



NCHSAA UNIFORM ENFORCEMENT

- Beginning 2016-17 season -- no pre-wrap is allowed as a head band. Non-abrasive and unadorned, a maximum of 2 inches, and meet the color requirements (sleeves, tights, head/wristbands).
- Beginning 2016-17 season – no shorts may be turned over with exposed strings to the outside. **NO EXCEPTIONS.**
- Administrative technical foul for all uniform/equipment violations remains in effect in North Carolina.

BEHAVIOR INITIATIVE

- Zero Tolerance (all sports) -- Automatic Technical Foul
 - Inappropriate language/profanity
 - Technical foul – loss of coaching box
 - If directed at an official – immediate ejection
 - 2-game sanction
 - Completion of NFHS “Teaching and Modeling Behavior” course before returning to coaching duties
 - Assistant coaches contesting calls
 - Indirect technical foul to Head Coach – loss of Coaching Box

BEHAVIOR INITIATIVE

- Any physical or verbal display in a negative/demonstrative manner
 - Technical foul – loss of coaching box
 - Counts as 1 of 2 towards disqualification
 - If by a player – automatic technical foul
 - Counts as 1 of 5 personal fouls and a team foul
- Any physical or verbal display in a negative/demonstrative manner by school administrator
 - Stop game and warn
 - 2nd offense – Game suspended until administrator leaves the area

POINTS OF EMPHASIS

- **1. Acknowledging and Granting Timeout criteria.** Granting a time-out is an aspect of the game allowed by rule where knowledge of ball position, player control and dead/live ball criteria can all be factors in awarding the requested timeout. Consideration has been given regarding continuing the opportunity for a head coach to call a time-out. The committee wanted to maintain the current time-out criteria. When a ball is live, player control is required. A player or the head coach of the team in possession may request and be granted a time-out. When the ball is dead, the crew must maintain its coverage areas on the court but also be aware of the opportunity for a head coach to request a time-out. This request can be oral or visual, but must be verified by the ruling official. If the request meets criteria, a time-out should be granted.

POINTS OF EMPHASIS

- **2. Technical Fouls.** This area of the rules book has been restructured to better define the different types of technical fouls.
- Administrative technical fouls include roster changes in the scorebook, more than five (5) players on the court, and violation after a team warning for delay. This results in a team foul as well as the administration of two (2) free throws and the ball at the division line for a throw-in. The head coach does not lose the opportunity to stand in the coaching box due to an administrative technical being assessed.
- A player technical foul counts as one of his/her five (5) fouls towards disqualification. This type of technical foul also counts towards the team foul total.

POINTS OF EMPHASIS

- A bench technical foul counts towards the team total. Examples of a bench technical foul are unsporting act/conduct by a non-player, grasping the basket or dunking, and leaving the bench area during a fight. The head coach loses the opportunity to stand in the coaching box during live ball situations if a bench technical foul is assessed.
- The Technical-Foul Penalty Summary chart is a good reference guide for review and use in pre-game conferences.

POINTS OF EMPHASIS

- **3. Replacing a Disqualified or Injured Player.** In the case of disqualification or removing a player for injury, a coach will have 15 seconds (Previously 20 seconds) to insert a replacement player into the game. If it is a player's disqualifying foul, the ruling official shall report the foul to the official scorer and then notify the coach that the player has been disqualified. This begins the 15-second replacement interval. If the replacement is for an injured player, as soon as the coach has tended to the injured player and is able to resume coaching duties, the ruling official shall request the timer to sound the horn to begin the 15-second replacement interval. If a replacement player has not been made available, the timer shall sound the horn at the conclusion of the 15 seconds.

POINTS OF EMPHASIS

- **4. Protecting the Free Thrower.** This continues to be an area of emphasis. The rule change last year was implemented to protect the free thrower. On release of the ball by the player attempting the free throw, the defender “boxing out” shall not cross the free-throw line into the semicircle until the ball contacts the ring. In addition, officials should be aware that contact and displacement of the free thrower is illegal and shall be enforced.

