



# Men's Indoor Track & Field State Meet Event Records



| State          |                    |      |           | High Jump        |                    |      |           |                     |                  |      |           |                     |                 |      |          |
|----------------|--------------------|------|-----------|------------------|--------------------|------|-----------|---------------------|------------------|------|-----------|---------------------|-----------------|------|----------|
| Name           | School             | Year | Perf.     | Name             | School             | Year | Perf.     | Name                | School           | Year | Perf.     | Name                | School          | Year | Perf.    |
| Jesse Williams | Broughton          | 2002 | 7' 0"     | Jesse Williams   | Broughton          | 2002 | 7' 0"     | Christopher Garrick | Marvin Ridge     | 2015 | 6' 11"    | Demarcus Stallings  | North Rowan     | 2005 | 6' 10"   |
|                |                    |      |           |                  |                    |      |           |                     |                  |      |           | Tanner Anderson     | East Burke      | 2010 | 6' 10"   |
| State          |                    |      |           | Long Jump        |                    |      |           |                     |                  |      |           |                     |                 |      |          |
| Name           | School             | Year | Perf.     | Name             | School             | Year | Perf.     | Name                | School           | Year | Perf.     | Name                | School          | Year | Perf.    |
| Marcus O'Neal  | Dudley             | 1997 | 24' 7.25" | Marcus O'Neal    | Dudley             | 1997 | 24' 7.25" | Brian Ellis         | North Rowan      | 1991 | 23' 9.75" | Isaiah Moore        | Cummings        | 2014 | 23' 0.5" |
| State          |                    |      |           | Triple Jump      |                    |      |           |                     |                  |      |           |                     |                 |      |          |
| Name           | School             | Year | Perf.     | Name             | School             | Year | Perf.     | Name                | School           | Year | Perf.     | Name                | School          | Year | Perf.    |
| Eric Haddock   | Southeast Raleigh  | 2019 | 49'10.25" | Eric Haddock     | Southeast Raleigh  | 2019 | 49'10.25" | Greg Yeldell        | North Rowan      | 1998 | 49' 10"   | Greg Yeldell        | North Rowan     | 1998 | 49' 10"  |
| State          |                    |      |           | Shot Put         |                    |      |           |                     |                  |      |           |                     |                 |      |          |
| Name           | School             | Year | Perf.     | Name             | School             | Year | Perf.     | Name                | School           | Year | Perf.     | Name                | School          | Year | Perf.    |
| Jon Beyle      | East Chapel Hill   | 2013 | 61' 10"   | Jon Beyle        | East Chapel Hill   | 2013 | 61' 10"   | Ed Robertson        | T.W. Andrews     | 1990 | 57' 11"   | Magnus Herweyer     | Carrboro        | 2016 | 54' 9"   |
| State          |                    |      |           | Pole Vault       |                    |      |           |                     |                  |      |           |                     |                 |      |          |
| Name           | School             | Year | Perf.     | Name             | School             | Year | Perf.     | Name                | School           | Year | Perf.     | Name                | School          | Year | Perf.    |
| Scott Houston  | Northwest Guilford | 2008 | 16' 6"    | Scott Houston    | Northwest Guilford | 2008 | 16' 6"    | Tristian Shaver     | Ledford          | 2015 | 15' 6"    | Jake Justice        | Polk County     | 2019 | 14'10"   |
| State          |                    |      |           | 55 Meter Hurdles |                    |      |           |                     |                  |      |           |                     |                 |      |          |
| Name           | School             | Year | Time      | Name             | School             | Year | Time      | Name                | School           | Year | Time      | Name                | School          | Year | Time     |
| Wayne Davis    | Southeast Raleigh  | 2009 | :07.05    | Wayne Davis      | Southeast Raleigh  | 2009 | :07.05    | Damian Silver       | Nash Central     | 2014 | :07.45    | Jayhlen Washington  | North Brunswick | 2017 | :07.37   |
| State          |                    |      |           | 55 Meter Dash    |                    |      |           |                     |                  |      |           |                     |                 |      |          |
| Name           | School             | Year | Time      | Name             | School             | Year | Time      | Name                | School           | Year | Time      | Name                | School          | Year | Time     |
| Chris Justice  | Grimsley           | 1996 | :06.21    | Chris Justice    | Grimsley           | 1996 | :06.21    | Kadarius Lotharp    | Sun Valley       | 2016 | :06.35    | Juwan Crowder       | Forest Hills    | 2015 | :06.33   |
|                |                    |      |           |                  |                    |      |           | Jaylen Wright       | Southern Lee     | 2019 | :06.35    |                     |                 |      |          |
| State          |                    |      |           | 1600 Meter Run   |                    |      |           |                     |                  |      |           |                     |                 |      |          |
| Name           | School             | Year | Time      | Name             | School             | Year | Time      | Name                | School           | Year | Time      | Name                | School          | Year | Time     |
| Bobby Mack     | North Forsyth      | 2003 | 4:10.61   | Bobby Mack       | North Forsyth      | 2003 | 4:10.61   | Cameron Ponder      | Mount Tabor      | 2018 | 4:16.06   | Jason Thomson       | North Lincoln   | 2019 | 4:21.11  |
| State          |                    |      |           | 500 Meter Dash   |                    |      |           |                     |                  |      |           |                     |                 |      |          |
| Name           | School             | Year | Time      | Name             | School             | Year | Time      | Name                | School           | Year | Time      | Name                | School          | Year | Time     |
| Andrew Hendrix | New Bern           | 2009 | 1:03.65   | Andrew Hendrix   | New Bern           | 2009 | 1:03.65   | Khaleb McRae        | Southern Durham  | 2018 | 1:04.45   | Derrick Puryear     | T.W. Andrews    | 2016 | 1:06.15  |
| State          |                    |      |           | 1000 Meter Run   |                    |      |           |                     |                  |      |           |                     |                 |      |          |
| Name           | School             | Year | Time      | Name             | School             | Year | Time      | Name                | School           | Year | Time      | Name                | School          | Year | Time     |
| Kyle Durham    | Weddington         | 2019 | 2:28.85   | Dylan Ferris     | East Forsyth       | 2008 | 2:29.03   | Kyle Durham         | Weddington       | 2019 | 2:28.85   | Skylar Stultz       | First Flight    | 2018 | 2:32.72  |
| State          |                    |      |           | 300 Meter Dash   |                    |      |           |                     |                  |      |           |                     |                 |      |          |
| Name           | School             | Year | Time      | Name             | School             | Year | Time      | Name                | School           | Year | Time      | Name                | School          | Year | Time     |
| J Johnson      | Panther Creek      | 2017 | :34.39    | J Johnson        | Panther Creek      | 2017 | :34.39    | Emerson Douds       | Weddington       | 2018 | 34.52     | Elliott Graves      | Reidsville      | 2016 | :35.18   |
| State          |                    |      |           | 3200 Meter Run   |                    |      |           |                     |                  |      |           |                     |                 |      |          |
| Name           | School             | Year | Time      | Name             | School             | Year | Time      | Name                | School           | Year | Time      | Name                | School          | Year | Time     |
| Jake Hurysz    | Eastern Alamance   | 2010 | 9:10.96   | Ricky Brookshire | Watauga            | 2000 | 9:14.71   | Jake Hurysz         | Eastern Alamance | 2010 | 9:10.96   | Erick Ramirez-Ramos | Surry Central   | 2019 | 9:31.89  |



# Indoor Track & Field State Meet Relay Event Records



| Men's 4x200 Meter Relay                                                  |                    |      |         |                                                                          |                    |      |         |                                                                         |             |      |         |                                                                             |                  |      |         |
|--------------------------------------------------------------------------|--------------------|------|---------|--------------------------------------------------------------------------|--------------------|------|---------|-------------------------------------------------------------------------|-------------|------|---------|-----------------------------------------------------------------------------|------------------|------|---------|
| State                                                                    |                    |      |         | 4A                                                                       |                    |      |         | 3A                                                                      |             |      |         | 1A/2A                                                                       |                  |      |         |
| Name                                                                     | School             | Year | Time    | Name                                                                     | School             | Year | Time    | Name                                                                    | School      | Year | Time    | Name                                                                        | School           | Year | Time    |
| Eric Haddock<br>Romell McRae<br>Christian Ruffin<br>Brian Williams       | Southeast Raleigh  | 2019 | 1:27.87 | Eric Haddock<br>Romell McRae<br>Christian Ruffin<br>Brian Williams       | Southeast Raleigh  | 2019 | 1:27.87 | Doug Dracon<br>Mark Conner<br>Denison Livingston<br>Emerson Douds       | Weddington  | 2018 | 1:29.46 | J.C. Smith<br>Shaquan Graham<br>Jayhlen Washington<br>Cameron Barnhill      | North Brunswick  | 2017 | 1:30.35 |
| Men's 4x400 Meter Relay                                                  |                    |      |         |                                                                          |                    |      |         |                                                                         |             |      |         |                                                                             |                  |      |         |
| State                                                                    |                    |      |         | 4A                                                                       |                    |      |         | 3A                                                                      |             |      |         | 1A/2A                                                                       |                  |      |         |
| Name                                                                     | School             | Year | Time    | Name                                                                     | School             | Year | Time    | Name                                                                    | School      | Year | Time    | Name                                                                        | School           | Year | Time    |
| Andrew Hendrix<br>Fuqwuan Greene<br>Miles Sparks<br>Anthony Hendrix      | New Bern           | 2009 | 3:21.79 | Andrew Hendrix<br>Fuqwaun Greene<br>Miles Sparks<br>Anthony Hendrix      | New Bern           | 2009 | 3:21.79 | Doug Dracon<br>Denison Livingston<br>Kyle Durham<br>Emerson Douds       | Weddington  | 2018 | 3:24.21 | Darryl Demps<br>Tyler Combs<br>Eddie Hernandez<br>Brandon Neal              | Hendersonville   | 2009 | 3:28.19 |
| Men's 4x800 Meter Relay                                                  |                    |      |         |                                                                          |                    |      |         |                                                                         |             |      |         |                                                                             |                  |      |         |
| State                                                                    |                    |      |         | 4A                                                                       |                    |      |         | 3A                                                                      |             |      |         | 1A/2A                                                                       |                  |      |         |
| Name                                                                     | School             | Year | Time    | Name                                                                     | School             | Year | Time    | Name                                                                    | School      | Year | Time    | Name                                                                        | School           | Year | Time    |
| Christian Cotazar<br>Michael Staples<br>Javier Alejandro<br>Phillip Hall | South View         | 2015 | 7:57.23 | Christian Cotazar<br>Michael Staples<br>Javier Alejandro<br>Phillip Hall | South View         | 2015 | 7:57.23 | Jackson O'Hara<br>Kyle Durham<br>Jake Toomey<br>Will Mazur              | Weddington  | 2018 | 7:59.48 | Jason Risse<br>Johnny Grant<br>Jason Thomson<br>Brian Risse                 | North Lincoln    | 2018 | 8:12.93 |
| Women's 4x200 Meter Relay                                                |                    |      |         |                                                                          |                    |      |         |                                                                         |             |      |         |                                                                             |                  |      |         |
| State                                                                    |                    |      |         | 4A                                                                       |                    |      |         | 3A                                                                      |             |      |         | 1A/2A                                                                       |                  |      |         |
| Name                                                                     | School             | Year | Time    | Name                                                                     | School             | Year | Time    | Name                                                                    | School      | Year | Time    | Name                                                                        | School           | Year | Time    |
| Miasha Bryant<br>Katlin Sherman<br>Shanone Cannon<br>Ebony Williams      | Parkland           | 2015 | 1:39.92 | Miasha Bryant<br>Katlin Sherman<br>Shanone Cannon<br>Ebony Williams      | Parkland           | 2015 | 1:39.92 | Ija Mumford<br>Alexis Patterson<br>Del'Nique Penn<br>Diamond Lyerly     | Parkland    | 2019 | 1:41.95 | Kelsia Moore<br>Tajah Walston<br>Lashonda Tate<br>Jaida Torain              | Cummings         | 2016 | 1:47.19 |
| Women's 4x400 Meter Relay                                                |                    |      |         |                                                                          |                    |      |         |                                                                         |             |      |         |                                                                             |                  |      |         |
| State                                                                    |                    |      |         | 4A                                                                       |                    |      |         | 3A                                                                      |             |      |         | 1A/2A                                                                       |                  |      |         |
| Name                                                                     | School             | Year | Time    | Name                                                                     | School             | Year | Time    | Name                                                                    | School      | Year | Time    | Name                                                                        | School           | Year | Time    |
| Monzerad Creary<br>Dejah Jones<br>Olicia Sharp<br>Ariah Graham           | High Point Central | 2017 | 3:48.73 | Monzerad Creary<br>Dejah Jones<br>Olicia Sharp<br>Ariah Graham           | High Point Central | 2017 | 3:48.73 | Emmaya Waters<br>Shaliyah Wilkerson<br>Imari Deloatch<br>Alysia Johnson | Hillside    | 2019 | 4:00.08 | Brittney Cuthrell<br>Crystal Wibley<br>Jasmin Richardson<br>Radiance Basden | Western Guilford | 2008 | 4:05.98 |
| Women's 4x800 Meter Relay                                                |                    |      |         |                                                                          |                    |      |         |                                                                         |             |      |         |                                                                             |                  |      |         |
| State                                                                    |                    |      |         | 4A                                                                       |                    |      |         | 3A                                                                      |             |      |         | 1A/2A                                                                       |                  |      |         |
| Name                                                                     | School             | Year | Time    | Name                                                                     | School             | Year | Time    | Name                                                                    | School      | Year | Time    | Name                                                                        | School           | Year | Time    |
| Taylor Hemming<br>Nevada Mareno<br>Sydney Winchel<br>Jasmine Butler      | Leesville Road     | 2015 | 9:25.42 | Taylor Hemming<br>Nevada Mareno<br>Sydney Winchel<br>Jasmine Butler      | Leesville Road     | 2015 | 9:25.42 | Gabriella Castro<br>Kaitlyn St. Hilarie<br>Madeline Hill<br>Leah Helms  | Cuthbertson | 2019 | 9:34.34 | Blake Dodge<br>Emma Gomez<br>Samantha Schlieker<br>Katie Cease              | West Carteret    | 2013 | 9:45.89 |



# Women's Indoor Track & Field State Meet Event Records



| State          |                    |      |            | High Jump        |                    |      |            |                     |                 |      |           | 1A/2A               |                   |      |            |
|----------------|--------------------|------|------------|------------------|--------------------|------|------------|---------------------|-----------------|------|-----------|---------------------|-------------------|------|------------|
| Name           | School             | Year | Perf.      | Name             | 4A School          | Year | Perf.      | Name                | School          | Year | Perf.     | Name                | School            | Year | Perf.      |
| Morgan Smalls  | Panther Creek      | 2019 | 6' 1"      | Morgan Smalls    | Panther Creek      | 2019 | 6' 1"      | Patience Coleman    | Southern Durham | 2004 | 5' 10"    | Hunter Wellborn     | Starmount         | 2014 | 5' 6"      |
| State          |                    |      |            | Long Jump        |                    |      |            |                     |                 |      |           | 1A/2A               |                   |      |            |
| Name           | School             | Year | Perf.      | Name             | 4A School          | Year | Perf.      | Name                | School          | Year | Perf.     | Name                | School            | Year | Perf.      |
| Morgan Smalls  | Panther Creek      | 2019 | 19'11.25"  | Morgan Smalls    | Panther Creek      | 2019 | 19'11.25"  | Ija Mumford         | Parkland        | 2019 | 18'5.75"  | Sherice Walker      | Cummings          | 2009 | 18' 11.25" |
| State          |                    |      |            | Triple Jump      |                    |      |            |                     |                 |      |           | 1A/2A               |                   |      |            |
| Name           | School             | Year | Perf.      | Name             | 4A School          | Year | Perf.      | 3A Name             | School          | Year | Perf.     | Name                | School            | Year | Perf.      |
| Morgan Smalls  | Panther Creek      | 2019 | 41'09.75"  | Morgan Smalls    | Panther Creek      | 2019 | 41'09.75"  | Chelsea Hargrave    | Williams        | 2014 | 38' 9"    | DeAnne Davis        | Cummings          | 1996 | 40' 8"     |
| State          |                    |      |            | Shot Put         |                    |      |            |                     |                 |      |           | 1A/2A               |                   |      |            |
| Name           | School             | Year | Perf.      | Name             | 4A School          | Year | Perf.      | 3A Name             | School          | Year | Perf.     | Name                | School            | Year | Perf.      |
| Kamorean Hayes | Harding            | 2007 | 48' 11.75" | Kamorean Hayes   | Harding            | 2007 | 48' 11.75" | Kayla Beasley       | Hillside        | 2018 | 44'11.75" | Patience Marshall   | Anson             | 2018 | 44'08"     |
| State          |                    |      |            | Pole Vault       |                    |      |            |                     |                 |      |           | 1A/2A               |                   |      |            |
| Name           | School             | Year | Perf.      | Name             | 4A School          | Year | Perf.      | 3A Name             | School          | Year | Perf.     | Name                | School            | Year | Perf.      |
| Lindsay Absher | West Forsyth       | 2019 | 13' 6"     | Lindsay Absher   | West Forsyth       | 2019 | 13' 6"     | Riley Felts         | Weddington      | 2018 | 12'07.5"  | Sarah Brown         | Surry Central     | 2019 | 11'06"     |
| State          |                    |      |            | 55 Meter Hurdles |                    |      |            |                     |                 |      |           | 1A/2A               |                   |      |            |
| Name           | School             | Year | Time       | Name             | 4A School          | Year | Time       | 3A Name             | School          | Year | Time      | Name                | School            | Year | Time       |
| Ebony Williams | Parkland           | 2015 | :07.81     | Ebony Williams   | Parkland           | 2015 | :07.81     | Alexis Patterson    | Parkland        | 2019 | :08.03    | Kayla Moore         | Cummings          | 2017 | :08.03     |
| State          |                    |      |            | 55 Meter Dash    |                    |      |            |                     |                 |      |           | 1A/2A               |                   |      |            |
| Name           | School             | Year | Time       | Name             | 4A School          | Year | Time       | 3A Name             | School          | Year | Time      | Name                | School            | Year | Time       |
| Gabby Mayo     | Southeast Raleigh  | 2007 | :06.87     | Gabby Mayo       | Southeast Raleigh  | 2007 | :06.87     | Sabrina Thompson    | Fike            | 1996 | :07.00    | Allysia Farrar      | Cummings          | 2019 | :07.17     |
| State          |                    |      |            | 1600 Meter Run   |                    |      |            |                     |                 |      |           | 1A/2A               |                   |      |            |
| Name           | School             | Year | Time       | Name             | 4A School          | Year | Time       | 3A Name             | School          | Year | Time      | Name                | School            | Year | Time       |
| Nevada Mareno  | Leesville Road     | 2015 | 4:57.77    | Nevada Mareno    | Leesville Road     | 2015 | 4:57.77    | Elise Wright        | T.C. Roberson   | 2018 | 5:00.71   | Malia Ellington     | C.S. of Davidson  | 2014 | 4:58.43    |
| State          |                    |      |            | 500 Meter Dash   |                    |      |            |                     |                 |      |           | 1A/2A               |                   |      |            |
| Name           | School             | Year | Time       | Name             | 4A School          | Year | Time       | 3A Name             | School          | Year | Time      | Name                | School            | Year | Time       |
| Kyna Robinson  | Southeast Raleigh  | 2018 | 1:12.33    | Kyna Robinson    | Southeast Raleigh  | 2018 | 1:12.33    | Alysia Johnson      | Hillside        | 2019 | 1:14.05   | Araybian Lilly      | West Montgomery   | 2017 | 1:16.79    |
| State          |                    |      |            | 1000 Meter Run   |                    |      |            |                     |                 |      |           | 1A/2A               |                   |      |            |
| Name           | School             | Year | Time       | Name             | 4A School          | Year | Time       | 3A Name             | School          | Year | Time      | Name                | School            | Year | Time       |
| Nevada Mareno  | Leesville Road     | 2015 | 2:53.81    | Nevada Mareno    | Leesville Road     | 2015 | 2:53.81    | Blake Dodge         | West Carteret   | 2014 | 2:58.25   | Malia Ellington     | C.S. of Davidson  | 2014 | 2:59.72    |
| State          |                    |      |            | 300 Meter Dash   |                    |      |            |                     |                 |      |           | 1A/2A               |                   |      |            |
| Name           | School             | Year | Time       | Name             | 4A School          | Year | Time       | 3A Name             | School          | Year | Time      | Name                | School            | Year | Time       |
| Tamara Clark   | High Point Central | 2017 | :37.81     | Tamara Clark     | High Point Central | 2017 | :37.81     | Alysia Johnson      | Hillside        | 2019 | :39.32    | Briana Heath        | Granville Central | 2012 | :39.81     |
| State          |                    |      |            | 3200 Meter Run   |                    |      |            |                     |                 |      |           | 1A/2A               |                   |      |            |
| Name           | School             | Year | Time       | Name             | 4A School          | Year | Time       | 3A Name             | School          | Year | Time      | Name                | School            | Year | Time       |
| Sara Platek    | Ragsdale           | 2017 | 10:31.57   | Sara Platek      | Ragsdale           | 2017 | 10:31.57   | Sarah Vance Goodman | T.C. Roberson   | 1998 | 10:48.48  | Sarah Vance Goodman | T.C. Roberson     | 1998 | 10:48.48   |



