

Event 301 Girls Shot Put NCHSAA 3A (16)

=====			
Top 9 to finals for 3 additional attempts.			
	Name	Year School	Seed Mark
=====			
1	Kamryn Henderson	12 Marvin Ridge	42-07.75
2	Niya Kelly	11 Kings Mounta	35-01.00
3	Amari Owens	9 Asheville	33-02.00
4	Kacey Payne	12 Alexander Ce	32-05.00
5	D'Kyiah Byers-Henderson	11 Forestview	32-02.50
6	Linnea Harris	9 North Hender	31-07.00
7	Madison Ratchford	11 Alexander Ce	31-06.00
8	Alayna Powell	12 Enka	31-05.00
9	Shannon Sellors	12 West Henders	31-03.50
10	Nicole Elchaar	12 Marvin Ridge	31-01.50
11	Jordan Richards	11 Cuthbertson	31-01.50
12	chai johnson	10 Enka	30-09.00
13	Ashley Kuwama	10 North Hender	30-07.00
14	Claire Stansberry	10 West Henders	30-07.00
15	Madelyn Furr	11 Watauga	30-04.50
16	Campbell Medders	11 Marvin Ridge	28-09.00

Event 302 Boys Shot Put NCHSAA 3A (16)

=====			
Top 9 to finals for 3 additional attempts.			
	Name	Year School	Seed Mark
=====			
1	Lyndon Strickland	11 Alexander Ce	51-07.50
2	James Mazzarell	12 Marvin Ridge	50-03.50
3	Case Sandor	12 Forestview	46-10.00
4	Jr., Timothy English	12 Ashbrook	46-02.50
5	Kendall Karr	10 Stuart W. Cr	45-07.50
6	Bj Ramsuer	11 Crest	44-06.00
7	Isaac Chapman	11 Alexander Ce	43-06.25
8	Larry Luke	11 Freedom	43-06.00
9	Dalton Hawkins	10 North Gaston	43-05.00
10	Stormy Mosteller	12 Burns	42-11.00
11	Will Redmon	12 Enka	42-05.00
12	Matthew Lopez	12 Cuthbertson	42-01.00
13	William Hambrook	11 Charlotte Ca	41-09.50
14	Isaiah Brown	12 Hunter Huss	41-08.50
15	Peyton Tully	11 Cuthbertson	41-06.50
16	Garrett Croft	12 T.C. Roberso	41-02.00

Event 305 Girls Discus Throw NCHSAA 3A (16)

=====			
Top 9 to finals for 3 additional attempts.			
	Name	Year School	Seed Mark
=====			
1	Amanda Wahler	12 T.C. Roberso	134-06
2	Kamryn Henderson	12 Marvin Ridge	109-08
3	Madison Ratchford	11 Alexander Ce	106-09
4	Nicole Elchaar	12 Marvin Ridge	103-03
5	Alexis Levister	12 Cuthbertson	101-00

6	Shyana Portee	9	Ashbrook	99-07
7	Campbell Medders	11	Marvin Ridge	97-11
8	Linnea Harris	9	North Hender	95-03
9	Kaleigh Million	11	Cuthbertson	94-05
10	Alayna Powell	12	Enka	93-00
11	chai johnson	10	Enka	89-03
12	Maddie Darner	12	Watauga	87-04
13	Briana Barajas	9	North Buncom	86-00
14	Jadalin Ross	12	Kings Mounta	85-11
15	Julisia Butts	10	Freedom	85-09
16	Mateya Duff	11	Forestview	85-07

Event 306 Boys Discus Throw NCHSAA 3A (16)

=====				
Top 9 to finals for 3 additional attempts.				
	Name	Year	School	Seed Mark
=====				
1	Lyndon Strickland	11	Alexander Ce	165-08
2	Larry Luke	11	Freedom	138-08
3	Jr., Timothy English	12	Ashbrook	133-08
4	Stormy Mosteller	12	Burns	132-08
5	Nicholas Wiggins	12	Hunter Huss	132-02
6	Ethan Blakey	12	A.C. Reynold	128-08
7	Juan Sanchez	10	Tuscola	126-08
8	Taye Dula	12	West Caldwell	126-02
9	Kendall Karr	10	Stuart W. Cr	123-05
10	Marcus Mauney	11	Hunter Huss	120-11
11	Samuel Sappington	11	Watauga	120-04
12	Daniel Mcdonald	11	North Buncom	119-07
13	Case Sandor	12	Forestview	117-09
14	Joseph Hernandez	10	Tuscola	117-05
15	James Mazzarell	12	Marvin Ridge	116-10
16	Hunter Murphy	9	Tuscola	116-06

Event 309 Girls High Jump NCHSAA 3A (16)

