

**2019 4A East NCHSAA Regional Championships - 2/1/19 to 2/2/19****Host: Corinth-Holders HS & Sanderson HS****Swimming & Diving****Psych Sheet****Event 1 Women 200 Yard Medley Relay**

| Team                 | Relay | Seed Time |
|----------------------|-------|-----------|
| 1 Leesville Road     |       | 1:47.32   |
| 2 Enloe              |       | 1:50.52   |
| 3 Millbrook          |       | 1:51.07   |
| 4 Cary               |       | 1:51.21   |
| 5 Cardinal Gibbons   |       | 1:51.31   |
| 6 Apex               |       | 1:51.52   |
| 7 Sanderson          |       | 1:53.04   |
| 8 Corinth-Holders    |       | 1:53.66   |
| 9 Holly Springs      |       | 1:54.67   |
| 10 Hoggard           |       | 1:56.43   |
| 11 Middle Creek      |       | 1:57.17   |
| 12 Broughton         |       | 1:59.83   |
| 13 Heritage          |       | 2:00.17   |
| 14 Wakefield         |       | 2:00.36   |
| 15 Athens Drive      |       | 2:00.51   |
| 16 Rolesville        |       | 2:02.67   |
| 17 South Central     |       | 2:04.06   |
| 18 Ashley            |       | 2:04.65   |
| 19 Fuquay-Varina     |       | 2:05.57   |
| 20 Wake Forest       |       | 2:05.67   |
| 21 Laney             |       | 2:06.70   |
| 22 Southeast Raleigh |       | 2:10.92   |
| 23 Garner            |       | 2:10.95   |
| 24 New Bern          |       | 2:15.31   |

**Event 2 Men 200 Yard Medley Relay**

| Team                 | Relay | Seed Time |
|----------------------|-------|-----------|
| 1 Athens Drive       |       | 1:36.00   |
| 2 Cardinal Gibbons   |       | 1:37.41   |
| 3 Sanderson          |       | 1:37.88   |
| 4 Enloe              |       | 1:38.69   |
| 5 Wakefield          |       | 1:38.98   |
| 6 Apex               |       | 1:40.72   |
| 7 Hoggard            |       | 1:41.87   |
| 8 Broughton          |       | 1:42.67   |
| 9 Millbrook          |       | 1:42.91   |
| 10 Ashley            |       | 1:42.92   |
| 11 Middle Creek      |       | 1:42.96   |
| 12 Leesville Road    |       | 1:43.12   |
| 13 Wake Forest       |       | 1:44.34   |
| 14 Holly Springs     |       | 1:44.51   |
| 15 Heritage          |       | 1:47.38   |
| 16 Corinth-Holders   |       | 1:49.96   |
| 17 Fuquay-Varina     |       | 1:52.05   |
| 18 Laney             |       | 1:52.18   |
| 19 Garner            |       | 1:52.42   |
| 20 South Central     |       | 1:52.55   |
| 21 New Bern          |       | 1:53.03   |
| 22 Cary              |       | 1:54.04   |
| 23 Southeast Raleigh |       | 2:06.67   |

**Event 3 Women 200 Yard Freestyle**

| Name                   | Yr | School           | Seed Time |
|------------------------|----|------------------|-----------|
| 1 Cera, Adrianna       |    | Millbrook        | 1:54.54   |
| 2 Pennisi, Molly       |    | Cardinal Gibbons | 1:57.24   |
| 3 Adams, Jennifer      |    | Cary             | 1:57.45   |
| 4 Hauser, Genny        |    | Millbrook        | 1:57.50   |
| 5 Muma, Samantha       |    | Leesville Road   | 1:57.94   |
| 6 Rydzewski, Amber     |    | Middle Creek     | 1:58.43   |
| 7 Bachand, Maddie      |    | Cardinal Gibbons | 1:58.51   |
| 8 Cunningham, Victoria |    | Middle Creek     | 1:58.79   |
| 9 Chignell, Katie      |    | Enloe            | 1:59.01   |
| 10 Frank, Jessica      |    | Leesville Road   | 1:59.34   |
| 11 Tart, Bethany       |    | South Central    | 2:00.16   |
| 12 Whitaker, Peyton    |    | Corinth-Holders  | 2:02.22   |
| 13 Jaynes, Hope        |    | Apex             | 2:02.57   |
| 14 Haroldson, Olivia   |    | Cary             | 2:02.75   |
| 15 Clack, Carrington   |    | Garner           | 2:03.29   |
| 16 Myhrvold, Amelia    |    | Wakefield        | 2:03.55   |
| 17 Fultz, Corinna      |    | Broughton        | 2:03.62   |
| 18 Smith, Sydney       |    | Apex             | 2:03.71   |
| 19 Martin, Cady        |    | Apex             | 2:04.27   |
| 20 Danielsen, Samantha |    | Apex             | 2:04.32   |
| 21 Curran, Kaylie      |    | Cary             | 2:04.42   |
| 22 Partrick, Meghan    |    | Corinth-Holders  | 2:04.57   |
| 23 Thomsen, Savannah   |    | Corinth-Holders  | 2:05.65   |
| 24 Haugh, Sophie       |    | Athens Drive     | 2:05.70   |

