

2019 4A West NCHSAA Regional Championships - 2/2/19**Host: South Mecklenburg HS****Swimming & Diving****Psych Sheet****Event 1 Women 200 Yard Medley Relay**

	Team	Relay	Seed Time
1	South Mecklenbur		1:48.27
2	Myers Park		1:48.35
3	Hough		1:50.59
4	Ardrey Kell		1:50.88
5	Lake Norman		1:51.22
6	Providence		1:51.98
7	Mallard Creek		2:00.38
8	Butler		2:02.93
9	Hickory Ridge		2:03.26
10	East Mecklenburg		2:04.83
11	Mooresville		2:05.47
12	Davie		2:05.75
13	Hopewell		2:09.97
14	South Caldwell		2:11.65
15	Independence		2:14.23
16	North Mecklenbur		2:14.61
17	Olympic		2:15.09
18	McDowell		2:18.08
19	Porter Ridge		2:18.96

2019 4A West NCHSAA Regional Championships - 2/2/19**Host: South Mecklenburg HS****Swimming & Diving****Psych Sheet****Event 2 Men 200 Yard Medley Relay**

	Team	Relay	Seed Time
1	Ardrey Kell		1:38.21
2	South Mecklenbur		1:38.84
3	Myers Park		1:38.98
4	Hough		1:41.28
5	Providence		1:41.94
6	Olympic		1:45.48
7	East Mecklenburg		1:45.49
8	Hopewell		1:45.55
9	South Caldwell		1:47.67
10	Lake Norman		1:48.22
11	Mallard Creek		1:50.41
12	Davie		1:51.34
13	Mooresville		1:52.83
14	North Mecklenbur		1:53.50
15	Butler		1:54.84
16	Independence		1:55.31
17	Hickory Ridge		1:59.86
18	McDowell		2:07.97

2019 4A West NCHSAA Regional Championships - 2/2/19**Host: South Mecklenburg HS****Swimming & Diving****Psych Sheet****Event 3 Women 200 Yard Freestyle**

	Name	Yr	School	Seed Time
1	Marquardt, Ellie		South Mecklenbur	1:51.53
2	Rauch, Katie		South Mecklenbur	1:54.20
3	Bartis, Olwyn		Myers Park	1:55.54
4	Merritt, Kensley		Hough	1:55.86
5	Handlin, Lexie		Ardrey Kell	1:58.17
6	Steelhammer, Gracie		Lake Norman	2:00.70
7	Adkins, Stella		South Mecklenbur	2:00.73
8	Bartis, Rowan		Myers Park	2:02.43
9	Anton, Isabella		Lake Norman	2:02.75
10	Oettinger, Emily		Providence	2:03.70
11	Jaynes, Allyson		Hickory Ridge	2:04.72
12	Turner, Kora		Providence	2:05.26
13	Welch, Abigail		Providence	2:05.78
14	Brown, Emily		Ardrey Kell	2:05.88
15	Huecker, Maddie		Lake Norman	2:08.10
16	Wordsworth, Allison		Hough	2:08.14
17	Szeghy, Rachel		Mallard Creek	2:08.19
18	Goins, Carolyn		Myers Park	2:08.96
19	Altmeyer, Elizabeth		Myers Park	2:10.24
20	Company, Hannah		Hickory Ridge	2:10.51
21	Noonan, Emma		Hough	2:11.63
22	Shackelford, Paige		Hough	2:13.47
23	Hidalgo, Victoria		Ardrey Kell	2:13.60
24	Powell, Olivia		Providence	2:13.72

2019 4A West NCHSAA Regional Championships - 2/2/19**Host: South Mecklenburg HS****Swimming & Diving****Psych Sheet****Event 4 Men 200 Yard Freestyle**