# Indoor Track & Field State Meet Adaptive Event Records



| Women's Shot Put, Wheelchair |                |      |            |                                    |              |      |            |                 |             |      |        |               |                |      |           |
|------------------------------|----------------|------|------------|------------------------------------|--------------|------|------------|-----------------|-------------|------|--------|---------------|----------------|------|-----------|
|                              |                |      |            | 4A                                 |              |      |            | 3A              |             |      |        | 1A/2A         |                |      |           |
| Name                         | State          | Year | Perf.      | Name                               | School       | Year | Perf.      | Name            | School      | Year | Perf.  | Name          | School         | Year | Perf.     |
| Cara King                    | Apex           | 2017 | 11' 11.25" | Cara King                          | Apex         | 2017 | 11' 11.25" |                 |             |      |        | Daisy Hearn   | Pender         | 2019 | 7' 07.25" |
|                              |                |      |            | Women's 55 Meter Dash, Wheelchair  |              |      |            |                 |             |      |        |               |                |      |           |
|                              |                |      |            | 4A                                 |              |      |            | 3A              |             |      |        | 1A/2A         |                |      |           |
| Name                         | State          | Year | Time       | Name                               | School       | Year | Time       | Name            | School      | Year | Time   | Name          | School         | Year | Time      |
| Cara King                    | Apex           | 2018 | :13.83     | Cara King                          | Apex         | 2018 | :13.83     |                 |             |      |        |               |                |      |           |
|                              |                |      |            | Women's 55 Meter Dash, Amputee     |              |      |            |                 |             |      |        |               |                |      |           |
|                              |                |      |            | 4A                                 |              |      |            | 3A              |             |      |        | 1A/2A         |                |      |           |
| Name                         | State          | Year | Time       | Name                               | School       | Year | Time       | Name            | School      | Year | Time   | Name          | School         | Year | Time      |
| Hanna O'Brien                | Polk County    | 2015 | :09.27     | Caroline Backus                    | Independence | 2019 | :22.24     |                 |             |      |        | Hanna O'Brien | Polk County    | 2015 | :09.27    |
|                              |                |      |            | Women's 300 Meter Dash, Wheelchair |              |      |            |                 |             |      |        |               |                |      |           |
|                              |                |      |            | 4A                                 |              |      |            | 3A              |             |      |        | 1A/2A         |                |      |           |
| Name                         | State          | Year | Time       | Name                               | School       | Year | Time       | Name            | School      | Year | Time   | Name          | School         | Year | Time      |
| Cara King                    | Apex           | 2018 | 1:03.62    | Cara King                          | Apex         | 2018 | 1:03.62    |                 |             |      |        |               |                |      |           |
|                              |                |      |            | Women's Shot Put, Wheelchair       |              |      |            |                 |             |      |        |               |                |      |           |
|                              |                |      |            | 4A                                 |              |      |            | 3A              |             |      |        | 1A/2A         |                |      |           |
| Name                         | State          | Year | Time       | Name                               | School       | Year | Time       | Name            | School      | Year | Time   | Name          | School         | Year | Time      |
| Cara King                    | Apex           | 2018 | 13'08.25"  | Cara King                          | Apex         | 2018 | 13'08.25"  |                 |             |      |        |               |                |      |           |
|                              |                |      |            | Men's Shot Put Wheelchair          |              |      |            |                 |             |      |        |               |                |      |           |
|                              |                |      |            | 4A                                 |              |      |            | 3A              |             |      |        | 1A/2A         |                |      |           |
| Name                         | State          | Year | Perf.      | Name                               | School       | Year | Perf.      | Name            | School      | Year | Perf.  | Name          | School         | Year | Perf.     |
| Ladale Gambrell              | Broughton      | 2019 | 16'06"     | Ladale Gambrell                    | Broughton    | 2019 | 16'06"     | Brandon Cornell | Mount Tabor | 2018 | 12'06" | Dylan Pinder  | North Johnston | 2017 | 15' 2"    |
|                              |                |      |            | Men's 55 Meter Dash, Wheelchair    |              |      |            |                 |             |      |        |               |                |      |           |
|                              |                |      |            | 4A                                 |              |      |            | 3A              |             |      |        | 1A/2A         |                |      |           |
| Name                         | State          | Year | Time       | Name                               | School       | Year | Time       | Name            | School      | Year | Time   | Name          | School         | Year | Time      |
| Dylan Pinder                 | North Johnston | 2017 | :14.06     | Ladale Gambrell                    | Broughton    | 2019 | :14.71     | William Fuller  | Carson      | 2019 | :17.17 | Dylan Pinder  | North Johnston | 2017 | :14.06    |
|                              |                |      |            | Men's Long Jump, Adaptive          |              |      |            |                 |             |      |        |               |                |      |           |
|                              |                |      |            | 4A                                 |              |      |            | 3A              |             |      |        | 1A/2A         |                |      |           |
| Name                         | State          | Year | Perf.      | Name                               | School       | Year | Perf.      | Name            | School      | Year | Perf.  | Name          | School         | Year | Perf.     |
| Desmond Jackson              | Hillside       | 2016 | 16' 0.5"   | Desmond Jackson                    | Hillside     | 2016 | 16' 0.5"   |                 |             |      |        |               |                |      |           |
|                              |                |      |            | Men's 55 Meter Dash, Adaptive      |              |      |            |                 |             |      |        |               |                |      |           |
|                              |                |      |            | 4A                                 |              |      |            | 3A              |             |      |        | 1A/2A         |                |      |           |
| Name                         | State          | Year | Time       | Name                               | School       | Year | Time       | Name            | School      | Year | Time   | Name          | School         | Year | Time      |
| Desmond Jackson              | Hillside       | 2016 | :08.03     | Desmond Jackson                    | Hillside     | 2016 | :08.03     |                 |             |      |        |               |                |      |           |
|                              |                |      |            | Men's 300 Meter Dash, Adaptive     |              |      |            |                 |             |      |        |               |                |      |           |
|                              |                |      |            | 4A                                 |              |      |            | 3A              |             |      |        | 1A/2A         |                |      |           |
| Name                         | State          | Year | Time       | Name                               | School       | Year | Time       | Name            | School      | Year | Time   | Name          | School         | Year | Time      |
| Desmond Jackson              | Hillside       | 2015 | :50.12     | Desmond Jackson                    | Hillside     | 2015 | :50.12     |                 |             |      |        |               |                |      |           |



# Indoor Track & Field Team State Champions



## Men's

| YEAR | CHAMPION        | YEAR | CHAMPION                      |
|------|-----------------|------|-------------------------------|
| 1987 | Hillside        | 1997 | Hillside                      |
| 1988 | Hillside        | 1998 | North Rowan                   |
| 1989 | Richmond County | 1999 | West Charlotte                |
| 1990 | North Rowan     | 2000 | East Mecklenburg              |
| 1991 | North Rowan     | 2001 | Mount Tabor                   |
| 1992 | T.W. Andrews    | 2002 | Mount Tabor                   |
| 1993 | Sun Valley      | 2003 | North Rowan                   |
| 1994 | Northern Nash   | 2004 | North Rowan                   |
| 1995 | Pine Forest     | 2005 | West Charlotte                |
| 1996 | Pine Forest     | 2006 | New Bern, R.J. Reynolds (tie) |

### COMPETITION WENT TO TWO CLASSIFICATIONS IN 2007

| 4A   |                               | 1A/2A/3A |                    |
|------|-------------------------------|----------|--------------------|
| 2007 | Southeast Raleigh             | 2007     | Parkland           |
| 2008 | New Bern, East Forsyth (tie)  | 2008     | Mooreville         |
| 2009 | Southeast Raleigh             | 2009     | Southwest Guilford |
| 2010 | Southeast Raleigh             | 2010     | Asheville          |
| 2011 | Knightdale                    | 2011     | Asheville          |
| 2012 | Knightdale, SE Guilford (tie) | 2012     | Cardinal Gibbons   |
| 2013 | Knightdale                    | 2013     | Cummings           |

### COMPETITION WENT TO THREE CLASSIFICATIONS IN 2014

| 4A   |                   | 3A   |              | 1A/2A |                 |
|------|-------------------|------|--------------|-------|-----------------|
| 2014 | Knightdale        | 2014 | Marvin Ridge | 2014  | North Brunswick |
| 2015 | South View        | 2015 | Marvin Ridge | 2015  | North Brunswick |
| 2016 | Green Hope        | 2016 | Weddington   | 2016  | North Brunswick |
| 2017 | Panther Creek     | 2017 | Marvin Ridge | 2017  | North Brunswick |
| 2018 | Green Hope        | 2018 | Weddington   | 2018  | Croatan         |
| 2019 | Southeast Raleigh | 2019 | Weddington   | 2019  | Croatan         |

## Women's

| YEAR | CHAMPION         | YEAR | CHAMPION          |
|------|------------------|------|-------------------|
| 1987 | Grimsley         | 1997 | Watauga           |
| 1988 | Grimsley         | 1998 | West Mecklenburg  |
| 1989 | Dudley           | 1999 | North Rowan       |
| 1990 | Dudley           | 2000 | Olympic           |
| 1991 | East Mecklenburg | 2001 | Mount Tabor       |
| 1992 | Ben L. Smith     | 2002 | Mount Tabor       |
| 1993 | Providence       | 2003 | Mount Tabor       |
| 1994 | North Forsyth    | 2004 | Mount Tabor       |
| 1995 | North Forsyth    | 2005 | Harding           |
| 1996 | Cummings         | 2006 | Southeast Raleigh |

| 4A   |                   | 1A/2A/3A |                  |
|------|-------------------|----------|------------------|
| 2007 | Southeast Raleigh | 2007     | Cummings         |
| 2008 | Southeast Raleigh | 2008     | Cummings         |
| 2009 | Mount Tabor       | 2009     | Cummings         |
| 2010 | Southeast Raleigh | 2010     | Cummings         |
| 2011 | Wakefield         | 2011     | Cardinal Gibbons |
| 2012 | Wakefield         | 2012     | Cummings         |
| 2013 | Wakefield         | 2013     | West Carteret    |

| 4A   |                    | 3A   |              | 1A/2A |              |
|------|--------------------|------|--------------|-------|--------------|
| 2014 | Parkland           | 2014 | Marvin Ridge | 2014  | Cummings     |
| 2015 | Parkland           | 2015 | Marvin Ridge | 2015  | Cummings     |
| 2016 | Southeast Raleigh  | 2016 | Chapel Hill  | 2016  | Cummings     |
| 2017 | High Point Central | 2017 | Cuthbertson  | 2017  | T.W. Andrews |
| 2018 | Southeast Raleigh  | 2018 | Cuthbertson  | 2018  | T.W. Andrews |
| 2019 | Southeast Raleigh  | 2019 | Cuthbertson  | 2019  | Cummings     |



# Indoor Track & Field Men's State Championship M.V.P.



## Open Classification

1987 Joe Woods, Richmond Co.  
1988 Vince Howard, Page  
1989 A.J. McDonald, Richmond Co.  
1990 Patrick Phillips, Watauga  
1991 Brian Ellis, North Rowan  
1992 Darius Brewington, T.W. Andrews  
1993 Brian Zmijewski, Sun Valley

1994 John Avery, Asheville  
1995 Jay Kanokoa, North Buncombe  
1996 Omar Clinton, Pine Forest  
1997 Lamont Pennington, Hillside  
1998 Greg Yeldell, North Rowan  
1999 Darrell Colbert, West Charlotte  
2000 Chris Martin, East Mecklenburg

2001 A.J. Davis, Northern Durham  
2002 A.J. Davis, Northern Durham  
2003 Bobby Mack, North Forsyth  
2004 Andre Tillman, North Rowan  
2005 Trenton Guy, West Charlotte  
2006 Karjuan Williams, New Bern

## 4A Classification

2007 Trenton Guy, West Charlotte  
2008 Dylan Ferris, East Forsyth  
2009 Fuquawn Greene, New Bern  
2010 Steven Bell, SE Raleigh  
2011 Aaron Covington, Wakefield  
2012 Craig Engles, Reagan  
2013 Bakri Abushouk, Cary

## 4A Classification

2014 Kimani Hoffman, Knightdale  
2015 Philip Hall, South View  
2016 Marcus Krah, Hillside  
2017 J Johnson, Panther Creek  
2018 Randolph Ross, Garner  
2019 Eric Haddock, Southeast Raleigh

## 1A/2A/3A Classification

2007 Isaiah Thompson, Asheville  
2008 William Graves, Southern Guilford  
2009 Cordell Livingston, SW Guilford  
2010 Isaac Presson, Asheville  
2011 William Bass, Nash Central  
2012 Isaiah Moore, Cummings  
2013 Isaiah Moore, Cummings

## 3A Classification

2014 Ladante Elerby, Terry Sanford  
2015 Tanis Baldwin, E. Henderson  
2016 Mitchell Resor, Weddington  
2017 Gabriel Stainback, Concord  
2018 Cameron Ponder, Mount Tabor  
2019 Kyle Durham, Weddington

## 1A/2A Classification

2014 Isaiah Moore, Cummings  
2015 Jayhlen Washington, North Brunswick  
2016 Elliott Graves, Reidsville  
2017 Jahylen Washington, North Brunswick  
2018 Nolan Hodge, Northeastern & Dakota Oxendine, St. Pauls  
2019 Brendan Hodge, Croatan



# Indoor Track & Field Women's State Championship M.V.P.



## Open Classification

1987 Stacey Watkins, Grimsley  
1988 Tomi Ogunba, E. Mecklenburg  
1989 Monica Hockaday, Hillside  
1990 Alice Vinson, Sun Valley  
1991 Frances Morgan, East Mecklenburg  
1992 Karen Godlock, Polk County  
1993 Ami Herman, Providence

1994 Deanne Davis, Cummings  
1995 Mandy Becker, Fuquay-Varina  
1996 Deanne Davis, Cummings  
1997 Lindsay Taylor, Watauga  
1998 Demetria Washington, Terry Sanford  
1999 Lasonia Collins, Independence  
2000 Latasha Pharr, North Rowan

2001 Ginger Wheeler, Mount Tabor  
2002 Carly Matthews, Mount Tabor  
2003 Sherina Steele, West Rowan  
2004 Portia Baker, SW Guilford  
2005 Jennifer Webster, Providence  
2006 Gabby Mayo, SE Raleigh

## 4A Classification

2007 Joanna Wright, R.J. Reynolds  
2008 Nyosha Bryant, W. Charlotte  
2009 Nyosha Bryant, W. Charlotte  
2010 Hannah Hensly, Pinecrest  
2011 Arian Graham, Wakefield  
2012 Alexis Perry, Jordan  
2013 Tyra Lea, Wakefield

## 4A Classification

2014 Ama-Selina Tchume, Wakefield  
2015 Ebony Williams, Parkland  
2016 Elly Henes, Green Hope  
2017 Tamara Clark, High Point Central  
2018 Kyna Robinson, Southeast Raleigh  
2019 Morgan Smalls, Panther Creek

## 1A/2A/3A Classification

2007 Latoya James, Cummings  
2008 Sherice Walker, Cummings  
2009 Sherice Walker, Cummings  
2010 Sarah Rapp, Cardinal Gibbons  
2011 Sarah Rapp, Cardinal Gibbons  
2012 Francesca Evans, Cummings  
2013 Blake Dodge, West Carteret

## 3A Classification

2014 Blake Dodge, West Carteret  
2015 Kylie McMillan, Southern Guilford  
2016 Mackenzie Whitaker, West Carteret  
2017 Sarah LaTour, Cuthbertson  
2018 Sarah LaTour, Cuthbertson  
2019 Alexis Patterson, Parkland

## 1A/2A Classification

2014 Malia Ellington, C.S. Davidson  
2015 Malia Ellington, C.S. Davidson  
2016 Kanyae Majores, Cummings  
2017 Nicole Barnes, T.W. Andrews  
2018 Nicole Barnes, T.W. Andrews  
2019 Nicole Barnes, T.W. Andrews



# Women's Indoor Track & Field Individual Event State Champions



## 60 Yard / 55 Meter Dash

*Became 55 Meter Dash in 1995*

### Open Classification

|      |                     |                    |      |
|------|---------------------|--------------------|------|
| 1987 | Nickie Harris       | Richmond           | 7.38 |
| 1988 | Marlene Poole       | Grimsley           | 7.27 |
| 1989 | Marlene Poole       | Dudley             | 7.14 |
| 1990 | Alice Vinson        | Sun Valley         | 7.23 |
| 1991 | Lynetta Golden      | South Stokes       | 7.08 |
| 1992 | Monique Wilkins     | North Forsyth      | 7.34 |
| 1993 | Toi Wilson          | D.H. Conley        | 7.14 |
| 1994 | Sabrina Thompson    | Fike               | 7.16 |
| 1995 | Sabrina Thompson    | Fike               | 7.15 |
| 1996 | Sabrina Thompson    | Fike               | 7.00 |
| 1997 | Aspen Powell        | Pinecrest          | 7.22 |
| 1998 | Demetria Washington | Terry Sanford      | 7.20 |
| 1999 | Lasonia Collins     | Independence       | 7.10 |
| 2000 | Kiki Collins        | Grimsley           | 7.15 |
| 2001 | Tempess Stark       | Northwest Cabarrus | 7.26 |
| 2002 | Tempess Stark       | Northwest Cabarrus | 7.20 |
| 2003 | Tempess Stark       | Northwest Cabarrus | 7.09 |
| 2004 | Portia Baker        | Southwest Guilford | 7.13 |
| 2005 | Chalonda Silver     | Rocky Mount        | 7.10 |
| 2006 | Gabby Mayo          | Southeast Raleigh  | 6.87 |

#### 1A/2A/3A

|      |                 |               |      |
|------|-----------------|---------------|------|
| 2007 | Kelsey McCorkle | South Central | 7.11 |
| 2008 | Stormy Kendrick | Forestview    | 7.02 |
| 2009 | Stormy Kendrick | Forestview    | 7.04 |
| 2010 | Erin Tucker     | J.M. Robinson | 7.19 |
| 2011 | Zikeena Parker* | Rocky Mount   | 7.28 |
| 2012 | Paisley Simmons | T.W. Andrews  | 7.17 |
| 2013 | Paisley Simmons | T.W. Andrews  | 7.17 |

#### 1A/2A

|      |                  |                    |      |
|------|------------------|--------------------|------|
| 2014 | Reneazia Collins | Monroe             | 7.24 |
| 2015 | Deonica Reid     | Winston-Salem Prep | 7.23 |
| 2016 | Tajah Walston    | Cummings           | 7.26 |
| 2017 | Nicole Barnes    | T.W. Andrews       | 7.19 |
| 2018 | Nicole Barnes    | T.W. Andrews       | 7.16 |
| 2019 | Allysia Farrar   | Cummings           | 7.17 |

#### 4A

|                    |                   |      |
|--------------------|-------------------|------|
| Gabby Mayo         | Southeast Raleigh | 6.87 |
| Nyosha Bryant      | West Charlotte    | 6.94 |
| Dominique Weathers | Vance             | 7.04 |
| Ebony Scott        | Southeast Raleigh | 7.00 |
| Olicia Sharp*      | Wakefield         | 7.21 |
| Jden Williams      | Wakefield         | 6.96 |
| Sabrina Moore      | North Mecklenburg | 7.10 |

#### 3A

|                  |                   |      |
|------------------|-------------------|------|
| Kylie McMillian  | Southern Guilford | 7.25 |
| Alex Council     | Northwood         | 7.17 |
| Natasha Johnson  | Eastern Wayne     | 7.21 |
| Taylor Henderson | Eastern Guilford  | 7.22 |
| Del'Nique Penn   | Parkland          | 7.13 |
| Alexis Patterson | Parkland          | 7.02 |

#### 4A

|                     |                    |      |
|---------------------|--------------------|------|
| Charminique Hackney | Cary               | 7.05 |
| Sydnei Murphy       | Apex               | 6.95 |
| Tamara Clark        | High Point Central | 7.04 |
| Tamara Clark        | High Point Central | 6.89 |
| Leah Bolden         | High Point Central | 7.07 |
| Jonah Ross          | Garner             | 7.03 |



# Women's Indoor Track & Field Individual Event State Champions



## 300 Yard / 300 Meter Dash Became 300 Meter Dash in 1995 Open Classification

|      |                     |                    |       |
|------|---------------------|--------------------|-------|
| 1987 | Alisa Foust         | Jacksonville       | 38.30 |
| 1988 | Marlene Poole       | Grimsley           | 37.04 |
| 1989 | Marlene Poole       | Dudley             | 36.47 |
| 1990 | Tonya Avery         | Jacksonville       | 37.72 |
| 1991 | Tonya Avery         | Jacksonville       | 37.71 |
| 1992 | Katrina Jarrett     | North Rowan        | 38.40 |
| 1993 | Toi Wilson          | D.H. Conley        | 37.52 |
| 1994 | Sabrina Thompson    | Fike               | 37.40 |
| 1995 | Crystal Cox         | Pine Forest        | 40.46 |
| 1996 | Crystal Cox         | Pine Forest        | 41.09 |
| 1997 | Crystal Cox         | Pine Forest        | 40.56 |
| 1998 | Demetria Washington | Terry Sanford      | 40.44 |
| 1999 | Lasonia Collins     | Independence       | 40.19 |
| 2000 | Carol Merritt       | Garner             | 41.40 |
| 2001 | Tempess Stark       | Northwest Cabarrus | 42.41 |
| 2002 | Portia Baker        | Southwest Guilford | 41.07 |
| 2003 | Portia Baker        | Southwest Guilford | 39.87 |
| 2004 | Portia Baker        | Southwest Guilford | 39.55 |
| 2005 | Felicia Paulding    | Harding            | 40.73 |
| 2006 | Gabby Mayo          | Southeast Raleigh  | 38.94 |

### 1A/2A/3A

|      |                  |                    |       |
|------|------------------|--------------------|-------|
| 2007 | Kelsey McCorkle  | South Central      | 40.22 |
| 2008 | Radiance Basden  | Western Guilford   | 40.65 |
| 2009 | Trisha Bennett   | Winston-Salem Prep | 40.39 |
| 2010 | Breahna Morrison | Weddington         | 41.26 |
| 2011 | Briana Haith*    | Granville Central  | 39.94 |
| 2012 | Briana Haith     | Granville Central  | 39.81 |
| 2013 | Reneazia Collins | Monroe             | 40.56 |

### 1A/2A

|      |                |                 |       |
|------|----------------|-----------------|-------|
| 2014 | Shakai Ward    | Elkin           | 41.60 |
| 2015 | Shakai Ward    | Elkin           | 41.81 |
| 2016 | Tajah Walston  | Cumming         | 40.95 |
| 2017 | Payton Russell | North Rowan     | 40.29 |
| 2018 | Araybian Lilly | West Montgomery | 41.34 |
| 2019 | Allysia Farrar | Lexington       | 40.50 |

### 4A

|                   |                |       |
|-------------------|----------------|-------|
| Gabrielle Glenn   | Providence     | 40.45 |
| Nyosha Bryant     | West Charlotte | 41.23 |
| Taylor Dewberry   | Mount Tabor    | 40.32 |
| Ariah Graham      | Wakefield      | 39.85 |
| Ariah Graham*     | Wakefield      | 39.17 |
| Tyler Brockington | Dudley         | 39.25 |
| Tyra Lee          | Wakefield      | 38.76 |

