

# Volleyball Clinic 2011

Session 1

Player Position, Overlapping and Line-Up Card

Booking Agent: Candy Albergine

Clinic Facilitator: Jeanne Bryne and Brenda Halford

# Player Positions

Rule 6, Section 4: Article 3 Pg. 27

At the moment of Serve:

- All players, except the server, shall be within the team's playing court and may be in contact with the boundary lines or center line, but may not have any part of the body touching the floor outside those lines.

# Player Positions

Rule 6, Section 4: Article 3 Pg. 27

At the moment of Serve:

- All players, including the libero, shall be in correct serving order. Each right-side shall have at least part of one foot touching the floor closer to the right sideline than both feet of the center player in the corresponding row (except the server and the center back of the serving team.) Each left-side player shall have at least part of one foot touching the floor closer to the left sideline than both feet of the center player in the corresponding row. Each front row player shall have at least part of one foot touching the floor closer to the center line than both feet of the corresponding back-row player.

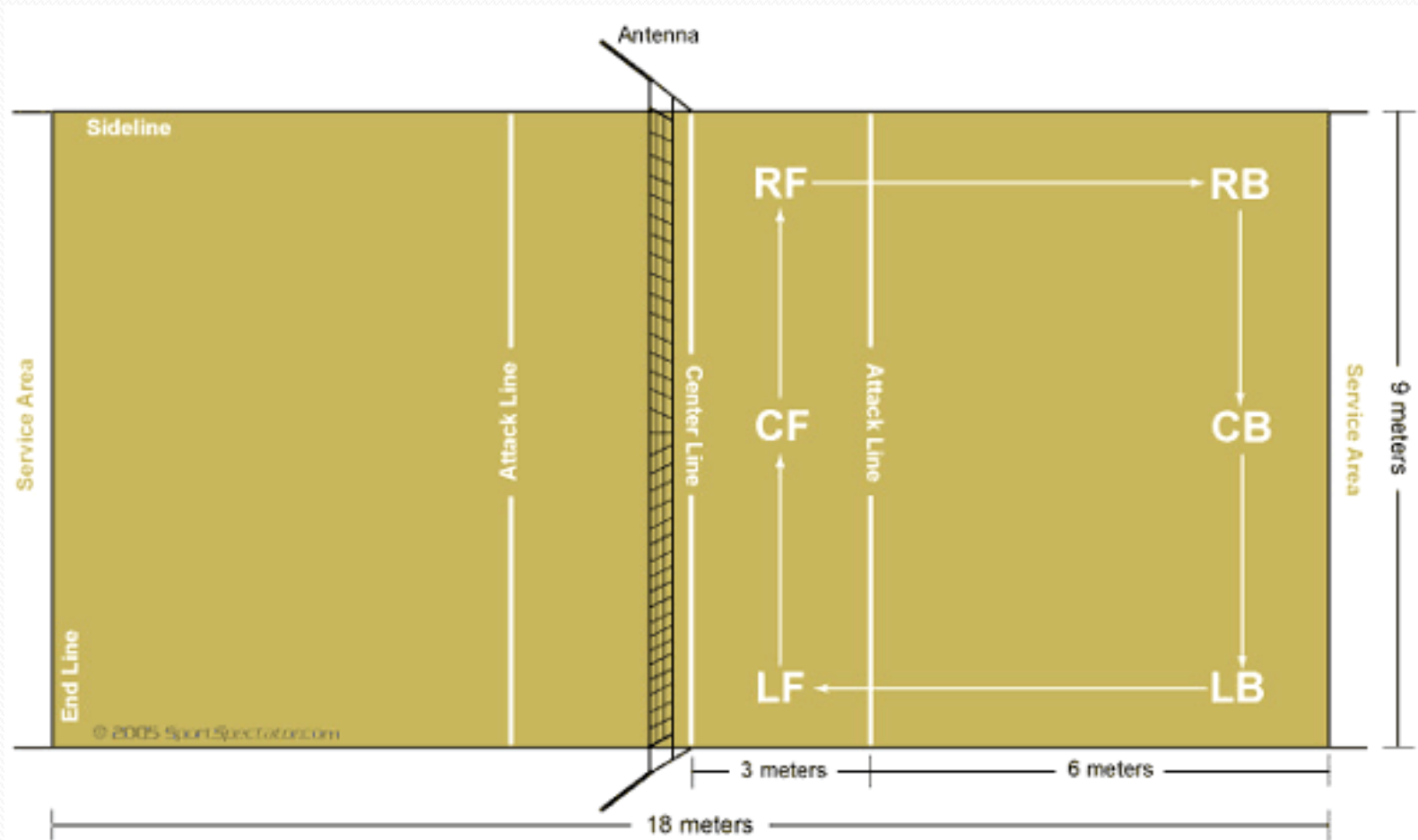
# Player Positions

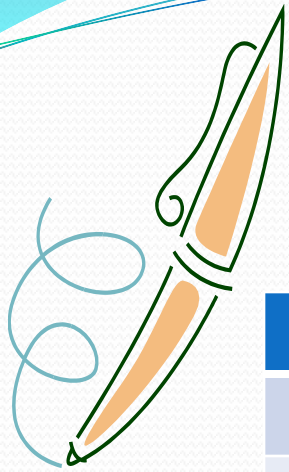
Rule 6, Section 4: Article 3 Pg. 27

At the moment of Serve:

- After the ball is contacted for the serve, players may move from their respective positions.

# Court Positions





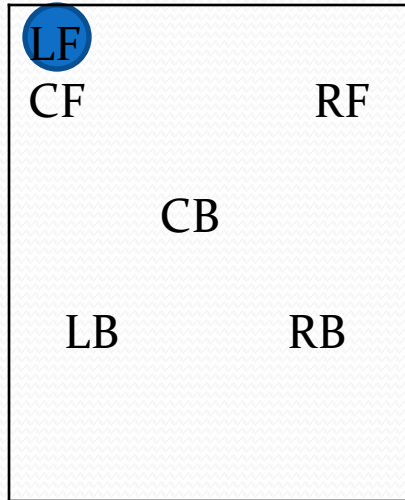
# Line – Up Card

L=10      √SP		L= 1      NG	
1		7	
2C		8	
3		9 C	
4		10	
5		11	
6		12	
TO	1      2	TO	1      2
Sub: <del>III</del>		Sub: II	