	Name	Yr	School	Seed Time
1	Walker, Jack		Myers Park	1:42.87
2	Lee, Jason		Ardrey Kell	1:44.56
3	Rzepecki, Jamison		Olympic	1:45.05
4	Harding, Mason		Providence	1:45.26
5	Atherton, Alex		Hough	1:46.37
6	Marquardt, Jack		South Mecklenbur	1:46.54
7	Svendsen, Hugh		Myers Park	1:46.83
8	Frye, Tommy		Hough	1:48.57
9	Stillman, Beckett		South Mecklenbur	1:49.28
10	Crew, John		South Mecklenbur	1:50.15
11	Shives, Evan		Davie	1:51.69
12	Ryan, Gaige		Ardrey Kell	1:52.21
13	Williams-Tracy, Hamlin		Myers Park	1:53.03
14	Cole, Jacob		Ardrey Kell	1:54.52
15	LaChapelle, Luc		Providence	1:55.24
16	Royster, Jake		Ardrey Kell	1:55.89
17	Brewer, Ethan J		Mooreville	1:55.94
18	Neilsen, Jack		South Mecklenbur	1:56.80
19	Herger, Tripp		Hopewell	1:58.78
20	Yeh, Ryan		Lake Norman	1:59.70
21	Hopkins, Scott		Providence	2:00.62
22	McKinney, Michael		Hickory Ridge	2:08.53
23	Deir, Connor		Providence	2:08.84
24	Carsten, Jace		Lake Norman	2:09.12

2019 4A West NCHSAA Regional Championships - 2/2/19**Host: South Mecklenburg HS****Swimming & Diving****Psych Sheet****Event 5 Women 200 Yard IM**

	Name	Yr	School	Seed Time
1	Whitmire, Liza		Myers Park	2:07.86
2	Sowards, Savannah		Hough	2:08.90
3	Mangaoang, Desirae		Lake Norman	2:09.12
4	Hanley, Amaya		Hough	2:09.72
5	Davis, Laura		Providence	2:11.98
6	Sanocki, Lily		Providence	2:13.58
7	Johnson, Reagan		South Mecklenbur	2:15.17
8	Taylor, Kayana		South Caldwell	2:16.54
9	Toohy, Olivia		Hopewell	2:16.61
10	Robinson, Haley		South Mecklenbur	2:19.01
11	Yount, Carley		Hough	2:19.34
12	Lang, Katherine		Ardrey Kell	2:19.91
13	Hamilton, Addie		Providence	2:21.22
14	Dacier, Anna		Myers Park	2:22.48
15	Nessen, Lily		South Mecklenbur	2:23.11
16	Kreth, Kaitlyn		Myers Park	2:24.20
17	Sursi, Madelyn		Lake Norman	2:25.96
18	Morris, Jenna		Ardrey Kell	2:26.24
19	Ku, Katherine		Myers Park	2:26.53
20	Hamrick, Sarah Kate		Hough	2:26.76
21	Ravi, Sreshta		Providence	2:27.36
22	Nesbitt, Abbey		South Mecklenbur	2:29.12
23	Stowe, Caroline		Butler	2:29.46
24	Koelz, Shelby		Butler	2:29.49

2019 4A West NCHSAA Regional Championships - 2/2/19**Host: South Mecklenburg HS****Swimming & Diving****Psych Sheet****Event 6 Men 200 Yard IM**

	Name	Yr	School	Seed Time
1	Monahan, Conall		Providence	1:53.51
2	Valiquette, Jack		Ardrey Kell	1:54.56
3	Wennborg, Markus		Hopewell	1:56.06
4	Barnett, Wesley		South Mecklenbur	1:56.19
5	Allison, Chase		Hopewell	1:57.01
6	Boone, Garrett		South Mecklenbur	1:58.71
7	Freeman, Spencer		Myers Park	2:01.80
8	Wilhelm, Alexander		Myers Park	2:04.06
9	Robinson, Logan		South Mecklenbur	2:05.11
10	Ford, Nathan		Providence	2:07.10
11	Guenther, Jack		Myers Park	2:07.90
12	Hutchinson, Matthew		South Caldwell	2:08.49
13	Howard, Sam		South Mecklenbur	2:08.58
14	Berkeley, William		Myers Park	2:09.23
15	Garcia, Gabe		Hough	2:10.12
16	Hull, Davis		Ardrey Kell	2:10.96
17	Blake, Devin		Providence	2:11.21
18	Da Mata, Eduardo		Hough	2:14.11
19	Mandel, Zach		North Mecklenbur	2:14.40
20	Scott, Andrew		East Mecklenburg	2:16.66
21	Buchoux, Adrien		Ardrey Kell	2:18.23
22	Hanks, Wyatt		East Mecklenburg	2:18.43
23	Berry, Scott		Ardrey Kell	2:19.09
24	Lucktong, Samuel		Lake Norman	2:20.03

2019 4A West NCHSAA Regional Championships - 2/2/19**Host: South Mecklenburg HS****Swimming & Diving****Psych Sheet****Event 7 Women 50 Yard Freestyle**

