

# 2017-18 Women's Lacrosse

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# Sportsmanship...Together We Make the Right Call

- Zero tolerance regarding profanity/inappropriate language.
- **“One Voice”** – Only the Head Coach has communication with the officials.
  - **Assistant Coaches will be properly penalized and the penalty also is assessed to the Head Coach**
- Positive and effective/professional communication is expected by all parties associated with the game contest.



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# NCHSAA Information & Board Changes 2017-18



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# Important Dates

<b>Start:</b>	Monday, February 14
<b>1<sup>st</sup> Contest:</b>	Monday, February 28
<b>MaxPreps Entry Deadline:</b>	Saturday, April 28 (11:59 p.m.)
<b>Brackets Posted</b>	Monday, April 30
<b>Playoff Dates:</b>	
<b>1<sup>st</sup> Round</b>	Wednesday, May 2
<b>2<sup>nd</sup> Round</b>	Friday, May 4
<b>3<sup>rd</sup> Round</b>	Tuesday, May 8
<b>4<sup>th</sup> Round</b>	Saturday, May 11
<b>Regionals:</b>	Tuesday, May 15
<b>State Championships:</b>	Friday and Saturday, May 18-19



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# Number of Contests

- No more than three per week.
- Teams and individuals are limited to one contest a day.



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# Playoffs

- Bracket Sizes:
  - 1A/2A/3A – 24 Teams
  - 4A – 40 Teams
- Pre-determined Brackets (no seeding for 2018)
  - Will be posted in the spring



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# Amateur Rule

- Increased allowable merchandise to be received from \$20.00 to \$250.00 per sports season
- Acceptance of money or a forbidden award will cause an athlete to lose athletic eligibility for the semester in which the violation occurred, and the following semester.



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# Senior Exceptions

- Students may be allowed to wear school uniforms, including protective equipment, in outside organization competition, so long as the student has exhausted athletic eligibility in that sport and received permission from the member school.
  - Approval from the LEA is strongly recommended.
- Exception to the numbers restrictions for students who have exhausted their eligibility in that sport.
  - Dead period rules will remain.



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# Transfer Rule

- Students transferring to a member school where the student's coach has relocated to within a year will be deemed ineligible for a period of 365 days LEA to LEA
- A student's first transfer after initial entry into the 9th grade is not subject to the NCHSAA transfer rule (LEA to LEA). For any transfer thereafter, the student must sit out for 2 consecutive semesters (at least 50% of the current semester + following semester) or 365-days, whichever is less.



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# Transfer Rule

- NCHSAA Transfer Committee will be composed of the NCHSAA Executive Committee and at least one (1) non-district affiliated member.
- Modify initial entry interpretation for non-district affiliated schools (Charter and Non-Boarding Parochial) –Rule 1.2.1(a)(2): boundary criteria shall only apply after initial entry into ninth grade.
- Students who want to participate in cheerleading are not subject to the transfer policy, however all current eligibility requirements would remain applicable.



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# Residence Rule

- No Custody
  - Residency shall be deemed to be with the parent with whom the student begins the school year (i.e. 1st semester).
- Bona Fide Change: The change must not be solely made for athletics purposes.



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# Endowment Games

- The home team will remit twenty-five (25) percent of the gross revenue to the NCHSAA's endowment fund. If a member school plays an endowment game against a non-member school, the member school is responsible for remitting payment to the NCHSAA regardless of where the game is played.



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# Wet Bulb Globe Temperature

- Added language to the WBGT Index and Athletic Activity Chart in the 90 or Above category for Athletic Activity Guidelines: SUSPEND PRACTICE/MUST INCLUDE MANDATORY BREAKS AS DIRECTED BY GAMEDAY ADMINISTRATOR DURING CONTEST.



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# Facilities

- The NCHSAA has the right to require host teams to find an adequate facility based on expected game/contest attendance and/or quality of venue.



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# Coaches Education

- Annual requirements must be completed after June 1, 2017 and before the first date of practice.
- NFHS Sudden Cardiac Arrest
  - To require all non-paid coaches to complete the NFHS Sudden Cardiac Arrest Course annually and prior to the first contest.



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# Eligibility Summary Submission Dates

- Fall – September 15th
- Winter – December 15th
- Spring – April 1st



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# Skill Development/Dead Periods

- Changed in-season dead periods from 6 weeks to 3 weeks
- Added new dead period:
  - Last 10 student days of the school year
  - Effective 2017-2018



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# MaxPreps

## Official Statistics Provider

- Records and standings for post-season qualifications
  - Official record
  - Incorrect record subject to DQ from playoffs
- All games MUST be entered by:
  - Saturday, April 28<sup>th</sup> by 11:59 pm
  - Triple check your record!
- Instructions can be found on the NCHSAA website



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# Sportsmanship

The quality of responsible behavior characterized by a spirit of generosity and a genuine concern for opponents, officials and teammates.