POINTS OF EMPHASIS

- **5. Post Play.** This was an area of improvement last year and continues to be an area of awareness and enforcement. A review of the criteria is as follows:
 - An opponent is displaced from a legally established or obtained position
 - An arm-bar is extended and displaces an opponent
 - A locked and/or extended elbow displaces an opponent
 - A leg or knee is used in the rear of an opponent to hold or displace
 - Holding, hooking, slapping, pinning or pushing the leg or body of an opponent
 - An offensive post player “backs-down” and displaces the defender once that defender has obtained a legal guarding position

NFHS RULES CHANGES

- **1-20 NEW:** Non-playing personnel, e.g., spirit participants, media, shall remain outside of the playing area during a 30-second or less time-out during the game.
- Non-playing personnel shall stand outside the free throw lane lines extended toward the sidelines throughout the game.
- **Rationale:** Making officials aware of the standards set for the spirit participants allows the official to manage them when they may not be in an appropriate place.

NFHS RULES CHANGES

- **2-12-5:** Sound a warning signal to begin the ~~20~~ 15 seconds (maximum) permitted for replacing a disqualified or injured player, or for a player directed to leave the game.
- **Rationale:** The amount of time presently given is too long and allows for gamesmanship to be deployed.

NFHS RULES CHANGES

- **3-5-6:** Undershirts shall be a single solid color similar to the torso of the jersey and shall be hemmed and not have frayed or ragged edges. If the undershirt has sleeves, they shall be the same length. ~~A visible manufacturer's logo/trademark/reference is not permitted on the undershirt. See 3-6 for logo requirements.~~
- **Rationale:** This would now allow all extra apparel that is worn to have one logo. Last year we simplified the color requirements to be consistent on all sleeves, tights, wristbands and headwear. This would be one more step to assist our officials in simplifying the enforcement of the uniform rules.

NFHS RULES CHANGES

- **3-5-7:** ~~Compression shorts shall be a single solid color similar to the predominant color of the uniform; the length shall be above the knee. Undergarments shall not extend below the pants/skirt. See 3-6 for logo requirements.~~
- **Rationale:** This rule is no longer needed and would simplify the enforcement of the uniform rules for our officials. Compression shorts will be added to rule 3-5-3.

NFHS RULES CHANGES

- **-1-3h NEW:** Players occupying marked free-throw lane line spaces may not enter the free-throw semicircle until the ball touches the ring or until the free throw ends.
- **Rationale:** The addition of this information makes the rule complete and easy to understand.

COMMENTS ON THE RULES CHANGES

- **NEW SECTION (1-20):** Clarifies the location of non-playing personnel along the end line. The addition of this new section makes it clear that non-playing personnel shall not be located within the area of the free throw lane lines extended. Non-playing personnel shall be located outside the free throw lane lines extended.
- **REPLACING DISQUALIFIED OR INJURED PLAYER, OR FOR A PLAYER DIRECTED TO LEAVE THE GAME (2.12.5):** This rule changes the time allowed for replacing a player who has been disqualified, injured or directed to leave the game from 20-seconds to 15 seconds.
- **UNDERSHIRTS (3.5.6):** This rule change now allows for undershirts to have a logo. The change now allows ALL extra apparel that is worn to have one logo (3.6).
- **RULE ARTICLE DELETED (3.5.7):** Article 7 of Rule 3 Section 5 has been deleted. It is no longer needed and will simplify the enforcement of rules regarding team member's apparel for officials and coaches.



Board Approved Items

- + Skill Development/Dead Periods
 - Dead Periods lengthened
 - Fall: August 1 - September 15
 - Winter: October 31 - December 15
 - Spring: February 13 - April 1
 - Also during football skill development
- + Unlimited numbers during skill development
 - Max of 1.5 hours a day
- + Playoff Berths/Qualifications/Seeding
 - 1 year pilot for all sports

Seeding

- + Automatic qualifiers
 - 1st place in a straight conference
 - 1st place in each classification of a split conference
- + At-large qualifiers
 - Best 22-game winning percentage of all non-automatic qualifiers

Seeding

- + Once the 64 team have been determined
 - Divide into 4 groups of 16 based upon the longitude of the school
 - East, Mideast, Midwest, West
- + Seeding
 - Seed all conference champions by 22-game record
 - Then, seed all at-large teams by 22-game record
- + 1 East vs 16 Mideast, 1 West vs 16 Midwest, etc...