### 3A

|                  |              |       |
|------------------|--------------|-------|
| Cambria Shuford  | Statesville  | 41.43 |
| Courtney Warner  | C.B. Aycock  | 40.67 |
| Kev'via Copening | Ledford      | 40.80 |
| Micheala Nelms   | Nash Central | 40.64 |
| Jordan Sales     | J.H. Rose    | 40.61 |
| Alysia Johnson   | Hillside     | 39.92 |

### 4A

|                   |                    |       |
|-------------------|--------------------|-------|
| Ama-Selina Tchume | Providence         | 39.21 |
| Ebony Williams    | Parkland           | 39.06 |
| Tamara Clark      | High Point Central | 39.23 |
| Tamara Clark      | High Point Central | 37.81 |
| Kyna Robinson     | Southeast Raleigh  | 39.73 |
| Sierra Fletcher   | Southeast Raleigh  | 39.49 |



# Women's Indoor Track & Field Individual Event State Champions



## 500 Yard / 500 Meter Dash Became 500 Meter Dash in 1995 Open Classification

|                 |                     |                     |         |
|-----------------|---------------------|---------------------|---------|
| 1987            | Tomi Ogunba         | East Mecklenburg    | 1:30.50 |
| 1988            | Tomi Ogunba         | East Mecklenburg    | 1:28.10 |
| 1989            | Leslie McCaskill    | East Mecklenburg    | 1:28.72 |
| 1990            | Marlene Poole       | Dudley              | 1:29.14 |
| 1991            | Frances Morgan      | East Mecklenburg    | 1:30.36 |
| 1992            | Bridget Johnson     | Ben L. Smith        | 1:30.80 |
| 1993            | Michelle McRae      | Williams            | 1:27.10 |
| 1994            | Keeya McManus       | Olympic             | 1:31.80 |
| 1995            | Crystal Cox         | Pine Forest         | 1:17.53 |
| 1996            | Florencia Hunt      | Hillside            | 1:17.87 |
| 1997            | Kiona Kirkpatrick   | Providence          | 1:19.25 |
| 1998            | Demetria Washington | Terry Sanford       | 1:17.42 |
| 1999            | Tondra White        | Olympic             | 1:20.58 |
| 2000            | Daniello David      | Seventy-First       | 1:21.02 |
| 2001            | Samantha Murillo    | Davie County        | 1:18.15 |
| 2002            | Jeretha Massey      | Ben L. Smith        | 1:18.03 |
| 2003            | Carlitha Sturdivant | Independence        | 1:18.05 |
| 2004            | Janet Carruthers    | Harding             | 1:19.59 |
| 2005            | Ebonie Cunningham   | Southeast Raleigh   | 1:16.45 |
| 2006            | Lynda Hiller        | Apex                | 1:18.11 |
| <b>1A/2A/3A</b> |                     |                     |         |
| 2007            | Erika Charles       | Durham Sch. of Arts | 1:17.36 |
| 2008            | Brandy Swann        | Jacksonville        | 1:19.08 |
| 2009            | Kaneisha Williams   | Dudley              | 1:17.39 |
| 2010            | Francesca Evans     | Cummings            | 1:17.04 |
| 2011            | Sage Proffitt*      | North Buncombe      | 1:18.99 |
| 2012            | Sage Proffitt       | North Buncombe      | 1:17.53 |
| 2013            | Maya Evans          | Fike                | 1:16.50 |
| <b>1A/2A</b>    |                     |                     |         |
| 2014            | Reneazia Collins    | Monroe              | 1:19.09 |
| 2015            | Wimi Gbadegesin     | Durham Sch. of Arts | 1:21.37 |
| 2016            | Julia Grainda       | C. S. Davidson      | 1:21.60 |
| 2017            | Araybian Lilly      | West Montgomery     | 1:16.79 |
| 2018            | Araybian Lilly      | West Montgomery     | 1:17.99 |
| 2019            | Samantha Payne      | Ledford             | 1:17.58 |

|                    |                   |         |
|--------------------|-------------------|---------|
| <b>4A</b>          |                   |         |
| Ebonie Cunningham  | Southeast Raleigh | 1:14.41 |
| Lauren Gulley      | Mallard Creek     | 1:17.33 |
| Sanura Eley-O'Reil | Jack Britt        | 1:15.89 |
| T'Shelia Mungo     | Independence      | 1:15.53 |
| Keni Harrison*     | Clayton           | 1:16.26 |
| Tiana Patillo      | Wakefield         | 1:17.29 |
| Layla White        | Cary              | 1:14.94 |
| <b>3A</b>          |                   |         |
| Kacie Hicks        | Marvin Ridge      | 1:20.84 |
| Cambria Shuford    | Statesville       | 1:18.24 |
| Mackenzie Whitaker | West Carteret     | 1:21.13 |
| Carisha Leonard    | Nash Central      | 1:17.81 |
| Megan Marvin       | Chapel Hill       | 1:17.66 |
| Alysia Johnson     | Hillside          | 1:14.05 |

|                       |                   |         |
|-----------------------|-------------------|---------|
| <b>4A</b>             |                   |         |
| Layla White           | Cary              | 1:15.12 |
| Layla White           | Cary              | 1:14.10 |
| McKinley McNeill      | Parkland          | 1:14.24 |
| Maya Singletary       | Hoke County       | 1:13.47 |
| Kyna Robinson         | Southeast Raleigh | 1:12.33 |
| Ella Manwaring Foster | Providence        | 1:16.34 |



# Women's Indoor Track & Field Individual Event State Champions



## 1000 Yard / 1000 Meter Dash

*Became 1000 Meter Dash in 1995*

### Open Classification

|      |                   |                   |         |
|------|-------------------|-------------------|---------|
| 1987 | Kerry Porter      | Jordan            | 2:57.40 |
| 1988 | Tomi Ogunba       | East Mecklenburg  | 2:51.07 |
| 1989 | Amy Neal          | East Forsyth      | 2:50.66 |
| 1990 | Trudy Stallings   | Dudley            | 2:49.55 |
| 1991 | Karen Godlock     | Polk County       | 2:50.28 |
| 1992 | Mia Richardson    | McMichael         | 2:46.19 |
| 1993 | Ami Herrman       | Providence        | 2:49.67 |
| 1994 | Laura Hughes      | Sun Valley        | 2:47.20 |
| 1995 | Mandy Becker      | Fuquay-Varina     | 3:10.06 |
| 1996 | Mandy Becker      | Fuquay-Varina     | 3:06.08 |
| 1997 | Jennifer Dimsdale | Polk County       | 3:10.56 |
| 1998 | Jennifer Dimsdale | Polk County       | 3:08.77 |
| 1999 | Karen Medlin      | Athens Drive      | 3:09.64 |
| 2000 | Karen Medlin      | Athens Drive      | 3:11.30 |
| 2001 | Karen Medlin      | Broughton         | 3:07.32 |
| 2002 | Julia Lucas       | Myers Park        | 2:56.73 |
| 2003 | Krystle Medlin    | Southeast Raleigh | 3:05.54 |
| 2004 | Krystle Medlin    | Southeast Raleigh | 3:05.85 |
| 2005 | Callan Fike       | Athens Drive      | 3:07.03 |
| 2006 | Katie Fields      | Pinecrest         | 3:01.50 |

#### 1A/2A/3A

|      |                  |                    |         |
|------|------------------|--------------------|---------|
| 2007 | Heather Beichner | Cardinal Gibbons   | 3:10.26 |
| 2008 | Laura Hoer       | T.C. Roberson      | 3:05.49 |
| 2009 | Ryanna Henderson | Jacksonville       | 3:03.22 |
| 2010 | Destine Kirkman  | Harding University | 3:08.66 |
| 2011 | Sarah Rapp*      | Cardinal Gibbons   | 3:06.43 |
| 2012 | Emily Vance      | Overhills          | 3:08.46 |
| 2013 | Blake Dodge      | West Carteret      | 3:01.59 |

#### 1A/2A

|      |                  |                   |         |
|------|------------------|-------------------|---------|
| 2014 | Malia Ellington  | C. S. Davidson    | 2:59.72 |
| 2015 | Malia Ellington  | C. S. Davidson    | 3:09.14 |
| 2016 | Alex Rodman      | First Flight      | 3:02.92 |
| 2017 | Alex Rodman      | First Flight      | 3:03.33 |
| 2018 | Victoria Swepson | Research Triangle | 3:07.82 |
| 2019 | Victoria Swepson | Research Triangle | 3:05.05 |

#### 4A

|                    |                   |         |
|--------------------|-------------------|---------|
| Amanda Lapp        | Southeast Raleigh | 3:02.45 |
| Marya Slater       | West Johnston     | 3:09.07 |
| Maraya Slater      | West Johnston     | 3:04.74 |
| Becca Deloache     | Myers Park        | 2:56.70 |
| Jennie Cunningham* | Pinecrest         | 3:02.98 |
| Jennie Cunningham  | Pinecrest         | 2:57.41 |
| Jennie Cunningham  | Pinecrest         | 2:57.46 |

#### 3A

|                  |               |         |
|------------------|---------------|---------|
| Blake Dodge      | West Carteret | 2:58.25 |
| Naomi Cartier    | Asheville     | 3:02.59 |
| Anna Passannante | Chapel Hill   | 2:58.37 |
| Sarah LaTour     | Cuthbertson   | 3:02.34 |
| Elise Wright     | T.C. Roberson | 2:39.22 |
| Megan Marvin     | Chapel Hill   | 3:02.56 |

#### 4A

|                  |                |         |
|------------------|----------------|---------|
| Nevada Mareno    | Leesville Road | 2:56.24 |
| Nevada Mareno    | Leesville Road | 2:53.81 |
| G'Jasmyne Butler | Leesville Road | 2:58.33 |
| Janay Hall       | South View     | 3:01.03 |
| Sophie Faircloth | Reagan         | 3:03.80 |
| Cora Cooke       | Myers Park     | 2:55.97 |



# Women's Indoor Track & Field Individual Event State Champions



## 1 Mile / 1600 Meter Dash

*Became 1600 Meter Dash in 1995*

### Open Classification

|      |                     |                  |         |
|------|---------------------|------------------|---------|
| 1987 | Stacey Watkins      | Grimsley         | 5:14.50 |
| 1988 | Cessy Hudson        | East Burke       | 5:23.61 |
| 1989 | Leslie McCaskill    | East Mecklenburg | 5:33.70 |
| 1990 | Andrea Bailey       | Millbrook        | 5:23.36 |
| 1991 | Andrea Bailey       | Millbrook        | 5:14.70 |
| 1992 | Karen Godlock       | Polk County      | 5:18.40 |
| 1993 | Karen Godlock       | Polk County      | 5:09.12 |
| 1994 | Frances Wagner      | E.E. Smith       | 5:18.50 |
| 1995 | Mandy Becker        | Fuquay-Varina    | 5:12.43 |
| 1996 | Mandy Becker        | Fuquay-Varina    | 5:14.88 |
| 1997 | Jennifer Dimsdale   | Polk County      | 5:21.53 |
| 1998 | Sarah Vance Goodman | T.C. Roberson    | 5:12.26 |
| 1999 | Alisha Little       | East Burke       | 5:13.10 |
| 2000 | Casey McGraw        | Freedom          | 5:16.93 |
| 2001 | Katherine Merrill   | Jordan           | 5:21.00 |
| 2002 | Erika Schneble      | Hendersonville   | 5:06.16 |
| 2003 | Taylor Steelman     | Mount Tabor      | 5:16.99 |
| 2004 | Katie Fields        | Pinecrest        | 5:14.83 |
| 2005 | Callan Fike         | Athens Drive     | 5:20.50 |
| 2006 | Callan Fike         | Athens Drive     | 5:16.24 |

#### 1A/2A/3A

|      |                  |                  |         |
|------|------------------|------------------|---------|
| 2007 | Kylie Smith      | T.C. Roberson    | 5:25.96 |
| 2008 | Ryanna Henderson | Jacksonville     | 5:18.37 |
| 2009 | Laura Hoer       | T.C. Roberson    | 5:18.27 |
| 2010 | Sarah Rapp       | Cardinal Gibbons | 5:19.31 |
| 2011 | Sarah Rapp*      | Cardinal Gibbons | 5:14.63 |
| 2012 | Blake Dodge      | West Carteret    | 5:09.54 |
| 2013 | Blake Dodge      | West Carteret    | 5:12.35 |

#### 1A/2A

|      |                  |                |         |
|------|------------------|----------------|---------|
| 2014 | Malia Ellington  | C. S. Davidson | 4:58.43 |
| 2015 | Malia Ellington  | C. S. Davidson | 5:35.27 |
| 2016 | Brittany Stanley | Mount Pleasant | 5:08.46 |
| 2017 | Alex Rodman      | First Flight   | 5:09.61 |
| 2018 | Alex Rodman      | First Flight   | 5:18.37 |
| 2019 | Sofia Wong       | NCSSM          | 5:21.57 |

#### 4A

|                   |              |         |
|-------------------|--------------|---------|
| Callan Fike       | Athens Drive | 5:11.93 |
| Andie Cozzarelli  | Apex         | 5:10.21 |
| Samantha George   | Millbrook    | 5:13.94 |
| Samantha George   | Millbrook    | 5:03.82 |
| Lauren Colberg*   | Green Hope   | 5:12.89 |
| Darby Middlebrook | Watauga      | 5:01.72 |
| Maura McDonald    | Green Hope   | 5:10.30 |

#### 3A

|                    |               |         |
|--------------------|---------------|---------|
| Blake Dodge        | West Carteret | 5:08.12 |
| Alexa King         | Marvin Ridge  | 5:09.90 |
| Alexa King         | Marvin Ridge  | 5:12.10 |
| Katherine Dokholya | Chapel Hill   | 5:09.05 |
| Elise Wright       | T.C. Roberson | 5:00.71 |
| Leah Helms         | Cuthbertson   | 5:11.05 |

#### 4A

|                  |                |         |
|------------------|----------------|---------|
| Blair Ramsey     | Grimsley       | 4:59.41 |
| Nevada Mareno    | Leesville Road | 4:57.77 |
| Blair Ramsey     | Grimsley       | 5:01.83 |
| Isabel Zimmerman | Reagan         | 5:03.58 |
| Sophie Faircloth | Reagan         | 5:02.92 |
| Carmen Alder     | Pinecrest      | 5:02.77 |



# Women's Indoor Track & Field Individual Event State Champions



## 2 Mile / 3200 Meter Dash

*Became 3200 Meter Dash in 1995*

### Open Classification

|      |                     |                |          |
|------|---------------------|----------------|----------|
| 1987 | Stacey Watkins      | Grimsley       | 11:29.60 |
| 1988 | Silica Johnson      | Grimsley       | 12:03.00 |
| 1989 | Windi McIntire      | Watauga        | 11:53.19 |
| 1990 | Silica Johnson      | Grimsley       | 11:25.10 |
| 1991 | Andrea Bailey       | Millbrook      | 11:32.45 |
| 1992 | Karen Godlock       | Polk County    | 11:15.70 |
| 1993 | Karen Godlock       | Polk County    | 11:25.24 |
| 1994 | Meredith Faircloth  | Broughton      | 12:13.30 |
| 1995 | Mandy Becker        | Fuquay-Varina  | 11:22.68 |
| 1996 | Erin Musson         | Wilkes Central | 11:56.16 |
| 1997 | Fran Lattie         | Lumberton      | 12:00.92 |
| 1998 | Sarah Vance Goodman | T.C. Roberson  | 10:48.48 |
| 1999 | Alisha Little       | East Burke     | 11:16.20 |
| 2000 | Casey McGraw        | Freedom        | 11:28.27 |
| 2001 | Ginger Wheeler      | Mount Tabor    | 11:41.80 |
| 2002 | Carly Matthews      | Mount Tabor    | 10:52.67 |
| 2003 | Amy Dibianca        | Mount Tabor    | 11:27.10 |
| 2004 | Alissa Wilke        | Providence     | 11:30.97 |
| 2005 | Alissa Wilke        | Providence     | 11:29.37 |
| 2006 | Caroline Kirby      | T.C. Roberson  | 11:25.02 |

#### 1A/2A/3A

|      |                     |                  |          |
|------|---------------------|------------------|----------|
| 2007 | Kathryn Dispennette | T.C. Roberson    | 11:49.31 |
| 2008 | Lindsay Ester       | Williams         | 11:31.21 |
| 2009 | Sarah Rapp          | Cardinal Gibbons | 11:46.85 |
| 2010 | Sarah Rapp          | Cardinal Gibbons | 11:39.15 |
| 2011 | Sarah Rapp*         | Cardinal Gibbons | 11:27.59 |
| 2012 | Mary Grace Doggett  | Cardinal Gibbons | 11:36.58 |
| 2013 | Mary Grace Doggett  | Cardinal Gibbons | 11:13.85 |

#### 1A/2A

|      |                    |                |          |
|------|--------------------|----------------|----------|
| 2014 | Malia Ellington    | C. S. Davidson | 11:27.96 |
| 2015 | Malia Ellington    | C. S. Davidson | 11:19.82 |
| 2016 | Brittany Stanley   | Mount Pleasant | 11:27.81 |
| 2017 | Anna-Kathryn Kilby | Forbush        | 11:44.03 |
| 2018 | Anna-Kathryn Kilby | Forbush        | 11:35.57 |
| 2019 | Hannah Preisser    | Carrboro       | 11:06.00 |

#### 4A

|                  |                   |          |
|------------------|-------------------|----------|
| Andie Cozzarelli | Apex              | 11:29.79 |
| Andie Cozzarelli | Apex              | 11:23.53 |
| Kim Spano        | North Mecklenburg | 11:10.25 |
| Lexie Schustrom  | Pinecrest         | 11:10.25 |
| Julie Swaim*     | Reagan            | 11:10.31 |
| Anna McBride     | Davie County      | 11:04.51 |
| Bianca Bishop    | Providence        | 11:15.23 |

#### 3A

|                |                  |          |
|----------------|------------------|----------|
| Sophie Ebihara | Cardinal Gibbons | 10:55.82 |
| Sophie Ebihara | Cardinal Gibbons | 11:13.93 |
| Anna Vess      | A.C. Reynolds    | 10:57.71 |
| Emme Fisher    | West Carteret    | 11:29.14 |
| Sarah LaTour   | Cuthbertson      | 11:03.16 |
| Jonna Strange  | North Iredell    | 10:53.15 |

#### 4A

|                  |                  |          |
|------------------|------------------|----------|
| Kayla Montgomery | Mount Tabor      | 10:43.87 |
| Elly Henes       | Green Hope       | 10:43.45 |
| Sara Platek      | Ragsdale         | 10:31.94 |
| Sara Platek      | Ragsdale         | 10:31.57 |
| Carmen Alder     | Pinecrest        | 11:08.83 |
| Katharine Priu   | Cardinal Gibbons | 10:56.87 |



# Women's Indoor Track & Field Individual Event State Champions



## 60 Yard Hurdles / 55 Meter Hurdles

*Became 55 Meter Hurdles in 1995*

### Open Classification

|      |                   |                   |      |
|------|-------------------|-------------------|------|
| 1987 | Shana Mitchell    | Apex              | 8.79 |
| 1988 | Lorie Peele       | Hillside          | 8.74 |
| 1989 | Lorie Peele       | Hillside          | 8.43 |
| 1990 | Cassandra Adams   | Richmond          | 8.50 |
| 1991 | Yohanna Chavis    | Myers Park        | 8.95 |
| 1992 | Jennifer Kalanick | Grimsley          | 8.74 |
| 1993 | DeAnne Davis      | Cummings          | 8.60 |
| 1994 | DeAnne Davis      | Cummings          | 8.48 |
| 1995 | DeAnne Davis      | Cummings          | 8.37 |
| 1996 | DeAnne Davis      | Cummings          | 8.21 |
| 1997 | Brenda Taylor     | Watauga           | 8.28 |
| 1998 | Latasha Pharr     | North Rowan       | 8.33 |
| 1999 | Kim Jones         | Grimsley          | 8.45 |
| 2000 | Latasha Pharr     | North Rowan       | 8.33 |
| 2001 | Latasha Pharr     | North Rowan       | 8.15 |
| 2002 | Chandra Pulliam   | Cummings          | 8.19 |
| 2003 | Chandra Pulliam   | Cummings          | 8.07 |
| 2004 | Dominique Price   | Cummings          | 8.28 |
| 2005 | Jennifer Webster  | Providence        | 8.39 |
| 2006 | Gabby Mayo        | Southeast Raleigh | 7.92 |

#### 1A/2A/3A

|      |                 |               |      |
|------|-----------------|---------------|------|
| 2007 | Latoya James    | Cummings      | 8.18 |
| 2008 | Sherice Walker  | Cummings      | 8.16 |
| 2009 | Sherice Walker  | Cummings      | 8.07 |
| 2010 | Erin Tucker     | J.M. Robinson | 8.28 |
| 2011 | Juanita Leto*   | Concord       | 8.45 |
| 2012 | Francesca Evans | Cummings      | 8.42 |
| 2013 | Nora McKiver    | T.W. Andrews  | 8.21 |

#### 1A/2A

|      |                      |              |      |
|------|----------------------|--------------|------|
| 2014 | Kayla Moore          | Cummings     | 8.20 |
| 2015 | Kayla Moore          | Cummings     | 8.49 |
| 2016 | Kayla Moore          | Cummings     | 8.28 |
| 2017 | Kayla Moore          | Cummings     | 8.03 |
| 2018 | Nicole Barnes        | T.W. Andrews | 8.11 |
| 2019 | Alyssa Thompson Rowe | Lexington    | 8.18 |

#### 4A

|                  |                    |      |
|------------------|--------------------|------|
| Ashley Bethune   | Harding            | 8.08 |
| Ashley Bethune   | Harding            | 8.10 |
| Brittany Carroll | Harding            | 8.22 |
| Danielle Davis   | Southeast Raleigh  | 8.12 |
| Mollie Williams* | Clayton            | 8.38 |
| Alexis Perry     | Jordan             | 8.18 |
| Hunter Roberts   | Southwest Guilford | 8.10 |

#### 3A

|                  |                   |      |
|------------------|-------------------|------|
| Kylie McMillan   | Southern Guilford | 8.08 |
| Kylie McMillan   | Southern Guilford | 8.11 |
| Torri Weathers   | Hickory Ridge     | 8.60 |
| Randi Yeomans    | West Carteret     | 8.56 |
| Charnessa Reid   | Mount Tabor       | 8.16 |
| Alexis Patterson | Parkland          | 8.03 |