**Event 4 Men 200 Yard Freestyle**

| Name                | Yr | School           | Seed Time |
|---------------------|----|------------------|-----------|
| 1 Haughey, Braeden  |    | Middle Creek     | 1:43.14   |
| 2 Kring, Jaden      |    | Sanderson        | 1:45.36   |
| 3 Hollett, Drew     |    | Athens Drive     | 1:45.67   |
| 4 Drake, Patrick    |    | Cardinal Gibbons | 1:47.06   |
| 5 Riley, Nick       |    | Holly Springs    | 1:47.41   |
| 6 Young, Hunter     |    | Rolesville       | 1:47.83   |
| 7 Chignell, Connor  |    | Enloe            | 1:48.27   |
| 8 Washburn, David   |    | Broughton        | 1:49.17   |
| 9 Lundberg, Stephen |    | New Bern         | 1:50.59   |
| 10 Russell, Kellen  |    | Cardinal Gibbons | 1:50.70   |
| 11 Moore, Joshua    |    | Cardinal Gibbons | 1:50.76   |
| 12 Brodnick, Seth   |    | Leesville Road   | 1:51.10   |
| 13 O'Neill, Trevor  |    | Millbrook        | 1:51.47   |
| 14 Horman, Elijah   |    | Cary             | 1:51.83   |
| 15 Miley, Kian      |    | South Garner     | 1:52.90   |
| 16 Rendon, Kolby    |    | Middle Creek     | 1:53.52   |
| 17 Roberts, Grayson |    | Sanderson        | 1:53.77   |
| 18 Hogewood, Ben    |    | Enloe            | 1:53.78   |
| 19 Butner, Logan    |    | Ashley           | 1:54.29   |
| 20 Raynor, Jonathan |    | Corinth-Holders  | 1:56.17   |
| 21 Shaver, Zack     |    | Holly Springs    | 1:56.29   |
| 22 Burns, Duncan    |    | Sanderson        | 1:58.03   |
| 23 Quaresma, David  |    | Wake Forest      | 1:59.36   |
| 24 Muir, Avery      |    | Apex             | 2:00.96   |

**2019 4A East NCHSAA Regional Championships - 2/1/19 to 2/2/19****Host: Corinth-Holders HS & Sanderson HS****Swimming & Diving****Psych Sheet****Event 5 Women 200 Yard IM**

| Name                    | Yr | School           | Seed Time |
|-------------------------|----|------------------|-----------|
| 1 McCauley, Ashley      |    | Leesville Road   | 2:06.07   |
| 2 Grotjohn, Kennedy     |    | Cary             | 2:10.20   |
| 3 Zhang, Jolene         |    | Enloe            | 2:10.75   |
| 4 Anderson, Sophie      |    | Apex             | 2:10.77   |
| 5 Nordstrom, Mia        |    | Leesville Road   | 2:10.79   |
| 6 Joyce, Genevieve      |    | Apex             | 2:11.01   |
| 7 Clark, Abigail        |    | Cary             | 2:11.61   |
| 8 Strickland, Rachel    |    | Corinth-Holders  | 2:13.10   |
| 9 Worden, Ashley        |    | Cardinal Gibbons | 2:13.35   |
| 10 Speerschneider, Kate |    | Leesville Road   | 2:13.62   |
| 11 Chignell, Katie      |    | Enloe            | 2:15.24   |
| 12 Campbell, Emily      |    | Sanderson        | 2:15.99   |
| 13 Bridgham, Kayla      |    | Athens Drive     | 2:17.81   |
| 14 Carrigan, Anna       |    | Leesville Road   | 2:18.83   |
| 15 Teachey, Michaela    |    | Millbrook        | 2:18.83   |
| 16 Petschauer, Madison  |    | Apex             | 2:19.01   |
| 17 Alexander, Phoebe    |    | Athens Drive     | 2:19.53   |
| 18 Boulware, Olivia     |    | Millbrook        | 2:19.98   |
| 19 Strout, Jennifer     |    | Cary             | 2:21.64   |
| 20 Johns, Morgan        |    | Cardinal Gibbons | 2:22.14   |
| 21 Lardizabal, Gabby    |    | Cardinal Gibbons | 2:22.95   |
| 22 Briggs, Miyako       |    | Enloe            | 2:23.12   |
| 23 McPhaul, Anna        |    | Sanderson        | 2:23.78   |
| 24 Carter, Danielle     |    | Middle Creek     | 2:25.93   |

**Event 6 Men 200 Yard IM**

| Name                    | Yr | School            | Seed Time |
|-------------------------|----|-------------------|-----------|
| 1 Lucht, Sammy          |    | Sanderson         | 1:55.88   |
| 2 Diacumakos, Noah      |    | Apex              | 1:55.92   |
| 3 Dyke, Thor            |    | Athens Drive      | 1:57.20   |
| 4 Cairns, Zach          |    | Cardinal Gibbons  | 1:57.53   |
| 5 Carroll, AJ           |    | Wakefield         | 1:58.17   |
| 6 Baldwin, Daniel       |    | Athens Drive      | 1:58.50   |
| 7 Chapman, John         |    | Apex              | 1:58.58   |
| 8 Deming, Josh          |    | Millbrook         | 2:00.32   |
| 9 Bezuidenhout, Gideon  |    | Wake Forest       | 2:00.33   |
| 10 Bunger, Joe          |    | Holly Springs     | 2:00.42   |
| 11 Silver, Ryan         |    | Athens Drive      | 2:00.59   |
| 12 Whittington, Jeffrey |    | Broughton         | 2:02.45   |
| 13 Fortner, Luke        |    | Enloe             | 2:02.51   |
| 14 Butner, Garrett      |    | Ashley            | 2:03.56   |
| 15 Morton, Byron        |    | Wakefield         | 2:04.02   |
| 16 Lee, Hyoseon         |    | Enloe             | 2:04.69   |
| 17 Short, Connor        |    | Apex              | 2:04.70   |
| 18 Mabunga, Aidan       |    | Wakefield         | 2:06.25   |
| 19 Greeley, Matthew     |    | Cardinal Gibbons  | 2:06.57   |
| 20 Sterrett, Will       |    | Hoggard           | 2:07.12   |
| 21 Johnson, Brennan     |    | Millbrook         | 2:08.82   |
| 22 Volk, Trevor         |    | Holly Springs     | 2:11.68   |
| 23 Mealie, Matthew      |    | Middle Creek      | 2:16.76   |
| 24 Absillis, Tanguy     |    | Southeast Raleigh | 2:17.81   |