=====				
Starting Height = 4-6				
	Name	Year	School	Seed Mark
=====				
1	Ashanty Lee	9	Enka	5-03.00
2	MaKena Phillips	10	Enka	5-02.00
3	Brianna Abernathy	9	Alexander Ce	5-00.00
4	Caroline Smith	9	Cuthbertson	5-00.00
5	Megan Rose	11	Statesville	5-00.00
6	Kamaria Sheriff	9	Cuthbertson	5-00.00
7	Brooke Byrd	10	Watauga	5-00.00
8	Abby Jackson	11	West Henders	5-00.00
9	Amelia Radocha	11	T.C. Roberso	4-11.00
10	Rebekah Farthing	10	Watauga	4-11.00
11	Madison Conner	12	West Henders	4-11.00
12	Quinn Travis	10	Marvin Ridge	4-10.00
13	Peyton Kruger	12	Marvin Ridge	4-10.00
14	Karynn Borgelt	9	Cuthbertson	4-10.00
15	Desera Rhames	11	Stuart W. Cr	4-10.00
16	Tierney Petras	10	Charlotte Ca	4-10.00

Event 310 Boys High Jump NCHSAA 3A (10)

=====				
Starting Height = 5-8				
	Name	Year	School	Seed Mark
=====				

1	Donterrio Chambers	11	North Gaston	6-02.00
2	Jesse Schronce	11	Alexander Ce	6-02.00
3	Tanner Brock	12	West Henders	6-01.00
4	Demo Paulk	12	Asheville	6-00.00
5	Kendall Karr	10	Stuart W. Cr	6-00.00
6	Kyra Peterkin	11	Forestview	6-00.00
7	Dwain Byrum	10	Marvin Ridge	6-00.00
8	Seth Barnes	10	Forestview	6-00.00
9	Trevor Grant	11	Cuthbertson	6-00.00
10	Quinn Cokley	10	Marvin Ridge	6-00.00

Event 311 Girls Pole Vault NCHSAA 3A (14)

Starting Height = 7-0

Name	Year	School	Seed Mark
1	Maria Alamo-Worley	12 North Buncom	12-00.00
2	Isabel Crandall	10 Marvin Ridge	11-00.00
3	Emma Stone	9 Marvin Ridge	10-06.00
4	Isabella Ochsner	11 Marvin Ridge	9-06.00
5	Chesney Price	12 Alexander Ce	9-00.00
6	Alexis Browning	12 Kings Mounta	9-00.00
7	Megan Guess	12 West Henders	8-06.00
8	Elizah VanLokeren	9 North Buncom	8-00.00
9	Grace Watson	11 Watauga	8-00.00
10	Lauren Shaw	11 Watauga	8-00.00
11	Ella Nelson	9 Watauga	8-00.00
12	Charlotte Sperry	12 Cuthbertson	8-00.00
13	Tori Bridgforth	9 Cuthbertson	7-06.00
14	Sayge Chatham	11 Alexander Ce	7-06.00

Event 312 Boys Pole Vault NCHSAA 3A (12)

Starting Height = 11-0

Name	Year	School	Seed Mark
1	Ben Finger	12 North Gaston	15-11.00
2	Daniel Nicholson	12 North Iredel	15-00.00
3	Benjamin Cargnel	10 Marvin Ridge	14-00.00
4	Peter Shelley	12 Marvin Ridge	14-00.00
5	Garrett Gibson	12 North Iredel	13-06.00
6	Collin Miller	12 West Henders	13-00.00
7	Henry Freeman	11 T.C. Roberso	12-06.00
8	Kaleb Estridge	11 Kings Mounta	12-06.00
9	Malachi Hammond	11 North Buncom	12-00.00
10	Kaleb Davis	12 South Iredel	12-00.00
11	Nicholas Lovin	10 T.C. Roberso	12-00.00
12	Connor Miller	12 West Henders	12-00.00

Event 313 Girls Long Jump NCHSAA 3A (16)

Top 9 to finals for 3 additional attempts.

Name	Year	School	Seed Mark
1	Shakalya Robertson	12 South Iredel	17-10.00
2	Raven Rudisell	10 Hunter Huss	17-04.50
3	Nyzaya Wilson	12 South Iredel	16-09.00
4	Jade McLain	10 Cuthbertson	16-05.00
5	Sanja Block	12 Cuthbertson	16-05.00
6	Marissa Schalk	11 St. Stephens	16-02.50
7	Shakayla Allen	12 Erwin, Clyde	16-02.00

8	Lila Schutt	12	South Iredel	15-11.00
9	Arleigh Long	10	T.C. Roberso	15-09.00
10	Macie Sims	10	Kings Mounta	15-08.50
11	Desera Rhames	11	Stuart W. Cr	15-07.50
12	Ashanti Cobb	10	Asheville	15-07.25
13	Crystal Nguyen	11	Forestview	15-06.00
14	Ryley Keefe	10	Marvin Ridge	15-04.00
15	Ashanty Lee	9	Enka	15-03.50
16	Abby Jackson	11	West Henders	15-03.50

Event 314 Boys Long Jump NCHSAA 3A (15)

Top 9 to finals for 3 additional attempts.