#### 4A

|                 |                   |      |
|-----------------|-------------------|------|
| Jacklyn Howell  | Southeast Raleigh | 7.95 |
| Ebony Williams  | Parkland          | 7.81 |
| Breanne Bygrave | Wakefield         | 7.89 |
| Akira Rhodes    | Mallard Creek     | 8.03 |
| Sierra Fletcher | Southeast Raleigh | 8.02 |
| Sierra Fletcher | Southeast Raleigh | 8.04 |



# Women's Indoor Track & Field Individual Event State Champions



## High Jump

### Open Classification

|      |                    |                 |          |
|------|--------------------|-----------------|----------|
| 1987 | Chentelle LeGendre | Jacksonville    | 5'09"    |
| 1988 | Chentelle LeGendre | Jacksonville    | 5'02"    |
| 1989 | Kim Jones          | Statesville     | 5'04"    |
| 1990 | Kim Jones          | Statesville     | 5'05"    |
| 1991 | Kim Jones          | Statesville     | 5'09.25" |
| 1992 | Kim Jones          | Statesville     | 5'06"    |
| 1993 | Halima Haith       | Ben L. Smith    | 5'02"    |
| 1994 | Adriane Sims       | Douglas Byrd    | 5'06"    |
| 1995 | Lindsay Taylor     | Watauga         | 5'08.5"  |
| 1996 | Adriane Sims       | Douglas Byrd    | 5'10"    |
| 1997 | Lindsay Taylor     | Watauga         | 5'08.5"  |
| 1998 | Allison Bowden     | Leesville Road  | 5'06"    |
| 1999 | Jo Ann Jackson     | Millbrook       | 5'04"    |
| 2000 | Adrienne Lunsford  | Northern Durham | 5'04"    |
| 2001 | Debbie Martin      | Apex            | 5'04"    |
| 2002 | Debbie Martin      | Apex            | 5'08"    |
| 2003 | Debbie Martin      | Apex            | 5'06"    |
| 2004 | Patience Coleman   | Southern Durham | 5'10"    |
| 2005 | Jennifer Webster   | Providence      | 5'04"    |
| 2006 | Patience Coleman   | Southern Durham | 5'06"    |

#### 1A/2A/3A

|      |                  |               |       |
|------|------------------|---------------|-------|
| 2007 | Amy Wenner       | Ragsdale      | 5'02" |
| 2008 | Jordan Lee       | Cedar Ridge   | 5'04" |
| 2009 | Sarah Watts      | T.C. Roberson | 5'00" |
| 2010 | Jasmine Williams | Nash Central  | 5'02" |
| 2011 | Emily Kimble*    | Owen          | 5'04" |
| 2012 | Makayla Roten    | West Wilkes   | 5'06" |
| 2013 | Makayla Roten    | West Wilkes   | 5'06" |

#### 1A/2A

|      |                 |                 |        |
|------|-----------------|-----------------|--------|
| 2014 | Hunter Welborn  | Starmount       | 5'06"  |
| 2015 | Kylie Polsgrove | Avery County    | 5'04"  |
| 2016 | Mikel Franklin  | T.W. Andrews    | 5'06"  |
| 2017 | Brianna Sanders | North Brunswick | 5'04"  |
| 2018 | Kathlyn Mauck   | Mount Airy      | 5'02"* |
|      | Kennedy Conner  | Franklin        | 5'02"* |
| 2019 | Heidi Sabatini  | First Flight    | 5'04"  |

#### 4A

|                         |                   |       |
|-------------------------|-------------------|-------|
| Patience Coleman        | Southern Durham   | 5'08" |
| Shanika McRae           | Pinecrest         | 5'02" |
| Andrea Beck             | Mount Tabor       | 5'04" |
| Cassidie Cierra Burdick | Butler            | 5'04" |
| Sarah Graham*           | Wake Forest       | 5'08" |
| Alexis Perry            | Jordan            | 5'06" |
| Amara Bell              | Southeast Raleigh | 5'04" |

#### 3A

|                  |                  |       |
|------------------|------------------|-------|
| Elizabeth Oleson | Hickory Ridge    | 5'08" |
| Brittany Small   | East Rowan       | 5'06" |
| Maggie Bamber    | Swansboro        | 5'04" |
| Maci Bunting     | Asheboro         | 5'04" |
| Kayla Carson     | East Chapel Hill | 5'04" |
| Netanya Linares  | Cuthbertson      | 5'04" |

#### 4A

|                  |               |       |
|------------------|---------------|-------|
| Jordyn Brown     | Jordan        | 5'04" |
| Jordyn Brown     | Jordan        | 5'06" |
| Kenya Livingston | Rocky River   | 5'08" |
| Kenya Livingston | Rocky River   | 5'09" |
| Morgan Smalls    | Panther Creek | 5'08" |
| Morgan Smalls    | Panther Creek | 6'01" |



# Women's Indoor Track & Field Individual Event State Champions



## Long Jump

### Open Classification

|      |                     |                  |           |
|------|---------------------|------------------|-----------|
| 1987 | Jeanell McIver      | T.W. Andrews     | 16'11.5"  |
| 1988 | Tammy Houston       | Garinger         | 17'10"    |
| 1989 | Marcella Gardin     | Ashbrook         | 18'00"    |
|      | Shevon Martin       | East Forsyth     | 18'00"    |
| 1990 | Alice Vinson        | Sun Valley       | 17'11"    |
| 1991 | Kim Jones           | Statesville      | 17'10"    |
| 1992 | Rahma Mateen        | Ben L. Smith     | 18'05.75" |
| 1993 | Amanda Johnson      | East Carteret    | 17'00.75" |
| 1994 | April Phillips      | Myers Park       | 16'09"    |
| 1995 | Nikki Wells         | Richmond         | 18'01"    |
| 1996 | DeAnne Davis        | Cummings         | 18'04.25" |
| 1997 | Maria Steadman      | Millbrook        | 18'04"    |
| 1998 | Kim Jones           | Grimsley         | 18'09.25" |
| 1999 | Randi Chapman       | Northern Durham  | 18'02.75" |
| 2000 | Ronda White         | Olympic          | 18'05"    |
| 2001 | Kellie Todd         | W. F.-Rolesville | 18'00.5"  |
| 2002 | Vonteena Knotts     | Butler           | 17'09.75" |
| 2003 | Sherina Steele      | West Rowan       | 18'07"    |
| 2004 | Camelia Morman      | Hillside         | 18'00.25" |
| 2005 | Pat Springs         | Mount Tabor      | 18'10"    |
| 2006 | Nyosha Bryant       | Harding          | 18'03"    |
|      | <b>1A/2A/3A</b>     |                  |           |
| 2007 | Kiara Crutchfield   | Ragsdale         | 18'03.5"  |
| 2008 | Sherice Walker      | Cummings         | 17'07.5"  |
| 2009 | Sherice Walker      | Cummings         | 18'11.75" |
| 2010 | Teaunna Cuthbertson | North Rowan      | 18'06.75" |
| 2011 | Shelby Hall*        | Graham           | 17'05.75" |
| 2012 | Courtney Crawford   | McMichael        | 18'01.25" |
| 2013 | Lydia Laws          | Western Alamance | 17'04"    |
|      | <b>1A/2A</b>        |                  |           |
| 2014 | Kayla Moore         | Cummings         | 18'03"    |
| 2015 | Deonica Reid        | W-Salem Prep     | 17'02.25" |
| 2016 | Kenvae Majors       | Cummings         | 17'11.75" |
| 2017 | Nicole Barnes       | T.W. Andrews     | 18'01.25" |
| 2018 | Nicole Barnes       | T.W. Andrews     | 17'07.25" |
| 2019 | Jydia Faucette      | Cummings         | 17'03.00" |
| 2020 |                     |                  |           |

|                    |                   |           |
|--------------------|-------------------|-----------|
|                    | <b>4A</b>         |           |
| Ranae Nelson       | Harding           | 19'00.25" |
| Jacinda Evans      | Southern Durham   | 19'01.25" |
| Nyosha Bryant      | West Charlotte    | 19'00"    |
| Joann Blakney      | West Mecklenburg  | 18'00"    |
| Ariah Graham*      | Wakefield         | 17'11.25" |
| Ariah Graham       | Wakefield         | 19'00"    |
| Sabrina Moore      | North Mecklenburg | 18'07"    |
|                    | <b>3A</b>         |           |
| Chelsey Hargrave   | Williams          | 17'10.5"  |
| Courtney Cefalo    | Ledford           | 17'04.75" |
| Mackenzie Whitaker | West Carteret     | 17'10.5"  |
| Mackenzie Whitaker | West Carteret     | 18'03.25" |
| Zinzili Kelley     | Douglas Byrd      | 18'01.25" |
| Ija Mumford        | Parkland          | 18'05.75" |

|                |               |           |
|----------------|---------------|-----------|
|                | <b>4A</b>     |           |
| Sydnei Murphy  | Apex          | 19'04"    |
| Sydnei Murphy  | Apex          | 19'07"    |
| Lauren White   | Rolesville    | 18'06.5"  |
| Jade Jordan    | Pine Forest   | 18'04"    |
| Jirah Sidberry | Rocky River   | 18'08.5"  |
| Morgan Smalls  | Panther Creek | 19'11.25" |



# Women's Indoor Track & Field Individual Event State Champions



## Triple Jump

### Open Classification

|      |                  |                    |           |
|------|------------------|--------------------|-----------|
| 1987 | Karen Dixon      | J.H. Rose          | 36'01"    |
| 1988 | Nikki Poteat     | Dudley             | 37'10"    |
| 1989 | Alice Vinson     | Sun Valley         | 36'11"    |
| 1990 | Alice Vinson     | Sun Valley         | 38'05.75" |
| 1991 | Tonya Avery      | Jacksonville       | 37'06.75" |
| 1992 | Crystal Carlton  | Wilkes Central     | 35'11.25" |
| 1993 | Twyla Smith      | Pinecrest          | 38'02"    |
| 1994 | DeAnne Davis     | Cummings           | 38'09.75" |
| 1995 | Twyla Smith      | Pinecrest          | 40'11.5"  |
| 1996 | DeAnne Davis     | Cummings           | 40'08"    |
| 1997 | Taressa Davis    | Southern Durham    | 38'09.75" |
| 1998 | Virginia Lacombe | South Caldwell     | 36'07.5"  |
| 1999 | Latasha Pharr    | North Rowan        | 39'01.5"  |
| 2000 | Latasha Pharr    | North Rowan        | 39'07"    |
| 2001 | Jennifer Cloud   | Northwest Guilford | 37'09"    |
| 2002 | Sherina Steele   | West Rowan         | 38'01"    |
| 2003 |                  |                    |           |
| 2004 | Camelia Morman   | Hillside           | 38'09.50" |
| 2005 | Amelia Black     | Millbrook          | 36'01.5"  |
| 2006 | Danielle Thorpe  | Jordan             | 38'00.5"  |
|      | <b>1A/2A/3A</b>  |                    |           |
| 2007 | Sherice Walker   | Cummings           | 38'07.5"  |
| 2008 | Sherice Walker   | Cummings           | 37'10"    |
| 2009 | Sherice Walker   | Cummings           | 38'08"    |
| 2010 | Kortney Williams | Cummings           | 36'07.75" |
| 2011 | Francesca Evans* | Cummings           | 36'11.75" |
| 2012 | Francesca Evans  | Cummings           | 39'00.5"  |
| 2013 | Teshlyn Smith    | South Granville    | 36'08"    |
|      | <b>1A/2A</b>     |                    |           |
| 2014 | Hunter Welborn   | Starmount          | 36'05"    |
| 2015 | Peighton Simmons | T.W. Andrews       | 36'11"    |
| 2016 | Peighton Simmons | T.W. Andrews       | 37'02.5"  |
| 2017 | Peighton Simmons | T.W. Andrews       | 39'08"    |
| 2018 | Nicole Barnes    | T.W. Andrews       | 36'01.75" |
| 2019 | Kendall Jordan   | Cummings           | 35'08.50" |
| 2020 |                  |                    |           |

|                    |                    |           |
|--------------------|--------------------|-----------|
|                    | <b>4A</b>          |           |
| Chrishawn Williams | Southeast Raleigh  | 37'03.5"  |
| Chrishawn Williams | Southeast Raleigh  | 37'05.75" |
| Chrishawn Williams | Southeast Raleigh  | 38'02"    |
| Tristine Johnson   | Jordan             | 38'05.25" |
| Alexis Hall*       | Page               | 37'09.25" |
| Shemiah Brooks     | Southwest Guilford | 39'07"    |
| Tyra Lee           | Wakefield          | 37'06"    |
|                    | <b>3A</b>          |           |
| Chelsey Hargrave   | Williams           | 38'09"    |
| Tamilia Wright     | Williams           | 36'10"    |
| Imani Bennett      | Southern Guilford  | 38'01"    |
| Mackenzie Whitaker | West Carteret      | 38'05"    |
| Hassani Burris     | Ashbrook           | 38'02.75" |
| Jayda Hunter       | Jacksonville       | 38'06.50" |

|                |               |           |
|----------------|---------------|-----------|
|                | <b>4A</b>     |           |
| Alexis Davis   | Butler        | 37'05.5"  |
| Sydnei Murphy  | Apex          | 39'10.5"  |
| Jada Woods     | Hopewell      | 37'11.25" |
| Michelle Cobb  | T.C. Roberson | 37'09.5"  |
| Jirah Sidberry | Rocky River   | 39'08.0"  |
| Morgan Smalls  | Panther Creek | 41'09.75" |



# Women's Indoor Track & Field Individual Event State Champions



## Shot Put

### Open Classification

|      |                     |                  |           |
|------|---------------------|------------------|-----------|
| 1987 | Janene McClure      | Hendersonville   | 37'05"    |
| 1988 | Janene McClure      | Hendersonville   | 43'05"    |
| 1989 | Kelly Sensing       | Erwin            | 38'03"    |
| 1990 | Dashontia Atkinson  | Smithfield-Selma | 39'11"    |
| 1991 | Vernia Wilson       | Jacksonville     | 35'04.5"  |
| 1992 | Peaches Johnson     | Hendersonville   | 36'11"    |
| 1993 | Vernia Wilson       | Jacksonville     | 40'02.5"  |
| 1994 | Michelle Clayton    | East Forsyth     | 38'11"    |
| 1995 | Saleemah Abdullah   | Leesville Road   | 35'10.5"  |
| 1996 | Eve Hammet          | Providence       | 39'10"    |
| 1997 | Tara Clinding       | North Rowan      | 38'09.75" |
| 1998 | Keisha Boggan       | West Mecklenburg | 35'08"    |
| 1999 | Tara Clinding       | North Rowan      | 39'03"    |
| 2000 | Lashonda Horton     | J.H. Rose        | 38'02"    |
| 2001 | Kristie Boggan      | West Mecklenburg | 37'04.25" |
| 2002 | Christina Hernandez | A.C. Reynolds    | 40'11"    |
| 2003 |                     |                  |           |
| 2004 | Kamorean Hayes      | Harding          | 39'10.25" |
| 2005 | Norjai Palma        | Cary             | 42'01"    |
| 2006 | Norjai Palma        | Cary             | 41'07"    |
|      | <b>1A/2A/3A</b>     |                  |           |
| 2007 | Morrison Deirdra    | Wilkes Central   | 37'05.75" |
| 2008 | Morrison Deirdra    | Wilkes Central   | 39'05.5"  |
| 2009 | Gayshawn Watkins    | East Rutherford  | 40'06.25" |
| 2010 | Alisha Bradshaw     | Salisbury        | 38'09"    |
| 2011 | Alisha Bradshaw*    | Salisbury        | 40'11.5"  |
| 2012 | Hailey Cook         | Hendersonville   | 40'00"    |
| 2013 | Hailey Cook         | Hendersonville   | 41'06.25" |
|      | <b>1A/2A</b>        |                  |           |
| 2014 | Alex Cooke          | North Surry      | 40'07.75" |
| 2015 | Samantha Layko      | Croatan          | 39'06.75" |
| 2016 | LesLeigh Tabor      | Franklin         | 37'06"    |
| 2017 | LesLeigh Tabor      | Franklin         | 43'00"    |
| 2018 | Patience Marshall   | Anson            | 44'08.00" |
| 2019 | Blamo Snoh          | Durham Sch. Arts | 39'03.75" |

|                      |                  |           |
|----------------------|------------------|-----------|
|                      | <b>4A</b>        |           |
| Kamorean Hayes       | Harding          | 48'11.75" |
| Aslynn Halvorson     | Butler           | 44'07.75" |
| Clair Watkins        | Butler           | 42'11.5"  |
| Clair Watkins        | Butler           | 39'07.25" |
| Sequoia Watkins*     | T.C. Roberson    | 38'05.25" |
| Breanna Warren       | Western Guilford | 37'00"    |
| Breanna Warren       | Western Guilford | 44'06.75" |
|                      | <b>3A</b>        |           |
| Alexis Dickerson     | Western Alamance | 41'01.25" |
| Ngozi Frances Obuseh | Marvin Ridge     | 36'06.75" |
| Katelyn Prakash      | Weddington       | 36'01.5"  |
| Keyanna Spivey       | Rocky Mount      | 37'07.25" |
| Kayla Beasley        | Hillside         | 44'11.75" |
| Makayla Watkins      | Western Guilford | 38'07.00" |

|                 |               |          |
|-----------------|---------------|----------|
|                 | <b>4A</b>     |          |
| Alycia Springs  | Mallard Creek | 43'11"   |
| Khayla Dawson   | Olympic       | 47'05.5" |
| Khayla Dawson   | Olympic       | 47'06"   |
| Kayla Beasley   | Hillside      | 44'08"   |
| Veronica Fraley | Wakefield     | 47'01"   |
| Destiny Griffin | West Forsyth  | 42'08"   |



# Women's Indoor Track & Field Individual Event State Champions



## Pole Vault

### Open Classification

|      |                  |                |        |
|------|------------------|----------------|--------|
| 2000 | Jodie Nettles    | Providence     | 11'03" |
| 2001 | Erica Derrickson | Millbrook      | 11'00" |
| 2002 | Jessica Fowler   | Hendersonville | 9'06"  |
| 2003 | Jessica Fowler   | Hendersonville | 10'06" |
| 2004 | Tracy Prehoniak  | Vance          | 10'06" |
| 2005 | Sallie Gurganus  | Watauga        | 10'06" |
| 2006 | Sallie Gurganus  | Watauga        | 11'06" |

#### 1A/2A/3A

|      |                  |                   |        |
|------|------------------|-------------------|--------|
| 2007 | Kristina Parker  | White Oak         | 10'06" |
| 2008 | Jordan Lee       | Cedar Ridge       | 9'06"  |
| 2009 | Rebekah Johnston | White Oak         | 9'06"  |
| 2010 | Elizabeth Ambler | Northern Guilford | 10'03" |
| 2011 | Sage Proffitt*   | North Buncombe    | 10'06" |
| 2012 | Sage Proffitt    | North Buncombe    | 12'00" |
| 2013 | Tess Rogers      | North Stokes      | 10'06" |

#### 1A/2A

|      |                  |                |        |
|------|------------------|----------------|--------|
| 2014 | Danielle Brown   | Franklin       | 10'00" |
| 2015 | Ce'nedra Dillard | North Pitt     | 8'06"  |
| 2016 | Emma Laughter    | Hendersonville | 8'00"  |
| 2017 | Leanna Seagraves | Draughn        | 9'08"  |
| 2018 | Sarah Brown      | Surry Central  | 11'00" |
| 2019 | Sarah Brown      | Surry Central  | 11'06" |

#### 4A

|                 |               |        |
|-----------------|---------------|--------|
| Joanna Wright   | R.J. Reynolds | 12'01" |
| Tori Rivers     | Clayton       | 10'06" |
| Cassie Crawford | Panther Creek | 11'06" |
| Cassie Crawford | Panther Creek | 11'06" |
| Sydney White*   | East Forsyth  | 12'02" |
| Sydney White    | East Forsyth  | 12'00" |
| Kristin Lee     | Wakefield     | 12'06" |

#### 3A

|                    |                |          |
|--------------------|----------------|----------|
| Mariel Finger      | North Gaston   | 11'00"   |
| Savannah Creed     | South Johnston | 11'00"   |
| Tessa Sheets       | Northwood      | 11'00"   |
| Tessa Sheets       | Northwood      | 12'07"   |
| Riley Felts        | Weddington     | 12'07.5" |
| Lainie Baumgardner | Cuthbertson    | 11'00"   |

#### 4A

|                |                |        |
|----------------|----------------|--------|
| Anna Eaton     | Apex           | 12'00" |
| Zoe Early      | Apex           | 12'00" |
| Chesney Ward   | Ragsdale       | 12'06" |
| Olivia Goodwin | Cary           | 11'06" |
| Elise Hall     | Leesville Road | 12'00" |
| Lindsay Absher | West Forsyth   | 13'06" |



# Women's Indoor Track & Field Relay Event State Champions



## 800 Meter Relay

|      | 1A/2A                                                                        |              |         |                                                                          | 3A           |         |                                                                      | 4A                 |         |
|------|------------------------------------------------------------------------------|--------------|---------|--------------------------------------------------------------------------|--------------|---------|----------------------------------------------------------------------|--------------------|---------|
| 2015 | Mikel Franklin<br>LaDeja Miller<br>Shabria Bethea<br>Peighton Simmons        | T.W. Andrews | 1:48.94 | Imani Williams<br>Sydni Fields<br>Cassidy McNierney<br>Alyssa Rivera     | Cleveland    | 1:49.78 | Miaysha Bryant<br>Katlin Sherman<br>Shanone Carter<br>Ebony Williams | Parkland           | 1:39.92 |
| 2016 | Kelsia Moore<br>Tajah Walston<br>Lashonda Tate<br>Jaida Torain               | Cummings     | 1:47.19 | Imani Williams<br>Naelee Stone<br>Sydni Fields<br>Cassidy McNierney      | Cleveland    | 1:46.96 | Samantha Davis<br>Charminique Hackney<br>Kaila Lewis<br>Asya Macon   | Southeast Raleigh  | 1:41.58 |
| 2017 | Brianna Nachtigal<br>Trista Taylor<br>Netanya Linares<br>Kennedie Gaither    | Parkwood     | 1:48.94 | Michaela Nelms<br>Myia Spivey<br>Teona Hill<br>T'Keyah Macklin           | Nash Central | 1:46.61 | Leah Bolden<br>Tamara Clark<br>Zhamoura McPhail<br>Lauren Williams   | High Point Central | 1:40.76 |
| 2018 | Alyssa Thompson Rowe<br>Kianna McCandies<br>Ny'Lasia Brown<br>Serenity Davis | Lexington    | 1:48.53 | Shamara Tolliver<br>Del'Nique Penn<br>Diamond Lyerly<br>Alexis Patterson | Parkland     | 1:43.48 | Ani Judd<br>Sierra Fletcher<br>Kyna Robinson<br>Zarejha Hall         | Southeast Raleigh  | 1:41.40 |
| 2019 | Alyssa Thompson Rowe<br>Ziavia Calvin<br>Ny'Lasia Brown<br>Taylor Bennett    | Lexington    | 1:47.91 | Ija Mumford<br>Alexis Patterson<br>Del'Nique Penn<br>Diamond Lyerly      | Parkland     | 1:41.95 | Sierra Fletcher<br>Jahzara Hart<br>Ani Judd<br>Kyna Robinson         | Southeast Raleigh  | 1:40.01 |