Board Approved Items

- ✧ Pre-participation physicals required once every 395 days
- ✧ Require game officials to obtain and record the name of the game day administrator in charge of the event.
 - ✧ If no administrator is available, the Head Coach will be designated as the game day administrator.
 - ✧ Game day administrator will assign staff to monitor thunder/lightning

Board Approved Items

- ✧ Fines for non-compliance maxed at \$2,500.
 - If a school/personnel has been non-compliant earlier in the academic year, the fine(s) are not reduced.
- ✧ \$500 penalty for practicing a student not currently enrolled at school.
- ✧ Sports Wagering Position Statement

Basketball: Important Dates



First Practice:	October 31 st
First Contest:	November 14 th
Seeding:	February 18 th
1 st , 2 nd , 3 rd Rounds:	February 21 st , 23 rd , 25 th
4 th Round:	February 28 th
Regional:	March 4 th
State Championship:	March 11 th
<i>UNC-Chapel Hill, NC State University</i>	

Basketball: 4th Round

- ✦ Will continue to be held at the home of the higher seed with a few caveats:
 - NCHSAA will work with NCBCA to establish a fair, minimum seating capacity (posted prior to beginning of the season)
 - Schools meeting the minimum seating capacity will host, unless overwhelming demand necessitates a change in venue (minimum of 1/3 of available tickets must be made available to visiting team)
 - Schools failing to meet the minimum seating capacity will need to find a suitable venue to host the contest (NCHSAA will help find a replacement if necessary)

Basketball: Regionals

- ★ Regional finals will continue to be hosted at neutral venues
 - East – TBD
 - West (Tentative) – Lawrence Joel Coliseum, Winston-Salem, UNC-Greensboro

Sportsmanship

The quality of responsible behavior characterized by a spirit of generosity and a genuine concern for opponents, officials and teammates.

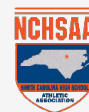
- Wholesome athletic environment
- Good Sportsmanship > Victory
- Modest in victory, gracious in defeat
- Respecting judgment and integrity of game officials
- Role modeling good behavior

Ejection Policy

- + Fighting
- + Leaving the bench area
- + Flagrant contact
- + Biting
- + Taunting, baiting or spitting toward an opponent or official
- + Profanity
- + Obscene gestures
- + Disrespectfully addressing an official



Eligibility &
Compliance



Eligibility

PowerPoint

- + Required viewing for all coaches
- + Should be done with the athletic director
- + Includes opportunities to discuss concussions/sudden cardiac arrests/sickle cell, etc.

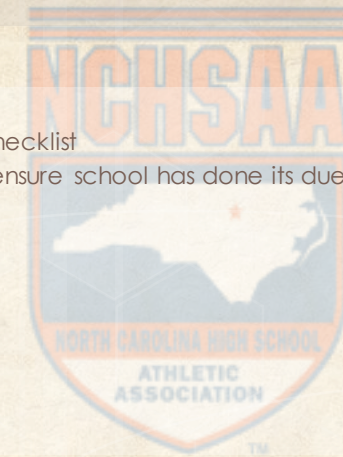
Eligibility

Preseason Meeting

- + Required attendance by all parents
- + Time to share rules, regulations, expectations, philosophy etc.
- + Time to get all required signatures--pledges, Gfeller-Waller information, etc.
- + Eligibility and Authorization

Eligibility

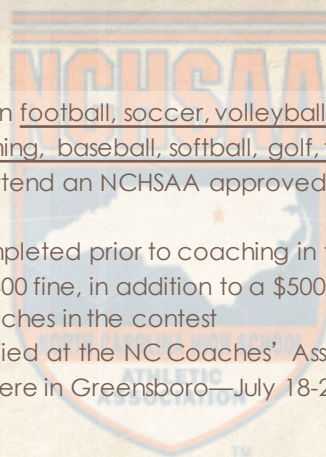
- ✦ Eligibility Checklist
 - Use to ensure school has done its due diligence



Clinic Attendance

Head coaches in football, soccer, volleyball, basketball, wrestling, swimming, baseball, softball, golf, track & field and lacrosse must attend an NCHSAA approved State Rules Clinic.