	Name	Year	School	Seed Mark
1	Cj Griffin	12	Asheville	22-00.00
2	Dakari Campbell	10	Ashbrook	21-08.00
3	Eric Green	12	Ashbrook	21-06.00
4	Thai Tuttanon	11	Kings Mounta	21-03.00
5	Darren Lammons	12	North Hender	21-02.25
6	Trevor Grant	11	Cuthbertson	21-02.00
7	Tracy Poe	12	Watauga	20-11.00
8	Keyln Grindstaff	12	Burns	20-08.50
9	Desmond Hope	11	Hunter Huss	20-06.75
10	Michael Freeman	12	Marvin Ridge	20-06.50
11	Teavius Henry	12	St. Stephens	20-05.00
12	Jacovi Mason Craig	12	St. Stephens	20-04.50
13	Jed Willingham	12	Watauga	20-03.00
14	Zion Julien	11	Hunter Huss	20-03.00
15	Trey Martin	12	Erwin, Clyde	20-03.00

Event 317 Girls Triple Jump NCHSAA 3A (16)

Top 9 to finals for 3 additional attempts.

	Name	Year	School	Seed Mark
1	Ashanti Cobb	10	Asheville	36-06.50
2	Shakalya Robertson	12	South Iredel	36-03.00
3	Nyzaya Wilson	12	South Iredel	36-01.50
4	Lila Schutt	12	South Iredel	34-06.75
5	Quiariana Miller	12	Alexander Ce	34-01.00
6	Sage Harrington	12	Alexander Ce	33-09.00
7	Raven Rudisell	10	Hunter Huss	33-08.50
8	Jaia Wilson	11	West Henders	33-07.00
9	Marissa Schalk	11	St. Stephens	33-04.00
10	Ashanty Lee	9	Enka	33-02.75
11	Meagan Conant	10	Marvin Ridge	32-11.00
12	Sanja Block	12	Cuthbertson	32-09.00
13	MaKena Phillips	10	Enka	32-07.00
14	Maiya Hayes	10	Cuthbertson	32-06.75
15	Desera Rhames	11	Stuart W. Cr	32-06.00
16	Sarah McDaniel	11	T.C. Roberso	32-03.75

Event 318 Boys Triple Jump NCHSAA 3A (16)

Top 9 to finals for 3 additional attempts.

	Name	Year	School	Seed Mark
1	Darren Lammons	12	North Hender	45-11.75
2	Eric Green	12	Ashbrook	45-07.00
3	Jarion Johnson	12	Hunter Huss	45-00.00

4	Myles Hunt	12	Marvin Ridge	44-03.50
5	Luke Drummonds	11	Watauga	44-02.00
6	Cj Griffin	12	Asheville	44-01.00
7	Trevor Grant	11	Cuthbertson	43-06.50
8	Dorain Johnson	10	A.C. Reynold	42-04.50
9	Derrien Phillips	12	Hickory	42-03.50
10	Zytavious Murrell	12	Stuart W. Cr	42-02.50
11	Evin Mcentee	11	Marvin Ridge	42-02.00
12	Desmond Hope	11	Hunter Huss	42-01.00
13	Quinn Kinsella	11	A.C. Reynold	42-00.00
14	Thai Tuttanon	11	Kings Mounta	41-11.00
15	Alejandro Lopez-marecos	12	Marvin Ridge	41-09.50
16	Jed Willingham	12	Watauga	41-04.50

Event 319 Girls 4x800 Meter Relay NCHSAA 3A (12)

School				Seed
1	Cuthbertson High School	'A'		9:38.95
2	T.C. Roberson	'A'		9:53.63
3	Marvin Ridge	'A'		10:20.52
4	Charlotte Catholic	'A'		10:36.44
5	West Henderson	'A'		10:37.70
6	Watauga	'A'		10:46.24
7	Forestview	'A'		10:55.00
8	Enka	'A'		10:55.16
9	Alexander Central	'A'		11:01.02
10	A.C. Reynolds	'A'		11:07.53
11	North Gaston	'A'		12:00.50
12	Stuart W. Cramer	'A'		12:25.10

Event 320 Boys 4x800 Meter Relay NCHSAA 3A (16)