	Name	Yr	School	Seed Time
1	Sowards, Elizabeth		Hough	23.87
2	Smith, Janie		Myers Park	24.38
3	Ivan, Teresa		Ardrey Kell	24.54
4	Martinson, Brynn		South Mecklenbur	24.99
5	Dona, Hanani		Lake Norman	25.02
6	Hohm, Anneliese		East Mecklenburg	25.04
7	Tripsa, Martha		Hough	25.10
8	Spina, Gabriella		Ardrey Kell	25.33
9	Gendzel, Maya		Myers Park	25.44
10	Siemasko, Lily		Providence	25.44
11	Brown, Mason		Myers Park	25.49
12	Davis, Mary		Hough	25.50
13	Garrison, Lene		Providence	25.60
14	Vendal, Ella		South Mecklenbur	25.71
15	Brashear, Grace		South Mecklenbur	25.97
16	Larson, Chloe		South Mecklenbur	25.98
17	Thomas, Caroline		Providence	25.99
18	Cole, Kali		Ardrey Kell	25.99
19	Garlick, Macyn		Lake Norman	26.01
20	Youngblood, Reagan		Butler	26.15
21	Russell, Claire		Myers Park	26.16
22	Zagora, Anna		Ardrey Kell	26.18
23	Clinton Fodor, Isabel		East Mecklenburg	26.43
24	Hutton, Alexa		Davie	26.45

2019 4A West NCHSAA Regional Championships - 2/2/19**Host: South Mecklenburg HS****Swimming & Diving****Psych Sheet****Event 8 Men 50 Yard Freestyle**

	Name	Yr	School	Seed Time
1	Teague, Sean		Ardrey Kell	21.70
2	Lowe, Kenneth		Hough	21.84
3	Vendal, Ty		South Mecklenbur	22.55
4	Rowe, Daniel		East Mecklenburg	22.60
5	Tutovani, Leo		Ardrey Kell	22.67
6	Cummings, Austin		Ardrey Kell	22.89
7	Wait, Daniel		South Mecklenbur	23.00
8	Primm, Rocket		Myers Park	23.01
9	Mathiason, Carter		Lake Norman	23.10
10	Champion, Ben		East Mecklenburg	23.11
11	Hilton, Andrew		Davie	23.14
12	Cooper, Zach		Ardrey Kell	23.17
13	Kirkpatrick, Owen		Providence	23.23
14	Harris, Luke		Butler	23.25
15	Pounds, Peyton		Providence	23.31
16	Harris, Tiesyn		Butler	23.35
17	Warner, Calvin		Mooreville	23.37
18	Dixon, Dylan		Hopewell	23.42
19	Schultz, Ian		Providence	23.44
20	Johnson, William		Myers Park	23.54
21	Park, Luke		Providence	23.55
22	Hohnbaum, Graham		Myers Park	23.62
23	Holland, Kellyn		Hickory Ridge	23.74
24	Pauldin, Miles		Independence	23.88

2019 4A West NCHSAA Regional Championships - 2/2/19**Host: South Mecklenburg HS****Swimming & Diving****Psych Sheet****Event 9 Women 1 mtr Diving**

	Name	Yr	School	
1	Buchan, Andra		Hough	289.00
2	Wegh, Asia		Hough	275.75
3	O'Rorke, Kimberly		Davie	273.70
4	Mastrantoni, Abby		Ardrey Kell	250.30
5	Gilroy, Ava		Hough	244.35
6	Skalsky, Morgan		Lake Norman	235.40
7	Malec, Madison		Lake Norman	224.45
8	Zuraf, Nadia		Hough	197.15
9	Hite, Kat		Providence	194.55
10	Proctor, Berkley		Providence	192.75
11	Nystrom, Tenley		South Mecklenbur	190.65
12	Dagenhart, Livi		Myers Park	188.10
13	Gentile, Emily		Providence	181.80
14	Hurd, Emily		Hopewell	180.00
15	Brock, Jessica		Butler	179.90
16	Morton, Macey		South Mecklenbur	178.85
17	Cornwall, Hannah		Myers Park	170.65
18	Chass, Olivia		Butler	163.35
19	Schmoll, Sophia		Providence	155.75
20	Poulton, Brooke		Ardrey Kell	149.50
21	Goddard, Karalyn		Ardrey Kell	148.90
22	Temple, Allie		South Mecklenbur	146.50
23	Sinclair, Caroline		Ardrey Kell	136.35
24	Dupont, Amaris		South Mecklenbur	98.75
25	Rudd, Elizabeth		Lake Norman	75.10