- ✦ Must be completed prior to coaching in the first contest; subject to \$400 fine, in addition to a \$500 fine if he/she actually coaches in the contest
- ✦ Can be satisfied at the NC Coaches' Association Clinic being held here in Greensboro—July 18-21



Clinic Attendance

- + If the head coach cannot attend the NCCA clinic or is not hired until afterwards, the requirement can also be met at one of the statewide officials' clinics, which are posted on the NCHSAA Website under clinics. Please note that several volleyball and soccer clinics for officials occur prior to the NCCA Clinic.
- + **Athletic directors cannot satisfy this requirement by attending a rules' session in place of the head coach**

Coaches' Education

NFHS Fundamentals of Coaching Course

- + **All** coaches must have satisfied the requirement prior to first contest.
- + Complete prior to first contest; subject to a \$500 fine; continuing to coach without completion = another \$500

Coaches' Education

Concussion Management Certification

- + The **NFHS Concussion Course** (free on-line course) or an equivalent course must be completed annually by all coaches
- + **Prior to the first date of practice for that sport;** subsequently, the certificate of completion must be on file at the individual school; subject to \$500 fine

Gfeller-Waller Concussion Law

Requirements of the Law:

- + Concussion signs and symptoms
 - Given prior to participation
 - Parents/athletes sign indicating "receipt of" Return to Play (RTP) form signed by a physician licensed to practice medicine
 - An up-to-date Emergency Action Plan (EAP)
 - Must be on-file
 - Must be posted
 - Must be updated annually
- + **"When in doubt, sit them out"**

Cardiac Safety Program

All NCHSAA member schools must have a Cardiac Safety Program to include three (3) components:

- + Appropriate number of AEDs on Campus
- + AED maintenance program (battery checks, maintain, replacement at appropriate intervals)
- + Required viewing of short AED/CPR video for all supervising adults (teachers, coaches, administrators)

Safety Policy

Effective Aug 1, 2017

That all head and paid coaches must be CPR/AED certified.

Coaches' Education

Accredited Interscholastic Coach (AIC)

- ✦ Requires completion of 4 courses:
 - Fundamentals of Coaching
 - 1st Aid, Health & Safety for Coaches
 - Sport Specific Course or Teaching Sports Skills
 - Concussion in Sports (Free)

Coaches' Education

Certified Interscholastic Coach (CIC)

- ✦ Completion of AIC requirements
- ✦ Plus:
 - Teaching & Modeling Behavior
 - Engaging Effectively with Parents
 - Sportsmanship
 - Creating a Safe and Respectful Environment
 - Strength & Conditioning
 - 2 additional courses (User Choice)

Sportsmanship

- + Teaching & Modeling Behavior Course
 - Required for any coach ejected during a contest
 - Required for any coach who has player (s) ejected for fighting
- + NFHS Sportsmanship Course
 - For any ejected/disqualified player
 - Free, on-line course (nfhslearn.com)
- + All certificates must be sent to NCHSAA

Transfer Policy

- + If a bona fide change of residence—no transfer waiver necessary
- + Transfer packet with forms are on-line; password protected
- + Work with athletic director to ensure students meet residence rule requirements

THANK YOU

- + Get involved with student services
- + Visit the NCHSAA website often
- + Pick-up your card as you leave today
 - Enter your code into the computer immediately to get credit for attendance
 - Deadline for entry is August 15, 2016
 - Avoid \$400 fine for your school