School				Seed
1	Cuthbertson High School	'A'		7:58.33
2	Asheville	'A'		8:04.77
3	A.C. Reynolds	'A'		8:05.05
4	Marvin Ridge	'A'		8:21.50
5	North Henderson	'A'		8:21.53
6	T.C. Roberson	'A'		8:21.97
7	Watauga	'A'		8:35.66
8	Forestview	'A'		8:40.53
9	West Henderson	'A'		8:41.37
10	North Buncombe	'A'		8:41.38
11	Charlotte Catholic	'A'		8:43.79
12	North Iredell	'A'		8:44.74
13	South Iredell	'A'		8:47.10
14	Enka	'A'		8:55.73
15	Ashbrook	'A'		9:10.66
16	Freedom	'A'		9:13.23

Event 321 Girls 100 Meter Hurdles NCHSAA 3A (16) Prelims

Name		Year School	Seed
1	Allison Payton	9 Stuart W. Cr	15.24
2	Guyah Love	10 Ashbrook	15.33
3	Leticia Venancio	11 West Caldwell	15.54
4	Emma Brown	10 Watauga	16.05
5	Carolyn Diez	12 A.C. Reynold	16.09

6	Olivia Cooney	12	South Iredel	16.25
7	Nina Van Blarcom	11	Marvin Ridge	16.61
8	Cassie Wooten	9	Cuthbertson	16.86
9	Emery Lang	12	A.C. Reynold	17.10
10	Jahiyala Esiet	10	Hunter Huss	17.24
11	Grace Coleman	10	Cuthbertson	17.25
12	Olivia Mague	12	Cuthbertson	17.44
13	Lauren Gantt	12	St. Stephens	17.53
14	Alyssa Lopez	12	Watauga	17.60
15	Julia Parent	9	West Henders	17.64
16	Caroline Nguyen	11	T.C. Roberso	17.80

Event 322 Boys 110 Meter Hurdles NCHSAA 3A (16) Prelims

=====				
Name		Year	School	Seed
=====				
1	Aveon Reid	12	Forestview	14.33
2	Cory Gaither	12	South Iredel	14.54
3	Dashon Hannah	11	Burns	15.35
4	Sidney Littlejohn	10	Ashbrook	15.39
5	Kendall Massey	10	Ashbrook	15.67
6	Taye Dula	12	West Caldwell	15.71
7	Derrien Phillips	12	Hickory	15.74
8	Luke Drummonds	11	Watauga	15.85
9	Elijah Mitchell	11	Stuart W. Cr	15.90
10	Blake Woody	12	Tuscola	15.99
11	Desmond Hope	11	Hunter Huss	15.99
12	Kaleb Davis	12	South Iredel	16.05
13	Hank Yelton	12	Freedom	16.05
14	Tyler Pritchard	12	North Iredel	16.13
15	Sha'mek Simpson	12	Statesville	16.17
16	Samuel Yoder	12	A.C. Reynold	16.24

Event 323 Girls 100 Meter Dash NCHSAA 3A (16) Prelims

=====				
Name		Year	School	Seed
=====				
1	Victoria Borum	12	Asheville	12.20
2	Anyha Goode	9	Cuthbertson	12.54
3	Marjani Smith	11	T.C. Roberso	12.69
4	Madison Erwin	12	Hunter Huss	12.74
5	Mariah Clement	9	T.C. Roberso	12.84
6	Arleigh Long	10	T.C. Roberso	12.90
7	Ykeilah Surratt	11	Crest	12.94
8	Precious Dixon	10	A.C. Reynold	12.98
9	Kyla Avery	10	Freedom	12.99
10	Phoenix Norris	11	Crest	13.17
11	Kailyn Hayes	11	Cuthbertson	13.19
12	Shakayla Allen	12	Erwin, Clyde	13.24
13	Landry Mazzarell	9	Marvin Ridge	13.25
14	Emily Bowles	11	North Hender	13.28
15	Gabby Long	12	North Gaston	13.28
16	Molly Scopinich	10	Marvin Ridge	13.35

Event 324 Boys 100 Meter Dash NCHSAA 3A (16) Prelims

=====				
Name		Year School		Seed
=====				
1	Durrell Johnson	10	Stuart W. Cr	10.94
2	John Menscer	12	North Iredel	11.06
3	Tyrese Morris	10	Stuart W. Cr	11.13

4	Michael Toms	12	Kings Mounta	11.14
5	Jamud Geter	11	Crest	11.24
6	A'Keem Patterson	12	St. Stephens	11.25
7	Marcus Robitaille	11	Marvin Ridge	11.27
8	Isaiah McNeil	11	North Gaston	11.30
9	Keevon Hines	12	Asheville	11.32
10	Keenan Hines	12	Asheville	11.34
11	Nick Lisenbee	11	North Buncom	11.34
12	Tyler Moore	10	Enka	11.35
13	Josh Benton	12	Stuart W. Cr	11.36
14	Spencer Buckner	12	North Buncom	11.44
15	Tray Lee	12	Kings Mounta	11.44
16	Jake Richardson	12	South Iredel	11.45