2019 4A West NCHSAA Regional Championships - 2/2/19**Host: South Mecklenburg HS****Swimming & Diving****Psych Sheet****Event 10 Men 1 mtr Diving**

	Name	Yr	School	
1	Foster, Luke		South Mecklenbur	340.15
2	Foster, Ethan		South Mecklenbur	339.15
3	Snedden, Adam		Myers Park	320.30
4	Walker, Lee		Myers Park	195.50
5	Babayev, Konstantin		Independence	191.75
6	Foster, Kevin		Myers Park	186.25
7	Schuster, David		Ardrey Kell	184.75
8	Pfaller, Ryan		Butler	183.30
9	Walker, Thomas		Myers Park	180.90
10	Scott, Andrew		East Mecklenburg	172.95
11	Wood, Carson		Lake Norman	171.05
12	Boles, John		Butler	168.90
13	Stone, Connor		Mooreville	162.95
14	Walakovits, John		South Mecklenbur	159.30
15	Bradshaw, Colton		Providence	157.03
16	Grubb, Dallas		Davie	153.45
17	Mugala, Ali		Ardrey Kell	151.50
18	Anderson, Zeph		Providence	150.65
19	Temple, Jake		South Mecklenbur	147.60
20	Bollacke, Ryan		Ardrey Kell	126.60
21	Baswell, Reese		Lake Norman	115.50
22	Pratt, Alex		Ardrey Kell	110.90
23	Kormanek, Kevin		Lake Norman	105.40

2019 4A West NCHSAA Regional Championships - 2/2/19**Host: South Mecklenburg HS****Swimming & Diving****Psych Sheet****Event 11 Women 100 Yard Butterfly**

	Name	Yr	School	Seed Time
1	Sowards, Savannah		Hough	57.42
2	Smith, Janie		Myers Park	57.93
3	Lassell, Marissa		Hough	58.91
4	Steffens, Amelia		Myers Park	59.37
5	Hangyas, Oceane		Ardrey Kell	59.66
6	Xerras, Alexandra		Myers Park	59.76
7	Lyons, Claire		Providence	1:00.08
8	Stolberg, Emma		Lake Norman	1:00.20
9	DiPangrazio, Sarah		Providence	1:00.36
10	Yount, Katelyn		Hough	1:01.39
11	Davis, Mary		Hough	1:01.53
12	Taylor, Kayana		South Caldwell	1:01.72
13	Welch, Abigail		Providence	1:02.31
14	Robinson, Haley		South Mecklenbur	1:02.34
15	Ravi, Sreshta		Providence	1:03.59
16	Clodfelter, Laney		South Mecklenbur	1:03.84
17	Hommies, Olivia		South Mecklenbur	1:03.96
18	Patil, Akshita		Ardrey Kell	1:04.38
19	Altmeyer, Elizabeth		Myers Park	1:04.39
20	Hutton, Alexa		Davie	1:04.47
21	Jordan, Veronika		Butler	1:04.61
22	Hollis, Sarah Beth		Mallard Creek	1:04.63
23	Sursi, Madelyn		Lake Norman	1:04.70
24	Booker, Elan		Mallard Creek	1:06.15

2019 4A West NCHSAA Regional Championships - 2/2/19**Host: South Mecklenburg HS****Swimming & Diving****Psych Sheet****Event 12 Men 100 Yard Butterfly**

	Name	Yr	School	Seed Time
1	Schneider, Ethan		Hough	51.64
2	Harding, Mason		Providence	51.72
3	Lee, Jason		Ardrey Kell	51.87
4	Freeman, Spencer		Myers Park	52.78
5	Fletcher, Josh		Ardrey Kell	52.85
6	Frye, Tommy		Hough	53.03
7	Warner, Gabriel		Mooreville	54.81
8	McCreery, Coleman		South Mecklenbur	55.61
9	Carroll, Brody		South Caldwell	55.70
10	Berkeley, William		Myers Park	55.95
11	Blake, Devin		Providence	56.76
12	Brashear, Michael		South Mecklenbur	56.89
13	Buchoux, Adrien		Ardrey Kell	57.67
14	Howard, Sam		South Mecklenbur	57.89
15	Stillman, Tucker		South Mecklenbur	57.92
16	Childs, James		Myers Park	58.07
17	Clem, Walker		Providence	59.47
18	Bundy, Sam		Ardrey Kell	59.63
19	Manley, Nicholson		Mallard Creek	1:00.03
20	Mason, Preston		Lake Norman	1:00.06
21	Townsend, Orion		Independence	1:00.25
22	Zielinski, Zane		Olympic	1:00.37
23	Breit, Joshua		Hough	1:01.31
24	Colcer, Wilson		Myers Park	1:01.78