**Event 7 Women 50 Yard Freestyle**

| Name                  | Yr | School            | Seed Time |
|-----------------------|----|-------------------|-----------|
| 1 Morgan, Brooke      |    | Leesville Road    | 24.24     |
| 2 Hicks, Hailey       |    | Sanderson         | 24.35     |
| 3 Gschwind, Olivia    |    | Broughton         | 24.47     |
| 4 Parkes, Callie      |    | Hoggard           | 24.71     |
| 5 Kondratick, Morgan  |    | Holly Springs     | 24.76     |
| 6 Myhrvold, Mathea    |    | Wakefield         | 24.80     |
| 7 Carlson, Alayna     |    | Millbrook         | 25.15     |
| 8 Fu, Jiayu           |    | Apex              | 25.18     |
| 9 Grill, Jenna        |    | Laney             | 25.31     |
| 10 Rex, Kennedy       |    | Corinth-Holders   | 25.38     |
| 11 Milberg, Katy      |    | Cardinal Gibbons  | 25.40     |
| 12 Hartis, Sydney     |    | Millbrook         | 25.52     |
| 13 Baldwin, LeighAnne |    | Enloe             | 25.55     |
| 14 Burgess, Stefanie  |    | Cardinal Gibbons  | 25.62     |
| 15 Mitchell, Katie    |    | Cardinal Gibbons  | 25.80     |
| 16 Newton, Grace      |    | Leesville Road    | 25.82     |
| 17 Pluska, Olivia     |    | Enloe             | 26.21     |
| 18 Wells, Mary        |    | Hoggard           | 26.25     |
| 19 Divoky, Brenna     |    | Ashley            | 26.32     |
| 20 Rudolph, Olivia    |    | Wake Forest       | 26.39     |
| 21 Galloway, Claire   |    | Holly Springs     | 26.60     |
| 22 Chance, Kristin    |    | Southeast Raleigh | 26.69     |
| 23 Blandford, Callie  |    | Corinth-Holders   | 26.69     |
| 24 Giuliano, Meg      |    | Apex              | 26.76     |

**Event 8 Men 50 Yard Freestyle**

| Name                 | Yr | School           | Seed Time |
|----------------------|----|------------------|-----------|
| 1 Johnson, Bryson    |    | Enloe            | 21.33     |
| 2 Foulkes, T'Lez     |    | Cardinal Gibbons | 21.49     |
| 3 Howard, Finn       |    | Hoggard          | 21.65     |
| 4 Greeley, David     |    | Cardinal Gibbons | 21.81     |
| 5 Smyre, Alex        |    | Leesville Road   | 21.90     |
| 6 Brown, Taye        |    | Wakefield        | 21.93     |
| 7 Lockhart, Kevon    |    | Cardinal Gibbons | 22.16     |
| 8 Adkins, Trey       |    | Laney            | 22.18     |
| 9 Smith, Ian         |    | Holly Springs    | 22.44     |
| 10 Parker, Will      |    | Hoggard          | 22.49     |
| 11 Furbay, Patrick   |    | Ashley           | 22.64     |
| 12 Wall, Josh        |    | Sanderson        | 22.69     |
| 13 Heffron, Fisher   |    | Holly Springs    | 22.70     |
| 14 Lawless, Liam     |    | Broughton        | 22.78     |
| 15 Soroka, Landon    |    | Broughton        | 22.78     |
| 16 Coppedge, Thomas  |    | Sanderson        | 22.80     |
| 17 Smith, Nick       |    | Middle Creek     | 22.83     |
| 18 Bacon, Tate       |    | Wake Forest      | 22.99     |
| 19 Lee, Alec         |    | Enloe            | 23.00     |
| 20 Wingard, Nathan   |    | South Central    | 23.01     |
| 21 McLawhorn, Melvin |    | Wake Forest      | 23.15     |
| 22 Saah, Orion       |    | Enloe            | 23.19     |
| 23 King, Ryan        |    | Heritage         | 23.47     |
| 24 Dionne, Benjamin  |    | Millbrook        | 23.57     |

**2019 4A East NCHSAA Regional Championships - 2/1/19 to 2/2/19****Host: Corinth-Holders HS & Sanderson HS****Swimming & Diving****Psych Sheet****Event 9 Women 1 mtr Diving**

| Name                         | Yr | School           |        |
|------------------------------|----|------------------|--------|
| 1 Zuburg, Ashton             |    | Leesville Road   | 459.40 |
| 2 Smith, Zoe                 |    | Sanderson        | 395.30 |
| 3 Iannon, Megan              |    | Millbrook        | 392.35 |
| 4 Fanjoy, Daisy              |    | Sanderson        | 326.60 |
| 5 Overholt, Hannah           |    | Holly Springs    | 303.10 |
| 6 Rozansky, Rachel           |    | Enloe            | 288.75 |
| 7 Salcido, Julianna          |    | Cardinal Gibbons | 281.50 |
| 8 Quinlivan, Colleen         |    | Cary             | 272.40 |
| 9 Maiorana, Ava              |    | Apex             | 258.85 |
| 10 Holene, Sabrina           |    | Millbrook        | 255.95 |
| 11 Gawin-Parigini, Alexandra |    | Cary             | 254.90 |
| 12 Watson, Bailey            |    | Middle Creek     | 243.00 |
| 13 Middleton, Alex           |    | Cardinal Gibbons | 195.90 |
| 14 Delborne, Moe             |    | Enloe            | 191.75 |
| 15 Woods, Ella               |    | Cardinal Gibbons | 183.20 |
| 16 Lawson, Amy               |    | Cardinal Gibbons | 179.60 |
| 17 Barrett, Brooke           |    | Enloe            | 158.15 |
| 18 Desousa, Marina           |    | Leesville Road   | 130.70 |
| 19 Barnes, Morgan            |    | Leesville Road   | 110.40 |
| 20 Jackson, Demaris          |    | Millbrook        | 100.80 |
| 21 Brower, Jade              |    | Cary             | 87.20  |