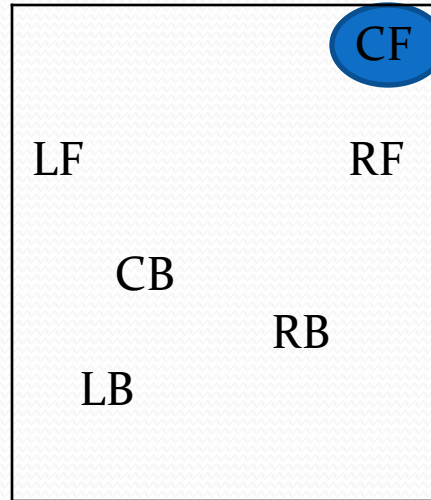


# 4-2 Offense

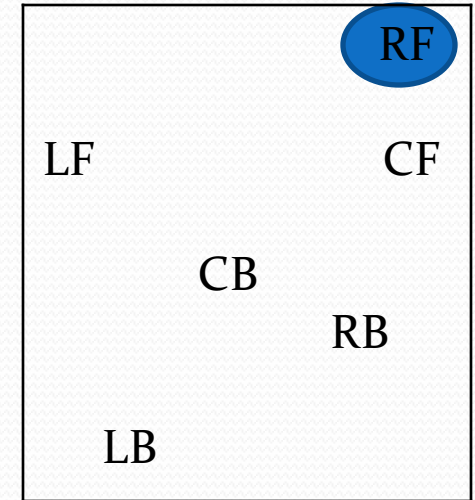
Setter comes from the front row



Possible overlap:  
LF & CF  
CF & CB



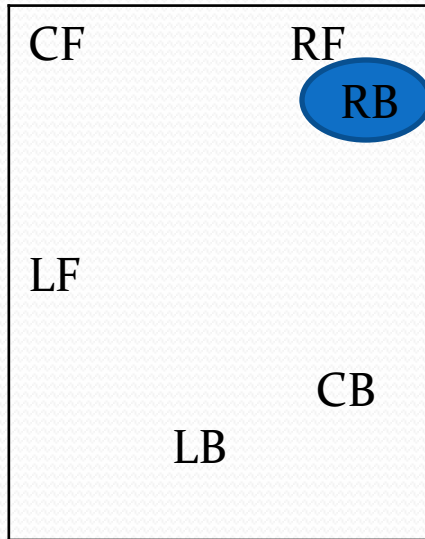
Possible overlap:  
CF & RF  
LB & CB



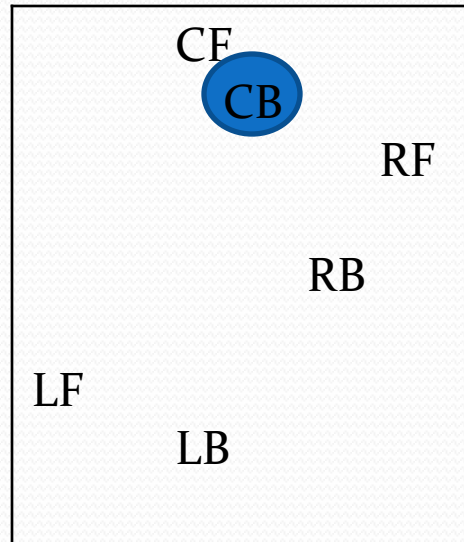
Possible overlap:  
RF & CF  
CF & CB

# 6-2 Offense

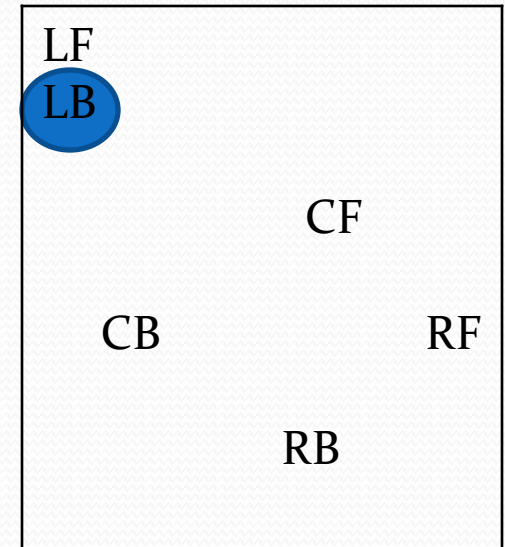