# Women's Indoor Track & Field Relay Event State Champions



## 1600 Meter Relay Open Classification

|      |                                  |                                       |                  |         |      |                                          |                                         |                |         |
|------|----------------------------------|---------------------------------------|------------------|---------|------|------------------------------------------|-----------------------------------------|----------------|---------|
| 1987 | Tahnya Carter<br>Marlene Poole   | Ashley Taylor<br>Danez Lyons          | Grimsley         | 4:18.00 | 1997 | Lindsay Taylor<br>Donna Bealer           | Carrie Storie<br>Brenda Taylor          | Watauga        | 4:06.46 |
| 1988 | Danez Lyons<br>Marlene Poole     | Alisa Stone<br>Silica Johnson         | Grimsley         | 4:11.10 | 1998 | Keisha Williams<br>Janelle Johnson       | Markita Mackey<br>Nicolette Shackelford | West Charlotte | 4:14.69 |
| 1989 | Ayo Johnson<br>Angie Artis       | Kumba Fuller<br>Marlene Poole         | Dudley           | 4:07.36 | 1999 | Samantha Porter<br>Cheraton Love         | Lasonia Collins<br>Janelle Johnson      | Independence   | 4:02.70 |
| 1990 | Cynthia Parker<br>Karen McIlwain | Donna Alston<br>Belinda Hope          | Hillside         | 4:11.91 | 2000 | Samantha Porter<br>Phyllesha Blackmon    | Shante Williams                         | Independence   | 4:15.80 |
| 1991 | Grace Crawford<br>Pat Miller     | Millie James<br>Frances Morgan        | East Mecklenburg | 4:16.36 | 2001 | Weahdee Blidee<br>Stephanie Hall         | Whitney Hill<br>Carla Wabibi            | Olympic        | 4:13.17 |
| 1992 | Bridget Johnson<br>Halima Haith  | Dara Flemings<br>Rahma (Rocky) Mateen | Ben L. Smith     | 4:15.10 | 2002 | Jeretha Massey<br>Adelia Fuller          | Christian Woodward<br>Lateisha Johnson  | Ben L. Smith   | 4:10.52 |
| 1993 | Erika Strowd<br>Tamera Smith     | Dakar Scott<br>Keeya McManus          | Olympic          | 4:17.10 | 2003 | Erica Montgomery<br>Claire Ritenle       | Julia Morton<br>Alycia Polzene          | Mount Tabor    | 4:12.58 |
| 1994 | Keeya McManus<br>Dakar Scott     | Shawnta Person<br>Tamera Smith        | Olympic          | 4:14.00 | 2004 |                                          |                                         | Harding        | 4:03.36 |
| 1995 | Andrya Brown<br>Loraine Clayton  | Crystal Cox<br>Melinda Woodard        | Pine Forest      | 4:11.10 | 2005 | Felicia Paulding<br>Sherelle Froneberger | Alexis Ivey<br>Janet Carothers          | Harding        | 4:09.71 |
| 1996 | Carol Haskin<br>Chrissy Zemak    | Sylvia Lalinde<br>Kiona Kirkpatrick   | Providence       | 4:14.09 | 2006 | Alexis Ivey<br>Brittany Carrol           | Felicia Paulding<br>Janet Carothers     | Harding        | 4:06.39 |

### 1A/2A/3A

|      |                                        |                                     |                  |         |
|------|----------------------------------------|-------------------------------------|------------------|---------|
| 2007 | Jasmine Irby<br>Cassie Brannon         | Christine Council<br>Latia Page     | Parkland         | 4:16.29 |
| 2008 | Brittney Cuthrell<br>Jasmin Richardson | Crystal Webley<br>Radiance Basden   | Western Guilford | 4:05.98 |
| 2009 | Kierra Demery<br>Tyler Brockington     | Natalie Nelson<br>Kaneisha Williams | Dudley           | 4:08.98 |
| 2010 | Carly Griffith<br>Brittany Sturdivant  | Haley Kapheim<br>Breahna Morrison   | Weddington       | 4:12.69 |
| 2011 | Taylor Dove*<br>Brittany Fritz*        | Anna Lipocky*<br>Taylor Berry*      | Marvin Ridge     | 4:17.13 |
| 2012 | Mikaela Seibert<br>Raven Covington     | Veronica Pfaff<br>Nikolete Hurrinus | Cuthbertson      | 4:09.24 |
| 2013 | Blake Dodge<br>Katie Cease             | Blair Pearce<br>Becky Branche       | West Carteret    | 4:07.65 |

### 1A/2A

|      |                                     |                                   |                     |         |
|------|-------------------------------------|-----------------------------------|---------------------|---------|
| 2014 | Simi Gbadegsin<br>Lydia Gamble      | Destiny Stevons<br>Hana Ratcliffe | Durham Sch. of Arts | 4:21.96 |
| 2015 | Tori Riggs<br>McKayla Walker        | Tyler Glenn<br>Lydia Best         | Croatan             | 4:24.86 |
| 2016 | Madeline Mayfield<br>Jessica Bevard | Shalin Revels<br>Jo Snow          | Mount Airy          | 4:14.94 |
| 2017 | Jessica Bevard<br>Shalin Revels     | Madeline Mayfield<br>Jo Snow      | Mount Airy          | 4:12.93 |
| 2018 | Trinity White<br>Gracie Damico      | Maleia Smith<br>Kaleigh Hanson    | Croatan             | 4:15.16 |

### 3A

|                    |                 |              |         |
|--------------------|-----------------|--------------|---------|
| Courtney Blanden   | Cyan Mercer     | Weddington   | 4:09.87 |
| Maria Sanchez      | Tracey Weeks    |              |         |
| Maria Sanchez      | Morgan Garrett  | Weddington   | 4:12.22 |
| Jessica Sommers    | Cyan Mercer     |              |         |
| T'Keyah Macklin    | Caresha Leonard | Nash Central | 4:09.57 |
| Anaiya Harris      | Teona Hill      |              |         |
| T'Keyah Macklin    | Carisha Leonard | Nash Central | 4:07.43 |
| Teona Hill         | Michaela Nelms  |              |         |
| Ashlan Bowdry      | Emmaya Waters   | Hillside     | 4:05.89 |
| Shaliyah Wilkerson | Jessica Wright  |              |         |

### 4A

|      |                                      |                                    |                   |         |
|------|--------------------------------------|------------------------------------|-------------------|---------|
| 2007 | Ebonie Cunningham<br>Shenise Gilyard | Tyra Green<br>Amanda Lapp          | Southeast Raleigh | 4:04.65 |
| 2008 | Becca Deloache<br>Kristen Thalman    | Rachel Myrick<br>Katherine Shintay | Myers Park        | 4:11.91 |
| 2009 |                                      |                                    | Mount Tabor       | 4:02.60 |
| 2010 |                                      |                                    | Southeast Raleigh | 3:57.52 |
| 2011 | Olivia Sharp*<br>Kayla Johnson*      | Michaela Birek*<br>Ariah Graham*   | Wakefield         | 4:02.16 |
| 2012 | Tiana Patillo<br>Dejah Jones         | Olivia Sharp<br>Ariah Graham       | Wakefield         | 3:51.74 |
| 2013 | Tiana Patillo<br>Destiny Robinson    | Dejah Jones<br>JeMay Ward          | Wakefield         | 3:53.30 |

### 4A

|                  |                  |                    |         |
|------------------|------------------|--------------------|---------|
|                  |                  | Wakefield          | 4:08.94 |
| McKinley McNeill | Katlin Sherman   | Parkland           | 3:55.16 |
| Kimani Davis     | Ebony Williams   |                    |         |
| Kleo Torres      | Saidah Hardwick  | Southeast Raleigh  | 3:53.64 |
| Kyna Robinson    | Sierra Fletcher  |                    |         |
| Monzerad Creary  | TiCoiya Gidderon | High Point Central | 3:48.73 |
| Zhamoura McPhail | Tamara Clark     |                    |         |
| Sierra Fletcher  | Zarejha Hall     | Southeast Raleigh  | 4:01.89 |
| Alayna Suitte    | Kyna Robinson    |                    |         |



# Women's Indoor Track & Field Relay Event State Champions

## 1600 Meter Relay

### 1A/2A

2019 Kendall Jordan Jydia Faucette Cummings  
Britney Aguilar Allysia Farrar

4:13.45

Emmaya Waters  
Imari Deloatch

### 3A

Shaliyah Wilkerson Hillside  
Alysia Johnson

4:00.08

Nimeesha Coleman  
Amanda Watson

### 4A

Ella Mainwaring Foster Providence  
Ariana Rivera

3:54.36



# Women's Indoor Track & Field Relay Event State Champions



## 3200 Meter Relay Open Classification

|      |                                    |                                   |                  |          |      |                                    |                                 |                   |          |
|------|------------------------------------|-----------------------------------|------------------|----------|------|------------------------------------|---------------------------------|-------------------|----------|
| 1987 | Leslie McCaskill<br>Valerie Sowers | Kim Eldridge<br>Jamie Oxendine    | East Mecklenburg | 10:19.70 | 1997 | Jessica Thomas<br>Lauren Yoder     | Alex Autry<br>Kathryn Daniel    | Myers Park        | 10:23.12 |
| 1988 | Ayo Johnson<br>Irish Dick          | Kumba Fuller<br>Sanya Lewis       | Dudley           | 10:35.80 | 1998 | Jessica Thomas<br>Lauren Yoder     | Alex Autry<br>Kathryn Daniel    | Myers Park        | 10:19.88 |
| 1989 | Ayo Johnson<br>Krystie Horne       | Tonia Malloy<br>Paula Johnson     | Dudley           | 10:15.16 | 1999 | Theresa Gilligan<br>Melissa McGhee | Myra Keever                     | Cary              | 10:15.66 |
| 1990 | Trudy Stallings<br>Ayo Johnson     | Tonia Malloy<br>Paula Johnson     | Dudley           | 10:06.92 | 2000 | Ginger Wheeler<br>Maria Gonzales   | Julia Morton<br>Amy Dibianca    | Mount Tabor       | 10:28.69 |
| 1991 | Millie James<br>Julie Vanhellemont | Shantel Jung<br>Peg Martin        | East Mecklenburg | 10:49.72 | 2001 | Suzanna Bailey<br>Sarah Johnson    | Leslie Jimison<br>Allie Park    | Page              | 10:01.48 |
| 1992 | Paula Johnson<br>Yzette Bynum      | Jamie Perkins<br>April Walker     | Dudley           | 10:28.70 | 2002 | Amy Dibianca<br>Taylor Steelman    | Carly Matthews<br>Julia Morton  | Mount Tabor       | 9:54.76  |
| 1993 | Kristen Iking<br>Liz Wolff         | Kelley Wolff<br>Ami Herrman       | Providence       | 10:28.60 | 2003 | Amy Dibianca<br>Kenzie Metlwain    | Taylor Steelman<br>Julia Morton | Mount Tabor       | 9:53.99  |
| 1994 | Michelle Ruble<br>Shana Jung       | Jennifer Wyatt<br>Natalie DeLorme | East Mecklenburg | 10:35.70 | 2004 |                                    |                                 | Providence        | 10:04.31 |
| 1995 | Michelle Ruble<br>Shana Jung       | Virginia Fluit<br>Natalie DeLorme | East Mecklenburg | 10:38.10 | 2005 |                                    |                                 | Pinecrest         | 9:58.06  |
| 1996 | Michelle Ruble<br>Rhonda Gibson    | Kathryn Daniel<br>Shana Jung      | East Mecklenburg | 10:23.40 | 2006 | Candy Pambu<br>Kristina Layden     | Desinia Johnson<br>Robin Allen  | Southeast Raleigh | 10:01.19 |

### 1A/2A/3A

|      |                                   |                                    |               |          |
|------|-----------------------------------|------------------------------------|---------------|----------|
| 2007 | Kayla Price<br>Dannielle Hobbs    | Samantha Sawyer<br>Christina Hobbs | Sun Valley    | 10:12.36 |
| 2008 | Katherine Justice<br>Niche Davis  | Ryanna Henderson<br>Brandy Swann   | Jacksonville  | 9:52.25  |
| 2009 | Kayla Price<br>Samantha Sawyer    | Amy Hofmann<br>Jessica Thompson    | Sun Valley    | 9:56.56  |
| 2010 | Brittany Fritz<br>Caitlyn Colo    | Kayli Buckley<br>Alyssa Clark      | Marvin Ridge  | 10:04.57 |
| 2011 | Mallary Price*<br>Shannon Martin* | Carly Griffith*<br>Chelsea Matson* | Weddington    | 10:02.05 |
| 2012 | Kelly Erickson<br>Katie Cease     | Samantha Schleiker<br>Blake Dodge  | West Carteret | 9:49.34  |
| 2013 | Blake Dodge<br>Katie Cease        | Samantha Schleiker<br>Emma Gomez   | West Carteret | 9:45.89  |

### 1A/2A

|      |                                         |                                     |                   |          |                                |
|------|-----------------------------------------|-------------------------------------|-------------------|----------|--------------------------------|
| 2014 | Sarah Grace Johnson<br>Claire McDonough | Carly Kreber<br>Bailey Seach        | Bishop McGuinness | 10:21.89 | Blake Dodge<br>Madeline Fisher |
| 2015 | Rebecca Fesperman<br>Hunter Cashion     | Lissi Gordon<br>Malia Ellington     | C. S. Davidson    | 10:09.65 | Annie Pierce<br>Alina Rovnak   |
| 2016 | Lydia Best<br>Tori Riggs                | Kaleigh Hanson<br>Marissa Yarbrough | Croatan           | 10:27.43 | Jennae Jacob<br>Katie Ropers   |
| 2017 | Jill O'Dell<br>Nina Perry               | Hailey Schreyer<br>Alex Rodman      | First Flight      | 10:03.65 | Lexi Noch<br>Charlotte Spivey  |
| 2018 | Reese Hogan<br>Gwen O'Brien             | Makeena DeLuca<br>Kaleigh Hanson    | Croatan           | 10:04.02 | Sydney Burke<br>Anna Brown     |

### 3A

|      |                                    |                  |          |                                   |                                    |                   |         |
|------|------------------------------------|------------------|----------|-----------------------------------|------------------------------------|-------------------|---------|
| 2014 | Emme Fisher<br>Emma Gomez          | West Carteret    | 9:59.30  | Sarah Bigelow<br>Phoebe Clawson   | G'Jasmyne Butler<br>Taylor Hemming | Leesville Road    | 9:27.60 |
| 2015 | Abby Doyle<br>Sophie Ebihara       | Cardinal Gibbons | 10:04.23 | Taylor Hemming<br>Sydney Winchel  | G'Jasmyne Butler<br>Nevada Mareno  | Leesville Road    | 9:25.42 |
| 2016 | Alexa King<br>Lindsay Harrison     | Marvin Ridge     | 9:50.04  | Kleo Torres<br>Obomate Asimiera   | Asya Macon<br>Kyna Robinson        | Southeast Raleigh | 9:32.93 |
| 2017 | Gabriella Castro<br>Sarah LaTour   | Cuthbertson      | 9:47.82  | Mariah Atwater<br>Aureilya Harris | D'Amani Bryant<br>Nyah Sidbury     | Rocky River       | 9:38.93 |
| 2018 | Sarah Bechtel<br>Elizabeth Starkie | Weddington       | 9:42.39  | Ainsley Cooper<br>Samantha Troup  | Gwen Parks<br>Sophie Faircloth     | Reagan            | 9:35.78 |

### 4A

|      |                                         |                                    |            |          |
|------|-----------------------------------------|------------------------------------|------------|----------|
| 2007 | Becca DeLoache<br>Allison Hofmann       | Catherine Shoemaker<br>Taylor Holt | Myers Park | 10:01.93 |
| 2008 | Brittany Estermyer<br>Jenna Christensen | Sheridan Jordan<br>Kristen Azarelo | Cary       | 9:51.50  |
| 2009 |                                         |                                    | Myers Park | 9:42.51  |
| 2010 |                                         |                                    | Cary       | 9:30.90  |
| 2011 | Erin Foshee*<br>Jenna Christensen*      | Sheridan Jordan*<br>Deanna Foshee* | Cary       | 9:31.98  |
| 2012 | Lauren Colberg<br>Sarah Alexander       | Erica Amatori<br>Jesica Rossabi    | Green Hope | 9:25.85  |
| 2013 | Gina Daniel<br>Bianca Bishop            | Kayla Glova<br>Grace Sullivan      | Providence | 9:37.43  |



# Women's Indoor Track & Field Relay Event State Champions



## 3200 Meter Relay

### 1A/2A

|      |                |                |         |
|------|----------------|----------------|---------|
| 2019 | Makenna DeLuca | Kaleigh Hanson | Croatan |
|      | Reese Hogan    | Courtney Drum  |         |

10:09.15

### 3A

|                  |                    |             |
|------------------|--------------------|-------------|
| Gabriella Castro | Kailyn St. Hilaire | Cuthbertson |
| Madeline Hill    | Leah Helms         |             |

9:34.34

### 4A

|                |                  |        |
|----------------|------------------|--------|
| Gwen Parks     | Ainsley Cooper   | Reagan |
| Samantha Troup | Sophie Faircloth |        |

9:46.11



# Men's Indoor Track & Field Individual Event State Champions

## 60 Yard / 55 Meter Dash

*Became 55 Meter Dash in 1995*

### Open Classification

|      |                   |                  |      |
|------|-------------------|------------------|------|
| 1987 | James Parker      | Fike             | 6.49 |
| 1988 | Frank Adams       | Ashbrook         | 6.51 |
| 1989 | A.J. McDonald     | Richmond         | 6.42 |
| 1990 | Michael Watkins   | St. Stephens     | 6.36 |
| 1991 | Vida Jones        | North Forsyth    | 6.40 |
| 1992 | Darius Brewington | T.W. Andrews     | 6.34 |
| 1993 | Ken Laws          | Garner           | 6.35 |
| 1994 | John Avery        | Asheville        | 6.34 |
| 1995 | Tyrone Graham     | T.W. Andrews     | 6.42 |
| 1996 | Chris Justice     | Grimsley         | 6.21 |
| 1997 | Montay Wilds      | North Forsyth    | 6.38 |
| 1998 | Walter Hauser     | Mount Tabor      | 6.42 |
| 1999 | Tubyasus Alford   | Butler           | 6.45 |
| 2000 | Chris Martin      | East Mecklenburg | 6.34 |
| 2001 | Duan Barrino      | Vance            | 6.40 |
| 2002 | J-Mee Samuels     | Mount Tabor      | 6.43 |
| 2003 | J-Mee Samuels     | Mount Tabor      | 6.29 |
| 2004 | Corey Brown       | West Charlotte   | 6.29 |
| 2005 | J-Mee Samuels     | Mount Tabor      | 6.83 |
| 2006 | Brandon Banks     | Garner           | 6.38 |

#### 1A/2A/3A

|      |                 |                   |      |
|------|-----------------|-------------------|------|
| 2007 | Bryce Sherman   | Carver            | 6.52 |
| 2008 | Darryl Williams | White Oak         | 6.41 |
| 2009 | Karl Clemens    | Overhills         | 6.51 |
| 2010 | Torri Tillman   | Marvin Ridge      | 6.54 |
| 2011 | Romar Morris*   | Salisbury         | 6.41 |
| 2012 | Tevin Hester    | Granville Central | 6.39 |
| 2013 | Chris Graham    | North Brunswick   | 6.52 |

#### 1A/2A

|      |                  |                 |      |
|------|------------------|-----------------|------|
| 2014 | Daequon Carr     | Kinston         | 6.45 |
| 2015 | Juwan Crowder    | Forest Hills    | 6.33 |
| 2016 | Elliott Graves   | Reidsville      | 6.53 |
| 2017 | Cameron Barnhill | North Brunswick | 6.38 |
| 2018 | Tiyae Johnson    | Kinston         | 6.52 |
| 2019 | David Wallis     | Croatan         | 6.60 |

#### 4A

|                  |                 |      |
|------------------|-----------------|------|
| Trenton Guy, Jr. | West Charlotte  | 6.35 |
| T.J. Graham      | Wakefield       | 6.39 |
| Torrance Hunt    | Jordan          | 6.25 |
| Desmond Lawrence | Southern Durham | 6.50 |
| Mar-Keo Jones*   | Knightdale      | 6.55 |
| Jermaine Lewis   | West Forsyth    | 6.45 |
| Jahmaal Daniel   | Terry Sanford   | 6.35 |

#### 3A

|                    |                 |      |
|--------------------|-----------------|------|
| Jahmaal Daniel     | Terry Sanford   | 6:46 |
| Kadarius Lotharp   | Sun Valley      | 6.45 |
| Kadarius Lotharp   | Sun Valley      | 6.35 |
| Josh-Lester Harris | J.F. Webb       | 6.43 |
| Kamari Norman      | Hillside        | 6.47 |
| Jaylen Wright      | Southern Durham | 6.35 |

#### 4A

|                     |               |      |
|---------------------|---------------|------|
| Quashawn Cunningham | Mallard Creek | 6.45 |
| Nyheim Hines        | Garner        | 6.28 |
| Cravont Charleston  | Mallard Creek | 6.24 |
| J Johnson           | Panther Creek | 6.33 |
| Rondell Terry       | Garner        | 6.41 |
| Michael Gupton      | Rolesville    | 6.31 |