2019 4A West NCHSAA Regional Championships - 2/2/19**Host: South Mecklenburg HS****Swimming & Diving****Psych Sheet****Event 13 Women 100 Yard Freestyle**

	Name	Yr	School	Seed Time
1	Sowards, Elizabeth		Hough	51.55
2	Ivan, Teresa		Ardrey Kell	52.12
3	Bartis, Olwyn		Myers Park	52.54
4	Gendzel, Maya		Myers Park	54.70
5	Tripsa, Martha		Hough	54.86
6	Yang, Iris		Providence	54.99
7	Martinson, Brynn		South Mecklenbur	55.31
8	Garlick, Macyn		Lake Norman	56.14
9	Zagora, Anna		Ardrey Kell	56.14
10	Calhoun, Sadie		North Mecklenbur	56.35
11	Garrison, Lene		Providence	56.35
12	Spina, Gabriella		Ardrey Kell	56.40
13	Siemasko, Lily		Providence	56.50
14	Vendal, Ella		South Mecklenbur	56.53
15	Xerras, Alexandra		Myers Park	56.64
16	Cole, Kali		Ardrey Kell	57.32
17	Clinton Fodor, Isabel		East Mecklenburg	57.69
18	Thomas, Caroline		Providence	57.93
19	Carriker, Carly		South Mecklenbur	58.06
20	Brashear, Grace		South Mecklenbur	58.15
21	Luh, Katrine		Myers Park	58.45
22	Poythress, Lanni		Hickory Ridge	58.91
23	Company, Hannah		Hickory Ridge	59.01
24	Jordan, Veronika		Butler	59.15

2019 4A West NCHSAA Regional Championships - 2/2/19**Host: South Mecklenburg HS****Swimming & Diving****Psych Sheet****Event 14 Men 100 Yard Freestyle**

	Name	Yr	School	Seed Time
1	Boone, Garrett		South Mecklenbur	47.73
2	Marquardt, Jack		South Mecklenbur	49.31
3	Vendal, Ty		South Mecklenbur	49.32
4	Lowe, Kenneth		Hough	49.44
5	Cummings, Austin		Ardrey Kell	49.62
6	Walker, Joshua		Myers Park	49.96
7	Tutovani, Leo		Ardrey Kell	50.20
8	Ryan, Gaige		Ardrey Kell	51.40
9	Dixon, Dylan		Hopewell	51.53
10	Hilton, Andrew		Davie	51.67
11	Holland, Kellyn		Hickory Ridge	51.89
12	Kirkpatrick, Owen		Providence	51.94
13	Patton, Cole		Providence	52.36
14	Wait, Daniel		South Mecklenbur	52.44
15	Harris, Luke		Butler	52.48
16	Mathiason, Carter		Lake Norman	52.68
17	Mazarguil, Bastian		Ardrey Kell	52.71
18	Garcia, Gabe		Hough	52.96
19	Tucker, Jonathan		South Caldwell	52.99
20	Childs, James		Myers Park	53.15
21	Johnson, William		Myers Park	53.48
22	Schultz, Ian		Providence	53.50
23	Languell, Cole		Hough	54.02
24	Nussman, Banks		Providence	54.18

2019 4A West NCHSAA Regional Championships - 2/2/19**Host: South Mecklenburg HS****Swimming & Diving****Psych Sheet****Event 15 Women 500 Yard Freestyle**

