



NORTH CAROLINA HIGH SCHOOL ATHLETIC ASSOCIATION

# BULLETIN

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Fall 2010

## Pender County Superintendent Sholar To Serve Again As NCHSAA President For 2010-11 Academic Year



CHAPEL HILL—Allison Sholar, superintendent of the Pender County schools, will once again serve as president of the North Carolina High School Board of Directors for the 2010-11 academic year.

Brooks Matthews, principal of Triton High School, will continue in his role as vice-president after assuming that responsibility in the middle of last year due to the resignation from the board of Daryl Barnes, who retired.

Born in Asheboro and a 1983 graduate of Elon College, Allison taught high school English for five years

before moving into administration. At the high school level she has been a principal at Manteo, Currituck and First Flight High Schools and was named Principal of the Year in both Currituck County and Dare County.

She has been a member of the NCHSAA Board since 2005.

New Board members were recommended by the NCHSAA's

Nominating Committee, based on the requirements of the Association's constitution and by-laws. The member schools at eight regional meetings select nominees for consideration across the state, then from among those nominees individuals are selected by the Nominating Committee to fill the available slots. They are approved by the membership at the Annual Meeting.

The new Board members nominated were either filling vacancies produced by members going off the Board due to completion of their terms or those who are off due to retirement or leaving public school work. They include Maurice Green, superintendent of Guilford County (Region 5, representing 4-A) and Leon Mack, director of student activities/athletic director for Cumberland County (Region 4, representing 3-A). Re-nominated to a full term was Shelly Marsh, deputy superintendent of Johnston County Schools. David Ball of Asheville's Clyde Erwin High School will be taking over the ex-officio position for the North Carolina Athletic Directors Association.

"These individuals will continue to provide outstanding leadership," said NCHSAA commissioner Davis Whitfield. "We look forward to Allison Sholar continuing to serve as president. She has been a valuable member of the Board and guided us in 2009-10 through a year of historic change with exceptional skill.

"We are also excited about those who will be joining the Board of Directors, which should help us to maintain an outstanding Board to serve our membership." ★

### INSIDE THIS BULLETIN

- Final Wachovia Cup Standings
- Heart of a Champion Awards
- Scholar-Athlete Winners
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**And much more!**

## NCHSAA Athletes Honored By Gatorade As State Players Of Year In Various Spring Sports

CHICAGO—In its 25th year of honoring the nation's best high school athletes, The Gatorade Company, in collaboration with ESPN RISE, has announced several Gatorade North Carolina Players of the Year in several different spring sports.

Matt Roberts of Graham High School earned the 2009-10 Gatorade North Carolina Baseball Player of the Year honor, while Chelsea Wilkinson of Alexander Central earned the softball award. Isaac Presson of Asheville is the men's outdoor track and field winner and

Sanura Eley O'Reilly of Jack Britt High School is the 2009-10 Gatorade North Carolina Girls Track & Field Athlete of the Year

The award, which recognizes not only outstanding athletic excellence, but also high standards of academic achievement and exemplary character demonstrated on and off the field, distinguishes athletes as the state's top players in their respective sports and is part of a national program.

*Continued on page 2*

Here is additional information from the Gatorade Player of the Year press releases:

#### **MATT ROBERTS, GRAHAM**

The 6-foot-1, 200-pound senior catcher batted .500 with 56 RBI, 34 runs scored, 20 intentional walks, 13 doubles and 11 home runs this season, leading the Red Devils to the Class 2-A state championship series. A Rawlings/Perfect Game Preseason Second Team All-America honoree, Roberts was a returning Class 2A First Team All-State selection and the 2009 Mid-State Conference Player of the Year, as he batted .409 with 22 RBI, 22 runs scored and eight home runs as a junior.

Roberts has maintained a 3.56 weighted GPA in the classroom. In addition to donating his time as a mentor to local elementary school students, he has volunteered on behalf of the Special Olympics and the Meals on Wheels Association of America.

#### **CHELSEA WILKINSON, ALEXANDER CENTRAL**

The 5-foot-10 sophomore right-handed pitcher posted a 27-2 record with a 0.37 ERA and 349 strikeouts in 172 innings this past season, leading the Cougars (27-2) to the third

round of the Class 4-A playoffs. A National Fastpitch Coaches Association Second Team All-America selection, Wilkinson also batted .333 with 27 RBI. She was the Class 4A Pitcher of the Year in 2009, when she led the Cougars to a state championship.

Wilkinson has maintained a weighted 3.99 GPA in the classroom. Also a talented musician, she has volunteered locally on behalf of Christmas toy drives for needy children. Wilkinson will begin her junior year of high school this fall.

#### **ISAAC PRESSON, ASHEVILLE**

The 6-foot-2 senior won the 800-meter run in 1:52.07, the 1,600-meter run in 4:15.99 and took second in the 3,200-meter run at this spring's NCHSAA 3-A state championship meet, leading the Cougars to first place as a team. Presson also anchored the second-place 4x800-meter relay and was named MVP of the meet. He finished second in the mile at the Penn Relays, fourth in the Jim Ryun Dream Mile and led Asheville to the state indoor track and field title as well.

Presson has maintained a weighted 4.38 GPA in the classroom. He has volunteered locally on behalf of the Special Olympics and youth track programs.

#### **SANURA ELEY O'REILLY, JACK BRITT**

The 5-foot-7 senior won the 400-meter run at the NCHSAA 4-A state championship meet this spring, setting a state-meet record of 53.43 seconds, the second-fastest time in North Carolina history. O'Reilly's 400 clocking was the No. 8 clocking in the nation at the time of her selection. She also anchored the Buccaneers' 4x400-meter relay team, which earned silver at the state meet in 3:50.44, the second-fastest time in state history.

O'Reilly has maintained a weighted 3.50 GPA in the classroom. She has volunteered locally on behalf of youth sports programs.

The Gatorade Player of the Year program annually recognizes one winner in the District of Columbia and each of the 50 states that sanction high school football, girls volleyball, boys and girls cross country, boys and girls basketball, boys and girls soccer, baseball, softball, and boys and girls track & field, and awards one National Player of the Year in each sport. The selection process is administered by ESPN RISE and the Gatorade high school sports leadership team, which work with top sport-specific experts and a media advisory board of accomplished, veteran prep sports journalists to determine the state winners in each sport. ★

## **Coaches Named For East-West All-Star Games In Greensboro By North Carolina Athletic Association**

GREENSBORO—The North Carolina Coaches Association has announced its coaching staffs in several different for the East-West all-star games for next summer.

The games are scheduled July 18-20, 2011 in Greensboro.

In football, the head coach of the West squad will be Joe Pinyan, head coach at Salisbury. Joining him on the staff are Tom Harper of Alexander Central, Mike Cheek of R-S Central, Todd Hagler of A.L. Brown, Chuck Henderson of Asheboro and Adrian Snow of West Forsyth.

The East head coach is Paul Hoggard, the head coach at Richmond County. His assistants will be Bob Eason of Jacksonville Northside, Thurman Leach of Garner, Tom Nelson of North Johnston, Terry Perry of Plymouth and Randy Pinkowski of Charles B. Aycock.

In men's basketball, Dave Price of Greensboro Dudley will be the head coach, assisted by Scott Brewer of Concord. Steve Robinson of Wallace-Rose Hill will lead the East team, assisted by Rick Ruffin of Northern Nash.

Debra Pegram of Wilson Beddingfield will be the head coach of

the East all-stars in women's basketball, with Chris East of Raleigh Millbrook the assistant coach. The West staff has not yet been named as of this publication's date.

In men's soccer, Lennox Charles, Polk County will lead the West while Wake Forest-Rolesville's Jeremiah Mattingly will coach the East. Mike Sloan of Wilkes Central will guide the West in women's soccer with Jorg Wagner of Eastern Wayne coaching the East.

The staff for the North Carolina squads was also announced for the North Carolina-South Carolina All-Star Basketball games scheduled for March 19 at Socastee, S.C.

Fred Lynch of Wilmington Laney will be the head coach of the North Carolina men's team with Ken Howell of East Gaston assisting. Pam Adams of Northern Durham is the head coach of the North Carolina women's squad and Woody Wall of Rockingham County will serve as assistant coach. ★

*The National High School Sports Record Book* can be purchased from the National Federation of State High School Associations.

A number of North Carolinians are among the national record holders. More information is available at (317) 972-6900.

# Wake County's Guthrie Earns Prestigious Award



Bobby Guthrie of the Wake County schools has received a significant national honor.

Guthrie, who is Wake County's Senior Administrator for Athletics/Driver Education, has been named the 2010 Coach Educator of the Year by the National Federation of State High School Associations.

Guthrie is a member of the North Carolina High School Athletic Association Board of Directors and has also assisted at a number of NCHSAA state championships.

Tim Flannery, NFHS assistant director, stated "Bobby is most deserving of the award for the work he has done in North Carolina, for representing the NIAAA on the committee and chairing the Ad Hoc Committee recently created. Within a few short years he has

demonstrated a leadership style that draws people to the importance of professional development and training."

Guthrie was one of the first athletic directors in the nation to promote the NFHS coach education program. He has taught the fundamentals of coaching course to large numbers of coaches in the state.