# Men's Indoor Track & Field Individual Event State Champions

## 300 Yard / 300 Meter Dash *Became 300 Meter Dash in 1995* Open Classification

|      |                   |                  |       |
|------|-------------------|------------------|-------|
| 1987 | Doramus Brewer    | Hillside         | 32.50 |
| 1988 | A.J. McDonald     | Richmond         | 32.76 |
| 1989 | A.J. McDonald     | Richmond         | 32.06 |
| 1990 | Chip Thompson     | Dudley           | 32.67 |
| 1991 | Willie Cornwell   | Olympic          | 32.72 |
| 1992 | Darius Brewington | T.W. Andrews     | 31.70 |
| 1993 | Rakeem Felton     | Cummings         | 32.60 |
| 1994 | Rakeem Felton     | Cummings         | 33.10 |
| 1995 | Chris Wylie       | Myers Park       | 35.96 |
| 1996 | Darrick Ingram    | Lumberton        | 35.62 |
| 1997 | Tyson Gardin      | Ashbrook         | 36.04 |
| 1998 | Darren Tuitt      | East Mecklenburg | 34.95 |
| 1999 | Walt Hauser       | Mount Tabor      | 35.48 |
| 2000 | Chris Martin      | East Mecklenburg | 35.23 |
| 2001 | Duan Barrino      | Vance            | 35.04 |
| 2002 | Mike Loyd         | Mount Tabor      | 34.90 |
| 2003 | J-Mee Samuels     | Mount Tabor      | 34.69 |
| 2004 | Corey Brown       | West Charlotte   | 35.48 |
| 2005 | Trenton Guy       | West Charlotte   | 35.09 |
| 2006 | Karjuan Williams  | New Bern         | 34.77 |

### 1A/2A/3A

|      |                   |                   |       |
|------|-------------------|-------------------|-------|
| 2007 | Handy Dawes       | Nash Central      | 35.90 |
| 2008 | William Graves    | Southern Guilford | 36.55 |
| 2009 | Darryl Demps      | Hendersonville    | 35.77 |
| 2010 | Eric Winfrey      | Douglas Byrd      | 35.02 |
| 2011 | Eric Winfrey*     | Douglas Byrd      | 34.62 |
| 2012 | Antonio Henderson | St. Pauls         | 35.90 |
| 2013 | James Drummond    | Lexington         | 35.18 |

### 1A/2A

|      |                |             |       |
|------|----------------|-------------|-------|
| 2014 | Brandon Massey | Parkwood    | 36.64 |
| 2015 | Elliott Graves | Reidsville  | 35.19 |
| 2016 | Elliott Graves | Reidsville  | 35.18 |
| 2017 | Josh Polk      | Hobbs       | 35.39 |
| 2018 | Josh Moore     | West Craven | 35.53 |
| 2019 | Josh Hardin    | Ashe County | 35.50 |

### 4A

|                  |                    |       |
|------------------|--------------------|-------|
| Trenton Guy, Jr. | West Charlotte     | 34.62 |
| T.J. Graham      | Wakefield          | 34.99 |
| Fuqwaun Green    | New Bern           | 34.49 |
| Jarret Samuels   | Vance              | 34.73 |
| Aaron Covington* | Wakefield          | 34.61 |
| Christopher Boyd | Ben L. Smith       | 35.03 |
| Phillip Bryant   | Northwest Guilford | 35.07 |

### 3A

|                |               |       |
|----------------|---------------|-------|
| Jahmaal Daniel | Terry Sanford | 36.24 |
| Jakwon Higgins | Terry Sanford | 35.42 |
| Jaylon Sanders | West Rowan    | 35.40 |
| Nadir Thompson | Southern Nash | 34.78 |
| Emerson Douds  | Weddington    | 34.52 |
| Emerson Douds  | Weddington    | 34.53 |

### 4A

|                |                   |       |
|----------------|-------------------|-------|
| Jamaree Murray | Southeast Raleigh | 34.74 |
| Dylan Peebles  | Wakefield         | 34.53 |
| Jayon Woodard  | Southeast Raleigh | 35.02 |
| J Johnson      | Panther Creek     | 34.39 |
| Jalen Herring  | Middle Creek      | 34.91 |
| Randolph Ross  | Garner            | 34.55 |



# Men's Indoor Track & Field Individual Event State Champions



## 500 Yard / 500 Meter Dash Became 500 Meter Dash in 1995 Open Classification

|      |                   |                  |         |
|------|-------------------|------------------|---------|
| 1987 | Rodney Williams   | Hillside         | 1:15.30 |
| 1988 | Doramus Brewer    | Hillside         | 1:15.30 |
| 1989 | Aaron Ledbetter   | Richmond         | 1:15.68 |
| 1990 | Andre Steele      | Salisbury        | 1:13.70 |
| 1991 | Dave Adair        | Garinger         | 1:14.63 |
| 1992 | Noel Peterkin     | T.W. Andrews     | 1:16.44 |
| 1993 | Tim Adams         | Richmond         | 1:16.30 |
| 1994 | Marcus Gladden    | North Rowan      | 1:16.20 |
| 1995 | Chris Wylie       | Myers Park       | 1:06.15 |
| 1996 | Omar Clinton      | Pine Forest      | 1:06.05 |
| 1997 | Lamont Pennington | Hillside         | 1:07.14 |
| 1998 | Darren Tuitt      | East Mecklenburg | 1:07.03 |
| 1999 | Darrell Colbert   | West Charlotte   | 1:07.25 |
| 2000 | Chris Martin      | East Mecklenburg | 1:07.03 |
| 2001 | Kenny Perry       | Jacksonville     | 1:07.70 |
| 2002 | Jerrold Wiley     | Mount Tabor      | 1:06.56 |
| 2003 | Ragan Clay        | North Forsyth    | 1:05.70 |
| 2004 | Jerrold Wiley     | Mount Tabor      | 1:07.23 |
| 2005 | Brandon Jones     | Independence     | 1:06.32 |
| 2006 | Karjuan Williams  | New Bern         | 1:04.92 |

### 1A/2A/3A

|      |                          |                   |         |
|------|--------------------------|-------------------|---------|
| 2007 | Mike Eddy                | Asheboro          | 1:06.10 |
| 2008 | William Graves           | Southern Guilford | 1:06.97 |
| 2009 | Rashad Wilkerson         | Parkland          | 1:07.05 |
| 2010 | Aaron Tribble            | Highland Tech     | 1:06.44 |
| 2011 | Cobe Scott*              | White Oak         | 1:07.04 |
| 2012 | Kris Lordman             | Asheville         | 1:07.36 |
| 2013 | Traevin Drayton-Ferguson | Berry             | 1:06.12 |

### 1A/2A

|      |                 |              |         |
|------|-----------------|--------------|---------|
| 2014 | Amari Devaughn  | T.W. Andrews | 1:06.75 |
| 2015 | Caleb Albrecht  | Franklin     | 1:07.48 |
| 2016 | Derrick Puryear | T.W. Andrews | 1:06.15 |
| 2017 | Michael Quispe  | Croatan      | 1:07.80 |
| 2018 | Michael Quispe  | Croatan      | 1:06.53 |
| 2019 | Noah Bibus      | Croatan      | 1:08.30 |

### 4A

|                     |               |         |
|---------------------|---------------|---------|
| Lamarr Davis        | East Wake     | 1:04.05 |
| Anthony Hendrix     | New Bern      | 1:05.24 |
| Andrew Hendrix      | New Bern      | 1:03.65 |
| Devin Johnson       | Knightdale    | 1:06.29 |
| Aaron Covington*    | Wakefield     | 1:04.76 |
| Brian Davis         | Fuquay-Varina | 1:05.21 |
| Marquavious Johnson | Knightdale    | 1:04.48 |

### 3A

|                 |                  |         |
|-----------------|------------------|---------|
| Saadiq Sweezer  | Eastern Alamance | 1:05.38 |
| R.J. Russell    | Richlands        | 1:06.41 |
| Jaylon Sanders  | West Rowan       | 1:05.84 |
| Rayshawn Massey | Jacksonville     | 1:06.47 |
| Khaleb McRae    | Southern Durham  | 1:04.45 |
| Kacey Pratt     | Hillside         | 1:05.30 |

### 4A

|                     |               |         |
|---------------------|---------------|---------|
| Marquavious Johnson | Knightdale    | 1:04.05 |
| T.J. Bleichner      | Fuquay-Varina | 1:05.37 |
| Joshua Cooper       | Ardrey Kell   | 1:06.32 |
| William Hoffmann    | Green Hope    | 1:04.70 |
| Randolph Ross       | Garner        | 1:05.61 |
| Randolph Ross       | Garner        | 1:04.94 |



# Men's Indoor Track & Field Individual Event State Champions



## 1000 Yard / 1000 Meter Dash

*Became 1000 Meter Dash in 1995*

### Open Classification

|      |                   |                    |         |
|------|-------------------|--------------------|---------|
| 1987 | Vince Howard      | Page               | 2:27.90 |
| 1988 | Tim Hall          | Garinger           | 2:20.64 |
| 1989 | Jeff Gallagher    | Hendersonville     | 2:19.60 |
| 1990 | Brad Carter       | Reidsville         | 2:21.44 |
| 1991 | Chris O'Shields   | Sun Valley         | 2:24.54 |
| 1992 | Chris Bachl       | Williams           | 2:22.60 |
| 1993 | Pat Fitzgerald    | Sun Valley         | 2:21.81 |
| 1994 | Jonathan Weldon   | Thomasville        | 2:20.80 |
| 1995 | Bill Jackson      | Southwest Guilford | 2:38.62 |
| 1996 | Shane Austin      | Watauga            | 2:38.66 |
| 1997 | Lamont Pennington | Hillside           | 2:35.89 |
| 1998 | Joe Lion          | Watauga            | 2:38.68 |
| 1999 | Phillip West      | Cary               | 2:32.18 |
| 2000 | Edmund Kelly      | Pinecrest          | 2:40.14 |
| 2001 | Matt Debole       | Mount Tabor        | 2:37.02 |
| 2002 | Matt Debole       | Mount Tabor        | 2:32.33 |
| 2003 | Matt Debole       | Mount Tabor        | 2:33.99 |
| 2004 | Eric Mack         | North Forsyth      | 2:34.53 |
| 2005 | Aaron Mabry       | Pisgah             | 2:34.63 |
| 2006 | Josh Morgan       | T.C. Roberson      | 2:35.21 |

#### 1A/2A/3A

|      |                   |                  |         |
|------|-------------------|------------------|---------|
| 2007 | Stephon Roach     | Reidsville       | 2:36.16 |
| 2008 | John Wolfe        | Polk County      | 2:36.76 |
| 2009 | Christian Crifasi | Eastern Randolph | 2:35.80 |
| 2010 | Isaac Presson     | Asheville        | 2:35.61 |
| 2011 | Jacob Englert*    | Forestview       | 2:35.88 |
| 2012 | David Keeler      | Eastern Alamance | 2:38.57 |
| 2013 | John Crossley     | West Carteret    | 2:30.34 |

#### 1A/2A

|      |                         |                 |         |
|------|-------------------------|-----------------|---------|
| 2014 | Elijah Inuwa            | Central Academy | 2:37.23 |
| 2015 | Elijah Inuwa            | Central Academy | 2:36.60 |
| 2016 | Daniel Alvarez-Orlachia | Surry Central   | 2:36.35 |
| 2017 | Daniel Alvarez-Orlachia | Surry Central   | 2:39.94 |
| 2018 | Skylar Stultz           | First Flight    | 2:32.72 |
| 2019 | Brian Risse             | North Lincoln   | 2:36.54 |

#### 4A

|                |              |         |
|----------------|--------------|---------|
| Dylan Ferris   | East Forsyth | 2:33.29 |
| Dylan Ferris   | East Forsyth | 2:29.03 |
| Alex Taylor    | Providence   | 2:34.36 |
| Jack Anderson  | Reagan       | 2:35.77 |
| Craig Engels*  | Reagan       | 2:34.09 |
| Craig Engels   | Reagan       | 2:29.60 |
| Bakri Abushouk | Cary         | 2:32.73 |

#### 3A

|                |                   |         |
|----------------|-------------------|---------|
| Jon Knight     | Northern Guilford | 2:33.32 |
| Connor Peeples | Cardinal Gibbons  | 2:32.98 |
| Mitchell Resor | Weddington        | 2:35.11 |
| Mason Bhatia   | Marvin Ridge      | 2:36.59 |
| Cameron Ponder | Mount Tabor       | 2:33.55 |
| Kyle Durham    | Weddington        | 2:28.85 |

#### 4A

|                  |              |         |
|------------------|--------------|---------|
| Wyatt Maxey      | Providence   | 2:30.06 |
| Philip Hall      | South View   | 2:29.86 |
| Jayquan Williams | Green Hope   | 2:31.00 |
| Christian Pigues | Rolesville   | 2:30.44 |
| Ian Delgado      | Green Hope   | 2:30.97 |
| Will Atkins      | West Forsyth | 2:31.54 |



# Men's Indoor Track & Field Individual Event State Champions

## 1 Mile / 1600 Meter Dash

*Became 1600 Meter Dash in 1995*

### Open Classification

|      |                   |                   |         |
|------|-------------------|-------------------|---------|
| 1987 | Eric Hichman      | Ashbrook          | 4:28.20 |
| 1988 | Vince Howard      | Page              | 4:30.98 |
| 1989 | David Chabot      | Garinger          | 4:32.60 |
| 1990 | Patrick Phillips  | Watauga           | 4:30.92 |
| 1991 | Paul Kinser       | Page              | 4:27.38 |
| 1992 | Chris Bachl       | Williams          | 4:31.30 |
| 1993 | Brian Zmijewski   | Sun Valley        | 4:22.60 |
| 1994 | Jonathan Weldon   | Thomasville       | 4:22.90 |
| 1995 | Will Hodges       | Watauga           | 4:32.56 |
| 1996 | Lamont Pennington | Hillside          | 4:28.50 |
| 1997 | Lamont Pennington | Hillside          | 4:26.16 |
| 1998 | Darrell Metcalf   | North Buncombe    | 4:31.27 |
| 1999 | Darrell Metcalf   | North Buncombe    | 4:31.00 |
| 2000 | Brian Greer       | Watauga           | 4:26.91 |
| 2001 | Stephen Haas      | North Mecklenburg | 4:18.31 |
| 2002 | Matt Debole       | Mount Tabor       | 4:20.23 |
| 2003 | Bobby Mack        | North Forsyth     | 4:10.61 |
| 2004 | Nick Hutchins     | Millbrook         | 4:20.88 |
| 2005 | Chase Eckard      | South Caldwell    | 4:31.63 |
| 2006 | Josh Morgan       | T.C. Roberson     | 4:23.81 |

#### 1A/2A/3A

|      |                  |               |         |
|------|------------------|---------------|---------|
| 2007 | Kevin Wanichko   | Southern Nash | 4:31.77 |
| 2008 | Patrick Campbell | Mooreville    | 4:34.49 |
| 2009 | John Wolfe       | Polk County   | 4:28.91 |
| 2010 | Isaac Presson    | Asheville     | 4:17.96 |
| 2011 | William Bass*    | Nash Central  | 4:26.46 |
| 2012 | Paul Lilley      | Rocky Mount   | 4:31.28 |
| 2013 | Andrew Fea       | North Lincoln | 4:27.44 |

#### 1A/2A

|      |                   |                 |         |
|------|-------------------|-----------------|---------|
| 2014 | Zach Boone        | Mitchell        | 4:28.13 |
| 2015 | Elijah Inuwa      | Central Academy | 4:27.14 |
| 2016 | Justin Tucker     | Shelby          | 4:29.60 |
| 2017 | Noah Graham       | Brevard         | 4:30.45 |
| 2018 | Dakota Mendenhall | Forbush         | 4:25.45 |
| 2019 | Jason Thomson     | North Lincoln   | 4:21.11 |

#### 4A

|                |                 |         |
|----------------|-----------------|---------|
| Dakota Lowery  | West Johnston   | 4:28.01 |
| Dylan Ferris   | East Forsyth    | 4:26.04 |
| Zak Roshdy     | Green Hope      | 4:20.71 |
| Black Williams | Northern Durham | 4:28.78 |
| Chris Garrett* | West Johnston   | 4:24.01 |
| Craig Engels   | Reagan          | 4:19.46 |
| Bakri Abushouk | Cary            | 4:14.56 |

#### 3A

|                |                 |         |
|----------------|-----------------|---------|
| Andrew Fea     | North Lincoln   | 4:28.62 |
| Tanis Baldwin  | East Henderson  | 4:17.71 |
| Mitchell Resor | Weddington      | 4:20.20 |
| Austin Carroll | Corinth Holders | 4:22.35 |
| Cameron Ponder | Mount Tabor     | 4:16.06 |
| Kyle Durham    | Weddington      | 4:20.90 |

#### 4A

|                |             |         |
|----------------|-------------|---------|
| Ian Milder     | Mount Tabor | 4:21.63 |
| Philip Hall    | South View  | 4:24.69 |
| Kenny Kneisel  | Mount Tabor | 4:21.76 |
| Cameron Ponder | Mount Tabor | 4:20.64 |
| Finn McBride   | Green Hope  | 4:20.09 |
| Anton Idhammar | Cary        | 4:23.80 |



# Men's Indoor Track & Field Individual Event State Champions

## 2 Mile / 3200 Meter Dash

*Became 3200 Meter Dash in 1995*

### Open Classification

|      |                  |                   |          |
|------|------------------|-------------------|----------|
| 1987 | David Honea      | Enka              | 9:57.10  |
| 1988 | Vince Howard     | Page              | 9:38.90  |
| 1989 | Patrick Phillips | Watauga           | 9:48.01  |
| 1990 | Brant Armentrout | Mount Tabor       | 9:37.10  |
| 1991 | Paul Kinser      | Page              | 9:41.82  |
| 1992 | Fred Gant        | Cummings          | 9:55.30  |
| 1993 | Brian Zmijewski  | Sun Valley        | 10:04.28 |
| 1994 | Robbie Howell    | Apex              | 9:53.70  |
| 1995 | Buddy Priest     | Person            | 9:42.05  |
| 1996 | Buddy Priest     | Person            | 9:27.92  |
| 1997 | Aaron Keller     | North Henderson   | 9:28.58  |
| 1998 | Joe Lion         | Watauga           | 9:49.55  |
| 1999 | David Stroupe    | Watauga           | 9:49.60  |
| 2000 | Ricky Brookshire | Watauga           | 9:14.71  |
| 2001 | Stephen Haas     | North Mecklenburg | 9:38.01  |
| 2002 | Jeff Gosselin    | North Mecklenburg | 9:22.25  |
| 2003 | Bobby Mack       | North Forsyth     | 9:28.89  |
| 2004 | Matt Hamrick     | Mount Tabor       | 9:32.91  |
| 2005 | Sandy Roberts    | Broughton         | 9:20.00  |
| 2006 | Sandy Roberts    | Broughton         | 9:26.11  |

#### 1A/2A/3A

|      |                  |                    |         |
|------|------------------|--------------------|---------|
| 2007 | Jonathan Snude   | Charlotte Catholic | 9:51.71 |
| 2008 | Patrick Campbell | Mooreville         | 9:36.95 |
| 2009 | Steven Bollinger | Olympic            | 9:37.55 |
| 2010 | Jake Hurysz      | Eastern Alamance   | 9:10.96 |
| 2011 | William Bass*    | Nash Central       | 9:53.18 |
| 2012 | Steve Mulherin   | NC Science & Math  | 9:42.19 |
| 2013 | A.J. Tucker      | Cedar Ridge        | 9:30.70 |

#### 1A/2A

|      |                     |               |         |
|------|---------------------|---------------|---------|
| 2014 | Zach Boone          | Mitchell      | 9:43.26 |
| 2015 | Zach Boone          | Mitchell      | 9:35.19 |
| 2016 | Noah Graham         | Brevard       | 9:46.03 |
| 2017 | Noah Graham         | Brevard       | 9:49.26 |
| 2018 | Nathan Richards     | Franklin      | 9:46.91 |
| 2019 | Erick Ramirez-Ramos | Surry Central | 9:31.89 |

#### 4A

|                   |               |         |
|-------------------|---------------|---------|
| Andy Wacker       | Pinecrest     | 9:38.44 |
| Dakota Peachee    | West Johnston | 9:38.73 |
| Mohammed Abushouk | Cary          | 9:31.01 |
| Mitch Mallory     | Wakefield     | 9:20.39 |
| Jordan Martin*    | Reagan        | 9:43.47 |
| Sam Roberson      | Broughton     | 9:23.25 |
| Bakri Abushouk    | Cary          | 9:25.40 |

#### 3A

|                 |                   |         |
|-----------------|-------------------|---------|
| Tanis Baldwin   | East Henderson    | 9:28.20 |
| Tanis Baldwin   | East Henderson    | 9:26.26 |
| David Melville  | Northern Guilford | 9:25.30 |
| David Melville  | Northern Guilford | 9:28.55 |
| David Melville  | Northern Guilford | 9:28.11 |
| Haven Honeycutt | Asheville         | 9:23.56 |

#### 4A

|                 |                  |         |
|-----------------|------------------|---------|
| Ian Miler       | Mount Tabor      | 9:18.76 |
| Philip Hall     | South View       | 9:27.02 |
| Kenny Kneisel   | Mount Tabor      | 9:33.02 |
| Connor Lane     | Cardinal Gibbons | 9:16.13 |
| Peyton Barish   | Green Hope       | 9:30.98 |
| Carson Williams | Cardinal Gibbons | 9:25.52 |



# Men's Indoor Track & Field Individual Event State Champions

## 60 Yard Hurdles / 55 Meter Hurdles

*Became 55 Meter Hurdles in 1995*

### Open Classification

|      |                 |                  |      |
|------|-----------------|------------------|------|
| 1987 | Scot Fletcher   | Parkland         | 7.75 |
| 1988 | Scot Fletcher   | Parkland         | 7.50 |
| 1989 | Rory Maxwell    | Garinger         | 7.61 |
| 1990 | Miles Onafowora | Ashbrook         | 7.68 |
| 1991 | Sam Mooring     | South View       | 7.46 |
| 1992 | Jeff Savage     | Fike             | 7.53 |
| 1993 | Bobby Tisdale   | Western Guilford | 7.54 |
| 1994 | Allen Simmons   | Southern Vance   | 7.44 |
| 1995 | Jacobie Jones   | Jacksonville     | 7.59 |
| 1996 | Alvin Grimes    | J.H. Rose        | 7.48 |
| 1997 | Brandon Isaac   | Ben L. Smith     | 7.65 |
| 1998 | Jeremy Carter   | Leesville Road   | 7.71 |
| 1999 | Chad Laws       | Garner           | 7.65 |
| 2000 | Robert Boulware | Vance            | 7.48 |
| 2001 | Robert Boulware | Vance            | 7.44 |
| 2002 | Mike Loyd       | Mount Tabor      | 7.23 |
| 2003 | Cade Liverman   | A.C. Reynolds    | 7.42 |
| 2004 | Cade Liverman   | A.C. Reynolds    | 7.34 |
| 2005 | Johnny Dutch    | Clayton          | 7.40 |
| 2006 | Johnny Dutch    | Clayton          | 7.13 |