	Name	Yr	School	Seed Time
1	Rauch, Katie		South Mecklenbur	4:56.77
2	Marquardt, Ellie		South Mecklenbur	5:02.75
3	Davis, Laura		Providence	5:15.83
4	Stolberg, Emma		Lake Norman	5:18.27
5	Steelhammer, Gracie		Lake Norman	5:21.86
6	Qualls, Stephanie		Hough	5:22.62
7	Yount, Carley		Hough	5:23.84
8	Bardsley, Helena		Lake Norman	5:26.38
9	Bartis, Rowan		Myers Park	5:27.40
10	Oettinger, Emily		Providence	5:27.65
11	Adkins, Stella		South Mecklenbur	5:28.19
12	Toohey, Olivia		Hopewell	5:28.59
13	Evans, Lauren		Mooreville	5:38.04
14	Goins, Carolyn		Myers Park	5:38.42
15	Wordsworth, Allison		Hough	5:43.14
16	Kuhn, Sarah Porter		Myers Park	5:46.31
17	Shackelford, Paige		Hough	5:49.75
18	Kreth, Kaitlyn		Myers Park	5:51.24
19	Morris, Jenna		Ardrey Kell	5:51.95
20	Morrow, Julianna		Mooreville	5:52.61
21	Stowe, Caroline		Butler	5:52.65
22	Thomas, Sarah		Providence	5:53.43
23	Koelz, Shelby		Butler	5:56.87
24	Banas, Anna		Ardrey Kell	6:01.46

2019 4A West NCHSAA Regional Championships - 2/2/19**Host: South Mecklenburg HS****Swimming & Diving****Psych Sheet****Event 16 Men 500 Yard Freestyle**

	Name	Yr	School	Seed Time
1	Walker, Jack		Myers Park	4:35.23
2	Rzepecki, Jamison		Olympic	4:42.05
3	Atherton, Alex		Hough	4:47.43
4	Johnson, Gavin		South Mecklenbur	4:57.35
5	Stillman, Beckett		South Mecklenbur	4:58.87
6	Carroll, Brody		South Caldwell	5:01.16
7	Royster, Jake		Ardrey Kell	5:02.19
8	Williams-Tracy, Hamlin		Myers Park	5:02.24
9	Stillman, Tucker		South Mecklenbur	5:09.44
10	Herger, Tripp		Hopewell	5:09.67
11	Hohnbaum, Graham		Myers Park	5:09.68
12	Deng, Jake		Mallard Creek	5:10.29
13	Bundy, Sam		Ardrey Kell	5:12.05
14	LaChapelle, Luc		Providence	5:12.75
15	Cole, Jacob		Ardrey Kell	5:13.92
16	Brewer, Ethan J		Mooreville	5:14.01
17	Ford, Nathan		Providence	5:20.22
18	Neilsen, Jack		South Mecklenbur	5:23.62
19	Hopkins, Scott		Providence	5:31.68
20	Freeman, Davis		Ardrey Kell	5:35.69
21	Powell, Luke		South Caldwell	5:38.43
22	Deir, Connor		Providence	5:40.05
23	Navarro, Sebastian		Hough	5:45.03
24	Bryson, Rutherford		Myers Park	5:52.75

2019 4A West NCHSAA Regional Championships - 2/2/19**Host: South Mecklenburg HS****Swimming & Diving****Psych Sheet****Event 17 Women 200 Yard Freestyle Relay**

	Team	Relay	Seed Time
1	Myers Park		1:38.42
2	Hough		1:38.59
3	South Mecklenbur		1:41.78
4	Lake Norman		1:42.15
5	Providence		1:42.27
6	Ardrey Kell		1:43.59
7	Butler		1:48.15
8	Hickory Ridge		1:48.43
9	Mooreville		1:49.55
10	Mallard Creek		1:50.06
11	East Mecklenburg		1:52.56
12	Davie		1:52.75
13	South Caldwell		1:54.60
14	Hopewell		1:55.58
15	Independence		1:57.65
16	Porter Ridge		1:59.91
17	North Mecklenbur		2:01.61
18	Olympic		2:02.29
19	McDowell		2:04.10

2019 4A West NCHSAA Regional Championships - 2/2/19**Host: South Mecklenburg HS****Swimming & Diving****Psych Sheet****Event 18 Men 200 Yard Freestyle Relay**

	Team	Relay	Seed Time
1	Ardrey Kell		1:29.44
2	Providence		1:29.99
3	South Mecklenbur		1:30.74
4	East Mecklenburg		1:32.17
5	Hopewell		1:32.64
6	Myers Park		1:33.33
7	Hough		1:34.77
8	South Caldwell		1:36.40
9	Olympic		1:36.71
10	Mooresville		1:37.51
11	Davie		1:37.72
12	Lake Norman		1:37.80
13	Butler		1:39.42
14	Independence		1:41.30
15	Mallard Creek		1:41.47
16	Hickory Ridge		1:41.58
17	North Mecklenbur		1:41.75
18	McDowell		1:50.91
19	Porter Ridge		1:51.84