- Wholesome athletic environment
- Good Sportsmanship > Victory
- Modest in victory, gracious in defeat
- Respecting judgment and integrity of game officials
- Role modeling good behavior



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# Ejection Policy

- Fighting
- Leaving the bench area
- Flagrant contact
- Biting
- Taunting, baiting or spitting toward an opponent or official
- Profanity
- Obscene gestures
- Disrespectfully addressing an official



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# Ejection Follow-Up

- Teaching & Modeling Behavior Course
  - Required for any coach ejected during a contest
  - Required for any coach who has player (s) ejected for fighting
- NFHS Sportsmanship Course
  - For any ejected/disqualified player
  - Free, on-line course ([nfhslearn.com](http://nfhslearn.com))
- All certificates must be sent to NCHSAA



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# Inclement/Hot Weather Guidelines

The following should be considered when scheduling practice:

- Time of day
- Intensity level of practice
- Equipment worn
- Environmental conditions
- High Temperature and high humidity create a dangerous situation for athletes. High humidity and low temperature can also cause serious heat-related problems.
- Water/fluid replacement breaks recommended each 20 or 30 minutes. (depending on practice conditions)
- Check with your AD on your LEA's and school's policy pertaining to practice on days of extreme heat.



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# Dead Periods

Summer 2017	July 3-July 19 and July 17-23
Fall 2017	July 31 through August 20
Winter 2017	Oct 30 through November 19
Spring 2018	N/A
Summer 2018	July 2-July 8 and July 16-July 22



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# Eligibility & Compliance



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# Eligibility

## Video

- Required viewing for all coaches
- Should be done with the athletic director
- Includes opportunities to discuss concussions/sudden cardiac arrests/sickle cell, etc.



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# Eligibility

## Preseason Meeting

- Required attendance by all parents
- Time to share rules, regulations, expectations, philosophy etc.
- Time to get all required signatures--pledges, Gfeller-Waller information, etc.
- Eligibility and Authorization



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# Eligibility

- Eligibility Checklist
  - Use to ensure school has done its due diligence



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# Clinic Attendance

**Head** coaches in baseball, basketball, cheerleading, football, golf, lacrosse, soccer, softball, swimming, tennis, track & field, volleyball and wrestling must attend an NCHSAA approved State Rules Clinic.

- Must be completed prior to coaching in the first contest; subject to \$400 fine, in addition to a \$500 fine if he/she actually coaches in the contest



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# Clinic Attendance

- If the head coach cannot attend the NCCA clinic or is not hired until afterwards, the requirement can also be met at one of the statewide officials' clinics, which are posted on the NCHSAA Website under clinics. Please note that several volleyball and soccer clinics for officials occur prior to the NCCA Clinic.
- **Athletic directors cannot satisfy this requirement by attending a rules' session in place of the head coach**



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# Coaches' Education

## NFHS Fundamentals of Coaching Course

- **All** coaches must satisfy the requirement prior to first contest.
- Complete prior to first contest; subject to a \$500 fine; continuing to coach without completion = another \$500.



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# Coaches' Education

## Concussion Management Certification

- The **NFHS Concussion in Sports Course** (free on-line course) or an equivalent course must be completed annually (*after June 1, 2017 and before the first date of practice*) by all coaches.
- **Prior to the first date of practice for that sport;** subsequently, the certificate of completion must be on file at the individual school; subject to \$500 fine.



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# Coaches' Education

## CPR/AED Certification

- All head and paid coaches must be CPR/AED certified
  - Effective August 1, 2017

## NFHS Sudden Cardiac Arrest Course

- All non-paid coaches are required to complete the NFHS Sudden Cardiac Arrest Course annually (*after June 1, 2017 and before the first date of practice*).
  - Effective August 1, 2017



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# Gfeller-Waller Concussion Law

## Requirements of the Law:

- Concussion signs and symptoms
  - Given prior to participation
  - Parents/athletes sign indicating “receipt of” Return to Play (RTP) form signed by a physician licensed to practice medicine
  - An up-to-date Emergency Action Plan (EAP)
    - Must be on-file
    - Must be posted
    - Must be updated annually
- **“When in doubt, sit them out”**



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# Cardiac Safety Program

All NCHSAA member schools must have a Cardiac Safety Program to include three (3) components:

- Appropriate number of AEDs on Campus
- AED maintenance program (battery checks, maintain, replacement at appropriate intervals)
- Required viewing of short AED/CPR video for all supervising adults (teachers, coaches, administrators)



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# Coaches' Education

## Accredited Interscholastic Coach (AIC)

- Requires completion of 4 courses:
  - Fundamentals of Coaching
  - 1<sup>st</sup> Aid, Health & Safety for Coaches
  - Sport Specific Course or Teaching Sports Skills
  - Concussion in Sports (Free)



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# Coaches' Education

## Certified Interscholastic Coach (CIC)

- Completion of AIC requirements
- Plus:
  - Teaching & Modeling Behavior
  - Engaging Effectively with Parents
  - Sportsmanship
  - Creating a Safe and Respectful Environment
  - Strength & Conditioning
  - 2 additional courses (User Choice)



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# Transfer Policy

- If a bona fide change of residence—no transfer waiver necessary
- Transfer packet with forms are on-line; password protected
- Work with athletic director to ensure students meet residence rule requirements



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# THANK YOU

- Get involved with student services
- Visit the NCHSAA website often

In order to receive credit for reviewing this presentation, submit this form before midnight on Tuesday, February 27, 2018.



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