#### 1A/2A/3A

|      |                    |                    |      |
|------|--------------------|--------------------|------|
| 2007 | John Bostick       | North Rowan        | 7.62 |
| 2008 | John Bostick       | North Rowan        | 7.60 |
| 2009 | Cordell Livingston | Southwest Guilford | 7.47 |
| 2010 | David Shaw         | St. Pauls          | 7.74 |
| 2011 | Daishon Barger*    | West Rowan         | 7.37 |
| 2012 | Isaiah Moore       | Cummings           | 7.48 |
| 2013 | Isaiah Moore       | Cummings           | 7.44 |

#### 1A/2A

|      |                    |                 |      |
|------|--------------------|-----------------|------|
| 2014 | Isaiah Moore       | Cummings        | 7.55 |
| 2015 | Elliott Graves     | Reidsville      | 7.72 |
| 2016 | Elliott Graves     | Reidsville      | 7.44 |
| 2017 | Jayhlen Washington | North Brunswick | 7.37 |
| 2018 | Brendon Hodge      | Croatan         | 7.71 |
| 2019 | Brendon Hodge      | Croatan         | 7.67 |

#### 4A

|                     |                    |      |
|---------------------|--------------------|------|
| Johnny Dutch        | Clayton            | 7.11 |
| Wayne Davis         | Southeast Raleigh  | 7.11 |
| Wayne Davis         | Southeast Raleigh  | 7.05 |
| Sherman Ragland III | Southern Durham    | 7.45 |
| Timothy Hardy*      | Knightdale         | 7.71 |
| Hezekiah Ward       | Southeast Guilford | 7.57 |
| Caleb Mathis        | Davie County       | 7.57 |

#### 3A

|               |                   |      |
|---------------|-------------------|------|
| Damian Silver | Nash Central      | 7.45 |
| Andrew Spear  | West Carteret     | 7.82 |
| Earl Green    | Southern Guilford | 7.56 |
| Jacobi Lloyd  | Jacksonville      | 7.55 |
| Aveon Reid    | Forestview        | 7.61 |
| Benjamin Buie | Southern Lee      | 7.46 |

#### 4A

|                 |             |      |
|-----------------|-------------|------|
| Marcus Krah     | Hillside    | 7.43 |
| Marcus Krah     | Hillside    | 7.24 |
| Marcus Krah     | Hillside    | 7.23 |
| Cedric McGriff  | Providence  | 7.39 |
| Joshua Brockman | Ardrey Kell | 7.48 |
| Justin Leaston  | Millbrook   | 7.50 |



# Men's Indoor Track & Field Individual Event State Champions

## High Jump

### Open Classification

|      |                    |                    |       |
|------|--------------------|--------------------|-------|
| 1987 | Joe Woods          | Richmond           | 6'04" |
| 1988 | Cory Fuller        | New Hanover        | 6'04" |
| 1989 | Jon DeBerry        | Richmond           | 6'08" |
| 1990 | Jon DeBerry        | Richmond           | 6'08" |
| 1991 | Quincey Adkins     | North Rowan        | 6'04" |
| 1992 | Omarr Dixon        | Athens Drive       | 6'09" |
| 1993 | George Simmons     | Southeast Guilford | 6'06" |
| 1994 | Josh Fant          | Chapel Hill        | 6'06" |
| 1995 | Ben Williams       | Broughton          | 6'04" |
| 1996 | Titus Haygood      | Garinger           | 6'06" |
| 1997 | Nathan Page        | South Rowan        | 6'04" |
| 1998 | Greg Yeldell       | North Rowan        | 6'08" |
| 1999 | Patrick Bullock    | Apex               | 6'02" |
| 2000 | Patrick Bullock    | Apex               | 6'06" |
| 2001 | A.J. Davis         | Northern Durham    | 6'06" |
| 2002 | Jesse Williams     | Broughton          | 7'00" |
| 2003 | Nick Ledbetter     | Garinger           | 6'08" |
| 2004 | Demarcus Stallings | North Rowan        | 6'06" |
| 2005 | Demarcus Stallings | North Rowan        | 6'10" |
| 2006 | Tim Lovick         | Garner             | 6'08" |

#### 1A/2A/3A

|      |                 |                   |       |
|------|-----------------|-------------------|-------|
| 2007 | Isaiah Thompson | Asheville         | 6'06" |
| 2008 | Dusty Kenealy   | Rockingham County | 6'06" |
| 2009 | Logan Elliston  | Western Alamance  | 6'10" |
| 2010 | Tanner Anderson | East Burke        | 6'10" |
| 2011 | Spencer Walden* | Union Pines       | 6'04" |
| 2012 | William Brown   | Salisbury         | 6'06" |
| 2013 | Isaiah Moore    | Cummings          | 6'06" |

#### 1A/2A

|      |                  |                 |       |
|------|------------------|-----------------|-------|
| 2014 | Terrance Brown   | North Brunswick | 6'06" |
| 2015 | Michael Streater | North Rowan     | 6'04" |
| 2016 | Luke Sheets      | West Wilkes     | 6'00" |
| 2017 | Dakota Oxendine  | St. Pauls       | 6'04" |
| 2018 | Dakota Oxendine  | St. Pauls       | 6'07" |
| 2019 | Alex Reavis      | Bandys          | 6'08" |

#### 4A

|                  |                   |       |
|------------------|-------------------|-------|
| Marcus Worthy    | R.J. Reynolds     | 6'02" |
| Michael Graham   | Cary              | 6'04" |
| Demarcus Northe  | Westover          | 6'04" |
| Steven Bell      | Southeast Raleigh | 6'06" |
| Alex Louden*     | East Wake         | 6'08" |
| Jonathan Addison | Enloe             | 6'08" |
| Josh Edwards     | Mount Tabor       | 6'04" |

#### 3A

|                      |                  |       |
|----------------------|------------------|-------|
| Andrew Hower         | Jesse Carson     | 6'06" |
| Christopher Garrick  | Marvin Ridge     | 6'11" |
| Gabe Stainback       | Concord          | 6'04" |
| Gabriel Stainback    | Concord          | 6'06" |
| William Benkendorfer | East Chapel Hill | 6'04" |
| Julien Stephens      | Jacksonville     | 6'06" |

#### 4A

|                 |               |       |
|-----------------|---------------|-------|
| Jamie Brown     | Knightdale    | 6'04" |
| Keon Howe       | Mallard Creek | 6'08" |
| Joseph Ibrahim  | West Forsyth  | 6'08" |
| Seth Clyburn    | West Forsyth  | 6'04" |
| Randolph Ross   | Garner        | 6'10" |
| Charles McBride | Apex          | 6'08" |



# Men's Indoor Track & Field Individual Event State Champions



## Long Jump

### Open Classification

|                 |                    |                    |           |
|-----------------|--------------------|--------------------|-----------|
| 1987            | Clifton Etheridge  | Hendersonville     | 23'00.75" |
| 1988            | Andy Hash          | Watauga            | 23'02.5"  |
| 1989            | Adrienne Morgan    | High Point Central | 23'03.25" |
| 1990            | Robert Lee         | Clinton            | 23'01"    |
| 1991            | Brian Ellis        | North Rowan        | 23'09.75" |
| 1992            | Shenan Robinson    | Millbrook          | 21'11.16" |
| 1993            | Chris Matthews     | Union Pines        | 23'05"    |
| 1994            | John Avery         | Asheville          | 23'08.75" |
| 1995            | Joey Steele        | Richmond County    | 22'05.75" |
| 1996            | Tomie Patrick      | Southern Vance     | 22'11.75" |
| 1997            | Marcus O'Neal      | Dudley             | 24'07.25" |
| 1998            | Greg Yeldell       | North Rowan        | 23'01"    |
| 1999            | Charles Hawkins    | Seventy-First      | 24'06"    |
| 2000            | Brandon Summers    | Ben L. Smith       | 22'01"    |
| 2001            | A.J. Davis         | Northern Durham    | 23'01"    |
| 2002            | A.J. Davis         | Northern Durham    | 24'00.5"  |
| 2003            | Andre Tillman      | North Rowan        | 23'01.25" |
| 2004            | Dexter Adams       | Page               | 23'09"    |
| 2005            | Trenton Guy        | West Charlotte     | 23'06"    |
| 2006            | Brandon Banks      | Garner             | 23'05.5"  |
| <b>1A/2A/3A</b> |                    |                    |           |
| 2007            | Phillip Bush       | North Rowan        | 23'06.5"  |
| 2008            | Cody Earnhardt     | East Lincoln       | 22'06.5"  |
| 2009            | Diego Lawrence     | Marvin Ridge       | 23'04"    |
| 2010            | Torri Tillman      | Marvin Ridge       | 22'05.25" |
| 2011            | Jason Thompson*    | Asheville          | 22'03.25" |
| 2012            | Isaiah Moore       | Cummings           | 22'02.75" |
| 2013            | Cameron Stinson    | Hickory            | 23'00"    |
| <b>1A/2A</b>    |                    |                    |           |
| 2014            | Isaiah Moore       | Cummings           | 23'00.5"  |
| 2015            | Jayhlen Washington | North Brunswick    | 21'10"    |
| 2016            | Jayhlen Washington | North Brunswick    | 21'11"    |
| 2017            | Jayhlen Washington | North Brunswick    | 22'02.25" |
| 2018            | Nolan Hodge        | Northeastern       | 21'06.50" |
| 2019            | Dustin Blevins     | West Stokes        | 21'04.25" |

|                   |                    |           |
|-------------------|--------------------|-----------|
| <b>4A</b>         |                    |           |
| Mike Daniels      | Southeast Raleigh  | 23'03.25" |
| Mike Price        | New Bern           | 23'07.25" |
| Lincoln Carr      | Pine Forest        | 22'07.5"  |
| Jarret Samuels    | Vance              | 24'00"    |
| Joshua Dunston*   | Knightdale         | 23'03.5"  |
| Jonathan Addison  | Enloe              | 23'04.5"  |
| Malik Goldston    | Riverside-Durham   | 23'03.5"  |
| <b>3A</b>         |                    |           |
| Kalen McNeil      | Northeast Guilford | 22'07"    |
| Julian Gaines     | Marvin Ridge       | 22'01.5"  |
| Kalin Moore       | Terry Sanford      | 21'05.5"  |
| Gabriel Stainback | Concord            | 22'08.50" |
| Jamar Davis       | Orange             | 22'02.50" |
| Dionte Alston     | Hunt               | 23'05.50" |

|                |                   |           |
|----------------|-------------------|-----------|
| <b>4A</b>      |                   |           |
| Kimani Hoffman | Knightdale        | 22'11"    |
| Jeremy Davis   | Ben L. Smith      | 22'11.5"  |
| Marcus Krah    | Hillside          | 22'04.75" |
| J Johnson      | Panther Creek     | 22'08.5"  |
| Eric Haddock   | Southeast Raleigh | 23'06.00" |
| Eric Haddock   | Southeast Raleigh | 24'05.00" |



# Men's Indoor Track & Field Individual Event State Champions

## Triple Jump

### Open Classification

|                 |                    |                    |           |
|-----------------|--------------------|--------------------|-----------|
| 1987            | Joe Woods          | Richmond           | 47'10.25" |
| 1988            | Marco Johnson      | Grimsley           | 47'05.25" |
| 1989            | Tyrell Taitt       | Scotland           | 49'08.25" |
| 1990            | Brian Ellis        | North Rowan        | 48'05"    |
| 1991            | Brian Ellis        | North Rowan        | 49'08.25" |
| 1992            | Jerome Kiaku       | Athens Drive       | 46'10.5"  |
| 1993            | Michael McDuffie   | Hoke               | 46'11.5"  |
| 1994            | Darron Frazier     | East Carteret      | 46'10.75" |
| 1995            | Jay Kanakoa        | North Buncombe     | 46'06"    |
| 1996            | Greg Yeldell       | North Rowan        | 49'09"    |
| 1997            | Ernest Hill        | Pinecrest          | 48'06.5"  |
| 1998            | Greg Yeldell       | North Rowan        | 49'10"    |
| 1999            | Darnell Tillman    | North Rowan        | 47'07.5"  |
| 2000            | Duan Barrino       | Vance              | 45'04"    |
| 2001            | A.J. Davis         | Northern Durham    | 47'01.5"  |
| 2002            | A.J. Davis         | Northern Durham    | 48'01"    |
| 2003            | Terry Wood         | North Rowan        | 48'06.5"  |
| 2004            | Andre Tillman      | North Rowan        | 49'04.25" |
| 2005            | Brandon Cathcart   | Salisbury          | 48'00.5"  |
| 2006            | Alphonso Jordan    | Hopewell           | 46'03.5"  |
| <b>1A/2A/3A</b> |                    |                    |           |
| 2007            | Josh Foster        | Fike               | 44'04.75" |
| 2008            | Jamel Allison      | Mooreville         | 46'07.75" |
| 2009            | Cordell Livingston | Southwest Guilford | 46'00"    |
| 2010            | John Minott        | Union Pines        | 47'08"    |
| 2011            | Daisaun White*     | Asheville          | 46'04.5"  |
| 2012            | Matt Colvin        | Southern Guilford  | 45'06.25" |
| 2013            | Jordan Warren      | Hickory Ridge      | 47'02"    |
| <b>1A/2A</b>    |                    |                    |           |
| 2014            | Dimoun Huitt       | Bunker Hill        | 43'03.5"  |
| 2015            | Jahylen Washington | North Brunswick    | 45'00.5"  |
| 2016            | Di'Joun Huitt      | Bunker Hill        | 46'07"    |
| 2017            | Jayhlen Washington | North Brunswick    | 46'02.50" |
| 2018            | Justin Fuchs       | North Davidson     | 43'09.50" |
| 2019            | Niejel Wilkins     | Kinston            | 46'03.00" |
| 2020            |                    |                    |           |

|                    |                    |           |
|--------------------|--------------------|-----------|
| <b>4A</b>          |                    |           |
| Austin Davis       | Northern Durham    | 47'03"    |
| Lincoln Carr       | Pine Forest        | 48'06"    |
| Lincoln Carr       | Pine Forest        | 48'05.5"  |
| Steven Bell        | Southeast Raleigh  | 47'04.5"  |
| Carl Marant*       | Sanderson          | 46'10"    |
| Jaylon Holt        | Southeast Raleigh  | 47'05.5"  |
| Kimani Hoffman     | Knightdale         | 46'06.5"  |
| <b>3A</b>          |                    |           |
| Noah Tyson         | Asheville          | 46'03.25" |
| Mekhi McGuyver     | Asheville          | 45'01.5"  |
| Satorrius Uddyback | Asheville          | 43'04"    |
| Marcus McDonald    | Southern Durham    | 44'09"    |
| Jamar Davis        | Orange             | 46'02.50" |
| Ahmad Joyner       | Southwest Guilford | 45'05.00" |

|                       |                   |           |
|-----------------------|-------------------|-----------|
| <b>4A</b>             |                   |           |
| Kimani Hoffman        | Knightdale        | 48'01"    |
| Darryl Shaw           | Jack Britt        | 47'05.25" |
| Marcus Krah           | Hillside          | 47'01"    |
| Tyrese Kelly          | Pinecrest         | 48'00.5"  |
| Christopher Alexander | Rocky River       | 47'09.5"  |
| Eric Haddock          | Southeast Raleigh | 49'10.25" |



# Men's Indoor Track & Field Individual Event State Champions

## Shot Put

### Open Classification

|                 |                  |                   |           |
|-----------------|------------------|-------------------|-----------|
| 1987            | Burnice Cross    | Hillside          | 53'08"    |
| 1988            | Harlis Meaders   | Sun Valley        | 55'06"    |
| 1989            | Demetrius Wilson | Apex              | 52'09.5"  |
| 1990            | Ed Robertson     | T.W. Andrews      | 57'11"    |
| 1991            | Ed Robertson     | T.W. Andrews      | 57'07.75" |
| 1992            | Calvin Jackson   | North Rowan       | 53'02.5"  |
| 1993            | Jeff Pflaumbaum  | Enka              | 52'00.75" |
| 1994            | Jeff Pflaumbaum  | Enka              | 55'04"    |
| 1995            | Kelvin Jones     | Mount Tabor       | 56'02"    |
| 1996            | James Wagstaff   | East Mecklenburg  | 53'07.5"  |
| 1997            | Jeff Chambers    | North Rowan       | 52'06.75" |
| 1998            | Ike Oglesby      | East Rowan        | 53'02.75" |
| 1999            | Nick Smith       | A.C. Reynolds     | 51'09.5"  |
| 2000            | Nick Smith       | A.C. Reynolds     | 53'03"    |
| 2001            | Ben Whitney      | Ragsdale          | 52'06"    |
| 2002            | Mitchell Pope    | South Caldwell    | 57'00.5"  |
| 2003            | Eric Smalls      | Southeast Raleigh | 53'00.5"  |
| 2004            | Emmanuel Ross    | Apex              | 55'04.50" |
| 2005            | Tony Baker       | Ragsdale          | 56'01"    |
| 2006            | Robert Boulware  | R.J. Reynolds     | 53'06.5"  |
| <b>1A/2A/3A</b> |                  |                   |           |
| 2007            | Adrian Little    | Farmville Central | 54'03.5"  |
| 2008            | Jake Deaton      | Mooreville        | 55'05.25" |
| 2009            | Kenneth Rowland  | Northside-Jax     | 57'07.75" |
| 2010            | Ryan Minor       | South Brunswick   | 54'01.5"  |
| 2011            | Ryan Minor*      | South Brunswick   | 57'00"    |
| 2012            | James Rowland    | Northside-PT      | 52'03.5"  |
| 2013            | Colin Minor      | South Brunswick   | 53'05.5"  |
| <b>1A/2A</b>    |                  |                   |           |
| 2014            | Derrick Wheeler  | North Brunswick   | 49'00.75" |
| 2015            | Derrick Wheeler  | North Brunswick   | 53'07.25" |
| 2016            | Magnus Herweyer  | Carrboro          | 54'09.25" |
| 2017            | Gabriel King     | Mount Airy        | 50'03.50" |
| 2018            | Ryan Eldridge    | North Surry       | 52'05.00" |
| 2019            | Carter Wilson    | Ashe County       | 52'09.75" |

|                    |                    |           |
|--------------------|--------------------|-----------|
| <b>4A</b>          |                    |           |
| John Sabacinski    | Northwest Guilford | 48'08"    |
| Giavonni Scott     | Ardrey Kell        | 50'11.25" |
| Ashton Anglin-Ston | Garner             | 50'07"    |
| Ryan Kelly         | Reagan             | 51'11.5"  |
| Nick Sansotta*     | Butler             | 53'09"    |
| Jon Beyle          | East Chapel Hill   | 56'02.5"  |
| Jon Beyle          | East Chapel Hill   | 61'10"    |
| <b>3A</b>          |                    |           |
| Colin Minor        | South Brunswick    | 57'01"    |
| Tyson Fortenberry  | Ashbrook           | 50'05.25" |
| Tyson Fortenberry  | Ashbrook           | 55'09.5"  |
| Sherrod Greene     | Rocky Mount        | 55'03.75" |
| Joshua Faison      | Smithfield-Selma   | 50'09.00" |
| Milton Chandler    | Jacksonville       | 51'01"    |

|                 |              |           |
|-----------------|--------------|-----------|
| <b>4A</b>       |              |           |
| Ryan Davis      | Pine Forest  | 54'05.25" |
| Ryan Davis      | Pine Forest  | 57'04.25" |
| Daniel McArthur | Mooreville   | 55'08.75" |
| Austin Harrison | West Forsyth | 57'05.25" |
| Timon Edelen    | Wakefield    | 53'08.75" |
| Mason Ellis     | West Forsyth | 60'00.25" |



# Men's Indoor Track & Field Individual Event State Champions



## Pole Vault Open Classification

|      |                 |                |           |
|------|-----------------|----------------|-----------|
| 1987 | Bryant Noles    | Sun Valley     | 13'00"    |
| 1988 | Chris Lamb      | Laney          | 13'06"    |
| 1989 | Jeff Allen      | East Wake      | 13'06.5"  |
| 1990 | Carlos McCain   | Salisbury      | 13'00"    |
| 1991 | Shannon Pope    | T.W. Andrews   | 13'11.75" |
| 1992 | Shannon Pope    | T.W. Andrews   | 15'01"    |
| 1993 | Joel Freeman    | Northern Nash  | 14'00"    |
| 1994 | Patrick Kranick | Millbrook      | 14'06"    |
| 1995 | Jay Kanakoa     | North Buncombe | 13'00"    |
| 1996 | Shaka Givins    | Fike           | 13'06"    |

### 1A/2A/3A

|      |                  |                   |        |
|------|------------------|-------------------|--------|
| 2007 | Ryan Oakes       | White Oak         | 14'06" |
| 2008 | Landon Patterson | Mount Pleasant    | 15'00" |
| 2009 | Evan Sandling    | Rockingham County | 14'06" |
| 2010 | Landon Hunt      | Robbinsville      | 14'06" |
| 2011 | Alex Lomax*      | Maiden            | 13'06" |
| 2012 | Ethan Smith      | Cedar Ridge       | 14'06" |
| 2013 | Thor Smith       | Northern Guilford | 14'06" |