North Carolina has 3590 coaches that have taken the NFHS Fundamentals of Coaching Class, and 104 have taken the First Aid Class. The coaches that have taken both classes are one online class away from being a Level 1 Accredited Interscholastic Coach. The coaches who have taken the NFHS Fundamentals of Coaching Class are two online classes away from being a Level 1 Accredited Interscholastic Coach.

North Carolina ranks sixth among the nation's state associations for coaches who have completed Federation coaching courses, even though the courses are not mandatory in North Carolina and are mandatory in several other states.

"The number of coaches in North Carolina that have taken this training is a tribute to Bobby," said Davis Whitfield, the NCHSAA commissioner. "He has seen the value of educating coaches. He not only has a passion for our young people, but he also has a passion for coaches. He was a coach, and when he tells coaches that this is something important, they listen." ★

## Ragsdale Names Gymnasium In Honor Of Mike Raybon

JAMESTOWN—Ragsdale High School has formally named its gymnasium for a North Carolina High School Athletic Association Hall of Famer.

The school named the gymnasium in honor of Mike Raybon at ceremonies prior to a Ragsdale football game in early September.

Raybon was inducted into the NCHSAA Hall of Fame in 2005. He was a long-time athletic director at Ragsdale and was a great wrestling coach as well.

From 1965 to '84, he was the head wrestling coach at Ragsdale, where he started the program. He posted a 216-45-2 mark in that sport, including seven unbeaten seasons, 14 conference championships and three state championships. He served as assistant principal at Ragsdale for a couple of years and then eight years at Southwest Guilford before returning to Ragsdale in '95 as athletic director.

He has won numerous Coach of the Year awards at the conference and state level and for years either directed or served as consultant for the NCHSAA state wrestling championships, helping turn it into a signature event. He has also served as commissioner for several high school athletic conferences and for over 30 years was an outstanding wrestling official. ★

## West Rolls Past East 22-7 In All-Star Football Contest

GREENSBORO—The West put together a strong performance and rolled past their counterparts from the East 22-7 in the 62nd annual North Carolina Coaches Association all-star football game at Jamieson Stadium.

The West dominated the football, with 30:10 in time of possession to 17:50 for the East. The East was also held to six first downs and 135 yards in total offense.

Josh Dula of Hibriten opened the scoring with the first big play of the game, a scintillating 73-yard punt return in the opening quarter for a 6-0 lead. The West took advantage of an East turnover late in the first half that resulted in a 41-yard field goal by Hickory's Patrick Smith for a 9-0 advantage.

Eastern Guilford's Josh Morehead, who was the game's defensive Most Valuable Player, recovered a fumble that set up a four-yard TD burst by Kurt Odom of Robbinsville. Morehead also had an interception in the game.

Gastonia Forestview's Kevin Jeter tallied on a nine-yard run to push the margin to 22-0 with 7:02 left to play.

The East's lone score was a 10-yard run by Adrian Scott of Northside (Onslow), with Warren Harvey of Greenville Rose

booting the point after.

Banks Jenkins of Myers Park, a 6-5, 200-pounder, caught four passes for 86 yards for the West and was selected as the game's offensive MVP. He grabbed a 56-yard pass from Hendersonville QB Ben Walgenbach in the first quarter.

Walgenbach completed eight of 20 passes for 140 yards. Kurt Odom of Robbinsville led all rushers with 43 yards in 14 carries for the West.

Kimani Jones of Fayetteville Westover was the top tackler for the East with nine total stops, while Reidsville's Steve Williams paced the West with 10 tackles, including five solos.

The win snapped a three-year losing streak by the West in the series.

James Ruark was head coach of the victorious West team, assisted by Jeff Bailey of West Henderson, Deangelo Bell of Parkland, Charlie Metcalf of Asheville, Chris Rust of Hopewell and John Worley of Hickory.

Walt Davis of South Central headed up the East coaching staff, assisted by Bobby Curlings of New Bern, Bill Dockery of South View, Randy Murphy of West Craven, Freddie "Sport" Sawyer of Washington and Russell Weinstein of Roanoke Rapids. ★



# Sportsmanship Recognition For NCHSAA Student-Athletes As “Heart Of A Champion” Winners Honored

CHAPEL HILL—A total of 28 student-athletes from North Carolina High School Athletic Association member schools will be honored for their outstanding sportsmanship as winners of “Heart of a Champion” recognition.

The sportsmanship recognition is part of the program offered by the NCHSAA Student Services Division and is sponsored by the North Carolina Farm Bureau Mutual Insurance Company. Mark Dreibelbis, NCHSAA assistant commissioner, and assistant director for student services Chiquana Dancy administer the program.

Each of the NCHSAA member schools had the opportunity to nominate one male and one female student-athlete for the recognition. The students must have participated in at least one varsity sport, including cheerleading, during the 2009-10 school year, have not been ejected from any contest, and must have demonstrated outstanding citizenship and sportsmanship during their high school careers. The students filled out an application questionnaire and then a school official, such as the principal or athletic director, also provided an evaluation.

The students were honored at a luncheon in June at the Radisson Governors’ Inn in the Research Triangle Park.

“We are proud to recognize this select group of student-athletes for the manner in which they compete and their attitudes toward their competitors,” said NCHSAA commissioner Davis Whitfield. “Sportsmanship is about respecting your opponents and these individuals exemplify these qualities.”

## North Carolina Farm Bureau Heart of a Champion 2010 Honorees

Student Athlete	School	Nominator
David Anderson	Butler	Janet Prevatte
Adam Aycock	Warren County	Patrick Draffin
Amanda Aycock	Warren County	Folami Alston
Kayla Barnett	West Rowan	Todd Bell
Dail Berry	Mattamuskeet	Lisa Spencer
Brittany Brew	E.A. Laney	Edmund McCaffray
Zachary Caldwell	West Stanly	Wendy Tucker
Coree Coley	Forest Hills	Lacy Hart, Eddie Rivers, Warren Taylor
Jaalen Corpening	McDowell	Brian Franklin
Chelsea Dyson	West Iredell	Mark Weycker
Jamilia Foster	Reidsville	Lamont Dixon
Beth Frazier	Ayden-Grifton	Irene Cannon
Inkira Gibbs	Mattamuskeet	Lisa Spencer
Taylor Gwaltney	David Butler	Janet Prevatte
AJ Hopke	Alexander Central	Tom Harper
Emily Huneycutt	West Stanly	Wendy Tucker
William Keys	Ayden-Grifton	Irene Cannon
Drew Kocot	Clyde A. Erwin	David Ball
Leslie Long	Forbush	Rachel McCollum
Sarah Maloy	Clyde A. Erwin	David Ball
Eli Miller	McDowell	Jennifer Brooks
Timothy Pangburn	West Rowan	Todd Bell
Trey Pennington	Albemarle	Joanne Hesley
Philip Price	Sanderson	Robert Catapano
Bryson Shepherd	West Iredell	Mark Weycker
Garrett Smith	South Stanly	Elizabeth Nichols
William Welch, IV	Reidsville	Lamont Dixon
Jordan Wilkins	North Stokes	Jessica Byerly

# East, West Split NCCA Basketball All-Star Games At Greensboro Coliseum

GREENSBORO—The East and the West each came up with a victory in the North Carolina Coaches Association basketball all-star games at the Greensboro Coliseum.

The West women opened the doubleheader with a 62-55 victory and then the East rallied to slip past the West 99-98 in the men’s contest.

Gastonia Forestview’s Shannon Smith, who has signed with the University of North Carolina, scored 15 points and handed out five assists to lead the West to victory and earn Most Valuable Player honors.

The East trailed by 15 in the first half and then battled back to knot the score at 53-all with 4:31 to go but could never take the lead.

Katie Paschal of Williamston led the East with 10 points and Quinyotta Pettaway of Perquimans added nine and pulled down 10 rebounds.

For the West, Chelsea Connelly of Morganton Freedom scored 11 and Kelsey Harris of Forestview contributed 10. Southwest Guilford’s Cheyenne Parker pulled down a game-high 13 rebounds.

The East head coach was Danielle Blackburn of Raleigh Wakefield, assisted by Patty Evers of East Bladen. Jeff Stutts of Jordan-Matthews was the West head coach and Darlene Joyner of Northwest Guilford the assistant.

Another UNC signee, Reggie Bullock of Kinston, was the Most Valuable Player in the men’s game as he led the East comeback, knocking in 20 points and grabbing 10 rebounds.

The West had led 56-44 at the half.

Tashawn Mabry of Rocky Mount, who scored 17 points, hit a foul shot to break a 98-all tie with 3.6 seconds to go to provide the margin

of victory. Aaron Toomey of Bishop McGuinness had nailed a three-pointer for the West to tie it at 98 with 24 seconds to go.

Corey Hensley of Enka led all scorers as he had 22 points for the West, 16 before halftime. Huntersville Hopewell teammates De’Mon Brooks and Jordan Downing each scored 13 points.

Preston Ross of Fayetteville Seventy-First added 19 points for the East.