Setter always comes from the back row



Possible overlap:  
RF & RB  
LF & CF



Possible overlap:  
CF & CB



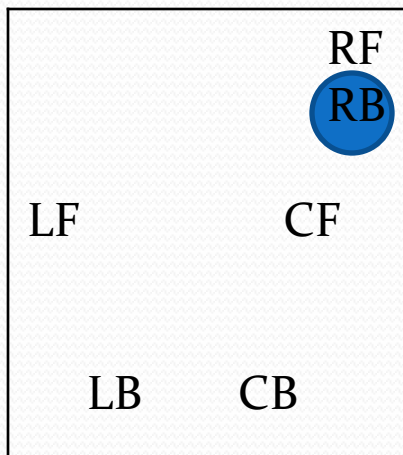
Possible overlap:  
CF & RF  
CF & CB  
CB & LB



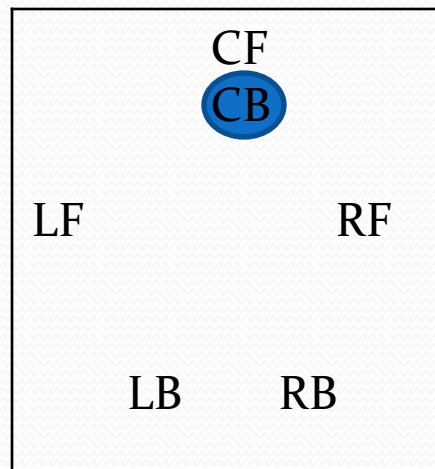
# 6-2 Offense

Setter always comes from the back row

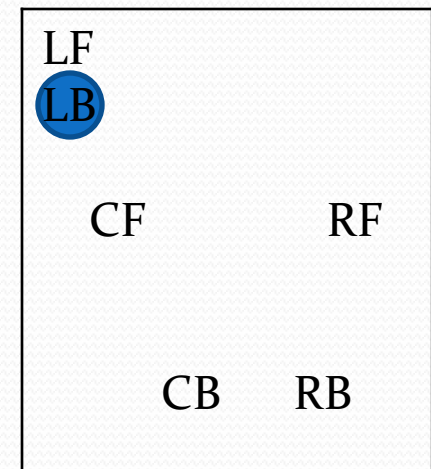
Illustrates offense with 4 serve receivers