**Event 10 Men 1 mtr Diving**

| Name                        | Yr | School           |        |
|-----------------------------|----|------------------|--------|
| 1 Tibbs, Devin              |    | Leesville Road   | 424.30 |
| 2 Wood, Jaxxyn              |    | Broughton        | 361.35 |
| 3 Kissell, Sergei           |    | Sanderson        | 333.70 |
| 4 Butler, Bennett           |    | Broughton        | 276.95 |
| 5 Biggs, Jack               |    | Leesville Road   | 276.00 |
| 6 Yardley, Luke             |    | Leesville Road   | 269.35 |
| 7 Tabb, Treyton             |    | Garner           | 260.80 |
| 8 Messenger, Hank           |    | Broughton        | 248.95 |
| 9 Kinney, Martin            |    | Broughton        | 248.55 |
| 10 Stasiewicz, Samuel       |    | Sanderson        | 245.90 |
| 11 Ziobro, Mathew           |    | Enloe            | 243.65 |
| 12 Schroeder, Henning       |    | Enloe            | 242.00 |
| 13 Williams, Patrick        |    | Heritage         | 235.55 |
| 14 Sobocinski, Lukas        |    | Cardinal Gibbons | 223.90 |
| 15 Van Dyke, Hampton (Ivan) |    | Sanderson        | 218.50 |
| 16 Roy, Tyler               |    | Heritage         | 207.65 |
| 17 Johnson, Devin           |    | Middle Creek     | 202.25 |
| 18 Villiers, Michael        |    | Apex             | 195.95 |
| 19 Kovac, Kiernan           |    | Apex             | 186.40 |
| 20 Adas, Luke               |    | Cardinal Gibbons | 182.25 |
| 21 Seate, Will              |    | Sanderson        | 143.25 |
| 22 Brockman, Clay           |    | Heritage         | 113.25 |
| 23 Halik, Thomas            |    | Heritage         | 98.45  |
| 24 Hernandez, Manuel        |    | Cary             | 65.10  |

**Event 11 Women 100 Yard Butterfly**

| Name                  | Yr | School           | Seed Time |
|-----------------------|----|------------------|-----------|
| 1 Curzan, Claire      |    | Cardinal Gibbons | 53.78     |
| 2 Ray, Amanda         |    | Leesville Road   | 56.47     |
| 3 Watts, Mimi         |    | Enloe            | 56.70     |
| 4 Worden, Ashley      |    | Cardinal Gibbons | 58.44     |
| 5 Jones, Acacia       |    | Corinth-Holders  | 58.87     |
| 6 Boulware, Sophie    |    | Millbrook        | 59.04     |
| 7 Mitchell, Katie     |    | Cardinal Gibbons | 59.07     |
| 8 Zhu, Caroline       |    | Enloe            | 59.29     |
| 9 Fullerton, Mikaela  |    | Apex             | 1:00.35   |
| 10 Campbell, Emily    |    | Sanderson        | 1:00.69   |
| 11 Whitaker, Peyton   |    | Corinth-Holders  | 1:00.78   |
| 12 Castle, Kendall    |    | Cary             | 1:01.18   |
| 13 Burgess, Stefanie  |    | Cardinal Gibbons | 1:01.26   |
| 14 Pena, Karsen       |    | Middle Creek     | 1:01.62   |
| 15 Pham, Jacquelyn    |    | Cary             | 1:01.77   |
| 16 Walton, Ashlyn     |    | Leesville Road   | 1:01.94   |
| 17 Boulware, Olivia   |    | Millbrook        | 1:02.01   |
| 18 Fortner, Abi       |    | Enloe            | 1:02.70   |
| 19 Hurlbert, Kaherine |    | Holly Springs    | 1:02.85   |
| 20 Grill, Jenna       |    | Laney            | 1:02.97   |
| 21 Ball, Emily        |    | Hoggard          | 1:03.12   |
| 22 Wisz, Emme         |    | Sanderson        | 1:03.37   |
| 23 Miller, Alexis     |    | Athens Drive     | 1:03.59   |
| 24 Edelson, Anna      |    | Leesville Road   | 1:04.26   |

**Event 12 Men 100 Yard Butterfly**

| Name                  | Yr | School           | Seed Time |
|-----------------------|----|------------------|-----------|
| 1 Kring, Jaden        |    | Sanderson        | 51.31     |
| 2 Smyre, Alex         |    | Leesville Road   | 52.22     |
| 3 Settlemyre, Jeffrey |    | Hoggard          | 53.08     |
| 4 Silver, Ryan        |    | Athens Drive     | 53.19     |
| 5 Wombacher, Rio      |    | Cardinal Gibbons | 53.20     |
| 6 Berkowitz, Jeremy   |    | Cary             | 53.26     |
| 7 Bunker, Joe         |    | Holly Springs    | 53.79     |
| 8 Wingard, Nathan     |    | South Central    | 54.15     |
| 9 Armbruster, Sam     |    | Apex             | 54.65     |
| 10 Bacon, Tate        |    | Wake Forest      | 54.87     |
| 11 Tobul, Tommy       |    | Holly Springs    | 55.28     |
| 12 Bridgham, Joey     |    | Athens Drive     | 55.32     |
| 13 Sobocinski, Lukas  |    | Cardinal Gibbons | 55.53     |
| 14 Deming, Josh       |    | Millbrook        | 55.60     |
| 15 Hensley, Noah      |    | Enloe            | 55.60     |
| 16 Donnelly, Jason    |    | Millbrook        | 56.01     |
| 17 Shearin, Will      |    | Athens Drive     | 56.14     |
| 18 Sterrett, Will     |    | Hoggard          | 56.77     |
| 19 Maier, Kyle        |    | Wakefield        | 56.92     |
| 20 Rendon, Kolby      |    | Middle Creek     | 56.93     |
| 21 Miley, Kian        |    | South Garner     | 56.94     |
| 22 Balkus, Ethan      |    | Laney            | 57.01     |
| 23 Benson, Zach       |    | Broughton        | 57.75     |
| 24 Langtry, Bobby     |    | Hoggard          | 58.41     |