Michael Gainey of Rocky Mount served as the East head coach with Tony Marshburn of Northside (Onslow) assisting. Ron Bray of Gastonia Hunter Huss was the head coach of the West team, assisted by Marvin Ridge’s Gosnell White. ★



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The NCHSAA is pleased to bring you an expanded *Bulletin*,  
with more news and information for the membership.

# Spring Scholar-Athlete Winners Named By NCHSAA

CHAPEL HILL—Almost 10,000 individual awards were earned by students in the spring semester for achievements in the classroom as well as on the playing court or athletic field.

The North Carolina High School Athletic Association made the awards in its Scholar-Athlete program, which includes recognition of varsity teams that attain certain grades as well as individual athletes.

A total of 5,296 student-athletes earned the individual Scholar-Athlete award.

Individual Scholar-Athletes attained at least a 3.5 grade point average for the semester in which he or she competed. The award is based on first semester grades for fall and winter sports and second semester grades for spring sports, and the school submits the nomination form verifying the grade point average on behalf of the athlete or team.

In the team division, a varsity team earns Scholar-Athlete recognition by attaining a 3.1 aggregate GPA for that designated semester. The school receives a certificate from the Association honoring the accomplishment and each member of the squad will also receive a certificate. A total of 4,602 individual awards were given in this category, and 320 varsity teams captured team honors.

A minimum of five individuals is necessary to constitute a team, and all team members must be included in figuring the team GPA. The team achieving the highest grade point average in the state in its particular sport and submitting its application by the appropriate deadline receives a plaque commemorating that achievement.

Ashe County captured two team awards at the state level.

"We are extremely proud of the achievements of these outstanding student-athletes," said Davis Whitfield, NCHSAA commissioner. "Our Scholar-Athlete program demonstrates that we have a tremendous number of athletes who are participating in athletics and succeeding in the classroom."

The Scholar-Athlete program recognized over 20,000 individuals during the course of the 2009-10 academic year. This recognition has been a part of the NCHSAA program for over 20 years.

## NCHSAA SCHOLAR-ATHLETE TEAM AWARD WINNERS

### NCHSAA Spring Sports 2010

SPORT	SCHOOL	GPA
Softball	Ashe County	3.886
Baseball	North Lincoln	3.597
Men's Tennis	South Point	3.830
Women's Soccer	Tuscola	3.734
Men's Track	N.C. Science and Math	3.511
Women's Track	Ashe County	3.713
Men's Golf	Highland Tech	3.640
W. Lacrosse	Mount Tabor	3.599
Men's Lacrosse	Lake Norman	3.370



## NORTH CAROLINIANS WORK ON NFHS SERVICE PROJECT

Members of the North Carolina High School Athletic Association staff, along with spouses and family members who were in attendance in San Diego for the National Federation of State High School Associations (NFHS) annual summer meeting, participated in a community service project while at the meeting. The group helped pick up litter on the beach at Coronado Island and in surrounding neighborhoods in conjunction with several San Diego-area organizations. North Carolina had the largest contingent of any state participating in the service project.

**RECORD BREAKERS?** Don't forget, if you have any potential state or national listings for the record book, there is a form on line to send that information for consideration. Help us to make our state and national books as inclusive and complete as possible. Any questions call Rick Strunk at (919) 240-7367. And don't forget to check the latest version of the state record book on line!

# In Memorium

This is information of which the NCHSAA has been made aware since the publication of the last *Bulletin*. We appreciate all those who share information with us for the benefit of our membership.

## TOMMY OWEN

FAYETTEVILLE—Tommy Owen, a long-time high school football coach, died at the age of 78 at the end of June.

He coached at Pine Forest High School in the 1960's and early '70's and had also coached at Fairmont and Roseboro-Salemburg. He was also recognized as an outstanding social studies teacher.

## DAVE HARRIS

CHARLOTTE—One of the legends of North Carolina high school athletics has passed in mid-July.

Dave Harris of Charlotte died after a period of declining health, just a few days short of his 86th birthday. The memorial service was held at First Baptist Church in Charlotte.

A graduate of Statesville High School and then of Wake Forest University in 1946, where he played in the first Gator Bowl, Harris is one of only three members of the NCHSAA Hall of Fame's charter class in 1987.

An outstanding coach and athletic director, he coached at Thomasboro High School for one year after earning his masters' degree at Appalachian State, and then embarked on a highly successful 20-year career as head football coach and athletic director at Harding High in Charlotte. Then from 1967 until 1990 he served as the athletic director for the Charlotte-Mecklenburg school system, where he was considered one of the state's best athletic directors. The NCHSAA award for Athletic Director of the Year is named in his honor.

Harris coached in the North Carolina Coaches' Association East-

West all-star football game and also served as head coach of the North Carolina Shrine Bowl team in 1956. For many years he also served the Shrine Bowl of the Carolinas as its athletic director.

A past president of both the North Carolina Coaches Association and the North Carolina Athletic Directors Association, Harris was the NCADA Athletic Director of the Year in 1977. He was a member of the NCHSAA Board of Directors from 1977 to '81.

Harris was selected as a member of the charter class of the North Carolina Athletic Directors Association Hall of Fame and is in the Wake Forest University Hall of Fame, the North Carolina Sports Hall of Fame, and the NCADA Hall of Fame.

The family has indicated that contributions to the NCHSAA Endowment may be made in memory of Dave Harris.

## BILL BASS

HICKORY—William Norwood "Bill" Bass Jr., a long-time public address announcer at both the high school and collegiate levels, died in August at the age of 79.

Bass was known as the voice of both Hickory High School athletics as well as Lenoir-Rhyne University. He also did the public address announcing for Hickory Post 48 baseball.

Amazingly, Bass was the public address announcer at Hickory football home games from 1952 through 2008 and never missed a game. The press box at Frank Barger Stadium at Hickory High School was named in honor of Bass in 1999. ★

## North Carolina Teams Split Pair In Clash of the Carolinas

DANIEL ISLAND, SC—North Carolina high school all-star soccer teams split a pair of games in the Clash of the Carolinas IV at Blackbaud Stadium.

In the women's game, North Carolina scored a 3-1 victory while the North Carolina men dropped a 3-2 decision.

Ashley Aragona of Waxhaw Marvin Ridge was the Most Valuable Player in the women's game and scored the first goal for the winners. Taylor Boone of East Chapel Hill had a goal and an assists and Lexi Miller of Raleigh Broughton scored a goal.

North Carolina dominated the action with 16 shots to just two for South Carolina.

Mark Kadlecik of East Chapel Hill and Chad Lorentz of East Forsyth coached the North Carolina women's team.

The victory gave North Carolina a 2-1-1 edge in the series.

North Carolina got goals from Jeremy Dennis of Charlotte Vance and Edgar Herrera of South Johnston in the men's game. Durham Jordan's Sonny Mukungu was selected as the MVP for the North Carolina.

It was the first victory for either side in the men's series after three consecutive ties.

The game was played at Blackbaud Stadium, a privately funded, 5,100-seat soccer only stadium that is the home of the Charleston Battery professional franchise. The contests are sponsored by the state's respective soccer coaches associations. ★

## Cary High School Gym Named In Honor Of Charlie Adams

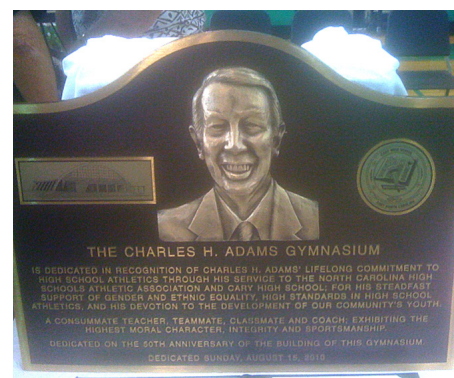
CARY — The gymnasium at Cary High School has officially been named in honor of Charlie Adams.

Adams, who served the North Carolina High School Athletic Association for 42 years, including 25 as executive director, was honored at a special ceremony in mid-August at the Cary High School gymnasium.

Adams is a native of Cary who was an outstanding athlete at Cary High School and later coached there before beginning his career with the NCHSAA. He is a member of several Halls of Fame, including the NCHSAA Hall of Fame and the National High School Sports Hall of Fame.

The Wake County Board of Education had previously approved the naming of the gymnasium in his honor.

A number of his former players as well as other supporters were on hand for the event. ★





## “Concussion in Sports” Course Free To Coaches, Parents, Players

INDIANAPOLIS, IN—With high school sports underway for this academic year, coaches, parents, players and officials are encouraged to complete the Concussion in Sports—What You Need to Know online course offered free of charge by the National Federation of State High School Associations (NFHS). To date, more than 47,000 persons have registered and completed the NFHS Coach Education course available at [www.nfhslearn.com](http://www.nfhslearn.com).

The North Carolina High School Athletic Association has actively promoted the NFHS Coach Education offerings.

Concussion in Sports provides a guide to understanding, recognizing and properly managing concussions in high school sports. The Centers for Disease Control (CDC) has endorsed the course and provided many useful resources.