Event 331 Girls 4x200 Meter Relay NCHSAA 3A (16)

School				Seed
1	Cuthbertson High School	'A'		1:45.22
2	Asheville	'A'		1:45.46
3	Ashbrook	'A'		1:46.45
4	T.C. Roberson	'A'		1:47.20
5	West Henderson	'A'		1:47.50
6	Crest	'A'		1:49.93
7	South Iredell	'A'		1:50.29
8	Marvin Ridge	'A'		1:50.47
9	Alexander Central	'A'		1:51.19
10	Charlotte Catholic	'A'		1:52.10
11	A.C. Reynolds	'A'		1:52.60
12	St. Stephens	'A'		1:52.90
13	Hunter Huss	'A'		1:53.50
14	Watauga	'A'		1:53.67
15	Statesville	'A'		1:53.85
16	West Caldwell	'A'		1:53.90

Event 332 Boys 4x200 Meter Relay NCHSAA 3A (16)

School				Seed
1	Marvin Ridge	'A'		1:31.00
2	Cuthbertson High School	'A'		1:31.02
3	South Iredell	'A'		1:31.49
4	Asheville	'A'		1:31.90
5	Forestview	'A'		1:32.10
6	Ashbrook	'A'		1:33.30
7	Erwin, Clyde A.	'A'		1:33.36
8	Freedom	'A'		1:33.51
9	West Henderson	'A'		1:33.80
10	St. Stephens	'A'		1:34.00
11	Hunter Huss	'A'		1:34.20
12	North Buncombe	'A'		1:34.61
13	Charlotte Catholic	'A'		1:34.70
14	Kings Mountain	'A'		1:34.87
15	A.C. Reynolds	'A'		1:36.20
16	Statesville	'A'		1:38.88

Event 333 Girls 1600 Meter Run NCHSAA 3A (16)

Name		Year School	Seed
1	Sarah LaTour	12 Cuthbertson	4:55.41

2	Elise Wright	12	T.C. Roberso	4:57.80
3	Leah Helms	9	Cuthbertson	5:06.70
4	Jonna Strange	10	North Iredel	5:12.56
5	Elyse Wood	11	Marvin Ridge	5:13.03
6	Kaitlyn St. Hilaire	9	Cuthbertson	5:20.54
7	Kaitlyn Cole	10	Marvin Ridge	5:25.99
8	Sarah Cuddy	10	Marvin Ridge	5:26.56
9	Emma Georges	12	Charlotte Ca	5:37.22
10	Phoebe Raspanti	9	Forestview	5:43.54
11	Madeline Duchesne	10	West Henders	5:51.50
12	Riley Fowler	10	Watauga	5:53.80
13	Ava Rose	10	Enka	5:55.70
14	McKenna Winterflood	10	Enka	5:56.16
15	Meredith Anderson	10	Enka	6:01.00
16	Maddie Simmons	10	Statesville	6:03.47

Event 334 Boys 1600 Meter Run NCHSAA 3A (16)

	Name	Year	School	Seed
1	Hunter White	11	North Hender	4:22.04
2	Jayden Hefner	12	St. Stephens	4:24.23
3	Dwayne Lillie	10	A.C. Reynold	4:27.42
4	Luke Wolaver	12	Marvin Ridge	4:27.80
5	Haven Honeycutt	11	Asheville	4:28.27
6	Michael Zapherson	11	T.C. Roberso	4:28.38
7	Lucas Wiley	11	A.C. Reynold	4:28.60
8	Jason Blizzard	11	Marvin Ridge	4:28.88
9	Dylan Christopher	12	North Hender	4:30.02
10	Dasani Hawkins	12	Forestview	4:31.81
11	Gavin Mouat	12	South Iredel	4:33.40
12	Cooper Castellaw	11	Alexander Ce	4:34.28
13	Dante McCree	12	Charlotte Ca	4:35.67
14	Grant Schreiber	11	West Henders	4:37.47
15	Jackson Colling	10	Marvin Ridge	4:41.36
16	Kevin Biglow	11	Statesville	4:49.39

Event 337 Girls 4x100 Meter Relay NCHSAA 3A (16)