**2019 4A East NCHSAA Regional Championships - 2/1/19 to 2/2/19****Host: Corinth-Holders HS & Sanderson HS****Swimming & Diving****Psych Sheet****Event 13 Women 100 Yard Freestyle**

| <b>Name</b>             | <b>Yr</b> | <b>School</b>    | <b>Seed Time</b> |
|-------------------------|-----------|------------------|------------------|
| 1 Cera, Adrianna        |           | Millbrook        | 52.57            |
| 2 Morgan, Brooke        |           | Leesville Road   | 53.11            |
| 3 Hicks, Hailey         |           | Sanderson        | 53.17            |
| 4 Parkes, Callie        |           | Hoggard          | 53.58            |
| 5 Myhrvold, Mathea      |           | Wakefield        | 53.89            |
| 6 Gschwind, Olivia      |           | Broughton        | 54.29            |
| 7 Pennisi, Molly        |           | Cardinal Gibbons | 54.55            |
| 8 Frank, Jessica        |           | Leesville Road   | 54.55            |
| 9 Hartis, Sydney        |           | Millbrook        | 54.98            |
| 10 Fu, Jiayu            |           | Apex             | 55.01            |
| 11 Rex, Kennedy         |           | Corinth-Holders  | 55.18            |
| 12 Muma, Samantha       |           | Leesville Road   | 55.41            |
| 13 Adams, Jennifer      |           | Cary             | 55.58            |
| 14 Kondratick, Morgan   |           | Holly Springs    | 55.65            |
| 15 Tart, Bethany        |           | South Central    | 55.73            |
| 16 Baldwin, LeighAnne   |           | Enloe            | 55.78            |
| 17 Pilecki, Sarah       |           | Apex             | 55.83            |
| 18 Milberg, Katy        |           | Cardinal Gibbons | 55.92            |
| 19 Bridgham, Kayla      |           | Athens Drive     | 56.59            |
| 20 Smith, Sydney        |           | Apex             | 56.89            |
| 21 Clack, Carrington    |           | Garner           | 56.99            |
| 22 Jean, Ashley         |           | Millbrook        | 58.30            |
| 23 Newcome, Ava         |           | Cardinal Gibbons | 58.34            |
| 24 Carter, Danielle     |           | Middle Creek     | 59.26            |
| 25 Le, Lona             |           | Apex             | 59.26            |
| 26 Miller, Sadler       |           | Corinth-Holders  | 59.65            |
| 27 Baumgartner, Allison |           | Cardinal Gibbons | 59.76            |
| 28 Moore, Cameron       |           | Sanderson        | 1:00.09          |
| 29 Baysben, Kaley       |           | Leesville Road   | 1:00.15          |
| 30 Rudolph, Olivia      |           | Wake Forest      | 1:00.66          |
| 31 Williford, Caroline  |           | Holly Springs    | 1:01.37          |
| 32 Cashin, Cecelia      |           | Millbrook        | 1:01.78          |

**Event 14 Men 100 Yard Freestyle**

| <b>Name</b>            | <b>Yr</b> | <b>School</b>    | <b>Seed Time</b> |
|------------------------|-----------|------------------|------------------|
| 1 Brown, Taye          |           | Wakefield        | 46.50            |
| 2 Wahlen, David        |           | Athens Drive     | 47.80            |
| 3 Johnson, Bryson      |           | Enloe            | 47.88            |
| 4 Young, Hunter        |           | Rolesville       | 47.93            |
| 5 Lockhart, Kevon      |           | Cardinal Gibbons | 48.06            |
| 6 Greeley, David       |           | Cardinal Gibbons | 48.25            |
| 7 Adkins, Trey         |           | Laney            | 48.29            |
| 8 Hollett, Drew        |           | Athens Drive     | 49.12            |
| 9 Speerschneider, Zach |           | Leesville Road   | 49.28            |
| 10 Howard, Finn        |           | Hoggard          | 49.43            |
| 11 Thomas, Cameron     |           | Athens Drive     | 49.43            |
| 12 Parker, Will        |           | Hoggard          | 49.50            |
| 13 Noble, Ross         |           | Millbrook        | 49.73            |
| 14 Smith, Ian          |           | Holly Springs    | 49.86            |
| 15 Lawless, Liam       |           | Broughton        | 50.17            |
| 16 Becker, Perry       |           | Sanderson        | 50.20            |
| 17 Soroka, Landon      |           | Broughton        | 50.62            |
| 18 Morton, Byron       |           | Wakefield        | 50.68            |
| 19 Down, Robert        |           | Middle Creek     | 51.20            |
| 20 Goembel, Matthew    |           | Athens Drive     | 51.30            |
| 21 Roberts, Grayson    |           | Sanderson        | 51.44            |
| 22 Blackburn, Conner   |           | Leesville Road   | 51.60            |
| 23 Wall, Josh          |           | Sanderson        | 51.68            |
| 24 Lee, Alec           |           | Enloe            | 52.04            |

**2019 4A East NCHSAA Regional Championships - 2/1/19 to 2/2/19****Host: Corinth-Holders HS & Sanderson HS****Swimming & Diving****Psych Sheet****Event 15 Women 500 Yard Freestyle**