“Although coaches, parents and players involved with football will certainly benefit from Concussion in Sports, research shows that concussions occur in other sports as well,” said Bob Gardner, NFHS executive director. “With more than 7½ million young people involved in high school sports, minimizing the risk of injury is extremely important. The course is a ‘must do’ for anyone associated with high school sports.”

The 20-minute online course is designed to highlight the importance of recognizing and responding to sports-related concussions, which pose a particularly high risk for adolescents. The course is hosted by Michael Koester, M.D., chair of the NFHS Sports Medicine Advisory Committee (SMAC) and director of the Sports Concussion Program at the Slocum Center for Orthopedics and Sports Medicine in Eugene, Oregon.

Individuals have access to the course and printable resources, including a parent’s guide to concussion in sports, a coach’s guide, an athlete fact sheet and materials for schools to implement a protocol for concussion treatment.

According to the 2009-10 High School Sports-Related Injury Surveillance Study, more than 140,000 high school athletes suffer a concussion each year. The study, conducted by Dawn Comstock, Ph.D.,

director of the Center for Injury Research and Policy at Nationwide Children’s Hospital in Columbus, Ohio, also indicated that the incidence rate for concussion is highest among football players. The next two highest rates among men’s sports are ice hockey and lacrosse. For women, the incidence rate is highest in soccer, gymnastics and lacrosse.

In addition to education courses, the NFHS has been the leader in establishing playing rules to deal with concussions. In 2008, the SMAC advocated that a concussed athlete must be removed from play and not allowed to return to play on the same day. In 2009, the position was adopted by a leading group of sports concussion experts and the National Football League (NFL).

For 2010-11, the NFHS implemented new guidelines for the management of a student exhibiting signs, symptoms or behaviors consistent with a concussion. Based on the SMAC, these guidelines have been included in all NFHS rules books for the 2010-11 season. The language reads: “Any athlete who exhibits signs, symptoms or behaviors consistent with a concussion, such as loss of consciousness, headaches, dizziness, confusion or balance problems, shall be immediately removed from the contest and shall not return to play until cleared by an appropriate health-care professional.”

The NCHSAA also has additional policies in this area.

The NFHS Coach Education Program began in 2007 with two core courses—Fundamentals of Coaching and First Aid for Coaches. The core courses provide coaches with content from all eight domains contained in the National Standards for Sport Coaches (NASPE 2006). These two courses form the foundation from which all elective courses and sport-specific courses are developed specifically for interscholastic coaches.

To date, more than 140,000 coaches have completed Fundamentals of Coaching. Forty-five of the 51 NFHS member associations have adopted or recommended the course. All 14 of the NFHS coach education courses, including sport-specific courses for football, soccer, softball, spirit, volleyball and wrestling, are available at [www.nfhslearn.com](http://www.nfhslearn.com). ★

## National Track and Field Rules Changes Reflect Several Changes In Penalties

INDIANAPOLIS, IN—Several of the 15 new rules changes approved by the National Federation of State High School Associations (NFHS) Track and Field and Cross Country Rules Committee have more lenient penalties than in the past, including a team warning for the first jewelry violation when observed during competition.

The changes, which were subsequently approved by the NFHS Board of Directors, take effect with the 2010-11 school year.

While jewelry is still prohibited in all track and field events under Rule 4-3-3, the first violation witnessed by an official will now result in a team warning. The observing official shall report to the meet referee, who will then notify the coach of the offending school. All subsequent violations will result in a disqualification of the athlete(s)/relay team from the event.

With regard to medical-alert medals, which are not considered jewelry and are allowed, the

rule now reads that the alert should be visible. The committee thought medical alerts that aren’t visible defeat the purpose of wearing information that may be important to those responding to an emergency, and responders may need immediate access to the alert.

The rule has also been updated to reflect new technology in medical-alert notification items. Any bracelet made of metal or an unyielding material still needs to be taped to the body, but a bracelet made of pliable material does not require taping. Medals worn on necklaces of any kind still need to be taped to the body.

Additionally, Rules 4-3-3 and 9-6-7 were amended to allow additional means of hair control. Unadorned devices, such as bobby pins, barrettes and hair clips, no longer than two inches, may be worn to control a competitor’s hair. This rule was updated to reflect common practice in some states and achieve

consistency throughout the rule’s application. These items for hair control are not considered dangerous for the contestant and are not considered jewelry or adornment.

Other rules changes allow more leniencies in what is considered a foul, primarily in high jump and pole vault.

All the rule changes are part of the NFHS track and field rules. ★

### UPDATING SCHOOL INFORMATION—

Make sure your school has updated your school information on line. This is the information that will be used in the 2010-11 edition of the Directory. Schools are urged to keep this information current to make sure email notices and the like go to the appropriate personnel.

# 2009-10 Wachovia Cup Final Standings Announced

CHAPEL HILL—Wachovia, a Wells Fargo company, and the North Carolina High School Athletic Association announced the final standings in the Wachovia Cup competitions for the 2009-10 academic year.

The Wachovia Cup award, sponsored by Wachovia and the NCHSAA, recognizes the high schools that achieve the best overall interscholastic athletic performances within each of the state's four competitive classifications. The Wachovia Cup program has concluded its 31st year.

Cary Green Hope maintained its lead after winter sports to capture the Cup in the final 4-A standings. Raleigh Cardinal Gibbons, which moved up the 3-A ranks this year, took the top spot in that classification. Salisbury was the Cup winner among 2-A schools while Kernersville Bishop McGuinness captured first place in 1-A.

"We sincerely appreciate Wachovia's commitment to our overall program in recognizing our champions for over 30 years," said Davis Whitfield, NCHSAA commissioner. "These schools who win the Wachovia Cup do a tremendous job with their overall athletic programs, and we are grateful for Wachovia's desire to recognize their achievements."

In the 4-A classification, Green Hope finished first with 452.5 points to capture its first Wachovia Cup, with defending champion Charlotte Myers Park second with 380. Green Hope preserved its win by taking the 4-A men's golf title, finishing in the top eight in men's dual team tennis and in a tie for fourth among 4-A schools in the inaugural open women's lacrosse championship. Myers Park had a tie for third in men's tennis, a sixth-place spot in the men's golf championships, a title in men's lacrosse and a tie for fourth in women's lacrosse.

Asheville T.C. Roberson, always a Cup contender, was third with a total of 372.5 points, powered by a state runner-up finish in the softball championships, a tie for third in baseball, and a fourth-place spot in women's outdoor track.

Cardinal Gibbons made its move to 3-A successful, holding on to the top spot schools with playoff points in an impressive six different spring sports, including second-place finishes in both women's soccer and men's tennis. Gibbons recorded a total of 657.5 points, ahead of runner-up Charlotte Catholic at 587.5.

Chapel Hill, which garnered playoff points in five different spring sports, was third with 567.5 points, just ahead of Waxhaw Marvin Ridge at 565.

Salisbury, which had built up a sizable lead after the winter sports, had

an impressive spring to secure its fifth Cup all time. Salisbury recorded 612.5 points, including winning the men's outdoor track title, finishing second in both women's outdoor track and men's golf, and a tie for third in men's golf. Carrboro, with a strong spring, was second with 465 points after finishing in a tie for fourth in last year's Cup standings. Among the Jaguar team highlights were a tie for third in women's soccer and a tie for fourth place in the women's track and field championships.

Pittsboro Northwood, which was the state 2-A runner-up in men's tennis, finished third in the Cup standings at 367.5 and Hillsborough Cedar Ridge was fourth, 10 points out of third.

In the 1-A classification, Bishop McGuinness collected playoff points for positions in men's golf, women's outdoor track, women's soccer, baseball and men's lacrosse en route to a total of 575 points, ahead of Durham's North Carolina School of Science and Math at 505. NCSSM won the state 1-A men's outdoor track title and finished second in women's track and in men's tennis to go with top-eight finishes in women's soccer and softball.

Hendersonville, the school that has recorded the most Wachovia Cups of any NCHSAA school with 13, finished third in the standings with 457.5 points, and Lake Norman Charter was back in fourth at 297.5.

Wachovia Cup points are determined by a system based on performance in state championship events.

All schools that finish in the top eight positions (plus ties) earn points. In the playoff events involving teams from more than one classification, Wachovia Cup points are awarded based on the school's standing against other schools in its own classification. If fewer than eight schools from a classification compete in a sport, only those schools that are represented are eligible to receive the Wachovia Cup points.

Points are awarded for all sports as follows: 50 for first, 45 for second, 40 for third, 35 for fourth, 30 for fifth, 25 for sixth, 20 for seventh and 15 for eighth. In the event of a tie, the schools receive an equal number of points based on the number of teams that tie and the number of teams that finish higher in the standings. Five points are awarded for each sanctioned sport in which a school competes.

Wachovia Cup standings are announced three times each school year: once after the fall and then the winter sports, and concluding with the winner after the spring sports season ends in June. The engraved silver cups are presented during NCHSAA Day activities at UNC-Chapel Hill each fall.

