

2016 **4A** NCHSAA INDOOR TRACK & FIELD STATE CHAMPIONSHIP MEET SCHEDULE FEBRUARY 13, 2016 SATURDAY AFTERNOON

2:30 Facility opens for Coaches and athletes
2:30 Packets available for Coaches
2:40-3:00 Pole Vaulters (Men & Women) weigh in
3:00-3:55 Pole Vaulters (Men & Women) warm-up
3:00 Meeting for Officials
3:15 Meeting for Coaches

4:00 **FIELD EVENTS BEGIN**

Men's Pole Vault
Women's Pole Vault
Women's High Jump followed by Men's High Jump
Women's Long Jump followed by Women's Triple Jump
Men's Long Jump followed by [Men's Above the Knee Amputee Long Jump](#)
Men's Triple Jump follows [Men's Above the Knee Amputee Long Jump](#)
[Men's Wheelchair Shot Put](#) followed by [Women's Wheelchair Shot Put](#)
Men's Shot Put follows [Women's Wheelchair Shot Put](#)
Women's Shot Put follows Men's Shot Put

4:00 **RUNNING EVENTS:**

3200 Meter Relay Finals (Women Followed By Men)
[55 Meter Hurdles Semi-Finals \(Women Followed By Men\)](#)
[55 Meter Dash Semi-Finals \(Women Followed By Men\)](#)
[55 Meter Dash Wheelchair \(Women Followed By Men\)](#)
55 Meter Hurdles Finals (Women Followed By Men)
[55 Meter Dash Above the Knee Amputee Finals \(Women Followed By Men\)](#)
55 Meter Dash Finals (Women Followed By Men)
800 Meter Relay Finals (Women Followed By Men)
1600 Meter Run Finals (Women Followed By Men)
500 Meter Run Finals (Women Followed By Men)
1000 Meter Run Finals (Women Followed By Men)
[300 Meter Dash Above the Knee Amputee Finals \(Women Followed By Men\)](#)
300 Meter Dash Finals (Women Followed By Men)
3200 Meter Run Finals (Women Followed By Men)
1600 Meter Relay Finals (Women Followed By Men)