| <b>Name</b>            | <b>Yr</b>        | <b>School</b> | <b>Seed Time</b> |
|------------------------|------------------|---------------|------------------|
| 1 Grotjohn, Kennedy    | Cary             |               | 5:03.93          |
| 2 Ray, Amanda          | Leesville Road   |               | 5:07.00          |
| 3 Cunningham, Victoria | Middle Creek     |               | 5:08.63          |
| 4 Martin, Cady         | Apex             |               | 5:15.29          |
| 5 Rydzewski, Amber     | Middle Creek     |               | 5:15.45          |
| 6 Boulware, Sophie     | Millbrook        |               | 5:15.80          |
| 7 Bachand, Maddie      | Cardinal Gibbons |               | 5:17.33          |
| 8 Walton, Ashlyn       | Leesville Road   |               | 5:21.29          |
| 9 Pilecki, Sarah       | Apex             |               | 5:24.30          |
| 10 Fultz, Corinna      | Broughton        |               | 5:27.48          |
| 11 Lahiff, Julie       | Cardinal Gibbons |               | 5:28.17          |
| 12 Fortner, Abi        | Enloe            |               | 5:30.11          |
| 13 Overton, Sam        | Enloe            |               | 5:30.84          |
| 14 Jaynes, Hope        | Apex             |               | 5:31.18          |
| 15 Briggs, Miyako      | Enloe            |               | 5:32.13          |
| 16 Curran, Kaylie      | Cary             |               | 5:33.35          |
| 17 Teachey, Michaela   | Millbrook        |               | 5:34.79          |
| 18 Partrick, Meghan    | Corinth-Holders  |               | 5:36.55          |
| 19 Inscore, Janie      | Millbrook        |               | 5:37.95          |
| 20 Hawkins, Taylor     | Leesville Road   |               | 5:39.11          |
| 21 Thomsen, Savannah   | Corinth-Holders  |               | 5:40.21          |
| 22 Groce, April        | Apex             |               | 5:41.78          |
| 23 Madden, Lindsay     | Wake Forest      |               | 5:42.68          |
| 24 Sadowski, Maura     | Cardinal Gibbons |               | 5:44.20          |

**Event 16 Men 500 Yard Freestyle**

| <b>Name</b>          | <b>Yr</b>        | <b>School</b> | <b>Seed Time</b> |
|----------------------|------------------|---------------|------------------|
| 1 Dyke, Thor         | Athens Drive     |               | 4:40.13          |
| 2 Haughey, Braeden   | Middle Creek     |               | 4:42.11          |
| 3 Washburn, David    | Broughton        |               | 4:49.36          |
| 4 Perkins, Tull      | Cardinal Gibbons |               | 4:52.05          |
| 5 Martinez, Roman    | Fuquay-Varina    |               | 4:52.83          |
| 6 Cairns, Zach       | Cardinal Gibbons |               | 4:53.49          |
| 7 Riley, Nick        | Holly Springs    |               | 4:54.14          |
| 8 Brodnick, Seth     | Leesville Road   |               | 4:55.79          |
| 9 Russell, Kellen    | Cardinal Gibbons |               | 4:55.86          |
| 10 Horman, Elijah    | Cary             |               | 4:56.83          |
| 11 Donnelly, Jason   | Millbrook        |               | 4:58.97          |
| 12 Partrick, Michael | Corinth-Holders  |               | 4:59.65          |
| 13 Schrage, Avery    | Broughton        |               | 5:02.71          |
| 14 Johnson, Brennan  | Millbrook        |               | 5:06.36          |
| 15 Moore, Joshua     | Cardinal Gibbons |               | 5:11.10          |
| 16 McNutt, Joe       | Holly Springs    |               | 5:11.17          |
| 17 Kirby, Evan       | Hoggard          |               | 5:14.35          |
| 18 Raynor, Jonathan  | Corinth-Holders  |               | 5:16.58          |
| 19 Hogewood, Ben     | Enloe            |               | 5:16.59          |
| 20 Haxholdt, Victor  | Athens Drive     |               | 5:19.58          |
| 21 Quaresma, David   | Wake Forest      |               | 5:19.97          |
| 22 Balkus, Ethan     | Laney            |               | 5:20.12          |
| 23 Lesko, Cameron    | Ashley           |               | 5:21.31          |
| 24 Pramojaney, Kevin | Enloe            |               | 5:32.51          |

**Event 17 Women 200 Yard Freestyle Relay**

| <b>Team</b>          | <b>Relay</b> | <b>Seed Time</b> |
|----------------------|--------------|------------------|
| 1 Cardinal Gibbons   |              | 1:38.68          |
| 2 Leesville Road     |              | 1:39.33          |
| 3 Millbrook          |              | 1:41.81          |
| 4 Enloe              |              | 1:42.28          |
| 5 Apex               |              | 1:42.66          |
| 6 Cary               |              | 1:43.08          |
| 7 Sanderson          |              | 1:43.12          |
| 8 Corinth-Holders    |              | 1:45.91          |
| 9 Hoggard            |              | 1:46.13          |
| 10 Heritage          |              | 1:48.26          |
| 11 Wakefield         |              | 1:48.50          |
| 12 Athens Drive      |              | 1:49.15          |
| 13 Holly Springs     |              | 1:49.95          |
| 14 Wake Forest       |              | 1:50.21          |
| 15 Rolesville        |              | 1:50.51          |
| 16 Ashley            |              | 1:52.18          |
| 17 Fuquay-Varina     |              | 1:53.62          |
| 18 South Central     |              | 1:53.70          |
| 19 Laney             |              | 1:54.00          |
| 20 Middle Creek      |              | 1:56.57          |
| 21 Southeast Raleigh |              | 1:57.04          |
| 22 New Bern          |              | 1:58.92          |
| 23 Garner            |              | 1:59.94          |

**Event 18 Men 200 Yard Freestyle Relay**

| <b>Team</b>          | <b>Relay</b> | <b>Seed Time</b> |
|----------------------|--------------|------------------|
| 1 Cardinal Gibbons   |              | 1:28.37          |
| 2 Athens Drive       |              | 1:28.50          |
| 3 Sanderson          |              | 1:30.50          |
| 4 Leesville Road     |              | 1:30.76          |
| 5 Holly Springs      |              | 1:31.01          |
| 6 Enloe              |              | 1:31.38          |
| 7 Apex               |              | 1:32.13          |
| 8 Hoggard            |              | 1:32.15          |
| 9 Wakefield          |              | 1:32.69          |
| 10 Wake Forest       |              | 1:33.49          |
| 11 Fuquay-Varina     |              | 1:34.66          |
| 12 Ashley            |              | 1:35.40          |
| 13 Broughton         |              | 1:35.44          |
| 14 Millbrook         |              | 1:36.62          |
| 15 Heritage          |              | 1:36.78          |
| 16 Laney             |              | 1:36.80          |
| 17 Corinth-Holders   |              | 1:40.61          |
| 18 Garner            |              | 1:40.69          |
| 19 Rolesville        |              | 1:41.19          |
| 20 South Central     |              | 1:43.26          |
| 21 New Bern          |              | 1:43.48          |
| 22 Middle Creek      |              | 1:44.69          |
| 23 Cary              |              | 1:49.11          |
| 24 Southeast Raleigh |              | 1:55.39          |