School			Seed
1	Cuthbertson High School	'A'	49.58
2	T.C. Roberson	'A'	50.34
3	Hunter Huss	'A'	50.94
4	West Henderson	'A'	51.26
5	Charlotte Catholic	'A'	51.28
6	Crest	'A'	51.74
7	Marvin Ridge	'A'	52.12
8	North Henderson	'A'	52.74
9	Alexander Central	'A'	52.96
10	Erwin, Clyde A.	'A'	52.98
11	Watauga	'A'	53.05
12	A.C. Reynolds	'A'	53.06
13	West Caldwell	'A'	53.14
14	Forestview	'A'	53.56
15	Ashbrook	'A'	53.74
16	North Buncombe	'A'	54.54

Event 338 Boys 4x100 Meter Relay NCHSAA 3A (16)

School	Seed
--------	------

1	Asheville	'A'	43.30
2	Hunter Huss	'A'	43.52
3	Erwin, Clyde A.	'A'	43.66
4	Forestview	'A'	43.89
5	Marvin Ridge	'A'	44.11
6	Stuart W. Cramer	'A'	44.74
7	Alexander Central	'A'	44.77
8	Cuthbertson High School	'A'	44.89
9	Ashbrook	'A'	45.00
10	Kings Mountain	'A'	45.09
11	Freedom	'A'	45.22
12	West Henderson	'A'	45.34
13	North Buncombe	'A'	45.54
14	Watauga	'A'	45.56
15	Charlotte Catholic	'A'	45.74
16	A.C. Reynolds	'A'	45.94

Event 339 Girls 400 Meter Dash NCHSAA 3A (16)

	Name	Year	School	Seed
1	Dahlia Cutler	11	Cuthbertson	57.36
2	Mackenzie Townsend	10	Cuthbertson	58.50
3	Ta'shia Wade	11	Ashbrook	58.63
4	Taylor Meadows	12	West Henders	58.77
5	Aubrie Farwell	12	Cuthbertson	59.91
6	Lily Savage	10	Marvin Ridge	1:01.55
7	Trinity Minor	11	Statesville	1:02.75
8	Leann Keller	9	Marvin Ridge	1:03.46
9	Sidney Leonard	10	North Iredel	1:04.04
10	Abigail Cook	9	North Buncom	1:04.05
11	Kendall Reece	9	Watauga	1:04.14
12	Anna Ropers	10	Marvin Ridge	1:04.15
13	Princess Orman	11	Hunter Huss	1:04.54
14	Vaniyah Petty	9	Crest	1:06.38
15	A'Junea McCleave	12	Hunter Huss	1:06.76
16	Jalynn Taylor-Howze	12	Stuart W. Cr	1:07.16

Event 340 Boys 400 Meter Dash NCHSAA 3A (16)

	Name	Year	School	Seed
1	Bradon Black	11	Cuthbertson	49.28
2	Nathan Mcdaniels	12	North Iredel	50.34
3	John Menscer	12	North Iredel	50.47
4	Bryce Satterfield	10	Watauga	50.92
5	Samuel Rennard	12	T.C. Roberso	51.52
6	Levi Harris	10	Asheville	51.72
7	Aidan McNally	9	Cuthbertson	51.75
8	Walter Swan	11	Freedom	51.82
9	Sam Messer	11	Tuscola	51.90
10	Santez Booze	11	Asheville	52.01
11	Kyra Peterkin	11	Forestview	52.20
12	Joseph Waller	11	Burns	52.45
13	Ryan Kobziak	10	Cuthbertson	52.77
14	Alec Hunter	11	Marvin Ridge	53.22
15	Edwin Gonzalez	9	T.C. Roberso	53.23
16	Corbin Guerrero	10	North Hender	53.58

Event 345 Girls 300 Meter Hurdles NCHSAA 3A (16)

	Name	Year	School	Seed
1	Olivia Cooney	12	South Iredel	46.43
2	Jorja Medders	12	Marvin Ridge	46.50
3	Alion Belvin	12	Asheville	47.17
4	Guyah Love	10	Ashbrook	47.39
5	Allison Payton	9	Stuart W. Cr	48.00
6	Carolyn Diez	12	A.C. Reynold	48.32
7	Virginia Kirkwood	12	Asheville	48.33
8	Olivia Mague	12	Cuthbertson	48.77
9	Caroline Nguyen	11	T.C. Roberso	49.34
10	Leticia Venancio	11	West Caldwell	49.34
11	Emma Brown	10	Watauga	49.36
12	Abby Happel	12	Cuthbertson	49.95
13	Fiona Wallace	10	Marvin Ridge	50.11
14	Emma Brown	10	Alexander Ce	50.54
15	Alyssa Lopez	12	Watauga	50.92
16	Morgan Fijalkowski	9	Charlotte Ca	51.01

Event 346 Boys 300 Meter Hurdles NCHSAA 3A (16)