## NCHSAA FINAL WACHOVIA CUP STANDINGS 2009-10

### 1-A CLASSIFICATION

SCHOOL	POINTS
1. Bishop McGuinness	575
2. NC School Science and Math	505
3. Hendersonville	457.5
4. Lake Norman Charter	297.5
5. Gray Stone Day	282.5
6. Mount Airy	280
Robbinsville	280
8. Monroe	275
9. West Wilkes	260
10. Raleigh Charter	255
11. North Rowan	247.5
12. Holly Ridge Dixon	242.5
13. West Montgomery	227.5
Gastonia Highland Tech	227.5
15. Williamston	225

### 2-A CLASSIFICATION

SCHOOL	POINTS
1. Salisbury	612.5
2. Carrboro	465
3. Pittsboro Northwood	367.5
4. Hillsborough Cedar Ridge	357.5
5. East Lincoln	307.5
6. Newton-Conover	282.5
7. Kinston	277.5
8. Hampstead Topsail	260
9. Shelby	242.5
10. Newport Croatan	230
11. Burlington Cummings	227.5
12. North Lincoln	225
13. Swansboro	217.5
Surry Central	217.5
15. Durham School of the Arts	197.5

### 3-A CLASSIFICATION

SCHOOL	POINTS
1. Raleigh Cardinal Gibbons	690
2. Charlotte Catholic	587.5
3. Chapel Hill	567.5
4. Waxhaw Marvin Ridge	565
5. Asheville	377.5
6. Northern Guilford	362.5
7. Hickory	290
8. Weddington	277.5
9. Eastern Alamance	260
10. Concord Jay Robinson	257.5
11. Winterville South Central	245
12. Waynesville Tuscola	220
13. Rocky Mount	212.5
14. Shelby Crest	207.5
15. Orange	205

### 4-A CLASSIFICATION

SCHOOL	POINTS
1. Morrisville Green Hope	452.5
2. Charlotte Myers Park	380
3. Asheville T.C. Roberson	372.5
4. Raleigh Wakefield	355
5. Lake Norman	335
6. Raleigh Broughton	325
7. Southeast Raleigh	322.5
8. Matthews David Butler	307.5
9. Wilmington Hoggard	287.5
10. East Chapel Hill	267.5
11. Charlotte Ardrey Kell	262.5
12. North Mecklenburg	257.5
13. Southern Pines Pinecrest	255
14. Greensboro Grimsley	247.5
15. Cary	225



# NCHSAA STATE CHAMPIONS

## For 2009-10 ACADEMIC YEAR

(Head Coach in Parentheses)

### FALL SPORTS

#### VOLLEYBALL

- 1A—PENDER (Ray Horton)
- 2A—NORTH SURRY (Shane Slate)
- 3A—CARDINAL GIBBONS (Jim Freeman)
- 4A—J.H. ROSE (Norman Cabacar)

#### WOMEN'S GOLF

- 1A/2A/3A—WEST HENDERSON  
(Dave Scuidiper)
- 4A—ATHENS DRIVE (Tony Alcon)

#### WOMEN'S CROSS COUNTRY

- 1A—ROBBINSVILLE (Rance Shuler)
- 2A—CARRBORO (Jay Crooker)
- 3A—CHAPEL HILL (Ron Olsen)
- 4A—GREEN HOPE (Mike Miragliuolo)

#### MEN'S CROSS COUNTRY

- 1A—GRAY STONE DAY (Rick Perry)
- 2A—EAST LINCOLN (Melvin Morrison)
- 3A—CHAPEL HILL (Ron Olsen)
- 4A—SANDERSON (Ashley Taylor)

#### WOMEN'S TENNIS (DUAL TEAM)

- 1A—N.C. SCIENCE AND MATH  
(Richard McClenny)
- 2A—SALISBURY (Chris Myers)
- 3A—CHARLOTTE CATHOLIC (Jo Cabana)
- 4A—BROUGHTON (David Rose)

#### MEN'S SOCCER

- 1A—HENDERSONVILLE (Freddy Oviedo)
- 2A—SHELBY (David Steeves)
- 3A—MARVIN RIDGE (Ray Fumo)
- 4A—PAGE (Mohamed Jaziri)

#### FOOTBALL

- 1A—WALLACE-ROSE HILL (Joey Price)
- 1AA—ALBEMARLE (Baxter Morris)
- 2A—TARBORO (Jeff Craddock)
- 2AA—REIDSVILLE (Doug Robertson)
- 3A—WEST ROWAN (Scott Young)
- 3AA—SOUTH POINT (John Devine)
- 4A—A.C. REYNOLDS (Shane Laws)
- 4AA—DAVID BUTLER (Mike Newsome)

### WINTER SPORTS

#### WRESTLING (DUAL TEAM)

- 1A—WEST WILKES (Brian Brown)
- 2A—CROATAN (David Perry)
- 3A—JAY ROBINSON (Dave Parisi)
- 4A—PARKLAND (Maurice Atwood)

#### WRESTLING (TOURNAMENT)

- 1A—WEST WILKES (Brian Brown)
- 2A—CROATAN (David Perry)
- 3A—JAY ROBINSON (Dave Parisi)
- 4A—PARKLAND (Maurice Atwood)

#### WOMEN'S INDOOR TRACK

- 1A/2A/3A—CUMMINGS (Donald Davis)
- 4A—SOUTHEAST RALEIGH (Elizabeth Gary)

#### MEN'S INDOOR TRACK

- 1A/2A/3A—ASHEVILLE (Chris Troup)
- 4A—SOUTHEAST RALEIGH (Hollis Watkins)

#### WOMEN'S SWIMMING

- 1A/2A—WEST DAVIDSON (Carl Spake)
- 3A—CHARLOTTE CATHOLIC (Brian Gross)
- 4A—EAST CHAPEL HILL (Becky Campbell)

#### MEN'S SWIMMING

- 1A/2A—CARRBORO (Britton Banning-Arndt)
- 3A—CARDINAL GIBBONS (Jonah Turner)
- 4A—PROVIDENCE (Sandy Martin)

#### WOMEN'S BASKETBALL

- 1A—BISHOP MCGUINNESS (Brian Robinson)
- 2A—SALISBURY (Andrew Mitchell)
- 3A—FORESTVIEW (Ken Beaty)
- 4A—DAVID BUTLER (Stephanie Butler)

#### MEN'S BASKETBALL

- 1A—MONROE (Johnny Sowell)
- 2A—KINSTON (Wells Gullede)
- 3A—ROCKY MOUNT (Michael Gainey)
- 4A—LAKE NORMAN (Brandon Jolly)

### SPRING SPORTS

#### MEN'S GOLF

- 1A—WEST MONTGOMERY (Tom Ovbey)
- 2A—NORTH LINCOLN (Mark Lackey)
- 3A—NORTHERN GUILFORD (Chris Jones)
- 4A—GREEN HOPE (David Allen)

#### MEN'S TRACK AND FIELD

- 1A—N.C. SCIENCE AND MATH  
(Nick Lehman)
- 2A—SALISBURY (Mike Allen)
- 3A—ASHEVILLE (Chris Stroup)
- 4A—VANCE (Jupiter Wilson)

#### WOMEN'S TRACK AND FIELD

- 1A—NORTH ROWAN (Robert Steele)
- 2A—HUGH CUMMINGS (Donald Davis)
- 3A—SOUTH CENTRAL (Scott Johnson)
- 4A—WAKEFIELD (Casey Pike)

#### MEN'S TENNIS (DUAL TEAM)

- 1A—MOUNT AIRY (Scott John)
- 2A—NEWTON-CONOVER (Brian Tate)
- 3A—ASHEVILLE (Jerry Porter)
- 4A—R.J. REYNOLDS (Brad Fisher)

#### WOMEN'S SOCCER

- 1A—SOUTHWEST ONSLOW (John Sweeney)
- 2A—SWANSBORO (Doug Kidd)
- 3A—MARVIN RIDGE (Ray Fumo)
- 4A—NORTH MECKLENBURG (Neil Roberts)

#### LACROSSE

- Women—CHARLOTTE CATHOLIC (Dee Bier)
- Men—MYERS PARK (Mike Gambrell)

#### BASEBALL

- 1A—WEST WILKES (Ben Wellborn)
- 2A—EAST RUTHERFORD (Bobby Reynolds)
- 3A—EAST ROWAN (Brian Hightower)
- 4A—LANEY (Vern Barker)

#### SOFTBALL

- 1A—EAST SURRY (Derrick Hill)
- 2A—EASTERN RANDOLPH (Randall Myers)
- 3A—SOUTHWESTERN RANDOLPH  
(Ricky Martinez)
- 4A—NORTH DAVIDSON (Mike Lambros)

**A REMINDER**—that NCHSAA phone numbers and email addresses have changed in the past several months, so make sure your address books, directories, etc., are current. All the phone numbers now begin with the prefix 240, and the email addresses all end with @nchsaa.org.

## East Men, West Women Take Soccer All-Star Decisions In Greensboro

GREENSBORO—Midfielder James Johnson of Jacksonville scored two goals and was the game's Most Valuable Player as he led the East All-Stars to a 2-1 decision over the West in the North Carolina Coaches Association men's soccer all-star game at UNC-Greensboro.

Both of Johnson's goals were unassisted with his tally in the 62nd minute breaking a 1-1 tie. He will continue his career at South Carolina.

Jeremy Dennis of Charlotte Vance scored the West's only goal late in the first half.