### 1A/2A

|      |                  |               |        |
|------|------------------|---------------|--------|
| 2014 | Laith Nickell    | North Stokes  | 12'00" |
| 2015 | Laith Nickell    | North Stokes  | 12'00" |
| 2016 | Laith Nickell    | North Stokes  | 13'00" |
| 2017 | Tyler Fitzgerald | Surry Central | 14'06" |
| 2018 | Jake Justice     | Polk County   | 14'04" |
| 2019 | Jake Justice     | Polk County   | 14'10" |

|      |                  |                    |        |
|------|------------------|--------------------|--------|
| 1997 | Matt Price       | East Rowan         | 14'06" |
| 1998 | Matt Price       | East Rowan         | 15'02" |
| 1999 | Brian Pearce     | Tarboro            | 14'10" |
| 2000 | Steve Taylor     | Leesville Road     | 14'07" |
| 2001 | Steve Taylor     | Leesville Road     | 15'00" |
| 2002 | Damien Gunnell   | West Brunswick     | 14'06" |
| 2003 | Phillip Childers | South Point        | 14'06" |
| 2004 | Daniel Keller    | Southwest Guilford | 14'00" |
| 2005 | Daniel Keller    | Southwest Guilford | 14'00" |
| 2006 | David Wiggom     | Sanderson          | 13'06" |

### 4A

|                  |                    |        |
|------------------|--------------------|--------|
| Scott Houston    | Northwest Guilford | 15'03" |
| Scott Houston    | Northwest Guilford | 16'06" |
| Stephen Hodapp   | Butler             | 15'00" |
| Tyler Ankarstran | Millbrook          | 14'06" |
| Justin Vegas*    | East Forsyth       | 14'06" |
| Austin Vegas     | East Forsyth       | 15'00" |
| Phillip Thomas   | Cary               | 14'06" |

### 3A

|                 |                |        |
|-----------------|----------------|--------|
| Corey Ginley    | East Henderson | 15'00" |
| Tristian Shaver | Ledford        | 15'06" |
| Carter Clasper  | Marvin Ridge   | 15'00" |
| Bogue Dick      | Swansboro      | 13'06" |
| Ben Finger      | North Gaston   | 15'00" |
| Patrick Freeman | Mount Tabor    | 15'00" |

### 4A

|                |             |        |
|----------------|-------------|--------|
| Joe Devries    | Apex        | 15'06" |
| Michael Utecht | Apex        | 15'06" |
| Elijah Cole    | Millbrook   | 16'00" |
| Jonathan Lehe  | Lake Norman | 13'06" |
| Spencer Evans  | Lake Norman | 15'00" |
| Spencer Evans  | Lake Norman | 15'00" |



# Men's Indoor Track & Field Relay Event State Champions



## 800 Meter Relay

### 1A/2A

|      |                         |                    |                 |         |
|------|-------------------------|--------------------|-----------------|---------|
| 2015 | Keandre Yeoman          | Chris Graham       | North Brunswick | 1:32.71 |
|      | Shaquan Graham          | Jayhlen Washington |                 |         |
| 2016 | Shaquan Graham          | J.C. Smith         | North Brunswick | 1:34.16 |
|      | Jayhlen Washington      | Cameron Barnhill   |                 |         |
| 2017 | JC Smith                | Shaquan Graham     | North Brunswick | 1:30.35 |
|      | Jayhlen Washington      | Cameron Barnhill   |                 |         |
| 2018 | Tiyae Johnson           | Saquan Pompey      | Kinston         | 1:33.17 |
|      | Nathaniel Harper-Harris | Jimere Summers     |                 |         |
| 2019 | Brendon Hodge           | David Wallis       | Croatan         | 1:33.55 |
|      | Travis Garner-McGraw    | Noah Bibus         |                 |         |

### 3A

|                    |                  |               |         |
|--------------------|------------------|---------------|---------|
| Shamon Elliot      | Kalin Moore      | Terry Sanford | 1:33.10 |
| Lorenz Clark       | William Wicks    |               |         |
| Kenneth Cotton     | James McCurry    | Southern Lee  | 1:34.06 |
| Chandler Cotton    | Benjamin Buie    |               |         |
| Doug Dracon        | Mark Conner      | Weddington    | 1:29.46 |
| Denison Livingston | Emerson Douds    |               |         |
| Brandon Black      | Christian Phelps | Cuthbertson   | 1:30.13 |
| Ashton Spangler    | Aidan McNally    |               |         |

### 4A

|                   |                 |                   |         |
|-------------------|-----------------|-------------------|---------|
| J. Johnson        | Brandon Holmes  | Panther Creek     | 1:31.67 |
| Caleb Cross       | Jimmy Jones     |                   |         |
| Savien Hayes      | Trequan Barnes  | Parkland          | 1:30.18 |
| Joseph Littlejohn | Justen Burnette |                   |         |
| Romell McRae      | Chris McKay     | Southeast Raleigh | 1:30.18 |
| Tyler Williams    | Brian Williams  |                   |         |
| Eric Haddock      | Romell McRae    | Southeast Raleigh | 1:27.87 |
| Christian Ruffin  | Brian Williams  |                   |         |



# Men's Indoor Track & Field Relay Event State Champions



## 1600 Meter Relay Open Classification

|      |                   |                   |              |         |      |                  |                  |                  |         |
|------|-------------------|-------------------|--------------|---------|------|------------------|------------------|------------------|---------|
| 1987 | Adrian Steele     | Anthony Britton   | North Rowan  | 3:30.50 | 1997 | Darren Tuitt     | Greg Hipp        | East Mecklenburg | 3:32.38 |
|      | Jasper Cuthrell   | Harvey Archie     |              |         |      | Maurice Glenn    | Leon Bingham     |                  |         |
| 1988 | A.J. McDonald     | Odeil Lloyd       | Richmond     | 3:33.49 | 1998 | Terrence Chapel  | Shannon Allen    | Cummings         | 3:37.49 |
|      | Stanley Franklin  | Lawrence Lloyd    |              |         |      | Seneca Rogers    | Steven Enoch     |                  |         |
| 1989 | Nelson David      | Aaron Ledbetter   | Richmond     | 3:29.83 | 1999 | Antwan Hughes    | Mike Loyd        | Mount Tabor      | 3:33.75 |
|      | Stanley Franklin  | A.J. McDonald     |              |         |      | Albert Gaynor    | Walt Hauser      |                  |         |
| 1990 | Pernell Williams  | Kenny Shaw        | T.W. Andrews | 3:32.80 | 2000 | Robert Boulware  | Duan Barrino     | Vance            | 3:31.76 |
|      | Darius Brewington | Duane Hill        |              |         |      | Reggie Hall      | Jeremy Grier     |                  |         |
| 1991 | Pernell Williams  | Kenny Shaw        | T.W. Andrews | 3:29.56 | 2001 | Taylor Blevine   | Ben Alsup        | R.J. Reynolds    | 3:33.19 |
|      | Darius Brewington | Duane Hill        |              |         |      | Will Ely         | Hunter Graham    |                  |         |
| 1992 | Pernell Williams  | Noel Peterkin     | T.W. Andrews | 3:34.80 | 2002 | J-Mee Samuels    | Jerrod Wiley     | Mount Tabor      | 3:28.35 |
|      | Kendrick McClain  | Darius Brewington |              |         |      | Tim Leones       | Mike Loyd        |                  |         |
| 1993 | Kevin Pettiford   | Ahmad Spidle      | Hillside     | 3:38.40 | 2003 | Josh Abrams      | Reggie Hall      | Vance            | 3:26.78 |
|      | Hollis Watkins    | Reginald Love     |              |         |      | Jason Moore      | Mallory Felder   |                  |         |
| 1994 | Travis Batts      | Roshad Montgomery | Pine Forest  | 3:32.60 | 2004 |                  |                  | Ben L. Smith     | 3:27.16 |
|      | Chris Rey         | Grady Blackmon    |              |         |      |                  |                  |                  |         |
| 1995 | Roshad Montgomery | Christian Rey     | Pine Forest  | 3:27.26 | 2005 | Brent LaRue      | Kenny Harmon     | East Forsyth     | 3:28.16 |
|      | Travis Batts      | Grady Blackmon    |              |         |      | Lionel Mathabone | Johny Svoboda    |                  |         |
| 1996 | Jawon Bennett     | Mellick Cox       | Pine Forest  | 3:32.49 | 2006 | Karjuan Williams | Andrew Hendrix   | New Bern         | 3:25.24 |
|      | Travis Batts      | Grady Blackmon    |              |         |      | Darly Reynolds   | Edward Armstrong |                  |         |

### 1A/2A/3A

|      |                  |                  |                    |         |
|------|------------------|------------------|--------------------|---------|
| 2007 | Rashad Wilkerson | D'Ray Vanhoy     | Parkland           | 3:31.23 |
|      | Charles Lindsay  | Jarrell Elliott  |                    |         |
| 2008 | James Raley      | McKinley Morning | Carver             | 3:29.37 |
|      | Brandon Hairston | Jibril Mohammed  |                    |         |
| 2009 | Darryl Demps     | Tyler Combs      | Hendersonville     | 3:28.19 |
|      | Eddie Hernandez  | Brandon Neale    |                    |         |
| 2010 | Donte' Smith     | Chase Helton     | Douglas Byrd       | 3:32.56 |
|      | Darrell Mainor   | Eric Winfrey     |                    |         |
| 2011 | Kris Lordman*    | Jason Thompson*  | Asheville          | 3:32.77 |
|      | T.J. Davidson*   | Calvin Clark*    |                    |         |
| 2012 | Mikal Polanco    | Jayvonne Oneal   | Beddingfield       | 3:32.77 |
|      | Dashalin King    | Patrick Owens    |                    |         |
| 2013 | Garry Woosley    | LeDante Berry    | Northeast Guilford | 3:29.55 |
|      | DeAndre McGill   | LeAndre McGill   |                    |         |

### 1A/2A

|      |                  |                |              |         |
|------|------------------|----------------|--------------|---------|
| 2014 | Aaron Hamilton   | Cedric Shannon | Northeastern | 3:29.67 |
|      | Tedric Shannon   | Trevor Overton |              |         |
| 2015 | Caleb Brown      | Eli Hall       | Polk County  | 3:34.82 |
|      | Jacob Wolfe      | Sean Doyle     |              |         |
| 2016 | Kenny Hewitt     | Seth Overman   | Northeastern | 3:33.66 |
|      | Cedric Shannon   | Tedric Shannon |              |         |
| 2017 | Robert Brenneman | Joseph Bulfer  | Croatan      | 3:31.90 |
|      | Michael Quispe   | Tyler Robinson |              |         |
| 2018 | Brendon Hodge    | Noah Bibus     | Croatan      | 3:33.24 |
|      | Joseph Bulfer    | Michael Quispe |              |         |

### 3A

|      |                    |                    |                    |         |
|------|--------------------|--------------------|--------------------|---------|
| 2014 | LeDante Berry      | Javien Carter      | Northeast Guilford | 3:30.01 |
|      | DeAndre McGill     | LeAndre McGill     |                    |         |
| 2015 | Darius Futrell     | Keith Miller-Brian | Richlands          | 3:30.21 |
|      | Kevon Pascoe       | R.J. Russell       |                    |         |
| 2016 | Edward Anthony     | Aaron Ashworth     | White Oak          | 3:32.13 |
|      | Dashoun Brown      | Lane Dukes         |                    |         |
| 2017 | Denison Livingston | Doug Cracon        | Weddington         | 3:30.37 |
|      | Kyle Durham        | Emerson Douds      |                    |         |
| 2018 | Doug Dracon        | Denison Livingston | Weddington         | 3:24.21 |
|      | Kyle Durham        | Emerson Douds      |                    |         |

### 4A

|      |                 |                      |                |         |
|------|-----------------|----------------------|----------------|---------|
| 2007 | John Curtiss    | Josh Caravella       | Providence     | 3:30.74 |
|      | Chris King      | Miles Walker         |                |         |
| 2008 | Demario House   | Santonio Johnson     | West Charlotte | 3:29.43 |
|      | Bobby Grier     | Stanley Wright       |                |         |
| 2009 |                 |                      | New Bern       | 3:21.79 |
| 2010 |                 |                      | Wakefield      | 3:27.63 |
| 2011 | Devin Johnson*  | Mar-Keo Jones*       | Knightdale     | 3:21.58 |
|      | Da'Quan Smalls* | Burkheart Ellis Jr.* |                |         |
| 2012 | Henry Kiedy     | Marquavious Johnson  | Knightdale     | 3:25.64 |
|      | Khalid Powell   | Da'Quan Smalls       |                |         |
| 2013 | Henry Kiedy     | Marcell Johnson      | Knightdale     | 3:22.10 |
|      | Bernard Freeman | Marquavious Johnson  |                |         |

### 4A

|      |                    |                     |                   |         |
|------|--------------------|---------------------|-------------------|---------|
| 2014 | Corey Aikens       | Nathaniel Harvey    | Knightdale        | 3:21.10 |
|      | Marcell Johnson    | Marquavious Johnson |                   |         |
| 2015 | Jayquan Williams   | Ananaba             | Southeast Raleigh | 3:24.50 |
|      | Terrance Adams     | Jayon Woodard       |                   |         |
| 2016 | William Hoffmann   | Henry Pehr          | Green Hope        | 3:26.64 |
|      | Blake Watson       | Jayquan Williams    |                   |         |
| 2017 | Elijah Knight      | Todd Shorts         | Cary              | 3:25.53 |
|      | Kayin Fails        | James Lundergan     |                   |         |
| 2018 | Christopher Mondie | Sean Petersen       | Green Hope        | 3:27.90 |
|      | Michael Biddle     | Ian Delgado         |                   |         |



# Men's Indoor Track & Field Relay Event State Champions



## 1600 Meter Relay

### 1A/2A

|      |               |              |         |
|------|---------------|--------------|---------|
| 2019 | Brendon Hodge | David Wallis | Croatan |
|      | Thomas McCabe | Noah Bibus   |         |

3:30.58

Kyle Durham  
Jackson O'Hara

### 3A

|               |            |
|---------------|------------|
| Jake Toomey   | Weddington |
| Emerson Douds |            |

3:25.53

Christian Ruffin  
Brian Williams

### 4A

|              |                   |         |
|--------------|-------------------|---------|
| Romell McRae | Southeast Raleigh | 3:25.94 |
| Noah Larios  |                   |         |



# Men's Indoor Track & Field Relay Event State Champions



## 3200 Meter Relay Open Classification

|      |                                       |                                  |                  |         |      |                                    |                                    |                  |         |
|------|---------------------------------------|----------------------------------|------------------|---------|------|------------------------------------|------------------------------------|------------------|---------|
| 1987 | Todd Walters<br>Robbie Smith          | David Smith<br>Brad Richardson   | Sun Valley       | 8:20.00 | 1997 | Lucas Kaufman<br>Greg Hipp         | David Willis<br>Andres Colon       | East Mecklenburg | 8:29.48 |
| 1988 | David Wiggins<br>Kevin Alston         | John Roseboro<br>Shaole Dawson   | Hillside         | 8:15.92 | 1998 | Brendan St. Denis<br>Drew Martin   | Edmund Kelley<br>Tron Chavis       | Pinecrest        | 8:20.31 |
| 1989 | Phillip Honeycutt<br>Stanley Franklin | Aaron Ledbetter<br>Daniel Smith  | Richmond         | 8:11.92 | 1999 | Keith Waldron<br>Chalom Pittman    | Irvin Hunter<br>Darrell Colbert    | West Charlotte   | 8:20.33 |
| 1990 | Gary Hardin<br>Kyle Armentrout        | Mike Brooks<br>Brant Armentrout  | Mount Tabor      | 8:30.96 | 2000 | McNeil Cronih<br>Fritz Vaughan     | Scott Vasser<br>Matt Debole        | Mount Tabor      | 8:28.99 |
| 1991 | Carson Hedrick<br>Lucas Hunt          | John Bradford<br>Chris O'Shields | Sun Valley       | 8:33.69 | 2001 | Ryan Wiedenman<br>Richard Steere   | Sajid Reshamwala<br>Wes Boone      | Apex             | 8:22.42 |
| 1992 | Robbie Howell<br>Stacey Cochran       | Jose Martinez<br>Sammy Taylor    | Athens Drive     | 8:30.50 | 2002 | Eric Mack<br>Jeremy Helsabeck      | Clay Ragan<br>Bobby Mack           | North Forsyth    | 8:06.13 |
| 1993 | Steven Kelley<br>Kevin Biljy          | Jason Page<br>Kevin Pierpoint    | Millbrook        | 8:26.80 | 2003 | Eric Mack<br>Clay Ragan            | Jordan Olsen<br>Bobby Mack         | North Forsyth    | 8:23.87 |
| 1994 | Ulf Schwall<br>John Hooks             | Pen Perry<br>Joel McSwain        | East Mecklenburg | 8:33.20 | 2004 |                                    |                                    | South View       | 8:20.17 |
| 1995 | Kevin Cutts<br>Pen Rury               | Greg Prudhomme<br>Matt Head      | East Mecklenburg | 8:16.70 | 2005 | Jordan Rickard<br>Tim Jefferson    | Jonathan Stone<br>Chase Williams   | Pinecrest        | 8:10.89 |
| 1996 | Aaron Henry<br>Daniel Alvarez         | Omar Clinton<br>Kevon Blair      | Pine Forest      | 8:22.38 | 2006 | Anthony Hendrix<br>Daniel Castelow | Andrew Hendrix<br>Karjuan Williams | New Bern         | 8:05.25 |

### 1A/2A/3A

|      |                                   |                                  |                  |         |
|------|-----------------------------------|----------------------------------|------------------|---------|
| 2007 | Gabe McGowan<br>Josh Pickett      | Eric Fichtel<br>Hosh Dubin       | T.C. Roberson    | 8:25.66 |
| 2008 | Nathan Craig<br>Joseph Newman     | Chase Martin<br>Patrick Campbell | Mooreville       | 8:20.62 |
| 2009 | Tyrell Mauldin<br>Tre Williams    | John Harwell<br>Isaac Presson    | Asheville        | 8:21.40 |
| 2010 | Michael Tomayo<br>James Fladeland | Tyron Alston<br>Jake Hurysz      | Eastern Alamance | 8:15.51 |
| 2011 | Michael Colven*<br>Alec Lane*     | Drew Buckley*<br>Chris Van Gorp* | Marvin Ridge     | 8:28.65 |
| 2012 | Mark Pietryka<br>Patrick Wolf     | Nick Tyrey<br>Tommy Schotzinger  | Cardinal Gibbons | 8:15.80 |
| 2013 | Alec Lane<br>Carter Pennington    | Kendon Corbett<br>Nicholas Futia | Marvin Ridge     | 8:18.21 |

### 1A/2A

|      |                                     |                                    |               |         |
|------|-------------------------------------|------------------------------------|---------------|---------|
| 2014 | Shawn Marcie<br>Harrison Conner     | Emanuel Williams<br>Caleb Albrecht | Franklin      | 8:22.74 |
| 2015 | Sean Doyle<br>Caleb Brown           | Mitchell Brown<br>Jacob Wolfe      | Polk County   | 8:15.58 |
| 2016 | Sean Doyle<br>Jeremy Allsbrook      | Jacob Wolfe<br>Mitchell Brown      | Polk County   | 8:33.49 |
| 2017 | Noah Schoenacher<br>Andrew Robinson | William Coye<br>Noah Graham        | Brevard       | 8:23.46 |
| 2018 | Jason Risse<br>Jason Thomson        | Johnny Grant<br>Brian Risse        | North Lincoln | 8:12.93 |

### 3A

|                                 |                                 |              |         |
|---------------------------------|---------------------------------|--------------|---------|
| Brian Callinan<br>Zach Durand   | Austin Payeur<br>Jake Blizzard  | Marvin Ridge | 8:16.04 |
| Matthew Conner<br>Alex Hazan    | Ryan Hobbs<br>Mitchell Resor    | Weddington   | 8:06.56 |
| Haven Honeycutt<br>Davis Turner | Noah Shore<br>Terry Young       | Asheville    | 8:01.84 |
| Santez Booze<br>Haven Honeycutt | Kodi Coddington<br>Davis Turner | Asheville    | 8:08.14 |
| Jackson O'Hara<br>Jake Toomey   | Kyle Durham<br>Will Mazur       | Weddington   | 7:59.48 |

### 4A

|      |                                        |                                   |             |         |
|------|----------------------------------------|-----------------------------------|-------------|---------|
| 2007 | John Curtiss<br>Miles Walker           | Kyle Davidson<br>Alex Taylor      | Providence  | 8:10.15 |
| 2008 | Banks Barnes<br>Rodney Steward         | Anthony Hendrix<br>Andrew Hendrix | New Bern    | 8:05.70 |
| 2009 |                                        |                                   | New Bern    | 8:15.45 |
| 2010 |                                        |                                   | Sanderson   | 8:14.56 |
| 2011 | Macon Gambill*<br>Syed Muhammed*       | George Oliver*<br>Josh Copus*     | Mount Tabor | 8:15.64 |
| 2012 | Macon Gambill<br>George Oliver         | Andrew Krivsky<br>Josh Copus*     | Mount Tabor | 8:05.86 |
| 2013 | Marquavious Johnson<br>Marcell Johnson | Henry Kiedy<br>Adonis Williams    | Knightdale  | 8:01.07 |

### 4A

|                                        |                                 |             |         |
|----------------------------------------|---------------------------------|-------------|---------|
| Jonathan Bakley<br>William Jordan      | Corey Colberg<br>Brad Pehr      | Green Hope  | 8:01.62 |
| Christian Cortazar<br>Javier Alejandro | Michael Staples<br>Philip Hall  | South View  | 7:57.23 |
| Ian Foley<br>Michael Moerk             | Cameron Ponder<br>Kenny Kneisel | Mount Tabor | 7:59.95 |
| Ian Delgado<br>Matthew Kehn            | Ares Epps<br>Sean Petersen      | Green Hope  | 8:11.52 |
| Michael Biddle<br>Sean Petersen        | Matthew Kehn<br>Ian Delgado     | Green Hope  | 8:06.97 |



# Men's Indoor Track & Field Relay Event State Champions



## 3200 Meter Relay

### 1A/2A

### 3A

### 4A

|      |                 |             |              |         |                   |                |            |         |                |              |               |         |
|------|-----------------|-------------|--------------|---------|-------------------|----------------|------------|---------|----------------|--------------|---------------|---------|
| 2019 | Tyler Sylvia    | Aidan May   | First Flight | 8:26.14 | Kyrstopher Durham | Stephen Larson | Weddington | 8:09.68 | Elijah Cernoch | Justin Hayes | Panther Creek | 8:07.88 |
|      | Warner Campbell | Zach Hughes |              |         | Jake Toomey       | Will Mazur     |            |         | Casper Serrano | Ian Harrison |               |         |