	Name	Year	School	Seed
1	Cory Gaither	12	South Iredel	38.14
2	Aveon Reid	12	Forestview	38.92
3	Sidney Littlejohn	10	Ashbrook	40.80
4	Peter Shelley	12	Marvin Ridge	41.92
5	Luke Drummonds	11	Watauga	42.16
6	Dashon Hannah	11	Burns	42.24
7	Ethan Tandy	12	Cuthbertson	42.62
8	Zach Ross	9	Cuthbertson	42.81
9	Grant Schreiber	11	West Henders	42.83
10	Hank Yelton	12	Freedom	42.84
11	Samuel Yoder	12	A.C. Reynold	42.87
12	Elijah Milsaps	10	Hickory	42.94
13	Will Gilkeson	12	A.C. Reynold	43.17
14	Sha'mek Simpson	12	Statesville	43.39
15	Desmond Hope	11	Hunter Huss	43.42
16	Tyler Pritchard	12	North Iredel	43.74

Event 347 Girls 800 Meter Run NCHSAA 3A (16)

	Name	Year	School	Seed
1	Elise Wright	12	T.C. Roberso	2:12.75
2	Kaitlyn St. Hilaire	9	Cuthbertson	2:24.47
3	Ashlyn Blakely	11	T.C. Roberso	2:25.44
4	Charlotte Sperry	12	Cuthbertson	2:26.01
5	Gabriella Castro	10	Cuthbertson	2:26.33
6	Jonna Strange	10	North Iredel	2:26.70
7	Megan Dest	11	Charlotte Ca	2:27.45
8	Emily Dumont	12	South Iredel	2:28.48
9	Ashley Rhodes	10	North Hender	2:30.16
10	Ellie Phillips	11	T.C. Roberso	2:32.49
11	Caroline Edwards	11	Watauga	2:32.58
12	Emma Tzotschew	11	Watauga	2:32.91
13	Kaylee Spencer	11	Marvin Ridge	2:37.96
14	McKenna Winterflood	10	Enka	2:38.70
15	Phoebe Raspanti	9	Forestview	2:38.95
16	Corey McVay	12	A.C. Reynold	2:39.08

Event 348 Boys 800 Meter Run NCHSAA 3A (19)

=====			
Name		Year School	Seed
=====			
1	Connor Gross	11 Marvin Ridge	1:58.10
2	Kodi Codrington	12 Asheville	1:59.82
3	Luke Wolaver	12 Marvin Ridge	1:59.84
4	Zach Crain	11 A.C. Reynold	1:59.91
5	Walker Lezotte	11 Cuthbertson	2:00.04
6	Kyle Stamper	11 Cuthbertson	2:00.14
7	Dasani Hawkins	12 Forestview	2:00.30
8	Dwayne Lillie	10 A.C. Reynold	2:00.89
9	Davis Turner	12 Asheville	2:01.00
10	Logan Ellis	10 Alexander Ce	2:02.41
11	Sean McDowell	12 T.C. Roberso	2:02.60
12	Austin Walker	10 Burns	2:02.71
13	Ben Brock	11 Asheville	2:02.72
14	Jose Rodriguez	11 North Hender	2:02.82
15	Andrew Santos	12 Charlotte Ca	2:03.12
16	Grant Schreiber	11 West Henders	2:03.20
17	Dylan Brittain	12 Freedom	2:03.73
18	Elias Norman	12 Watauga	2:03.91
19	Lawson Robertson	11 A.C. Reynold	2:04.17

Event 353 Girls 200 Meter Dash NCHSAA 3A (16)

=====			
Name		Year School	Seed
=====			
1	Anyha Goode	9 Cuthbertson	25.67
2	Victoria Borum	12 Asheville	25.78
3	Mackenzie Townsend	10 Cuthbertson	25.85
4	Ta'shia Wade	11 Ashbrook	25.98
5	Dahlia Cutler	11 Cuthbertson	26.19
6	Kyla Avery	10 Freedom	26.24
7	Ashanti Cobb	10 Asheville	26.38
8	Grace Mathis	12 Charlotte Ca	26.60
9	Mariah Clement	9 T.C. Roberso	26.92
10	Allison Payton	9 Stuart W. Cr	27.03
11	Landry Mazzarell	9 Marvin Ridge	27.03
12	Raven Witherspoon	12 South Iredel	27.12
13	Phoenix Norris	11 Crest	27.14
14	Jaylyn Stevens	11 Erwin, Clyde	27.14
15	Jordyn Singletary	12 Asheville	27.27
16	Maria Alamo-Worley	12 North Buncom	27.34

Event 354 Boys 200 Meter Dash NCHSAA 3A (16)