**2019 4A East NCHSAA Regional Championships - 2/1/19 to 2/2/19****Host: Corinth-Holders HS & Sanderson HS****Swimming & Diving****Psych Sheet****Event 19 Women 100 Yard Backstroke**

| Name                   | Yr | School           | Seed Time |
|------------------------|----|------------------|-----------|
| 1 Curzan, Claire       |    | Cardinal Gibbons | 55.46     |
| 2 Clark, Abigail       |    | Cary             | 57.28     |
| 3 Strickland, Rachel   |    | Corinth-Holders  | 58.39     |
| 4 Nordstrom, Mia       |    | Leesville Road   | 58.49     |
| 5 Carlson, Alayna      |    | Millbrook        | 59.87     |
| 6 Carrigan, Anna       |    | Leesville Road   | 1:01.15   |
| 7 Bazinet, Laurie-Anne |    | Hoggard          | 1:02.68   |
| 8 Pham, Jacquelyn      |    | Cary             | 1:03.09   |
| 9 Myhrvold, Amelia     |    | Wakefield        | 1:03.15   |
| 10 Grasso, Aynslee     |    | Heritage         | 1:03.29   |
| 11 Pena, Karsen        |    | Middle Creek     | 1:03.72   |
| 12 Danielsen, Samantha |    | Apex             | 1:03.83   |
| 13 Blandford, Callie   |    | Corinth-Holders  | 1:03.85   |
| 14 Pluska, Olivia      |    | Enloe            | 1:03.96   |
| 15 Castle, Kendall     |    | Cary             | 1:04.13   |
| 16 Newcome, Ava        |    | Cardinal Gibbons | 1:04.60   |
| 17 Bennison, Caroline  |    | Heritage         | 1:04.64   |
| 18 Haugh, Sophie       |    | Athens Drive     | 1:04.79   |
| 19 Groce, April        |    | Apex             | 1:04.82   |
| 20 Inscore, Janie      |    | Millbrook        | 1:05.00   |
| 21 Tse, Mya            |    | Sanderson        | 1:05.26   |
| 22 Clausen, Sage       |    | Cary             | 1:05.49   |
| 23 Sadowski, Maura     |    | Cardinal Gibbons | 1:05.52   |
| 24 Miller, Sadler      |    | Corinth-Holders  | 1:05.60   |

**Event 20 Men 100 Yard Backstroke**

| Name                  | Yr | School           | Seed Time |
|-----------------------|----|------------------|-----------|
| 1 Wahlen, David       |    | Athens Drive     | 51.05     |
| 2 Hensley, Noah       |    | Enloe            | 52.26     |
| 3 Carroll, AJ         |    | Wakefield        | 53.52     |
| 4 Wombacher, Rio      |    | Cardinal Gibbons | 53.55     |
| 5 Settlemyre, Jeffrey |    | Hoggard          | 53.82     |
| 6 Chignell, Connor    |    | Enloe            | 53.89     |
| 7 Noble, Ross         |    | Millbrook        | 54.07     |
| 8 Berkowitz, Jeremy   |    | Cary             | 54.13     |
| 9 Furbay, Patrick     |    | Ashley           | 54.22     |
| 10 Chapman, John      |    | Apex             | 54.25     |
| 11 Smith, Nick        |    | Middle Creek     | 54.70     |
| 12 Bridgham, Joey     |    | Athens Drive     | 55.74     |
| 13 O'Neill, Trevor    |    | Millbrook        | 55.75     |
| 14 Doherty, Evan      |    | Heritage         | 56.37     |
| 15 Burns, Duncan      |    | Sanderson        | 57.80     |
| 16 Mabunga, Aidan     |    | Wakefield        | 57.87     |
| 17 Shaver, Zack       |    | Holly Springs    | 58.05     |
| 18 Schrage, Avery     |    | Broughton        | 58.07     |
| 19 Haxholdt, Victor   |    | Athens Drive     | 58.17     |
| 20 McDonald, Trevor   |    | Athens Drive     | 1:00.12   |
| 21 Kreske, Hunter     |    | Corinth-Holders  | 1:00.40   |
| 22 Hope, Scott        |    | South Central    | 1:00.76   |
| 23 Muir, Avery        |    | Apex             | 1:01.06   |
| 24 Duke, Brian        |    | Leesville Road   | 1:01.39   |

**Event 21 Women 100 Yard Breaststroke**

| Name                   | Yr | School            | Seed Time |
|------------------------|----|-------------------|-----------|
| 1 McCauley, Ashley     |    | Leesville Road    | 1:05.03   |
| 2 Joyce, Genevieve     |    | Apex              | 1:05.81   |
| 3 Fullerton, Mikaela   |    | Apex              | 1:06.21   |
| 4 Zhu, Caroline        |    | Enloe             | 1:06.82   |
| 5 Divoky, Brenna       |    | Ashley            | 1:08.06   |
| 6 Zhang, Jolene        |    | Enloe             | 1:08.22   |
| 7 Anderson, Sophie     |    | Apex              | 1:08.24   |
| 8 Johnson, Emma        |    | Hoggard           | 1:08.62   |
| 9 Speerschneider, Kate |    | Leesville Road    | 1:09.85   |
| 10 Lahiff, Julie       |    | Cardinal Gibbons  | 1:10.21   |
| 11 Haroldson, Olivia   |    | Cary              | 1:11.17   |
| 12 Jones, Acacia       |    | Corinth-Holders   | 1:11.53   |
| 13 Newton, Grace       |    | Leesville Road    | 1:11.62   |
| 14 Alexander, Phoebe   |    | Athens Drive      | 1:11.73   |
| 15 Galloway, Claire    |    | Holly Springs     | 1:12.14   |
| 16 Petschauer, Madison |    | Apex              | 1:12.23   |
| 17 Lardizabal, Gabby   |    | Cardinal Gibbons  | 1:12.50   |
| 18 Hauser, Genny       |    | Millbrook         | 1:12.64   |
| 19 Edelson, Anna       |    | Leesville Road    | 1:12.93   |
| 20 Zalkind, Grace      |    | Sanderson         | 1:13.51   |
| 21 Strout, Jennifer    |    | Cary              | 1:13.95   |
| 22 Chance, Kristin     |    | Southeast Raleigh | 1:14.33   |
| 23 Ahart, Savannah     |    | Fuquay-Varina     | 1:14.33   |
| 24 Carter, Alexis      |    | Corinth-Holders   | 1:14.36   |