John Sweeney of Southwest Onslow was the East men's head coach while Brian Jillings of Hickory was at the helm for the West.

It was the fourth win for the East men in the last five years in the series. Alex Kachulis of Weddington knocked in a goal and added an assist as the West sprinted past the East 4-1 in the women's game. Kachulis was named the MVP.

The West scored two goals within a six-second stretch in the first half, with Brandi Baldwin of Sun Valley and then Kachulis finding the back of the net for a 2-0 lead. Lexi Miller of Raleigh Broughton tallied for the East to cut it to 2-1.

Ashley Aragona of Marvin Ridge and Jennifer McGorty of Northwest Guilford had second-half goals for the West, which outshot the East 15-9.

Gary Hoilett of Charlotte Catholic was head coach of the West women while East Duplin's Joey Jones headed up the East.

The West women have won three of the last four all-star games.

## 12 NCHSAA Member Schools Compile Long Ejection-Free Streak

CHAPEL HILL — The North Carolina High School Athletic Association has announced that 12 member schools in the NCHSAA have put together an outstanding performance streak, although it is not based on wins and losses or championships.

The schools have been without an ejection in any sport for five consecutive academic years.

The schools include Ocracoke and Chocowinity Southside in Region 1; North Duplin, Pamlico and South Lenoir in Region 2; South Columbus in Region 4; Kernersville Glenn in Region 5; Gastonia Ashbrook in Region 6; Morganton North Carolina School for the Deaf, Watauga and West Wilkes in Region 7; and Nantahala in Region 8. There was no school in Region 3 to go ejection free for the five-year period, from 2005-06 through 2009-10.

The guidelines record ejections for unsportsmanlike acts such as fighting, taunting, profanity, obscene gestures or disrespectfully addressing or contacting officials.

"These exemplary programs serve as a model for all 390 member schools of our Association in terms of sportsmanship and behavior of coaches and players to compile this kind of streak," said NCHSAA commissioner Davis Whitfield. "We hope that this list of long-time ejection-free schools continues to grow in the future."

## CHAMPIONSHIP REVIEW



### WOMEN'S SOCCER

#### Swansboro Edges Forbush 2-1 In State 2-A Women's Soccer Final

RALEIGH—Senior midfielder Alana Soetaert scored a goal and had an assist to lead Swansboro to a 2-1 victory over Forbush in the North Carolina High School Athletic Association state 2-A women's soccer championship game at the Curtis and Jackie Dail Soccer Stadium on the campus of North Carolina State University.

Soetaert was named the Most Valuable Player of the championship as the Lady Pirates won their second straight state title over Forbush and their third state crown overall in the last five years.

Swansboro started quickly in each half, scoring on the first shot attempted in each period. The Lady Pirates got on the board in the game's second minute on Soetaert's tally, then in the 43rd minute the Pirates made it 2-0 with Soetaert assisting Breanna Briggs on the goal.

Forbush cut it to 2-1 at the 67-minute mark on a goal by senior forward Leticia Patino off an assist from Jessica Baity, but the Falcons could get no closer.

Forbush actually outshot Swansboro 11-9 on the day.

The Lady Pirate victory spoiled the Forbush bid for a perfect season. Swansboro finished 22-4-1 overall while Forbush, in its third straight final but still looking for that elusive state crown, wound up 26-1.

The Raleigh Sports Consortium serves as the primary host city partner for the women's soccer championship, along with the Raleigh Convention and Visitors Bureau. Wendy's is the presenting sponsor for the NCHSAA sports program.

#### NCHSAA STATE 2-A WOMEN'S SOCCER CHAMPIONSHIP Curtis and Jacqueline Dail Soccer Stadium N.C. State University

Forbush	0	1	—	1
Swansboro	1	1	—	2

SCORING				
2nd minute	S	—	Alana Soetaert	
43rd minute	S	—	Breanna Briggs (Soetaert)	
67th minute	F	—	Leticia Patino (Jessica Baity)	

#### Southwest Onslow Blanks Avery 2-0 In State 1-A Women's Soccer Final

RALEIGH—Southwest Onslow struck quickly in a two-minute span in the second half as the Stallions blanked Avery County 2-0 in the North Carolina High School Athletic Association state 1-A women's soccer championship game at the Curtis and Jacqueline Dail Soccer Stadium on the campus of North Carolina State University.

After a scoreless first half, Avery dominated the opening minutes of the second half until Southwest struck quickly for a pair of goals. The first tally came in the 49th minute when sophomore midfielder Armani Boswell lofted what almost appeared to be a cross from the right wing but it found its way into the back of the net for a 1-0 lead.

Moments later, Jeseca Hinds collected a rebound after a Stallion shot and

knocked it in for a 2-0 advantage, pushing her team-leading goal total to 20 for the season. Southwest did a good job of utilizing its speed and possessing the ball, especially down the stretch.

Senior central defender Samantha Williams, who helped Southwest control the midfield, was named as the match Most Valuable Player. Senior tri-captain Meagan Robeson, with four saves, earned the shutout in goal for Southwest, the 10th of the season for the Stallions and fourth in the playoffs. Southwest had an 18-7 advantage in shots on goal.

Both teams were making their initial trip to an NCHSAA women's soccer final. Southwest finished with a 15-2-2 record while Avery was 20-2-2 overall, but the Lady Vikings enjoyed their best year ever with four playoff victories this year after only two all-time prior to this season.

The Raleigh Sports Consortium serves as the primary host city partner for the women's soccer championship, along with the Raleigh Convention and Visitors Bureau. Wendy's is the presenting sponsor for the NCHSAA sports program.

**NCHSAA STATE 1-A  
WOMEN'S SOCCER CHAMPIONSHIP  
Curtis and Jacqueline Dail Soccer Stadium  
N.C. State University**

Avery County	0	0	—	0
Southwest Onslow	0	2	—	2
49th minute	SW—Armani Boswell (Jamie Berti)			
51st minute	SW—Jeseca Hinds			

**Marvin Ridge Downs Cardinal Gibbons 1-0  
In 3-A Women's Soccer Championship**

RALEIGH—Senior forward Toni Lashley's spectacular first-half goal stood up as Marvin Ridge shut out Raleigh Cardinal Gibbons 1-0 in the North Carolina High School Athletic Association state 3-A women's soccer championship game at the Curtis and Jacqueline Dail Soccer Stadium on the campus of North Carolina State University.

The win completed a perfect 24-0 season for Marvin Ridge, a relatively new school just in its third year of existence as it won its initial NCHSAA women's soccer title.

The Mavericks notched the only goal of the game in the 19th minute, when Kaitlyn Sulser delivered a cross and Lashley made an acrobatic, mid-air volley that found the back of the net from about 10 yards out. It was Lashley's team-leading 19th goal of the season.

Lashley, who was an offensive threat all day for the winners, was named the match Most Valuable Player.

It was a dominating performance for Marvin Ridge, as the Mavericks outshot Gibbons 19-1 and the Maverick defense did the rest. Marvin Ridge recorded its 20th shutout in 24 games and allowed only four goals all season.

Cardinal Gibbons, which rebounded after a slow 2-4-2 start this season, finished 16-5-3. The Crusaders won a 2-A title in 2007.

The Raleigh Sports Consortium serves as the primary host city partner for the women's soccer championship, along with the Raleigh Convention and Visitors Bureau. Wendy's is the presenting sponsor for the NCHSAA sports program.

**NCHSAA STATE 3-A  
WOMEN'S SOCCER CHAMPIONSHIP  
Curtis and Jacqueline Dail Soccer Stadium  
N.C. State University**

Waxhaw Marvin Ridge	1	0	—	1
Raleigh Cardinal Gibbons	0	0	—	0
19th minute	MR—Toni Ashley (Kaitlyn Sulser)			

**North Meck Outlasts Hoggard In Penalty Kicks  
In State 4-A Women's Soccer Championship**

RALEIGH—It went down to a second round of penalty kicks, and Lisa Myers tallied on the eighth PK as North Mecklenburg outlasted Wilmington Hoggard 2-1 in a battle of Viking teams in the North Carolina High School Athletic Association state 4-A women's soccer championship game at the Curtis and Jacqueline Dail Soccer Stadium on the campus of North Carolina State University.

The teams battled through 110 minutes of grueling play, including the regulation 80, two 10-minute overtime periods and two five-minute sudden-victory periods. Both teams converted four of five in the first set of penalty kicks, with North sophomore keeper Emily Rusk and Hoggard freshman keeper Sarah Downing unable to keep the shooters at bay.

Then in the round of sudden-death in the shootout, both teams converted their first two attempts. Rusk came up with a save on the eighth attempt, this one by Blythe Rhodes of Hoggard, and then Myers pushed her attempt past Downing to end the marathon.

Rusk was voted the Most Valuable Player of the championship. She had six saves prior to the shootout, including keeping the game 1-1 early in extra time with a tremendous diving save, one of several great chances Hoggard had in the two 10-minute overtimes.

Sophomore midfielder Alison Stearns had opened the scoring in the 11th minute when her goal put North Mecklenburg in front 1-0. Then with less than 19 minutes left to play in regulation, Hoggard senior midfielder Madyson Marshburn headed in the equalizer after a long free kick from near midfield.