=====			
Name		Year School	Seed
=====			
1	Bradon Black	11 Cuthbertson	21.99
2	Jake Richardson	12 South Iredel	22.34
3	Durrell Johnson	10 Stuart W. Cr	22.57
4	John Menscer	12 North Iredel	22.74
5	Trevon Robinson	10 Asheville	22.80
6	Tyler Moore	10 Enka	22.81
7	Eric Green	12 Ashbrook	22.81
8	Keevon Hines	12 Asheville	22.90
9	Ryan Manns	10 Marvin Ridge	22.93
10	Aidan McNally	9 Cuthbertson	23.04
11	Teavius Henry	12 St. Stephens	23.09

12	A'Keem Patterson	12	St. Stephens	23.14
13	Bryce Satterfield	10	Watauga	23.17
14	Bradley Stanton	12	Marvin Ridge	23.18
15	Dakari Campbell	10	Ashbrook	23.22
16	Thomas Bitcon	12	Marvin Ridge	23.22

Event 361 Girls 3200 Meter Run NCHSAA 3A (16)

=====				
Name		Year	School	Seed
=====				
1	Sarah LaTour	12	Cuthbertson	10:59.21
2	Jonna Strange	10	North Iredel	11:01.01
3	Leah Helms	9	Cuthbertson	11:23.96
4	Elyse Wood	11	Marvin Ridge	11:26.84
5	Madeline Hill	9	Cuthbertson	11:28.20
6	Sophia Ritter	10	Watauga	11:35.77
7	Kaitlyn Cole	10	Marvin Ridge	11:40.95
8	Sophia Raspanti	11	Forestview	11:45.06
9	Jordan Dalton	10	T.C. Roberso	12:26.36
10	Carmen Jarrell	11	Charlotte Ca	12:28.31
11	Madeline Duchesne	10	West Henders	12:31.57
12	Emily Bowman	11	Marvin Ridge	12:47.24
13	Angela Ramsdell	12	Watauga	12:50.10
14	Ava Rose	10	Enka	12:55.47
15	Riley Hill	10	West Henders	12:56.70
16	Chloe Widmann	10	T.C. Roberso	13:02.83

Event 362 Boys 3200 Meter Run NCHSAA 3A (16)

=====				
Name		Year	School	Seed
=====				
1	Hunter White	11	North Hender	9:39.25
2	Cooper Castellaw	11	Alexander Ce	9:40.39
3	Jayden Hefner	12	St. Stephens	9:51.62
4	Dylan Christopher	12	North Hender	9:52.90
5	Jason Blizzard	11	Marvin Ridge	9:53.27
6	Andrew Inman	12	Forestview	9:53.96
7	Gavin Mouat	12	South Iredel	9:54.08
8	Lucas Wiley	11	A.C. Reynold	9:54.13
9	Josh Lamont	12	Watauga	9:54.14
10	Avery Cannon	10	Watauga	9:56.89
11	Neil Rogers	12	A.C. Reynold	10:04.55
12	Haven Honeycutt	11	Asheville	10:05.05
13	Price St. Clair	12	Watauga	10:05.89
14	Cole Jackson	9	Marvin Ridge	10:10.10
15	Thad McNeil	11	A.C. Reynold	10:10.35
16	Dasani Hawkins	12	Forestview	10:13.90

Event 365 Girls 4x400 Meter Relay NCHSAA 3A (15)

School			Seed
1	Cuthbertson High School	'A'	3:57.24
2	T.C. Roberson	'A'	4:12.95
3	Asheville	'A'	4:13.26
4	Marvin Ridge	'A'	4:13.34
5	West Henderson	'A'	4:14.80
6	North Henderson	'A'	4:23.57
7	Watauga	'A'	4:29.11
8	A.C. Reynolds	'A'	4:30.28
9	South Iredell	'A'	4:32.13

10	Alexander Central	'A'	4:37.09
11	Hunter Huss	'A'	4:40.04
12	Enka	'A'	4:45.17
13	Stuart W. Cramer	'A'	4:45.44
14	Forestview	'A'	4:50.78
15	North Gaston	'A'	5:09.00

Event 366 Boys 4x400 Meter Relay NCHSAA 3A (16)

School			Seed
1	Cuthbertson High School	'A'	3:27.86
2	Asheville	'A'	3:28.00
3	Marvin Ridge	'A'	3:29.45
4	South Iredell	'A'	3:31.35
5	Burns	'A'	3:31.99
6	T.C. Roberson	'A'	3:34.11
7	Forestview	'A'	3:34.16
8	North Iredell	'A'	3:34.43
9	Freedom	'A'	3:34.55
10	North Buncombe	'A'	3:36.28
11	North Henderson	'A'	3:36.98
12	A.C. Reynolds	'A'	3:37.80
13	Alexander Central	'A'	3:38.93
14	West Henderson	'A'	3:40.62
15	Watauga	'A'	3:40.67
16	Hunter Huss	'A'	3:42.12