**Event 22 Men 100 Yard Breaststroke**

| Name                    | Yr | School           | Seed Time |
|-------------------------|----|------------------|-----------|
| 1 Diacumakos, Noah      |    | Apex             | 59.16     |
| 2 Foulkes, T'Lez        |    | Cardinal Gibbons | 59.40     |
| 3 Lucht, Sammy          |    | Sanderson        | 59.54     |
| 4 Drake, Patrick        |    | Cardinal Gibbons | 1:00.00   |
| 5 Baldwin, Daniel       |    | Athens Drive     | 1:00.16   |
| 6 Fortner, Luke         |    | Enloe            | 1:01.03   |
| 7 Speerschneider, Zach  |    | Leesville Road   | 1:01.24   |
| 8 Bezuidenhout, Gideon  |    | Wake Forest      | 1:01.56   |
| 9 Butner, Logan         |    | Ashley           | 1:02.13   |
| 10 Butner, Garrett      |    | Ashley           | 1:02.85   |
| 11 Perkins, Tull        |    | Cardinal Gibbons | 1:03.23   |
| 12 Martinez, Roman      |    | Fuquay-Varina    | 1:03.33   |
| 13 Partrick, Michael    |    | Corinth-Holders  | 1:03.34   |
| 14 Lee, Hyoseon         |    | Enloe            | 1:04.28   |
| 15 Whittington, Jeffrey |    | Broughton        | 1:04.39   |
| 16 Short, Connor        |    | Apex             | 1:04.73   |
| 17 Anderson, Nick       |    | Cardinal Gibbons | 1:06.38   |
| 18 Vargas, Julio        |    | Apex             | 1:06.82   |
| 19 McNutt, Joe          |    | Holly Springs    | 1:07.11   |
| 20 Huo, Jack            |    | Hoggard          | 1:07.37   |
| 21 Shearin, Will        |    | Athens Drive     | 1:07.77   |
| 22 Steparian, Andrew    |    | Leesville Road   | 1:08.35   |
| 23 Croteau, Eric        |    | Garner           | 1:08.66   |
| 24 Ji, Frederick        |    | Enloe            | 1:08.91   |

**2019 4A East NCHSAA Regional Championships - 2/1/19 to 2/2/19**

**Host: Corinth-Holders HS & Sanderson HS**

**Swimming & Diving**

**Psych Sheet**

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**Event 23 Women 400 Yard Freestyle Relay**

| <b>Team</b>          | <b>Relay</b> | <b>Seed Time</b> |
|----------------------|--------------|------------------|
| 1 Millbrook          |              | 3:36.23          |
| 2 Leesville Road     |              | 3:37.51          |
| 3 Enloe              |              | 3:41.26          |
| 4 Cary               |              | 3:41.28          |
| 5 Cardinal Gibbons   |              | 3:42.43          |
| 6 Apex               |              | 3:42.47          |
| 7 Middle Creek       |              | 3:48.63          |
| 8 Corinth-Holders    |              | 3:48.87          |
| 9 Broughton          |              | 3:52.32          |
| 10 Hoggard           |              | 3:53.07          |
| 11 Wakefield         |              | 3:53.79          |
| 12 Sanderson         |              | 3:55.25          |
| 13 Heritage          |              | 3:55.75          |
| 14 Holly Springs     |              | 3:58.68          |
| 15 Rolesville        |              | 4:01.20          |
| 16 Athens Drive      |              | 4:02.88          |
| 17 South Central     |              | 4:11.00          |
| 18 Ashley            |              | 4:11.31          |
| 19 Garner            |              | 4:18.39          |
| 20 Fuquay-Varina     |              | 4:18.44          |
| 21 New Bern          |              | 4:20.54          |
| 22 Southeast Raleigh |              | 4:33.46          |
| 23 Laney             |              | 4:33.53          |
| 24 Wake Forest       |              | 4:55.08          |

**Event 24 Men 400 Yard Freestyle Relay**

| <b>Team</b>          | <b>Relay</b> | <b>Seed Time</b> |
|----------------------|--------------|------------------|
| 1 Cardinal Gibbons   |              | 3:14.34          |
| 2 Athens Drive       |              | 3:14.95          |
| 3 Sanderson          |              | 3:17.16          |
| 4 Wakefield          |              | 3:19.17          |
| 5 Enloe              |              | 3:20.69          |
| 6 Millbrook          |              | 3:20.91          |
| 7 Middle Creek       |              | 3:22.43          |
| 8 Broughton          |              | 3:24.00          |
| 9 Holly Springs      |              | 3:24.21          |
| 10 Apex              |              | 3:26.03          |
| 11 Leesville Road    |              | 3:31.77          |
| 12 Hoggard           |              | 3:34.44          |
| 13 Corinth-Holders   |              | 3:36.69          |
| 14 South Central     |              | 3:37.98          |
| 15 Heritage          |              | 3:38.86          |
| 16 Fuquay-Varina     |              | 3:43.63          |
| 17 New Bern          |              | 3:43.78          |
| 18 Rolesville        |              | 3:43.84          |
| 19 Cary              |              | 3:48.92          |
| 20 Garner            |              | 3:54.75          |
| 21 Wake Forest       |              | 3:58.00          |
| 22 Laney             |              | 4:08.63          |
| 23 Southeast Raleigh |              | 4:36.11          |