North had a 7-4 edge in shots on goal in regulation, but Hoggard took the advantage in the overtimes so each team finished with 10 shots on goal.

North Meck completed a 21-3-2 season in earning its first NCHSAA women's soccer title. Hoggard, also in the finals for the first time, wound up 25-1 after winning its last two playoff games 1-0 in overtime.

The Raleigh Sports Consortium serves as the primary host city partner for the women's soccer championship, along with the Raleigh Convention and Visitors Bureau. Wendy's is the presenting sponsor for the NCHSAA sports program.

**NCHSAA STATE 4-A  
WOMEN'S SOCCER CHAMPIONSHIP  
Curtis and Jacqueline Dail Soccer Stadium  
N.C. State University**

North Mecklenburg	1	0	0	0	0	0	0	—	1
Wilmington Hoggard	0	1	0	0	0	0	1	—	2*
*Hoggard wins 7-6 in penalty kicks									
11th minute	NM—Alison Stearns (Erin McAnulty)								
62nd minute	H—Madyson Marshburn (Morgan Tilley)								

**DON'T FORGET TO CHECK THE WEB SITE!**  
Check the North Carolina High School Athletic Association's site daily at  
**www.nchsaa.org**  
for all sorts of important information, including updated regional assignments and locations in several sports and the latest brackets.





## SOFTBALL

### North Davidson Stays Unbeaten, Wins State 4-A Softball Crown

RALEIGH—North Davidson completed a perfect 32-0 season with a 7-2 triumph over T.C. Roberson in the championship game of the North Carolina High School Athletic Association state 4-A softball championships at Walnut Creek Softball Complex.

North exploded for six runs in the second inning to take charge, keyed by a two-run triple by Robyn Stanek, to earn the state title for veteran coach Mike Lambros. North Davidson was the state runner-up in both 2008 and '09.

Roberson cut the 7-0 margin to 7-2 on run-scoring hits in the fourth by Jordan Critcher and Ashley Green, but that was as close as the Rams could come. Marie Mauhar was charged with the loss as T.C. Roberson ended the year at 27-4 overall.

Pitcher Hannah Alexander, who pitched the first five innings for North, was the winning pitcher and was named the state championship Most Valuable Player. She had no-hit Roberson in the opener in a five-inning 10-0 game in the opener, and then the Lady Black Knights had rallied to beat Harnett Central 7-3 later in the evening with Tess Swing earning the victory.

T.C. Roberson got to the title game with a 4-2 victory over Harnett Central in an elimination game. Mary Katherine Pegram limited Harnett Central to just one hit and Karley Yeager's two-run triple in the three-run fourth was the key blow.

Harnett Central ended the year with a record of 23-7.

The Raleigh Sports Consortium and the Greater Raleigh Convention and Visitors Bureau are among the host city sponsors for the championships.

#### CLASS 4-A SOFTBALL CHAMPIONSHIPS Walnut Creek Softball Complex, Raleigh

##### STATE SEMIFINALS

North Davidson 10, Asheville T.C. Roberson 0 (5 innings, 10-run rule)  
Harnett Central 5, Fuquay-Varina 1

##### WINNERS' BRACKET FINAL

North Davidson 7, Harnett Central 3

##### ELIMINATION GAMES

T.C. Roberson 5, Fuquay-Varina 2  
T.C. Roberson 4, Harnett Central 2

##### CHAMPIONSHIP

North Davidson 7, T.C. Roberson 2

### Southwestern Randolph Beats Crest For 3-A Championship

RALEIGH—Pitcher Julia Calicutt limited Crest to four hits as Southwestern Randolph earned a 6-1 victory in the championship game of the North Carolina High School Athletic Association state 3-A softball championships at Walnut Creek Softball Complex.

Southwestern Randolph, which finished 25-4, won the NCHSAA state title for the third time in the last four years. With Calicutt getting both pitching wins, Southwestern scored early and held on to win twice on the first night, scoring five in the first inning of its 5-1 opening win over South Johnston and then scoring three in the first two frames and holding off East Rowan 3-2. Calicutt was named the tournament's Most Valuable Player.

The victorious Lady Cougars trailed 1-0 after three innings but tallied a

run in the fourth, three in the fifth and two in the sixth, several times taking advantage of Crest errors.

Bailey Smith was the losing pitcher as Crest's season ended at 25-3.

Crest qualified for the championship game with a 7-4 elimination game victory over East Rowan, ending East's season at 25-3. Smith was the winning pitcher while Chelsea White got the loss.

Dakota Keller led the way for the winners with two hits in three trips, including two RBI and two runs scored. Sydney Poole had two hits and drove in two runs for East Rowan.

The Raleigh Sports Consortium and the Greater Raleigh Convention and Visitors Bureau are among the host city sponsors for the championships.

#### CLASS 3-A SOFTBALL CHAMPIONSHIPS Walnut Creek Softball Complex, Raleigh

##### STATE SEMIFINALS

East Rowan 2, Shelby Crest 1  
Southwestern Randolph 5, South Johnston 1

##### WINNERS' BRACKET FINAL

Southwestern Randolph 3, East Rowan 2

##### ELIMINATION GAMES

Crest 16, South Johnston 6 (6 innings, 10 run rule)  
Crest 7, East Rowan 4

##### CHAMPIONSHIP

Southwestern Randolph 6, Crest 1

### Eastern Randolph Storms Back To Beat Central Davidson Twice

RALEIGH—Eastern Randolph completed a tremendous second-day comeback as the Wildcats beat

Central Davidson, denying a fourth consecutive state championship, with a 9-2 victory in the final game in the North Carolina High School Athletic Association state 2-A softball championships at Walnut Creek Softball Complex.

Eastern had to win three games coming out of the losers' bracket on the tourney's final day and blew open the decisive game with a six-run fifth inning. The Wildcats also took advantage of eight Central Davidson errors.

Pitcher Jessica Gordan, who got two victories on Saturday including the final game, was voted the tournament's Most Valuable Player.

Kayla Saliga led Eastern's 12-hit attack with three hits in four trips to the plate while Kaitlyn Scheuering and Elliott had two hits each. The Wildcats completed a 31-3 campaign while Central Davidson finished 26-6.

The decisive game was forced when Eastern nipped Central Davidson 2-1 in the first championship encounter, as Dallas Heaton picked up the pitching victory and hit the game-winning home run in the sixth inning to break a 1-1 tie.

Katie Lohr had two this for Central. Carley Tysinger was the losing pitcher.

Eastern Randolph advanced to the title game with a 2-0 victory over South Lenoir in the loser's bracket final. Gordan limited South Lenoir to three hits, two by Lorri Cole. Eastern broke the scoreless tie in the bottom of the sixth when Kaily Hill's base hit scored two. Jana Cheek had two of Eastern Randolph's five hits.

South Lenoir finished with a 19-6 record.

Central won its opener 5-0 over Boonville Starmount behind a 14-strikeout performance by Tysinger, and then defeated Eastern Randolph 5-4, rallying from a 4-0 deficit, to advance to the championship game.

The Raleigh Sports Consortium and the Greater Raleigh Convention and Visitors Bureau are among the host city sponsors for the championships.

## CLASS 2-A SOFTBALL CHAMPIONSHIPS

### Walnut Creek Softball Complex, Raleigh

#### STATE SEMIFINALS

Central Davidson 5, Boonville Starmount 0  
Eastern Randolph 6, South Lenoir 1

#### WINNERS' BRACKET FINAL

Central Davidson 5, Eastern Randolph 4

#### ELIMINATION GAMES

South Lenoir 3, Starmount 2  
Eastern Randolph 2, South Lenoir 0

#### CHAMPIONSHIP

Eastern Randolph 2, Central Davidson 1  
Eastern Randolph 9, Central Davidson 2

## East Surry Wins Third Straight Championship Behind Shelton

RALEIGH—East Surry senior pitcher Hayley Shelton fired a 5-0 two-hit shutout against Swain to lift her team to the North Carolina High School Athletic Association state 1-A softball championship at Walnut Creek Softball Complex.

Shelton was named the Most Valuable Player of the state 1-A championships for the third consecutive year. She struck out seven and didn't walk a batter in the title game, and she pitched two shutouts on the opening night, beating Swain County 1-0 in her first game and then blanking Midway 2-0. Shelton fanned 11 and allowed only one hit against Swain and then scattered six hits and fanned seven in her second game.

Shelton was perfect through five innings on Saturday before Brittany Shuler singled in the sixth.

East Surry (27-6) put it away with three runs in the bottom of the sixth off losing pitcher Shelby Parker as Swain finished with a 24-6 record.

Swain squeaked by Midway 3-2 in a morning elimination game as winning pitcher Parker struck out nine and limited Midway to two hits, both by Karson Barnes.

Midway ended its season at 21-8 overall.