Possible overlap:  
CF & RF  
CB & RB



Possible overlap:  
CB & RB  
CB & LB



Possible overlap:  
LF & CF  
LB & CB

# 5-1 Offense

Setter is always the same/sets all the way around

When setter is on  
the front row  
looks like a  
4-2 offense

When setter is on  
the back row  
looks like a  
6-2 offense

## 2 Predominate Offenses

- 5-1

- 6-2

- 4-2 (Mainly used with JV teams)

# Tracking the Setter

- Identifying the setter :
  - Setter # and the player's # opposite the setter
  - If the setter is in RB (position 1) the opposite player would be in the LF (position 2)
  - If setter is in RF (position 2) the opposite would be in the LB (position 5)
- Identify features
  - Color hair, pony tail, knee pads
  - Observe pre game warm-up, watch who is setting
- Line-up
  - Position setter is starting and who is opposite

# Why Overlap Occurs

- No matter the offense it is important to know
  - What row the setter is in?
  - Who is opposite the setter?
- When the setter is in the back row the possibility of back row attack or back row block may occur due to an overpass
- Setter or player moves too quickly to get to preferred position
- Teams designate specialized roles
  - Primary passers
  - Hitters

# End of Session 1

What Questions Might You Have?

# Volleyball Clinic 2011

Session 2  
Rules 1-6

Booking Agent: Candy Albergine  
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# What was that you Signaled?

- Signals/mechanics sole means of communication between officials, coaches, players, and spectators
- Signals are our “language” to start/stop play
- Combination of whistle and signals allow us to maintain a smooth flow of the match
- Crisp clean signals convey:
  - Knowledge of volleyball
  - Observation of play
  - Convey confidence
  - Professionalism
  - Control of the match



# What was that you Signaled?

- Don't hurry your signals
- Be lax with correct mechanics
- Suggested signal approach:
  - Blow the whistle ---- Breathe;
  - Signal the fault ----- Breathe;
  - Cleanly signal which team receives the point/next serve  
---- Relax

# Signals – A few things to remember

- Avoid making 2 signals at once
  - Causes confusion everyone
  - Gives appearance you're in a hurry to get the match over
- Make your signals big
  - Don't need to be exaggerated or robotic
- Don't make your signals in front of your face
- Don't be too casual, gives the appearance you don't care about the match

# Signals – A few things to remember

- Keep thumbs tucked in/flat against your index finger when beckoning for serve/signaling a point or ball out of bounds
  - On an “out ball” your signal should not look like a football touchdown or field goal
- Substitution request signal should be a circular motion
  - 2 rotations only
- End of set signal:
  - Cross arms over chest, hands open (not fists)
  - Palms facing body
  - Not hugging yourself
- In post match:
  - Always discuss with partner your signals and mechanics

# Signals – A final thought

- Practice signals in front of a mirror or a video with review are great ways to see what we do right and wrong
- No matter how long you may have been officiating, all of us can spend a few minutes fine-tuning our signals each season
- Do signals matter?? Absolutely!!
- Rule book, pgs. 57-60
- Case book, pgs. 69-78

# Group Norms

- Be respectful
- No Talk Hogs
- Allow everyone to contribute

# Goals for each Group

- Determine roles: Recorder, Presenter, Time Keeper, and Task Master
- Record on chart paper and present key points of each rule
- Share situations that apply to rules – Situations can be from the case book or real-life experiences

# End of Session 2

What Questions might you have?

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Session 3-4

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# Situations

- Discussion
- Situation Gallery Crawl

# End of Session 3

What Questions might you have?