoe	JR	East Chapel Hill	1:12.70
7 Wolf, Annie		Mount Tabor	1:12.98
8 Walker, Brooke A	JR	Orange	1:13.63
9 Holmes, Mary	SO	East Chapel Hill	1:13.65
10 Leventhal, Sydney	FR	Eastern Alamance	1:16.09
11 Lee, Tricia	SR	East Chapel Hill	1:16.38
12 Reece, Olivia	FR	Chapel Hill	1:16.44
13 Gagnon, Anna	SO	Williams	1:16.75
14 Henderson, Abigail	SO	Western Alamance	1:17.44
15 Foye, Katie		Northwood	1:18.12
16 Johansson, Majken E	SO	SW Guilford	1:18.41
17 Emrich, Lauren		Northwood	1:19.41
18 Qin, Annie	JR	East Chapel Hill	1:20.00
19 Pace, Ivy		Rockingham Co	1:20.92
20 Denson, Bethany		Rockingham Co	1:21.48
21 Everhart, Madeline	SR	Union Pines	1:21.53
22 Southwell, Gracie	SO	SE Guilford	1:21.56
23 Nelms, Haley	SR	Union Pines	1:22.26
24 Scott, Ashtyn	FR	N Guilford	1:22.53

2020 3A Central NCHSAA Regional Championships - 1/30/20 to 1/31/20**Host: Northern Guilford HS****Swimming & Diving****Psych Sheet****Event 22 Men 100 Yard Breaststroke**

Name	Yr	School	Seed Time
1 Volpe, Michael	JR	Chapel Hill	1:00.96
2 Vye, Nicholas	JR	Parkland	1:01.60
3 Bunner, Devin		Cedar Ridge	1:01.63
4 Geib, Matthew J	JR	Orange	1:02.67
5 Batsaikhan, Charles	JR	East Chapel Hill	1:04.74
6 Pollina, Ethan	SO	N Guilford	1:07.58
7 Phillips, Evan B	FR	Orange	1:07.62
8 Roman, Cross M	SR	Orange	1:07.89
9 Yang, Raymond	FR	Chapel Hill	1:08.32
10 Xu, Daniel	SO	Chapel Hill	1:08.60
11 Jenkins, Ammon		Harnett Central	1:10.37
12 Coburn, Andrew	SR	Northern Durham	1:10.58
13 Prevatte, Jarrett	SR	Union Pines	1:10.65
14 Sherwood, Joshua	JR	Chapel Hill	1:11.16
15 Gentry, Bradley	JR	N Guilford	1:11.23
16 Lyon, Walker	SO	SW Guilford	1:12.83
17 Wells, Cody	JR	SE Guilford	1:13.90
18 Lohawiboonkit, Donnie		Rockingham Co	1:14.23
19 Price, Daniel	JR	East Chapel Hill	1:14.62
20 Murray, Samuel	JR	Western Alamance	1:14.97
21 Reichenbach, Matthew		Rockingham Co	1:15.03
22 Smith, Joshua	SO	SW Guilford	1:15.93
23 Brouwer, Ethan	SO	Eastern Alamance	1:16.54
24 Aguilar, Alexis	SR	Ben L Smith	1:17.13

Event 24 Men 400 Yard Freestyle Relay

Team	Relay	Seed Time
1 Chapel Hill		3:15.51
2 East Chapel Hill		3:22.22
3 Orange		3:28.57
4 Mount Tabor		3:28.63
5 N Guilford		3:40.61
6 Cedar Ridge		3:45.93
7 Northern Durham		3:45.97
8 Harnett Central		3:52.09
9 Rockingham Co		3:52.18
10 Western Guilford		3:52.99
11 Union Pines		3:57.98
12 SE Guilford		4:00.93
13 Parkland		4:00.95
14 SW Guilford		4:04.58
15 Eastern Alamance		4:09.78
16 Montgomery Cent.		4:15.45
17 Western Alamance		4:15.54
18 S Alamance		4:24.81
19 Western Harnett		4:28.82
20 Asheboro		4:34.09
21 Lee County		4:36.20
22 Ben L Smith		5:05.86
23 Vance County		5:14.74

Event 23 Women 400 Yard Freestyle Relay

Team	Relay	Seed Time
1 Northwood		3:47.20
2 East Chapel Hill		3:49.72
3 N Guilford		3:50.83
4 Chapel Hill		3:52.52
5 Western Alamance		3:53.09
6 Orange		4:00.38
7 Mount Tabor		4:01.93
8 SW Guilford		4:11.47
9 Rockingham Co		4:12.76
10 Union Pines		4:20.53
11 Western Guilford		4:23.00
12 Parkland		4:25.78
13 SE Guilford		4:30.92
14 Cedar Ridge		4:42.06
15 Eastern Alamance		4:45.16
16 Asheboro		5:00.51
17 Western Harnett		5:06.73
18 Harnett Central		5:11.10
19 Northern Durham		5:11.51
20 Lee County		5:22.71
21 Montgomery Cent.		5:33.27
22 S Alamance		5:35.57