2019 4A West NCHSAA Regional Championships - 2/2/19**Host: South Mecklenburg HS****Swimming & Diving****Psych Sheet****Event 19 Women 100 Yard Backstroke**

	Name	Yr	School	Seed Time
1	Merritt, Kensley		Hough	57.53
2	Hanley, Amaya		Hough	57.69
3	Brown, Emily		Ardrey Kell	59.16
4	Handlin, Lexie		Ardrey Kell	59.40
5	Russell, Claire		Myers Park	1:00.21
6	Yang, Iris		Providence	1:00.30
7	Steffens, Amelia		Myers Park	1:00.55
8	Dona, Hanani		Lake Norman	1:00.63
9	Goodrich, Aidan		Lake Norman	1:01.13
10	Lassell, Marissa		Hough	1:01.14
11	DiPangrazio, Sarah		Providence	1:01.50
12	Luh, Katrine		Myers Park	1:01.99
13	Turner, Kora		Providence	1:02.38
14	Yount, Katelyn		Hough	1:02.43
15	Powell, Olivia		Providence	1:02.46
16	Lang, Katherine		Ardrey Kell	1:03.55
17	Nessen, Lily		South Mecklenbur	1:03.91
18	Ku, Katherine		Myers Park	1:04.15
19	Respass, Josie		Lake Norman	1:05.14
20	Youngblood, Reagan		Butler	1:05.26
21	Hommies, Olivia		South Mecklenbur	1:05.36
22	Clodfelter, Laney		South Mecklenbur	1:05.39
23	Pires, Gracyn		Ardrey Kell	1:07.83
24	Newton, Abby		Lake Norman	1:07.92

2019 4A West NCHSAA Regional Championships - 2/2/19**Host: South Mecklenburg HS****Swimming & Diving****Psych Sheet****Event 20 Men 100 Yard Backstroke**

	Name	Yr	School	Seed Time
1	Teague, Sean		Ardrey Kell	52.27
2	Fletcher, Josh		Ardrey Kell	53.21
3	Barnett, Wesley		South Mecklenbur	53.65
4	Svendsen, Hugh		Myers Park	54.08
5	Schneider, Ethan		Hough	54.10
6	Walker, Joshua		Myers Park	55.51
7	Robinson, Logan		South Mecklenbur	55.78
8	Brashear, Michael		South Mecklenbur	57.25
9	Crew, John		South Mecklenbur	57.68
10	Yeh, Ryan		Lake Norman	57.83
11	Shives, Evan		Davie	57.99
12	Patton, Cole		Providence	58.32
13	Clem, Walker		Providence	58.84
14	Mazarguil, Bastian		Ardrey Kell	59.32
15	Harris, Tiesyn		Butler	1:00.63
16	Zielinski, Zane		Olympic	1:00.76
17	Tomberlin, Ben		South Caldwell	1:01.20
18	Languell, Cole		Hough	1:03.03
19	Kratt, Ted		Lake Norman	1:03.94
20	Claborn, Nathan		Lake Norman	1:04.01
21	Figiel, Nick		Porter Ridge	1:04.21
22	Luker, Seth		Hickory Ridge	1:04.31
23	Laube, Jacob		Ardrey Kell	1:05.53
24	McKinney, Michael		Hickory Ridge	1:05.79

2019 4A West NCHSAA Regional Championships - 2/2/19**Host: South Mecklenburg HS****Swimming & Diving****Psych Sheet****Event 21 Women 100 Yard Breaststroke**