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## CLASS 1-A SOFTBALL CHAMPIONSHIPS

### Walnut Creek Softball Complex, Raleigh

#### STATE SEMIFINALS

East Surry 1, Swain County 0  
Midway 3, Williamston 2 (8 innings)

#### WINNERS' BRACKET FINAL

East Surry 2, Midway 0

#### ELIMINATION GAME

Swain 3, Williamston 2  
Swain 3, Midway 2

#### CHAMPIONSHIP

East Surry 5, Swain 0



## BASEBALL

## Laney Wins Dramatic Extra Inning Game To Take NCHSAA 4-A Title

RALEIGH—Caleb Wells hit his only home run of the season to propel Wilmington Laney to a dramatic extra-inning 6-5 victory over East Forsyth in the third and final game of the North Carolina High School Athletic Association state 4-A baseball championship series at Doak Field on the campus of N.C. State.

Wells' eighth-inning homer with two outs, after East had come from four runs back to tie the game, lifted the Buccaneers to the state championship. Both teams were playing in the NCHSAA baseball finals for the first time.

Senior Kyle Legates of Laney, who pitched in all three games and also had some timely hits, was voted the Most Valuable Player of the championship series.

East Forsyth had rallied from 5-1 down with a four-run sixth, as Ben Anderson came through with a two-run double and a single by Luke Dunlap drove home two more to knot the game at 5-5. Dunlap had opened the scoring with a solo home run in the first.

The Buccaneers snapped a 1-1 tie in the third inning when Brandon Manley delivered a bases-loaded double into the left field corner to chase home three runs.

Wells had two hits to lead Laney while Shane Dickerson and Dunlap had two hits apiece for the Eagles.

Two relief pitchers were the pitchers of record, as Ryan LaGrange got the win while Evan Orenstein was charged with the loss.

Laney had evened the series earlier on the second day of play as Jeremy Bland and Dallas Perdue collected three hits apiece to lead the Bucs to a 6-3 victory. East won the first game of the series by a 4-3 count when Orenstein's solo homer in the bottom of the fifth broke a 3-3 deadlock.

Laney completed a 21-10 season while East Forsyth finished at 24-10.

The Raleigh Sports Consortium and Greater Raleigh Convention and Visitors Bureau are serving as host city sponsors for this championship series. Wendy's is the presenting sponsor of the NCHSAA sports program.

## NCHSAA STATE 4-A BASEBALL CHAMPIONSHIP SERIES

### Doak Field, N.C. State University

#### GAME THREE

Wilmington Laney	0	1	3	0	1	0	0	1	—	6	8	2
East Forsyth	1	0	0	0	0	4	0	0	—	5	9	2

#### GAME TWO

East Forsyth	0	0	1	0	0	2	0	—	3	8	1
Wilmington Laney	1	0	1	2	2	0	x	—	6	11	2

#### GAME ONE

Wilmington Laney	0	0	0	2	1	0	0	—	3	8	0
East Forsyth	0	1	2	0	1	0	x	—	4	9	0

## East Rowan Sweeps Series With 15-10 Victory Over Wilson Hunt

ZEBULON—East Rowan exploded for eight runs in the opening inning and then held on to outlast Wilson Hunt 15-10 in a marathon second game and sweep the North Carolina High School Athletic Association 3-A baseball championship series at Five County Stadium.

Outfielder Will Sapp, who was two for four with a pair of RBI on Saturday after a big game in the opener, was named the Most Valuable Player of the series. In the first game, East erupted for five runs in the bottom of the sixth, aided by a three-run homer by Sapp, in a 9-3 victory. Sapp was five for eight with three RBI and scored four runs in the series.

The Mustangs, with Sapp delivering a two-run double and Nathan Fulbright a two-run single, roared to an 8-0 lead only to see Hunt counter with its first six batters in the bottom of the inning coming around to score.

But East scored four in the second, with Preston Troutman driving home two of those with a triple, and then three in the third to take command. Fulbright had three hits in five trips and three runs batted in for the game while Justin Morris also had three hits and scored three times.

Hunt collected 15 hits with the Warrior attack paced by Cody Britt, Seth Wiggs and Parker Lamm with three hits each.

East used four pitchers with Thomas Allen getting the win while Avery Harper, one of five pitchers for Hunt, was the loser.

Hunt, in its first NCHSAA championship series since 1989, finished 26-7 on the year. East Rowan, in the finals for the second time in three years, finished with a 31-2 mark.

The Raleigh Sports Consortium and Greater Raleigh Convention and Visitors Bureau served as host city sponsors for this championship series. Wendy's is the presenting sponsor of the NCHSAA sports program.

#### NCHSAA STATE 3-A BASEBALL CHAMPIONSHIP SERIES Five County Stadium, Zebulon

##### GAME TWO

East Rowan	8	4	3	0	0	0	0	—	15	14	1
Wilson Hunt	6	1	0	1	2	0	0	—	10	15	3

##### GAME ONE

Wilson Hunt	1	0	1	0	0	1	0	—	3	6	0
East Rowan	2	0	0	0	2	5	x	—	9	12	1

### East Rutherford Completes Sweep With 4-3 Decision Over Graham

RALEIGH—Senior righthander Dekotah Thomas went the distance on the mound, striking out 15 and finally quelling a Graham rally in the seventh inning as East Rutherford took a 4-3 decision in the second game of the North Carolina High School Athletic Association state 2-A baseball championship series at Doak Field at North Carolina State University.

The victory gave the Cavaliers a sweep of the best of three series. East had opened the series with a 5-1 victory as Drew Reynolds had two hits and picked up the complete-game pitching victory. Reynolds was named the Most Valuable Player of the series.

Derek Deaton of the Cavs, who had three hits Saturday including two doubles, delivered a key two-bagger as did Reynolds in the third inning to put East up 2-0. Then Trent Dorsey blasted a two-run homer in the fourth to put East ahead 4-0.

But the Red Devils battled back in the bottom of the seventh, piecing together four hits and three walks to pull to within one run. Matt Holley and Blake Throneburg had run-scoring hits and Matt Roberts walked with the bases loaded to make it 4-3, but Thomas struck out Rigeberto Mendoza to end the threat and secure the state crown.

East Rutherford ended the season 30-2, winning its last 17 straight, and captured its fifth state title in the last nine years. Graham finished 20-13 overall.

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#### NCHSAA STATE 4-A BASEBALL CHAMPIONSHIP SERIES Doak Field, N.C. State University

##### GAME TWO

East Rutherford	0	0	2	2	0	0	0	—	4	6	2
Graham	0	0	0	0	0	0	3	—	3	6	0

##### GAME ONE

Graham	0	0	0	1	0	0	0	—	1	5	0
East Rutherford	1	0	0	0	4	0	x	—	5	7	0

### Shepherd's Walk-Off Hit Lifts West Wilkes To 1-A Championship

ZEBULON—Jacob Shepherd's walk-off single in the bottom of the ninth inning scored Logan Hallock with the winning run as West Wilkes edged Dixon 7-6 at Five County Stadium in extra innings in the third and final game of the North Carolina High School Athletic Association state 1-A baseball championship series.

The dramatic finish gave the Blackhawks the NCHSAA 1-A state championship. West Wilkes had evened the series in a 14-10 slugfest earlier in the day, as the Blackhawks banged out 15 hits, four each by Tyler Stotler and Grafton Church. The first game of the series was also a wild one, as Dixon's Rookie Davis pitched a no-hitter but walked 13 as the Bulldogs took an 8-3 decision.

Scott Gambill of West was selected as the championship Most Valuable Player. He was one for three with an RBI in the decisive game, but went three for nine for the series with four RBI and also walked four times.

West Wilkes had opened up a 6-1 lead before the Bulldogs came storming back to tie the game. The Blackhawks scored four in the first, with the big blow a bases-loaded double by Ethan Absher that cleared the bases. West made it 6-2 in the third on a single by Shepherd, a walk and a couple of infield outs.

Dixon countered with a run-scoring single in the fifth by Rodman Young, who was three for three on the night, scoring T.J. Johnson, who had doubled. Then the Bulldogs knotted the score with four in the sixth, the key blow a two-run single by Young. Matt Rouse and Caleb Lanier also had RBI hits in the frame.

The Blackhawks appeared poised to win it when they loaded the bases in the bottom of the seventh with no outs, but Davis retired the next three hitters to force extra innings with the score 6-6.

Hallock earned the win in relief while Davis got the loss. Stotler, Shepherd and Absher each had two hits for West while Matt Rouse added a pair of hits for Dixon.

Both teams were making appearances in the NCHSAA finals after long absences. Dixon hadn't been to the championships since 1977 and West Wilkes last played for a baseball state crown in 1987. West finished its season at 23-12 while Dixon wound up 25-7.

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#### NCHSAA STATE 1-A BASEBALL CHAMPIONSHIP SERIES Five County Stadium, Zebulon

##### GAME THREE

Dixon	4	0	2	0	0	0	0	0	0	—	6	11	1
West Wilkes	1	0	0	0	1	4	0	0	1	—	7	9	2

##### GAME TWO

West Wilkes	0	5	2	2	4	1	0	—	14	15	0
Dixon	5	0	2	1	0	2	0	—	10	10	3

##### GAME ONE

Dixon	0	0	0	3	0	1	4	—	8	4	2
West Wilkes	0	0	0	0	3	0	0	—	3	0	3





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