	Name	Yr	School	Seed Time
1	Johnson, Reagan		South Mecklenbur	1:06.80
2	Whitmire, Liza		Myers Park	1:06.84
3	Mangaoang, Desirae		Lake Norman	1:07.46
4	Hangyas, Oceane		Ardrey Kell	1:08.93
5	Sanocki, Lily		Providence	1:08.96
6	Hohm, Anneliese		East Mecklenburg	1:09.28
7	Jaynes, Allyson		Hickory Ridge	1:10.84
8	Anton, Isabella		Lake Norman	1:10.86
9	Brown, Mason		Myers Park	1:10.97
10	Calhoun, Sadie		North Mecklenbur	1:11.44
11	Meier, Anna		South Mecklenbur	1:11.88
12	Hill, Elizabeth		Myers Park	1:12.23
13	Bardsley, Helena		Lake Norman	1:12.25
14	Qualls, Stephanie		Hough	1:12.50
15	Bienstock, Ashley		Lake Norman	1:12.59
16	Hamilton, Addie		Providence	1:12.91
17	Larson, Chloe		South Mecklenbur	1:13.10
18	Lyons, Claire		Providence	1:13.17
19	Nesbitt, Abbey		South Mecklenbur	1:14.42
20	Hollis, Sarah Beth		Mallard Creek	1:14.52
21	Dacier, Anna		Myers Park	1:14.58
22	Noonan, Mia		Hough	1:15.09
23	White, Riley		Davie	1:15.21
24	Monago, Molly		Porter Ridge	1:15.72

2019 4A West NCHSAA Regional Championships - 2/2/19**Host: South Mecklenburg HS****Swimming & Diving****Psych Sheet****Event 22 Men 100 Yard Breaststroke**

	Name	Yr	School	Seed Time
1	Monahan, Conall		Providence	58.92
2	Wennborg, Markus		Hopewell	59.21
3	Valiquette, Jack		Ardrey Kell	59.70
4	Allison, Chase		Hopewell	1:00.66
5	Primm, Rocket		Myers Park	1:01.94
6	McCreery, Coleman		South Mecklenbur	1:02.18
7	Walker, Jalen		Olympic	1:02.51
8	Johnson, Gavin		South Mecklenbur	1:03.10
9	Guenther, Jack		Myers Park	1:03.81
10	Da Mata, Eduardo		Hough	1:03.93
11	Mandel, Zach		North Mecklenbur	1:04.18
12	Rowe, Daniel		East Mecklenburg	1:04.36
13	Pounds, Peyton		Providence	1:05.26
14	Wilhelm, Alexander		Myers Park	1:06.36
15	Meier, Iain		South Mecklenbur	1:06.68
16	Hull, Davis		Ardrey Kell	1:06.92
17	Deng, Jake		Mallard Creek	1:07.42
18	Hutchinson, Matthew		South Caldwell	1:07.60
19	Womack, Michael		Hopewell	1:07.90
20	Bitter, Sam		South Mecklenbur	1:09.19
21	Manley, Nicholson		Mallard Creek	1:09.61
22	Little, Micah		Davie	1:09.85
23	Harris, Mikhail		Davie	1:10.26
24	Simmons, Jack		Mallard Creek	1:10.30

2019 4A West NCHSAA Regional Championships - 2/2/19**Host: South Mecklenburg HS****Swimming & Diving****Psych Sheet****Event 23 Women 400 Yard Freestyle Relay**

	Team	Relay	Seed Time
1	South Mecklenbur		3:35.84
2	Ardrey Kell		3:37.62
3	Hough		3:39.37
4	Myers Park		3:40.48
5	Providence		3:45.43
6	Lake Norman		3:50.51
7	Butler		3:56.99
8	Mooreville		4:00.93
9	Mallard Creek		4:04.56
10	Hickory Ridge		4:09.17
11	Davie		4:13.80
12	East Mecklenburg		4:17.72
13	Hopewell		4:23.13
14	South Caldwell		4:30.67
15	Independence		4:35.77
16	North Mecklenbur		5:43.26
17	McDowell		5:44.30

2019 4A West NCHSAA Regional Championships - 2/2/19**Host: South Mecklenburg HS****Swimming & Diving****Psych Sheet****Event 24 Men 400 Yard Freestyle Relay**

	Team	Relay	Seed Time
1	Ardrey Kell		3:15.37
2	South Mecklenbur		3:15.81
3	Myers Park		3:16.81
4	Providence		3:18.32
5	Hough		3:24.42
6	Hopewell		3:30.50
7	Butler		3:32.55
8	East Mecklenburg		3:32.56
9	Mooreville		3:39.40
10	Lake Norman		3:40.63
11	Davie		3:40.78
12	South Caldwell		3:41.60
13	Independence		3:51.60
14	Mallard Creek		3:54.89
15	Hickory Ridge		4:03.48
16	North Mecklenbur		4:07.86
17	Olympic		4:10.75